

**Department of Human Services
Division of Disability Services**



New Jersey

RESOURCES

2014



State of New Jersey
DEPARTMENT OF HUMAN SERVICES
PO Box 700
TRENTON NJ 08625-0700

CHRIS CHRISTIE
Governor

JENNIFER VELEZ
Commissioner

KIM GUADAGNO,
Lt. Governor

Dear Reader,

I take this opportunity to present the Resources 2014 directory, the fourteenth annual edition published by the New Jersey Department of Human Services' Division of Disability Services (DDS). This publication continues to be one of our department's most sought after resources for people with disabilities, their family members and advocates because of its comprehensive, statewide directory of programs and services.

DDS has successfully provided this consumer friendly, useful tool, which identifies all levels of government, community organizations and professionals working to assist people with disabilities. The publication provides access to up-to-date information that individuals with disabilities, along with their families, may need to flourish in their physical, professional and recreational lives.

As in previous years, this publication also is made available online so that individuals and agencies can access just the services they need and can make copies only as necessary. The website is www.state.nj.us/humanservices/dds.

A certified Information and Referral Specialist also can be reached to discuss any individual concerns, problems or issues, and can provide direct assistance by phone at 1-888-285-3036 (toll free).

As always, your comments and suggestions are welcome.

Regards,

A handwritten signature in blue ink, appearing to read "Jennifer Velez".

Jennifer Velez
Commissioner

USING RESOURCES 2014

Resources 2014 provides easy access to information about programs and services available for residents living and working with disabilities, and for families, advocates and professional communities working to assist people with disabilities. The New Jersey Department of Human Services' (DHS) Division of Disability Services developed this directory and encourages you to contact the Division if you have any questions or difficulty using it.

REPORTING CORRECTIONS AND UPDATES

The programs and agencies listed in this directory are asked to report any information changes as quickly as possible.

Submit changes to: **Dianna Maurone**
 Dianna.Maurone@dhs.state.nj.us

NEED ADDITIONAL ASSISTANCE?

Should you require additional or updated information, please call the Division of Disability Services at 1-888-285-3036 and ask to speak to an Information and Referral Specialist.

DISCLAIMER

The Division of Disability Services reserves the right to publish items selectively, as space permits. Listed items are not necessarily under the jurisdiction of the Department of Human Services and their listing does not imply program endorsement.

DIVISION OF DISABILITY SERVICES

(888) 285-3036

CONTACT INFORMATION

Joseph M. Amoroso, Director

MAILING ADDRESS: PO Box 705, Trenton, NJ 08625-0705
TELEPHONE: (888) 285-3036 (Toll-Free)
FAX: (609) 631-4365
INTERNET: www.state.nj.us/humanservices/dds

EDITOR'S NOTE

Under New Jersey's recently approved Comprehensive Medicaid Waiver, all long-term care (LTC) services for seniors and individuals with physical disabilities, including Home and Community Based and Nursing Facility Services, will be administered by contracted managed care organizations (MCOs) in 2014. This move to managed care, known as Managed Long Term Services and Supports (MLTSS), is motivated by a desire to reduce inefficiencies and provide coordinated care in the LTC system. Programs and services to be transitioned to managed care with the implementation of MLTSS have been identified with an asterisk (*) in this guide. See page 8 for more information.

TABLE OF CONTENTS

DIVISION OF DISABILITY SERVICES	1-2
I STATE GOVERNMENT AGENCIES	3
II DISABILITY RELATED STATE GOVERNMENT RESOURCES	4-15
III COUNTY RESOURCES	16-19
IV DISABILITY SPECIFIC RESOURCES	20-25
V INTERNET RESOURCES	26-27
VI ADVOCACY RESOURCES	28-29
VII PROFESSIONAL AND PROVIDER ORGANIZATIONS	30
VIII SERVICE DOG RESOURCES	30
IX RECREATION RESOURCES	30
X TECHNOLOGY RESOURCES	31
XI NATIONAL RESOURCES	31-32
XII RESEARCH RESOURCES	33
XIII RIGHTS AND LAWS	33-35
XIV HEALTH COVERAGE AND HEALTH CARE ASSISTANCE	36-40
XV FINANCIAL ASSISTANCE	42
XVI EARLY INTERVENTION RESOURCES	43
XVII EDUCATION RESOURCES	44
XVIII EMPLOYMENT AND TRAINING RESOURCES	45-48
XIX HOUSING RESOURCES	49
XX CAREGIVER RESOURCES AND PERSONAL ASSISTANCE SERVICES	50-51
XXI TRANSPORTATION RESOURCES	52
XXII SERVICES FOR CHILDREN	53-54
APPENDIX 1 New Jersey Accessible Parking Laws	55
APPENDIX 2 Special Needs Adoption and Foster Care	55-56
APPENDIX 3 People First Language	56
APPENDIX 4 Addiction Resources	57
APPENDIX 5 Service Dogs	57
APPENDIX 6 Disaster Preparedness Checklist for People with Disabilities	58-59
APPENDIX 7 Traveling with a Disability	60
APPENDIX 8 Famous ADA Cases	61
APPENDIX 9 Hotlines & Toll-Free Numbers	62
APPENDIX 10 TTY/TDD Conversation Etiquette	63
GLOSSARY	63-66
ABBREVIATIONS AND ACRONYMS	67
INDEX	68-77

DIVISION OF DISABILITY SERVICES (DDS)

MISSION STATEMENT

The New Jersey Department of Human Services' Division of Disability Services promotes and facilitates the maximum independence and participation of people with disabilities in all aspects of community life through active information exchange and the provision of community services. DDS supports and fosters coordination and cooperation among all government agencies.

OFFICE OF INFORMATION AND ASSISTANCE SERVICES

"The first place to call for disability-related information."

INFORMATION AND REFERRAL SERVICES

The Division of Disability Services is the single point of entry for all people seeking disability related information in New Jersey. Certified Information and Referral Specialists are available to confidentially discuss issues, provide information, assist with problem solving, and to refer individuals to appropriate agencies or services. Use of a customized database allows for calls to be tracked and information to be stored for quality customer service.

DDD/DDS CASE MANAGEMENT COLLABORATION

Continuing the collaborative effort which began in 2009, DDS' office of Information and Referral Services remains the primary contact for approximately 3500 adults registered with the Division of Developmental Disabilities (DDD) at this time.

TRAUMATIC BRAIN INJURY FUND

The Traumatic Brain Injury (TBI) Fund provides New Jersey residents who have survived a traumatic brain injury the opportunity to access the brain injury related services and supports they need to live in the community. The Fund purchases supports and services to foster independence and maximize quality of life. This Fund is used where insurance, personal resources, and/or public programs are unavailable to meet the needs of the applicant. A portion of the Fund also is used to support public education, outreach, and prevention activities related to TBI.

OFFICE OF HOME AND COMMUNITY SERVICES

The Office of Home and Community Services is responsible for the administration of three Medicaid Waiver Programs* serving people with disabilities and is assisting with the transition of Medicaid Personal Care Assistant (PCA) Services to the managed health care model.

TRAUMATIC BRAIN INJURY (TBI) WAIVER*

The TBI Waiver serves people between the ages of 21 and 64 who have acquired a brain injury. People in the program receive full Medicaid benefits plus additional services including: case management, structured day program, neuropsychology, community residential services, night supervision, respite care and cognitive therapy.

AIDS COMMUNITY CARE ALTERNATIVES PROGRAM (ACCAP) WAIVER*

The ACCAP Waiver serves people with AIDS of any age and children up to age 13 who are HIV positive. It provides full Medicaid benefits plus case management, private-duty nursing, medical day care, expanded personal care assistant services, certain narcotic and drug abuse treatments and hospice care.

COMMUNITY RESOURCES FOR PEOPLE WITH DISABILITIES (CRPD) WAIVER*

All individuals served under this waiver must meet, at a minimum, the "nursing facility level of care", be financially eligible for Medicaid waiver coverage, and require the services offered under the waiver. The waiver is open to individuals with disabilities of all ages. Individuals in the CRPD Waiver Program receive case management for all Medicaid State Plan services. Individuals meeting specific clinical criteria can receive private duty nursing services up to 16 hours per day.

MEDICAID PERSONAL CARE ASSISTANT (PCA) SERVICES

The Personal Care Assistant (PCA) Program is an optional statewide service available to New Jersey Medicaid recipients who require assistance in completing routine activities of daily living, such as dressing, bathing, feeding, etc. PCA services are non-emergent, health related tasks done by qualified staff in a medically eligible beneficiary's home. Services cannot exceed 40 hours per week. The purpose of the program is to accommodate long-term, chronic, or maintenance health care, as opposed to short-term skilled care as is provided under Medicaid's home health program. DDS no longer administers this program directly, but is providing

technical assistance and assisting with the transition to managed care.

COMMUNITY DISCHARGE INITIATIVE

DDS has expanded the mission of the Office of Home and Community Services to include community discharge. Staff will assist individuals who have expressed a desire to return to the community to make attainable discharge plans and identify supports and resources.

SPECIAL PROJECTS AND INITIATIVES

SANDY RELIEF MODULAR RAMP PROGRAM

Through a Social Services Block Grant, DDS is administering a program to replace, repair, or build modular ramps for individuals whose primary residence was impacted by Superstorm Sandy. Eligibility includes three categories: a ramp was damaged during the storm and needs to be repaired or replaced, a ramp is needed in a home or apartment to which a person with a disability has relocated as a result of the storm, or an existing ramp can no longer be used because a home has been elevated to comply with new building codes.

NJ WORKABILITY

The WorkAbility program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 to 64 can qualify for the program with an annual gross earned income of up to approximately \$59,148. (See Page 48)

SENIOR COMMUNITY INDEPENDENT LIVING SERVICES PROGRAM (SCILS)

In collaboration with the Commission for the Blind and Visually Impaired (CBVI), DDS administers the SCILS program. SCILS is a companion program for New Jersey residents, 55 years or older, who have a significant visual impairment and live independently in the community. Companion services include: providing transportation to medical appointments and grocery shopping; light housekeeping; meal preparation; and assistance with mail and correspondence. Participants are responsible for identifying their own companions and must be capable of the scheduling and timekeeping requirements for those companions. SCILS awards participants up to 208 companion hours per year, which averages to 4 hours a week, enabling them to maintain their independence in the community. (See Page 50)

PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)

The Personal Assistance Services Program (PASP) is a supplemental, personal care program, designed for New Jersey residents, ages 18 to 70, who have a permanent physical disability, are capable of directing their own

services, and are either employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. (See Page 50)

PERSONAL PREFERENCE PROGRAM (PPP):

NEW JERSEY CASH AND COUNSELING PROGRAM

This service allows Medicaid recipients who are eligible for Medicaid PCA services to direct their own care. Through use of a monthly cash allowance, participants work with a consultant to develop a cash management plan by which they decide the services needed and the individuals and/or agencies to provide the identified services. The program requires greater consumer responsibility but offers participants greater control, flexibility and choice. (See Page 50)

DISABILITY HEALTH AND WELLNESS INITIATIVES

This project involves health promotion and prevention of secondary conditions for people with disabilities. In addition, it works to improve state surveillance activities, conduct health promotion interventions and facilitate partnerships between state and research or service-based agencies.

I CHOOSE HOME NEW JERSEY (ALSO KNOWN AS MONEY FOLLOWS THE PERSON)

In collaboration with other State agencies, DDS is working to promote I Choose Home – NJ, an initiative focused on providing opportunities for individuals who are eligible for Medicaid and have been living in an institutional setting for more than 90 days, to return to an independent community setting with necessary supports and services. For more information: www.ichoosehome.nj.gov/
1-855-466-3005 / 1-855-HOME-005

STATUTORY ADVISORY BOARDS AND COUNCILS

DDS serves as staff to the mandated advisory councils listed below.

NJ ADVISORY COUNCIL ON TRAUMATIC BRAIN INJURY

Composed of 26 members, the TBI Council holds quarterly public meetings to advise the Department of Human Services of issues relevant to brain injury services.

PERSONAL ASSISTANCE SERVICES ADVISORY COUNCIL

Composed of 19 members, the PASP advisory Council meets quarterly to serve as a means for consumers to offer feedback that is used to review and evaluate the effectiveness of the PASP program, and to recommend changes on a statewide level.

STATE GOVERNMENT AGENCIES

The Office of the Governor, along with the state departments, are listed below. Detailed information on agencies that specifically address the concerns of people with disabilities can be found in the subsequent sections of the directory.

OFFICE OF THE GOVERNOR

Telephone: (609) 292-6000

FAX: (609) 292-3454

Honorable Chris Christie, Governor
Honorable Kim Guadagno, Lt. Governor
State of New Jersey

State of New Jersey Homepage

www.state.nj.us

www.nj.gov

DEPARTMENT OF LAW & PUBLIC SAFETY

Tel: (609) 292-4925 FAX: (609) 292-3508

DEPARTMENT OF MILITARY & VETERAN'S AFFAIRS

Tel: (609) 530-6957 FAX: (609) 530-7191

DEPARTMENT OF THE SECRETARY OF STATE

Tel: (609) 984-1900 FAX: (609) 777-1764

DEPARTMENT OF TRANSPORTATION

Tel: (609) 530-2000 FAX: (609) 530-2919

DEPARTMENT OF THE TREASURY

Tel: (609) 292-6748 FAX: (609) 984-3888

DEPARTMENTS

DEPARTMENT OF AGRICULTURE

Tel: (609) 292-3976 FAX: (609) 292-3978

DEPARTMENT OF BANKING & INSURANCE

Tel: (609) 292-7272 FAX: (609) 777-0508

DEPARTMENT OF CHILDREN & FAMILIES

Tel: (609) 984-4500 FAX: (609) 341-2088

DEPARTMENT OF COMMUNITY AFFAIRS

Tel: (609) 292-6420 FAX: (609) 984-6696

DEPARTMENT OF CORRECTIONS

Tel: (609) 292-4036 FAX: (609) 292-9083

DEPARTMENT OF EDUCATION

Tel: (609) 292-4469 FAX: (609) 777-4099

DEPARTMENT OF ENVIRONMENTAL PROTECTION

Tel: (609) 292-2885 FAX: (609) 292-7695

DEPARTMENT OF HEALTH

Tel: (800) 367-6543 FAX: (609) 292-0053
(609) 292-7837

DEPARTMENT OF HUMAN SERVICES

Tel: (609) 292-3717 FAX: (609) 292-3824

DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT

Tel: (609) 292-2323 FAX: (609) 633-9271

NJ Homeland Security

www.njhomelandsecurity.gov
866-4-SAFE-NJ

NJ State Police
www.njsp.org

NJ Office of Emergency Management

www.state.nj.us/njoem
609-882-2000

(for emergencies, call "911")

Office of Legislative Services
800-792-8630

DID YOU KNOW?

The NJ Special Needs Registry collects information emergency responders will need to help locate and evacuate people with special needs during an emergency. The registry is completely voluntary and does not disclose your information to anyone outside of the immediate emergency response community.

To register go to: www.registerready.nj.gov.
or call 211.

See page 58 for more information on disaster preparedness for people with disabilities.



DISABILITY RELATED STATE GOVERNMENT RESOURCES

FEDERALLY MANDATED DEVELOPMENTAL DISABILITY AGENCIES

NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES

The New Jersey Council on Developmental Disabilities is New Jersey's planning body for developmental disabilities issues. Members are appointed by the governor and approved by the New Jersey Senate. The Council includes people with developmental disabilities and parents or guardians; non-governmental service providers; and representatives from state agencies that provide services to people with developmental disabilities and to their families.

The Council develops and monitors the State Plan for Services to People with Developmental Disabilities, administers the federally assisted Basic State Grant Program, and publishes *People With Disabilities and Families* magazine.

New Jersey Council on Developmental Disabilities

PO Box 700

Trenton, NJ 08625-0700

Telephone: (800) 792-8858 (toll free)

(609) 292-3745

TDD: (609) 777-3238

FAX: (609) 292-7114

Alison Lozano, Ph.D., Executive Director

www.njcdd.org

NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES AT A GLANCE

- Family Support
- Women's Health
- Partners In Policymaking
- The Monday Morning Project
- Inclusive Education

For Information: (609) 292-3745

DISABILITY RIGHTS NEW JERSEY

Disability Rights New Jersey (DRNJ) is a non-profit consumer-directed organization that serves as New Jersey's federally funded agency for people with disabilities.

The program was established to advocate the rights of citizens with disabilities in the areas of guardianship, habilitation, medical treatment, education, employment, protection from harm, transportation, and other civil rights. It provides legal services and responds to complaints from individuals and their

families, as well as from community groups. It also provides training for people with disabilities and their families to assist them to advocate for themselves.

In 1997, DRNJ assumed administration of the federally funded New Jersey Technology Assistive Resource Program (TARP), now known as the Assistive Technology Advocacy Center (ATAC), which works to make assistive devices and services more accessible to consumers.

Disability Rights New Jersey

210 South Broad Street, 3rd Floor

Trenton, NJ 08608

Telephone: (609) 292-9742

Toll Free: (800) 922-7233

TDD: (609) 633-7106

FAX: (609) 777-0187

Joseph B. Young, Esq., Executive Director

www.drnj.org

DISABILITY RIGHTS NEW JERSEY AT A GLANCE

- Protection and Advocacy for Persons with Developmental Disabilities (PADD)
- Protection and Advocacy for Individuals with Mental Illness (PAIMI)
- Protection and Advocacy of Individual Rights (PAIR)
- Client Assistance Program (CAP)
- Protection and Advocacy for Assistive Technology (PAAT)
- Healthcare Consumer Assistance Program (HCCAP)
- Assistive Technology Advocacy Center (ATAC)
- Protection and Advocacy for Individuals with Traumatic Brain Injury
- Protection and Advocacy for Beneficiaries of Social Security (PABSS)
- Protection and Advocacy for Voter Access (PAVA)

For Information: (800) 922-7233

ELIZABETH M. BOGGS CENTER ON DEVELOPMENTAL DISABILITIES

“A UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES EDUCATION, RESEARCH, AND SERVICE”

The Elizabeth M. Boggs Center on Developmental Disabilities, Rutgers Medical School, values the diversity and worth of all people promoting the full membership and contribution of children and their families, in all aspects of community life.

Through partnerships and collaborations, The Boggs Center fulfills this mission in a culturally competent manner by providing community training and technical assistance, interdisciplinary preservice preparation of students and fellows, and the dissemination of information, research findings, and educational materials.

BOGGS CENTER AT A GLANCE

The Boggs Center addresses the needs of communities, people with disabilities, and families through activities in the focus areas of:

- Early Intervention and Education
- Self-Determination and Employment
- Community Supports
- Health

For Information: (732) 235-9300

www.rwjms.rutgers.edu/boggscenter/

The Elizabeth M. Boggs Center on Developmental Disabilities

Rutgers Robert Wood Johnson Medical School
335 George Street, 3rd Floor, PO Box 2688
New Brunswick, NJ 08903-2688








Telephone: (732) 235-9300

FAX: (732) 235-9330

Deborah Spitalnik, Ph.D., Executive Director

www.rwjms.rutgers.edu/boggscenter/

KEYS TO SUCCESSFUL SELF-ADVOCACY

-  **Make sure you have an accurate understanding of what is needed** - When advocating for equipment or services, make sure you have all the details and product information. If insurance is being used, ask if there are preset guidelines or requisite information. This will save time during the application process.
-  **Be prepared to assist professionals who may have limited experience** - Your family doctor may be great, but he or she may have little or no experience in writing prescriptions for wheelchairs. Add your productive two-cents by discussing your needs, and giving as much detail as possible about what you are looking for. Some consumers prefer to use agencies for equipment and service evaluations before approaching a doctor for authorization.
-  **Understand your insurance benefits** - Review the terms of each program and policy. Pay careful attention to co-pays, service limits, replacement, and equipment ownership. These issues become especially important for parents with children, who will outgrow equipment, or whose functional abilities may change with time. Remember, you may always appeal an insurance company's decision in the event of a denial, even an HMO.
-  **Seek help from others who have succeeded** - Peer support is the greatest tool to an advocate. The information that you get from peers can be priceless. Learn from those who have done it before.
-  **Keep accurate notes** - Include dates, all contact names, and phone numbers.
-  **Find the line between advocacy and aggression** - Successful advocates let the system work for them. Allow professionals to do their jobs. Stay vigilant, but don't be a pest.
-  **Be prepared to wait** - Most agencies have waiting lists, processing periods, and lots of paperwork to be done. This takes time, so be prepared for some delays.

DEPARTMENT OF HUMAN SERVICES

DHS provides support services for people with disabilities, seniors, individuals and families with low incomes; people with mental illnesses, people with addictions, people who are blind, visually impaired, deaf, hard of hearing, or deaf-blind; parents needing child care services, child support and/or healthcare for their children; and families facing catastrophic medical expenses for their children.

COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI)

The Commission for the Blind and Visually Impaired (CBVI), established in 1910 is one of the oldest, continually operating agencies in New Jersey state government. It provides a wide range of educational services for children, vocational rehabilitation services for older teens and adults, and independent living services for people of all ages in New Jersey who are blind or visually impaired. CBVI also offers a number of special programs and services that address specific needs of individuals who are blind or visually impaired. CBVI programs and services are available to any New Jersey resident who meets the vision criteria. Depending on family income, some people who apply are required to pay a share of the cost of programs or services.

COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI) - CENTRAL OFFICE

PO Box 47017

153 Halsey Street, 6th Floor

Newark, NJ 07101

Telephone: (877) 685-8878 (973) 648-3333

FAX: (973) 648-3389

CBVI FIELD OFFICES:

CBVI Metro/Northern Region Office

PO Box 47017

153 Halsey Street, 5th Floor

Newark, NJ 07101

Telephone: (973) 648-2111 Fax: (973) 648-7674

(Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren counties)

CBVI Hammonton Office

40 North Whitehorse Pike

Hammonton, NJ 08037

Telephone: (609) 704-6000 (609) 704-7109

(Atlantic, Cape May, Cumberland, and Salem counties)

CBVI Southern Region Office

2201 Route 38 East, Suite 600, Cherry Hill, NJ 08002

Telephone: (856) 482-3700 Fax: (856) 482-3770

(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem counties)

OFFICE OF THE COMMISSIONER

PO Box 700

Trenton, NJ 08625-0700

Telephone: (609) 292-3717

FAX: (609) 292-3824

HOTLINES

Good Neighbors (877) DHS-LINE

Senior Information Line (800) 792-8820

PAAD/Senior Gold Hotline (800) 792-9745

NJ Addictions Hotline (800) 238-2333

NJ Mental Health Cares (866) 202-HELP

ADRC Helpline (877) 222-3737

CBVI Central Region Office

100 Daniels Way, Freehold, NJ 07728

Telephone: (732) 308-4001 Fax: (732) 308-4104

(Hunterdon, Monmouth, Mercer, Middlesex, Ocean, Somerset, and Union counties)

CBVI JOSEPH KOHN REHABILITATION CENTER

130 Livingston Avenue, New Brunswick, NJ 08901

Telephone: (732) 937-6363 Fax: (732) 247-6628

DIVISION OF AGING SERVICES

The Division of Aging Services (DOAS), NJ's lead agency for providing services to seniors, is responsible for many of the programs formerly held under the Department of Health and Senior Services including Pharmaceutical Assistance to the Aged and Disabled (PAAD), Senior Gold, Adult Protective Services, Lifeline Utility Assistance, and Hearing Aid Assistance to the Aged and Disabled.

DIVISION OF AGING SERVICES

12B Quakerbridge Plaza

PO Box 715

Trenton, NJ 08625-0807

Telephone: (800) 792-8820

Division of Aging Services At A Glance

- PAAD/Senior Gold
- GO Waiver*
- Aging and Disability Resource Connection (ADRC)
- Alzheimer's Day Services
- Adult Protective Services
- Lifeline Utility Assistance
- SHIP

DIVISION OF THE DEAF AND HARD OF HEARING

Through education, advocacy and direct services, the Division of the Deaf and Hard of Hearing (DDHH) works to eliminate barriers and promote increased accessibility to programs, services, and information to individuals who are deaf and/or hard of hearing. DDHH maintains up-to-date resources on hearing loss, and provides the following services: communication access referral, equipment distribution programs, technical assistance, stakeholder communications, and advocacy.

DIVISION OF THE DEAF AND HARD OF HEARING

PO Box 074

Trenton, NJ 08625-0074

Telephone (Voice/TTY):(800) 792-8339

FAX: (609) 588-2528

New Jersey Hearing Aid Project, See page 37

DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

The Division of Developmental Disabilities (DDD) provides funding for services and supports that assist individuals, age 21 and older, with developmental disabilities. Most services are offered in the community by more than 300 community provider agencies. To receive DDD services, an individual must meet functional criteria eligibility and Medicaid eligibility. Functional criteria consist of a severe, chronic physical and/or intellectual disability that manifests in the developmental years (before age 22), is life-long, and substantially limits at least three of these life activities: self-care, learning, mobility, communication, self-direction, economic self-sufficiency and the ability to live independently. All individuals must maintain Medicaid eligibility in order to receive services through the Division.

Qualifying conditions may include cerebral palsy, epilepsy, spina bifida, autism or a neurological impairment.

DDD funds three types of services:

- Day services, including supports for people who are employed
- Residential services that support an individual in the community
- Services that support a family caring for a loved one at home

DIVISION OF DEVELOPMENTAL DISABILITIES (DDD) - CENTRAL OFFICE

PO Box 726, Trenton, NJ 08625-0726

Telephone: (800) 832-9173 (609) 631-2200

FAX: (609) 631-2217

www.state.nj.us/humanservices/ddd/home/index.html

DDD COMMUNITY SERVICES OFFICES:

Flanders Office

[Morris, Sussex, Warren](#)

1B Laurel Drive, Flanders, NJ 07836

Telephone: (973) 927-2600 FAX: (973) 927-2689

Paterson Office

[Bergen, Hudson, Passaic](#)

100 Hamilton Plaza, 7th Floor

Paterson, NJ 07505

Telephone: (973) 977-4004 FAX: (973) 279-5069

Newark Office

[Essex](#)

153 Halsey Street, 2nd Floor

PO Box 47013, Newark, NJ 07101

Telephone: (973) 693-5080 FAX: (973) 648-3999

Plainfield Office

[Union, Somerset- intake only](#)

110 East Fifth Street

Plainfield, NJ 07060

Telephone: (908) 226-7800 FAX: (908) 412-7903

Somerset Office

[Somerset- case management only](#)

275 Greenbrook Road, 2nd Floor

Green Brook, NJ 08812

Telephone: (732) 424-3301 Fax: (732) 968-8163

Freehold Office

[Monmouth, Ocean](#)

Juniper Plaza, Suite 1-J

3499 Route 9 North, Freehold, NJ 07728

Telephone: (732) 863-4500 FAX: (732) 863-4406

Trenton Office

[Hunterdon, Mercer, Middlesex](#)

120 South Stockton Street

P.O. Box 706

Trenton, NJ 08625

Telephone: (609) 292-1922 FAX: (609) 292-2629

Voorhees Office

[Burlington, Camden, Gloucester](#)

2 Echelon Plaza

221 Laurel Road, Suite 210

Voorhees, NJ 08043

Telephone: (856) 770-5900 FAX: (856) 770-5935

Mays Landing Office

[Atlantic, Cape May, Cumberland, Salem](#)

5218 Atlantic Avenue, Suite 205

Mays Landing, NJ 08330

Telephone: (609) 476-5200 FAX: (609) 909-0656

DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

The Division of Mental Health and Addiction Services (DMHAS) serves adults with serious and persistent mental illnesses. Central to the mission is the fact that everyone is entitled to a dignified and meaningful life. DMHAS operates psychiatric hospitals, monitors and helps fund psychiatric services provided by a number of county hospitals, and contracts with more than 120 agencies for a wide range of community mental health services. Services may be accessed by contacting a County Mental Health Administrator or a county screening center.

DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

PO Box 727

Trenton, NJ 08625-0727

Telephone: (800) 382-6717 (609) 777-0702

FAX: (609) 609-341-2302

NJMentalHealthCares

NJMentalHealthCares is New Jersey's mental health information and referral service. Our staff of mental health professionals use their experiences and understanding of the mental health system to connect you to the information and services you need!

(866) 202-HELP (4357) TTY: (877) 294-4356

www.njmentalhealthcares.org

8:00 a.m. - 8:00 p.m.

- Connects to mental health services, including: inpatient and outpatient services, rehabilitation services, self-help services, legal, housing, employment, mental health education, and more!
- Provides assistance in finding services, not crisis intervention. If you feel you need emergency psychiatric services, please call your local crisis center (listed on page 17).

DIVISION OF MEDICAL ASSISTANCE AND HEALTH SERVICES

PO Box 712

Trenton, NJ 08625-0712

Telephone: (609) 588-2600

FAX: (609) 588-3583

MANAGED LONG TERM SERVICES AND SUPPORTS (MLTSS)

The Managed Long Term Services and Supports program or MLTSS is a New Jersey initiative intended to provide a new and better way to help seniors and individuals with disabilities live at home for as long as possible. The initiative uses managed care organizations to coordinate support services according to a participant's needs. Through MLTSS, participants will receive their primary, acute, behavioral and long term care needs through a

managed care organization (MCO) contracted with New Jersey's Medicaid program, NJ FamilyCare. Previously, these services were coordinated by various State and County offices. MLTSS is projected to begin in July 2014. Current Medicaid beneficiaries enrolled in Home and Community Based Services programs such as the AIDS Community Care Alternatives Program (ACCAP); Community Resources for People with Disabilities (CRPD); Global Options for Long-Term Care (GO); or the Traumatic Brain Injury (TBI) programs will automatically transition into MLTSS. Medicaid beneficiaries living in nursing homes will also transition into MLTSS. New Jersey will ensure that individuals who live in Medicaid participating nursing homes can remain. For more information:

www.state.nj.us/human_services/dmahs/home/mltss.html

For Medical Assistance Customer Centers (MACCs), See Page 38

DIVISION OF FAMILY DEVELOPMENT

PO Box 716

Trenton, NJ 08625-0716

Telephone: (609) 588-2400 or 2000

FAX: (609) 584-4404

DIVISION OF DISABILITY SERVICES

PO Box 705

Trenton, NJ 08625

Telephone: (888) 285-3036

FAX: (609) 631-4365

See Page 1 and 2 for more information on DDS

Central Registry of Offenders Against Individuals with Developmental Disabilities

A "Central Registry of Offenders Against Individuals with Developmental Disabilities" was established in the Department of Human Services (DHS). It requires DHS to maintain a confidential list of caregivers working in these programs who have been determined to have abused, neglected, or exploited an individual with a developmental disability. The toll-free number to report abuse is (800) 832-9173.

**Catastrophic Illness in Children Relief Fund
See Page 41**

For Additional Addiction Resources, See Page 57

For Statewide Clinical Consultation and Training (SCCAT), See Page 39

DEPARTMENT OF HEALTH

The Department of Health is responsible for overseeing and inspecting the state's health care facilities, city and county health departments, and community health services, along with protecting the public health.

OFFICE OF MINORITY AND MULTICULTURAL HEALTH

PO Box 360
Trenton, New Jersey 08625
Telephone: (609) 292-6962
FAX: (609) 292-8713

DIVISION OF HIV, STD, and TB SERVICES

PO Box 363
Trenton, NJ 08625-0363
Telephone: (609) 984-5874
FAX: (609) 633-2494

- **NJ AIDS/STD Hotline**
(800) 624-2377
- **AIDS Drug Distribution Program (ADDP)**
(877) 613-4533
- **Health Insurance Continuation Program (HICP)**
(800) 353-3232

DIVISION OF FAMILY HEALTH SERVICES

PO Box 364
Trenton, NJ 08625-0364
Telephone: (609) 292-4043
FAX: (609) 292-9599

Early Intervention Systems (EIS)

Project Child Find

(800) 322-8174

Also See Page 43

OFFICE OF THE COMMISSIONER

PO Box 360
Trenton, NJ 08625
Telephone (609) 292-7837
Toll-Free: (800) 367-6543
FAX (609) 292-0053

Statewide Family Centered HIV Care Network (609) 777-7748

Newborn Screening and Genetic Services (609) 292-1582

Special Child and Adult Health Services

Also See Page 36

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) (609) 292-9560 (866) 44NJWIC (866) 446-5942

Also See Page 36

DIVISION OF HEALTH FACILITIES EVALUATION AND LICENSING

PO Box 367
Trenton, NJ 08625-0365
Telephone: (609) 633-8977
FAX: (609) 633-9060

Health Care Facility Consumer Complaint Hotline (800) 792-9770

CENTER FOR HEALTH STATISTICS

PO Box 360
Trenton, NJ 08625-0360
Telephone: (609) 984-6702
FAX: (609) 984-7633

DEPARTMENT OF COMMUNITY AFFAIRS

OFFICE OF THE COMMISSIONER

The Department of Community Affairs provides a variety of services to low-income families, women, and people with disabilities. Services include assistance with rentals, the federal Section 8 voucher program, and emergency shelter grants and homelessness prevention.

PO Box 800
Trenton, NJ 08625-0800
Telephone: (609) 292-6420
FAX: (609) 984-6696

DIVISION OF CODES AND STANDARDS

PO Box 802
Trenton, NJ 08625-0802
Telephone: (609) 292-7899
FAX: (609) 633-6729

DIVISION OF HOUSING

PO Box 051
Trenton, NJ 08625-0051
Telephone: (609) 633-6303
FAX: (609) 984-8454

DIVISION OF FIRE SAFETY

PO Box 809
Trenton, NJ 08625
Telephone: (609) 633-6106
FAX: (609) 633-6134

OFFICE OF RECREATION

NJ Commission on Recreation for Individuals with Disabilities
PO Box 811
Trenton, NJ 08625-0811
info@njcrd.org
Telephone: (609) 984-6654
FAX: (609) 292-9798

**For more information on the Division of Fire Safety,
See Appendix 6**

**For information on the New Jersey Housing and Mortgage Finance Agency,
See Page 49**



**For a list of Homelessness Prevention Programs by County,
See Pages 49**

**DEPARTMENT OF COMMUNITY AFFAIRS
OFFICE OF REGULATORY AFFAIRS**

The Office of Regulatory Affairs is responsible for the enforcement of the New Jersey Barrier Free Sub-Code. Complaints can be made verbally or in writing to:

Supervisor of Investigations
Department of Community Affairs
Office of Regulatory Affairs
PO Box 818
Trenton, NJ 08625
Telephone: (609) 984-7672
FAX: (609) 984-7718

WHEN MAKING A COMPLAINT, PLEASE HAVE THE FOLLOWING INFORMATION:

-  The complete address of the building that is thought to be non-compliant.
-  A brief explanation of how the building seems to be non-compliant.

DEPARTMENT OF EDUCATION

The Department of Education is responsible for overseeing more than 600 school districts, and administering education programs to more than 1.4 million public and nonpublic elementary and secondary school children. The Office of Special Education Programs, within the Division of Student Services, has oversight responsibilities for the provision of education and related support services to students with disabilities, ages 3 to 21.

OFFICE OF THE COMMISSIONER

PO Box 500
Trenton, NJ 08625-0500
Telephone: (609) 292-4469
(609) 292-4500
FAX: (609) 777-4099

For information on the New Jersey
Higher Education Student
Assistance Authority,
See Page 44

DIVISION OF STUDENT SERVICES

PO Box 500
Trenton, NJ 08625-0500
Telephone: (609) 292-9899
FAX: (609) 633-1046

OFFICE OF SPECIAL EDUCATION PROGRAMS

PO Box 500
Trenton, NJ 08625-0500
Telephone: (609) 292-0147
FAX: (609) 984-8422

OFFICE OF STATE ASSESSMENTS

PO Box 500
Trenton, NJ 08625-0500
Telephone: (609) 984-6311
FAX: (609) 984-6032

MARIE KATZENBACH SCHOOL FOR THE DEAF

PO Box 535
West Trenton, NJ 08625-0535
Telephone: (609) 530-3100
TDD: (609) 530-6620 FAX: (609) 530-5791
www.mksd.org

LEARNING RESOURCE CENTERS AT A GLANCE

Learning Resource Centers are funded through the Individuals with Disabilities Education Act (IDEA), Part B Funds. The centers provide research reports, curriculum guides, books, videos and audio tapes, as well as training and workshops, for parents and educators of students with disabilities.

Learning Resource Center-Northern Region

7 Glenwood Avenue, 2nd Floor, Suite 201
East Orange, NJ 07017
Telephone: (973) 414-4491
FAX: (973) 414-4496
Serving: Bergen, Essex, Hudson, Morris, Passaic,
Sussex, and Warren Counties

Learning Resource Center-Northern Satellite

104 American Road, Building 100
Morris Plains, NJ 07950
Telephone: (973) 631-6345
FAX: (973) 631-6350
TDD: (973) 631-6490
Serving: Morris, Sussex, and Warren Counties

Learning Resource Center-Central Region

200 Riverview Plaza, First Floor
P.O. Box 500
Trenton, NJ 08625
Telephone: (609) 633-8893
FAX: (609) 633-8968
Serving: Hunterdon, Mercer, Middlesex, Monmouth,
Ocean, Somerset, and Union Counties

Learning Resource Center-Southern Region

Samuel H. Jones Innovation Center
107 Gilbreth Parkway, Suite 200
Mullica Hill, NJ 08062
Telephone: (856) 582-7000
FAX: (856) 582-4323
Serving: Atlantic, Burlington, Camden, Cape May,
Cumberland, Gloucester, and Salem Counties

DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT

The Department of Labor & Workforce Development promotes economic activity, monitors labor standards, and administers federally funded programs such as workers compensation, disability insurance and unemployment compensation. Its Division of Vocational Rehabilitation Services is responsible for training and placement of persons of employable age with disabilities.

WORKFORCE DEVELOPMENT

PO Box 055
Trenton, NJ 08625
Telephone: (609) 292-2000
FAX: (609) 777-0483
www.wnjp.in.state.nj.us

DIVISION OF VOCATIONAL REHABILITATION SERVICES

PO Box 398
Trenton, NJ 08625-0398
Telephone: (609) 292-5987
FAX: (609) 292-8347

OFFICE OF THE COMMISSIONER

PO Box 110
Trenton, NJ 08625-0110
Telephone: (609) 292-2323
FAX: (609) 633-9271

Division of Workers' Compensation
(609) 292-2515

Unemployment Insurance
(609) 292-2460

State Temporary Disability Benefits
(609) 292-7060

or

www.lwd.dol.state.nj.us/labor/tdi/websvcs/tdi_web_services.html








Long Term Disability Determinations
(866) 920-6997

VOCATIONAL REHABILITATION AT A GLANCE

CRITERIA

Any person with a physical or mental impairment which is a substantial impediment to employment may qualify for vocational rehabilitation services. Each consumer is evaluated individually for eligibility and needed assistance. Individuals who are blind or have a serious visual impairment are served by the Commission for the Blind (CBVI). All others receive service from the New Jersey Division of Vocational Rehabilitation Services (DVRS).

SERVICES PROVIDED

-  Diagnostic Evaluation
-  Individual Vocational Counseling and Guidance
-  Job Seeking Skills Training and Selective Job Placement
-  Follow-Up Support Services
-  Post-Employment Services
-  Physical Restoration
-  Job Coaching, Vocational, Professional, or On the Job Training

FEE FOR SERVICE

Many of the services listed above are provided free of charge. Coverage of expenses for medical services, training, books and supplies, tools, and other equipment are based on an individual's ability to pay.

DIVISION OF VOCATIONAL REHABILITATION SERVICES

(609) 292-5987

FOR A LIST OF OFFICES, SEE PAGES 45

COMMISSION FOR THE BLIND & VISUALLY IMPAIRED

(973) 648-3333

FOR A LIST OF OFFICES, SEE PAGE 6

DEPARTMENT OF CHILDREN & FAMILIES

The New Jersey Department of Children and Families (DCF) is the state's first comprehensive agency dedicated to ensuring the safety, well-being and success of children, youth, families and communities. Some of the divisions/offices DCF encompasses includes the following: Adolescent Services; Advocacy; Centralized Child Abuse/Neglect Hotline; Child Protection and Permanency (formerly Youth and Family Services); Children's System of Care (formerly Child Behavioral Health Services); Family and Community Partnerships (formerly Prevention and Community Partnerships); Specialized Education Services; and Women (transferred from DCA).

CHILDREN'S SYSTEM OF CARE (FORMERLY CHILD BEHAVIORAL HEALTH SERVICES)

DCF's Division of Children's System of Care, CSOC, (formerly the Division of Child Behavioral Health Services) serves children and adolescents with emotional and behavioral health care challenges and their families; and children with intellectual/developmental disability.

As of January 2013, the New Jersey Department of Children and Families - Division of Children's System of Care (CSOC) assumed responsibility for providing the supports and services for children under the age of 21 with developmental/intellectual disabilities, formerly provided by the Department of Human Services -

OFFICE OF THE COMMISSIONER

PO Box 729
Trenton, NJ 08625
Telephone: (609) 984-4500
FAX: (609) 341-2088

For general information about DCF programs and services:
1-855-INFO-DCF (1-855-463-6323) or
askdcf@dcf.state.nj.us

See also services for Children, page 53

DOMESTIC VIOLENCE HOTLINE
(800) 572-SAFE (2233)

Hotlines:

If you are deaf or hard of hearing,
please call 7-1-1 NJ Relay
to access our hotline

For other Hotlines and Helplines,
please visit:
www.state.nj.us/dcf/families/hotlines/

Division of Developmental Disabilities (DDD). For information on the transition and the application process, please call **PerformCare** at:

1-877-652-7624

www.performcarenj.org/

What is PerformCare?

The State of New Jersey has contracted with PerformCare to administer the publicly-funded developmental disability service delivery system for children up to age 21. This transition is a result of the state government restructuring initiated by Governor Christie, which moved the responsibility for providing services to children with developmental disabilities from the Department of Human Services' Division of Developmental Disabilities (DDD) to the Department of Children and Families' Children's System of Care (CSOC). PerformCare has been administering the State's Child Behavioral Health System of Care for many years. The expansion of this System of Care model to also serve children with intellectual and developmental disabilities is a significant step forward. This integrated approach will allow for better coordinated care. As of January 2013, PerformCare has become your point of contact to assist in coordinating the care for your child that had previously been managed by DDD.

PerformCare
300 Horizon Center Drive, Suite 306
Robbinsville, NJ 08691
Toll-free: 1-877-652-7624
Fax: 1-877-736-9166
www.performcarenj.org

DEPARTMENT OF LAW AND PUBLIC SAFETY

The Department of Law & Public Safety houses the Division on Civil Rights, which investigates allegations of discrimination. The department also contains the Attorney General's Office and divisions dealing with criminal justice, consumer affairs, monitoring of professional boards, and enforcement of the Wheelchair Lemon Law.

DIVISION ON CIVIL RIGHTS

PO Box 089

PO Box 090 (Complaints)

Trenton, NJ 08625

Telephone: (609) 292-4605

TTY: (609) 292-1785

FAX: (609) 984-3812

www.nj.gov/oag/dcr/index.html

OFFICE OF THE ATTORNEY GENERAL

PO Box 080

Richard J. Hughes Justice Complex

25 Market Street

Trenton, NJ 08625-0080

Telephone: (609) 292-4925

Fax: 609-292-3508

**For information on the
Wheelchair Lemon Law,
See Page 33**

DIVISION OF CONSUMER AFFAIRS

124 Halsey Street, 7th floor

Newark, NJ 07101

Telephone: (973) 504-6200

(800) 242-5846

FAX: (973) 273-8035

The Division on Civil Rights has established a **Disabilities and Public Accommodations Special Investigations Unit (DPA)** to work closely with advocacy groups for the disabled and pursue investigations that will have the greatest impact on addressing system-wide discrimination, particularly in places of public accommodation.

For Branch Offices, See Page 29

DEPARTMENT OF MILITARY AND VETERAN'S AFFAIRS

The New Jersey Department of Military and Veteran's Affairs, under the direction of the Adjutant General, is the headquarters for the New Jersey Army and Air National Guard and the government agency responsible for the administration of state provided veterans' programs and services within the state.

DIVISION OF VETERAN'S HEALTHCARE SERVICES

PO Box 340

Trenton, NJ 08625-0340

Telephone: (609) 530-6967

FAX: (609) 530-6970

OFFICE OF THE ADJUTANT GENERAL

PO Box 340

Trenton, NJ 08625

Telephone: (609) 530-6956

FAX: (609) 530-7191

**NJ VETERANS HOTLINES:
BENEFITS HOTLINE
888-8NJ-VETS**

**COUNSELING HOTLINE
866-VETS-NJ4**

Disabled Veterans Resources on the Web

Wounded Warrior Project

www.woundedwarriorproject.org

Disabled American Veterans

www.dav.org

Association for Service Disabled Veterans

www.asdv.org

DEPARTMENT OF TREASURY

The Department of Treasury assumes responsibility for three major functions: revenue collection and generation, assets management, and statewide support services. The Department also houses the Office on Disabilities Management that is responsible for issues of compliance with the Americans with Disabilities Act (ADA) in state owned buildings and state run programs.

OFFICE OF DISABILITIES MANAGEMENT

PO Box 034
Trenton, NJ 08625-0034
Telephone: (609) 292-7299
TDD & FAX: (609) 292-6525

OFFICE OF THE CORRECTIONS OMBUDSMAN

PO Box 855
Trenton, NJ 08625
Telephone: (609) 633-2596
FAX: (609) 633-8644

OFFICE OF THE OMBUDSMAN FOR THE INSTITUTIONALIZED ELDERLY

PO Box 852
Trenton, NJ 08625-0852
Telephone: (877) 582-6995
FAX: (609) 943-3479

OFFICE OF THE STATE TREASURER

PO Box 002
Trenton, NJ 08625
Telephone: (609) 292-5031
FAX: (609) 292-6145

DIVISION OF TAXATION

www.state.nj.us/treasury/taxation/email.shtml

General Tax Information

(609) 826-4400
(800) 323-4400

Main Customer Service Center

(609) 292-6400

Homestead Rebate Hotlines:





(888) 238-1233

Property Tax Reimbursement (Senior Freeze)

Hotline- (800) 882-6597
TTY Service- (609) 984-7300 or (800) 286-6613

THE OFFICE OF DISABILITIES MANAGEMENT AT A GLANCE

The Office of Disabilities Management is responsible for the following areas:

-  Barrier Free Compliance of state owned and operated facilities.
-  Implementation and assistance to allow access to all programs, services and activities offered by the State of New Jersey.
-  Technical assistance and advice concerning accessibility standards and adaptive devices to allow full inclusion by persons with disabilities.
-  Funding for modifications needed to ensure accessibility to all state owned and operated facilities.



COUNTY RESOURCES

COUNTY OFFICES FOR PEOPLE WITH DISABILITIES

County Offices for the Disabled function as clearinghouses for information about programs and services, advocate for people with disabilities, and provide technical assistance at a local level.

ATLANTIC COUNTY DIVISION OF INTERGENERATIONAL SERVICES, AGING & DISABILITY RESOURCE CONNECTION

Shoreview Building
101 South Shore Road
Northfield, NJ 08225
Telephone: (888) 426-9243
Outside of NJ: (609) 645-5965

BERGEN COUNTY DEPARTMENT OF HUMAN SERVICES

One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601
Telephone: (201) 336-6500
TTY: (201) 336-6505

BURLINGTON COUNTY OFFICE FOR THE DISABLED

c/o Resources for Independent Living
351 High Street, Suite 103
Burlington, NJ 08106
Telephone: (609) 747-7745

CAMDEN COUNTY AGING AND DISABILITY RESOURCE CONNECTION

512 Lakeland Road
Blackwood, NJ 08012
Telephone: (856) 858-3220

CAPE MAY COUNTY DEPARTMENT OF AGING AND DISABILITY SERVICES

4005 Route 9 South
Rio Grande, NJ 08242
Telephone: (609) 886-2784

CUMBERLAND COUNTY OFFICE ON AGING AND DISABLED

800 E. Commerce Street
Bridgeton, NJ 08302
Service Office: 99 West Broad Street,
Bridgeton, NJ 08302
Voice/TTY: (856) 459-3090

ESSEX COUNTY OFFICE FOR THE DISABLED

50 South Clinton Street, Suite 4300
East Orange, NJ 07018
Telephone: (973) 395-8494

GLOUCESTER COUNTY OFFICE OF HEALTH, SENIOR, AND DISABILITY SERVICES

115 Budd Blvd.
West Depford, NJ 08096
Telephone: (856) 384-6841

HUDSON COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF DISABILITY SERVICES

595 County Avenue, Building 2
Secaucus, NJ 07094
Telephone: (201) 369-5280 x4241

HUNTERDON COUNTY DIVISION OF SENIOR, DISABILITY, AND VETERANS SERVICES

PO Box 2900
4 Gauntt Place
Flemington, NJ 08822
Telephone: (908) 788-1361

MERCER COUNTY OFFICE FOR THE DISABLED

640 South Broad Street, PO Box 8068
Trenton, NJ 08611
Telephone: (609) 989-6661
TDD: (609) 989-6865

MIDDLESEX COUNTY OFFICE ON AGING AND DISABILITY SERVICES

Middlesex County Administration Building
75 Bayard Street, 5th Floor
New Brunswick, NJ 08901
Voice/TTY: (732) 745-4013

MONMOUTH COUNTY OFFICE ON DISABILITIES

3000 Kozloski Road
Freehold, NJ 07728
Telephone: (732) 308-3770 x3599 or x7116

MORRIS COUNTY DIVISION OF AGING, DISABILITY AND VETERANS SERVICES

PO Box 900, Morristown, NJ 07900-0900
Voice: (973) 285-6855

OCEAN COUNTY COMMISSION FOR INDIVIDUALS WITH DISABILITIES

1027 Hooper Avenue, Building 2, 3rd Floor
PO Box 2191, Toms River, NJ 08754
Voice/TDD: (732) 506-5062

PASSAIC COUNTY SENIOR, DISABILITY SERVICES, AND VETERANS AFFAIRS

930 Riverview Drive, Suite 200, Totowa, NJ 07512
Telephone: (973) 569-4060

SALEM COUNTY OFFICE OF DISABILITY SERVICES

98 Market Street, Salem, NJ 08079
Telephone: (856) 935-7510 x8623 or 8311

SOMERSET COUNTY AGING AND DISABILITY RESOURCE CONNECTION

27 Warren Street, 1st floor
PO Box 3000, Somerville, NJ 08876
Telephone: (908) 704-6346

SUSSEX COUNTY DEPARTMENT OF HUMAN SERVICES, DIVISION OF SENIOR AND DISABILITY SERVICES

Division of Senior Services
1 Spring Street
Newton, NJ 07860
Telephone: (973) 579-0555

UNION COUNTY OFFICE FOR THE DISABLED

Union County Administration Building
4th Floor, Elizabethtown Plaza
Elizabeth, NJ 07207
Voice/TDD: (908) 527-4840

WARREN COUNTY OFFICE FOR THE DISABLED

c/o DAWN, Inc.
66 Ford Road, Suite 121
Denville, NJ 07834
Telephone: (973) 625-1940 (888) 383-DAWN
TDD: (973) 625-1932

COUNTY CRISIS INTERVENTION CONTACTS

The numbers listed below provide callers with access to emergency services and counseling for non-medical emergencies and crisis intervention:

ATLANTIC COUNTY	(609) 344-1118
BERGEN COUNTY	(201) 262-4357
BURLINGTON COUNTY	(609) 835-6180
CAMDEN COUNTY	(856) 428-4357
CAPE MAY COUNTY	(609) 465-5999
CUMBERLAND COUNTY	(856) 455-5555
ESSEX COUNTY	(973) 266-4478
GLOUCESTER COUNTY	(856) 845-9100
HUDSON COUNTY	(866) 367-6023
HUNTERDON COUNTY	(908) 788-6400
MERCER COUNTY	(609) 396-4357
	(609) 989-7297
MIDDLESEX COUNTY	(732) 235-5700
MONMOUTH COUNTY	(732) 923-6999
MORRIS COUNTY	(973) 625-0280
OCEAN COUNTY	(732) 886-4474
	(866) 904-4474
PASSAIC COUNTY	(973) 754-2230
SALEM COUNTY	(856) 299-3001
SOMERSET COUNTY	(908) 526-4100
SUSSEX COUNTY	(973) 383-0973
UNION COUNTY	(908) 994-7131
WARREN COUNTY	(908) 454-5141

COUNTY BOARDS OF SOCIAL SERVICE

The Boards of Social Service deliver financial aid and support to individuals and families.

ATLANTIC COUNTY	(609) 348-3001
BERGEN COUNTY	(201) 368-4200
BURLINGTON COUNTY	(609) 261-1000
CAMDEN COUNTY	(856) 225-8800
CAPE MAY COUNTY	(609) 886-6200
CUMBERLAND COUNTY	(856) 691-4600
ESSEX COUNTY	(973) 733-3000
GLOUCESTER COUNTY	(856) 582-9200
HUDSON COUNTY	(201) 420-3000
HUNTERDON COUNTY	(908) 788-1300
MERCER COUNTY	(609) 989-4320
MIDDLESEX COUNTY	(732) 745-3500
MONMOUTH COUNTY	(732) 431-6000
MORRIS COUNTY	(973) 326-7800
OCEAN COUNTY	(732) 349-1500
PASSAIC COUNTY	(973) 881-0100
SALEM COUNTY	(856) 299-7200
SOMERSET COUNTY	(908) 526-8800
SUSSEX COUNTY	(973) 383-3600
UNION COUNTY	(908) 965-2700
WARREN COUNTY	(908) 475-6301

Social Services at a Glance

Work First NJ • Emergency Assistance • Food Stamps
Medicaid • Kinship Care • Supports for Working Families
Home Energy Assistance • Homeless Sheltering
Child Care • Child Support

NJHelps is a free and easy guide for you to determine the programs and assistance for which you and your family may be eligible.

www.mynjhelps.org

New Jersey's 24/7 Peer Support & Suicide Prevention Hotline

1-855-NJ-HOPELINE (1-855-654-6735)

Need someone to talk to? We are here to help.

Our specialists are available for confidential telephone counseling and support 24 hours a day, 7 day per week.

You're not alone ... we are only a phone call away.

CENTERS FOR INDEPENDENT LIVING

Centers for Independent Living (many funded through the Division of Vocational Rehabilitation Services) are community-based, consumer-driven organizations that provide peer counseling, skills training, advocacy, information and referral, and a variety of services based on individual needs.

NJ ASSOCIATION OF INDEPENDENT LIVING

PROGRESSIVE CENTER FOR INDEPENDENT LIVING (PCIL)
 1262 Whitehorse-Hamilton Sq. Road., Bldg. A, Suite 102
 Hamilton, NJ 08690
 Telephone: (609) 581-4500 (877) 917-4500
 TDD: (609) 581-4555
www.njsilc.org

ALLIANCE CENTER FOR INDEPENDENCE
 (Middlesex, Somerset, Union Counties)
 629 Amboy Avenue, Edison, NJ 08837
 Telephone: (732) 738-4388
 TDD: (732) 738-9644
www.adacil.org

CAMDEN CITY INDEPENDENT LIVING CENTER
 (City of Camden)
 Virtua Camden
 1000 Atlantic Avenue
 Camden, NJ 08104
 Telephone: (856) 966-0800
 TDD: (856) 966-0830
www.camdencityilc.org

CENTER FOR INDEPENDENT LIVING OF SOUTH JERSEY, INC. (CIL-SJ)
 (Camden and Gloucester Counties)
 1150 Delsea Drive, Suite 1
 Westville, NJ 08093
 Telephone: (856) 853-6490
 TDD: (856) 853-1466

DAWN, INC.
 (Morris, Sussex and Warren Counties)
 66 Ford Road, Suite 121
 Denville, NJ 07834
 Telephone: (973) 625-1940 (888) 383-DAWN
 TDD: (973) 625-1932
www.dawncil.org

DIAL, INC.
 (Essex and Passaic Counties)
 2 Prospect Village Plaza, First Floor
 Clifton, NJ 07013
 Telephone: (973) 470-8090
 TDD: (973) 470-2521
www.dial-cil.org

HEIGHTENED INDEPENDENCE & PROGRESS (HIP)

(Bergen County)
 131 Main Street, Suite 120
 Hackensack, NJ 07601
 Telephone: (201) 996-9100 TDD: (201) 996-9424
www.hipcil.org

HEIGHTENED INDEPENDENCE & PROGRESS-HUDSON

(Hudson County)
 35 Journal Square, Suite 703
 Jersey City, NJ 07306
 Telephone: (201) 533-4407 TDD: (201) 533-4409
www.hipcil.org

MOCEANS CENTER FOR INDEPENDENT LIVING

(Monmouth and Ocean County)
Monmouth County Branch:
 279 Broadway, Suite 201
 Long Branch, NJ 07740
 Telephone: (732) 571-4884 TDD: (732) 571-4878
Ocean County Branch:
 1027 Hooper Avenue, Building 6, 3rd Floor
 Toms River, NJ 08753
 Telephone: (732) 505-2310
www.moceanscil.org

PROGRESSIVE CENTER FOR INDEPENDENT LIVING (PCIL)

(Hunterdon and Mercer Counties)
Mercer County Branch:
 1262 Whitehorse-Hamilton Sq. Rd., Bldg. A, Suite 102
 Hamilton, NJ 08690
 Telephone: (609) 581-4500 (877) 917-4500
 TDD: (609) 581-4555
Hunterdon County Branch:
 4 Walter E. Foran Blvd., Suite 410
 Flemington, NJ 08822
 Telephone: (908) 782-1055 (877) 376-9174
 TDD: (908) 782-1081
www.pcil.org

RESOURCES FOR INDEPENDENT LIVING (RIL)

(Burlington, Cape May, Cumberland, Salem Counties)
 351 High Street, Suite 103
 Burlington, NJ 08016
 Telephone: (609) 747-7745 TDD: (609) 747-1875
www.rilnj.org

TOTAL LIVING CENTER, INC. (TLC)

(Atlantic County)
 6712 Washington Avenue, Suite 106
 Egg Harbor Township, NJ 08234
 Telephone: (609) 645-9547 TDD: (609) 645-9593
www.tlcenter.org

Satellite Office

1333 Atlantic Avenue, Atlantic City, NJ 08401
 Telephone: (609) 345-6700 x2804
 TDD: (609) 345-5551 FAX: (609) 343-2374

CENTERS FOR INDEPENDENT LIVING AT A GLANCE

- Peer Support
- Individual and System Advocacy
- Independent Living Skills Training
- Development of Independent Living Plans

PROGRAM OF ALL INCLUSIVE CARE FOR THE ELDERLY (PACE)

PACE is an innovative program, funded by Medicare and Medicaid, that provides frail individuals, age 55 and older, comprehensive medical and social services coordinated and provided by a team of professionals in a community-based center and in their homes, helping program participants delay or avoid long-term nursing home care. To participate in PACE, an individual must be 55 years of age or older, require nursing home level of care but be able to live safely in the community at time of enrollment with the services of PACE, and reside in the service area of a PACE organization. You can leave a PACE program at any time. Four PACE agencies are currently operating in New Jersey and you must live in their coverage area (see zip codes) to participate.

PACE Centers:

- LIFE St. Francis: 609-599-5433 (serving Mercer County, Bordentown, Florence, and Roebling)
- LIFE at Lourdes: 856-675-3675 (serving most Camden County communities)
- Lutheran Senior LIFE: 877-543-3188 (serving most of Hudson County)
- Inspira LIFE: 855-295-5433 (serving portions of Cumberland, Gloucester, and Salem Counties)

For more information, contact the PACE agency above serving your area.

Aging and Disability Resource Connection (ADRC) (877) 222-3737

ADRC is a Division of Aging Services program, in partnership with county governments, that provides a convenient way for senior citizens and their families to learn about and obtain needed services. ADRC provides information and access to services that address the financial, medical, and social needs of seniors.

Through ADRC, each county in New Jersey provides outreach, case management, transportation, senior centers, volunteer opportunities, health promotion, nutrition programs, education, health insurance counseling, adult protective services, senior employment, respite care options, and information on housing and long-term care options. For more information, visit: www.adrcnj.org.

County Offices on Aging

Atlantic County(609) 645-5965	Middlesex County(732) 745-3295
Bergen County(201) 336-7400	Monmouth County(732) 431-7450
Burlington County(609) 265-5069	Morris County(973) 285-6848
Camden County(856) 858-3220	Ocean County(732) 929-2091
Cape May County(609) 886-2784/2785	Passaic County(973) 569-4060
Cumberland County(856) 453-2221	Salem County(856) 339-8622
Essex County(973) 395-8375	Somerset County(908) 704-6346
Gloucester County(856) 384-6900	Sussex County(973) 579-0555
Hudson County(201) 369-4313	Union County(908) 527-4869
Hunterdon County(908) 788-1361/1362/1363	Warren County(908) 475-6591
Mercer County(609) 989-6661/6662	

ADULT PROTECTIVE SERVICES (800) 792-8820

The role of Adult Protective Services (APS) is to investigate complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults aged 18 or older. A complaint to APS will generate a thorough assessment, which will include a private face-to-face interview with the potentially at-risk adult, to determine if intervention is warranted. All information generated by the investigation is confidential. A report of suspected abuse may be made to the Aging and Community Services Information and Referral toll-free number or to the APS office in the county in which the individual lives.

County Adult Protective Services

Atlantic County(888) 426-9243	Middlesex County(732) 745-3635
Bergen County(201) 368-4300	Monmouth County(732) 531-9191
Burlington County(609) 518-4793	Morris County(973) 326-7282
Camden County(856) 225-8178	Ocean County(732) 349-1500
Cape May County(609) 886-6200 x370	Passaic County(973) 881-2616
Cumberland County(856) 453-2223	Salem County(856) 339-8622
Essex County(973) 596-1146	Somerset County(908) 526-8800
Gloucester County(856) 256-2280	Sussex County(973) 383-3600 x5170
Hudson County(201) 537-5631	Union County(908) 497-3902
Hunterdon County(908) 788-1300	Warren County(908) 475-6591
Mercer County(609) 989-4346	

DISABILITY SPECIFIC RESOURCES

The following agencies are grouped by service populations and each provides a variety of support services statewide. The agencies are categorized by target disability as a matter of reference, although some may serve additional populations. Where a local website was not available, a national website has been provided.

AIDS/HIV

Hyacinth AIDS Foundation
317 George Street, Suite 203
New Brunswick, NJ 08901
Telephone: (800) 433-0254 (Toll-Free)
(732) 246-0204 (outside NJ)

www.hyacinth.org

New Jersey Women and AIDS Network
4 North Broad Street, 4th Floor
Trenton, NJ 08608
Telephone: (609) 695-1200
FAX: (609) 695-1201

www.njwan.org

ALZHEIMER'S DISEASE

The Alzheimer's Association
Greater New Jersey Chapter
400 Morris Avenue, Suite 251
Denville, NJ 07834
Telephone: (800) 883-1180 (Toll-Free)
(973) 586-4300

www.ALZ.org

Delaware Valley Chapter
3 Eves Drive, Suite 310
Marlton, NJ 08053
Telephone: (856) 797-1212
FAX: (856) 797-1818

www.alznj.org

AMYOTROPHIC LATERAL SCLEROSIS (ALS)

Neuromuscular and ALS Center
Rutgers-Robert Wood Johnson University Hospital
125 Paterson Street, Suite 6100
New Brunswick, NJ 08901
Telephone: (732) 235-7331

www.web.rwjms.rutgers.edu/nmalsweb/

ARTHRITIS/FIBROMYALGIA

Arthritis Foundation-New Jersey Chapter
555 Route 1 South, Suite 320
Iselin, NJ 08830
Telephone: (888) 467-3112 (Toll-Free)
(732) 283-4300

FAX: (732) 283-4633

www.arthritis.org

Local website: www.arthritis.org/new-jersey/

AUTISM/ASPERGERS/ASD

Asperger Syndrome Education Network (ASPEN)
9 Aspen Circle
Edison, NJ 08820
Telephone: (732) 321-0880
FAX: (732) 744-1622

www.aspennj.org

Autism Family Services of New Jersey
1 AAA Drive, Suite 203
Trenton, NJ 08691
Telephone: (877) 237-4477 (Toll-Free)
FAX: (609) 392-5621

www.autismfamilyservicesnj.org

Autistic Self Advocacy Network
PO Box 66122
Washington, DC 20035
Telephone: (202) 596-1056
New Jersey Chapter
www.meetup.com/ASAN-NJ

Autism New Jersey
500 Horizon Drive, Suite 530
Robbinsville, NJ 08691
Telephone: (609) 883-8100
(800) 4-AUTISM (Toll-Free)
FAX: (609) 588-8858

www.autismnj.org

Parents of Autistic Children (POAC)
1989 Route 88 East
Brick, NJ 08724
Telephone: (732) 785-1099
FAX: (732) 785-1003

www.poac.net

AUTOIMMUNE DISORDERS

American Autoimmune Related
Diseases Association
21100 Gratiot Avenue
East Detroit, MI 48021
Telephone: (586) 776-3900

www.aarda.org

For a list of National Resources, See Pages 31 and 32

BLIND/VISUALLY IMPAIRED

National Federation of the Blind-NJ
254 Spruce Street
Bloomfield, NJ 07003
Telephone: (973) 743-0075
www.nfbnj.org/

National Federation of the Blind
Parents of Blind Children-NJ
Telephone: 973-377-0976
Email: blindchildren@verizon.net
www.blindchildren.org

New Jersey Council of the Blind
153 Franklin Corner Road
Lawrenceville, NJ 08648-2501
Telephone: (609) 895-1048
FAX: (609) 882-5416
www.njcounciloftheblind.org

New Jersey Foundation for the Blind
230 Diamond Spring Road, Suite 100
Denville, NJ 07834
Telephone: (973) 627-0055
FAX: (973) 627-1622
www.njffb.org

The Friends of the NJ Library for the Blind and
Handicapped (NJLBH)
PO Box 434
Woodbridge NJ 07095-0434
Telephone (609) 895-1048
www.friendsnjlibraryfortheblind.org/

CEREBRAL PALSY

Alliance for the Betterment of Citizens with Disabilities
(ABCD)
127 Route 206, Suite 18
Hamilton, NJ 08610
Telephone: (609) 581-8375
FAX: (609) 581-8512
www.abcdnj.org

Cerebral Palsy League
(908) 709-1800
www.theclinc.org

LADACIN Network
(732) 493-5900
www.ladacin.org

Cerebral Palsy of North Jersey
(973) 763-9900
www.cpnj.org

Passaic County Elks Cerebral Palsy Treatment Center
(973) 772-2600
www.pcecpc.org

United Cerebral Palsy of Hudson County
721 Broadway
Bayonne, NJ 07702
(201) 436-2200
www.ucpofhudsoncounty.org

Cerebral Palsy Association of Middlesex County
10 Oak Drive
Edison, NJ 08837
Telephone: (732) 549-6187
FAX: (732) 540-2410
www.cpamc.org

Githens Center
(Burlington County Cerebral Palsy Association)
40 Cedar Street
Mount Holly, NJ 08060
Telephone: (609) 261-1667
FAX: (609) 261-1844
www.githenscenter.org

CANCER

American Cancer Society-NJ
2600 US Highway 1
North Brunswick, NJ 08908
Telephone: (732) 297-8000
FAX: (732) 297-9043
www.cancer.org

CARDIAC/HEART DISEASE

American Heart Association
1 Union Street, Suite 301
Robbinsville, NJ 08691
Telephone: (609) 208-0020
FAX: (609) 208-2906
www.heart.org

CHRONIC FATIGUE SYNDROME

NJCFSa (New Jersey Chronic Fatigue Syndrome
Association, Inc.)
PO Box 477
Florham Park, NJ 07932
Telephone: (888) 835-3677
www.njcfsa.org

CROHN'S DISEASE

Crohn's and Colitis Foundation of America
New Jersey Chapter
45 Wilson Avenue
Manalapan, NJ 07726
Telephone: (732) 786-9960
FAX: (732) 786-9964
www.ccfa.org

COGNITIVE/INTELLECTUAL DISABILITY

The Arc of New Jersey
985 Livingston Avenue
North Brunswick, NJ 08902
Telephone: (732) 246-2525
FAX: (732) 214-1834
www.arcnj.org

To Find a Local Chapter of
the Arc of New Jersey,
visit: www.arcnj.org

Click on Find a Chapter

CROSS-DISABILITY

Advancing Opportunities
1005 Whitehead Road Ext., Suite 1
Ewing, NJ 08638
Telephone: (609) 882-4182
(888) 322-1918 (Toll-free)
TTY: (609) 882-0620
FAX: (609) 882-4054
www.advopps.org

Alliance for the Betterment of Citizens with
Disabilities (ABCD)
127 Route 206, Suite 18
Hamilton, NJ 08610
Telephone: (609) 581-8375
FAX: (609) 581-8512
www.abcdnj.org

Coalition for Inclusive Ministries
Elizabeth M. Boggs Center-UAP
335 George Street, Suite 3500, PO Box 2688
New Brunswick, NJ 08903-2688
Telephone: (732) 235-9300
FAX: (732) 235-9330
www.rwjms.rutgers.edu/boggscenter

Community Access Unlimited
80 West Grand Street, Elizabeth, NJ 07202
Telephone: (908) 354-3040
FAX: (908) 354-2665
www.caunj.org

Community Options, Inc.
16 Farber Road, Princeton, NJ 08540
Telephone: (609) 951-9900
FAX: (609) 951-9112
www.comop.org

Easter Seals New Jersey
25 Kennedy Blvd., Suite 600
East Brunswick, NJ 08816
Telephone: (732) 257-6662
FAX: (732) 257-7373
www.njeasterseals.com

Spectrum for Living
210 Rivervale Road, Suite 3
River Vale, NJ 07675
Telephone: (201) 358-8000
(866) 367-7732
FAX: (201) 358-8089
www.spectrumforliving.org

Statewide Parent Advocacy Network (SPAN)
35 Halsey Street, 4th Floor
Newark, NJ 07102
Telephone: (800) 654-7726
(973) 642-8100
FAX: (973) 642-8080
www.spanadvocacy.org

CYSTIC FIBROSIS

Cystic Fibrosis Foundation
Greater New Jersey Chapter
1719 Rt. 10, Suite 229
Parsippany, NJ 07054
Telephone 973-656-9200
www.cff.org

DEAF/HARD OF HEARING

New Jersey Division of Deaf and Hard of Hearing
Telephone (800) 792-8339
www.nj.gov/humanservices/ddhh/home/

Hearing Loss Association of America
New Jersey State Association
Telephone (609) 655-0090
www.hearingloss-nj.org/

Association of Late-Deafened Adults-
Garden State (ALDA-GS)
www.alda-gs.org

NJ Association of the Deaf, Inc. (NJAD)
www.deafnjad.org

DIABETES

American Diabetes Association
NJ Chapter
1160 Route 22 E., Suite 103
Bridgewater, NJ 08807
Telephone: (732) 469-7979
(888) DIABETES
FAX: (908) 722-4887
www.diabetes.org

DOWN SYNDROME

Bringing Up Down Syndrome (BUDS)
504 Centennial Blvd. #1444
Voorhees, NJ 08043
Telephone: (856) 985-5885
Email: information@bringingupdownsyndrome.org
www.bringingupdownsyndrome.org

The Down Syndrome Association of Central NJ (DACNJ)
180 Ewingville Road
Ewing, NJ 08638
Telephone: (866) Down Syn (866) 369-6796
Email: dsacnj@arcmercer.org
www.dsacnj.org

The Down Syndrome Group of Northwest New Jersey
PO Box 212,
Washington, NJ 07882
Telephone: (908) 689-7525 Ext. 320
www.dsgnwnj.org/default.htm

Knowledge and Information about Individuals with
Down Syndrome (K.I.I.D.S)
www.kids.info

DWARFISM

Little People of America
Telephone: (888) LPA (572)-2001
www.lpadistrict2.org

EATING DISORDERS

Food Addicts Anonymous
NJ Helpline (732) 244-4324
www.foodaddictsanonymous.org

EPILEPSY

Epilepsy Foundation of New Jersey
1 AAA Drive, Suite 203
Trenton, NJ 08691
Telephone: (800) 336-5843
(609) 392-4900
FAX: (609) 392-5621
www.efnj.com

HEAD INJURY/TRAUMATIC BRAIN INJURY (TBI)

Brain Injury Alliance of New Jersey
825 Georges Road, Second Floor
North Brunswick, NJ 08902
Telephone: (732) 745-0200
(800) 669-4323
FAX: (732) 745-0211
www.bianj.org

DID YOU KNOW?

The Division of Disability Services is the lead state agency for services to individuals with brain injury. DDS administers the TBI Fund and the TBI Medicaid Waiver. * See Pages 1 and 2.

HEPATITIS

Hepatitis Foundation International
National Headquarters
504 Blick Drive
Silver Spring, MD, 20904
Telephone: (301) 879-6891
FAX: (301) 879-6900
www.hepatitisfoundation.org

HUNTINGTON'S DISEASE

Huntington's Disease Society of America
53 Stickle Avenue
Rockway, NJ 07866
PO Box 943
Denville, NJ 07834
Telephone: (973) 784-4965
FAX: (973) 784-4966
www.hdsanj.org

LEARNING DISABILITIES

The International Dyslexia Association
New Jersey Branch
PO Box 32
Long Valley, NJ 07853
Telephone: (908) 876-1179
www.interdys.org

Learning Disabilities Association of America
New Jersey Chapter
614 Cranbury Road # 6268
East Brunswick, NJ 08816
Telephone: (732) 645-2738
www.ldanj.org

LUPUS

Lupus Foundation of America
NJ Chapter
PO Box 1184
150 Morris Avenue, Suite 102
Springfield, NJ 07081
Telephone: (800) 322-5816
(973) 379-3226
FAX: (973) 379-1053
www.lupusnj.org

Philadelphia TriState Area
500 Old York Road, Suite 110
Jenkintown, PA 19046
Telephone: (215) 517-5070
FAX: (215) 517-8483
www.lupustristate.org

MENTAL ILLNESS

Mental Health Association in New Jersey
88 Pompton Avenue
Verona, NJ 07044
Telephone: (973) 571-4100
(800) 367-8850 (Toll-free)
FAX: (973) 857-1777
www.mhanj.org

NAMI NJ (National Alliance on Mental Illness of
New Jersey)
1562 Route 130
North Brunswick, NJ 08902
Telephone: (732) 940-0991
FAX: (732) 940-0355
www.naminj.org

National Coalition for Mental Health Recovery
2759 Martin Luther King JR. Avenue, SE Suite 201
Washington, DC, 20032
Telephone: (877) 246-9058 (Toll-free)

National Coalition for Mental Health
Consumer's Self-Help Clearinghouse
1211 Chestnut Street, Suite 1207
Philadelphia, PA 19107
Telephone: (800) 553-4539 (Toll-free)
(267) 507-3810
FAX: (215) 636-6312
Email: info@mhsselfhelp.org

**For the Division of Mental Health and
Addiction Services, See Page 8**

MUSCULAR DYSTROPHY

Muscular Dystrophy Association
5940 Hamilton Blvd., Suite F
Allentown, PA 18106
Telephone: (610) 391-1977
FAX: (610) 391-0416
www.mda.org

Muscular Dystrophy Association
25 E. Spring Valley Avenue, Suite 210
Maywood, NJ 07607
Telephone (201) 843-4452
FAX: (201) 843-2324
www.mda.org

MULTIPLE SCLEROSIS

National Multiple Sclerosis Society
NJ Metro Chapter
Aspen Corporate Park 1
1480 U.S. Highway 9 North, Suite 301
Woodbridge, NJ 07095
Telephone: (800) 344-4867
www.nationalmssociety.org/Chapters/NJM

National Multiple Sclerosis Society
Greater Delaware Valley Chapter
30 South 17th Street, Suite 800
Philadelphia, PA 19103
Telephone: (215) 271-2400
FAX: (215) 271-6122
www.nationalmssociety.org/Chapters/PAE

Multiple Sclerosis Association of America
National Headquarters
706 Haddonfield Road
Cherry Hill, NJ 08002
Telephone: (800) 532-7667
www.mymsaa.org/

PARKINSON'S DISEASE

New Jersey American Parkinson Disease Association
100 Kirkpatrick Street
New Brunswick, NJ 08901
Telephone: (732) 745-7520
FAX: (732) 745-3114
www.njapda.org

POLIO/POST-POLIO

New Jersey Polio Network
PO Box 537
Martinsville, NJ 08836
Telephone: (201) 845-6860
FAX: (908) 236-9388
www.njpolio.org

RESPIRATORY DISEASE

American Lung Association
New Jersey Chapter
1031 Route 22, Suite 203
Bridgewater, NJ 08807
Telephone: (908) 685-8040
FAX: (908) 685-8030
www.lung.org/associations/charters/mid-atlantic/

American Lung Association of the Mid-Atlantic
3001 Gettysburg Road
Camp Hill, PA, 17011
Telephone: (717) 541-5864
FAX: (888) 415-5757
www.lung.org/associations/charters/mid-atlantic/

SICKLE CELL DISEASE

Sickle Cell Disease Association of America
SCDAA - Philadelphia/Delaware Valley
5070 Parkside Avenue, Suite 1404
Philadelphia, PA 19131
Telephone: (215) 471-8686 FAX: (215) 471-7441
www.sicklecelldisorder.com

SCLERODERMA

Scleroderma Foundation (Southern NJ)
Delaware Valley Chapter
385 Kings Highway North
Cherry Hill, NJ 08034
Telephone: (866) 675-5545
www.scleroderma.org

Tri-State Chapter (Northern NJ)
59 Front Street
Binghamton, NY 13905
Telephone: (607) 723-2239 (800) 867-0885
FAX: (607) 723-2039
www.scleroderma.org

SENSORY IMPAIRMENTS

Everas Community Services
(Formerly the New Jersey Association of the Deaf-Blind, Inc.)
24 K World's Fair Drive
Somerset, NJ 08873-1349
Telephone/TTY: (732) 805-1912 FAX: (732) 805-3088
www.everas.org

New Jersey Speech-Language-Hearing Association
66 Witherspoon Street, Suite 337
Princeton, NJ 08542
Telephone: (888) 906-5742 FAX: (888) 729-3489
www.njsha.org

SPINA BIFIDA

Spina Bifida Resource Network
(formerly Spina Bifida Association Tri-State Region)
84 Park Avenue, Suite G-106
Flemington, NJ 08822
Telephone: (908) 782-7475 FAX: (908) 782-6102
www.thesbrn.org

SPINAL CORD INJURY (SCI)

Christopher & Dana Reeve Paralysis Resource Center
Short Hills Plaza
636 Morris Turnpike, Suite 3A
Short Hills, NJ 07078
Telephone: (800) 539-7309 FAX: (973) 467-9845
www.christopherreeve.org

Central Jersey Spinal Cord Association
19 Jefferson Avenue
New Brunswick, NJ 08903
Telephone: (732) 220-0870
www.cjsca.net

STROKE/CVA

New Jersey Stroke Activity Center, Inc.
725 Joralemon Street, Suite 191
Belleville, NJ 07109
Telephone: (973) 450-4114 FAX: (973) 450-0805
www.njsac.org

American Stroke Association
7272 Greenville Avenue
Dallas, TX 75231
Telephone: (888) 4-STROKE (888) 478-7653 or
(888) 474-VIVE
www.strokeassociation.org/STROKEORG/

TOURETTE SYNDROME

New Jersey Center for Tourette Syndrome
50 Division Street, Suite 205
Somerville, NJ 08876
Telephone: (908) 575-7350 FAX: (908) 575-8699
www.njcts.org

Tourette Syndrome Association of New Jersey, Inc.
PO Box 116
Somerville, NJ 08876
Telephone: (732) 972-4459 FAX: (908) 575-8699
e-mail: info@tsanj.org www.tsanj.org

NJ Center for Tourette Syndrome and Associated
Disorders, Inc.
50 Division Street Suite 205
Somerville, NJ 08876
Telephone: (908) 575-7350 FAX: (908) 575-8699
e-mail: info@tsanj.org www.tsanj.org

NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE

- 🍷 Maintains information on thousands of local no-fee support groups in New Jersey, including many that address disabilities, illnesses, caregiving, and parenting
- 🍷 Provides information about national and online support networks
- 🍷 Helps those interested in starting new support groups by providing free how-to materials, phone consultation, and training
- 🍷 Publishes an annual directory of support groups

375 East McFarlan Street, Dover, NJ 07801
Telephone: (800) 367-6274 or (973) 989-1122 FAX: (973) 989-1159 www.njgroups.org

INTERNET RESOURCES

ADAPT (American Disabled for Attendant Programs Today)
www.adapt.org

Alliance for Inclusion in the Arts
www.inclusioninthearts.org

American Association for Adapted Sports Programs
www.adaptedsports.org

American Association of People with Disabilities
www.aapd.com

American Association on Intellectual & Developmental Disabilities
www.aaid.org

American Chronic Pain Association
www.theacpa.org

American Disability Association (ADAnet)
www.ADAnet.org

American Self-Help Clearinghouse
www.selfhelpgroups.org

Assistance Dogs International, Inc.
www.assistancedogsinternational.org

Center for an Accessible Society
www.accessiblesociety.org

Center for Hearing and Communication
www.chchearing.org

Children's Disabilities Information
www.childrensdisabilities.info

Consortium for Citizens with Disabilities
www.c-c-d.org

Cornucopia of Disability Information
www.codi.tamucc.edu/

Council for Disability Awareness
www.disabilitycanhappen.org

Disabled in Action
www.disabledinaction.org

Disability History Museum
www.disabilitymuseum.org

Disability Info
www.disability.gov

Disability Nation
www.disabilitynation.net

Disability Online
www.disabilityonline.com

Disability Resources Monthly
www.disabilityresources.org/

Disability Social History Project
www.disabilityhistory.org

Disabled Sports USA
www.disabledsportsusa.org/

DO-IT Foundation
www.washington.edu/doi

Genetic Alliance
www.geneticalliance.org

Harvard Law School Project on Disability
www.hpod.org/

Health Care Coach
www.healthcarecoach.org

I Am PWD
www.iampwd.org/

Inclusion Daily Express
www.inclusiondaily.com

Independent Living Institute
www.independentliving.org

Independent Living USA
www.ilusa.com

Institute for Community Inclusion
www.communityinclusion.org

Institute on Disability Culture
www.dimenet.com/disculture

International Center for Disability Resources
www.icdri.org/

International Paralympic Committee
www.paralympic.org

Job Accommodation Network
www.askjan.org

Largest Minority
www.largestminority.org

Mobility International USA
www.miusa.org

National Academy of Elder Law Attorneys, Inc.
www.naela.org

National Arts and Disabilities Center
www.semel.ucla.edu/nadc

National Center for Accessible Media
www.ncam.wgbh.org/

National Center on Accessibility
www.ncaonline.org/

National Center on Birth Defects and Developmental Disabilities
www.cdc.gov/ncbddd/

National Clearinghouse on Postsecondary Education for Individuals with Disabilities
www.heath.gwu.edu/

National Council on Disability
www.ncd.gov

National Disability Rights Network
www.napas.org

National Organization on Disability
www.nod.org

National Institutes of Health
www.nih.gov

National Rehabilitation Information Center
www.naric.com/

PACER Center
Champions for Children with Disabilities
www.pacer.org

Parents with Disabilities Online
www.disabledparents.net

Society for Accessible Travel and Hospitality
www.sath.org

Society for Disability Studies
www.disstudies.org

TASH (formerly The Association for the Severely Handicapped)
www.tash.org

Through the Looking Glass
www.lookingglass.org

Waisman Center
www.waisman.wisc.edu/

World Association of People with Disabilities
www.wapd.org

World Institute on Disability
www.wid.org

United Nations Commission on Human Rights
www.ohchr.org

U.S. International Council on Disabilities
www.usicd.org

**Don't See What You Need?
Contact DDS at
1-888-285-3036**

ADVOCACY RESOURCES

ADVOCACY-GENERAL

Advocates for Children of New Jersey
35 Halsey Street, 2nd Floor, Newark, NJ 07102
Telephone: (973) 643-3876
FAX: (973) 643-9153
www.acnj.org

Association for Special Children and Families
PO Box 494
Hewitt, NJ 07421-0494
Telephone: (973) 728-8744
FAX: (973) 728-5919
www.ascfamily.org

New Jersey Self-Advocacy Project
985 Livingston Avenue
North Brunswick, NJ 08902
Telephone: (732) 246-2525 x22
FAX: (732) 214-1834
www.arcnj.org

ADVOCACY-EDUCATION

Statewide Parent Advocacy Network (SPAN)
35 Halsey Street, 4th Floor
Newark, NJ 07102
Telephone: (800) 654-7726
(973) 642-8100
FAX: (973) 642-8080
www.spannj.org

ADVOCACY-FAMILY SUPPORT

The Family Support Center of New Jersey
35 Beaverson Blvd. Building 11
Brick, NJ 08723
Telephone: (800) 372-6510
FAX: (732) 262-4373
www.fscnj.org

The Family Resource Network
1 AAA Drive, Suite 203
Trenton, NJ 08691
Telephone: (609) 392-4900
(800) 336-5843
FAX: (609) 392-5621
www.familyresourcenetwork.org

ADVOCACY-INFORMATION/RESEARCH

United Spinal Association
75-20 Astoria Blvd.
Jackson Heights, NY 11370
Telephone: (718) 803-3782
FAX: (718) 803-0414
www.unitedspinal.org

ADVOCACY- LEGAL SERVICES

American Civil Liberties Union (ACLU)
PO Box 32159
Newark, NJ 07102
Telephone: (973) 642-2084
www.aclu-nj.org

Education Law Center
60 Park Place, Suite 300
Newark, NJ 07102
Telephone: (973) 624-1815
FAX: (973) 624-7339
TDD: (973) 624-4618
www.edlawcenter.org

Legal Services of New Jersey
100 Metroplex Drive, Suite 402, PO Box 1357
Edison, NJ 08818
Telephone: (888) 576-5529 (732) 572-9100
www.lsnjlaw.org

New Jersey State Bar Association
One Constitution Square
New Brunswick, NJ 08901
Telephone: (732) 249-5000
FAX: (732) 249 2815
www.njsba.com

Community Justice Center
310 W. State Street, Third Floor
Trenton, NJ 08618
Telephone: (609) 218-5120
FAX: (609) 218-5126
www.nj-communityjusticecenter.org

Community Health Law Project
185 Valley Street
South Orange, NJ 07079
Telephone: (973) 275-1175
FAX: (973) 275-5210
www.chlp.org

BRANCH OFFICES

Community Health Law Project
650 Bloomfield Avenue, Suite 210
Bloomfield, NJ 07003
Telephone: (973) 680-5599
FAX: (973) 680-1488
TDD: (973) 680-1116

Community Health Law Project
225 East State Street, Suite 5
Trenton, NJ 08608
Telephone: (609) 392-5553
FAX:/TDD: (609) 392-5369

Community Health Law Project
65 Jefferson Avenue, Suite 402, Elizabeth, NJ 07201
Telephone: (908) 355-8282
FAX: (908) 355-3724

Community Health Law Project
Station House Office Building
900 Haddon Avenue, Suite 400
Collingswood, NJ 08108
Telephone/TDD: (856) 858-9500
FAX: (856) 858-9545

Community Health Law Project
1 Main Street, Suite 413
Eatontown, NJ 07724
Telephone: (732) 380-1012
FAX: (732) 380-1015

Disability Rights New Jersey (DRNJ)
(formerly New Jersey Protection and Advocacy, Inc.)
210 South Broad Street, 3rd Floor
Trenton, NJ 08608
Telephone: (800) 922-7233
(609) 292-9742
FAX: (609) 777-0187
www.drnj.org

Division on Civil Rights
140 East Front Street, 6th Floor
PO Box 090
Trenton, NJ 08625
Telephone: (609) 292-4605
TTY: (609) 292-1785
FAX: (609) 292-3812
www.NJCivilRights.org

BRANCH OFFICES

Division on Civil Rights
1325 Boardwalk, 1st Floor
Tennessee Ave & Boardwalk
Atlantic City, NJ 08401
Telephone: (609) 441-3100
TTY: (609) 441-7648
FAX: (609) 441-3578

Division on Civil Rights
1 Port Center, 4th Floor
2 Riverside Drive, Suite 402
Camden, NJ 08103
Telephone: (856) 614-2550
TTY: (856) 614-2574
FAX: (856) 614-2568

Division on Civil Rights
PO Box 46001
Newark, NJ 07102
Telephone: (973) 648-2700
TTY: (973) 648-4678
FAX: (973) 648-4405

Division on Civil Rights, Trenton Regional Office
PO Box 090
Trenton, NJ 08625
Telephone: (609) 292-4605
TTY: (609) 292-1785

SUPPORT GROUPS

New Jersey Self-Help Group Clearinghouse
375 East McFarlan Street
Dover, NJ 07801
Telephone: (800) 367-6274
(973) 989-1122
FAX: (973) 989-1159
www.njgroups.org

See Page 25

VII

PROFESSIONAL AND PROVIDER ORGANIZATIONS

New Jersey Association of Community Providers, Inc.
1005 Whitehead Road Ext., Suite 1B
Ewing, NJ 08638
Telephone: (609) 406-1400
FAX: (609) 406-1442
www.njacp.org

ACCESS-NJ/CNA
150 West State Street, Suite 120
Trenton, NJ 08608
Telephone: (609) 392-1255
FAX: (609) 392-3236
www.cnaservices.org

ASAH
2125 Route 33
Lexington Square
Hamilton Square, NJ 08690
Telephone: (609) 890-1400
FAX: (609) 890-8860
www.asah.org

New Jersey Association for Persons in Supported
Employment (NJAPSE)
www.njapse.com/

For Home Care Associations, See Page 51

VIII

SERVICE DOG RESOURCES

Canine Companions for Independence
286 Middle Island Road, Medford, NY 11763
Telephone/TDD: (800) 572-2275
www.cci.org

Canine Partners for Life
PO Box 170, Cochranville, PA 19330
Telephone: (610) 869-4902
www.k94life.org

Pet Partners (formerly Delta Society)
875 124th Avenue NE, Suite 101
Bellevue, WA 98005
Telephone: (425) 679-5500
www.petpartners.org

Seeing Eye, Inc.
PO Box 375, Morristown, NJ 07963-0375
Telephone: (973) 539-4425
www.seeingeye.org

See Appendix 5 for more information on Service Animals

IX

RECREATION RESOURCES

SPORTS AND TRAINING

New Jersey Special Olympics
1 Eunice Kennedy Shriver Way
Lawrenceville, NJ 08648
Telephone: (609) 896-8000
FAX: (609) 896-8040
www.sonj.org

US YOUTH SOCCER - TOPSoccer

529 Abbington Drive, Suite 5
East Windsor, NJ 08520
Email: Troymgr@gmail.com

ARTS PROGRAMS

New Jersey Arts Access Task Force
8 Marcella Avenue
West Orange, NJ 07052
Telephone: (973) 731-6582 FAX: (973) 731-5520
www.njtheatrealliance.org/accessibility.htm

VSA Arts of New Jersey
703 Jersey Avenue
New Brunswick, NJ 08901
Telephone: (732) 745-3885 FAX (732) 745-4524
www.vsanj.org

New Jersey Commission on Recreation for
Individuals With Disabilities
Email: info@NJCRID.org

X

TECHNOLOGY RESOURCES

ASSISTIVE TECHNOLOGY

Assistive technology is equipment or services which increase, maintain or improve the functional capability of an individual with a disability. The following programs and agencies provide both awareness of and access to assistive technology.

“Back in Action”

Assistive Devices Recycling Center

Telephone: (800) 922-7233

(609) 292-9742

TTY: (609) 633-7106

FAX: (609) 777-0187

www.backinaction.drnj.org

Assistive Technology Advocacy Center (ATAC)

210 S. Broad Street, 3rd Floor

Trenton, NJ 08608

Telephone: (800) 922-7233

(609) 292-9742

TDD: (609) 633-7106

FAX: (609) 777-0187

www.drnj.org/atacprogram.htm

Rehabilitation Technology Services and

Technology Lending Center

Advancing Opportunities (formerly CPNJ)

1005 Whitehead Road Ext., Suite 1

Ewing, NJ 08638

Telephone: (609) 882-4182

(888) 322-1918 (Toll Free)

TTY: (609) 882-0620

FAX: (609) 882-4054

www.advopps.org

Goodwill Home Medical Equipment

(formerly YourReSource)

18 Artic Parkway, Ewing, NJ 08638

Telephone: (609) 396-1513

www.goodwillhomemedical.org

TECHNOLOGY RESOURCES ON THE WEB

Able Data

www.abledata.com

RESNA

www.resna.org

AssistiveTech.net

www.assistivetech.net

Web Access Interactive

www.w3.org/WAI/

Northeast ADA & IT Center www.ilr.cornell.edu/edi/dbtacnortheast/index.cfm

XI

NATIONAL RESOURCES

Many national organizations can offer assistance to people with disabilities and their families. Here are some telephone numbers, hotlines, and Web sites for additional resources.

American Association on Intellectual and

Developmental Disabilities

(202) 387-1968

www.aaid.org

American Cancer Society

(800) 227-2345

www.cancer.org

American Foundation for the Blind

(800) 232-5463

www.afb.org

American Stroke Association

(888) 478-7653

www.strokeassociation.org

Amputee Coalition of America

(888) 267-5669

www.amputee-coalition.org

Amyotrophic Lateral Sclerosis Association

(800) 782-4747

www.alsa.org

The Arc of the United States

(800) 433-5255

www.thearc.org

Arthritis National Research Foundation

(800) 588-2873

www.curearthritis.org

Brain Injury Association of America

(800) 444-6443

www.biausa.org

Burn Association of America

(312) 642-9260

www.ameriburn.org

Celiac Sprue Association

(877) 272-4272

www.csaceliacs.org

Children and Adults with Attention Deficit
Disorder (CHADD)
(800) 233-4050
www.chadd.org

Chronic Fatigue and Immune Dysfunction Syndrome
Association of America
(704) 365-2343
www.solvecfs.org/

Cystic Fibrosis Foundation
(800) 344-4823
www.cff.org

Disability Rights Education and Defense Fund
(800) 348-4232
www.dredf.org

Easter Seals National Headquarters
(800) 221-6827
www.easterseals.com

Epilepsy Foundation of America
(800) 332-1000
www.epilepsyfoundation.org

Hearing Loss Association of America
(301) 657.2248
www.hearingloss.org

Job Accommodation Network
(800) 526-7234
www.askjan.org

Learning Disabilities Association of America
(412) 341-1515
www.ldanatl.org

Mental Health America
(800) 969-6642
www.nmha.org

Muscular Dystrophy Association
(800) 572-1717
www.mda.org

National Association of the Deaf
(301) 587-1788 (Voice)
www.nad.org

National Association for Parents of Children
with Visual Impairments
(800) 562-6265
www.spedex.com/napvi

National Autism Center
(877) 313-3833
www.nationalautismcenter.org

National Council on Alcoholism and Drug Dependence
(800) 622-2255
www.ncadd.org

National Dissemination Center for Children
with Disabilities (NICHCY)
(800) 695-0285
www.nichcy.org

National Down Syndrome Congress
(800) 232-6372
www.ndscenter.org/

National Down Syndrome Society
(800) 221-4602
www.ndss.org

National Fragile X Foundation
(800) 688-8765
www.fragilex.org

National Library Services for the Blind and Physically
Handicapped
(888) 657-7323
www.loc.gov/nls/

National Multiple Sclerosis Society
(800) 344-4867
www.nationalmssociety.org

National Organization for Rare Disorders
(800) 999-6673
www.rarediseases.org

National Spinal Cord Injury Association
(800) 962-9629
Email: info@spinalcord.org
www.spinalcord.org

Office of Disability Employment Policy (ODEP)
(866) 633-7365
www.dol.gov/odep

Paralyzed Veterans of America
(800) 424-8200
www.pva.org

Reflex Sympathetic Dystrophy Syndrome Association
(877) 662-7737
www.rsds.org

Society for Disability Studies
(704) 274-9240
www.disstudies.org

United Spinal Association
(800) 404-2898
www.unitedspinal.org/

XII

RESEARCH RESOURCES

The NJ State Library Talking Book & Braille Center
 PO Box 501
 2300 Stuyvesant Avenue
 Trenton NJ 08618
 Telephone: (800) 792-8322
 FAX: (609) 406-7181
www.njstlib.org

Learning Ally
 (formerly Recording for the Blind and Dyslexic)
 20 Roszel Road
 Princeton, NJ 08540
 Telephone: (800) 221-4792
 FAX: (609) 987-8116
www.learningally.org

New Jersey State Library
 PO Box 520, 185 West State Street
 Trenton, NJ 08625
 Telephone: (609) 278-2640
 FAX: (609) 278-2647
www.njstatelib.org

RESEARCH RESOURCES ON THE WEB

Disability Research Institute www.dri.uiuc.edu/default.htm
 National Center for the Dissemination
 of Disability Research www.ncddr.org
 National Rehabilitation Information
 Center www.naric.com
 Spinal Cord Injury
 Information Network www.spinalcord.uab.edu
 US Census Bureau www.factfinder2.census.gov

XIII

RIGHTS AND LAWS

The Individuals with Disabilities Education Act (IDEA)

www.idea.ed.gov

Federal law mandating that all children, regardless of disability, are entitled to a free, appropriate education, without extra cost and in the least restrictive and segregated environment possible.

The Rehabilitation Act of 1973

www.www2.ed.gov/policy/speced/reg/narrative.html

Federal law which mandates all federal government agencies, and agencies with federal government contracts, to take affirmative action to employ people with disabilities. It also protects otherwise qualified people with disabilities from being denied services or benefits from a program receiving federal money.

The Americans with Disabilities Act (ADA)

www.ADA.gov

Federal civil rights law which guarantees individuals with disabilities equal opportunity in employment, public accommodations, state and local government services, transportation, and telecommunications.

The Developmental Disabilities Assistance and Bill of Rights Act of 2000

www.acl.gov/Programs/AIDD/DDA_BOR_ACT_2000/index.aspx

Federal law mandating that an individual with a developmental disability has a right to appropriate treatment for his or her disability, and that treatment should be designed to maximize the individual's potential.

The Fair Housing Act

www.justice.gov/crt/about/hce/title8.php

Federal law which prohibits discrimination in the sale or rental of houses and apartments. It is also discriminatory to refuse to allow the modification of a home to provide physical access.

The Motorized Wheelchair Lemon Law

www.nj.gov/lps/ca/brief/wheel.pdf

The Wheelchair Lemon Law requires manufacturers to give customers warranties of at least one year that cover defects which impair the use, value or safety of the chair or scooter. After three unsuccessful attempts at repairing the same problem with the wheelchair or motorized scooter or if the wheelchair or motorized scooter is out of service for a total of twenty days, the customer may be entitled to a replacement, refund, or early lease termination, minus a reasonable allowance for use.

The Snow Removal Act

www.njleg.state.nj.us/2006/Bills/PL07/287_.PDF

In a public parking area, the person who owns or controls the area shall be responsible for assuring that the restricted spaces remain free from obstruction. This includes shopping carts and other debris. Ice and snow must be removed within 24 hours after the weather condition has ceased.

Open Public Records Act (OPRA)

www.nj.gov/opra/

2001 state law which requires most branches of state, county, and municipal government to provide citizens with the opportunity to inspect, copy, or examine government records. It does allow public agencies to protect citizens' personal information.

Older Americans Act

www.aoa.gov

Federal civil rights law passed in 1965, which has since been amended. It created the Administration on Aging and provides funding for research and training projects. It also provides nutrition programs, health promotion and disease prevention, in-home services, and protection of the rights of older persons. The amended Act created the National Family Caregiver Support Program, which helps families care for elders who have illnesses or disabilities.

Mental Health Parity Act

www.nj.gov/mhstigmacouncil/community/legislation/

Federal law which prevents group health plans of employers with more than 50 workers from placing dollar limits on mental health benefits that are lower than annual or lifetime dollar limits for medical and surgical benefits offered under the plan. This law does not, however, require group health plans to include mental health coverage.

Health Insurance Portability and Accountability Act (HIPAA)

www.hhs.gov/ocr/privacy/index.htmlwww

Federal law which establishes national standards to protect individuals' medical records and other health information. Insurance carriers, healthcare clearinghouses, and healthcare providers are required to comply with its privacy standards. It gives consumers the right to request to inspect, copy, or amend their medical records, and to limit disclosure of information.

Danielle's Law

www.njleg.state.nj.us/2002/Bills/S3000/2572_I1.PDF

New Jersey state law which requires staff working at public or private facilities for persons with developmental disabilities or brain injuries to call 911 in cases of medical emergency.

Air Carriers Access Act

www.airconsumer.ost.dot.gov/publications/horizons.htm

Federal law which requires airlines to accommodate the needs of passengers with disabilities. It prevents airlines from refusing to transport a passenger solely because of

a disability; limits the circumstances under which passengers with disabilities must provide advance information about their disabilities to air carriers; states that assistive devices do not count against passenger baggage limits; and sets accessibility guidelines for airplane facilities. Airline personnel must provide routine physical assistance but are not required to provide what would customarily be regarded as personal care assistance. However, if a passenger requires an attendant, the airline must transport the attendant free of charge. The law does not require an airline to transport an individual who may endanger the health or safety of others. The Act mandates that a Complaints Resolution Officer (CRO) be immediately available to resolve disputes between airlines and passengers with disabilities.

The Work Incentives Improvement Act

www.ssa.gov/work/overview.html

Former U.S. President Clinton signed the Ticket to Work and Work Incentives Improvement Act of 1999 on December 17. This law increases beneficiary choice in obtaining rehabilitation and vocational services; removes barriers that require people with disabilities to choose between health care coverage and work; and insures that more Americans with disabilities have the opportunity to participate in the workforce and lessen their dependence on public benefits.

New Jersey Law Against Discrimination (NJLAD)

www.state.nj.us/lps/dcr/law.html

New Jersey state law which prohibits discrimination in employment, housing, places of public accommodation, and credit and business contracts on the basis of race, creed, color, national origin, nationality, ancestry, age, sex, familial status, marital status, domestic partnership status, affectional or sexual orientation, atypical cellular or blood trait, genetic information, liability for military service, mental or physical disability, perceived disability, or AIDS and HIV status. There are exceptions to these prohibitions.

Family Support Act

The Family Support Act is a 1993 state law which created family-driven Regional Family Support Planning Councils to assist families in making service decisions that best meet the needs of their members with disabilities. It establishes within the Division of Developmental Disabilities (DDD) a system of family support which includes financial assistance, service coordination, and a variety of services and trainings.

LEGAL ASSISTANCE

Civil Rights

The Division on Civil Rights, within the New Jersey Department of Law and Public Safety, is responsible for investigating allegations of discrimination and for seeking resolution through conciliation, hearings, or court orders. People with disabilities can file a complaint by calling the division or any of its enforcement branches. Complaints must be filed with the Division on Civil Rights within 180 days after the alleged act of discrimination.

The Division on Civil Rights

PO Box 090
Trenton, NJ 08625-0090
Telephone: (609) 292-4605
FAX: (609) 984-3812
www.nj.gov/oag/dcr/index.html

See Page 14

DISABILITY RIGHTS INFORMATION SERVICES

The following telephone numbers and Internet sites offer access to federal agencies and other organizations which provide information about the Americans with Disabilities Act (ADA), as well as guidance in understanding and complying with provisions of the ADA and other federal disability rights laws.

Department of Justice

ADA Information Line for documents, questions and referrals: (800) 514-0301 TDD: (800) 514-0383
www.ada.gov

Equal Employment Opportunity Commission (EEOC)

National Headquarters
Telephone: (202) 663-4900
TTY: (202) 663-4494
To be automatically connected to the nearest EEOC field office: (800) 669-4000 TTY: (800) 669-6820
www.eeoc.gov

Federal Communications Commission

Consumer Information on Telecommunications Relay Services (TRS)
Telephone: (888) 225-5322 TTY: (888) 835-5322
www.fcc.gov/encyclopedia/telecommunications-relay-services-trs

Architectural and Transportation Barriers Compliance Board

Documents and questions: (800) 872-2253
TDD: (800) 993-2822
www.access-board.gov

INFORMATION ON OTHER LAWS OF INTEREST

Individuals with Disabilities Education Act (IDEA) of 1990 US Department of Education

Office of Special Education and Rehabilitative Services
Telephone: (202) 245-7468
www.www2.ed.gov/about/offices/list/osers/index.html

Fair Housing Act of 1988

New Jersey/New York
HUD Fair Housing Office
Telephone: (800) 496-4294 TTY: (212) 264-0927
www.hud.gov/offices/fheo/aboutfheo/fhhubs.cfm

Rehabilitation Act of 1973

Disability Rights Section, Civil Rights Division, U.S. Department of Justice:
Telephone: (800) 514-0301 TTY: (800) 514-0383
www.ada.gov

The U.S. Department of Justice provides information about the Americans with Disabilities Act (ADA) through a toll-free ADA Information Line. This service permits businesses, State and local governments, or others to call and ask questions about general or specific ADA requirements including questions about the ADA Standards for Accessible Design. ADA specialists are available Monday through Friday from 9:30 AM until 5:30 PM (eastern time) except on Thursday when the hours are 12:30 PM until 5:30 PM. Spanish language service is also available.

For general ADA information, answers to specific technical questions, free ADA materials, or information about filing a complaint, call:

800-514-0301 (voice) 800-514-0383 (TTY)

For additional information regarding ADA, please visit the website at: www.ada.gov

AMERICANS WITH DISABILITIES ACT AT A GLANCE

Title I (Employment) Ensures that qualified job applicants and employees with disabilities are protected from discrimination on the basis of disability. Enforced by the Equal Employment Opportunity Commission (EEOC)

Title II (Public Services) Requires equal access for people with disabilities to state and local government programs and services. Enforced by the Department of Justice (DOJ)

Title III (Public Accommodations and Services Operated by Private Entities) Mandates access to goods and services to people with disabilities in places of public accommodation. Enforced by the Department of Justice (DOJ)

Title IV (Public Communication Systems) Establishes the Telecommunication Relay Service and requires any public service announcement that is funded wholly or in part by the federal government to be closed-captioned. Enforced by the Federal Communications Commission (FCC)

Title V (Misc.) Compliance mechanisms for the administration of the provisions of the ADA

HEALTH COVERAGE AND HEALTH CARE ASSISTANCE

This section describes health care resources for eligible children and adults with disabilities, as well as federal and state health care and dental assistance programs.

SPECIAL CHILD HEALTH SERVICES

Each of the state's 21 counties has a Special Child Health Services (SCHS) Case Management Unit jointly funded by SCHS and the County Freeholders. SCHS Case Managers, with parental consent, work with the child's parents and the physician to evaluate an affected child's strengths and needs and develops an individual service plan for the child and family. Medical, educational, developmental, social and economic needs of the child and family are targeted.

Special Child Health Services

PO Box 364, Trenton, NJ 08625-0364

Telephone: (609) 777-7778
(888) 653-4463 (Toll-Free)

FAX: (609) 292-3580

COUNTY CASE MANAGEMENT UNITS

Atlantic County	(609) 909-9269
Bergen County	(201) 634-2620 x 5
Burlington County	(609) 267-7156 x7100
Camden County	(856) 374-6021
Cape May County	(609) 465-6841
Cumberland County	(856) 327-7602 x7132
Essex County	(973) 395-8836
Gloucester County	(856) 218-4111
Hudson County	(201) 915-2514
Hunterdon County	(908) 788-6399
Mercer County	(609) 588-8460
Middlesex County	(732) 745-3187
Monmouth County	(732) 224-6950
Morris County	(973) 971-4155
Ocean County	(732) 341-9700 x7602
Passaic County	(973) 523-6778
Salem County	(856) 935-7510 x8305
Somerset County	(908) 725-2366
Sussex County	(973) 948-5239
Union County	(908) 889-0950 x2544
Warren County	(908) 689-6000 x258

Early Intervention Services

The New Jersey Early Intervention System (NJEIS), under the Division of Family Health Services, implements New Jersey's statewide system of services for infants and toddlers, birth to age three, with

developmental delays or disabilities, and their families. The Department of Health is appointed by the Governor as the state lead agency for the Early Intervention System.

Telephone: (888) 653-4463

DIVISION OF FAMILY HEALTH SERVICES

NJ Family Health Line

Telephone: (800) 328-3838

Newborn Screening and Genetic Services

Telephone: (609) 292-1582

SUPPLEMENTAL NUTRITION -NEW JERSEY WIC

The Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental nutritious foods, nutrition education, breastfeeding promotion and support, immunization screening, and health care referrals to pregnant, breastfeeding, and postpartum women, infants, and children up to the age of 5. Services are available to low and no income families as well as families experiencing unemployment, military deployment and other interim family financial hardships.

FOR LOCAL WIC AGENCIES, CALL:

(866) 44 NJ WIC (446-5942)

For the Department of Health,
See Page 9

DENTAL ASSISTANCE

Dental Lifeline Network

Southern NJ:

Dental Lifeline Network

New Jersey P.O. Box 2117

Edison, NJ 08818

Telephone: (732) 821-3056

Fax: (732) 821-3057

Northern NJ:

Dental Lifeline Network

New Jersey 1540 West Park Avenue

Ocean, NJ 07712

Telephone: (732) 493-4712

Fax: (732) 493-1602

Rutgers School of Dental Medicine

110 Bergen Street
Newark, NJ 07101
Telephone: (973) 972-7370

Dental Care for Persons with Developmental Disabilities in NJ,

Matheny Medical and Educational Center

PO Box 339, Peapack, NJ 07977
Telephone: (908) 234-0011
(888) 917-1222

Campaign of Concern

This program uses registered hygienists to teach oral hygiene skills to people with developmental disabilities and trains caregivers in proper oral health and hygiene.
Telephone: (800) 466-8129

Association of Managed Care Dentists

www.amcd.org

Dental Provider Database

www.disabilityhealth.org/dental

VISION ASSISTANCE

New Eyes For The Needy

549 Millburn Ave., P.O. Box 332, Short Hills, NJ 07078
Telephone: (973) 376-4903

New Jersey Health Link

New Jersey HealthLink is the nation's most comprehensive healthcare consumer information website serving seniors, families, children and healthcare professionals.
www.nj.gov/njhealthlink/

NEW JERSEY HEARING AID PROJECT

Through this innovative project launched by the New Jersey Division of the Deaf and Hard of Hearing (DDHH), Montclair State University, and Sertoma/Hearing Charities of America, used hearing aids are collected, reconditioned, and dispensed free to eligible seniors in need. Eligible New Jersey Residents must be 65 years of age or older and have an income of no more than 250% of the federal poverty level - \$26,130 if single; \$32,037 if married. For more information on obtaining or donating a hearing aid, please contact the DDHH at 800-792-8339.

MEDICARE

Medicare is a health insurance program, administered by the Centers for Medicare and Medicaid Services (CMS), for people 65 years of age or older, certain younger peo-

ple with disabilities, and people with End-Stage Renal Disease.

Medicare coverage is divided into three parts: Part A, Part B, and Part D. Part A helps to pay for care in hospitals, skilled nursing facilities, and hospice care. Part B helps pay for doctors, outpatient hospital care, and some other services not covered under Part A. Part D, administered by private insurance companies approved by Medicare, provides prescriptions coverage.

For Medicare information:

www.medicare.gov

800-MEDICARE (633-4227)

TDD: (877) 486-2048

NEW JERSEY CARRIERS AND PARTNERS

State Health Insurance and Assistance Program (SHIP)

Telephone: (800) 792-8820

New Jersey Hospice and Palliative Care

Organization: (908) 233-0060

FAX: (908) 233-1630

www.njhospice.org

NEW JERSEY STATE GOVERNMENT CONTACTS

State Insurance Department: (609) 292-5360

State Medical Assistance Office: (609) 588-2600

Long Term Care Ombudsman: (877) 582-6995

FEDERAL GOVERNMENT CONTACTS

Center for Disease Control and Prevention (CDCP)

(800) 232-4636

www.cdc.gov

Department of Veterans Affairs (DVA)

(800) 827-1000

TDD: (800) 829-4833

www.va.gov

Health Resources and Services Administration

(HRSA) (888) 275-4772

TDD: (877) 489-4772

www.hrsa.gov

Office on Civil Rights

(800) 368-1019

TDD: (800) 537-7697

www.hhs.gov/ocr/

Office of the Inspector General

(800) 869-4499

TDD: (800) 377-4950

www.justice.gov/oig

Railroad Retirement Board

(877) 772-5772

TDD: (312) 751-4701

www.rrb.gov

MEDICARE COVERAGE AT A GLANCE

Part A: Medically necessary care in hospitals, skilled nursing facilities, hospice, and some home health care

Part B: Doctor visits, preventive care, laboratory and x-ray services, durable medical equipment, hospital outpatient services, home health care, and ambulance service

Part D: Coverage for some medically approved pharmaceuticals

MEDICAID (800) 356-1561 TDD: (800) 356-1561

The New Jersey Medicaid Program, administered by the DHS Division of Medical Assistance and Health Services, covers certain medical and health care services for individuals who meet established eligibility standards.

MEDICAL ASSISTANCE CUSTOMER CENTERS

Atlantic / Cape May / Cumberland Counties

(609) 561-7569

Bergen / Passaic / Morris / Sussex / Warren Counties

(973) 977-4077

Burlington / Camden / Gloucester / Mercer / Salem Counties

(856) 614-2870

Essex County

(973) 648-3700

Essex County

(201) 217-7100

Monmouth / Ocean / Middlesex / Hunterdon /

Somerset / Union Counties

(732) 863-4400

MEDICAID THROUGH MANAGED CARE

Medicaid has changed its service delivery system to have all services administered using a managed care model. Most Medicaid recipients were enrolled with an HMO to manage their services. A list of the HMOs and contact information can be found below:

HMO Contact Numbers

Amerigroup	800-600-4441
Healthfirst	888-464-4365
Horizon NJ Health	877-765-4325
United Healthcare Community Plan	800-941-4647
WellCare	888-453-2534

MEDICAID HOME AND COMMUNITY-BASED WAIVERS*

Medicaid waivers include expanded Medicaid services to allow individuals who require facility-level of care to remain in the community. Individual waivers have disability-specific services included in their service packages. Please note that waivers have clinical and financial eligibility criteria, which must be met prior to enrollment.

Waivers are for individuals who already qualify for Medicaid but require supports and services beyond what standard Medicaid health insurance covers, OR for those who do not qualify for Medicaid under standard income guidelines, but who will not be able to remain in their homes without the supports and services that the waiver can provide, and who require a level of care provided by a hospital, a nursing facility, or an intermediate care facility.

County Boards of Social Service, See Page 17
To report Medicaid fraud: 877-55-FRAUD

NJ FAMILY CARE

NJ FamilyCare is a federal and state funded health insurance program created to help New Jersey's uninsured children and certain low-income parents and guardians to have affordable health coverage. It is for families who do not have available or affordable employer insurance, and cannot afford to pay the high cost of private health insurance.

Telephone: (800) 701-0710

www.njfamilycare.org

MEDICAID AT A GLANCE

MEDICAID SERVICES MAY INCLUDE:

- Certified Nurse Practitioner/Clinical Nurse Specialist Services
- Chiropractic Services
- Dental Services
- Early and Periodic Screenings, Diagnosis, and Treatment (under age 21 only)
- Family Planning Services
- HealthStart Maternity and Pediatric Care Services
- Home Care Services
- Hospice Services
- Inpatient and Outpatient Hospital Services
- Laboratory and Radiological Services
- Medical Day Care Services
- Medical Supplies and Equipment
- Nursing Facility Services
- Optometric Services and Optical Appliances
- Pharmaceutical Services
- Physician Services
- Podiatric Services
- Prosthetic and Orthotic Devices and Hearing Aids
- Psychological and Mental Health Services
- Rehabilitative Services
- Medical Transportation Services

"Where's My Ride?"

LogistiCare schedules rides to medical appointments for individuals on Medicaid/NJ FamilyCare.

Reservations: (866) 527-9933

PHARMACEUTICAL ASSISTANCE

PAAD and Senior Gold

The Division of Aging Services offers, to qualified individuals, programs which provide financial assistance for prescription medicines and certain pharmacy items.

For information about applying for Pharmaceutical Assistance to the Aged and Disabled (PAAD) or Senior Gold, contact your county's NJ ADRC program (see page 19), your local pharmacy, or the Division of Aging Services.

Division of Aging Services Call Center
(800) 792-9745 (609) 588-7048

For information about the AIDS Drug Distribution Program (ADDP), call: (877) 613-4533

Rx4NJ (888) 793-6765 www.rx4nj.org

Many pharmaceutical companies have Patient Assistance Programs to assist consumers who have limited income and are without health insurance which covers the cost of medications. Rx4NJ, a Partnership for Prescription Assistance (PPA) program, is a no-cost service which connects consumers to these discounts.

DID YOU KNOW?

The New Jersey Motor Vehicle Commission (MVC) provides a discount on the cost of vehicle registration to SSI, PAAD and Lifeline recipients. In order to receive this discount, the recipient must provide a current Lifeline or PAAD eligibility card at the time of registration.

For more information, contact the MVC at:
(888) 486-3339

FEDERALLY QUALIFIED HEALTH CENTERS (FQHCs) are community-based programs, which provide primary and preventive healthcare, regardless of a patient's ability to pay. To find a FQHC in New Jersey, visit www.njpca.org/FQHC.

CHARITY CARE (866) 588-5696

The New Jersey Hospital Care Payment Assistance Program (Charity Care) is free or reduced charge care, which is provided to patients who receive inpatient and outpatient services at acute care hospitals throughout New Jersey. Some services, and outpatient prescriptions, may not be eligible for reduction. Assistance is available to individuals who have no health coverage or coverage that pays only for part of the bill, who are ineligible for any private or government sponsored coverage (such as Medicaid), and who meet the program's income and assets criteria.

HEALTHCARE RESOURCES ON THE WEB

The Patient Advocate Foundation
www.patientadvocate.org

Medicare Interactive
www.medicareinteractive.org

Center for Ethics and Advocacy in Healthcare
www.healthcare-ethics.org

MENTAL HEALTH SERVICES

Statewide Clinical Consultation and Training (SCCAT)

This program serves individuals with developmental disabilities in mental health or behavioral crises. Their staff work out of regional offices, providing a 24 hour a day, 7 day a week mobile response to people who are in crisis wherever they are located. They work with consumers, their families, staff and mental health providers by offering:

- Direct response at the time of crisis in family homes, residential placements, day programs, and emergency rooms
- Technical support to families, sponsors, DD and mental health service providers
- Link-up with relevant resources
- Training for consumers, families, sponsors, and service providers
- Consultations at psychiatric inpatient units

For more information, call:
(888) 393-3007 www.sccatnj.org

**For the Division of Mental Health and
Addiction Services,
See Page 8**

HEALTH AND WELLNESS FOR PEOPLE WITH DISABILITIES

WELLNESS BASICS

- Include physical activity in your daily routine.
- Eat according to the FDA Food Pyramid at www.mypyramid.gov/
- Rest when needed and maintain a sleep schedule and maintain good personal hygiene.
- Make medical appointments as needed and keep accurate records for follow-up.
- Take medication as directed. Don't deviate from regime without medical clearance.
- Do a daily "wellness check". Look out for skin breakdown, sores and irritation.
- Make sure medical equipment such as wheelchairs and prosthetic devices "fit" properly.
- Avoid drug usage and limit alcohol and tobacco consumption.
- Maintain social interaction. Be part of the community.
- Keep up with "preventive" care. (Examples: Mammogram and pelvic exams for females and DRE and testicular exam for males.)

HEALTH CARE SELF-ADVOCACY

- Keep an accurate updated list of your medications, providers, and insurance information.
- Make sure providers' offices are accessible. When in doubt, ask!!
- Discuss your disability as well as your health needs with practitioners.
- Never be afraid to ask questions or get clarity as needed.
- Ask someone to accompany you to appointments as needed.
- Keep a list of concerns or questions in between appointments and bring it with you to your appointments.

WELLNESS RESOURCES ON THE WEB

Center for Disease Control Women's Health Homepage

www.cdc.gov/ncbddd/women/default.htm

The National Center on Health, Physical Activity, and Disability

www.ncpad.org/

Center for Research on Women with Disabilities (CROWD)

www.bcm.edu/crowd/index.cfm

American Association on Health and Disability

www.aahd.us/page.php

Office on Women's Health

www.womenshealth.gov/illness-disabilities

Center for Disease Control Feature Page on Disabilities

www.cdc.gov/Features/Disabilities

MedNets.com

www.mednets.com

FINANCIAL ASSISTANCE

SUPPLEMENTAL SECURITY INCOME

Supplemental Security Income (SSI) is a Federal program established for the aged and people with disabilities. The program provides a monthly stipend. The federal government administers SSI through the Social Security Administration. People over 65 and people with disabilities, including children, may be eligible for SSI payments, and will receive NJ Medicaid automatically. Application is made through any Social Security office. Parents or guardians may apply on behalf of children under 18.

SOCIAL SECURITY DISABILITY INSURANCE

The Social Security Disability Insurance (SSDI) program pays benefits to disabled workers and their families. To be eligible for SSDI, you must be disabled and must have earned a minimum number of credits from work covered under Social Security. The required number of credits varies depending on your age at the time you became disabled.

SOCIAL SECURITY ADMINISTRATION
(800) 772-1213 TDD: (800) 325-0778
www.socialsecurity.gov

CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND (800) 335-FUND

The Catastrophic Illness in Children Relief Fund provides financial assistance for families in which a child has a disability or illness for which expenses are incurred that are not fully covered by insurance, state or federal programs, or other sources. Families that have lived in New Jersey for at least three months immediately preceding the date of application may be eligible if they have incurred health care expenses that exceed 10 percent of the family's income (plus 15 percent of any income over \$100,000). The child must have been 21 years old or younger when the medical bills were incurred. Families may reapply annually.

CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND COMMISSION
 PO Box 728, Trenton, NJ 08625-0728
 Telephone: (609) 292-0600
 (800) 335-FUND

www.state.nj.us/humanservices/cicrf/home/

HOMEOWNERSHIP PRESERVATION FOUNDATION

888-995-HOPE (4673)

www.995hope.org

The Homeownership Preservation Foundation (HPF) is a nonprofit group that helps financially challenged homeowners navigate their budget problems and, whenever possible, helps them to avoid mortgage foreclosure. The Home Ownership Preservation Effort (HOPE) Hotline provides advising services to distressed homeowners for free, 24 hours a day, 7 days a week, 365 days a year, in over 170 languages. HPF develops innovative and sustainable solutions to preserve and expand homeownership through consumer education and advising programs.

UTILITY ASSISTANCE

BOARD OF PUBLIC UTILITIES

(609) 341-9188 Toll Free: (800) 624-0241

www.bpu.state.nj.us/bpu/assistance/programs/

TRUE AND PAGE PROGRAMS

(855) 465-8783 or (732) 982-8710

The Temporary Relief for Utility Expenses (TRUE) Program and the Payment Assistance for Gas and Electric (PAGE) Program were established by the Board to provide relief on natural gas and electric bills for low to moderate income New Jersey households who are experiencing a temporary financial crisis. Eligible applicants cannot be receiving or be eligible for a Universal Service Fund (USF) benefit or a Low Income Home Energy Assistance Program (LIHEAP) benefit. TRUE and PAGE are administered by the Affordable Housing Alliance.

COMFORT PARTNERS (888) 773-8326

This Program is designed to improve energy affordability for income eligible households through direct installation of free energy efficiency measures and education about steps everyone can take to save energy. Participants are asked to partner with the program to develop and carry out a household energy savings Action Plan.

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) (800) 510-3102

Low Income Home Energy Assistance Program (LIHEAP) (800) 510-3102 LIHEAP is administered by the NJ Dept. of Community Affairs and helps NJ households pay for heating costs and certain medically-necessary cooling expenses. Renters who have their heating costs included in their rent may also qualify. Applications are accepted from October 1st through April 30th of each year. www.energyassistance.nj.gov

NJ LIFELINE CREDIT PROGRAM (800) 792-9745

Lifeline is administered by the NJ Dept. of Human Services and provides a \$225 annual energy benefit to seniors and people with disabilities who meet the PAAD eligibility requirements or who receive SSI. The benefit is also available to customers who have electric and gas costs included in their rent.

NJ SHARES (866) NJSHARES (657-4273)

www.njshares.org

NJ SHARES is a non-profit corporation that provides assistance to income eligible NJ households in paying their energy, telephone and water bills. Applications for NJ SHARES grants can be made at any of the more than 270 participating social service agencies throughout the state.

UNIVERSAL SERVICE FUND (USF)

(866) 240-1347 or www.energyassistance.nj.gov

The USF, administered by the NJ Dept. of Community Affairs, was designed so that households most in need receive the highest benefit by using a percentage of income formula. Benefits appear as a credit on the household electric and/or gas bill (capped at \$1,800 per year).

Fresh Start: Fresh Start, a special program under USF, allows eligible New Jersey households participating in USF for the first time to earn forgiveness for pre-existing arrearages by making full, on-time payments for 12 months. You cannot apply for Fresh Start, but if you are eligible you will be enrolled by your utility company and receive information about the program in the mail.

WINTER TERMINATION PROGRAM (800) 624-0241

Administered by the BPU, the Winter Termination Program (WTP) protects specific categories of customers from having their gas or electric shut off between November 15th and March 15th. Those enrolled in specific programs (such as SSI, Temporary Assistance to Needy Families, USF and Lifeline) are protected by WTP, and an additional "catch-all" category is included for people unable to pay their utility bills because of circumstances beyond their control such as unemployment or illness.

TELEPHONE ASSISTANCE (800) 624-0241

The telephone assistance program provides a discount on your monthly bill, to qualified residential telephone customers. Eligibility is determined based on your income or participation in other assistance programs. In general, if you participate in any of the following programs you also may qualify for telephone assistance: SSI, TANF, General Assistance, Lifeline Utility Credit/Tenants Lifeline Assistance, PAAD, Supplemental Nutrition Assistance Program, LIHEAP/HEAP, Medicaid, Federal Public Housing Assistance, National School Lunch Program. The following providers participate in Lifeline Assistance and Link Up programs in New Jersey:

- 1) If you are a Verizon New Jersey customer, please call NJSHARES at 1-888-337-3339 or visit them at NJSHARES for more information.
- 2) CenturyLink/United Telephone Company of New Jersey – 1-800-201-4099
www.centurylink.com/Pages/Support/LifeLine
- 3) Warwick Valley Telephone Company - 800-952-7642
- 4) Tracfone - 1-800-977-3768 - www.safelink.com
- 5) Nexus - 1-877-870-9222
CustomerFeedback@REACHOUTMOBILE.COM
- 6) Virgin Mobile - To learn more about Assurance Wireless and to apply, New Jersey residents should call 1-888-898-4888, or visit www.assurancewireless.com. Information is available in English and Spanish.

THE PROPERTY TAX REIMBURSEMENT

("SENIOR FREEZE") 1 800-882-6597 or www.state.nj.us/treasury/taxation/ptr/printform.shtml

The Senior Freeze Program reimburses senior citizens and disabled persons for property tax increases.

AUTO INSURANCE ASSISTANCE

DOLLAR-A-DAY AUTO INSURANCE (800) 652-2471

The Dollar-A-Day policy is available to New Jersey drivers who are currently enrolled in Medicaid with hospitalization. It covers emergency treatment immediately following an accident, and treatment of serious brain and spinal cord injuries up to \$250,000. It also provides a death benefit of \$10,000. The cost is \$365 per year.

To find food pantries throughout New Jersey, visit www.endhungernj.com

See NJHelps Page 17 - www.mynjhelps.org

EARLY INTERVENTION RESOURCES

The New Jersey Early Intervention System receives state and federal funds through Part C of the Individuals with Disabilities Education Act. The ultimate goal is for children to maximize their potential to lead full, productive lives with their families and within their own communities.

New Jersey's Early Intervention System is a coordinated effort among the New Jersey Department of Health, the New Jersey Department of Human Services, the New Jersey Department of Education and the New Jersey Department of Children and Families. A State Interagency Coordinating Council, appointed by the governor, advises and assists the Department of Health as the lead agency in the development and implementation of early intervention for infants and toddlers with developmental delays or disabilities, and their families. Services are available to children, birth to three, in every county.

ELIGIBILITY

Each child's eligibility is determined by a multidisciplinary team, which includes the child's parents. If the child is not eligible for early intervention, recommendations may be made for referral to other appropriate resources. If the child is eligible, as determined by a medical diagnosis or developmental evaluation, an Individualized Family Service Plan (IFSP) to meet the needs of the child and the family will be developed by the team.

CRITERIA

- developmental delay of at least 1.5 standard deviations below the mean in two or more developmental areas (cognitive; physical, including gross motor, fine motor, vision and hearing; communication, social/emotional or adaptive); or
- developmental delay of at least 2.0 standard deviations below the mean in one developmental area; or
- a medically diagnosed physical or mental condition that has a high probability of resulting in developmental delay.

ACCESSING SERVICES

The county-based Regional Early Intervention Collaboratives are the system point of entry for referral to the early intervention system. With family agreement, anyone may call to make a referral. A service coordinator will be assigned to work with the family. The service coordinator will arrange evaluation for eligibility at no cost to the family.

REGIONAL COLLABORATIVES

The Regional Early Intervention Collaboratives (REICs) are independent, non-profit corporations established to provide a community-based, culturally competent and consumer-driven early intervention system. The collaboratives are responsible for child find, public awareness, initial referral, service coordination, training and technical assistance and family support.

Southern Regional Early Intervention Collaborative

Winslow Professional Building

144 South Route 73, Suite A, Berlin, NJ 08009

Telephone: (856) 768-6747

FAX: (856) 768-2059

www.snjreic.org

(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

Family Link Regional Early Intervention Collaborative

2333 Morris Avenue, Suite A204 (2nd Floor)

Union, NJ 07083

Telephone: (908) 964-5303

FAX: (908) 964-6091

www.familylinknj.org

(Essex, Morris, Sussex, Union, and Warren Counties)

Central Jersey Family Health Consortium Regional Early Intervention Collaborative

Central Jersey Family Health Consortium

2 King Arthur Court, Suite B

North Brunswick, NJ 08902

Telephone: (732) 937-5437

FAX: (732) 937-5540

www.cjfhc.org

(Hunterdon, Mercer, Middlesex, Monmouth, Ocean, and Somerset Counties)

Northeast Regional Early Intervention Collaborative

65 Willowbrook Boulevard, Suite 405

Wayne, NJ 07470

Telephone: (973) 256-8484

FAX: (973) 256-1233

www.nreic.org

(Bergen, Hudson, and Passaic Counties)

**Referral Toll Free Number for the
Early Intervention System
(888-653-4463)**

EDUCATION RESOURCES

The Individuals with Disabilities Education Act guarantees children with disabilities, ages 3 to 21, the right to a free, appropriate public education delivered in the least restrictive environment. The New Jersey Department of Education administers state and federally funded aid programs for more than 1.3 million public and private elementary and secondary school children, and is responsible for ensuring that local schools comply with state and federal laws and regulations.

SPECIAL EDUCATION PROGRAMS

The Office of Special Education Programs, under the jurisdiction of the Division of Student Services, is responsible for the provision of special education and related services.

Office of Special Education Programs
 PO Box 500, 100 Riverview Plaza
 Trenton, NJ 08625-0500
 Telephone: (609) 292-0147
 FAX: (609) 984-8422
www.nj.gov/njded/specialed/

CHILD STUDY TEAMS

A child study team consists of a school psychologist, a learning disability teacher-consultant and a school social worker. For children age three to five, the child study team includes a speech correctionist or speech-language specialist. The child study team, with consent from the child's parents, evaluates the child and determines his or her eligibility for special education services.

Upon completion of the evaluation and prior to placement in special education, an Individualized Education Program, with stated goals and objectives, is written with the participation of the parents. According to New Jersey Administrative Code, a full continuum of alternative placements shall be available to meet the needs of children with educational disabilities.

PROJECT CHILD FIND

A free referral service for early intervention and special education programs.

Telephone: (800) 322-8174

LEARNING RESOURCE CENTERS

Learning Resource Centers provide research reports, educational guides, training, and workshops for parents and educators of students with disabilities.

Please See List on Page 11

HEAD START

Project Head Start is a federally funded pre-school program for children. Head Start provides a program of comprehensive developmental services based on the needs of the individual child, the child's family and community. Head Start serves children with disabilities in a mainstream environment.

For Local Head Start Programs, call:

(609) 777-2074

www.nhsa.org

NEW JERSEY HIGHER EDUCATION STUDENT ASSISTANCE AUTHORITY (HESAA)

HESAA provides New Jersey students and families with the financial and informational resources for students to pursue their education beyond high school.

Telephone: (800) 792-8670

www.hesaa.org

COUNTY SUPERVISORS OF CHILD STUDY

Atlantic	(609) 625-0004	Middlesex	(732) 249-2900
Bergen	(201) 336-6875	Monmouth	(732) 431-7810
Burlington	(609) 265-5938	Morris	(973) 285-8336
Camden	(856) 401-2400	Ocean	(732) 929-2078
Cape May	(609) 465-1282	Passaic	(973) 569-2110
Cumberland	(856) 453-0422	Salem	(856) 935-7510 x8431
Essex	(973) 621-2750	Somerset	(908) 541-5700
Gloucester	(856) 686-8370	Sussex	(973) 579-6996
Hudson	(201) 369-5290	Union	(973) 569-2110
Hunterdon	(908) 788-1414	Warren	(908) 689-0464
Mercer	(609) 588-5873		

EMPLOYMENT AND TRAINING RESOURCES

Resources for employment and training vary, depending on the individual's skill level and employability. Services for people with disabilities include vocational evaluation and assessment, training, counseling, education, job placement assistance, supported employment and support for entrepreneurs with disabilities.

VOCATIONAL REHABILITATION

The Division of Vocational Rehabilitation Services (DVRS), within the Department of Labor and Workforce Development, provides services to individuals of employable age with disabilities through 18 district offices. Eligibility generally is based on the presence of a mental or physical disability that is an obstacle to employment, and a reasonable expectation that the division's services will help the individual become employable.

Vocational rehabilitation counselors work with individuals and their families to develop and carry out a plan for training and placement. If financial need is established, the division will purchase other rehabilitative services from private providers, such as further evaluation or counseling, training at a vocational center or technical school and on-the-job training.

DIVISION OF VOCATIONAL REHABILITATION SERVICES (DVRS) - MAIN OFFICE

PO Box 398
Trenton, NJ 08625-0398
Telephone: (609) 292-5987
TTY: (609) 292-2919
www.wnjp.state.nj.us

DISTRICT OFFICES

DVRS ATLANTIC OFFICE

2 South Main Street, Suite 2
Pleasantville, NJ 08232
Telephone: (609) 813-3933
FAX: (609) 813-3959

DVRS BERGEN OFFICE

60 State Street, 2nd Floor
Hackensack, NJ 07601-5471
Telephone: (201) 996-8970
FAX: (201) 996-8880

DVRS BURLINGTON OFFICE

795 Woodlane Road, Suite 201
Westampton, NJ 08060
Telephone: (609) 518-3948
FAX: (609) 518-3956

DVRS CAMDEN OFFICE

2600 Mt. Ephraim Avenue, Suite 103
Camden, NJ 08104-3290
Telephone: (856) 614-2500
VP: (856) 831-7988
FAX: (856) 614-2538

DVRS CAPE MAY OFFICE

3810 New Jersey Avenue
Wildwood, NJ 08260
Telephone: (609) 523-0330
VP: (609) 729-0132
FAX: (609) 523-0212

DVRS CUMBERLAND/SALEM OFFICE

40 East Broad Street, Suite 204
Bridgeton, NJ 08302-2881
Telephone: (856) 453-3888
VP: (856) 497-0075
FAX: (856) 453-3909

DVRS ESSEX OFFICE

990 Broad Street, 2nd Floor
Newark, NJ 07102
Telephone: (973) 648-3494
VP: (862) 772-7166
FAX: (973) 648-3902

DVRS GLOUCESTER OFFICE

215 Crown Point Road, Suite 200
Thorofare, NJ 08086-2153
Telephone: (856) 384-3730
FAX: (856) 384-3777

DVRS HUDSON OFFICE

438 Summit Avenue, 6th Floor
Jersey City, NJ 07306-3187
Telephone: (201) 217-7180
FAX: (201) 217-7287

DVRS MERCER OFFICE

Labor Station Plaza, PO Box 959
28 Yard Avenue,
Trenton, NJ 08625-0959
Telephone: (609) 292-2940
VP: (609) 498-7011
FAX: (609) 984-3553

DVRS MIDDLESEX OFFICE

560 Jersey Avenue, PO Box 2672
New Brunswick, NJ 08903
Telephone: (732) 937-6300
FAX: (732) 937 6358
TTY: (732) 418-3355

DVRS OCEAN OFFICE

1027 Hooper Avenue, Bldg. 6, 3rd Fl.
Toms River, NJ 08753-2225
Telephone: (732) 505-2310
TTY: (732) 505-2319 /2320
FAX: (732) 505-2317

DVRS SUSSEX/WARREN OFFICE

223A West Stiger Street, Suite A
Hackettstown, NJ 07840-1217
Telephone: (908) 852-4110
TTY: (908) 852-0213
FAX: (908) 813-9745

DVRS MONMOUTH OFFICE

60 Taylor Avenue
Neptune, NJ 07753-4844
Telephone: (732) 775-1799
FAX: (732) 775-1666

DVRS PASSAIC OFFICE

200 Memorial Drive
Paterson, NJ 07501
Telephone: (973) 742-9226
VP/TTY: (973) 968-6556
FAX: (973) 279-5895

DVRS UNION OFFICE

921 Elizabeth Avenue, 3rd Floor
Elizabeth, NJ 07201
Telephone: (908) 965-3940
FAX: (908) 965-2976

DVRS MORRIS OFFICE

7 Sussex Avenue, 2nd Floor, Suite 2
Morristown, NJ 07960-3886
Telephone: (973) 631-6304
FAX: (973) 631-6309

DVRS SOMERSET/HUNTERDON OFFICE








75 Veterans Memorial Drive East
Suite 101
Somerville, NJ 08876-2952
Telephone: (908) 704-3030
FAX: (908) 704-3476

CBVI OFFICES

For New Jersey residents with blindness or visual impairment, the DHS Commission for the Blind and Visually Impaired (CBVI) provides comprehensive employment services, which include vocational evaluation, counseling, guidance and training, and job placement. For a list of CBVI offices, go to Page 6.

ONE-STOP CAREER CENTERS

The cornerstone of New Jersey's workforce investment system are the One-Stop Career Centers. One-Stop Career Centers throughout the state offer a wide range of tools to help people, including military veterans, those who are 55+, and individuals with disabilities, find a new job or career. All services are free of charge to help New Jersey's workers:

-  Find a job
-  Strengthen job-search skills
-  Get training
-  Improve reading and basic skills
-  Network the way to a job
-  Use labor market information to make career decisions
-  Start a business

To connect with your local One-Stop Career Center, call:

(877) 872-5627

Need more information on disability employment in NJ? Visit:

www.state.nj.us/humanservices/disabilityemployment.html

For the New Jersey Association for Persons in Supported Employment (NJAPSE),
See Page 30

TICKET TO WORK AND WORK INCENTIVES IMPROVEMENT ACT

Social Security Disability Insurance and Supplemental Security Income (SSI) disability beneficiaries will receive a "Ticket" that they may be able to obtain vocational rehabilitation (VR), employment or other support services from an approved provider of their choice. The Ticket program is voluntary. The law also includes several enhancements to Medicaid and Medicare. For information, call (866) 968-7842.

The law also created a new Medicaid buy-in project to provide medical assistance to workers with impairments who are able to work. The law also extends Medicare coverage for people with disabilities who return to work.

SELF-EMPLOYMENT

The New Jersey Division of Vocational Rehabilitation Services has developed a common policy and regulations regarding self-employment as a work option for people with disabilities. Individuals with an interest in becoming self-employed should present this option to their vocational rehabilitation counselor. If a solid business plan is put together, there may be capital investment available for a variety of start-up needs.

Eligible clients of the Commission for the Blind and Visually Impaired can obtain capital to start and manage businesses through the Commission's Business Enterprise Program. Support primarily consists of training in business management and assistance in establishing vending locations. However, assistance for other business ventures is possible. A solid business plan is required.

Self-Employment Initiative Division of Vocational Rehabilitation Services

Telephone: (609) 292-5987
FAX: (609) 292-8347

PLAN TO ACHIEVE SELF-SUPPORT (PASS)

The Social Security Administration has adopted a series of work incentives with a Plan to Achieve Self-Support (PASS), including the retention of benefits while starting a business. Individuals receiving SSI may be able to acquire additional capital for small business start-up through a PASS. A business plan is required. Contact a PASS specialist at your local Social Security office.

PASS Proposals Social Security Administration
Telephone: (800) 772-1213 TDD: (800) 325-0778
www.socialsecurity.gov

TECHNICAL ASSISTANCE

Assistance for entrepreneurs with disabilities is available in the form of financing, business plan preparation, marketing assistance, PASS assistance, or general help in locating information or resources for business start-up or expansion.

New Jersey Economic Development Authority

Telephone: (609) 858-6700
www.njeda.com

Small Business Development Centers

Telephone: (800) 432-1565
www.njsbdc.com

Service Core of Retired Executives SCORE

Telephone: (800) 634-0245
FAX: (973) 645-2375
www.score.org

On disability and considering working?

**Visit the New Jersey Benefits to Work
Calculator at
www.nj.db101.org**

Business Resources on the Web

AbilityJobs

www.disabledbusiness.com/

US Small Business Administration

www.sba.gov

US Office of Disability Employment Policy

www.dol.gov/odep

TICKET TO WORK

The Ticket to Work and Self-Sufficiency Program is the centerpiece of legislation signed by former U.S. President Clinton on December 17, 1999, under the Ticket to Work and Work Incentives Improvement Act of 1999. It is a nationwide initiative designed to bring major positive change to the lives of individuals with disabilities.

This comprehensive national initiative also is designed to assist people with the training and support they need to go to work by increasing their choices. SSA beneficiaries with disabilities can find employment, vocational rehabilitation (VR), and other support services from public and private providers.

Telephone: (866) 968-7842 TTY: (866) 833-2967

www.ssa.gov/work

NJ WINS (NEW JERSEY WORK INCENTIVE NETWORK SUPPORT)

New Jersey WINS is an optional statewide joint Benefits Planning Assistance and Outreach (BPAO) project funded by the U.S. Social Security Administration. It provides New Jersey residents who receive Social Security Disability Insurance (SSDI), Supplemental Security Income (SSI), or Medicaid benefits with cost-free information and technical assistance to make choices about accepting employment or increasing work hours.

Telephone: (866) 946-7465 www.njwins.org




Need more information on disability employment in NJ? Visit:

www.state.nj.us/humanservices/disabilityemployment.html

NJ WORKABILITY

The WorkAbility program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 to 64 can qualify for the program with an annual gross earned income of up to approximately \$59,148.

Eligibility Criteria

-  Must be between the ages of 16-64
-  Must be working (full or part time) and have proof of employment
-  Must have been determined “disabled” by the Social Security Administration OR the Disability Review Team at the Division of Medical Assistance & Health Services

Unearned Income

✓ \$973 per month (single)

✓ \$1,311 per month (couple)

Note: Social Security Disability benefit may be disregarded for unearned income

Earned Income (Individual)

✓ \$59,148 per year (gross income)

✓ \$4,929 per month (gross income)

Eligible Couple

✓ \$79,492 per year (gross income)

✓ \$6,621 per month (gross income)

Liquid Assets:

✓ \$20,000 for an individual

✓ \$30,000 for a couple (where both are eligible)

Note: Assets do not include the primary home, car (used for work or medical transportation), or 401K/IRA retirement account.

www.state.nj.us/humanservices/dds/projects/discoverability/
(888) 285-3036

HOUSING RESOURCES

HOUSING PROGRAMS

The New Jersey Department of Community Affairs administers the federal Section 8 voucher program and a variety of housing programs for low-income families, women, persons with disabilities, and seniors. Services include rental assistance, including the federal, and emergency shelter grants and homelessness prevention. The Department also administers the Community Services Block Grant and Weatherization programs, as well as Recreation Opportunities for Individuals with Disabilities Grants.

The Division of Housing contains offices that administer programs of rental assistance, housing rehabilitation, relocation assistance, family self-sufficiency, emergency shelter grants and homelessness prevention.

The Division assists local groups in sponsoring low and moderate income housing, through programs that preserve, rehabilitate and expand the housing supply for low and moderate income families.

The Division also provides administrative grants to non-profit organizations that are involved in the production of affordable housing. In addition, the Division runs a fellowship program through which graduate students in architecture and engineering work with non-profit housing agencies.

DIVISION OF & COMMUNITY RESOURCES

PO Box 051

Trenton, NJ 08625-0051

(609) 633-6303

Housing Information Hotline
(866) 889-6270

Family Self-Sufficiency Program
(609) 633-6284

Section 8 Housing Voucher Program
and State Rental Assistance Program
(609) 292-4080

HOMELESSNESS PREVENTION

Atlantic County.....856-691-18419

Bergen County.....201-968-0200 x7041

Burlington County.....609-239-4008

Camden County.....800-331-7272

Cape May County.....856-691-1841 x12

Cumberland County.....856-691-1841 x12

Essex County.....973-266-7991

Gloucester County.....609-292-2269

Hudson County.....201-437-7222 x17

Hunterdon County.....908-782-2490

Mercer County.....609-989-9417 x141

Middlesex County.....732-638-2870

Monmouth County.....732-775-0525 x204

Morris County.....908-454-7000

Ocean County.....732-244-2351 x22

Passaic County.....973-279-7100 x10

Salem County.....856-691-1841 x12

Somerset County.....908-454-7000

Sussex County.....908-454-7000 x118

Union County.....908-351-7727 x260

Warren County.....908-454-7000

NEW JERSEY HOUSING AND MORTGAGE FINANCE AGENCY (NJHMFA)

800-NJ-HOUSE (800) 654-6873 www.njhousing.gov

The main goal of the New Jersey Housing and Mortgage Finance Agency is to encourage the production of affordable housing for all New Jersey citizens. Its Community Development Division administers several programs targeted to people with special needs. For information about low-income or special needs home ownership programs, call the NJHMFA.

The Homeownership Preservation Foundation (HPF) is a nonprofit group that helps financially challenged homeowners navigate their budget problems and, whenever possible, helps them to avoid mortgage foreclosure. For more information, See page 41.

New Jersey Housing Resource Center

The Housing Resource Center provides individuals with information on accessible and affordable housing throughout the state. This project was made possible through a collaboration among the Division of Disability Services, the Department of Community Affairs and the NJ Housing Mortgage Finance Agency. To access the Center, go to www.njhrc.gov, or call (877) 428-8844.

Housing Resources on the Web

HUD Disabilities Web Hub

www.portal.hud.gov/hudportal/HUD?src=/program_offices/fair_housing_equal_opp/disabilities/inhousing

Center for Universal Design

www.ncsu.edu/www/ncsu/design/sod5/cud/

CAREGIVER RESOURCES AND PERSONAL ASSISTANCE SERVICES

MEDICAID PERSONAL CARE ASSISTANT SERVICE (PCA)

Personal Care Assistant Service (PCA) is a statewide service provided by the New Jersey Medicaid Program to people eligible for Medicaid services in the community. The purpose of personal care is to accommodate long-term chronic or maintenance health care as opposed to short-term skilled care as is provided under Medicaid's home health program. PCA services are health-related tasks done by qualified staff in a medically-eligible beneficiary's home or workplace. It includes assistance with activities of daily living and household duties essential to the individual's health and comfort. To apply, contact your Medicaid managed care organization.

PERSONAL PREFERENCE PROGRAM (PPP)

PPP offers an alternate way for individuals to receive their Medicaid Personal Care Assistant (PCA) services. Using a self-directed model, this program enables elderly and disabled Medicaid recipients to direct and manage their Medicaid PCA services rather than receiving traditional PCA agency services. (See Page 2)

PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)

PASP provides routine, non-medical assistance to adults with disabilities who are employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. Consumers are able to coordinate their own services by managing a budget, hiring workers and making purchases directly through their account with the assistance of a fiscal intermediary service organization (FISO) or "business agent". To apply, please contact your county PASP consultant. (See page 2)

COUNTY PASP CONSULTANT

Atlantic County (609) 645-7700 x4519
 Bergen County (201) 336-6502/6508
 Burlington County (609) 265-5144/5223
 Camden County (609)261-1667
 Cape May County (609) 886-6200 x276
 Cumberland County (856) 459-3090
 Essex County (973) 395-8494
 (973) 530-2972

Gloucester County (856) 384-6842
 Hudson County (201) 336-6502/6508
 Hunterdon County (908) 788-1361
 Mercer County (609) 989-6459
 Middlesex County (732) 745-2587
 Monmouth County (732) 571-6232 x17
 Morris County (973) 285-6843
 Ocean County (732) 505-3779
 Passaic County (973) 225-3683
 Salem County (856) 935-7510 x8311
 Somerset County (908) 704-6346
 Sussex County (973) 579-0555 x1226
 Union County (908) 527-4840
 Warren County (973) 625-1940 x234

SENIOR COMMUNITY INDEPENDENT LIVING SERVICES PROGRAM (SCILS)

SCILS matches seniors that have significant vision impairment with caring compassionate volunteers. These volunteers provide support, assistance and friendship to participants living in the community. Participants can expect their volunteer to spend one to two hours weekly assisting with various activities such as: reading the mail, running errands, driving to medical appointments, writing letters, helping with grocery shopping and companionship. (See Page 2)

AGING AND DISABILITY RESOURCE CONNECTION (ADRC)

The Aging and Disability Resource Connection serves as a visible and trusted source of information on long term services and supports for persons of all incomes. ADRC professional staff assists seniors, adults, and their caregivers in finding benefits and services they need. The ADRC's goal is to improve the experience of consumers and their families when seeking access to information, supports and services.

Telephone: (877) 222-3737
www.adrcnj.org

MOM2MOM HELPLINE PROGRAM

The Mom 2 Mom program is designed to provide a compassionate and encouraging environment for mothers of children with special needs to come together and share support. They offer a 24 hour, 7 day a week helpline coordinated by UMDNJ-University Behavioral HealthCare which features

peer support, telephone assessments, a network of referral services and support groups.

Telephone: (877) 914-6662 (877-914-MOM2)

www.mom2mom.us.com

HOME CARE ASSOCIATIONS

Home Care Association of New Jersey

485-D Route 1 South, Suite 210

Iselin, NJ 08830

Telephone: (732) 877-1100

www.homecarenj.org

Home Health Services and Staffing Association
of New Jersey

42 Milton Drive

Manchester, NJ 08759

Telephone: (732) 864-7111

www.hhssanj.org

New Jersey Hospital Association

760 Alexander Road, PO Box 1

Princeton, NJ 08543

Telephone: (609) 275-4000

www.njha.com

ADDITIONAL CAREGIVER RESOURCES

THE CAREGIVER ACTION NETWORK

The Caregiver Action Network is the nation's leading family caregiver organization working to improve the quality of life for the more than 65 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age. CAN serves a broad spectrum of family caregivers ranging from the parents of children with special needs, to the families and friends of wounded soldiers; from a young couple dealing with a diagnosis of MS, to adult children caring for parents with Alzheimer's disease. CAN (formerly the National Family Caregivers Association) is a non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

Telephone: (202) 772-5050

www.caregiveraction.org/

FAMILY CAREGIVER ALLIANCE

Family Caregiver Alliance was the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care at home. Long recognized as a pioneer in health services, FCA now offers programs at national, state and local levels to support and sustain caregivers.

Telephone: (415) 434.3388 or (800) 445-8106

www.caregiver.org

COALITION ON FAMILY CAREGIVING

We are a group of community based organizations, health care providers and others, working with a common mission to provide family caregivers in our community with a link to vital services and support. As advocates for family caregivers, we bring relevant issues into public forum. We also support and provide free educational programs on topics of vital interest to caregivers and their families. Our caregiver support focuses primarily in and around the Union County New Jersey area.

Email only: info@cfcare.org

www.cfcare.org

AMERICAN HEALTH CARE ASSOCIATION

The American Health Care Association is a non-profit federation of affiliate state health organizations, together representing more than 11,000 non-profit and for-profit nursing facility, assisted living, developmentally-disabled, and subacute care providers that care for approximately one million elderly and disabled individuals each day.

Telephone: (202) 842-4444

www.ahca.org

WELL SPOUSE ASSOCIATION

The Well Spouse Association, a nonprofit 501(c)(3) membership organization, advocates for and addresses the needs of individuals caring for a chronically ill and/or disabled spouse/partner. We offer peer to peer support and educate health care professionals and the general public about the special challenges and unique issues "well" spouses face every day.

Telephone: (732) 577-8899

www.wellspouse.org

NATIONAL ALLIANCE FOR CAREGIVING

Established in 1996, the National Alliance for Caregiving is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations.

Email only: info@caregiving.org

www.caregiving.org

Rewarding Work

To learn about employment opportunities to provide support to individuals with disabilities of all ages:

(866) 212-9675 www.rewardingwork.org/nj

TRANSPORTATION RESOURCES

NJ FIND A RIDE www.njfindaride.org

NJ Find A Ride is an online directory of public and accessible transportation options throughout the State. Through a customized search, the site provides information on eligibility, costs, and how to arrange for a ride.

Accessible Travel Information

www.njfindaride.org/accessible-travel-info/

NEW JERSEY TRANSIT

New Jersey Transit provides commuter services through more than 150 bus routes and 11 rail lines in New Jersey and into New York and Pennsylvania. Lift-equipped and kneeling buses, as well as accessible rail stations, are important elements of New Jersey Transit's services to people with disabilities. Access Link is a service for those who are not able to use a regular fixed-route bus. New Jersey Transit also provides a reduced fare program for senior citizens and people with disabilities.

New Jersey Transit

One Penn Plaza East, Newark, NJ 07105

www.njtransit.com

Customer Service: (973) 275-5555

TTY: (800) 772-2287

NJ Transit ADA Services

Access Link: (800) 955-ADA1 (2321)

TTY: (800) 955-6765

REDUCED FARE PROGRAM

Special rates are available for senior citizens 62 years of age or older and people with disabilities. Personal assistants ride for free when proper identification is presented by the person with a disability. Even qualifying out of state residents can ride on NJ TRANSIT buses and trains at the reduced rate. For more information, please contact NJ Transit.

Reduced Fare Program (973) 491-7112

COUNTY PARA-TRANSPORTATION

Each of the 21 counties in New Jersey provide a county-based paratransit service for senior citizens and people with disabilities. The following contact numbers are resources for current information on local paratransit services, including hours of operation, reservation procedures, fees (if any), priorities for services, consumer representation on advisory committees, etc.

COUNTY PARA-TRANSIT INFORMATION

Atlantic County(609) 645-5910
 Bergen County(201) 368-5955
 Burlington County(877) 603-5111
 Camden County(856) 456-3344
 Cape May County(609) 889-3700
 Cumberland County(856) 691-7799

Essex County(973) 395-5858
 Gloucester County(856) 686-8350
 Hudson County(201) 369-4320
 Hunterdon County(800) 842-0531
 Mercer County(609) 530-1971
 Middlesex County(800) 221-3520
 Monmouth County(732) 431-6480
 Morris County(973) 829-8103
 Ocean County(877) 929-2082
 Passaic County(973) 305-5756
 Salem County(856) 339-8622
 Somerset County(908) 231-7115
 Sussex County(973) 579-0480
 Union County(908) 241-8300
 Warren County(908) 454-4044

AMTRAK-OFFICE OF AMTRAK ACCESS

Telephone: (800) USA-RAIL (800-872-7245)

TDD/TTY: (800) 523-6590

www.amtrak.com

GREYHOUND CUSTOMERS WITH DISABILITIES

TRAVEL ASSISTANCE LINE

Telephone: (800) 752-4841 TTY: (800) 345-3109

www.greyhound.com/en/contactus.aspx

Greyhound ADA Compliance Office

(214) 849-8966 www.greyhound.com

OUT OF STATE ACCESSIBLE TRANSIT SERVICES

SEPTA-Pennsylvania

Customer Services: (215) 580-7800

TDD: (215) 580-7853

Customized Community Transportation

Paratransit Service (215) 580-7145

www.septa.com

MTA-New York

Access-A-Ride: (718) 393-4999

TDD: (718) 393-4257

www.mta.info/nyct/paratran/guide.htm

New Jersey Travel Instruction Program

(NJ TIP) teaches individuals how to independently travel safely using public transportation.

Instruction is available in English and Spanish.

For more information visit the website at:

policy.rutgers.edu/vtc/NJTIP

NJTIP @ Rutgers

Alan M. Voorhees Transportation Center

Rutgers, The State University of New Jersey

33 Livingston Avenue

New Brunswick, NJ 08901

Telephone: 848-932-4499

Email: njtip_info@njtip.rutgers.edu

SERVICES FOR CHILDREN

For the Department of Children and Families, See Page 13
www.nj.gov/dcf

NJ PARENT LINK

New Jersey's Early Childhood, Parenting and Professional Resource Center
www.njparentlink.nj.gov/

PERFORMCARE

Since 2009 PerformCare has been the Administrative Service Organization (ASO) for the State of New Jersey's Division of Children's System of Care (CSOC). (See also, PerformCare Page 13)

To access services for children and youth, call us toll-free, 24 hours a day, seven days a week, at 1-877-652-7624.

OFFICE OF CHILD ABUSE PREVENTION

THE NEW JERSEY TASK FORCE ON CHILD ABUSE AND NEGLECT

PO Box 711
 Trenton, NJ 08625-0700
 Telephone: (609) 292-0888
 FAX: (609) 777-0443

SAFE HAVEN

(877) 839-2339
 Safe Haven operates an infant protection hotline for distressed parents who wish to surrender an infant anonymously at a police station or hospital emergency room with no fear of arrest or prosecution. The child must be less than 30 days old and must not have been abused or neglected.
www.njsafehaven.org

CHILD CARE ASSISTANCE

NEW JERSEY CHILD CARE HELPLINE

(800) 332-9227
 Callers can obtain the telephone number of their local Child Care Resource and Referral Agency to get information about registered family day care providers and other child care services in their area. Caregivers can also learn how to become a registered family day care provider.

CHILD CARE RESOURCE AND REFERRAL CENTERS

The CCR&Rs are centralized locations in each county that provide child care resources, referral, training and technical assistance. Child Care Health Consultant Coordinators provide consultation, education and training about the health and safety needs of children in child care. For additional information, contact your local Child Care Resource and Referral Center (CCR&R).

Atlantic	(609) 646-1180
Bergen.....	(201) 336-7150
Burlington.....	(609) 261-9222
Camden.....	(856) 374-6376
Cape May	(609) 898-5500
Cumberland	(856) 462-6800
Essex	(973) 744-4677
Gloucester.....	(856) 582-8282
Hudson.....	(201) 451-8888
Hunterdon	(908) 782-8183
Mercer.....	(609) 989-7770
Middlesex	(732) 324-4357
Monmouth	(732) 918-9901
Morris	(973) 398-1730
Ocean.....	(732) 557-9633
Passaic	(973) 684-1904
Salem	(856) 469-6100
Somerset	(908) 927-0869
Sussex	(973) 383-3461
Union	(973) 923-1433
Warren	(908) 454-1078

KINSHIP NAVIGATOR/KINSHIP CARE

Dial 2-1-1

The Kinship Navigator/Kinship Care is a program for people who have taken on the responsibility of caring for their relatives' children. It is an information and referral program established to help relatives navigate their way through the various governmental systems to find the local supports they need, including support groups, cash assistance, medical coverage, housing assistance, child care resources, and respite services.

The telephone numbers of the four Kinship agencies and the counties they serve are listed below:

- CarePlus NJ: (201) 797-2660 x 153 (Bergen, Hudson, Morris, Passaic, Sussex, and Warren Counties)
- The Salvation Army: 373-5045 (Essex County)
- Children's Home Society: 1-800-396-4518 (Mercer, Middlesex, Monmouth, Ocean, Somerset, Hunterdon, and Union Counties)
- Family Service Association: 1-877-569-0350 (Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

New Jersey State Parent Information & Resource Center (NJPIRC) is a program of Prevent Child Abuse-New Jersey (PCA-NJ) that provides leadership and technical assistance to non-profit organizations and local educational agencies to help those organizations put successful parental involvement programs in place.
 (732) 246-8060 www.njpirc.org

SIGNS OF CHILD ABUSE

Child abuse is harm to, or neglect of, a child by another person, whether adult or child. Child abuse happens in all cultural, ethnic, and income groups. Child abuse can be physical, emotional, verbal, sexual, or through neglect. Abuse may cause serious injury to the child and may even result in death.

Signs of possible abuse include:

Physical Abuse

- Unexplained or repeated injuries, such as welts, bruises, or burns
- Injuries that are in the shape of an object (belt buckle, electric cord, etc.)
- Injuries not likely to happen given the age or ability of the child. (For example, broken bones in a child too young to walk or climb.)
- Disagreement between the child's and the parent's explanation of the injury
- Unreasonable explanation of the injury
- Obvious neglect of the child (dirty, undernourished, inappropriate clothes for the weather, lack of medical or dental care)
- Fearful behavior

Emotional and Verbal Abuse

- Aggressive or withdrawn behavior
- Shying away from physical contact
- Afraid to go home with parents or adults

Sexual Abuse

- Child tells you he/she was sexually mistreated
- Child has physical signs, such as:
 - difficulty in walking or sitting
 - genital or rectal pain, itching, swelling, bruises or other injuries in the genital or rectal area, redness, or discharge
 - stained or bloody underwear
- Child has behavioral and emotional signs, such as:
 - difficulty eating or sleeping
 - soiling or wetting pants or bed after being potty trained
 - acting like a much younger child
 - excessive crying or sadness
 - withdrawing from activities and others
 - talking about or acting out sexual acts beyond normal sex play for age

Reproduced from the Center for Disease Control's [Guide to Intentional Injuries](#)

REPORTING CHILD ABUSE/NEGLECT

In New Jersey, any person having reasonable cause to believe that a child has been subjected to neglect or acts of abuse should immediately report this information to the State Central Registry (SCR). **If the child is in immediate danger, call 911 as well as 1-877 NJ ABUSE.** A concerned caller does not need proof to report an allegation of child abuse and can make the report anonymously.

INFORMATION TO PROVIDE THE SCREENER

SCR screeners are trained caseworkers who know how to respond to reports of child abuse/neglect. Whenever possible, a caller should provide all of the following information:

- **Who:** The child and parent/caretaker's name, age and address, as well as the name of the alleged perpetrator and that person's relationship to the child.
- **What:** Type and frequency of alleged abuse/neglect, current or previous injuries to the child, and what caused you to become concerned.
- **When:** When the alleged abuse/neglect occurred and when you learned of it.
- **Where:** Where the incident occurred, where the child is now and whether the alleged perpetrator has access to the child.
- **How:** How urgent the need is for intervention and whether there is a likelihood of imminent danger for the child.

Calls can be placed to the hotline anonymously.

1-877 NJ ABUSE (1-877-652-2873) TTY 1-800-835-5510

APPENDIX 1: USE OF ACCESSIBLE PARKING PLACARD OR PLATES

Accessible parking rights may be granted for both permanent and temporary mobility impairments.

Temporary Accessible Parking Placards:

- May be granted for short-term mobility impairments
- Require written medical certification from a qualified practitioner.
- Are valid for six months
- Are renewable one time at the discretion of the issuing authority
- Are issued by the Chief of Police of each municipality.

Permanent Accessible Parking Placards or Plates:

To qualify for a permanent accessible placard or plates, you must:

- Have lost the use of one or more limb
- Be permanently disabled and be unable to move without the use of an assistive device
- Have your mobility limited as certified by a physician
- Have a permanent sight impairment of both eyes as certified by the N.J. Commission of the Blind (placard only)

Note: Non-disabled drivers who are transporting persons who meet the criteria above may also use the Accessible parking privileges, but only when the person with the qualifying disability is in the car. Also, plates or placard must be accompanied by the companion “person with a disability ID” card at all times.

Revisions to the NJ Accessible Parking Laws, effective August 1, 2013:

- The term “handicapped” was replaced with “person with a disability” to reflect person first language.
- Permanent person with a disability identification cards and placards are now required to be renewed every three years.
- The certification of a medical professional is required for the issuance and/or renewal of all person with a disability ID cards/placards.
- All placards will be issued with a prominently printed and displayed expiration date.
- 1 in every 6 accessible parking spaces must be van accessible; this is an increase from the previous standard, which required 1 in every 8 spaces to be van accessible.

Important Notes:

- Parking in the access aisles, the striped areas adjacent to accessible parking spaces, is always illegal. That space is required for wheelchair accessibility, ramps, etc.

New Jersey Motor Vehicles Commission
www.state.nj.us/mvc/Vehicle/overview.htm
(888) 486-3339 (Voice) (In-state only)
(609) 292-6500 (Voice) (Out-of-state only)
(609) 292-5120 (TTY)

The Division of Disability Services publishes a comprehensive “Guide to Accessible Parking”, call (888) 285-3036 to obtain a copy.

APPENDIX 2: SPECIAL NEEDS ADOPTION AND FOSTER CARE

NEW JERSEY SUBSIDIZED ADOPTION PROGRAM

Many children are waiting for loving homes. The NJ Subsidized Adoption Program offers financial assistance to suitable prospective adoptive parents who seek to adopt certain children, including children with disabilities.

CHILDREN WAITING FOR ADOPTION:

- Are older, or of a race or ethnic group for which adoptive homes are not readily available;
- May significant physical, intellectual or emotional disability;
- May need medical treatment or special services, equipment or training;
- May be part of a group of siblings who should be kept together;

- May be over five years old, living with a foster family for at least 12 months.

SUBSIDIES TO ADOPTIVE FAMILIES CAN PROVIDE:

- A regular monthly payment including clothing allowance to help parents meet daily needs.
- Payment covering the legal fees related to the adoption.
- Medicaid coverage for the child to assist with any condition that is not covered by the family’s insurance.
- A special subsidy for a specific medical, health or equipment need.
- Out of State Medical coverage (for most states).
- Post adoption counseling support services.

REQUIREMENTS OF ADOPTIVE FAMILIES

- Must be at least 18 years old and 10 years older than the child to be adopted
- You may be single, married, in a domestic partnership or civil union
- Must be a New Jersey resident, or reside in a state with a cooperative agreement
- Must be in reasonably good physical and emotion-

- al health with the long-term ability to provide day-to-day care for the child
- Must be financially able to support the needs and care of the adopted child

For information
 1-800-99 ADOPT (1-800-992-3678)
 1-877-NJFOSTER (1-877-653-6783)
www.nj.gov/njfoosteradopt/

APPENDIX 3: PEOPLE FIRST LANGUAGE

Every person is made up of many characteristics and few want to be identified only by their ability to play tennis or by their love for fried onions or by the mole that's on their face. Those are just parts of us.

In speaking or writing, remember that children or adults with disabilities are like everyone else except they happen to have a disability. Therefore, here are a few tips for improving your language related to disabilities:

- Emphasize abilities, not limitations.
- Do not label people as part of a disability group; don't say "the disabled", say "people with disabilities".

- Don't give excessive praise or attention to a person with a disability; don't patronize them.
- Choice and independence are important; let the person do or speak for him/herself as much as possible; if addressing an adult, say Bill instead of Billy.
- A disability is a functional limitation that interferes with a person's ability to walk, hear, talk, learn, etc.; use handicap to describe a situation or barrier imposed by society, the environment or oneself.

It is the individual first, then the disability.

Say...	Instead of...
child with a disability	disabled or handicapped person
person with Cerebral Palsy	palsied, or C.P., or spastic
person who is deaf or hard of hearing	deaf and dumb
person with an intellectual disability	retarded
person with epilepsy or person with seizure disorder	epileptic
person who had...	afflicted, suffers from, victim
without speech, non-verbal	mute, or dumb
developmental delay	slow
mental illness	crazy or insane
uses a wheelchair	confined to a wheelchair
with Down syndrome	Mongoloid
has a learning disability	is learning disabled
non-disabled	normal, healthy
has a physical disability	crippled
congenital disability	birth defect
condition	disease
seizures	fits
cleft lip	hare lip
mobility impaired	lame
medically involved, or has chronic illness	sickly
paralyzed	invalid or paralytic
of short stature	dwarf or midget

The Department of Human Services has published a People First language fact sheet available on www.state.nj.us/humanservices/news/publications/PeopleFirstFlyer.pdf

APPENDIX 4: ADDICTION RESOURCES

GOVERNOR'S COUNCIL ON ALCOHOLISM AND SUBSTANCE ABUSE

The Governor's Council on Alcoholism and Substance Abuse was created to coordinate statewide services involving alcoholism and drug abuse. It also is the funding source for the Municipal Alliance Program.

Governor's Council on Alcoholism and Substance Abuse

PO Box 345
Trenton, NJ 08625
Telephone: (609) 777-0526
FAX: (609) 777-0535
www.state.nj.us/treasury/gcada

Alcoholics Anonymous

South Jersey Intergroup: (856) 486-4444
Cape Atlantic Intergroup: (609) 641-8855
Central Jersey Intergroup: (609) 298-7795
Intergroup of Northern NJ: (908) 687-8566
www.aa.org

**NJ Addictions Hotline
(800) 238-2333**

**For the Division of Mental Health and
Addiction Services,
See Page 8**

AL-ANON Adult Children & Family Group ALA-TEEN

North Jersey: (973) 744-8686
South Jersey: (856) 547-0855
www.nj-al-anon.org

Gamblers Anonymous

(855) 222-5542
www.gamblersanonymous.org

Narcotics Anonymous

(800) 992-0401
(732) 933-0462
www.na.org

NAR-ANON Family Group

((877) 424-4491
www.naranonofnj.org

Nicotine Anonymous

(631) 665-0527
www.nicotine-anonymous.org

National Alcohol and Substance Abuse Information Center

(800) 784-6776
www.addictioncareoptions.com

APPENDIX 5: SERVICE DOGS

The Americans with Disabilities Act defines a service animal as any guide dog, signal dog, or other animal trained to provide assistance to an individual with a disability.

Under the Americans with Disabilities Act (ADA) and the New Jersey Law Against Discrimination (NJLAD), a place of public accommodation cannot refuse admittance of a service animal when it is accompanying a person with a disability. The ADA/NJLAD requires that places of public accommodation (which include privately-owned businesses that serve the public) allow people with disabilities to bring service animals into any area in which customers are generally allowed.

The ADA/NJLAD does not require that an animal be certified or have special identification, but it is not inappropriate for a business to ask if an animal which does not have an identifying vest or a special harness is a service animal rather than a pet. The business may not, however, insist on proof of certification before permitting admittance of a service animal accompanying a person with a disability.

It is a violation of the ADA/NJLAD for a business to charge a cleaning or maintenance fee when a person with a disability has brought a service animal into the place of business. However, the owner of the animal has sole responsibility for its behavior and may be charged for any damages the animal causes as long as the business has a policy of charging non-disabled customers for damages that they cause. Likewise, it is not a violation of the ADA/NJLAD to exclude a service animal from a place of public accommodation if the animal behaves in a loud, threatening, or uncontrolled manner, creating a substantial disturbance or posing a direct threat to the safety of others.

APPENDIX 6: Disaster Preparedness Checklist for People with Disabilities

The following list is intended to provide suggestions for disaster preparedness planning that may be taken by individuals with disabilities:

Self-Networks

- Discuss your disability and needs with relatives and friends.
- Develop a network of people who know your needs and location, who will be able to assist you or alert emergency personnel on your behalf. Do not depend on only one person.

Medical Equipment and Supplies

- Evaluate equipment for repairs and obtain and keep spare parts.
- Order the full allotment of supplies that your insurance allows, such as protective briefs, leg bags, suction tubing, hearing aid batteries, etc. Stockpile unused items.
- Assemble a first aid kit. It should include: sterile adhesive bandages in assorted sizes, assorted sizes of safety pins, cleansing agents/soaps, latex gloves (2 pairs), 4-6 sterile gauze pads (2-inch and 4-inch), three triangular bandages, non-prescription drugs, three rolls each of 2 and 3 inch sterile roller bandages, scissors, tweezers, needle, moistened towelettes, antiseptic, thermometer, two tongue depressors, and a tube of petroleum jelly or other lubricant.

Medications and Medical Needs

- Create a list of current prescriptions, names and dosages. Remember to update this list, as needed.
- Keep a list of the names, addresses, and telephone numbers of doctors and pharmacists.
- Prepare a detailed description of your medical regimen and personal care needs.
- Order a full 30-day supply of necessary medications. Check with your insurance carrier.

Telecommunications

- Make sure your cell phone battery and any extra batteries are kept fully charged.
- Pre-arrange alternative methods to reach family, friends, or personal care attendants if ordinary communications are disrupted.

Personal Assistant Care

- Consider checking into a nursing home or hospital if a disaster is anticipated. Staff will be available to meet personal care needs. Also, back up generators will be operating to assist people who use power wheelchairs and/or ventilators.
- Contact your personal care attendant provider to discuss disaster preparedness and maintain a list of phone numbers of those who can assist in obtaining personal care for you.

Food and Water

- Two quarts of water per person are needed for drinking daily.
- Two quarts of water per person are needed for food preparation and sanitation daily.
- Keep a supply of canned, dehydrated, and no-cook foods.
- Keep cases of nutrients available for tube feeding.
- Keep foods for special dietary needs, such as diabetic and high caloric diets.

Service Animals

- The animal always should wear an identification tag with all necessary contact information.
- Keep shots and medical records current and service animal ID numbers available.
- Your animal will need plenty of food and water, kept in sturdy storage containers.
- Consider large capacity self-feeders and water dispensers.
- Keep contact information on your service animal's veterinarian available.
- Check with your local emergency management officials for companion animal procedures in emergency shelters.

APPENDIX 6: Disaster Preparedness (continued)

Power

- Extended power outages may affect ventilators, heating and/or cooling units, which may be a matter of life or death for some people with disabilities.
- Investigate emergency contingency plans in your building/community/municipality.
- Explore care facilities, especially if you use a ventilator or have other complex medical needs.
- Consider staying with friends or family out of your area if you anticipate possible power outages, especially if you have medical equipment that is dependent upon power.
- Contact your local fire department and Red Cross for information and registries of people with disabilities.

Oxygen

- Buildings where oxygen is kept must display an “Oxygen in Use” emblem.
- Oxygen must be kept in containers specifically manufactured for that purpose.
- Alert emergency response staff to the use of oxygen.
- Oxygen is flammable, so avoid sparks and flame. Demand that people not smoke near an oxygen container.

Miscellaneous

- Keep battery-operated flashlights and/or lanterns with lots of extra batteries.
- Blankets and warm clothes should be packed in an emergency.
- Keep the gas tank in your car full.
- Have a battery-powered radio and extra batteries on hand.
- Keep ample cash on-hand. ATMs and banks may not function during power outages.
- Have a non-electric can opener.
- Keep a supply of assorted plastic bags.

For more information on developing an individualized disaster preparedness plan, or for current information on Homeland Security Advisory System recommendations, contact:

STATE

NJ Special Needs Registry ([See Page 3](#))
www.registerready.nj.gov
Call 211 for registration or help

New Jersey Office of Emergency Management
State Police Division Headquarters (NJ OEM)
(609) 882-2000 www.registerready.nj.gov

New Jersey Office of Homeland Security and
Preparedness
www.njhomelandsecurity.gov

FEDERAL

US Department of Homeland Security
www.ready.gov www.Listo.gov ([Spanish](#))
1-800-BE-Ready and 1-888-SE-Listo

Federal Emergency Management Agency (FEMA)
(800) 621-FEMA (3362)
www.fema.gov

LOCAL

American Red Cross
www.redcross.org

Residential Disability and Oxygen Emblems Program

The Division of Fire Safety distributes, free of charge, emblems which can be displayed to inform all emergency response personnel of an oxygen hazard or disabled occupant needing assistance. “Oxygen In Use” emblems are mandated by NJ state law.

For additional information, contact the **Division of Fire Safety: (609) 633-6106**

It is unlawful to evict an oxygen-user from a rental property, solely on the basis of oxygen use, as long as the oxygen is stored and used appropriately. Questions can be directed to the Division of Fire Safety (609) 633-6106.

APPENDIX 7: TRAVELING WITH A DISABILITY

Air Carrier Access Rules (See page 34) lift many restrictions that formerly discriminated against passengers with disabilities, and all carriers are now required to have a Complaints Resolution Officer (CRO) immediately available to resolve disputes between carriers and passengers with disabilities. While airlines may not require passengers with disabilities to provide advance notice of their disability or intent to travel (except in some very specific circumstances), doing so may in some cases help to avoid inconvenience. The following is a list of suggestions for air travelers with disabilities:

PHYSICAL DISABILITY

- Ask the screener for assistance with your mobility aid and carry items.
- Let the screener know your level of ability and your need for physical assistance.
- Inform the screener about any special equipment or devices that you are using and where this equipment is located on your body.
- Ensure that all bags hanging from, or carried on, your wheelchair are put on the X-ray belt.
- Ask the screener to reunite you with your carry items and assistive devices after screening.
- Request assistance with removing your shoes when additional screening is necessary.

HEARING DISABILITY

- Ask the screener to write the information down or to look directly at you and repeat the information.

VISUAL DISABILITY

- Ask the screener to explain the security process to you step by step and to let you know where the metal detector is located.
- Ask the screener to let you know when you will be going through the metal detector and when there are obstacles that you will need to avoid.
- Ask the screener to find someone to escort you through the security process.
- Ask the screener to perform a hand inspection of equipment to prevent damage and to direct you toward your gate once the screening has been completed.

HIDDEN DISABILITY

- Advise screeners that you have a disability and may need some assistance, or need to move slower.
- Offer suggestions to screeners on the best way to approach you during a pat-down inspection.
- Notify the screener if you need to sit down before and/or during the screening process.

TRAVELING WITH MEDICAL SUPPLIES/DEVICES

- Notify the screener that you are carrying medical supplies with you.
- Medications must be properly marked with a professionally printed label identifying the medication or manufacturer's name or pharmaceutical label.
- Notify screeners if you are using any surgically implanted medical device (i.e., insulin pumps, prosthetics, or artificial joints).
- Advise screeners if you are experiencing low blood sugar and are in need of medical assistance.
- Pacemaker users may wish to carry a Pacemaker Identification Card (ID).
- Crutches, canes and walkers will need to go through the X-ray machine. The screener will perform a hand inspection of your equipment if it cannot fit through the X-ray machine. You can ask for a private screening for the inspection of your prosthetic device or body brace.
- Notify screeners if you need assistance, such as a chair or someone to assist you during the inspection of your prosthetic devices or body braces.
- Tools and appliances used to put on or take off prosthetic devices must be screened.

TRAVELING WITH SERVICE ANIMALS

- Carry appropriate identification. Identification may include: cards or documentation, presence of a harness or markings on the tags. Service animals and their harnesses or vests are subject to inspection.
- Advise the screener how you and your animal can go through the metal detector as a team with the leash and/or harness. If necessary, remind the screener that you should not be separated from your animal.

For more information on traveling by air with a disability, contact:

Federal Aviation Administration

www.faa.gov

Transportation Security Administration

www.tsa.gov

Department of Homeland Security

www.dhs.gov

APPENDIX 8: FAMOUS ADA CASES

BRAGDON V. ABBOTT (1998)

The Supreme Court found that, even when HIV has not progressed to AIDS, it still constitutes a disability, as the virus significantly impairs the life activity of reproduction.

PENNSYLVANIA DEPARTMENT OF CORRECTIONS V. YESKEY (1998)

The Court ruled that state prisons must comply with Title II of the ADA, as they are public entities.

WRIGHT V. UNIVERSAL MARITIME SERVICE CORP (1998)

The Supreme Court ruled that a general arbitration clause in a collective bargaining agreement does not require an employee to use the arbitration procedure for an alleged ADA violation.

ALBERTSONS, INC. V. KIRKINGBURG (1999)

The Supreme Court held that circumstances mitigating the determination of disability include not only devices and medications, but also an individual's ability to compensate for their impairment.

CLEVELAND V. POLICY MANAGEMENT SYSTEMS (1999)

The Supreme Court ruled that pursuing and/or receiving Social Security Disability Insurance benefits does not automatically prevent an individual from pursuing an ADA claim, nor do such SSDI benefits presume against the recipient's ADA success.

MURPHY V. UNITED PARCEL SERVICE (1999)

The Court found that a UPS worker's high blood pressure did not significantly limit his life activities when the worker was medicated, and that he was, therefore, not disabled.

OLMSTEAD V. L.C. (1999)

The Supreme Court ruled that to stop or to avoid discriminatory activity, the state may place people with disabilities in community settings rather than in institutions, when the state's treatment professionals find the placement appropriate, the affected person is not against the shift from an institutional to a community setting, and the placement can be reasonably accommodated.

SUTTON V. UNITED AIRLINES (1999)

The Supreme Court found that determination of disability must include measures that might mitigate a disability, such as, in this case, eyeglasses for those with visual impairments.

EEOC V. WAFFLE HOUSE, INC. (2002)

The Court ruled that a private arbitration agreement between an individual and that individual's employer does not prevent the EEOC from filing a court action in its own name and recovering monetary damages for the individual.

LANE V. TENNESSEE (2004)

The Court ruled that courthouses must adhere to Title II of the Americans with Disabilities Act - which guarantees access to public facilities and services - and that individuals may sue states for failing to provide access to courts.

SPECTOR V. NORWEGIAN CRUISE LINE (2004)

The Supreme Court ruled that foreign run and owned cruise ships serving US ports must comply with the public accommodations requirements of the American with Disabilities Act.

ADA Case Information on the Web

Olmstead Resource Center

www.ilru.org/html/projects/olmstead/index.html

US Supreme Court Homepage

www.supremecourtus.gov

APPENDIX 9: HOTLINES & TOLL-FREE NUMBERS

ASSISTIVE TECHNOLOGY ADVOCACY CENTER

609-292-9742
800-922-7233

DIVISION OF DEAF AND HARD OF HEARING

800-792-8339

DIVISION OF DISABILITY SERVICES

888-285-3036

DEVELOPMENTAL DISABILITIES COUNCIL

800-792-8858

NJ EASE

877-222-3737

NJ DISASTER MENTAL

HEALTH HELPLINE, and 866-202-HELP (4957)

NJ MENTAL HEALTH CARES TTY: 877-294-HELP
(4957)

National Suicide Prevention Hotline 800-273-8255
(for Veteran's Crisis Line, press 1)

NJ Hopeline (suicide prevention) 855-654-6735

SENIOR INFORMATION LINE

800-792-8820

SAFE HAVEN FOR INFANTS

877-839-2339

DIVISION OF FAMILY DEVELOPMENT REVIEWS AND APPEALS

800-792-9773

DIVISION OF MENTAL HEALTH SERVICES

800-382-6717

FOSTER AND ADOPTIVE FAMILY SERVICES

877-NJ-FOSTER (1-877-653-6783)

MEDICAID FRAUD AND ABUSE HOTLINE

888-937-2835

NJ FAMILYCARE

800-701-0710

GOOD NEIGHBORS, COMMUNITY LIVING FOR PEOPLE WITH DISABILITIES

877-DHS-LINE (877-347-5463)

CHILDREN AND FAMILY SERVICES

Adoption 800-99-ADOPT (800-992-3678)

Child Abuse-Report 877-NJABUSE (877-652-2873)

Division Line 800-331-3937

SIDS Alliance/First Candle 800-221-7437

PerformCare 877-652-7624

Domestic Violence

800-572-7233
TTY: 888-252-7233

Family Help Line 800-THE KIDS (800-843-5437)

Foster Care 877-NJ FOSTER (877-653-6783)

Victim of Crime Compensation Office 800-242-0804

Women's Referral Central 800-322-8092

NJ TASK FORCE ON CHILD ABUSE AND NEGLECT

Task Force on Child Abuse and Neglect 609-292-0888

Parents Anonymous 800-THE KIDS (800-843-5437)

HEALTH AND WELLNESS

AIDS and STD Hotline 800-624-2377

NJ Addictions Hotline 800-238-2333

Cancer Information 800-422-6237

Office of the Inspector General- (NJ)

Complaint Hotline 888-937-2835

Health Complaint and Reportable

Event Hotline 800-792-9770

Health Information (DOH) 800-367-6543

PAAD/Lifeline Program 800-792-9745

HOUSING

Housing and Mortgage Finance Agency 800-654-6873

HUD

• **Support Service Center** 800-697-6967

• **Best Practices Task Force** 800-800-5029

MEDICAL ASSISTANCE

MEDICAID 800-356-1561

MEDICARE 800-633-4227

APPENDIX 10: TTY/TDD CONVERSATION ETIQUETTE

A TTY (teletypewriter) or TDD (Telecommunication Device for the Deaf) is a device which allows individuals who are deaf or hard of hearing to communicate through the telephone system by typing messages to other individuals with TTYs, or to a relay system which provides operators who can read the typed message to an individual who is listening through a voice telephone. When calling a TTY user, it is appropriate to allow at least 10 rings to give the deaf or hard of hearing person enough time to see the flashing light.

Below are common abbreviations which are used to speed up communication:

GA: When you talk with another person by TTY, you type while the other person reads. When you want the other person to respond, type GA for “Go ahead.”

GA OR SK: To say goodbye, type GA OR SK. This gives the other person a chance to say any last words before ending the conversation.

SKSK: Type SKSK to end the conversation.

Q: Some people prefer to type Q instead of a question mark because it saves time and is easier to type.

You can use punctuation marks, such as commas and periods, although many people choose to omit them. You may also abbreviate words, such as:

GA	go ahead	HD	hold	PLS	please	THX	thanks
SK	stop keying	MTG	meeting	Q	question	TMW	tomorrow
CD	could	NBR	number		mark	U	you
CUL	see you later	OIC	oh, I see	R	are	UR	your
CUZ	because	OPR	operator	SHD	should		

To reach NJ Relay, dial 711

GLOSSARY

A

Accessible: Usable to an individual with a disability

Accommodation: An adjustment, alteration, or addition to an environment, a situation, or a piece of equipment, which enables a person with a disability to utilize it in a manner equivalent to that of a person without a disability

Acquired Immune Deficiency Syndrome (AIDS):

A defect of the immune system caused by the blood-borne HIV virus, causing vulnerability to various infections, malignancies, and neurological diseases

Addiction: Genetically and/or psychosocially impaired ability to control the use of a substance, preoccupation with the substance, distorted perceptions about the substance, and continued use of the substance despite adverse consequences

Alzheimer’s Disease: Brain disease of unknown cause in which nerve cells in the brain die, causing progressive, irreversible deterioration of memory and other intellectual functions, language skills, and ability to perform routine tasks

Amyotrophic Lateral Sclerosis (ALS): A progressive, degenerative disease of the motor neurons of the central nervous system, causing muscular weakness, atrophy, and spasticity. Ten percent of cases are genetic, the other ninety percent are of unknown origin

Anorexia Nervosa: Eating disorder primarily characterized by an excessive, voluntary loss of weight and refusal to maintain minimal normal body weight

Area of Refuge: Designated safe place for a person with a disability to await assistance during an emergency evacuation of a building or vessel

Arthritis: Disease of the joints and connective tissues, which can have numerous causes, creating pain, swelling, and limited range of movement

Asperger’s Syndrome: A pervasive developmental disorder in which the individual often has above-average intellectual ability, but may experience ongoing difficulties with social interaction, empathy, logic, and understanding non-verbal cues.

GLOSSARY

Assistive Technology: Equipment or services which increase, maintain, or improve the functional capability of an individual with a disability

Asthma: Chronic respiratory disorder characterized by episodes of coughing, wheezing, and difficulty in breathing because of inflamed and obstructed bronchial tubes. Among the triggers are allergies, chemical irritation, and/or emotional stress

Attention Deficit Disorder (ADD): Neurological disorder characterized by distractibility, forgetfulness, inability to concentrate, poor attention span, and impulsiveness

Attention Deficit/Hyperactivity Disorder (ADHD): Neurological disorder which has the same characteristics as Attention Deficit Disorder, but which also includes hyperactivity

Autism: Neurological disorder of unknown origin which generally manifests before the age of 3. Social and communication skills are impaired, and symptoms such as self-injury, aggression, voluntary repetitive body movements, intense attachment to objects, and sensory processing difficulties may be present

Autoimmune Disorder: A variety of disorders which are the result of the body producing an inappropriate immune response against its own tissues. The causes are generally unknown, but symptoms can include episodic or chronic inflammation and pain, as well as tissue and/or organ damage

B

Bi-Polar Disorder: A mental disorder which is characterized by alternations between manic and depressive moods with consequent changes in thinking and behavior. Commonly called Manic-Depression

Blind: Legal blindness is regarded as visual acuity of 20/200 or less in the better eye with correction, or a field of vision no greater than 20 degrees at its widest point

Bulimia: Eating disorder characterized by episodes of binge eating, followed by compulsive purging, usually through vomiting, consumption of laxatives, and/or excessive exercise

C

Celiac Sprue: A genetic disorder which is characterized by an extreme sensitivity to gluten – the protein in some grains – which can produce damage to the small intestine. This damage can impair absorption of nutrients, resulting in malnutrition. The disease can be managed by a gluten-free diet

Cerebral Palsy: Injury to the motor areas of the

brain, at or prior to birth, resulting in a non-progressive impaired ability to control movement and posture

Chronic Fatigue Syndrome: Illness of uncertain cause characterized by fatigue, weakness, malaise, muscle pain, and lymph node swelling

Congenital: A condition which is present at birth, but which has a non-hereditary cause

Cognitive Disability: Impaired ability to think, concentrate, reason, and remember

Crohn's Disease: Condition of unknown origins, characterized by chronic painful inflammation of the intestinal tract

Cystic Fibrosis: A hereditary disease which affects the respiratory system, pancreas, and sweat glands. It is characterized primarily by the excessive production of thick mucus, which results in chronic respiratory infections and impaired breathing

D

Deaf: Hearing impairment severe enough to prevent, with or without amplification, the processing of linguistic information. Specifically, a hearing deficiency above 25 db ISO in the 500-2000 frequency Hz range unaided in the better ear

Developmental Disability: Permanent cognitive and/or physical impairment, which occurs before the age of 22, and which substantially limits the individual in three or more major life activities

Diabetes: Condition characterized by abnormal blood sugar levels resulting from impaired functioning of the pancreas

Disability: A physical or mental impairment that substantially limits a major life activity, such as walking, talking, seeing, hearing, caring for oneself, breathing, learning, or working

Down Syndrome: Congenital disorder caused by an extra 21st chromosome, which causes intellectual developmental disabilities and distinctive physical characteristics

Dwarfism: Short stature, resulting from a genetic or medical condition. It is generally defined as an adult height of 4 feet ten inches or less. A common term for an individual with dwarfism is "little person"

E

Eating Disorder: Psychological disorder characterized by a distorted body image and a dysfunctional relationship with food, often resulting from feelings of low self-worth and powerlessness. The individual may overeat, undereat, and/or purge in an effort to self-soothe and to control body shape

GLOSSARY

Emphysema: Disease of the lungs, characterized primarily by labored and inefficient breathing, in which the air sacs (alveoli) become distended and therefore limited in their functioning

Epilepsy: Chronic condition produced by temporary changes in the electrical functioning of the brain, characterized by recurrent brief episodes of convulsive movements, alterations in consciousness, and/or sensory phenomena

F

Fetal Alcohol Spectrum Disorder: A preventable set of physical, craniofacial, mental, and neurobehavioral impairments associated with alcohol consumption by the mother during pregnancy

Fibromyalgia: Disease of unknown origin characterized by the persistent presence of non-physically damaging pain that moves throughout the muscles, joints, ligaments, and tendons of the body

G

Genetic Disorder: A pathological condition resulting from a defective inherited gene

H

Hemiplegia: Paralysis of one side of the body

Human Immunodeficiency Virus (HIV): Virus which can damage the immune system and lead to AIDS

Huntington's Disease: Genetic disease which causes a pre-programmed degeneration of brain cells. Initial symptoms, usually appearing in young to mid-adulthood, include mood swings, forgetfulness, and lack of coordination. They are followed by involuntary movements, deterioration of swallowing and speaking ability, and loss of cognitive ability

I

Intellectual Disability: A developmental disability which is characterized by below-normal intellectual/cognitive functioning, causing impairment in learning, social adjustment, maturation, and acquisition of life skills.

L

Learning Disability: A group of disorders which includes such conditions as dyslexia, developmental aphasia, perceptual disabilities, brain injury, and minimal brain dysfunction, which may disrupt the process of listening, speaking, reading, writing, spelling, or doing mathematical calculations

Lupus: Chronic, progressive disease of unknown cause, which is primarily characterized by scaling and ulceration of the skin. In about 10% of affected individuals, symptoms may also include inflammation of the joints and mucous membranes and disruption of kidney and nervous system function

M

Medigap: Insurance which supplements Medicare benefits by paying some of the costs and covering some of the services not covered by Medicare

Multiple Chemical Sensitivity: Condition marked by a variety of symptoms, such as respiratory distress, migraines, nausea, fatigue, irritation of the mucous membranes and/or skin, cognitive difficulties, and/or disordered sleep. The onset generally occurs in response to a major or chronic chemical exposure, then broadens to include sensitivity to common chemicals and irritants found throughout the individual's environment

Multiple Sclerosis: Disease of the central nervous system which generally has its onset in young to mid-adulthood. Degradation of the sheaths of nerves causes relapses and remissions of weakness, pain, and/or numbness in the limbs, disrupted vision, and urinary tract dysfunction. It's cause is unknown

Muscular Dystrophy: Group of genetic diseases characterized by progressive weakness and degeneration of the skeletal or voluntary muscles which control movement

O

Obsessive-Compulsive Disorder: Psychological condition, which may have a neurological basis, characterized by repetitive ideas or impulses which may be unwanted, irrational, and performed against the person's wishes

P

Paraplegia: Paralysis of the legs and the lower trunk

Parkinson's Disease: Chronic disease of the central nervous system characterized by tremors, muscular weakness and rigidity, and an unsteady gait. Symptoms are caused by a deficiency of the brain chemical dopamine, but the cause of the deterioration of the dopamine-producing nerve cells is unknown

Pervasive Developmental Disorder (PDD): Umbrella term for five neurological disorders - Autism, Asperger's Syndrome, Childhood Disintegrative Disorder, Rett's Syndrome, and PDD-Not Otherwise Specified, all of which impair social and communication skills

GLOSSARY

Post-Polio Syndrome: Array of possible symptoms which occur in about 25% of individuals who have been infected with polio. These symptoms generally manifest 20 to 40 years after the onset of the infection and after a recovery period of at least 10 years, and may include muscle pain, weakness, tics, respiratory difficulties, disordered sleep, gastrointestinal and/or swallowing problems, neuropathy, arthritis, scoliosis, and osteoporosis

Post-Traumatic Stress Disorder: Psychological condition which develops in response to an overwhelmingly traumatic event which is generally outside the range of usual human experience. Symptoms can include flashbacks, fear of dying, rage, and panic attacks

Q

Quadriplegia: Paralysis of all four limbs and the trunk. Also called tetraplegia

R

Reasonable Accommodation: Modification or adjustment to a job application process or work environment which allows a person with a disability to enjoy the same benefits and opportunities enjoyed by similarly situated people without disabilities

Reflex Sympathetic Dystrophy (RSD): Chronic nerve disorder that generally has its onset in the body at the site of an injury, and which often spreads to other areas of the body. Characterized by burning pain, extreme sensitivity to touch, tissue swelling, and pathological changes in bone and skin

S

Schizophrenia: Brain disease of unknown cause which typically has its onset in adolescence or young adulthood. Characterized by thought disorders, delusions, and hallucinations. An affected individual may experience excessive or lack of emotional expression, as well as paranoia and disrupted interpersonal relationships. Symptoms can in some cases be managed by medication and supportive counseling

Scleroderma: Disease of unknown cause in which the dermis layer of the skin is replaced by collagen, causing toughness and discomfort. This process can also involve the heart, lungs, kidneys, and intestinal tract, interfering with the functioning of these organs

Self-Determination: The entitlement of individuals with disabilities to control their own lives, pursue self-defined goals, and participate fully in society

Service Animal: Animal trained to provide assistance to an individual with a disability

Sickle Cell Anemia: A genetic disorder of the blood, characterized by red blood cells that assume an abnormal rigid sickle cell shape. This decreases the cells' functionality, resulting in a variety of complications, such as anemia, pain, and frequent infections

Speech to Speech (STS): Telephone relay service mandated by the Federal Communications Commission, which provides translation for individuals with speech disabilities. A communication assistant, specially trained to understand the speech of people with a wide variety of speech disabilities, listens to the speaker who has the speech disability and restates verbatim to a third party what that person has said

Spina Bifida: Congenital condition caused by the failure of the spine to close properly during the first month of pregnancy. This may result in mobility impairment, bladder/bowel problems, and/or hydrocephalus

Spinal Cord Injury: Damage to the spinal cord, which results in temporary or permanent loss of sensation, motor control, and/or bladder and bowel control

Stroke: Sudden neurological impairment caused by a hemorrhage or blood clot in the brain. Temporary or permanent loss of vision, speech, mobility, and/or consciousness may result

T

Tourette Syndrome: A disorder of the nervous system which may cause "tics," which are repetitive involuntary movements and vocalizations. Tics can vary in severity, frequency, and type, and can be intensified by physiological and emotional stressors. Some individuals with this condition may also have other symptoms, such as obsessive compulsive disorder, anxiety disorder, and attention deficit disorder

Traumatic Brain Injury: Injury to the brain which may impair cognitive or physical functioning, disturb behavior or moods, and/or produce an altered state of consciousness

Triplegia: Paralysis of three limbs

V

Visually Impaired: Vision which is no better than 20/70 with correction, but not worse than 20/200 with correction. To have less visual acuity than 20/200 with correction constitutes legal blindness

ABBREVIATIONS AND ACRONYMS

ACLU	American Civil Liberties Union	MS	Multiple Sclerosis
ADA	Americans with Disabilities Act	NAMI	National Alliance for the Mentally Ill
ADD	Attention Deficit Disorder	NI	Neurologically Impaired
ADHD	Attention Deficit Hyperactivity Disorder	NICHCY	National Information Center for Children and Youth with Disabilities
ADL	Activities of Daily Living	NJCFSA	New Jersey Chronic Fatigue Syndrome Association
ADRC	Aging and Disability Resource Connection	NOS	Not Otherwise Specified
AHCPR	Agency for Health Care Policy and Research	OCD	Obsessive-Compulsive Disorder
AIDS	Acquired Immune Deficiency Syndrome	OIG	Office of the Inspector General (US)
ALS	Amyotrophic Lateral Sclerosis	OPRA	Open Public Records Act
APS	Adult Protective Services	OT	Occupational Therapy
BSS	Board of Social Services	PAAD	Pharmaceutical Assistance to the Aged and Disabled (NJ)
CAP	Consumer Assistance Program	PAIMI	Protection and Advocacy for Individuals with Mental Illness
CBVI	Commission for the Blind and Visually Impaired (NJ)	PAIR	Protection and Advocacy for Individual Rights
CDCP	Center for Disease Control and Prevention	PAP	Pharmaceutical Assistance Program
CHLP	Community Health Law Project	PASP	Personal Assistance Services Program
CIL	Center for Independent Living	PASS	Social Security Administration Plan to Achieve Self-Support
CMS	Centers for Medicare and Medicaid Services	PCA	Personal Care Attendant
CNA	Certified Nursing Assistant	PDD	Pervasive Developmental Disorder
COMHCO	Coalition of Mental Health Consumers Organizations	PRO	Peer Review Organization
COSAC	Center for Outreach and Services for the Autism Community, Inc.	PT	Physical Therapy
CP	Cerebral Palsy	PTSD	Post-Traumatic Stress Disorder
DD	Developmental Disability	RHHI	Regional Home Health Intermediary
DDD	Division of Developmental Disabilities (NJ)	REIC	Regional Early Intervention Collaborative
DDS	Division of Disability Services (NJ)	RSD	Reflexive Sympathetic Dystrophy
DHS	Department of Human Services (NJ)	SCAHS	Special Child and Adult Health Services (NJ)
DHSS	Department of Health and Senior Services	SCI	Spinal Cord Injury
DOJ	Department of Justice	SCORE	Service Core of Retired Executives
DRNJ	Disability Rights New Jersey	SHIP	State Health Insurance Assistance Program
DVRS	Division of Vocational Rehabilitation Services (NJ)	SILC	Statewide Independent Living Council
DYFS	Division of Youth and Family Services	SNAP	Special Needs Advocate for Parents
EEOC	Equal Employment Opportunity Commission (US)	SPAN	Statewide Parents Advocacy Network
FCC	Federal Communications Commission	SSA	Social Security Administration
HI	Hearing Impaired	SSDI	Social Security Disability Income
HIPAA	Health Insurance Portability and Accountability Act	SSI	Supplemental Security Income
HIV	Human Immunodeficiency Virus	STS	Speech To Speech
HRFA	Health Resources and Services Administration (US)	TARP	Technology Assistive Resource Program
HUD	Department of Housing and Urban Development (US)	TBI	Traumatic Brain Injury
IDEA	Individuals with Disabilities Education Act	TDD	Telecommunications Device for the Deaf
IEP	Individual Education Plan	TT	Text Telephone
IHP	Individual Habilitation Plan	TTY	Teletypewriter
JTPA	Job Training Partnership Act	UAP	University Affiliated Program
LAD	Law Against Discrimination (NJ)	UCPA	United Cerebral Palsy Association
MD	Muscular Dystrophy	VA	Veterans' Administration
MDA	Muscular Dystrophy Association	VI	Visually Impaired
		VP	Video Phone
		WIC	Supplemental Nutrition Program for Women, Infants, and Children

INDEX

A

Abuse.....	19, 53-54,62
Access-A-Ride MTA.....	52
Access Link.....	52
ACCESS NJ/CNA.....	30
ADA See: Americans with Disabilities Act.....	33, 35, 61
ADAPT (American Disabled for Attendant Programs Today).....	26
ADD/ADHD.....	32
Addictions.....	8, 32, 57, 62
Adjutant General, Office of the.....	14
Adoption/Foster Care.....	55, 62
ADRC (Aging and Disability Resource Center).....	19
Adult Protective Services.....	19
Advancing Opportunities (formerly Cerebral Palsy of NJ).....	22, 31
Advocacy.....	4, 5, 14, 26-29, 35, 51, 62
Advocacy, Office of.....	13
Aging, County Offices on.....	19
Aging Services, Division of.....	6, 19
Agriculture, Department of.....	3
Aids Community Care Alternatives Program Waiver (ACCAP).....	1
AIDS Drug Distribution Program (ADDP).....	9
AIDS/HIV.....	1, 9, 20, 32, 39, 62
Air Carriers Access Act.....	34, 60
AL-ANON.....	57
Alcoholics Anonymous.....	57
Alliance for the Betterment of Citizens with Disabilities (ABCD).....	21, 22
Alliance Center for Independence.....	18
ALS See: Amyotrophic Lateral Sclerosis.....	20, 31
Alzheimer's Association, The.....	20
American Association on Intellectual and Developmental Disabilities.....	31
American Autoimmune Related Diseases Association.....	20
American Cancer Society.....	21, 31
American Civil Liberties Union (ACLU).....	28
American Diabetes Association.....	22
Americans with Disabilities Act (ADA).....	33, 35, 61
American Foundation for the Blind.....	31
American Heart Association.....	21
American Lung Association.....	25
American Self-Help Group Clearinghouse.....	26
American Stroke Association.....	25, 31
Amerigroup.....	38
Amputee Coalition of America.....	31
Amtrak, Office of Amtrak Access.....	52
Amyotrophic Lateral Sclerosis (ALS).....	20, 31
Amyotrophic Lateral Sclerosis Association.....	31
Arc, The.....	22
Arc of New Jersey.....	22
Architectural and Transportation Barriers Compliance Board.....	35
Arthritis Foundation.....	20
Arthritis National Research Foundation.....	31
Arts.....	30
Asperger Syndrome Education Network (ASPEN).....	20
Assistance Dogs International, Inc.	26
Assistive Technology.....	31
Assistive Technology Advocacy Center (ATAC).....	4, 31, 62
Advocates for Children of New Jersey.....	28
Association of Late-Deafened Adults (ALDA).....	22
ASAH.....	30
Association for Special Children and Families.....	28
ATAC (Assistive Technology Advocacy Center).....	4, 31
Attention Deficit Disorder (ADD).....	32
Attorney General, Office of the.....	14

INDEX

Autism	20
Autism New Jersey (formerly COSAC)	20
Autism Family Services of New Jersey	20
Autoimmune Disorders	20
Auto Insurance Assistance	42
Auto Immune Disorders.....	20
B	
Back in Action (Assistive Devices Recycling Center).....	31
Banking and Insurance, Department of	3
Barrier Free Sub-Code	10
Benefits To Work	47
Blind/Visually Impaired.....	6, 21, 31-33, 46
Boards of Social Service	17
Boggs Center See: Elizabeth M. Boggs Center on Developmental Disabilities	5
Brain Injury Association of America	31
Brain Injury Alliance of New Jersey.....	23
Burn Association of America	31
Business Resources	47
C	
Camden City Independent Living Center	18
Campaign of Concern	37
Cancer.....	21, 31, 62
Canine Companions for Independence	30
Canine Partners for Life	30
CAP (Client Assistance Program)	4
Cardiac	21
Caregiving	50-51
Cash and Counseling See: Personal Preference Program	2, 50
Catastrophic Illness in Children Relief Fund.....	41
CBVI See: Commission for the Blind and Visually Impaired.....	6, 45
Celiac Sprue Association	31
Center for Disease Control and Prevention	37
Center for Health Statistics	9
Centers for Independent Living	18
Center for Independent Living of South Jersey, Inc.	18
Centers for Medicare and Medicaid Services (CMS)	37
Central Jersey Spinal Cord Association.....	25
Central Registry of Offenders	8
Cerebral Palsy	21
Cerebral Palsy Association of Middlesex County	21
Cerebral Palsy League	21
Cerebral Palsy of New Jersey See: Advancing Opportunities	22, 31
Cerebral Palsy of North Jersey.....	21
Charity Care	39
Child Abuse Prevention, Office of.....	53
Child Abuse Report Hotline	54, 62
Child Care Helpline	53
Child Care Resource and Referral Centers.....	53
Child Study Teams	44
Children’s System of Care (formerly Division of Child Behavioral Health).....	13
Children and Adults with Attention Deficit Disorder (CHADD).....	32
Children and Families, Department of	3, 13
Christopher & Dana Reeve Paralysis Resource Center	25
Chronic Fatigue and Immune Dysfunction Syndrome Association of America	32
Chronic Fatigue Syndrome	21, 32
Chronic Pain	26
Civil Rights, Division on.....	14, 29, 35
Civil Rights, Office on	37
Coalition for Inclusive Ministries	22
Coalition of Mental Health Consumers Organizations (COMHCO).....	24
Codes and Standards, Division of	10
Cognitive Disability	7, 13, 22

INDEX

Colitis See: Crohn’s Disease	21
Comfort Partners (See weatherization)	41
Commission for the Blind and Visually Impaired (CBVI)	6, 46
Community Access Unlimited	22
Community Affairs, Department of	3, 10, 49
Community Discharge Initiative	2
Community Health Law Project	28-29
Community Justice Center	28-29
Community Options, Inc.	22
Community Resources for Persons with Disabilities (CRPD) Waiver	1
Community Services Block Grant	49
Consumer Affairs, Division of	14
Corrections, Department of	3
Corrections Ombudsman, Office of the	15
COSAC (See: Autism New Jersey)	20
County Boards of Social Service	17
County Offices on Aging	19
County Offices of Disability Services	16-17
County Para-Transportation	52
Crisis Intervention	17
Crohn’s and Colitis Foundation of America	21
CRPD Waiver	1
Cross Disability	22
Cystic Fibrosis Foundation	22, 32

D

Danielle’s Law	34
DAWN, Inc.	18
DD Council (See: New Jersey Council on Developmental Disabilities)	4, 62
DDD (See: Division of Developmental Disabilities)	7
Deaf-Blind (See: Sensory Impairments)	25
Deaf and Hard of Hearing, Division of the	7, 63
Deaf/Hearing Impaired	7, 22, 32, 63
Delta Society (see Pet Partners)	30
Dental Assistance	36-37
Dental Care for Persons with Developmental Disabilities	37
Dental Provider Database	37
Developmental Disabilities, Division of (DDD)	7
Developmental Disabilities Assistance and Bill of Rights Act of 2000	33
Diabetes	22
DIAL, Inc.	18
Disabilities Management, Office of	15
Disability Determinations	12
Disability Employment Policy, Office of (ODEP)	32
Disability Health and Wellness Initiative	2
Disability Preparedness Resource Center	58
Disability Rights New Jersey (formerly New Jersey Protection and Advocacy)	4, 29
Disability Services, Division of	1-2, 8
Disability Social History Project	26
Disaster Mental Health Helpline	62
Disaster Preparedness	58-59
Dollar-A-Day Car Insurance	42
Domestic Violence Hotline	13, 62
Dental Lifeline Network (Formerly Donated Dental Services)	36
Down Syndrome	23
DVRS See: Vocational Rehabilitation Services, Division of	12, 45-46
Dwarfism	23
DYFS, See: Division of Child Protection and Permanency	13, 62
Dyslexia (See learning Disabilities)	23

E

Early Intervention Services	9, 36, 43
Easter Seals National Headquarters	32
Easter Seals Society of New Jersey	22

INDEX

Eating Disorders Association of New Jersey	23
Education, Department of	3, 11
Education Law Center	28
EEOC See: Equal Employment Opportunity Commission	35
Elizabeth M. Boggs Center on Developmental Disabilities	5
Emergency Management, Office of	3
Emphysema See: Respiratory Disease.....	24
Employment	12, 45-48
Employment First Toolkit	46
Environmental Protection, Department of	3
Epilepsy	23, 32
Epilepsy Foundation of America.....	32
Epilepsy Foundation of New Jersey.....	23
Equal Employment Opportunity Commission (EEOC).....	35

F

Fair Housing Act	33, 35
Fair Housing Best Practices Task Force	62
Family Care	38, 62
Family Development, Division of	8, 62
Family Health Services, Division of	9, 36
Family Helpline	62
Family Resource Network	28
Family Self-Sufficiency Program, Transitional Housing Program	49
Family Support	28, 34
Family Support Act	34
Family Support Center	28
Federal Aviation Administration (FAA).....	60
Federal Communications Commission (FCC).....	35
Federal Emergency Management Agency (FEMA)	59
Federal Government Contacts.....	37
Federally Qualified Health Centers	39
Fibromyalgia (see arthritis)	20
Financial Assistance	41-42
NJFindARide	52
Fire Safety, Division of	10, 59
Food Addicts Anonymous	23
Food Pantries	41
Food Stamps (SNAP; See county Board of Social Services).....	17
Foster Care	13, 61
Fragile X-Syndrome	55, 62
Fraud.....	32, 62

G

Gamblers Anonymous	57
Githens Center (Burlington County Cerebral Palsy Association)	21
Good Neighbors	6
Governor, Office of the	3
Governor's Council on Alcoholism and Substance Abuse	57
Greyhound Travel Assistance Line	52

H

HCCAP (Healthcare Consumer Assistance Program)	4
Head Injury/Traumatic Brain Injury	1-2, 23, 31
Head Start	44
Health Care Facility Consumer Complaint Hotline	9, 61
Health Facilities Evaluation and Licensing, Division of	9, 61
Healthfirst.....	38
Health Information	62
Health Insurance Portability and Accountability Act (HIPAA)	34
Health Link (NJ)	37

INDEX

Health Resources and Services Administration (HRSA).....	37
Health , Department of.....	3, 9
Health and Wellness for People with Disabilities	2, 40, 61
Hearing Impaired	7, 22, 32, 63
Hearing Loss Association of America, New Jersey State Association	22
Heart Disease	21
Heightened Independence & Progress (HIP).....	18
Hepatitis Foundation International.....	23
Higher Education Student Assistance Authority (HESAA).....	44
HIPAA (Health Insurance Portability and Accountability Act)	34
HIV/AIDS	1, 9, 20, 32, 39, 62
HIV/AIDS Services, Division of.....	9
Home Care Associations	51
Home and Community Services, Office of	1
Home Health Services and Staffing Association of New Jersey	51
Homeownership Preservation Effort (HOPE)	49
Homeland Security, Department of.....	59
Homelessness Prevention Program	49
Homeless Shelter Program	17
Homestead Rebate Hotlines	15
Horizon NJ Health	38
Hospice	37
Hotlines/Helplines.....	13, 62
Housing Information Line.....	10, 49, 62
Housing Authority Offices	49
Housing, Division of	10, 49
Housing and Mortgage Finance Agency (HMFA, NJHMFA)	49, 62
HUD (Housing and Urban Development, Department of)	35, 61
Human Services, Department of	3, 6, 7, 8, 39
Huntington’s Disease Society of America	23
Hyacinth AIDS Foundation	20

I

I Choose Home New Jersey (Money Follows the Person)	2
IDEA See: Individuals with Disabilities Education Act	33, 35
Inclusive Education	44
Independent Living Centers See: Centers for Independent Living	18
Independent Living USA	26
Individuals With Disabilities Education Act (IDEA)	33, 35
Information and Assistance Services, Office of	1
Inspector General, Office of the	37, 62
Institute on Disability Culture.....	27
Intellectual Disability	7, 22, 31
International Dyslexia Association	23
International Paralympic Committee	27
Internet Resources.....	26-27
Interpreter Referral Service (American Sign Language)	7

J

Job Accommodation Network.....	32
Joseph Kohn Rehabilitation Center	6
Justice, Department of.....	35

K

Katzenbach School for the Deaf	11
Kinship Navigator	53

L

Labor and Workforce Development, Department of.....	3, 12
LAD See: New Jersey Law Against Discrimination	34, 57
LADACIN Network	21
Late-Deafened Adults, Association of (ALDA).....	22
Law and Public Safety, Department of	3, 14
Laws and Rights.....	33-35

INDEX

Learning Ally	33
Learning Disabilities	23, 32
Learning Disabilities Association of America	23, 32
Learning Resource Centers	11, 44
Legal Assistance	4, 14, 28, 35
Legal Services of New Jersey	28-29
Legislative Services, Office of	3
Libraries	33
Lifeline Utility Assistance Program	6, 42
Little People of America	23
LogistiCare	38
Long Term Care Ombudsman	37
Low-Income Home Energy Assistance Program (LIHEAP)	42
Lupus Foundation of America	23
M	
Managed Care	38
Managed Long Term Supports and Services (MLTSS)	8
Marie Katzenbach School for the Deaf	11
Maternal and Child Health Services	36
Medicaid	38, 62
Medicaid Fraud and Abuse Hotline	38, 62
Medicaid Waivers	1, 38
Medical Assistance Customer Centers (MACC)	38
Medical Assistance and Health Services, Division of	8, 38
Medicare	37, 62
Mental Health	8, 24, 32, 34, 39, 62
Mental Health America	32
Mental Health and Addiction Services, Division of	8
Mental Health Association in New Jersey	24
Mental Health Consumers Organizations, Coalition of (COMHCO)	24
Mental Health Parity Act	34
Military and Veteran's Affairs, Department of	3, 14
Minority and Multicultural Health, Office of	9
MLTSS (Managed Long Term Supports and Services)	8
MOCEANS Center for Independent Living	18
Mom2Mom helpline	50
Monday Morning Project	4
Money Follows the Person (I Choose Home New Jersey)	2
Motorized Wheelchair Lemon Law	14, 33
Motor Vehicles (New Jersey Motor Vehicle Commission)	39, 55
MTA (New York Transportation)	52
Multiple Sclerosis	24, 32
Multiple Sclerosis Association of America (MSAA)	24
Multiple Sclerosis Society	24
Muscular Dystrophy Association	24, 32
N	
NAMI (National Alliance on Mental Illness)	24
NAR-ANON	57
Narcotics Anonymous	57
National Alcohol and Substance Abuse Information Center	57
National Association of the Deaf	32
National Association for Parents of Children with Visual Impairments	32
National Autism Center	32
National Council on Alcoholism and Drug Dependence	32
National Council on Disability	27
National Dissemination Center for Children with Disabilities (NICHCY)	32
National Down Syndrome Society	32
National Federation of the Blind	21
National Fragile X Foundation	32
National Library Services for the Blind and Physically Handicapped	32
National Multiple Sclerosis Society	32
National Organization on Disability (NOD)	27

INDEX

National Organization for Rare Disorders	32
National Resources	31-32
National Spinal Cord Injury Association (NSCIA)	32
Neuromuscular and ALS Center	20
Newborn Screening and Genetic Services	9, 36
New Eyes For The Needy	37
New Jersey American Parkinson Disease Association	24
New Jersey Association of Community Providers, Inc.	30
New Jersey Association of the Deaf-Blind	25
New Jersey Association for Persons in Supported Employment (NJAPSE)	30
New Jersey Center for Tourette Syndrome	25
New Jersey Chronic Fatigue Syndrome Association (NJCFS), Inc.	21
New Jersey Commission on Recreation for Individuals with Disabilities (NJID)	30
New Jersey Community Capital	46
New Jersey Council of the Blind	21
New Jersey Council on Developmental Disabilities (DD Council)	4, 62
New Jersey Foundation for the Blind	21
New Jersey Health Link	37
New Jersey Homeland Security	3, 59
New Jersey Hospice and Palliative Care Organization	37
New Jersey Hospital Association	51
New Jersey Law Against Discrimination (NJLAD)	34, 57
New Jersey Lifeline	6, 42
New Jersey Polio Network	24
New Jersey Protection and Advocacy, Inc. See: Disability Rights New Jersey	4, 29
New Jersey Relay	63
New Jersey State Parent Information and Resource Center	53
New Jersey Self-Advocacy Project	28
New Jersey Self-Help Group Clearinghouse	25, 29
New Jersey Shares	42
New Jersey Speech-Language-Hearing Association	25
New Jersey State Bar Association	28
New Jersey State Library	33
New Jersey Stroke Activity Center, Inc.	25
New Jersey Subsidized Adoption Program	55
New Jersey Women and AIDS Network	20
Nicotine Anonymous	57
NJ Addictions Hotline	6, 56, 62
NJ AIDS/STD Hotline	9, 62
NJ Association of the Deaf (NJAD)	22
NJ Council on Affordable Housing	49
NJ DiscoverAbility	2
NJ FindARide	52
NJ Helps	17
NJ Housing Resource Center	49
NJ Mental Health Cares	6, 8, 62
NJ Shares	42
NJ State Library Talking Book and Braille Center	33
NJ Transit	52
NJ WINS	48
NJ WorkAbility	2, 48
ADA Information Line	35
O	
Older Americans Act	34
Olmstead Decision	61
Ombudsman, Long Term Care	37
Ombudsman for the Institutionalized Elderly, Office of the	15
One-Stop Career Centers	46
Open Public Records Act (OPRA)	34
Oxygen Emblems	59

INDEX

P

PAAD See: Pharmaceutical Assistance for the Aged and Disabled	6, 39, 62
PAAT (Protection and Advocacy for Assistive Technology)	4
PACE (Program of All Inclusive Care for the Elderly)	19
PAIMI (Protection and Advocacy for Individuals with Mental Illness)	4
PABSS (Protection and Advocacy for Beneficiaries of Social Security)	4
PABTI (Protection and Advocacy for Traumatic Brain Injury)	4
PADD (Protection and Advocacy for Persons with Developmental Disabilities)	4
PAGE (Payment Assistance for Gas and Electric)	41
PAIR (Protection and Advocacy of Individual Rights)	4
PAVA (Protection and Advocacy for Voter Access)	4
Paralyzed Veterans of America	32
Para-Transit See: County Para-Transportation	52
Parent Link (NJ)	53
Parent Advocacy Coalition for Educational Rights (PACER)	27
Parent Information and Resource Center (NJPIRC)	53
Parents Anonymous	62
Parents of Autistic Children (POAC)	20
Parking Laws	55
Parkinson's Disease	24
Partners In Policymaking	4
PASP See: Personal Assistance Services Program	2, 50
PASS See: Plan to Achieve Self-Support	47
Passaic County Elks Cerebral Palsy Treatment Center	21
PCA See: Personal Care Assistant	1, 50
People First Language	56
PerformCare	13, 53, 62
Personal Assistance Services Program (PASP)	2, 50
Personal Care Assistance (PCA)	1, 50
Personal Preference Program	2, 50
Pet Partners (formerly Delta Society)	30
Pervasive Developmental Disorder See: Autism	20, 32
Pharmaceutical Assistance	6, 39, 62
Pharmaceutical Assistance for the Aged and Disabled (PAAD)	6, 39, 62
Plan to Achieve Self-Support (PASS)	47
Polio/Post-Polio	24
Progressive Center for Independent Living (PCIL)	18
Project Child Find	44
Property Tax Reimbursement Program	15
Public Utilities, Board of	41

R

Railroad Retirement Board	37
Rare Disorders (National Organization of)	32
Recording for the Blind and Dyslexic (RFB&D)	33
Recreation	10, 30
Red Cross	59
Reduced Fair Program, New Jersey Transit	52
Reflex Sympathetic Dystrophy Syndrome Association	32
Regional Early Intervention Collaborative (REIC)	43
Regulatory Affairs, Office of	10
Rehabilitation Act of 1973	33, 35
Rehabilitation Technology Services	31
Rental Assistance	49
Residential Disability and Oxygen Emblems Program	59
Resources for Independent Living (RIL)	18
Respiratory Disease	24
Rewarding Work	51
RSD (Reflex Sympathetic Dystrophy)	32
Rx4NJ	39

INDEX

S

Safe Haven for Infants	53, 62
Sandy Relief Modular Ramp Program.....	2
SCCAT (Statewide Clinical Consultation and Training)	39
Scleroderma Foundation	25
Senior Community Independent Living Services (SCILS)	2, 50
Secretary of State, Department of the	3
Section 8 Housing Voucher Program	49
Seeing Eye, Inc.	30
Self Advocacy	5, 28
Self-Employment Initiative.....	47
Self Help Clearinghouse	25
Senior Community Independent Living (SCIL)	2
Senior Freeze.....	42
Senior Gold Prescription Discount Program	6, 39
Senior Information Line	6, 62
Senior Services, Offices of	19
Sensory Impairments.....	25
SEPTA (Pennsylvania Transportation)	52
Service Animals	26, 30, 57, 58, 60
Service Core of Retired Executives (SCORE).....	46
SHIP See: State Health Insurance Program	6, 37
Sickle Cell Disease Association of America	25
SIDS Alliance	62
Small Business Development Center	47
Snow Removal Act.....	33
Social Security Administration	41, 47-48
Social Security Disability Insurance (SSDI)	41, 46-47
Society for Accessible Travel and Hospitality (SATH)	27
Society for Disability Studies	27, 32
SPAN See: Statewide Parent Advocacy Network	22, 28
Special Child Health Early Intervention Services (SCHS)	9, 36
See Also: SCHS Case Management Units.....	36
Special Education Programs, Office of.....	11, 44
Special Education and Rehabilitative Services, Office of	35
Special Needs Registry	3, 59
Special Olympics	30
Spectrum for Living	22
Spina Bifida Resource Network	25
Spinal Cord Injury (SCI).....	25, 32
Sports.....	26, 27, 30
SSDI (Social Security Disability Insurance)	41, 47-48
SSI (Supplemental Security Income)	41, 47-48
State Assessments, Office of	11
State, Secretary of	3
State Health Insurance Program (SHIP)	37
State Insurance Department	37
State Medical Assistance Office	37
State Parent Information and Resource Center.....	53
State Rental Assistance Program (SRAP).....	49
State Temporary Disability Benefits.....	12
State Treasurer, Office of the	15
Statewide Clinical Consultation and Training (SCCAT)	39
Statewide Food Pantries	41
Statewide Family Centered HIV Care Network	9
Statewide Independent Living Council (SILC)	18
Statewide Parent Advocacy Network (SPAN)	22, 28
Stroke/CVA	25
Student Services, Division of	11
Substance Abuse See: Addictions	6, 8, 32, 57, 62
Substance Abuse Hotline	62
Suicide Hotline.....	17
Supplemental Security Income (SSI).....	41, 47-48
Support Groups See: New Jersey Self-Help Group Clearinghouse	25, 29

INDEX

T

Task Force on Child Abuse and Neglect	53, 62
Taxation, Division of	15
TBI Fund	1
TBI Waiver See:Traumatic Brain Injury Waiver.....	1
Technology Lending Center	31
Telecommunications Relay Services.....	35
Telephone Assistance	42
Temporary Disability Benefits	12
Ticket to Work.....	47, 48
Top Soccer.....	30
Total Living Center, Inc. (TLC).....	18
Tourette Syndrome	25
Transportation, Department of	3
Transportation Security Administration (TSA).....	60
Traumatic Brain Injury See: Head Injury/Traumatic Brain Injury.....	1, 4, 23, 31
Traumatic Brain Injury Advisory Council	2
Traumatic Brain Injury Fund	1
Traumatic Brain Injury Waiver	1
Travel Instruction Program (NJ TIP)	2
Traveling with a Disability	27, 60
Treasury, Department of.....	3, 15
Tri-County Independent Living Center, Inc.....	18
TRUE (Temporary Relief for Utility Expenses).....	41

U

Unemployment Insurance	12
United Cerebral Palsy of Hudson County	21
United Cerebral Palsy of Northern, Central, and Southern NJ, Inc.	21
United Health Care	38
United Spinal Association (Formerly EPVA)	28
Universal Service Fund.....	42
Utility Assistance	42
US Youth Soccer.....	30

V

Veteran's Affairs, Department of	14
Veteran's Affairs Hotline	14
Veteran's Healthcare Services	14, 32
Victim of Crime Compensation Office	62
Vision Assistance.....	37
Visually Impaired See: Blind/Visually Impaired.....	2, 6, 21, 31-32, 46, 47
Vocational Rehabilitation Services, Division of (DVRS).....	12, 45- 47
VSA Arts of New Jersey	30

W

Waivers	1, 38
Weatherization See: Comfort Partners.....	41
WellCare	38
Wheelchair Lemon Law	14, 33
WIC (Special Supplemental Nutrition Program for Women, Infants, and Children).....	9, 36
Winter Termination Program.....	42
WorkAbility.....	2, 48
Work Incentives Improvement Act	34, 48
Workers' Compensation, Division of	12
Workforce Development	12
Women, Division on.....	13
Women's Health	20
Women's Referral Center	62

Y

Your ReSource (see Goodwill Home Medical Equipment).....	31
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