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### Who is eligible for a COVID-19 vaccine or booster in New Jersey? How many doses of a COVID-19 vaccine should I get?

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**Everyone 6 months of age and older is recommended to get an updated COVID-19 bivalent vaccine or booster dose that targets the Omicron variant, if it has been at least two months since your most recent booster or primary series.**

**Get vaccinated and boosted.** COVID-19 vaccines are safe and highly effective at preventing severe illness, hospitalizations, and death. CDC recommends COVID-19 vaccines and boosters for everyone ages 6 months and older.

Vaccines are available to all New Jerseyans, regardless of [immigration](#) or [insurance](#) status.

Find a vaccine appointment at [covid19.nj.gov/finder](https://covid19.nj.gov/finder).

#### BOOSTER SHOTS

**The CDC recommends updated bivalent Pfizer and Moderna booster shots that target the Omicron variants for everyone 6 months of age and older.**

The bivalent boosters should be received at least two months after your most recent booster or primary series. As bivalent vaccines, these boosters will target both the original COVID-19 strain as well as Omicron and its subvariants. This updated version of COVID-19 boosters offers stronger protections against severe illness and death from Omicron and its subvariants.

Children aged six months through five years who previously completed a Moderna primary series are eligible to receive a Moderna bivalent booster at least two months after their final primary series dose.

Children aged six months through four years who are currently completing a Pfizer primary series will receive a Pfizer bivalent vaccine as their third primary dose. Children aged six months through four years who have completed a Pfizer primary series with the monovalent (single strain) vaccine at least two months ago are eligible to receive a single booster dose of the Pfizer bivalent vaccine.

Studies show immunity wanes over time with COVID-19 vaccines, increasing the risk of getting a breakthrough infection and spreading it to others. To protect yourself and your loved ones, get a booster shot [at any vaccination location](#).

The CDC recommends completing a primary series with mRNA vaccines (e.g. Pfizer-BioNTech and Moderna) or Novavax, which are preferred over the J&J vaccine for prevention of COVID-19. Eligible adults may choose which mRNA bivalent booster vaccine they receive.

## WHAT TO BRING TO YOUR APPOINTMENT

No documentation is required. If you have your CDC Vaccination Card, you should bring it with you so that your next dose can be added to your card. If you do not have your card, you can bring other COVID-19 vaccine records, including the digital record via the [Docket app](#). The vaccine provider can also look up the individual's vaccine record on the State's immunization information system (NJIS).

You do not need any proof of a medical condition, a note from a medical provider, or a prescription.


## ASSISTANCE

The State's toll-free Vaccine Call Center (1-855-568-0545) is available from 10 am to 6 pm, Mondays through Friday and 10 am to 4 pm on Saturday to help individuals find a nearby vaccination site, register individuals in the NJ Vaccine Scheduling System, answer questions about the vaccine, provide contact information for sites, and check registration status.

**Stay up to date with the latest COVID-19 news and updates from the State of New Jersey.**

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