

905
V77

V.S.S. NEWS

PUBLISHED BY THE EDUCATION DEPARTMENT

H. F. Schultz
Chief Executive Officer

William F. Dotts
Director of Education

VOL. XIV

APRIL 1973

NO. 4

PARENTS' ASSOCIATION

A record crowd of approximately 160 attended the Parents' Association Meeting on March 18. The meeting was held in the "H" Cottage at the Colony.

Mr. Thames, DRL/Colony and Mr. Resnik, DRL/Main headed a discussion by panel members on various aspects of institutional procedures. Mr. Thames introduced the panel members and their topics of discussion: Mr. Resnik-New Admissions Procedures, Mrs. Krason (Supv. of Sykes Cottage)-Intra-Cottage Admissions

(cont.p. 3)

RIGHT: Officers and guests of the V.S.S. & Colony Parents' Association. From left to right are Mr. J. Thames, Mrs. J. Waddington, Mr. M. Resnik, Mr. R. Pruitt, Mr. Clive Conover, Mrs. W. Myers and Mr. F. Nolan.



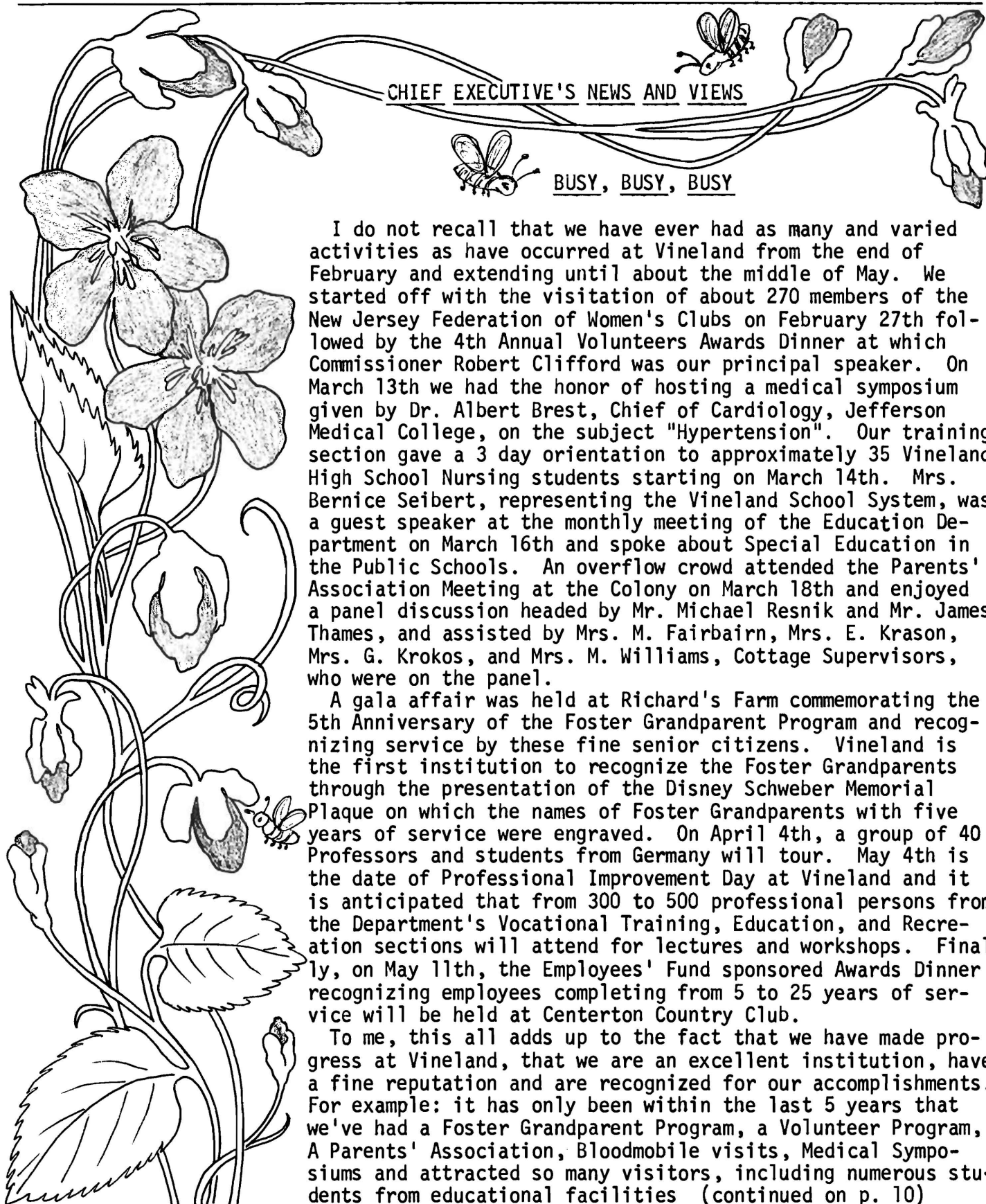
V.S.S. HOSTS WOMEN'S CLUBS

On Wednesday, February 28th, "A Day At V.S.S." was enjoyed by over 270 women from five districts of New Jersey State Federation of Women's Clubs. The day began with coffee and Danish during registration, with the official program commencing at 11 a.m., Mrs. Frances Stolar acting as Master of Ceremonies. Mr. H. F. Schultz, Chief Executive Officer, welcomed the women and called upon Mrs. Donald Bixby, State President of the Federation of Women's Clubs for a few remarks. The

(cont. p.10)



LEFT: Joe Pellegrino, TV 6 Sports Commentator (center) signs autographs at Women's Club "Day at V.S.S.". Waiting in line are three V.S.S. employees, Miss Pam Myers, Mrs. T. Schumann and Mrs. Norma Fava.

CHIEF EXECUTIVE'S NEWS AND VIEWSBUSY, BUSY, BUSY

I do not recall that we have ever had as many and varied activities as have occurred at Vineland from the end of February and extending until about the middle of May. We started off with the visitation of about 270 members of the New Jersey Federation of Women's Clubs on February 27th followed by the 4th Annual Volunteers Awards Dinner at which Commissioner Robert Clifford was our principal speaker. On March 13th we had the honor of hosting a medical symposium given by Dr. Albert Brest, Chief of Cardiology, Jefferson Medical College, on the subject "Hypertension". Our training section gave a 3 day orientation to approximately 35 Vineland High School Nursing students starting on March 14th. Mrs. Bernice Seibert, representing the Vineland School System, was a guest speaker at the monthly meeting of the Education Department on March 16th and spoke about Special Education in the Public Schools. An overflow crowd attended the Parents' Association Meeting at the Colony on March 18th and enjoyed a panel discussion headed by Mr. Michael Resnik and Mr. James Thames, and assisted by Mrs. M. Fairbairn, Mrs. E. Krason, Mrs. G. Krokos, and Mrs. M. Williams, Cottage Supervisors, who were on the panel.

A gala affair was held at Richard's Farm commemorating the 5th Anniversary of the Foster Grandparent Program and recognizing service by these fine senior citizens. Vineland is the first institution to recognize the Foster Grandparents through the presentation of the Disney Schweber Memorial Plaque on which the names of Foster Grandparents with five years of service were engraved. On April 4th, a group of 40 Professors and students from Germany will tour. May 4th is the date of Professional Improvement Day at Vineland and it is anticipated that from 300 to 500 professional persons from the Department's Vocational Training, Education, and Recreation sections will attend for lectures and workshops. Finally, on May 11th, the Employees' Fund sponsored Awards Dinner recognizing employees completing from 5 to 25 years of service will be held at Centerton Country Club.

To me, this all adds up to the fact that we have made progress at Vineland, that we are an excellent institution, have a fine reputation and are recognized for our accomplishments. For example: it has only been within the last 5 years that we've had a Foster Grandparent Program, a Volunteer Program, A Parents' Association, Bloodmobile visits, Medical Symposiums and attracted so many visitors, including numerous students from educational facilities (continued on p. 10)

Mr. Mike Schilling
Asst. Eng. in Chg. of Maint./Colony

Mrs. Betty Henderson
Supervisor of Nurses

Mr. Schilling is a native born Cuban. During his childhood he traveled throughout Columbia, Peru, Ecuador, Argentina and Uruguay with his architect father and family. A totalitarian form of government prompted Mr. Schilling and one brother to migrate to the United States in 1937.

Mrs. Betty Henderson was born and raised in Vineland. She graduated from Vineland High School in 1948 and from the Atlantic City Hospital School of Nursing in 1951. She has worked at V.S.S. since 1968.

He enlisted in the U.S. Army in 1941 where he was in the 2nd Armored Division under General George Patton. While serving in the Army, he received many medals for outstanding service, including a Purple Heart. His regiment was presented a citation from the French Government.

Prior to coming to V.S.S., Mrs. Henderson worked in various departments at Newcomb Hospital and also worked for two of Vineland's local gynecologists for 11 years. She has had experience being a 3-11 Supervisor at the Main.

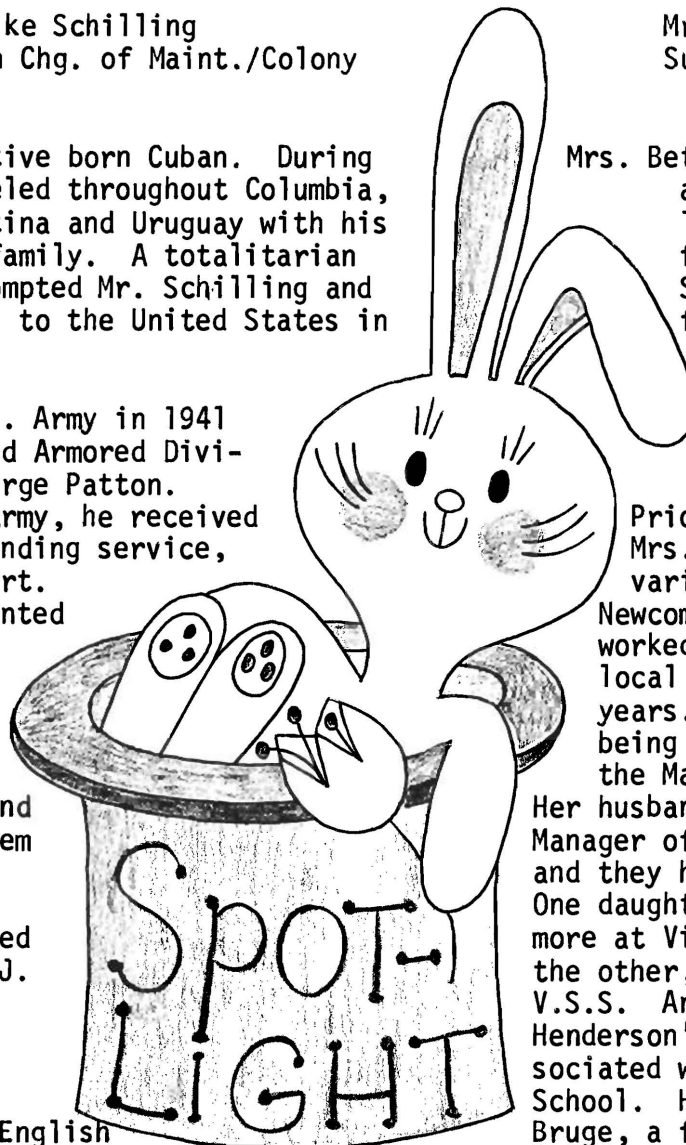
Mr. Schilling attended the University of Havana, Rutgers, Cumberland County College and Salem Technical Institute.

Her husband, Harold, is the Asst. Manager of J.C. Penney Company and they have two daughters. One daughter, Jane, is a sophomore at Vineland High School and the other, Bonnie, is a LPN at V.S.S. Another member of Mrs. Henderson's family is also associated with the Vineland State School. Her mother is Mrs. Bruge, a foster grandparent, since 1970.

He is a General Licensed Radio Amateur and a N.J. State Licensed Master Plumber.

He and his family of four children and his English wife, Jean, have visited France and Cuba and have visited England every 3 yrs. since 1947. His hobbies include swimming, amateur radio, mechanics and traveling.

Mrs. Henderson's hobbies include cooking and candle making.



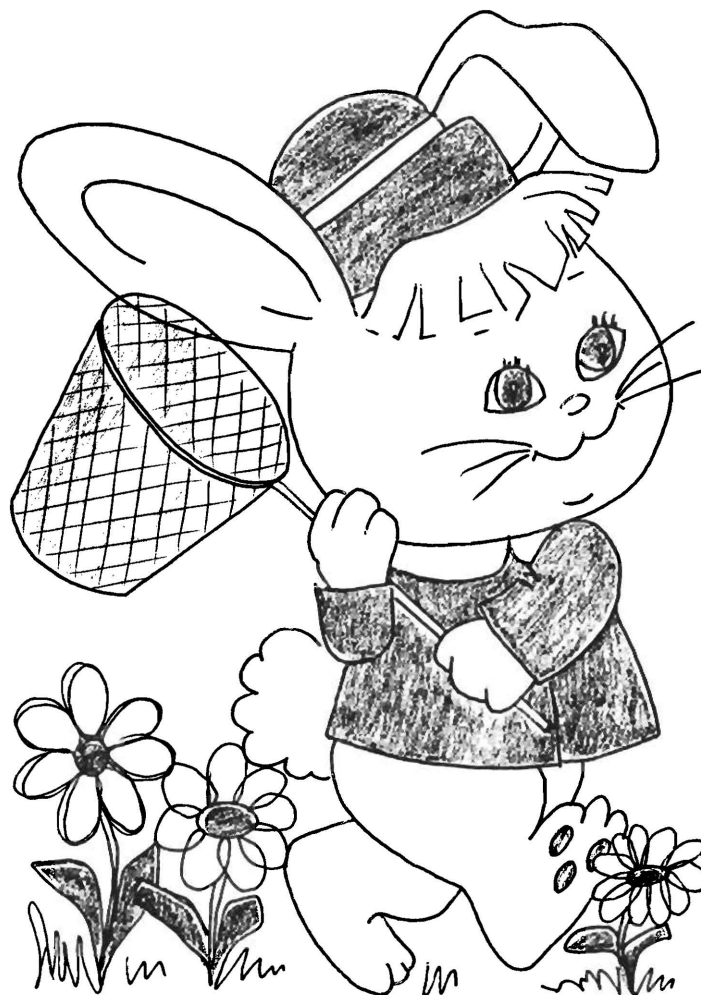
PARENTS' ASSOCIATION (cont. from cover story)-Procedures, Mrs. Williams (Supervisor of "C" Cottage)-Medication Procedures, Mrs. Fairbairn (Supervisor of "A" Cottage)-Feeding Procedure and Mrs. Krokos (Supervisor of East Cottage)-Clothing Procedures. After the panel discussion, a question and answer period was held.

WEDDING BELLS rang for:

Birth Congratulations for:

Joseph DiOrio of Food Service
Barbara Ruggeri (Crowell) of Recreation
Nancy Stolar (Bickel) of the Vol. Office to
Richard Bickel of Main/Housekeeping

Francis Tasso, C/A, a son.
Mirtha Marrero, C/E, a son.
Annette Langer, Title I, a son.



colony capers

ON THE TOWN- The Special Activities Night provided a special shopping trip in town for Colony residents and Aides. Recently the number attending this activity at one time, has increased to six residents. This activity was started in November of 1970 with just four residents participating at a time. A total of 54 Colony residents are involved in the project, visiting stores in Vineland and the surrounding communities.

PRACTICE MAKES PERFECT- Miss J. String and Mrs. B. Jones, Recreation Assistants, continue to hold training sessions for a number of Colony residents, in preparation for the Special Olympics.

CREATIVE CERAMICS- Arts & Crafts students at the Colony are enjoying their work with ceramics. The students have been using pre-fired ceramics that do not require firing after painting and have been busy with a number of lovely ceramic figurines that will be available for the June Open House.

WEARIN' OF THE GREEN- At an "H" Cottage-16th Anniversary celebration, "St. Patrick's Day Style", held on March 16th, many happy guests and residents joined in the fun and games. Approximately 40 guests were present to enjoy a wide variety of homemade cakes and other delicacies, to take part in the dancing and to play a spirited game of paper hockey.

St. Patrick's Day also saw special parties being held in the cottages with pizza and hamburgers being the most popular fare. Mrs. Harris, "C" Cottage party planner, decorated the north side of the Central dining room. Mrs. Morton and Mrs. Sutton, employees in "C" Cottage donated curtains and waste baskets to the cottage.

The 4-H Club, under the direction of Miss Ruggieri, held a St. Patty's Party on March 12 in the MPB canteen. The club members prepared all the party food and entertained their guests with several musical solos.

WHAT'S NEW?- "B" Cottage residents are enjoying the music provided by a dual-speaker stereo record player. This generous gift is from Mr. & Mrs. P. Elliot, the parents of a "B" Cottage resident.

Comfy, Cozy and Safe--that's the word on the thirty new slumber bags purchased for the Colony residents. The bags provide residents with ideal cover-up when being transported to and from the cottages to the Infirmary. An important added feature is that the residents' arms and legs are kept warm and safely covered. (Cont. of page 7)

FIFTH ANNIVERSARY LUNCHEON - On March 21, at Richards Farm in Rainbow Lake, 100 persons attended a ceremony which cited the V.S.S. and Colony Foster Grandparents for their outstanding service and dedication. Millville Assemblyman, Mr. J. Hurley, was the guest speaker- his theme being "the significance of the times." Mr. H.F. Schultz, CEO, was master of ceremonies. He lauded Hurley for the "continued and sustained interest he has had in the Vineland State School and in the foster grandparents."

One of the highlights of the program was the presentation of two plaques inscribed with the names of the twenty foster grandparents who have been in the program at the State School since its inception. The Sidney Schweber Memorial Award was presented to the foster grandparents in the presence of Mrs. Schweber-the widow of the late Mr. Sidney Schweber.

Mr. J. Romano, field supervisor of the FGP Program, hailed the grandparents as "truly beautiful people." Recognized by Mr. J. Romano and the State Director of the FGP Program, Mr. C. Archbald, for their work at the Colony, were Mrs. R. Bodenstein, Mr. M. Kaiser, Mrs. K. Langley, Mrs. F. Riley, Mr. G. Thomas, Mrs. C. VanBuren and Mrs. M. White. Cited for their five years of service at the State School were Mrs. B. Bailey, Mrs. M. Franzwa, Mrs. S. Gatto, the Rev. E. Graves, Mrs. E. Jones, Mrs. A. McKergin, Mrs. T. Michelotti, Mrs. J. Moore, Mrs. B. Pierantozzi, Mrs. L. Skeete, Mrs. S. Southworth and Mr. H. Weiss.

HOLIDAY MAGIC- Lee Cottage has had some outstanding decorations lately. The central attraction in February was an enormous Valentine Heart which was hung in the second floor hall. In March, shamrocks and elves were in evidence on all the floors, much to the delight of the residents.

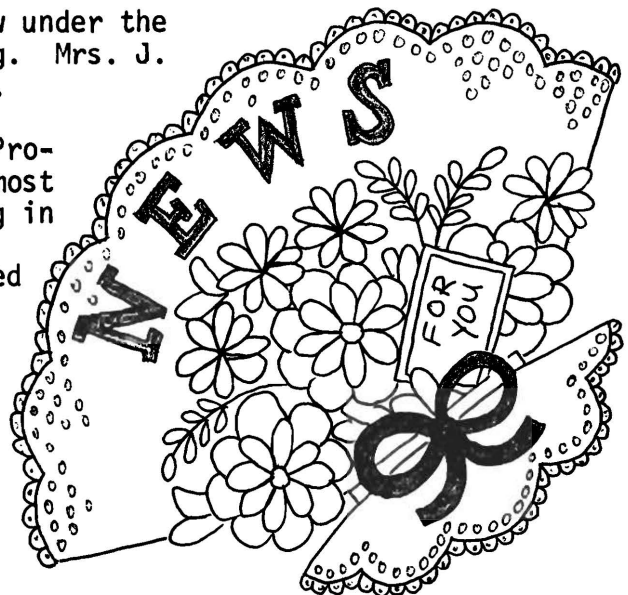
The credit for these decorations, which brighten the environment and give so much enjoyment to the residents, goes to E. Prawdzik, an employee in Lee Building. She makes most of the decorations in her spare time at home.

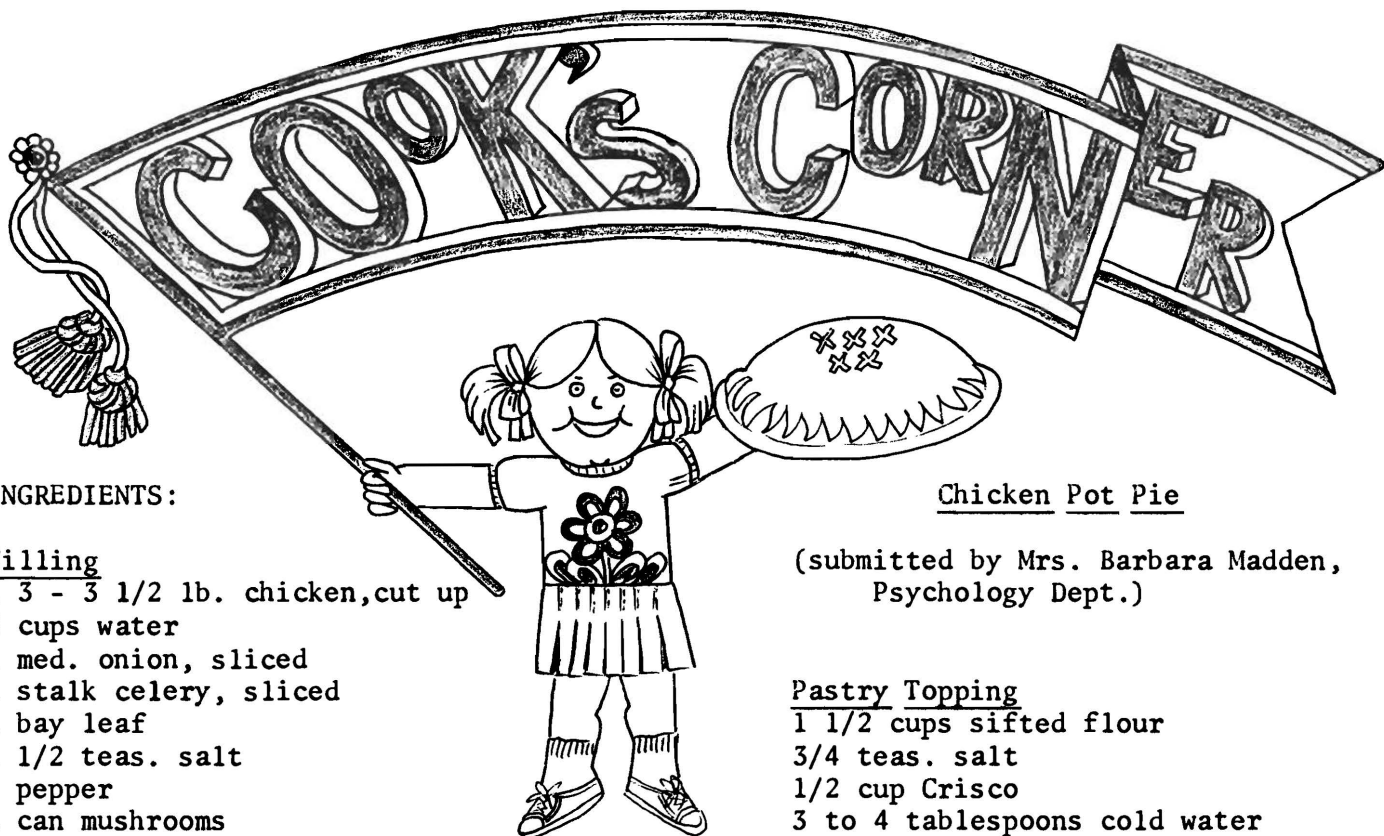
COMBINED EFFORTS- All it takes is a little special effort to create an atmosphere of togetherness and harmony. The first shift ladies of Lee Cottage have pooled their talents. They have been preparing special employee luncheons. The ladies certainly enjoy these luscious meals, made possible by different people volunteering their talents.

NEW JURISDICTION- The Mail Room Department is now under the jurisdiction of the Department of Resident Living. Mrs. J. Turner is still in charge of the Residents' Mail.

EMPLOYEE TRAINING- The Reeves Employee Training Program, conducted three times a day, has proved a most successful venture. This course reviews training in the administering and dispensing of medications. Since its inception, the program has been expanded to include employees from the older cottages.

PLEASURABLE HOURS- The Resident Living Department wishes to express its appreciation to the students from Gloucester County College who have assisted in Reeves, Sykes and Bassett Cottages. These students, while working in these cottages as part of their college curriculum, provided the residents with many pleasurable hours of recreational games and activities.





INGREDIENTS:

Filling

1 3 - 3 1/2 lb. chicken, cut up
 3 cups water
 1 med. onion, sliced
 1 stalk celery, sliced
 1 bay leaf
 1 1/2 teas. salt
 pepper
 1 can mushrooms
 2 carrots, cooked & sliced
 1 pkg. frozen peas, thawed
 1 4 oz. jar pimentos, drained
 & cut into strips
 1 cup frozen pearl onion, thawed
 1/2 cup flour
 1 cup cold water

PROCEDURE:

Filling

Simmer chicken in Dutch oven in 3 cups water with onion, celery, bay leaf, salt, and pepper until chicken is very tender. Reserve chicken broth, strain and discard vegetables. Remove chicken meat from bones and place chicken pieces and vegetables in 2 1 qt. baking dishes or 1 large dish (13 1/2 x 8 1/2 x 1 1/2). Be sure your dishes are not too deep. Reheat reserved chicken broth, shake flour and cold water together to form smooth paste. Add flour paste to hot broth and stir until thickened. Pour gravy over chicken and vegetables in casserole.

Topping

Sift flour and salt. Cut in Crisco with pastry blender until mixture resembles coarse corn meal. Sprinkle water over mixture one tablespoon at a time. Toss with fork, use only enough water until dough just holds in a ball. Roll out dough and place over casserole, cut X in center of dough. Combine 1 beaten egg and 1 tablespoon milk and brush over dough. Place pies in preheated 400°F oven and bake 35 to 40 minutes, or until pastry is nicely browned.

Chicken Pot Pie

(submitted by Mrs. Barbara Madden,
Psychology Dept.)

Pastry Topping

1 1/2 cups sifted flour
 3/4 teas. salt
 1/2 cup Crisco
 3 to 4 tablespoons cold water

NOTE:

If 2 dishes are used, they can be lined with foil for easier freezing.

Serves 6

APRIL 1973

V.S.S. News

PAGE 7

COLONY CAPERS (cont. from p. 4)

TABLE TRAINING GRADUATION- The Table Training and Etiquette classes at the Colony have graduated their first class! The 12 residents from "A" Cottage enrolled in the program have mastered the skills of proper table etiquette. Residents are taught to use all dining utensils, napkins and to practice proper table etiquette. The first group is now dining in a special dining area in the central dining room. The dining area features colorful table cloths and a continuance of the classroom training. A second group of five residents from "C" Cottage has already begun their initial training session. This group will be given a basic training period and when they have graduated, another group will be enrolled. The increased proficiency in the use of eating utensils and the improvement in general table manners has been a source of real inspiration.

SUPERVISORY EFFICIENCY COURSE- Resident Living supervisory personnel, including HCTS, CTS and Charge Attendants, have begun a course on instruction in the basics of supervisory methods and procedures at the Colony. The sessions are being conducted by Mr. J. Thames, DRL, and Mr. R. Capo, ADRL, who initiated the outline of the course. The training was set up to increase the efficiency of the supervisory personnel. Classes are held once a week for one hour. A unique convenience feature of this course is that for the 11 p.m. to 7 a.m. shift, the class is held at 3 a.m., during the regular duty hours of these employees.

DANCE TO THE MUSIC- The Colony residents adult group enjoyed a coed dance at Woodbine on March 22nd and the Teen Group enjoyed hosting the Woodbine boys at an afternoon dance at the Colony on March the 8th.

NEWS FOR YOU (cont. from p. 5)

WARNING! WARNING!- Recent reports claimed that high doses of Monosodium L-Glutamate (MSG); i.e.- food additive Accent, may have toxic effects on the central nervous system of animals. These were studies made by a group of researchers at McMaster University Medical Center. Cases have been reported in literature and mentioned "Chinese Restaurant Syndrome" evidenced by burning sensation, facial pressure, headache and chest pain due to MSG.

Although more studies are needed, at present it seems reasonable to advise the people concerned regarding our residents on Diphenylhydantoin (Dilantin), to avoid food rich in MSG, especially wonton soup.

The relationship between Dilantin and MSG can be explained on the basis that residents on Dilantin may present low serum folate, and this is attributed to an inhibition of intestinal conjugase which splits folate polyglutamate into the easily absorbed Mono L-Glutamate form.

TO FASHION SHOP PATRONS- Recently a letter was received from Mr. J. Neuman, of the Fashion Shops. He stated in his letter that: "Your instructors have been patronizing our Vineland store for many years which we have appreciated. We were forced to close the store, due to the building being sold. We would like your instructors to know that we can accommodate them in the Millville store in the same manner they were helped in Vineland." The V.S.S. News wishes to pass this news on to its readers and to thank the Fashion Shop for remembering all of us.



CO-ED NEWS- On March 1, there was a big dance at New Lisbon. 40 V.S.S. girls attended. On March 5th, there was a coed special luncheon at New Lisbon, attended by 28 V.S.S. girls. On March 15, there was a co-ed dance at Woodbine which was attended by 40 of our girls. 20 V.S.S. girls hosted a co-ed training party at V.S.S., attended by 20 Woodbine boys.

ON THE TOWN- Several selected residents may now have the experience of going shopping in town on their days off, accompanied by a responsible aid or in groups of three. They are required to carry identification cards when they leave the grounds. These girls recently went on a field trip to the Bell Telephone Company in Vineland. The trip was certainly a memorable learning experience.

SPECIALTIES- The Drill Team & Gym Class had a party in recognition of their excellent performance at the Women's Club program. Giles had a St. Patrick's party. The Absegami High School Drama Club presented a delightful show in the Aud. The Y.M.C.A. Gymnastic group performed in a talented display of gym feats. The Brass Band Concert performed in our auditorium, to the delight of the girls.

COOPERATIVE TRAINING- The West Cottage employees, in cooperation with Mrs. Voorakkara-Speech Pathologist, have developed a speech program for a West Cottage resident, Beverly Hayes. Beverly is beyond the age limit where a Foster Grandparent can be assigned to her. The formal training will be carried through in the cottage activities. Through this program there has been an appreciable improvement in Beverly's behavior and ability to communicate with her peers and the cottage employees.

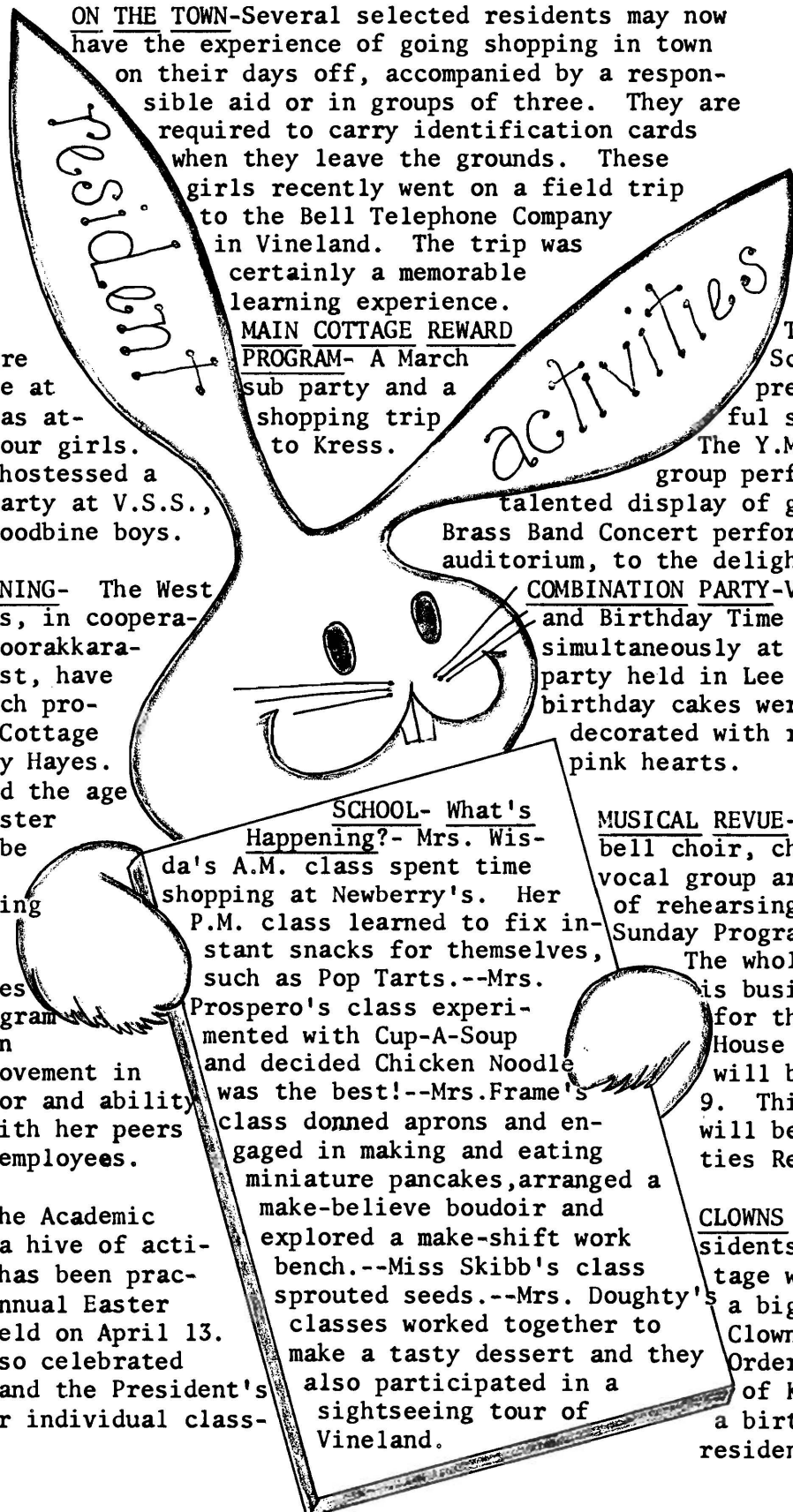
SCHOOL- What's Happening?- Mrs. Wisda's A.M. class spent time shopping at Newberry's. Her P.M. class learned to fix instant snacks for themselves, such as Pop Tarts.--Mrs. Prospero's class experimented with Cup-A-Soup and decided Chicken Noodle was the best!--Mrs. Frame's class donned aprons and engaged in making and eating miniature pancakes, arranged a make-believe boudoir and explored a make-shift work bench.--Miss Skibb's class sprouted seeds.--Mrs. Doughty's classes worked together to make a tasty dessert and they also participated in a sightseeing tour of Vineland.

COMBINATION PARTY- Valentine's Day and Birthday Time were celebrated simultaneously at a combination party held in Lee Cottage. The birthday cakes were appropriately decorated with red, white and pink hearts.

MUSICAL REVUE- The band, handbell choir, chorus and special vocal group are in the process of rehearsing for the Palm Sunday Program on April 15. The whole department is busily rehearsing for the June Open House Program which will be given on June 9. This year's title will be the "Gay Nineties Revue".

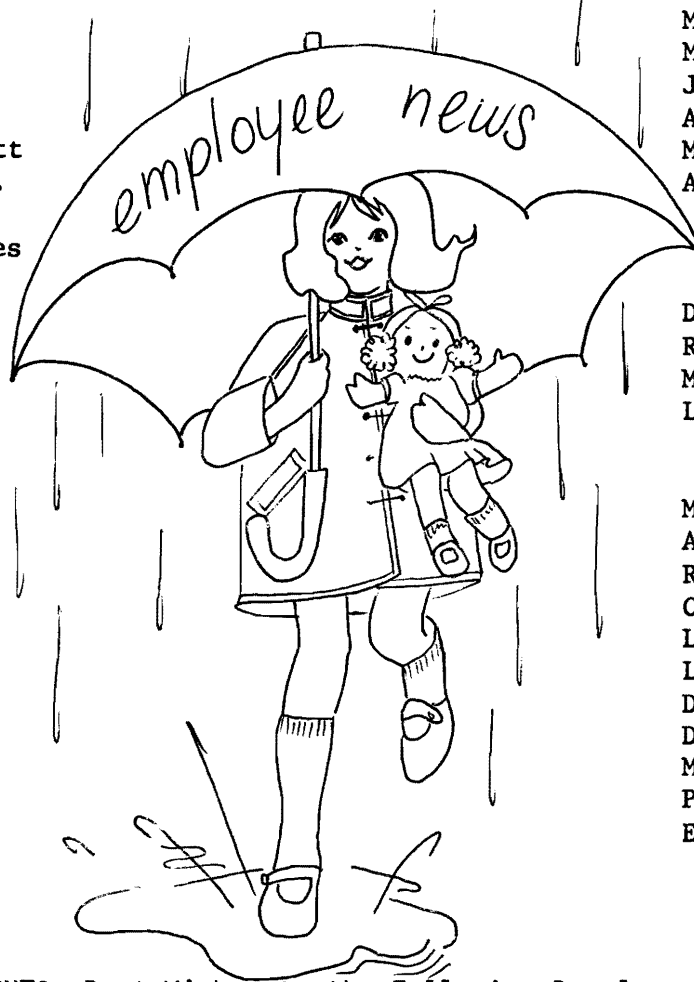
KEEPING BUSY- The Academic School has been a hive of activity. Everyone has been practicing for the Annual Easter Program, to be held on April 13. The busy bees also celebrated Valentine's Day and the President's Birthday in their individual classrooms.

CLOWNS GALORE- The residents of Bassett Cottage were treated to a big day in February. Clowns from the Dram. Order of the Knights of Korassan, put on a birthday party for a resident, Cheryl Liss.



WELCOME TO OUR NEW EMPLOYEESMain

Hazel Allen, Jenk
 Virginia Badger, Hosp.
 Jacqueline Bell, Bassett
 Shirley Berenato, Hosp.
 Ceffie Bowers, Reeves
 Patricia Cornwell, Reeves
 Basilia Cruz, Main
 Carol Davis, Lee
 Dorothy DeVecchio, East
 Rose DiEmma, Bassett
 Margaret Dinan, Lee
 Alma Durham, Giles
 Blanca Flores, Main
 William Fox, Hosp.
 Georgia Gray, Main
 Sylvia Hardy, Reeves
 Irene Hilton, Lee
 Mary Hofer, Hosp.
 Dorothy Johnson, Jenk.
 Judith Joubert, Reeves
 Belinda Kates, Hosp.
 Catherine Martin, Lab
 Jane Miller, Giles
 Lucy Moskalow, North
 Phyllis Muse, North
 Patricia Parker, Jenk



Marjorie Perri, Giles
 Muriel Pritchett, Reeves
 JoAnn Reyes, Pond
 Ann Roache, Sykes
 Mary Sackes, Bassett
 Andrew Sciranka, Hosp.
 Marva Skinner, West
 Carol Starzan, Bus.
 Virginia Sterchele, Hosp.
 Donna VonSuskil, Hosp.
 Rachel Walton, Jenk.
 Mary Widdiefield, Jenk
 Louise Yates, Reeves
Colony

Mary Burris, C/E
 Angel Cosme, C/Kitchen
 Rosa Doyle, C/F
 Connie Habersham, Res.L.
 Lilliam Jester, C/H
 Luz Jusino, C/D
 Daisy Lake, C/C
 Diane Porter, C/D
 Miguelina Rivera, C/F
 Pattie Small, C/H
 Evelyn Smith, C/A

RESIGNATIONS & RETIREMENTS- Best Wishes to the Following People:

Anna Anderson, Giles resigned after 14 years of service.
 Christine Hayes, C/E, retired with 7 years of service.
 Mary Jones, Giles, resigned after 7 years of service.
 Edna Letts, C/Kitchen, retired after 16 years of service.
 Emma Patterson, C/Infirmary, retired after 7 years of service.
 Alma Ross, C/Infirmary, transferred after 9 years of service.
 Harry Simmonds, C/Maintenance, retired after 14 1/2 years of service.

Our Sincere Sympathy to Those Employees Who have recently lost loved ones:

Joseph Barr, Paint Shop, on the loss of his mother.
 Sarah Dalesandro, Bus. Off., on the loss of her mother.
 Laura Syfor, North, on the loss of her mother.
 Catherine Morgan, Pharmacy, on the loss of her brother.
 Walter Harris, Main, on the loss of his father.
 Ward Wood, Personnel, on the loss of his son.
 Peter Gudelunas, C/Kitchen, on the loss of his sister.
 Harold Linstrom, M/Recreation, on the loss of his father.
 Annabelle Street, C/G, on the loss of her father.
 Gladys Nichols, C/C, on the loss of her father.

Sincere Sympathy to the friends and relatives of the deceased, Mrs. Lena Ficcaglia, a former East Cottage Employee. She worked in East Cottage for 16 years.

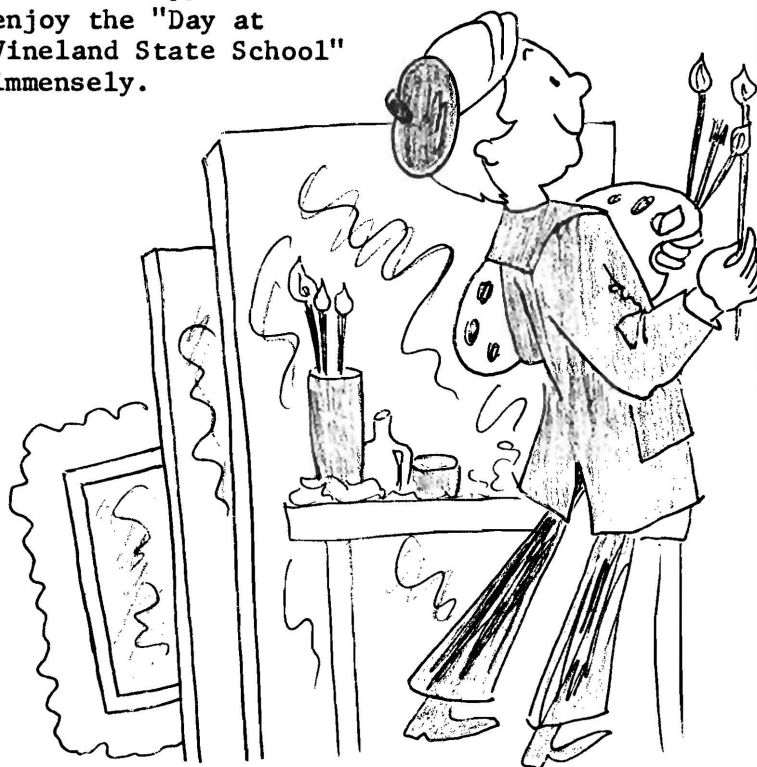
BUSY, BUSY, BUSY(cont. from p.2)-in Southern New Jersey, students from foreign countries and the influential members of the Women's Clubs. Our philosophy of involving the community more and more in institution activities has become a fact and not only helps to foster a better understanding in the community of the work we are doing but also generates assistance by way of projects for the benefit of our residents.

We can all take pride in the work we are doing and in the sense of accomplishment which is reflected in the sampling of activities listed above and in which many, many of our employees were involved and did an outstanding job to make these activities so successful and deserving of the praise which has been showered upon us by representatives of these many groups. Thank you all for a job well done. (H.F.Schultz,C.E.O.)

V.S.S. HOSTS WOMEN'S CLUBS (cont. from p. 1) morning program also included orientation and objectives of the institution by Richard Cesta, C.R.S., selections by the V.S.S. handbell choir and new concepts in institution living by Dr. S.D. Babcock. Reverend Robert DeReemer gave the Invocation and the women then proceeded to Food Service for a delicious luncheon.

The afternoon session began at 1 p.m. with Joe Pellegrino, Sportscaster on Channel 6 TV, being the featured speaker. Mrs. Allie Reynolds of WOR radio and TV, New York, also gave a few remarks.

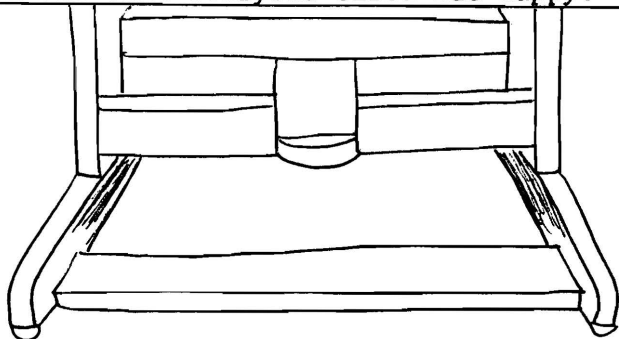
The remainder of the program featured entertainment by residents from the Main and Colony campuses and by the Foster Grandparents. The women all appeared to enjoy the "Day at Vineland State School" immensely.



ART ENTHUSIASTS

The Philadelphia Museum of Art on the Parkway was the scene of a recent visit from the Creative Arts Dept. Accompanying the 30 residents were Mrs. H. Plummer, Mrs. R. Levin, Mrs. H. Levin, Mrs. C. Bernardini, Mrs. J. Wisda and Miss J. Skibb. The group left by bus, stopping enroute at Olga's Diner for a sumptuous lunch.

At the museum, the girls were met by guides who took them on a tour of the costume wing, where they were able to see how fashionable ladies dressed in by-gone centuries. Going through the Oriental section, they counted the number of dragons used in the designs on the walls. The area which they all seemed to enjoy the most was the replica of a Japanese Village, complete with tea house and temple. After a long and lovely day, the group boarded the bus for their return trip which left everyone tired but happy.



DIRECTOR OF EDUCATION
VINELAND STATE SCHOOL
VINELAND, N. J.



FIRST CLASS MAIL

William M. Forman
N.J. Library for the Blind
1700 Calhoun St.
Trenton, N.J. 08625