

988 Suicide & Crisis Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

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SPECIAL ANNOUNCEMENT

NEW: 988 Lifeline Committees

The 988 Lifeline recently launched committees to provide a consistent, cooperative body of advisors that will offer feedback and recommendations in support of the Lifeline's mission-driven project goals and objectives. If interested, please submit an interest form by 6/15/23.

[LEARN MORE](#)

Anyone could be struggling with suicide. Find more specific resources below.

[INDIVIDUALS WITH NEURODIVERGENCE](#)



[GET HELP](#)[LEARN](#)[CALL](#)[MORE](#)[READ STORIES OF HOPE & RECOVERY](#)

What Happens When You Call The Lifeline?

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Everyone Plays A Role In Suicide Prevention

Here are some helpful links:

[GET HELP NOW](#)[HELP YOUR LOCAL CENTER](#)[JOIN THE NETWORK](#)[PROMOTE THE LIFELINE](#)[GET HELP NOW](#)

Get resources for yourself or be the difference for a loved one by offering support and understanding.

HELP YOUR LOCAL CENTER

Lifeline centers range across the U.S. and rely on state and local funding to operate. Find out how you can help.

GET HELP

LEARN

CALL

MORE

Local crisis centers can support the fight against suicide by joining the Lifeline’s national network.

PROMOTE THE LIFELINE

Spread the word about the Lifeline’s free, confidential, 24/7 services and raise awareness for suicide prevention.

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CHAT WITH LIFELINE

Have A Question?

See if we’ve answered it on our FAQ page!

FREQUENTLY ASKED QUESTIONS

ABOUT

FAQ

CONTACT US

DONATE

MEDIA RESOURCES



Ayuda En Español | Info For Deaf & Hard of Hearing

