

Drumthwacket to Glow Red for 14th Annual National Wear Red Day

Thursday, February 2, 2017 Tags: [First Lady](#)



Trenton, NJ –Demonstrating support and recognition of the importance of women’s heart health, First Lady Mary Pat Christie today announced that Drumthwacket, the Governor’s Official Residence in Princeton, will glow red the evening of Friday, February 3 to mark the 14th annual *National Wear Red Day*. The *Go Red* movement works to save lives by raising awareness of cardiovascular disease and stroke in women. It is a disease that takes the life of one in three women annually.

“I am pleased to once again participate in this nationwide initiative by illuminating Drumthwacket in red to bring greater attention to the issue of heart disease in women, the number one health concern impacting women across the country,” said Mrs. Christie. ‘By doing so, we’re making a life-saving statement to empower those we hold dear – our mothers, daughters, sisters, friends and colleagues– through awareness and prevention so they can live fruitful and more healthy lives. I encourage everyone to wear red this Friday and become part of the *Go Red* movement.’”

Through the efforts of *Go Red for Women*, more than 670,000 women have survived heart disease and stroke since 2004. In addition, awareness that heart disease is the number one cause of death in women has increased from 34 percent in 2004 to nearly 60 percent today.

Key Facts in the Fight Against Heart Disease in Women

- An estimated 44 million women in the U.S. are affected by cardiovascular diseases.
- 90 percent of women have one or more risk factors for heart disease or stroke.
- Women have a higher lifetime risk of stroke than men.
- 80 percent of heart disease and stroke events may be prevented by lifestyle changes and education.
- Fewer women than men survive their first heart attack.
- The symptoms of heart attack can be different in women vs. men, and are often misunderstood.

In February 2016, more than 1,300 New Jersey businesses, schools, towns, organizations, clubs and other locations “went red” for National Wear Red Day. Approximately 90 Garden State landmarks, buildings and properties illuminated

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red, making New Jersey number one in the country for the sixth straight year for the number of illuminations supporting National Wear Red Day.

To learn more about the symptoms of heart attack in women, visit <https://www.goredforwomen.org/home/about-heart-disease-in-women/symptoms-of-heart-disease/>

For more information on the American Heart Association's *Go Red for Women*, visit www.goredforwomen.org

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