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VDC NEWS

VINELAND DEVELOPMENTAL CENTER
VINELAND, NEW JERSEY

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Superintendent

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"JOANIE GOES TO WASHINGTON"

Submitted by
Britt A. Dorian
Pacific Avenue Group Home



It was a beautiful Saturday in October when Joan Hiller from the Pacific Avenue Group Home had her big adventure: A trip to Washington, D.C. During the three-hour bus ride, she admitted to being a bit tired because she had been just too excited to sleep the night before.

The Air and Space Museum was our first stop, and we marveled at the sight of the Apollo Space Capsule and the Spirit of St. Louis.

We then walked across the grassy mall area to the National Museum of Art. Joanie had never seen sculpture and paintings like these and was quite impressed. We had lunch at the cafeteria downstairs while admiring the famous waterfall behind the glass wall.

Next on the agenda was the Museum of Natural History, where we were overwhelmed by the sight of the largest elephant ever shot. Actually, the entire mammal and sea life exhibits really held Joanie's attention. We also caught a wide-eyed look at the legendary Hope Diamond at the precious stones exhibit upstairs. Our last stop was the excellent museum gift shop, where Joanie bought a book about Washington and several other souvenirs.

(continued on page 3)

SUPERINTENDENT'S NEWS & VIEWS

Robert N. Smith, Superintendent

VINELAND DEPOPULATION PLAN

The long range goal of the Division of Developmental Disabilities is to phase out all non-ICF cottages on the grounds of institutions and to place the people residing in them into more appropriate settings. The Vineland Depopulation Plan addresses the needs of 256 of the people who currently reside in VDC's non-ICF cottages. This plan is divided into four phases, the first of which is scheduled to be implemented beginning in September, 1990, with the final phase beginning in March, 1992. One non-ICF cottage will be closed during each of the four phases. While particular cottages were specified in the Depopulation Plan as examples of those cottages which may be closed, a determination has not yet been made as to the actual cottages which will be closed during each phase of the plan.

Phase I of the Depopulation Plan specifies that 33 clients will be placed with Community Services and 24 with PAFA. The 33 placements provided by Community Services will consist of group home placements for 18 individuals, supervised apartments for 8, and skill development homes for 7, while PAFA's 24 placements will include newly constructed group home placements for 8 and supervised apartments for 16. It is likely that clients who currently reside in the community will be placed in the more independent supervised apartment settings, and that those who leave VDC will move into the vacancies in group homes which are created by these placements. Each client will be provided with the type of placement which best meets her needs.

During each of the four phases of the Depopulation Plan, those clients who are being placed with Community Services will leave the Center prior to those being placed with PAFA to insure that staffing at the Center is adequate for those clients who remain. Community agencies other than PAFA will be providing their own staff for alternative living arrangements which they develop, but as has occurred in the past, all of the community living arrangements developed by PAFA will be staffed by VDC employees.

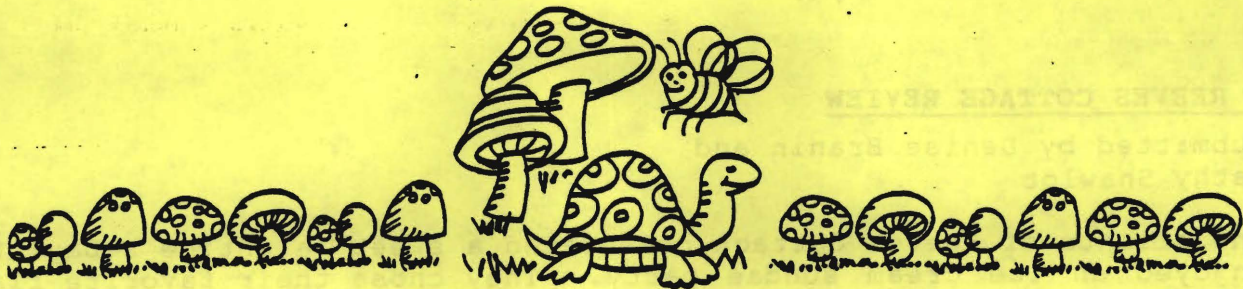
We look forward to continuing our productive work with PAFA and Community Services and to planning adequate living arrangements for the 300 clients who are living in non-ICF cottages but are not included in the current Depopulation Plan.

(continued from page 1)

Joanie wanted to see the White House, so we started to walk in that direction. However, we got tired before getting there and sat down to rest a little while on the Ellipse between the White House and the Washington Monument. We were entertained by a national competition of colorful high school marching bands. At this point we were too lazy to walk, so we boarded the convenient tourmobile. For the next couple of hours we got to see, with narration by knowledgeable guides, most of the famous sights: The Lincoln Memorial, The Jefferson Memorial, Arlington Cemetery, The Vietnam Veterans Memorial Wall, The Kennedy Center for the Performing Arts, The Capitol Building, several government buildings, and all of the Smithsonian Museums.

Back at the mall area we had enough time to purchase sweatshirts from a street vendor and take a ride on an old fashioned carousel. Then, on to an Italian restaurant in Georgetown, where we enjoyed a fabulous relaxing dinner while listening to a quartet playing classical music.

During the bus ride home Joanie talked about her day between cat naps. We have many fond memories of this very exciting outing. Joanie's final statement was, "I want to go back to Washington soon. We had a ball, didn't we?" We sure did.....



DECEMBER IN GILES COTTAGE

Submitted by Ronald Segers, STPA

There are just 12 months in a year, and each has it's importance, but there is just something special about "December in Giles Cottage".

Since I've been in Giles Cottage for a number of years, I can say that December, 1989, was "the best time yet". Clients and staff all worked and played together in decorating the building and boy what a good job! We also played in the snow, built a snow man, had snowball fights, and took sleigh rides!!!

You know, "If you want to make the world a better place, take a look at yourself and make a change". We are making changes here and I think that's very nice.....maybe it's just "December in Giles Cottage".



A NORTH COTTAGE FLASH.....

Submitted by Rosemarie Peek, CTS

On St. Valentine's Day, North Cottage hosted a coed luncheon and dance with twenty Woodbine Developmental Center gentlemen.

After everyone feasted on meatball subs, coleslaw, cheese twists, parfaits, and punch, the music began and the dancers took the floor. On they danced -- amid red streamers, balloon bouquets and various other Valentine decorations. It was quite evident that Dan Cupid had plied his wiles. There were several couples who were inseparable all afternoon.

All in all it was a fun filled day when Woodbine came to call!

A REEVES COTTAGE REVIEW

Submitted by Denise Branin and Cathy Shawlot

The clients of Reeves Cottage celebrated a sweet Valentine's Day; they enjoyed an ice cream sundae party. They chose their favorite flavor of ice cream and then topped it with their choice of toppings -- chocolate syrup, bananas, raspberries, strawberries, blueberries, colorful jimmies, M & M's, whipped topping, and of course, a cherry on top! Needless to say, everyone had a great time!

After dessert, Valentine cards were given out. Everyone enjoyed the assortment of funny, beautiful, cute, and frilly Valentines!

Several clients celebrated their birthday by going out to lunch at a local restaurant. This is becoming a favorite way to celebrate birthdays by many of the clients.

Congratulations to Florence Caton and Marjorie Watson for placing Third in their division at the Bowling Tournament at the Showboat Casino!



WOLVERTON COTTAGE HAPPENINGS

Submitted by Regina Layton, STPA and
Hannah Matthews, STPA

**WORKING AND CARING WITH NEW ATTITUDES.....**

WELCOME, CONGRATULATIONS and GOOD LUCK to Laura Pizzo on her arrival in Wolverton Cottage as our Head Cottage Training Supervisor. Recently Laura was featured in an article entitled "Compassion A Constant In Her Life", by Joyce Vanaman. This article, published in the Atlantic City Press, captures the essence of Laura's career at VDC and her dedication to providing excellent services for the developmentally disabled. We are all very lucky and proud to have her here.

PHYSICAL MANAGEMENT.....

On January 11 and 12, 1990, through the cooperation of Betty McFarland, eighteen employees of Unit 6 were provided with the Functional Life Planning in-service in Wolverton Cottage. Employees were provided with hands-on techniques with clients they work with daily. Staff found this program very helpful in establishing our physical management program. The efforts were quite successful. We extend a great big thank you to Betty McFarland for her assistance and for making it all possible. Thank you Betty!

NOVEMBER NEWS.....

Talk about gourmet food!!! A Thanksgiving dinner was prepared by staff members for clients and staff. A menu of finger lickin' good foods -- turkey with stuffing, ham, baked macaroni and cheese, candied yams, collard greens, string beans, cole slaw, cranberry sauce, apple pie, sweet potato pie, pumpkin pie and chocolate cake. We're all still full!!!

A November birthday party was celebrated by six clients in Wolverton with cake and ice cream, along with other clients and staff with a surprise visit from "Trixie the Clown".

DECEMBER OPEN HOUSE.....

Wolverton staff and clients participated in "Christmas at Disney World". Clients Phyllis Cohen and Jennie Kalicki sang Christmas songs on stage with others. Six employees dressed in Disney costumes, skipped around the Auditorium singing Christmas songs and giving out red and green balloons to the audience. Costumes were made by employees of Wolverton, the head pieces and feet by employees in Kimble Cottage. Despite the inclement weather, there was a large turnout.

A Christmas party for Wolverton clients and staff was held on December 21st., 1990. Everyone thoroughly enjoyed themselves. It was a truly merry season!!!

WHAT'S GOING ON IN MEDICAL RECORDS.....**THE MICROFILM PROJECT IN ADDITION TO OUR "BUSINESS AS USUAL"**

Submitted by Shirley E. Mensh, RRA, Director/CCRD

The ever increasing care and treatment records compounded by the years and the evergrowing shortage of actual space was the motivation behind the decision to microfilm our patient/client records.

Historically the use of microfilm is not new. It dates back to mid-nineteenth century. In the Franco-Prussian War of 1870-71, hundreds of microfilmed messages were flown into Paris by carrier pigeon. The first commercial use came about in the late 1920's when banks recorded cancelled checks. Libraries were also among the first users for archival purposes as a means of permanent storage. Film manufactured according to the U.S. Bureau of Standards requirements is non-explosive, fire resistant, and will last almost indefinitely.

The main reasons for microfilming are to save space and filing equipment, reduce paper handling and protect records against loss through disaster or negligence. We have an abundance of records that must be protected and a shortage of space to house them. Therefore, the decision to begin filming was made and the contract signed in 1989. In the best interest of this institution and those we serve, it was decided that the patient hospital records prior to the last two calendar years be filmed and maintained on microfilm. Hospital records required by the various review committees especially Quality Assurance make it unaccommodating to film earlier. However, client habilitation records are filmed to the current year. A chart preparation procedure was devised, written and is followed by the staff in the Central Client Record Department assigned to the task of this very arduous, important work.

For the convenience of the staff, a microfiche viewer will be located on each wing of the hospital, the clinic area on both East and West Campus and the Medical Director's office. Three viewers are located in our Central Client Record Department. Two of these readers are also printers and at the push of a button, a print of the document on the screen is immediately available. The microfiche is the exact copy of the original paper record and is alteration proof. Microfilmed records are acceptable as primary evidence. In 1951, the 82nd Congress passed an amendment to Public Law 129 which provides for admission and acceptance of microfilmed records as primary evidence. This law was reaffirmed in Section 1732 (b) in 1958 making the use of microfilm primary evidence legal throughout the United States.

The Central Client Record Department has a microfiche duplicator which will reproduce the original microfiche within minutes. Any requests received by the various areas containing readers can be taken care of immediately. A duplication of the original fiche is made and it is this copy that is sent in response. The original fiche remains in the Central Client Record Department. All copies must be returned to our department after their use and will be kept on file for any further requests.

This is another step in our continuing progress to serve the needs of our patients, physicians, nurses, staff and the institution.

WHAT'S HAPPENING AT REHAB.....

Submitted by Myla Rhubart, CORS

The Rehabilitation Department is made up of so many different disciplines that we felt it would be nice to introduce some of the staff and their duties.

Introducing the Upholstery Shop comes first. Richard Chalow, Senior Upholsterer for 8 years, and Lillian Falletta, who has worked in upholstery for 5 years, are the dedicated employees that handle so many requests for repairs and specialized equipment. They wanted to share information on mattress and pillow requests for all our women at Vineland Developmental Center.

To begin the process, the cottage must send an Upholstery Shop Request Form with the name of the client and her bed location (to ensure prompt delivery). Then the Upholstery Shop will measure and make the covering for the mattress. The steps are cutting and sewing the material. The pre-cut foam is then covered and sewn closed. The same process is followed for the pillows. There are 1,100 women in the cottages and additional beds in the hospital that we are responsible for maintaining. Simply keeping up keeps us very busy!

.....AND NEXT ISSUE: EVERYTHING YOU WANTED TO KNOW ABOUT ART THERAPY, BUT WERE AFRAID TO ASK!

LOST AND FOUND**ANNOUNCEMENT**

Three pairs of adult prescription eyeglasses and one pair of child/small adult prescription eyeglasses were turned in to the Administration Building and can be claimed at the Switchboard.

Please note that these are not client eyeglasses, as they are not marked with identification in any way.

WEST CAMPUS CENTRAL RECREATION NEWS

Submitted by Connie Ortega, Asst. Supervisor

"The difference between ordinary and extraordinary is that little extra."

This was so true on November 15, 1989 when West Campus Recreation took the TLC Gym and transformed it into a School Gym from the 50's for a Sock Hop, complete with 50's decorations and our own V.D.C. D.J., "Uncle Vito" (lovingly named by our ladies), who played 50's music. For two hours, our ladies and staff were able to leave the hectic eighties and return to the memorable fifties. A special thanks goes to Mr. Vito Ingerto for supplying the music from his personal collection.

"The world is full of beauty when your heart is filled with love."

And, there is no better time than the Christmas Season to fill your heart with love and joy, and they are the feelings Miss V.D.C., Marie Ratti from Fisher Cottage, displayed to the crowd as she rode in the Vineland Christmas Parade held Saturday, November 25, 1989. Marie wore a beautiful long red dress trimmed in white and was escorted by Mr. Jose Rivera. Miss Ratti represented the Vineland Developmental Center very graciously with her warm smile and friendly wave.

The Christmas Spirit continued with Open House, held Saturday, December 9. This year's Open House was a team effort of our ladies and staff, with no "outside" entertainers. Unit I performed "Twelve Days of Christmas," and Marie Ratti and Johanna Karyczak sang "Frosty the Snowman." The V.D.C. Choir gave its first performance with Christmas Selections directed by Miss Mary Ann Domenico. There were solos sung by Mrs. Joanne Lee and her children and Ms. Patricia Garner. At the completion of Open House came the announcement of the Wreath Contest winner, the SFEA Department, and a visit from Santa Claus and refreshments. A special thank-you goes to Mr. Robert Ortega for playing Santa for all who attended.

Central Recreation hosted a Christmas Party for all West Campus on December 19. The party started with the Buena Choir singing some Christmas favorites. Then, the ladies danced to some Top Ten Music and were served refreshments. To top off the party, Santa stopped in and passed out candy to all who attended.

SINGING, SINGING EVERYWHERE! On December 18, 1989, Ms. Pam Willis, Nurse for West Campus, brought her Brownie Troop 345 to West Campus so that they could Christmas Carol outside the Cottages. The age of the Brownies is from five years to seven years old. I would like to extend a special thanks to Ms. Willis and Troop 345.

Other activities for the Christmas Season include a performance by the Dinshah Dance School on December 2, a party given by the Bayville V.F.W. on December 15, a party sponsored by the Vineland F.O.P., a party sponsored by the Cherry Hill F.O.P., a dinner dance given by Woodbine Developmental Center on December 21, and a New Year's Party given by Woodbine on December 28, 1989. December is always hectic at the Vineland Developmental Center as everyone enjoys the Spirit of the Holidays.

(continued on page 9)

West Campus Central Recreation News

(continued from page 8)

"If you only care enough for a result you will almost certainly attain it."**William James**

We do care, and we do get results. There are several special events where we can see results and progress such as Coed Activities, V.D.C. Church Services, our ten-month Bowling and Swimming Programs, our Weekly Special Olympic and Motor Activity Training, our Weekly Music Classes, and, as always, the Daily Cottage Group Activities. The results may be small, like a student picking up a handbell in Music Class, or exciting, like an athlete winning a first place ribbon at Special Olympics, but the results keep happening because of Caring Staff.

West Campus partied into 1990--with a bang on January 2. Recreation hosted a New Year's Party complete with hats, horns, noisemakers, balloons, dancing, and refreshments. This was a party where everybody let loose and danced, made lots of noise, blew horns, and enjoyed a renewed feeling of togetherness.

Celebrating Valentine's Day was a joint effort at the West Campus. A Campus Party was hosted by Central Recreation on February 14, 1990. This party was made even more special because several departments took part in the preparations. Recreation decorated the gym with hearts and balloons, Recreation and SFEA made Valentine cards for all who attended, the Vocational Department made a beautiful Valentine box to put the cards in, "Uncle Vito" provided dance music, and Food Service provided the refreshments. A "heart" felt thanks to everyone for making this party special.

UPCOMING EVENTS

1. February 28 - West Campus will hold its Motor Activity Program in the TLC gym from 9:30 a.m. - 2 p.m.
2. March 1 - The V.D.C. Choir will give a performance in the TLC gym in recognition of Black History Month from 1:30 p.m. - 2:30 p.m.
3. March 21 - A Talent Show called "Me and My Gal" will be held by Cottage Staff and their Ladies in the TLC gym from 1:30 p.m. - 2:30 p.m.
4. April 7 - "Art of the Dance" in the TLC gym from 1:30 p.m. - 2:30 p.m.
5. April 12 - Campus Easter Party from 1:30 p.m. - 2:30 p.m. in the TLC gym.
6. April 18 - West Campus Gong Show from 1:30 p.m. - 2:30 p.m. in the TLC gym.
7. April 21 - Easter Gospel Concert from 7 p.m. - 9 p.m. in the TLC gym.

Everyone is welcome to attend any of our activities. If you need more information, please call 6857.



EAST CAMPUS CENTRAL RECREATION NEWS

Submitted by Retta Burch, Asst. Supervisor

SPECIAL OLYMPICS:

New Jersey Special Olympic Winter Games were held on Sunday 1/28 thru Tuesday 1/30 at Great Gorge, NJ. Our downhill skier, Ellen O'Donnell from Lee Cottage, placed: 4th in Slalom and 1st in Downhill. Time trials were held for this event at 1/6 at Belle Mountain, NJ.

Karen Davis, from Main Cottage, was unable to compete in Cross Country ski events due to "lack of snow". Hopefully, Karen and other skiers will have the opportunity to compete next year.

Area 8 Bowling Meet was held on Saturday, February 10th, with twenty-one clients competing at the Show Boat Casino in Atlantic City. Our ladies enjoyed lunch at the casino, as well as the opportunity to "play the slots". Ribbon tabulation is as follows:

FIRST PLACE (Blue Ribbon):

Gloria DelVecchio
Julia Sweigart

East Cottage
Main Cottage

SECOND PLACE (Red Ribbon):

Kathy Libertz
Ellen O'Donnell
Heidi Russell
Susan Schneer
Delores Smith
Mona Weldon

Giles Cottage
Lee Cottage
East Cottage
Giles Cottage
Lee Cottage
Giles Cottage

THIRD PLACE (Yellow Ribbon):

Bernadette Calogero
Florence Caton
Brenda Emmons
Marjorie Watson

Landis Cottage
Reeges Cottage
Main Cottage
Reeves Cottage

FOURTH PLACE (White Ribbon):

Renae Bradshaw
Karen Davis
Sharon Miller
Cathy Osborne
Grace Remington
Terri Senter

East Cottage
Main Cottage
Pond Cottage
Main Cottage
North Cottage
Giles Cottage

(continued on page 11)



East Campus Central Recreation News

(continued from page 10)

FIFTH PLACE (Light Blue Ribbon):

Debra Hollingsworth
Lulu Reed

East Cottage
North Cottage

SIXTH PLACE (Green Ribbon):

Anna Marie Jenkins

Pond Cottage

Congratulations to our athletes and their coaches for a successful day!

The State Bowling Meet will be held at the New Jersey Special Olympics Spring Games to be held at LaMartinique Lanes at Stratford, NJ. Singles competition will be held on Saturday, March 31st and Doubles competition will be held on Sunday, April 1st.

The Area 8 Team Bowling Meet will be held at the end of April with State competition being held at Summer Games 6/1 thru 6/3 at Trenton State College.

Weekly training sessions are held at Loyle Lanes on Thursday afternoons and Friday mornings.

The Area 8 **Swimming Meet** will be held on Sunday, February 25th, at the Ocean City Community Center. We have three East Campus swimmers scheduled to compete. The State Meet will be held on 3/31 at Camden County Voch-Tech. The Cape May Invitational Swim Meet will be held on Saturday, March 10th, at the United States Coast Guard Base in Cape May.

Weekly training sessions are held Tuesday mornings at the Vineland YMCA.

The Area 8 **Basketball Meet** will be held on Sunday, February 25th, at the Ocean City Intermediate School. Two East Campus athletes will compete in basketball skills.

***please see page three for more Special Olympic news**

Physical Fitness Sessions are held weekly at 6:30 P.M. in the Multi-Purpose Building. The sessions are directed by the staff of Slender Shapes. All clients are now invited to attend this weekly session. Clients travel to Buena Athletic Club every Wednesday afternoons to work out of the machines.

COED DANCES:

Twenty clients are scheduled to travel to Woodbine Developmental Center for coed dances on: 1/25, 2/15 and 3/15. A special "Valentine Luncheon" was held on 2/14 with twenty of our ladies enjoying this "special holiday" treat!

Twenty clients are scheduled to travel to New Lisbon Developmental Center for coed dances on: 2/22 and 3/15.

(continued on page 12)

East Campus Central Recreation News

(continued from page 11)

HOLIDAY ACTIVITIES:

A "Valentine Dance" was held on Wednesday, February 14th in the Auditorium from 7 P.M. to 9 P.M. Sixty of our ladies shared their favorite songs with thirty New Lisbon Developmental Center and thirty Woodbine Developmental Centre men. The hall was decorated for the festive occasion with holiday tableclothes, table skirts, balloon arrangements, streamers, etc., to set the mood for our valentines. Our DJ, Vito Ingerto, provided the music in fine style. Clients and their chaperones enjoyed this very special treat!

The Vineland Rotary Club sponsored their Annual Valentine Party on Friday, February 9th, in the Auditorium. Thirty clients from: East, Giles, Lee, Main and Pond Cottages attended. Sheet cake, ice cream, pretzels, chips, candy, sherbert punch, etc. were provided by the Rotarians. Each of our ladies received a personalized holiday-gift wrapped package presented by the members and their spouses. The Vineland Musicians Union provided a band for entertainment, as well as, the background music for the "sing-a-long" held yearly. The party highlights our February activities calendar.

SHAMROCK CONTEST:

Our Central Recreation leprechauns are preparing for the Annual Shamrock Contest to be held on Wednesday, March 14th, at 1 P.M., in the Multi-Purpose Building. The Shamrocks will be judged on creativity and originality. Prizes and refreshments will highlight this activity.

BAND CONCERT:

The Vineland Musicians Union will provide musical entertainment for ALL clients in our Auditorium on Wednesday, March 21st, at 7:00 P.M.

EASTER:

Besure to be on the look out for clues to be offered weekly, beginning Monday, March 19th, for the "Easter Hunt". This hunt will end 4/12-- more details to follow..... Also, fliers will be distributed regarding upcoming Easter activities and contests!

BUS RIDES:

The PAFA Bus rolls weekly (Monday, Tuesday and Wednesday's) for East Campus clients to look forward to shopping jaunts, sightseeing trips, etc. Cottages enjoying this activity: 1/2, 2/6 & 2/14 - Regan, 1/3, 2/7 & 3/19-Sykes, 1/8, 2/13 & 3/20 - Wolverton, 1/9, 2/14 & 3/21-Bassett, 1/10, 2/20 & 3/26-Cross, 1/16, 2/21 & 3/27 - East, 1/17, 2/26 & 3/28 - Giles, 1/22 & 2/27 - Kimble, 1/23 & 2/28 - Landis, 1/24 & 3/5 - Lee, 1/29 & 3/6 - Main, 1/30 & 3/7 - North, 1/31 & 3/12 - Pond, 2/5 & 3/13 Reeves.

(continued on page 13)

East Campus Central Recreation News

(continued from page 12)

SUNDAY SERVICES

Sunday Services are held weekly in the Auditorium at 2:15 P.M. Services are held monthly in Wolverton and the Hospital.

*** CONGRATULATIONS:**

To Vito M. Ingerto who has been appointed the New Jersey Special Olympics Area 8 Director. Area 8 encompasses Atlantic, Cape May and Cumberland counties.

*** SPECIAL OLYMPICS**

The Area 8 Motor Activity Program competition will be held on Wednesday, March 7th, at the Auditorium. Vineland, New Lisbon and Woodbine Developmental Centers will be attending. The State Meet will be held on Friday, March 30th, at Camden County College.



NEWS FROM SOCIAL SERVICES

Submitted by Georgina Gaughran, ASWS

During the past several months we have lost a few familiar faces and added several new ones to Vineland Developmental Center.

Sister Suzanne Allyn, the Social Worker for Bassett and Giles Cottages, resigned to accept a promotional opportunity at Woodbine Developmental Center.

Ms. Darlene Liguori, the Social Worker for Unit 4, resigned to accept a position in the community as a Social Worker for a private, non-profit organization.

Ms. Linda Drinkard and Ms. Karen Wojtowicz, of our Department, are currently on maternity leave. Ms. Drinkard gave birth to a boy on January 28th and Ms. Wojtowicz gave birth to a boy on November 26th. Congratulations to both Social Workers and their families! Ms. Janice Bono, SWII, and Ms. Shashi Patel, SWII, are currently covering the caseloads.

Ms. Iva Laskarides, SWII, who transferred from Woodbine Developmental Center to Vineland Developmental Center, is currently assigned to the caseloads of Grisco and Ireland Cottages.

There are two Senior Social Work Students of Stockton State College, currently working at VDC. They are Ms. Annie Boyd and Mr. Timothy Bryte. Ms. Boyd has been working from the Office of Social Services, assisting with the writing of the IHP Evaluations for the clients who reside in non-ICF cottages and with other projects which originate from the Office of Social Services. Mr. Bryte is working in the Hospital and will also assist Ms. Bono in Wolverton Center during the Spring Semester.

The Office of Social Services also serves as the Advisor to Vineland Developmental Center Client Council.

We are proud to announce that Gloria Wilson, who resides on the East Campus, and is presently Client Council President, has been nominated to serve on the State Developmental Disabilities Council. The Developmental Disabilities Council is mandated under Federal Law, by the Developmental Disabilities Act, to serve as the planning body in each state. The individuals who serve on the Developmental Disabilities Council must be either an individual with a developmental disability, or the guardian of such an individual.

If selected, Gloria Wilson will represent the view of the individuals who live in institutions for the developmentally disabled. We wish Ms. Wilson the best of luck, and hope that Governor James Florio will choose her for the position.





Outstanding Employee of the Month - January, 1990

Bonnie Daughety, Cottage Training Supervisor, Fisher Cottage, has been selected "Outstanding Employee of the Month" for January, 1990. Ms. Daughety not only supervises staff, but can be observed throughout the day working directly with the women who reside in Fisher Cottage. She is a person who can be counted on to react calmly and reliably in emergency situations. Ms. Daughety is to be commended for the kindness and generosity which she exhibited last summer, when during her own vacation, she accompanied a Fisher Cottage client to Disneyworld in Florida. This trip was certainly a major highlight in this client's life, which was made possible through Ms. Daughety's unselfish gesture. Bonnie Daughety is most deserving of the recognition "Outstanding Employee of the Month".

Outstanding Employee of the Month - February, 1990

Louis A. Coltri, Supervisor of Grounds, has been named "Outstanding Employee of the Month" for February, 1990. The grounds of Vineland Developmental Center always look beautiful because of the outstanding efforts of Mr. Coltri and his dedicated staff. Mr. Coltri can be counted on to come into work at any hour of the day or night, whenever the need arises, due to snowstorms or other weather conditions, and he willingly puts forth the extra effort necessary to prepare for special events. He is a conscientious employee who is most deserving of the "Outstanding Employee of the Month" award, and he is to be commended for his seventeen years of excellent service to Vineland Developmental Center.



Outstanding Employee of the Month - March, 1990

Wilson Tan, M.D., has been chosen "Outstanding Employee of the Month" for March, 1990. Dr. Tan's number one concern is the health and welfare of the clients he serves. In addition to caring for the clients of Fisher and Allen Cottages, and the Maurice River and Morton Avenue Group Homes, Dr. Tan also assists with surgery in VDC's Operating Room. Dr. Tan is a man who is willing to consider new ideas if he feels that they will benefit his patients, and he willingly takes the time to explain medical treatments and procedures to clients' families and staff. Dr. Tan is to be commended for his seven years of dedication and service at Vineland Developmental Center.



AN UPDATE ON SMOKING

Submitted by Barbara Ann Logan, DON W/C Admin.

Many risks of smoking tobacco have been well publicized. Most people are familiar with the increased risks of respiratory (lung) and cardiovascular (heart and blood vessels) diseases associated with smoking. The use of tobacco represents the most important preventable cause of death in our country. Smoking is responsible for an estimated 390,000 deaths annually in the United States. Knowledge of this information has undoubtedly contributed to the consistent decline in adult cigarette smoking during the past 25 years. In 1955 more than 50% of men smoked tobacco and shortly thereafter smoking became increasingly more popular with women also. However, by 1985 the percentage of all adult smokers had decreased to an estimated 30%

Although scientific knowledge about the hazards of smoking has been accumulating, unfortunately this information is less well known to the public. The use of tobacco is responsible for more than 30% of the current cancer deaths in the United States. These deaths are due to cancers of the lung, kidney, bladder, cervix, pancreas, oral cavity, larynx, and pharynx. Smoking and exposure to passive smoke has been implicated as increasing the risk of a woman developing cervical cancer. A recent study has also found a link between smoking and cataracts of the eye. Cataracts have caused blindness of 12-15 million people worldwide, according to the National Eye Institute.

Some smokers attempt to rationalize their behavior by arguing that if they stop smoking they will gain weight and thus appear less attractive. I wonder if this same smoker has ever considered how they appear to others while they smoke. While it is known that the cessation of smoking is associated with an average increase in body weight of about six pounds, a recent study has provided information on the fat distribution of smokers versus non-smokers. These researchers have found that smokers have an increased waist/hip ratio. Paradoxically, those people that started smoking had a decrease in their weight yet their waist/hip ratio actually increased.

Elevated cholesterol levels are known to correlate with an increased risk of cardiovascular diseases. However, there is a subtype of cholesterol named high-density-lipoproteins (HDL) which is protective against some forms of cardiovascular disease. Unfortunately, smoking is known to elevate total cholesterol levels while decreasing HDL (the good cholesterol).

The FDA recently banned the importation of fruit from Chile after grapes were found to contain 3 micrograms of cyanide. Are you aware that the smoke from a single cigarette contains 110 micrograms of hydrogen cyanide?

(continued on page 17)

An Update on Smoking

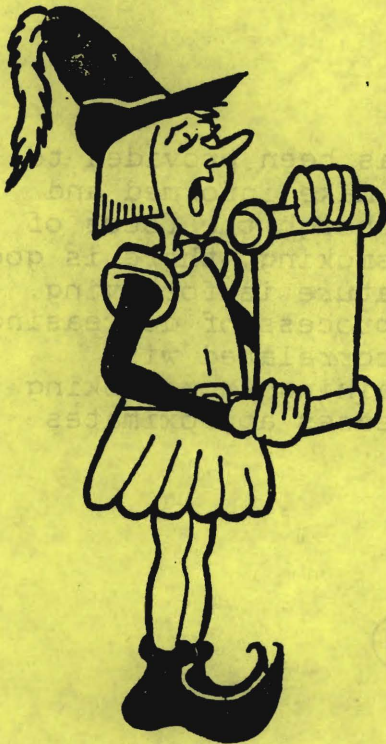
(continued from page 16)

The information contained in this article has been provided to the reader so that they and their loved ones can make informed and intelligent choices to improve their health. Although the focus of this article has been on the harmful effects of smoking, there is good news for smokers. Luckily for smokers, Mother Nature is forgiving. The cessation of smoking immediately begins the process of decreasing the ex-smoker's chances of contracting diseases correlated with smoking. Approximately two-six years after abstaining from smoking the ex-smoker's chances of contracting these diseases approximates that of a person who has never smoked.



A SPECIAL THANK YOU

The families of Henrietta Burch, Doveria Williams, Edlen Clybourn and Leona Mayo, would like to extend their heartfelt thank you and appreciation to all their friends and fellow employees for their generosity and support during the recent bereavement of their mother and grandmother



VINELAND DEVELOPMENTAL CENTER

EMPLOYEE ANNOUNCEMENTS

Resignations

Christine Bey - Arbor Avenue Group Home - 12 yrs
 Nancy Baker, Vocation E/C - 6 yrs
 Jocelyn Deal, Emerlee - 15 yrs
 June Vastano, Group Homes - 10 yrs
 Mildred Whittaker, Food Service - 10 yrs
 Marylyn Drye, Jones - 10 yrs
 Michael Holley, Housekeeping - 5 yrs
 Darlene Liguori, Unit 4 - 10 yrs
 Antranette Loatman, Jones - 12 yrs
 Beverly Planter, Hospital - 10 yrs

Retirements

Virgie Plafi, Cross - 24 yrs
 Lorraine Knapp, Professional Services - 6 yrs
 Murrell Ciprich, Main - 26 yrs
 Santilena Edwards, Harper - 11 yrs
 Proverta Kelley, Main - 21 yrs
 Anna May Kubrak, Linen Center W/C - 18 yrs

Deaths

Joyce Baker, Bassett - Daughter
 Elaine Bell, Ireland - Husband
 Juanita Bowens, Sykes - Mother
 Nancy Bowman, Harper, Sister
 Carolyn Cook, Hospital Housekeeping - Father
 Alice Hartz, Group Home - Brother
 Geneva Johnson, Emerlee - Sister
 Frances Newkirk, Post Road Group Home - Father
 Debra Stone, Grisco - Mother
 Janice Marie Viruet, OPD W/C - Mother
 Frances White, Emerlee - Mother
 Lizzie Wilson, W/C Housekeeping
 Mary Pauline Zelanis, Dental - Father
 Henrietta Burch, Recreation E/C - Mother
 Doveria Williams, Staff Development - Mother
 Lucy Burgos, North - Mother
 Clara Hickman, Chestnut Group Home - Sister
 Carment Ortiz, North - Mother
 Boris Reissek, Sr, Housekeeping - Mother
 Luiz Torres, Food Service W/C - Mother
 Ruth Williams, Kimble - Sister

Marriages

Laverne (Williams) Townsend, Main
 Paula (Guilford) Ramsey - Recreation W/C

Births

Linda Brown-Bey, Allen - Girl
 Sheila Sansalone, Fisher - Boy
 Elizabeth Abdus-Salaam, Morias Ave GH-Girl
 Maria Andina, Sykes - Boy
 Daine Licke, Housekeeping - Boy
 Laura Rains, ADM W/C - Boy

MARCH, 1990

V.D.C. NEWS

PAGE 19

VOLUNTEER SERVICES DEPARTMENT NEWS

Submitted by Carole Braida, Director

Vineland Developmental Center is very fortunate to have the support of a wide range of individual volunteers, clubs, churches, and civic groups. During the holiday season of 1989, VDC was showered with generosity.

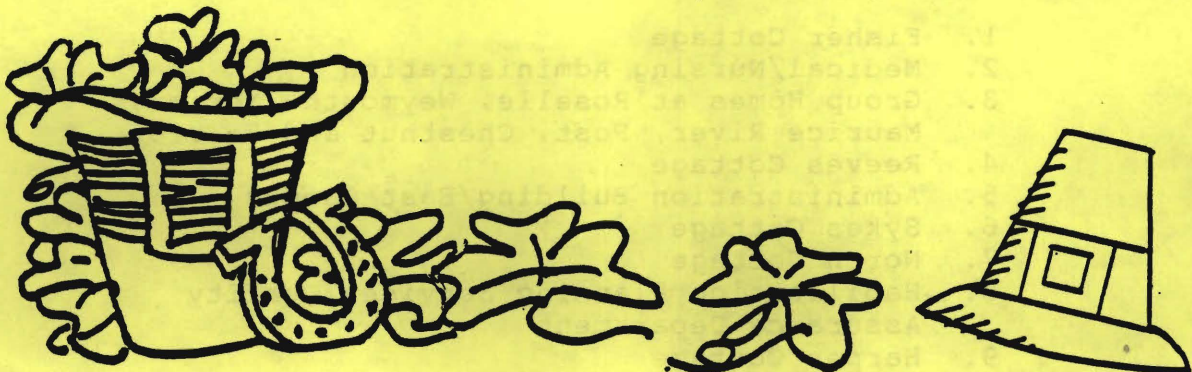
Cash contributions of over \$2,300 were received from individual donors and groups such as "The Dealers at Bally's Grand" and Girl Scout Troops #301 and #304 of Millville, NJ.

Hundreds of clients attended holiday parties sponsored by groups like the Vineland Fraternal Order of Police and the Bayville VFW Auxiliary. A total of 157½ hours of volunteer time was donated in the month of December.

Donations of merchandise valued at more than \$6,600 flowed in from many areas. Church groups, including the Episcopal Churchwomen - Woodbury District, St. Martin de Poore's Parish in Hammonton, and St. Andrew's of Glassboro, provided handmade stockings, perfume, powder, toys, games and craft supplies. Our good friends of the New Jersey State Federation of Women's Clubs donated beautiful hand-knit afghans, hats, gloves and mittens. They provided toiletries, cosmetics, jewelry, greeting cards, ornaments, wrapping paper and ribbon for general distribution. Some of these items helped to fill many of the Christmas stockings here at VDC. The clubs are located throughout New Jersey - Glassboro, Mahwah, Jersey City, Runnemede, Marlton, Merchantville, Salem, Ramsey, Asbury Park and Cherry Hill, just to name a few.

Also, dozens of clients received personal gifts and visits from club and employee sponsors. WOW!

We offer our thanks and appreciation to our volunteers, donors, and sponsors, for the continued friendship, love and support you have given so freely.



THE 1989 NEW JERSEY STATE EMPLOYEE CHARITABLE CAMPAIGN

Submitted by Carole Braida

I am honored to report the total pledges to the 1989 Charitable Campaign from the staff of Vineland Developmental Center as \$16,429.00. The breakdown of the total is as follows:

\$9266.00	United Way of Greater Cumberland County
\$1851.00	United Negro College Fund
\$5312.00	Pledges totalling \$1000 or less to various agencies such as the United Ways of Atlantic, Salem, and Gloucester Counties, Save the Children, MADD, Girl Scouts, Boy Scouts, Lupus Foundation, New Jersey Special Olympics, American Cancer Society, American Red Cross, Associations for Retarded Citizens, American Diabetes Foundation and the Clean Water Fund.

Your generous contributions will provide support for over 1000 human care, health and educational services and programs throughout the State. The United Way of Greater Cumberland County alone supports 28 member agencies whose purposes are to help stamp out hunger, homelessness, alcohol and drug abuse, domestic violence, handicaps, neglect, loneliness, delinquency, and other social problems. Thanks to you, these charitable organizations can continue helping those of us in need.

As the area with the highest contribution per capita, Fisher Cottage will be honored with a party. The winner of the 1988 Campaign was North Cottage. The top ten contributing areas for 1989 are as follows:

1. Fisher Cottage
2. Medical/Nursing Administration
3. Group Homes at Roselle, Weymouth, Morias, Maurice River, Post, Chestnut and Fairton
4. Reeves Cottage
5. Administration Building/East Campus
6. Sykes Cottage
7. North Cottage
8. Habilitation Planning Services/Quality Assurance Department
9. Harper Cottage
10. Regan Cottage

(continued on page 21)

The 1989 New Jersey State Employee Charitable Campaign

(continutued from page 20)

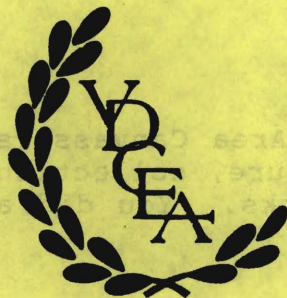
Many thanks also to the Vineland Developmental Center Area Canvassers who shared the task of dissemination of campaign literature, collection of pledge cards and distribution of pins and coupon books. You did a great job!!!

1989 NJSECC AREA CANVASSERS

Carolyn Abbamondi
Jane Clark
Dolores Barber
Delores Bickings
Tammi Brown-Torpey
Florence Davis
Donna DiGiovacchino
Sandra Dillon
Leola
Pauline Fallows
Mary Fields
Tina Flannery
Ida Garlic
Irene Green
Lois Griffin
Kenneith Hayman
Warren O. Howell
Anna Huston
Ethel Kelly
Marinetta Kelly

Edna Kelley
Mary Ann Kuloszewski
Sheila Lee
Kathy McCarthy
Joan Miller
Viola Nelson
Pam Oliver
Brenda Patterson
Peggy Peyton
Laura Pizzo
Almena Scarbrough
Carolyn Scott
Michael Smith
Rebecca Stiles
Rhonda Stratton
Darlene Tomlinson
Margaret Tunis
Elizabeth Veltman
Gladys Whittington





Vineland Developmental Center Employees' Association

Monday, March 5, 1990

Sabel Shoe Company Sale at the Auditorium/East Campus. Discount prices on Monroe nursing shoes and L.A. Gear sneakers. VDCEA will receive \$5.00 for each pair of shoes sold.

Thursday, March 8, 1990

VDCEA Annual Meeting
2:00 PM in the Auditorium/East Campus

Friday, April 6, 1990

VDCEA Flea Market held in the Auditorium/East Campus. Hours are 10:00 AM - 6:00 PM.
Table Rental: \$ 5.00 for VDCEA Members
\$10.00 for non-members

For table reservations and payment contact:
Jeanette Ganio, Multi-Purpose Building
phone extension 6055.

Friday, April 27, 1990

The 28th Annual Awards Dinner will be held at the Centerton Country Club. The cost is \$20.00 per person.

Cocktails/Hors D'Oeuvres 6:00 - 7:00 PM
Dinner 7:00 PM

Dinner Choices: Prime Rib or Deviled Crab
Tickets are available from VDCEA Area Representatives.

Awards, Door Prizes, Music and Dancing!!!
For table reservations call:

Carole Braida, Volunteer Service Office
phone extension 6050.

Vineland Developmental Center
1676 East Landis Avenue
Vineland, New Jersey 08360

Anthony L. Gricco, Editor VDC News



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VINELAND DEVELOPMENTAL CENTER

CALENDAR OF UPCOMING EVENTS

MARCH, 1990

- 5 VDC EMPLOYEES ASSOCIATION SHOE SALE
East Campus Auditorium
- 8 ANNUAL VDC EMPLOYEES ASSOCIATION
MEETING
- 21 BLOOD DRIVE
East Campus Auditorium

APRIL, 1990

- 6 VDC EMPLOYEES ASSOCIATION FLEA MARKET
- 27 VDC EMPLOYEES ASSOCIATION ANNUAL
AWARDS DINNER

MAY, 1990

- 19 VDC SPRING OPEN HOUSE

JUNE, 1990

- 12 BLOOD DRIVE
West Campus
- 13 DIRECT CARE DAY