

Governor Phil Murphy

SNAP Support Briefing: Volume 5

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Important SNAP Update

With the end of the federal shutdown, the Murphy Administration does not expect any upcoming disruptions in the availability of Supplemental Nutrition Assistance Program (SNAP) benefits.

New Jersey issued full November 2025 SNAP benefits to eligible households on the morning of Friday, November 7. SNAP recipients are encouraged to check their Families First EBT cards at [NJFamiliesFirst.com](https://www.connectebt.com/ebtconnect/recipient/NJ/) (<https://www.connectebt.com/ebtconnect/recipient/NJ/>), or by calling

[\(800\) 997-3333 \(tel:+18009973333\)](tel:(800)997-3333) to confirm their balances.

If your household continues to need assistance due to the impact of the delay in SNAP benefits, please visit nj.gov/SNAPshutdown (<https://nj.gov/governor/snap/index.shtml>) for available resources.

Governor Phil Murphy

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