



STATE OF NEW JERSEY
DEPARTMENT OF HUMAN SERVICES
DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

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Division of Mental Health and Addiction Services Home



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New Jersey
MentalHealthCares
1-866-202-HELP(4357)
Who cares? We do!

The Division of Mental Health and Addiction Services (DMHAS) serves as the Single State Agency (SSA) for Substance Use and the State Mental Health Authority (SMHA) as designated by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA). The Division oversees New Jersey's adult system of community-based behavioral health services. These agencies provide a full array of services, including substance use prevention and early intervention, emergency screening, outpatient and intensive outpatient mental health and addictions services, partial care and partial hospitalization, case management, medication assisted treatment for substance use, and long and short term mental health and substance use residential services, in addition to other evidence-based practices such as the Program for Assertive Community Treatment (PACT), supported employment and education, and supportive housing.

The Department of Children and Families Children's System of Care serves children and adolescents with emotional and behavioral health care challenges and their families; and children with developmental and intellectual disabilities and their families. To find out about these services, [Click here](#).

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#### [Guidelines for Best Practices - Peer Delivered Services](#)

#### [Gambling Disorder Treatment Providers](#)

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**New Jersey Center of Excellence for Recovery-Oriented Cognitive Therapy (CT-R).**

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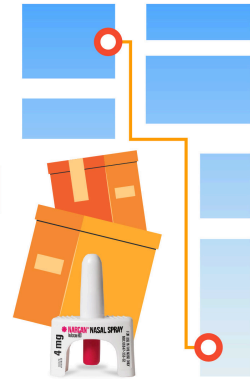
**988 Suicide & Crisis Lifeline**

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NALOXONE SAVES LIVES

Naloxone Distribution Program

Naloxone is now directly available to eligible agencies and providers via online ordering at no cost.



[Download Hope and Healing Brochure](#)

Did you know the Division of Mental Health and Addiction Services (DMHAS) has an Ombudsman?

The Ombudsman can help you regarding mental health services in several ways:

- Answer questions about DMHAS Programs and Services.
- Help you to better understand your rights as an individual receiving mental health services.
- Assist in conflict resolution with a DMHAS contracted Community Provider.

For more information or to contact the DMHAS Ombudsman, call **609-438-4321** or email dmhas.ombudsman@dhs.nj.gov

To register a complaint regarding any substance abuse treatment facility call **877-712-1868**

Division of Mental Health & Addiction Services
Wellness through prevention
Laying the foundation for healthy communities, together

[Download DMHAS Obudsman flyer](#)



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