

# DMAVA HIGHLIGHTS



MAY 4, 2011

## RRB-NJ Competes at Long Branch Half Marathon



Long Branch, NJ Half Marathon  
NJ Army Guard May 1, 2011  
RRB-NJ

COURTESY PHOTO

Soldiers of the New Jersey Army National Guard Recruiting and Retention Battalion participated in the Long Branch Half Marathon on May 1 during the New Jersey Marathon Festival at the Shore held at the Ocean Place Resort from April 29 to May 1. Standing from left to right are Master Sgt. Michael Parmigiano, Troy Graham, Chief Warrant Officer 2 Rob Barea, Sgt. Major Robert Huster, Command Sgt. Major Michael Cormier, 1st Lt. Lilliam Bernal, Staff Sgt.

Jacqueline Rivera-Buie, Capt. Courtney Bethea, Maj. Lonell Jenkins. Kneeling from left to right are 2nd Lt. Ana Bolanos, Capt. Tiffaney Fryson, and Lt. Col. Jemal J. Beale. The event is held annually in support of various charities. This successful team building event was encouraged by Beale and it supports the commands marketing and branding initiatives for the New Jersey Guard. The team consisted of 10 runners from RRB-NJ and the 50th IBCT.



## *ANJC signs covenant to treat veterans of OEF/OIF for free*

LONG BRANCH, N.J. -- The Association of New Jersey Chiropractors (ANJC), which represents more than 1,900 chiropractors statewide, recently announced it is teaming with Army OneSource, a U.S. Army community outreach program, and the Army Community Covenant to raise awareness of the unique challenges of military life on our service members and their families, and to address the growing need for accessible health services.

As part of its commitment, the ANJC announced participating-member doctors would treat returning veterans of the Afghanistan and Iraq wars for free for a minimum of 60 days. The ANJC made the commitment by signing a community covenant during a special ceremony with military leaders at its spring convention at the Ocean Place Resort & Spa in Long Branch on April 16. Veterans will be able to find a participating chiropractor in their area by visiting [www.njchiropractors.com](http://www.njchiropractors.com).

The community covenant formally commits the ANJC to treating returning veterans of the Afghanistan and Iraq wars as part of the "Healing Hands 4 Heroes" program. This program allows chiropractors to learn about the stresses and challenges our service members and their families are facing as a result of multiple deployments. These online Continuing Education Units (CEU) courses entitled "Treating the Invisible Wounds of War" have been developed and are currently being taken by ANJC members.

"This is a program that the Association of New Jersey Chiropractors is very excited and very proud to be involved in," said Dr. Steven Clarke, president of the ANJC. "By teaming up with Army OneSource, the U.S. Army's community outreach program, we're going to be assisting Iraq and Afghanistan veterans as they come back dealing with the everyday challenges and stresses of life. The continuing education



COURTESY PHOTO

component that is part of Healing Hands 4 Heroes will give our doctors unique insights into the unique challenges and stresses our service members and their families face."

Many ANJC members already treat veterans of the armed forces that return from deployment with some sorts of physical health problems. This new program will help educate chiropractors on the unique challenges that these service members and their families face, and how to help this group get the care they need.

Addressing the convention was Rep. Jon Daniel Runyan, R-N.J. A strong advocate for veteran's affairs, Runyan, himself a chiropractic patient, recently met with ANJC members at his Washington D.C. office to discuss chiropractic care issues. He signed the community covenant on behalf of all New Jersey citizens supporting our returning veterans and their families.

Retired Brig. Gen. Rebecca Halstead gave the keynote speech at the ceremony. Halstead has been a spokesperson for the

Foundation for Chiropractic Progress, speaking across the country about the urgent need to provide chiropractic healthcare to our veterans. She served 27 years in U.S. Army and was the first female graduate of the U.S. Army Academy at West Point to become promoted to the rank of brigadier general. Brig. Gen. Jonathan Maddux, installation commander, Picatinny Arsenal also spoke at the ceremony.

The ANJC is one of the largest associations of chiropractors in the nation, with 1900 members throughout the state. The mission of the ANJC is to educate its members in the latest technology and advancements in the profession and to educate the public about the benefits of chiropractic care. ANJC strives to protect and promote its members, patients and the chiropractic profession by uniting essential resources throughout the state. For more information, please visit ANJC's public information website at [www.njchiropractors.com](http://www.njchiropractors.com) or call their headquarters at 908-722-5678.

**DMAVA Highlights** is published weekly by the Public Affairs Office of the New Jersey Department of Military and Veterans Affairs. The views and opinions expressed herein are not necessarily those of the Department of Defense, the Army, the Air Force, the National Guard, Veterans Affairs or the state of New Jersey. Letters may be sent to: NJDMAVA, DMAVA Highlights, Public Affairs Office, PO Box 340, Trenton NJ 08625-0340. e-mail at [pao@njdmava.state.nj.us](mailto:pao@njdmava.state.nj.us).

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## Lunchtime lecture series: New Jersey and the politics of the Civil War

*Noted historian to present lecture at  
the Trenton War Memorial*

**TRENTON** – On Thursday, May 19, the National Guard Militia Museum of New Jersey’s Trenton War Memorial Annex will host a noontime lecture by assistant curator Joseph G. Bilby, which will present untold and long-forgotten stories of New Jerseyans and how they coped with the Civil War and its memory.

“The arrival of the Civil War Sesquicentennial [150th anniversary of the conflict] provides Garden State residents with an excellent opportunity to learn more about our state’s contribution to the Union war effort,” said Bilby, the author or editor of 14 books on New Jersey’s history. “Especially with regard to the politics of the day, there is a treasure trove of interesting people and stories that left their mark on our history.”

Bilby will discuss, with slide illustrations, the stories of African-American communities in South Jersey that fought off slave catchers before the war.

In addition, he will tell the story of the “Hoboken Bounty Jumper Sting” in which the Jersey City mayor lost the city’s money but won re-election anyway. And in homage to attention seekers both past and present, he will discuss Gen. Judson Kilpatrick’s politically inspired “Great Reunion,” one of the first postwar reenactments that more closely resembled a three ring circus.

Highlighting the long struggle for equality, Bilby will also offer a history of the 1961 New Jersey Civil War Centennial Commission’s principled stand against racism.

“Most everyone remembers the Gettysburg Address, Sherman’s March, and the Emancipation Proclamation,” said 1st Lt. Vincent Solomeno, historian for the New Jersey National Guard and the museum’s curator. “The goal of this lecture is to increase public awareness of the sometimes consequential, often times humorous, history of New Jersey politics in the Civil War era.”

“New Jersey and the Politics of the Civil War” is the first of a



series of lunchtime lectures highlighting the people, places, and events that shaped New Jersey’s Civil War experience. It will be held at 12 p.m. on Thursday, May 19, at the National Guard Militia Museum of New Jersey’s Trenton War Memorial Annex. Attendees are encouraged to bring a lunch. Coffee and tea will be provided.

For more information, please visit  
<http://www.nj.gov/military/museum>.

## *Guide to VA mental health services*

The Department of Veterans Affairs South Central Mental Illness Research, Education, and Clinical Center (SC MIRECC) has produced a Guide to VA Mental Health Services for veterans and their families. The Guide describes the guiding principles of VA mental health care and different treatment settings and treatments that veterans can expect.

This guide is posted at [www.mirecc.va.gov/VISN16](http://www.mirecc.va.gov/VISN16) where it can be viewed or downloaded.

In addition, a limited supply of hard copies is available and to receive a complimentary hard copy of the Guide, please email [Shane.Russell@va.gov](mailto:Shane.Russell@va.gov) and include your complete postal address.

## DMAVA to host Memorial Day event

All department employees and their families are invited to attend the Department of Military and Veterans Affairs annual Memorial Day commemoration on Saturday, May 28 at the Brigadier General William C. Doyle Veterans Memorial Cemetery in Wrightstown, N.J.

Ceremonies will begin at 10:30 a.m. with a parade of color guards from various veteran organizations led by the Cemetery’s Joint Honor Guard. A Memorial Day service will follow at 11:00 a.m.

The cemetery is located at 350 Province Line Road in Wrightstown.

## Armed Forces Day at Monmouth Park

To honor and salute past and present veterans and military service members, the Monmouth Park Race Club will host their first ever “Armed Forces Day” on Saturday June 4 at the Monmouth Park Racetrack in Oceanport, N.J.

The general public and all members of the military are encouraged to attend the special day, which will be filled with spectacular exhibits, music, a fly over, and exhilarating Thoroughbred horse racing.

The scheduled events will consist of a Blackhawk landing at approximately 10:30 a.m. with tours of the helicopter; a military fly over; honor guards from the Army, Navy, and Coast Guards; displays from the Army, Navy, and Marines; antique and military vehicles; and live music from several local bands.

The “Armed Forces Day” event is free to all veterans and military service members with a valid military ID. In addition, general parking will also be free to all veterans and military service members.

A \$3 admission will apply for grandstands and \$5 for clubhouse admission. Children under the age of 12 will be admitted free.

The event will run from 10:30 a.m. until the end of the last race for the day.

The Monmouth Park Racetrack is located at 175 Oceanport Avenue in Oceanport, N.J.

For details of this event, information about sponsors, parking, and other general questions please visit the Monmouth Park Race Club’s Web site at [www.monmouthparkraceclub.com](http://www.monmouthparkraceclub.com) or [www.mprc.us](http://www.mprc.us) or [www.monmouthpark.com](http://www.monmouthpark.com), or you may also contact Paul M. Travers, president of MPRC, at 732-213-8421 or via E-mail at [paulmtravers@gmail.com](mailto:paulmtravers@gmail.com).

## NJNG to celebrate Unity Day

The New Jersey National Guard will host its 13th Annual Unity Day Celebration on Thursday, June 16 from 11:30 a.m. to 3:30 p.m. at Joint Force Headquarters in Joint Base McGuire-Dix-Lakehurst.

Come celebrate the ethnic, cultural, and organizational diversity of the New Jersey National Guard through food sampling, music, entertainment, educational displays, and dessert contest and giveaways.

Fun activities and community service projects will include a Zumba class; fun walk/run; and a blood drive and bone marrow registration.

Registration for these activities will be required:

Zumba – on site registration from 7:30 a.m. to 8:30 a.m.

Fun walk/run – on site registration from 8:30 a.m. to 10 a.m.

Blood drive and bone marrow registration – at the rear of JFHQ building from 10 a.m. to 3 p.m.

The point of contact for the event is Army Maj. Barbara Brown-Wilson, state equal employment manager. Brown-Wilson can be contact via phone at 609-562-0856 or via E-mail at [Barbara.g.brown@us.army.mil](mailto:Barbara.g.brown@us.army.mil).

The Joint Force Headquarters building is located at 3650 Saylor’s Pond Road in JB MDL.

## Veterans Outreach Schedule



### May 7

New Jersey Vietnam Veterans Memorial  
PNC Bank Arts Center, Holmdel, N.J. 07777

Outreach Event 10 a.m. to 1 p.m.

NJ Vietnam Veterans Remembrance & medal ceremony 11 a.m.

### May 21

American Legion Post No. 65

Lake Ave & Holly Street, Metuchen, N.J. 08840

Outreach Event Only 10 a.m. to 4 p.m.

### May 24-26

Paramus Park Mall

700 Paramus Park, Paramus, N.J. 07652

Medal ceremony at 10:30 a.m. on May 24

Daily Kiosk hours 10 a.m. - 8 p.m.

## Senator, veterans’ office to host Veterans Information Day in May

The office of U.S. Sen. Robert Menendez and the Camden County Office of Veterans Affairs is hosting an event on May 18 at Camden County Boathouse from 4:30 p.m. – 7:30 p.m., to assist past and present veterans.

The event, Veterans Information Day, will have representatives from Philadelphia VA Medical Center; the Philadelphia VA Regional Office; Camden County Office of Veterans Affairs; New Jersey Department of Military and Veterans Affairs; Camden County College and more.

The intent of this event is to assist veterans with enrolling in any state run veteran programs that are available to them and to find out about any state benefits to which they are entitled.

The Camden County Boathouse is located at 7050 North Park Drive, Pennsauken, N.J.

For more information/questions about this event or to RSVP, please contact Richard Locklear at 856-757-5353 or via E-mail at [Richard.Locklear@menendez.senate.gov](mailto:Richard.Locklear@menendez.senate.gov).

## DoD announces Tricare coverage for young adults begins May 1

The Department of Defense recently announced the Tricare Young Adult (TYA) program is now open for enrollment with coverage beginning May 1, 2011.

Military dependents under 26, unmarried, and not eligible for their own employer-sponsored health care coverage may be qualified to purchase TYA, which offers Tricare Standard coverage, for monthly premiums of \$186, as long as their sponsor is still eligible for Tricare. Those eligible for TYA who have been saving receipts since Jan. 1, 2011, in anticipation of the new program, can also pay all premiums back to January to purchase coverage retroactively.

Beneficiaries can find out where to send their form and payment by filling out the simple profile at <http://www.tricare.mil> to get information tailored to their specific location. Once the initial three-month fee is made, monthly premiums must be paid in advance through automated electronic payment.

When the application is processed, Tricare coverage will begin the first day of the following month. However, since TYA was “fast-tracked” to begin enrollment as soon as systems changes, forms, premiums and other rules governing the program were approved and in place, a short term waiver will allow coverage back to May 1, 2011, as long as enrollment forms and payment are received (not postmarked) by the regional contractor prior to May 31, 2011.

After getting a welcome letter and enrollment card, dependents



and their sponsor should visit uniformed services identification (ID) card issuing facility to obtain a dependent ID card. This card will identify eligibility for health care, prescriptions and access to military installations for the dependent. Nearby ID card facilities can be found through a link at <http://www.tricare.mil/tya>.

A Prime benefit will be available later this year. To get e-alerts on TYA and other Tricare news, sign up at <http://www.tricare.mil/subscriptions>.

A complete telephone list of regional healthcare support contractors can be found at <http://www.tricare.mil/tya>.



## *Veteran career opportunity expo at NYC*

RecruitMilitary, a top full-service military-to-civilian recruiting firm, in cooperation with Hire Disability Solutions are sponsoring Veteran Opportunity Expo in New York City on Tuesday May 24.

This special event will benefit veterans, transitioning military personnel, members of the Guard and Reserve, and military family members. In addition to the job fair, workshops will be conducted for veterans on the following topics: mentorship programs, financial counseling, career counseling, small business start-up and resume writing. The combined event is projected to attract in excess of 5,000 veterans, significant media, and prominent political figures.

The free event will be held at the New Yorker Hotel located at 481 Eighth Avenue, New York from 10 a.m. to 4 p.m.

For more information about RecruitMilitary, please contact Mary Beth Miller, communications manager, at 513-683-5020.

To register for the event, please visit RecruitMilitary's candidate information Web page at

<http://recruitmilitary.com/expos/365-New-York/candidates/information>

## JB MDL vet clinic to celebrate National Pet Week

National Pet Week, the official week for family pets designated by the American Veterinary Medical Association, is in full effect this week, May 2-7, and Joint Base McGuire-Dix-Lakehurst, N.J., is hosting its first National Pet Week Pet Festival on May 7 from 9 a.m. to 2 p.m. at the vet clinic.

Events will include a booth by MERIAL on the importance of flea, tick and heartworm prevention; military working dog demo; special visitor McGruff the crime dog and local police K9 booth; booth with pets arts and crafts activity.

In addition, information will be provided by the Education Central by the JB MDL Vet Treatment Facility that will educate families on services provided by the facility.

Furthermore, contest sign up for categories: “Pet Owner Look A Like”; “Best Costume”; “Largest in Size”; “Smallest in Size”; “Best Trick”; “Prettiest/Most Handsome Dog”. Winners for each category will be provided with a medal and treat bag.

Also on hand will be various animal organizations that will provide training services education, possible pets for adoption, and educational material about their services.

Complimentary hot dogs, snacks and drinks will be served from 11 a.m. to 1 p.m., and a water station for dogs will be available.

For more information about this program or any of the Vet Clinic programs, please call 609-562-4292 or 609-562-4290.