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Governor Phil Murphy

Updated Quarantine Advisory Issued for Individuals Traveling to New Jersey, Bringing New Total to 45 States and Territories

11/10/2020

45 States and Territories Include Alabama, Alaska, Arizona, Arkansas, California, Colorado, Florida, Georgia, Guam, Iowa, Idaho, Indiana, Illinois, Kansas, Kentucky, Louisiana, Maine, Maryland, Massachusetts, Michigan, Minnesota, Missouri, Mississippi, Montana, North Carolina, North Dakota, Nebraska, New Hampshire, New Mexico, Nevada, Ohio, Oklahoma, Oregon, Puerto Rico, Rhode Island, South Carolina, South Dakota, Tennessee, Texas, Utah, Virginia, Wisconsin, West Virginia, Washington and Wyoming

New Jersey Highly Discourages, to the Extent Practical, Non-Essential Interstate Travel Given Increased Spread of the Virus Nationwide

TRENTON – Today, Governor Phil Murphy advised individuals traveling to New Jersey from states or territories with significant community spread of COVID-19 to quarantine for a 14-day period from the time of last contact within the identified state or territory. The updated advisory includes the addition of Maine and New Hampshire, bringing the total to 45 states and territories. The travel advisory applies to any person arriving from a state or territory with a positive test rate higher than 10 per 100,000 residents or a state with a 10 percent or higher positivity rate over a 7-day rolling average.

As of Tuesday, November 10, there are currently 45 states and territories that meet the criteria stated above: Alabama; Alaska; Arizona; Arkansas; California; Colorado; Florida; Georgia; Guam; Iowa; Idaho; Indiana; Illinois; Kansas; Kentucky; Louisiana; Maine; Maryland; Massachusetts; Michigan; Minnesota; Missouri; Mississippi; Montana; North Carolina; North Dakota; Nebraska; New Hampshire; New Mexico; Nevada; Ohio; Oklahoma; Oregon; Puerto Rico; Rhode Island; South Carolina; South Dakota; Tennessee; Texas; Utah; Virginia; Wisconsin; West Virginia; Washington; and Wyoming.

Due to the interconnected nature of the region and mode of transport between New Jersey, Connecticut, Pennsylvania, and Delaware, a 14-day quarantine is not reasonable in all instances. Non-essential travel to and from these states, however, is highly discouraged at this time.

“As we battle a second wave of COVID-19, stopping the spread of this deadly virus could not be more important.” **said Governor Murphy.** “It remains our top priority to ensure the safety of New Jersey residents, and we ask individuals arriving from these 45 states to get tested for COVID-19 and self-quarantine for 14 days.”

Travelers and those residents who are returning from impacted states should self-quarantine at their home, hotel, or other temporary lodging. Individuals should leave the place of self-quarantine only to seek medical care/treatment or to obtain food and other essential items.

A small rectangular button with a black border, containing an upward-pointing arrow and the text "Back to top".

It is expected that individuals will follow the public health advisory to self-quarantine. The list of states will be updated on a rolling basis and is accessible here (<https://covid19.nj.gov/faqs/nj-information/travel-and-transportation/which-states-are-on-the-travel-advisory-list-are-there-travel-restrictions-to-or-from-new-jersey>).

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