

Drumthwacket to "Go Red and Glow Red" for 12th Annual National Wear Red Day

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Trenton, NJ – Drumthwacket, the Governor’s official residence, will “glow red” on Friday evening to shine a light on the impact of cardiovascular disease in women, First Lady Mary Pat Christie announced today. Heart disease is often referred to as the “silent killer” in women. In fact, statistics show that approximately eight million women in the United States currently live with heart disease.

“As we recognize the 12th anniversary of National Wear Red Day, we have a real opportunity to make a difference by raising awareness of this major women’s health issue,” said First Lady Mary Pat Christie. “We know that heart disease is not just a man’s disease. In fact, 1 in 3 women die of heart disease and stroke every year. I’m so proud that our larger New Jersey community has embraced this day through their participation. By “going red” we’re helping women protect their heart health, take action to reduce the risks of cardiovascular disease, and hopefully, save lives of those near and dear to us.”

Drumthwacket is one of many buildings nationwide that will be illuminated in red for National Wear Red Day. In fact, in 2014, New Jersey was number one in the country with 136 illuminated landmarks, buildings and properties, including NJ PAC in Newark, Subaru of America in Cherry Hill, Janssen Pharmaceuticals, Inc in Raritan and Rutgers University Douglas Student Center in New Brunswick.

Additionally, New Jersey was number one in the nation with more than 2,100 businesses, schools, towns, organizations registered to participate in 2014 Wear Red Day.

Some important facts about heart disease and women:

- An estimated 43 million women in the United States are affected by cardiovascular diseases
- 90 percent of women have one or more risk factors for developing heart disease.
- 80 percent of heart disease and stroke events could be prevented
- The symptoms of heart attack can be different in men and women, and often are misunderstood
- Each year, more than 55,000 more women than men have a stroke

To learn more about heart disease risk factors in women, visit <https://www.goredforwomen.org/home/know-your-risk/> For more information on the American Heart Association’s *Go Red for Women*, visit www.goredforwomen.org

Photo1 - Drumthwacket, the Governor’s official residence in Princeton, will “go red” for the 12th Annual National Wear Red Day on February 6, 2015.

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