



Insights

1-800-792-8322

Fall, 2002

The Newsletter of the Library for the Blind and Handicapped

DIRECTOR'S CHAIR



I would like to invite those of you who are able to do so, to join the Friends of the Library for the Blind and Handicapped. The Friends group supports the "extras" that we might not be able to offer you otherwise.

The Friends buy and provide all the Talking Pictures so many of you enjoy. Did you know that the Friends purchased the van the Library uses to deliver and retrieve equipment volunteer groups repair for us? The Friends also provide some funding for our Festival, and this year helped to send two Readers' Advisors to the National Conference of Librarians for the Blind and Handicapped, and purchased special

equipment for Audiovision, our news reading service.

If you would like to join the Friends, please fill out the application enclosed with this newsletter. We'd love to have you as a member, but I want to emphasize that joining the Friends is strictly optional and you should feel under no obligation whatsoever to do so.

The Friends will be meeting at the Library on Saturday, December 7th at 10:30 in the morning to discuss the budget for the forthcoming year. If you are able and would like to attend, we would welcome you!

I would also like to take this opportunity to thank those of you who are already members of the Friends for all you have done and continue to do for the Library. I am truly grateful for your support.

Deborah Dooney

THE TALKING BOOK MARKER

Developed by a Talking Book reader who would occasionally fall asleep while listening to his books and then spend time trying to relocate his place, this device stops the cassette machine as soon as you relax.

The Talking Book Marker plugs into the remote jack on the cassette player and the listener must keep a switch constantly depressed while listening.

If you are interested in learning more about the Talking Book Marker which costs \$12.99 plus \$3 for shipping and handling, contact Jim Daily at (406) 782-2202, write him at The Talking Book Marker, 835 Emma, Butte, MT 59701 or email him at jandmdaily@yahoo.com.

Any mention of products and services in *Insights* is for information only and does not imply endorsement.

SOCIETY FOR ACCESSIBLE TRAVEL AND HOSPITALITY

Founded as the Society for the Advancement of Travel for the

Handicapped, SATH is a nonprofit educational organization that has actively represented travelers with disabilities since 1976.

SATH's mission is to promote awareness, respect, and accessibility for disabled and mature travelers, and employment for people with disabilities in the tourism industry. SATH has worked for the creation of a barrier-free environment throughout the travel industry in the United States and abroad.

SATH sponsors disability travel seminars, and lobbies and advises government officials, agencies, and tourist boards. The organization offers travel assistance, and publishes a magazine called *Open World*. It also manages a very informative web site full of information and links about travel and accessibility. The URL is www.sath.org.

For more information contact SATH by email at sathtravel@aol.com, or by mail or phone at 347 5th Avenue, Suite 610, New York, NY 10016, (212) 447-7284.

LBH PRODUCED BOOKS

Bookworm.....is on vacation this Fall, but the Library has locally produced books that you may find enjoyable.

We try to record books about New Jersey that would not be considered by the National Library Service but are interesting to anyone who knows and loves New Jersey or is curious to learn more about our area.

If you love the shore, you might be interested in Shore Chronicles by Margaret Buchholtz (C 2962), an historical look at the Jersey Shore taken from travelers' tales and diaries from 1764 to 1955. And Edison's Electric Light (C2949) by Robert Freidel is a history of the invention of the incandescent light by the man known as the Wizard of Menlo Park.

For a wacky look at our state, try Discover Hidden New Jersey by Russell Roberts (C2983). It has everything you didn't know about New Jersey--tall tales, fun facts, heroes and hoodlums, Jersey firsts, famous sons and daughters, sports trivia, great storms, birthplaces, burial sites, and much more!

Bookworm is on vacation...the Library has locally produced books that you might find enjoyable.

While not a book about New Jersey, a narrator whose voice is known to many of you for recording many of our Jersey titles, Charles Cronin, narrates his own work, Hill Games (C 2951). This is a story of greed and corruption that leads to retribution and ruin. The setting is the U.S. Congress where an amoral band of schemers, under the leadership of an unscrupulous lobbyist, try to manipulate the legislative process using blackmail, bribery and vice to achieve their ends. If you find sex and violence offensive, this one is not for you.

The Library also records some books that are pertinent to our times. For a look at Islam from an Islamic perspective, try Al Jumuah (C2964), a magazine that is a guide to Islamic life. After the horrible events of September 11th, we received this publication to inform people what Islam is all about.

Windows 98 Explained by Sarah Morley (C 2961) is an overview that explains the differences between Windows 95 and Windows 98. It tells how to use Windows 98's new features

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if you are a keyboard user working with speech, Braille, or screen magnification access.

If you are into healthy cooking or need to limit fat or sugar because of diabetes, heart disease or some other factor, the following books that were sent to us by the Sweet 'N Low company may interest you:

- C 2974 Savor the Flavor: 101 Delicious, Easy to Prepare Low-Fat Recipes
- C 2975 Naturally Simple But Elegant; which includes dessert recipes from pastry chef Claudia Fleming.
- C 2976 Sweet 'N Low Cakes for All Seasons--cake recipes made with Sweet 'N Low sugar substitute.
- C 2977 Taking Charge: Diabetes and the African-American Woman
- C2978 Taking Charge: Lowering Your Risk of Breast Cancer
- C2979 Taking Charge: Lowering Your Risk for Heart Disease
- C 2980 Taking Charge: A Guide for Children and Parents About Diabetes
- C 2981 Taking Charge: Diabetes and Hispanic Americans (English Version)

- C 2982 Hagase Responsable de su Salud: la Diabetes y los Hispanos Americanos (Spanish Version of Taking Charge)

The Library received a grant to purchase materials on substance abuse, addiction and recovery. We have a complete catalog of materials in Braille, cassette and large print and you may order the catalog by marking the appropriate box on the check off list.

Happy reading!

**CHECK ALL YOUR FAVORITES
FROM THE SELECTIONS GIVEN
ON PAGE 5.**

**MAIL IN YOUR REQUEST AND
YOU'LL RECEIVE THE
MATERIALS IN NO TIME.**

LBH Produced Books Checklist



- _____ C 2962 Shore Chronicles
- _____ C2949 Edison's Electric Light
- _____ C 2983 Discover Hidden New Jersey
- _____ C 2951 Hill Games
- _____ C 2964 Al Jumuah
- _____ C 2961 Windows 98 Explained
- _____ C 2974 Savor the Flavor: 101 Delicious, Easy to Prepare Low-Fat Recipes
- _____ C 2975 Naturally Simple But Elegant
- _____ C 2976 Sweet 'N Low Cakes for All Seasons
- _____ C 2977 Taking Charge: Diabetes and the African-American Woman
- _____ C2978 Taking Charge: Lowering Your Risk of Breast Cancer
- _____ C2979 Taking Charge: Lowering Your Risk for Heart Disease
- _____ C 2980 Taking Charge: A Guide for Children and Parents About Diabetes
- _____ C 2981 Taking Charge: Diabetes and Hispanic Americans
- _____ C 2982 Hagase Responsable de su Salud: la Diabetes y los Hispanos Americanos (Spanish Version of Taking Charge)

_____ Please send me the catalog of books about substance abuse.

Free Matter for
The Blind and
Handicapped

Library for the Blind and Handicapped

P.O. Box 501
Trenton, NJ 08625

Phone: 800-792-8322
TTY: 877-882-5593
Email: njlbh@njstatelib.org

NEW HANDBOOK FROM NEW JERSEY ARTS ACCESS TASK FORCE

The New Jersey Arts Access Task Force has introduced *Discover Jersey Arts: Accessibility Guide*. The handbook is designed to assist patrons with disabilities and their families in determining physical and program accessibility of New Jersey's cultural institutions.

A "snapshot" of each organization's accessibility is provided via the Accessibility Symbols. More information on New Jersey's arts organizations can be found in *Discover Jersey Arts: Resource Guide*, a companion guide distributed by the New Jersey State Council on the Arts. To obtain copies of the Accessibility Guide in large print, Braille and electronically, please call 973-593-0189.

THE NEW JERSEY
SYMPHONY ORCHESTRA IS
PROVIDING **FREE** TICKETS TO THEIR CON-
CERTS FOR LEGALLY BLIND
INDIVIDUALS AND ONE COMPANION.

FOR MORE INFORMATION, PLEASE CONTACT
MARK HEIMERDINGER AT 973-624-3713
EXTENSION 242.

Attention: Campbell soup has a new soup called "Soup at Hand." For anyone who collects **Campbell's Labels for Education** and sends them to the Library, from now until July, 2003, every "Soup at Hand" label is worth **5** labels. This is a ready to sip soup that can be used anytime, anywhere. Thanks for thinking of us! If you have any questions call Joyce at the Library, 1-800-792-8322.

FREE EYE CARE

Eye Care America from the National Eye Care Project provides eye examinations to seniors who have low or fixed incomes or inadequate insurance. Individuals must be 65 or older, not have had an eye exam in three years, and not belong to an HMO, or be eligible for VA eye care benefits. If you meet these qualifications, you may be eligible for a complete medical eye examination and up to a year of free eye care.

To find out if you qualify and to locate the New Jersey volunteer ophthalmologist nearest you, please call the toll-free Helpline: 1-800-222-EYES (3937).

ACCESSIBLE COMPUTERS

The Library has two accessible computer workstations with Internet access and word processing provided by a generous grant from the New Jersey Americans with Disabilities Compliance Office. The computers have Zoom Text to increase print size, Jaws for Windows for voice output and both a refreshable Braille display and Juliette Braille printer.


The computers are available for use during regular Library hours, Monday-Friday 9 a.m.—4:30 p.m. and Saturday 9 a.m.—3 p.m. Come in and give them a try!

Insight is the newsletter of the Library for the Blind and Handicapped, part of the New Jersey State Library. LBH is located at 2300 Stuyvesant Avenue in Trenton, NJ.
Phone: 1-800-792-8322
TTY: 1-877-882-5593
Email: NJLBH@njstatelib.org


BRAILLE BOOKS FOR PURCHASE

Bookshare.org announced a new service, provided in partnership with the Braille Press of Braille Institute of America, Inc. (www.brailleinstitute.org).

Now books originating from the Bookshare.org digital Braille files can be ordered in embossed Braille and mailed directly to you or sent as a gift. These embossed books can be ordered by anyone in the United States, as you do not need to be a Bookshare.org member to order an embossed Braille book.



**...Digital Braille files
can be ordered in
embossed Braille
and mailed
directly to you...**



Their website has more detail on the different embossing options, pricing and instructions about how to order at this link: <http://www.bookshare.org/braille> or write to Bookshare.Org. The Benetech Initiative, 480 California Avenue, Suite 201, Palo Alto, CA 94306-1609.

Who's Who at LBH

As the Assistant Director for the Library for the Blind and Handicapped (LBH), Anne McArthur supervises Audiovision, Hispanic outreach services, and direct patron services. She is also responsible for advertising the program to eligible unserved senior citizens..

Ms. McArthur has been serving at LBH since 2001. She received her MLS from Florida State University in Tallahassee. Formerly she worked at the Recording for the Blind and Dyslexic in Princeton as a Digital Audio Selection Librarian/Publisher Specialist.

Anne McArthur
Assistant
Director,
Library for the
Blind and
Handicapped



She brings enthusiasm, insight and leadership to her position.

Ms. McArthur can be reached at 1-800-792-8322 or amcarthur@njstatelib.org.

SKI FOR LIGHT

The 2003 Northeast Pennsylvania Regional Ski for Light cross-country skiing event will take place during the week of January 26th, 2003 at the Land of the Vikings in Susquehanna, Pennsylvania. Ski for Light is an organization that matches visually impaired skiers with sighted guides. Sighted guides are in great demand to assist with this program. First-time visually impaired participants receive priority acceptance.

For more information or applications to participate or guide, contact Barry or Louise Wood at 201-868-3336. The application deadline is December 1st, 2002.

Have a question you'd like for us to answer at LBH?

Let us know your question and we'll feature the question and the answer here.

Send your questions to:
Library for the Blind and Handicapped
PO Box 501
Trenton, NJ 08625
Or
Njlbh@njstatelib.org





**FRIENDS OF THE LIBRARY
FOR THE BLIND AND HANDICAPPED
P.O. BOX 7067
TRENTON, NEW JERSEY 08628**

2002 Membership

Name _____

Phone (_____) _____

Address _____

_____ **Zip** _____

I want to become a Friend of the Library for the Blind and Handicapped or renew my membership and have enclosed a check or money order made payable to the Friends of the Library in the following amount:

_____ Individual Membership	\$10.00
_____ Family Membership	\$25.00
_____ Additional Donation (optional)	\$ _____

I would like to receive my Friend's newsletter in:

_____ **Large Print** _____ **Braille**

_____ **Audio Tape**

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