

CHAPTER 33R

**PLANNING AND CERTIFICATE OF NEED REVIEWS
OF PSYCHIATRIC HEALTH CARE FACILITIES
AND SERVICES**

Authority

N.J.S.A. 26:2H-5 and 26:2H-8.

Source and Effective Date

R.1996 d.107, effective February 20, 1996.
See: 27 N.J.R. 4212(a), 28 N.J.R. 1267(a).

Executive Order No. 66(1978) Expiration Date

Chapter 33R, Planning and Certificate of Need Reviews of Psychiatric Health Care Facilities and Services, expires on February 20, 1998.

Chapter Historical Note

All provisions of Chapter 33R, Policy Manual for Planning and Certificate of Need Reviews of Psychiatric Health Care Facilities and Services Within the State of New Jersey, became effective April 21, 1977 as R.1977 d.138. See: 9 N.J.R. 79(b), 9 N.J.R. 221(b).

1983 Revisions: Subchapter 2 became effective January 17, 1984 as R.1983 d.627. See: 15 N.J.R. 1717(a), 16 N.J.R. 135(a). Subchapter 3 became effective January 17, 1984 as R.1983 d.626. See: 15 N.J.R. 1720(a), 16 N.J.R. 138(a). Subchapter 4 became effective January 17, 1984 as R.1983 d.625. See: 15 N.J.R. 1723(a), 16 N.J.R. 138(b). Subchapter 5 became effective May 18, 1987 as R.1987 d.266. See: 19 N.J.R. 171(b), 19 N.J.R. 873(b).

1988 Revisions: Subchapter 1 was readopted effective December 11, 1987 as R.1988 d.21. See: 19 N.J.R. 1872(a), 20 N.J.R. 86(a). Subchapter 2 was readopted effective December 11, 1987 with amendments effective January 4, 1988 as R.1988 d.22. See: 19 N.J.R. 1873(a), 20 N.J.R. 86(b). Subchapter 3 was readopted effective December 11, 1987 with amendments effective January 4, 1988 as R.1988 d.20. See: 19 N.J.R. 1875(a), 20 N.J.R. 88(a). Subchapter 4 was readopted effective December 11, 1987 as R.1988 d.19. See: 19 N.J.R. 1876(a), 20 N.J.R. 89(a). Subchapter 5 was readopted effective December 11, 1987 as R.1988 d.18. See: 19 N.J.R. 1877(a), 20 N.J.R. 89(b). Subchapter 4, Rules Governing Psychiatric Inpatient Children's Acute Beds, was repealed and a new subchapter 4 became effective February 16, 1988 as R.1988 d.87. See: 19 N.J.R. 2094(a), 20 N.J.R. 394(a). Subchapter 1, General Provisions, was repealed effective March 21, 1988 as R.1988 d.114. See: 19 N.J.R. 2365(b), 20 N.J.R. 645(d).

Pursuant to Executive Order No. 66(1978), Chapter 33R was readopted, and was recodified and amended by R.1993 d.29. Chapter 33R, Policy Manual for Planning and Certificate of Need Reviews of Psychiatric Health Care Facilities and Services Within the State of New Jersey, expired on December 11, 1994.

Chapter 33R, Planning and Certificate of Need Reviews of Psychiatric Health Care Facilities and Services, was adopted as new rules by R.1996 d.107, effective February 20, 1996. See: Source and Effective Date.

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SUBCHAPTER 1. GENERAL PROVISIONS

8:33R-1.1 Scope and purpose

(a) The New Jersey Department of Health currently licenses and regulates inpatient psychiatric beds as provided in licensed general acute care and special hospitals throughout the State. This subchapter sets forth the definition of psychiatric service terms that appear throughout the chapter which apply to the review of certificate of need applications for the establishment of child, adolescent, and adult acute psychiatric inpatient services in New Jersey. Inpatient psy-

chiatric beds play a small, but critical part in the mental health care system. The purpose of these rules is to provide a uniform set of definitions of psychiatric terms that will facilitate the integration of these inpatient psychiatric beds and services within the continuum of mental health care services, that access for all who require this level of care is assured, that there is continuity of care for patients upon discharge, and that a consistent level of quality services is provided in a cost effective manner.

8:33R-1.2 Definitions

The following words and terms, when used in this chapter, shall have the following meanings:

“Adolescent acute psychiatric beds” means beds in a designated unit of a licensed acute care or special hospital or in a designated free-standing psychiatric unit or facility, established for the provision of intensive treatment to persons generally between the ages of 13 and 18 who are experiencing an acute episode of a primary psychiatric disorder and have been medically evaluated to require the services of a specifically designated unit. The Diagnostic and Statistical Manual (DSM) IV, which is published by the American Psychiatric Association, is the recognized guide for making diagnostic decisions.

“Adult closed acute psychiatric beds/units” means licensed psychiatric beds in a separate unit or subunit of a New Jersey hospital, specifically designated as a mental hospital by the Commissioner of Human Services for the provision of intensive acute treatment services for persons experiencing an acute episode of a psychiatric disorder. All such persons are referred by a screening center and may be admitted voluntarily or involuntarily if they are determined to be mentally ill and dangerous to self or others.

“Adult acute psychiatric beds/units” means licensed psychiatric beds in a designated and separate unit of a New Jersey hospital for the provision of intensive evaluation, stabilization and treatment of persons 18 years of age and older who are experiencing an acute episode of a psychiatric disorder. Patients are admitted under voluntary status. If the hospital is designated as a short term care facility, patients may be transferred into the adult acute psychiatric unit as clinically appropriate, regardless of legal status.

“Affiliation agreement” means a written agreement between two service providers specifying referral and discharge criteria, admission procedures, responsibilities, timeframes and services to be performed.

“Case management service” means a coordination of resources and service provision within the adult/child’s community to assure that needs are met.

“Children’s acute psychiatric beds” means beds in a designated unit of a licensed acute care or special hospital or in a designated free-standing psychiatric unit or facility, established for the provision of intensive treatment of persons generally under the age of 13 who are experiencing an acute episode of a psychiatric disorder and have been medically evaluated to require acute psychiatric inpatient services. The Diagnostic and Statistical Manual (DSM) IV, which is published by the American Psychiatric Association, is the recognized guide for making diagnostic decisions.

“Children’s crisis intervention service/CCIS” means a regional community-based acute care inpatient psychiatric service designated by the Commissioner of the Department of Human Services to provide assessment, crisis stabilization, evaluation and treatment to children and adolescents with a length of stay not to exceed 30 days. A CCIS is authorized by the Commissioner of the Department of Human Services to serve persons from a specified geographic area. Children and adolescents are screened by local emergency/screening services and referred for admission if this level of inpatient care is indicated.

“Community outreach service” means a service provided to a child or adolescent and their caretaker in the setting where a crisis occurs, providing assessment and intervention services to determine the need for emergency and stabilization services, or referral to outpatient services, or admission to an inpatient facility or residential program.

“Department” means the New Jersey State Department of Health.

“Designated psychiatric screening center” means a public or private ambulatory care service designated by the Commissioner of Human Services which provides mental health services including assessment, screening, emergency and referral services to mentally ill persons in a specified geographic area. A designated screening center is the facility in the public mental health care treatment system wherein a person believed to be in need of commitment to a short-term care, psychiatric facility or special psychiatric hospital undergoes an assessment to determine what mental health services are appropriate for the person and where those services may be appropriately provided.

“Emergency psychiatric services” means the provision of 24 hour, seven day a week service to people in crisis. Emergency services offer immediate crisis intervention and service procurement to relieve the client’s distress and to help maintain or restore his or her level of functioning in the least restrictive setting.

“Liaison” means a mental health worker who is an employee of a Division of Mental Health Services contracted community mental health agency and whose function is to assist the short term care facility treatment team with discharge planning and linkage to services in the community.