

Safe + Sound / Safe + Sound Week

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Take the Pledge

Participate in Safe + Sound Week 2023: August 7-13

Safe + Sound Week is a nationwide event held each August that recognizes the successes of workplace health and safety programs and offers information and ideas on how to keep America's workers safe. This year Safe + Sound Week will provide resources for businesses on mental health and well-being. These materials will be posted before the start of Safe + Sound Week. Please check back soon!

Why Participate?

Successful safety and health programs can proactively identify and manage workplace hazards before they cause injury or illness, improving sustainability and the bottom line. Participating in Safe + Sound Week can help get your program started, energize an existing one, or provide a chance to recognize your safety successes.

Who Participates?

All organizations looking for an opportunity to recognize their commitment to safety are welcome to participate. Last year, more than 3,300 businesses helped to raise awareness about workers' health and safety!

Check out our event archive for information on previous years' engagement.

Safe + Sound Week 2023: Take the Pledge



Want to Participate? It's as easy as 1-2-3!

1. Sign Up to Participate

Let us know you are participating this year by pledging now.

[Take the Pledge](#)

2. Plan and Promote Your Events

Identify activities and events to plan and promote for your workplace or community. Check out our example activities, graphics, and other resources.

[Plan an Event](#)

3. Recognize Your Participation

After you've completed your events, you can download a certificate and virtual challenge coin to recognize your organization by taking our survey.

[Download Certificate](#)

Join the Movement

Safe + Sound Week is a time to take action and reflect on and recognize the efforts you have made to improve workplace safety and health throughout the year. This year we are asking you to reaffirm your commitment to safety and health by taking the Safe + Sound pledge:

I pledge to make safety a core workplace value. Everyone has the right to a safe and healthy workplace, and I will work to ensure everyone goes home safe and sound every day. My workplace will be taking action to improve our safety and health program during Safe + Sound Week 2023.

Take the Pledge

See who else has signed up to participate in Safe + Sound Week 2023 across the country by clicking on a state in the map below to see its participants.

See who else has signed up to participate in Safe + Sound Week 2020

Alaska	4
Alabama	38
Arkansas	21
American Samoa	1
Arizona	33
California	141
Colorado	27
Connecticut	14
District of Columbia	9
Delaware	5
Florida	54
Georgia	41
Guam	10
Hawaii	4
Iowa	18
Idaho	12

Illinois	60
Indiana	26
Kansas	15
Kentucky	39
Louisiana	24
Massachussets	35
Maryland	20
Maine	8
Michigan	24
Minnesota	22
Missouri	21
Northern Mariana Islands	2
Mississippi	15
Montana	5
North Carolina	55
North Dakota	13
Nebraska	22
New Hampshire	8
New Jersey	29
New York	51
New Mexico	7
Nevada	9

Ohio	53
Oklahoma	15
Oregon	26
Pennsylvania	66
Puerto Rico	11
Rhode Island	5
South Carolina	45
South Dakota	7
Tennessee	38
Texas	114
Utah	16
Virginia	45
U.S. Virgin Islands	2
Vermont	2
Washington	27
Wisconsin	37
West Virginia	10
Wyoming	1
International Participants	19
Nationwide Events	3



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