

The Road Back: Restoring Economic Health through Public Health



	Maximum restrictions	STAGE 1	STAGE 2	STAGE 3	New normal
What is happening?	Strict social distancing Non-crucial industries closed	Restrictions relaxed on low-risk activities that may be easier to safeguard	Moderate-risk activities restarted with safeguarding	Higher-contact activities restarting with significant safeguarding	Widespread use of vaccine or life-saving treatment In-person work can resume for all Measures from previous stages may be swiftly reinstated if health conditions deteriorate
Which precautions apply across stages?	Work that can be done from home should be done from home	Clinically high-risk individuals who can stay at home should do so	Residents and businesses should follow state and federal safeguarding guidelines: Wash hands regularly Wear masks in public Respect social distancing Limit gatherings Disinfect workplaces No mass gatherings		
Which businesses are open?	Crucial industries with safeguarding and modifications, e.g., emergency healthcare, essential construction with social distancing	Easiest to safeguard work activities with safeguarding and modifications, e.g., non-essential construction with protections, curbside retail	More work activities allowed with safeguarding and modifications, e.g., outdoor dining, limited personal care	Most work activities allowed at physical locations with safeguarding & modifications	WHAT DRIVES STAGES? Health indicators: New cases; hospitalizations; use of ICU; use of ventilators Availability of testing and contact tracing capacity per 100,000 residents Healthcare system resiliency (beds, health workers, PPE) Ability to effectively safeguard workplaces Safeguarded child care, education, transit availability Compliance of individuals and employers
Which social activities are allowed?	• Socialization only with household members, family, caretakers, romantic partner • Only leave home for limited reasons such as essential shopping and exercise	• Outdoor recreation (e.g., hiking) and beach visits allowed with social distancing • Other limited activities may be allowed with significant restrictions, e.g., drive-in activities	• More activities with proper safeguards, capacity limitations, and sanitation protocols may reopen, e.g., libraries and museums	• Higher-density settings may be considered with safeguards, e.g., limited entertainment, bars with limited capacity	
Are childcare and education operating?	• Child care open for children of essential workers • K-12 and higher education engaged in distance learning	• Child care may expand with capacity restrictions • K-12 and higher education engaged in distance learning	• Child care may expand with capacity restrictions • Potential for some in-person learning with modifications in K-12 and higher education • Summer school and summer camps may have limited in-person engagement if health conditions improve	• Child care likely open for most • K-12 and higher education may operate in person with reduced capacity • Day and summer camps likely open for all with safeguards and modifications	
Is public transit available?	• Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for essential workers • Service may be modified with off peak travel encouraged • Personal protection measures, e.g., social distancing, face coverings	• Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for those who cannot work from home • Service may be modified with off peak travel encouraged • Personal protection measures, e.g., social distancing, face coverings	• Public transit with enhanced safeguards (e.g., regular vehicle disinfection) encouraged only for those who cannot work from home • Service may be modified with off peak travel encouraged • Personal protection measures, e.g., social distancing, face coverings	• Public transit with enhanced safeguards (e.g., regular vehicle disinfection) is no longer discouraged for any passengers • Service may be modified with off peak travel encouraged • Personal protection measures, e.g., social distancing, face coverings	
How do I take care of my loved ones and myself?	• I stay at home as much as possible and check in virtually with my loved ones • When I have to go outside, I wear a mask and stay 6ft away from others • I call a doctor in the event of fever, cough, or shortness of breath	• I stay at home as much as possible and check in virtually with my loved ones • When I have to go outside, I wear a mask and stay 6ft away from others • I have access to elective healthcare • I call a doctor in the event of fever, cough, or shortness of breath	• I continue to stay at home for the majority of my time • I engage in small social activities with a limited circle of friends and family • I can engage in some outdoor activities with social distancing • I call a doctor in the event of fever, cough, or shortness of breath	• I follow all safety guidelines posted in public spaces, e.g., I anticipate and respect capacity limits at my local restaurants • I call a doctor in the event of fever, cough, or shortness of breath	