

A GUIDE TO LONG TERM CARE AND COMMUNITY SERVICES IN NEW JERSEY

MEALS

HOUSING

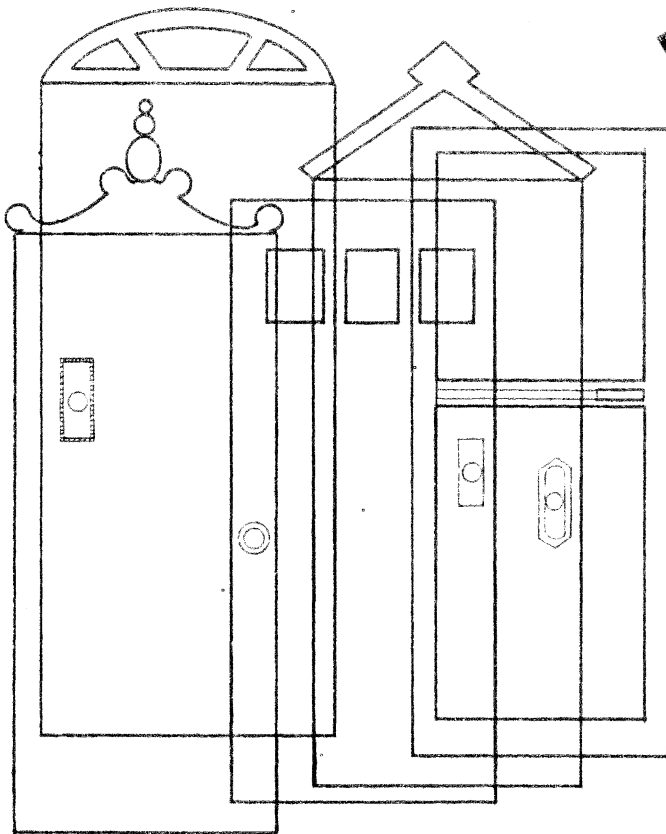
TRANSPORTATION

REHABILITATION

SOCIAL SERVICES

NURSING HOME

MEDICAL

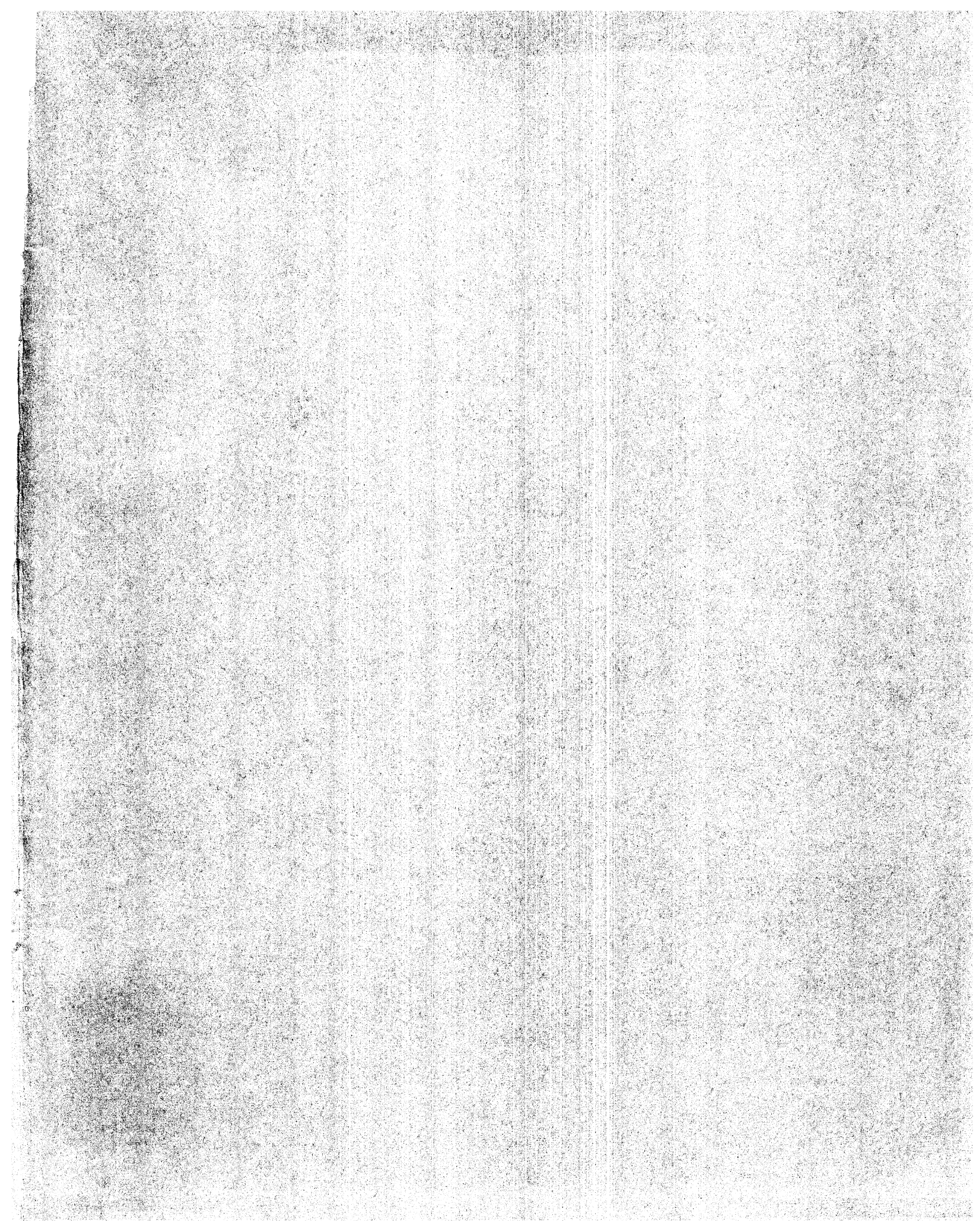


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STATE OF NEW JERSEY
DEPARTMENT OF HUMAN SERVICES
DIVISION OF MEDICAL ASSISTANCE AND HEALTH SERVICES



(Rev. 8/81)





TIMOTHY CARDEN
Commissioner

STATE OF NEW JERSEY
DEPARTMENT OF HUMAN SERVICES
TRENTON, N.J. 08625

A MESSAGE FROM THE COMMISSIONER

July, 1981

I am very pleased to make available this revised guide for long term care and community services. This publication culminates many months of effort to fulfill a need for information about existing resources in New Jersey for the indigent elderly, as well as their families. I sincerely hope it will be helpful.

Sincerely yours,

Timothy Carden, Commissioner
Department of Human Services

*For additional copies, further information or any
future corrections, please contact:*

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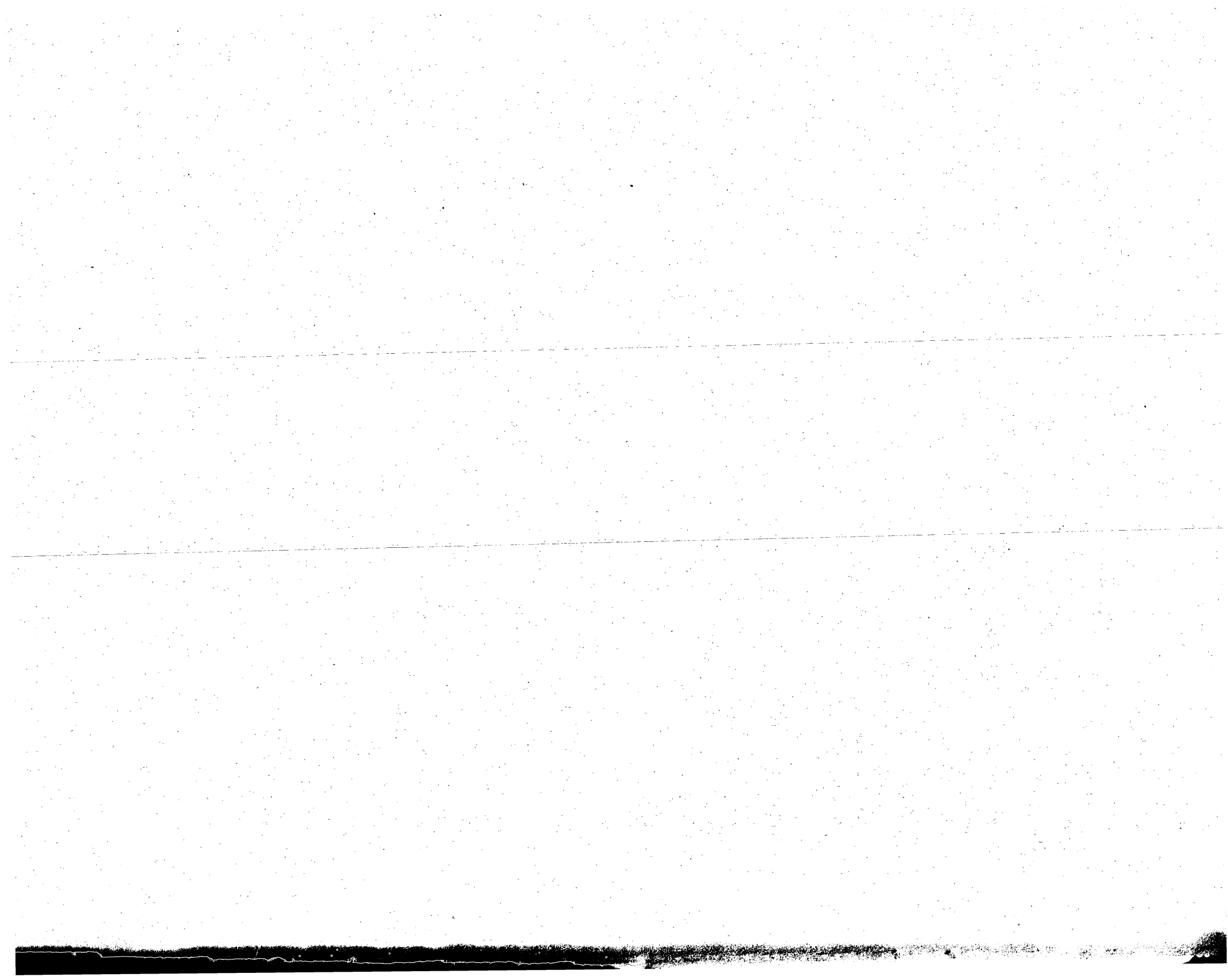


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INTRODUCTION

This booklet was written by staff of the New Jersey Division of Medical Assistance and Health Services (New Jersey Medicaid Program) as a guide for adults and their families who need information about nursing home care or community services in New Jersey. It should also prove useful to social service and health care professionals who are working with the long term care system.

A serious nursing home bed shortage exists in New Jersey, especially for Medicaid patients. A waiting period of at least 3 months to a year can be expected for entry into most nursing homes. For that reason alone we believe it is necessary for individuals considering nursing home care to think about the alternatives. But, more importantly, we believe that individuals should have the opportunity to live in the least restrictive environment which meets their needs.

A nursing home should not automatically be the housing solution for people with chronic health problems. Through a combination of community resources many people can continue to live successfully in the community.

Section I of this booklet explains the "how to" of the nursing home process. Section II suggests where services can be found to help the disabled adult remain in the community.

Thomas M. Russo, Director
Division of Medical Assistance and Health Services
Carol H. Kurland, Chief
Bureau of Social Care Programs

SECTION I

DECIDING ON NURSING HOME CARE

Going into a nursing home may be a difficult decision to make. Most people have mixed feelings. Some people know they need nursing home care, but do not want to leave their homes. Home care may be possible if appropriate support is available from family, friends, and/or community services. Sometimes however, a nursing home can be the best choice for the full-time care needed.

At some time during their lives, people of all ages may need nursing home care. A person recovering from a serious illness, an operation, or a stroke may need full-time nursing care or special therapy to help in the recovery.

When family members are at work, school, or away from the home, full-time care may not be available to the homebound person.

To help you decide whether nursing home care may best meet your needs, ask yourself these questions:

- What are my physical needs (i.e., special diet, medication, physical therapy)?
- What are the support services available to me in my community? (Please see Section II of this booklet).
- To what extent can my family and/or I make the necessary adjustments so I can remain at home?
- What equipment (if any) do I need to provide me with the care needed?
- Where can I buy or rent equipment?
- Is there enough space available at home to accommodate the equipment?
- How dependent am I on others for such needs as laundry, meals, personal care?
- Can I manage weekends, evenings, or holidays?

Before deciding on nursing home care, discuss the situation with family, friends, clergy, doctor, social worker, nurse or whomever is involved at your home or in the hospital. They can help you find out what supportive services are available for home care in your community. (Please see Section II of this booklet for location of home care services in your community).

NURSING HOME PLACEMENT PROCESS

Payment for Care

Private Funds — If you have money available, you may have to pay for nursing home care. There is a limit to the amount of financial resources and income you may have in order to be eligible for Medicaid.

Private Health Insurance — Some insurance plans, such as Blue Cross or another major medical plan may pay a portion of the bill for a limited period of time.

Medicare — Medicare will pay for skilled nursing care for a limited period of time following hospitalization.

Medicaid — Medicaid will pay for medically necessary care.

The following groups may qualify for Medicaid:

Persons who apply to the Social Security Office and are eligible to receive Supplemental Security Income (SSI) payments.

Persons who qualify under SSI as an "ineligible spouse" of the SSI recipient.

Persons who apply to the County Welfare Agency and are eligible for financial assistance.

Persons who apply to the County Welfare Agency and who meet applicable financial and/or medical eligibility criteria for "Medicaid Only."

If you are considering nursing home care at the time that you file an application for SSI or Medicaid, please tell the Social Security Office or Welfare Agency.

If you have questions or problems concerning nursing home care contact the local Medicaid office.

Medicaid requires that the monthly income of a resident in a nursing home be used toward the cost of this care. As a Medicaid patient however, you are under no obligation to give any donations or pay extra charges to the nursing home. The Medicaid payment includes services such as: laundry, personal hygiene and nursing items, linen, medical and recreational supplies, prescription and non-prescription

drugs, medically ordered transportation, or use of medical equipment such as wheelchair and walkers.

Twenty-five dollars a month of your income is set aside for personal items, which you choose to purchase, that are not covered by Medicaid. You may decide how to manage your "Personal Needs Allowance" money. You may handle your own money or may give written permission for your family or the nursing home to manage your funds.

Municipal Welfare Boards - Money should be available to cover some of the costs of nursing home care under the General Assistance Program if your income is too high to be eligible for the Medicaid Program. Application is made to your County Welfare Agency.

Payment Policies in Nursing Homes

Each nursing home sets up its own payment policy for nursing home care. For example, some nursing homes accept payment only by insurance or private funds. Some nursing homes accept Medicare payment up to 90 days of stay. After Medicare payment has ended, you would pay through private funds. Some nursing homes accept Medicare, then Medicaid payment would take over. Some nursing homes accept Medicaid payment for the full stay in the nursing home.

When selecting a nursing home, make sure to get a contract stating the nursing home payment policy. Have the nursing home staff fully explain what your responsibilities are for payment of care. For your own protection, any agreement for payment of services should be in writing. Consult your county legal service agency or the Ombudsman for the Institutionalized Elderly if you have legal questions regarding a contract. (Please see Section II for the location of legal services in your community).

Remember that signed contracts may make you and/or your family financially liable for future payment. If you intend to go from private or Medicare payment to Medicaid payment, make sure the nursing home is aware of your plans. It is important that you discuss your Medicaid payment plans as soon as possible with the nursing home administrator. Nursing homes are not required to accept you as a Medicaid patient upon admission. Any agreement with the nursing home for Medicaid payment should be in writing and signed by you and/or your family and the nursing home administration before admission.

If the nursing home, in which you are residing, will not accept Medicaid reimbursement, and you are required to pay the nursing home per diem rate on a private basis, you may be eligible for other Medicaid services, such as: doctor visits, drugs, medical transportation, dental, eye care, etc.

MEDICAID APPROVAL PROCESS FOR NURSING HOME CARE

1. After completing the financial forms, the County Welfare Agency will supply you and/or your family with a form called a "PA-4", to be completed by your doctor after you and he have decided you need and want nursing home care. Remember, you have the final word on whether you want to be placed into a nursing home.

2. When the PA-4 form is returned to the County Welfare Agency, it is sent to the local Medicaid office serving your county. The Medicaid process may take up to eight weeks. Financial eligibility is decided by the County Welfare Agency and medical need by the Medical team at the local Medicaid office.

If you are living at home or in a nursing or boarding home, a nurse and social worker will visit you to determine your medical, nursing, and social needs before Medicaid can pay for your care. The information is taken back to the local Medicaid office where your need for nursing home care is discussed with a Medicaid physician. The purpose of this team evaluation is to decide whether you are medically in need of nursing home care.

If you are in a hospital, the hospital social worker or discharge planner will help you make arrangements for your post hospital care.

3. A decision is made by Medicaid whether to approve or deny your request for nursing home care. Within a few weeks, you will receive a written notice of the medical team's decision.

If you are denied nursing home care under Medicaid, you may request a fair hearing from the Division of Medical Assistance and Health Services, CN-712, Trenton, New Jersey 08625, Att: Fair Hearing Section. If you do not object to the denial and wish to obtain supportive care at home, check with your County Welfare Agency to determine if you are

eligible for health related services through Medicaid or other agencies. (Please refer to Section II for the location of community service agencies). The Medicaid social worker who visited you at home, also may be able to help you find home care services.

If you are approved by Medicaid for nursing home care, you will want to start looking at nursing homes. A list of homes can be obtained from the local Medicaid office, or the Area Office on Aging.

4. Due to the critical bed shortage for Medicaid applicants, it is suggested that you and/or your family visit a number of nursing homes, not limiting yourself to one facility or even one county. The more information the nursing home staff has about your situation, the more likely you will be accepted as a resident in a facility.

It is important to remember that it is up to **you** to decide whether or not you want to go into a nursing home. Your family and others interested in your care may help you make a decision but you are the final person to decide. At any point during the application process you may withdraw your application. If your plans have changed, please notify the local Medicaid office that serves your county.

5. Depending on the nursing home you choose, there may be a waiting period of three months to one year before you will be admitted. If you need care while you are waiting, the Medicaid social worker in your local Medicaid office will assist you in contacting the service agencies in your county. (Please refer to Section II for the available services in your community).

PREPARATION FOR ADMISSION TO A NURSING HOME

It will be easier to get used to the idea of entering a nursing home if you visit several homes that interest you before selecting one. The location should allow family and friends to visit easily; however, the bed shortage may not always make this possible. Take a tour of the home, talk to patients and staff members. Ask about rules, mealtime, visiting hours and activities that are available. Ask what personal possessions are permitted, such as: TV set, radio, favorite chair, footstool, pictures, etc. If you can't do this yourself, ask someone you know to visit for you. Try to visit at different times of the day to observe recreational

activities, meals, nursing services, etc. When you are ready to enter a nursing home, take care of the following:

- Notify your post office of your change of address.
- Mark your clothing with your name, whether or not your laundry will be done at the nursing home.
- Bring a clock and calendar with you.
- Continue receiving your favorite magazines and newspapers at the home.
- Leave small valuables with family members or friends. Most nursing homes discourage bringing any small **valuable** possessions unless they are kept in the facility safe.

ADJUSTING TO THE NURSING HOME

Going to live in a nursing home will take some adjustment for you and your family. There will be many changes in your day to day activities and, of course, the surroundings will be different. You will not be giving up your rights and individual preferences but some adjustments to the nursing home routine will be necessary. Perhaps the biggest change for most people is having to share a room with someone else. Give yourself time to get used to these changes. Talk over your worries and fears, your plans and hopes for the future with your family and friends.

Unless you require bed care due to your condition or illness, you will dress daily and have the freedom to move about. You will be encouraged to continue to take care of your own personal needs, as much as you can. Talking with other residents will help you maintain an interest in life around you.

There are many services available to you in nursing homes:

Medical Care — Will be provided by a physician periodically and if you become ill.

Nursing Services — Will be provided directly by a professional nurse or by an aide under supervision, as needed;

Social Services — Will be available to help you with any personal or family concerns;

Rehabilitation Services – Will be available if the physician feels you will benefit from physical, speech, and other therapies;

A. Dietician – Will talk with you concerning your food likes and dislikes and provide for a special diet as needed;

Other Medical Services – Such as medicines and care for your eyes and teeth will be available;

Recreation Activities – Will be offered to you. Community programs, group recreational programs, crafts and educational programs will be available; you should be able to continue with your favorite hobbies and interests.

Religious Programs – There will be opportunities for you to practice your religion, attend services, and visit with the clergyman of your choice.

RIGHTS AS A NURSING HOME RESIDENT

1. The Patient Bill of Rights – Is a set of rules that all nursing homes must follow. New Jersey Public Law 1976 Chapter 120 assures that your personal and civil rights must be respected. A list of rights will be made available in all nursing homes for you to read and sign. Among the important rights of which you should be aware are:

- Your right to have a complete record and quarterly accounting of personal money and property kept by the nursing home, daily access to your money, and the right to retain and use your personal property.
- Your right to visit with whomever you choose between 8 A.M. and 8 P.M. daily.
- Your right to privacy including the sending and receiving of mail unopened and access to a telephone.
- The right to wear your own clothing and to a safe and decent living environment.
- The right to retain your personal physician and to have information on your medical condition and care.

2. Leave of Absence – According to Medicaid policy you are permitted to leave the facility overnight to visit family and/or friends up to 24 days a

year with your doctor's approval. Medicaid will pay to hold your bed for these overnight visits. You also may choose to leave the nursing home during the day with your doctor's approval.

3. Complaints – If problems occur in the nursing home for any reason, discuss them first with the staff in the nursing home – the nurses, the social worker or the administrator. If you do not receive any satisfaction or the problem continues, talk to the Medicaid nurse or Medicaid social worker who frequently visits the facility. You may wish to forward your complaints in writing, to the local Medicaid office. (Please see Section II for phone number of each local Medicaid office). In addition, there should be a complaint hotline telephone number posted at each pay telephone in the nursing home. (Telephone 800-792-8820). Anything you say will be kept confidential by Medicaid staff and you will receive assistance with problems that may develop.

4. Transfers – If you wish to transfer to another facility, write a letter to the local Medicaid office serving the county where you are located, stating why you wish to transfer. A transfer may take a long time because with the limited bed vacancies, other patients, such as those from home or hospitals, have priority. If the nursing home requests your transfer, it must have good reason to justify this request. You must be given reasonable advance notice by the nursing home administration prior to any transfer. The Bill of Rights discusses this issue.

LENGTH OF STAY IN A NURSING HOME

How long you will stay in a nursing home depends on many things: the state of your health, the amount of care you need, and/or whether suitable home care is available in your community.

From the day of admission to a nursing home, the nursing home staff and Medicaid staff will begin plans to help you improve so that you may eventually be discharged. A nursing home does not have to be a permanent home. People in nursing homes get well. They learn to walk, to dress, to feed themselves, and they take on a new interest in life.

LEAVING THE NURSING HOME

- Your health and ability to care for your needs may improve so much that you will feel that you do not need nursing home care. Your doctor may agree that you are ready to move back to your community. The nursing home staff will help you make the necessary arrangements.
- You may choose to leave the nursing home at any time. You should talk to your doctor if you decide to move back home. If you decide to leave against your doctor's advice, you will be asked to sign a form releasing the nursing home of further responsibility.
- The Medicaid staff will visit you regularly to check your progress. When you have improved so that nursing home care is no longer required, the Medicaid doctor may contact your doctor to discuss alternate plans.
- If the Medicaid staff at some point decides that you no longer need nursing home care, you will be notified by letter. You will have a chance to talk over this decision with family, nursing home, and Medicaid staff. The nursing home staff will help you plan for your move back into your community.

SECTION II

How to Use Section II – A Guide to Community Services

Future Additions/Deletions to the Guide

This section of the Guide is a starting point in the search for community resources. Although the information is comprehensive, it is obviously not possible to provide a truly exhaustive listing for all available resources throughout the entire state. Agencies come and go; their services vary with funding changes; and there is always a lag between information gathering and its dissemination. Accordingly, in order to avoid replication of errors and omissions in future revisions, a form is made available for suggested additions or deletions to up-date this Guide. See page 44.

Referrals

The reader must not assume that the mere giving of an agency name and telephone number to a potential service consumer will result in a successful referral. The reader will often have to contact the agency to ensure appropriateness of the service and prepare the agency for the prospective client. Also, the consumer must be prepared for contact with the service provider. Finally, advocacy and follow-up services are often required to assure adequate service provision and utilization.

Agency Classification System

The reader must also be cautioned not to rigidly follow any system (including the one used in this book) which attempts to classify agencies based on the type of service they provide, or the geographical areas they serve. Agencies specializing in one type of service may also have the capacity to respond to other client needs or know of agencies that will. They may also have more flexibility in their geographical service area than their name would appear to imply. A search through the listings of adjacent counties will often be profitable since service areas of many voluntary agencies cross county lines.

Multi-Service Agencies

The reader is urged to use this Guide creatively, and not to be afraid of asking for help in the referral process from agencies which do not seem appropriate sources of help. This is particularly true of multi-service agencies such as County Welfare Agencies, Area Offices on Aging, municipal governments, and some voluntary agencies. The reader is urged to freely contact these agencies for complete information about their services, or whenever information about particular services is difficult to find.

Statewide Agencies

Finally, the reader will please note that in the interest of conserving space, those agencies that provide services on a statewide basis have been listed separately. Therefore, a resource search is not complete until both the county and statewide listings have been consulted.

SERVICE DEFINITIONS

These definitions are provided in order to advise the reader of the nature of services which are obtainable from agencies listed in this booklet. The reader will undoubtedly find exceptions, since the definitions are general in nature. In all instances the reader should contact the agency in question to ascertain the precise nature and scope of that agency's services.

Adult Day Care Programs

Adult day care centers provide a range of non-residential services for the enhancement of social, emotional, and physical well-being. Some provide opportunities for counseling, and minor medical and remedial care. Medical day care centers (indicated by *) are also non-residential, and provide health and health-related services under medical supervision. All day care center services are intended to support community living.

Financial Services

The agencies listed provide direct assistance to those who qualify. Municipal welfare departments (not listed) can often provide help until the county agency's services are available. Also, many welfare agencies can pay for needed services, such as home health and transportation services. Private and voluntary agencies can at times provide short term financial services to those in need.

Health Services

Many agencies in the statewide and county listings provide services to those suffering from a specific infirmity. Most counties and municipalities provide a variety of health services, but only to their residents. Contact should be made to the appropriate county or municipal health department for specific information.

Home Health Services

These agencies may provide one or more of the following home services: nursing, physical, occupational, and speech therapies, medical social services, homemaker/home health aide services, or medical supplies. The services of a homemaker/home health aide include household duties, personal care and other health services.

Housing Services

Senior citizen housing and housing for the disabled are usually managed by counties or municipalities. Rent subsidies are often available. Most boarding homes and rooming houses are now required to be licensed by the State. The county welfare agency provides services to residents and maintains files on each home. Adult foster care is an arrangement in which families or individuals share their home with a person who is unable to live alone.

Senior Centers

Senior centers provide a wide range of social, recreational, and educational opportunities to seniors 60 years of age or older and their spouses. These services are often coupled with congregate dining programs offering nutritious noon meals at low cost. The Area Office on Aging should be contacted for complete information.

Social and Mental Health Services

Those agencies listed provide a variety of direct services to adults and families, such as individual, group, and family counseling.

Telephone Services

The agencies listed provide information and referral services, crisis hotline services, reassurance calling services, or all three. Reassurance calling programs provide for daily telephone contact with homebound individuals to ensure their well-being.

Transportation Services

Services range from regular senior citizen mini-bus routes to dial-a-ride services. Escort services to appointments or on shopping trips may be available.

Volunteer Programs

These programs provide opportunities for seniors to render services to others, as foster grandparents, friendly visitors, or in other ways. Also listed are programs which provide volunteers to seniors to help with domestic chores, escort needs, companionship, letter writing, etc.

TOLL-FREE INFORMATION SERVICE

Bell Telephone System Customer Services for the Deaf	800-855-1155
Provides deaf customers who use special telecommunication devices (TDD/TYY) 24 hour operator services.	
Boarding Home Hotline, N.J.	800-792-8672
Receives complaints involving abuse or neglect of boarding home residents.	
Cancer Information Service	800-523-3586
Provides information on cancer care free of charge to individuals and groups.	
Citizen Information Line for the Deaf	800-792-8339
Provides information on state services and resources for the deaf.	
Food Stamps	800-792-9773
Provides information on the Food Stamp Program and other public welfare programs.	
Higher Education, N.J.	800-792-8670
Provides information about reduced rates, free tuition, and courses available to older persons.	
Library For The Blind and Handicapped, N.J.	800-792-8322
Free lending service to any N.J. resident, blind or handicapped, who is unable to read standard printing.	
Lifeline Credit Program, N.J.	800-792-9745
Provides a financial credit toward energy bills for eligible persons 65 years of age or older, and certain disabled individuals.	
National Hearing Aid Society (N.H.A.S.)	800-521-5247
Provides free information on hearing aids and problems of hearing loss.	
N.J. Bar Association	800-792-8315
Provides lawyer referral.	
Ombudsman for the Institutionalized Elderly, N.J.	800-792-8820
Receives complaints about care of the institutionalized elderly.	
Pharmaceutical Assistance to the Aged, N.J.	800-792-9745
Provides coverage for prescription drugs.	
Public Advocate, N.J.	800-792-8600
Receives complaints involving state agencies.	
Senior Citizen Hotline, N.J.	800-792-8820
Provides information on community services and programs for older adults throughout the State.	
Social Security Administration	800-272-1111
Provides information, location and telephone numbers of local Social Security offices throughout the State.	
Social Security Claimants' Representatives, Nat'l. Org.	800-431-2804
Provides assistance to claimants needing help with Social Security problems.	
Veterans Administration, U.S. Government	800-242-5867
Provides information and referral on V.A. benefits and services.	

STATEWIDE SERVICES

Alcoholics Anonymous Groups of New Jersey

Provides referral to local AA groups:

North	201-763-1415
South	609-428-4482

Al-Anon, Al-a-teen Information Service

Provides referral to local Al-Anon and Al-a-teen groups:

North	201-672-7231
South	609-428-0083

American Cancer Society, New Jersey Division

Services are uniform statewide, and include counseling and resource information, sick room supplies, transportation, hospital visitation programs and self-help groups.

Atlantic	609-822-2194	Middlesex	201-548-8108
Bergen	201-836-2090	Monmouth	201-531-2232
Burlington	609-267-8444	Morris	201-538-5336
Camden	609-854-7202	Ocean	201-370-0770
Cape May	609-886-1154	Passaic	201-278-4184
Cumberland	609-692-1364	Salem	609-769-0150
Essex	201-678-1990	Somerset	201-469-8666
Gloucester	609-589-1642	Sussex	201-383-1334
Hudson	201-823-1223	Union	201-354-7373
Hunterdon	201-782-6112	Warren	201-453-2103
Mercer	609-394-5000		

American Diabetes Association

Services according to chapter, but may include education, diet counseling, and referrals. Chapters often serve areas larger than indicated.

Bergen	201-487-7228
Mercer	609-392-1808
Hunterdon	201-782-3103

The Arthritis Foundation

Services according to chapter, but may include public and professional education, support groups, hospital visitation of joint replacement patients, exercise programs, and medical referrals.

Northern	201-388-0744
Southern	609-768-1600

Cerebral Palsy (CP) Centers

Services according to local centers, many of which are independent, and may include evaluation, education, physical therapy, and social services. Centers often serve areas larger than indicated.

C.P. of Essex and West Hudson	201-751-0200
C.P. of North Jersey (Essex)	201-674-1150
C.P. Treatment Center of Union County	201-354-5800
C.P. Guild Treatment Center (Union)	201-656-3779
C.P. Association of Middlesex County	201-549-5580
C.P. School and Treatment Center of Monmouth and Ocean County	201-222-4741
Burlington C.P. Center	609-261-1667

STATEWIDE SERVICES

C.P. Centers (cont'd)

C.P. School and Treatment Center (Camden)	609-662-7300
United C.P. of Cumberland County	609-825-5840
C.P. of Gloucester and Salem County	609-881-8678

The Epilepsy Foundation 201-548-4610
Nine divisions throughout the state providing education, self-help and support groups.

National Multiple Sclerosis Society

Services according to chapter, but may include home care education, equipment loan, public education, exercise programs, information and referral. Chapters often serve areas larger than indicated.

Bergen/Passaic	201-836-5716
Essex	201-783-6441
Morris	201-267-0227
Monmouth/Ocean	201-774-1483
Central	609-394-5353
Middlesex/Somerset	201-828-1455

New Jersey Commission for the Blind, Department of Human Services

Services include: education, vocational rehabilitation, home services, eye health services, and distribution of talking book machines.

Essex, Hudson, Union, Somerset, Middlesex, Hunterdon	201-648-3333
Monmouth, Mercer, Northern Ocean	201-360-2005
Bergen, Passaic, Morris, Sussex, Warren	201-345-1775
Atlantic, Cape May, Cumberland, Southern Ocean	609-441-3507
Camden, Burlington, Gloucester, Salem	609-757-2506

New Jersey Division of the Deaf, Department of Labor and Industry

Concerned with the general welfare of all the deaf within the state, the Division gathers and disseminates information about the deaf, provides a range of vocational services, and works with the Division on Civil Rights to protect the deaf from possible discrimination. The Division currently maintains three Community Service Centers for the Deaf:

Employment Skills Center, Union College (Union, Hudson, Essex, Passaic, Bergen,	201-354-3036, 3037, 3038 (Voice or TDD)
Long Branch Area Community Learning Center (Hunterdon, Somerset, Middlesex, Mercer,	201-870-1400, 1401, 1425 (Voice or TDD)
Camden County Community College (Burlington, Camden, Atlantic, Gloucester	609-757-2935 (Voice or TDD)

New Jersey Division on Civil Rights

Implements the New Jersey law against discrimination by race, color, creed, sex, age, marital status or physical handicap.

Atlantic City Office	609-441-3100
Camden Office	609-757-2850
Newark Office	201-648-2700
Paterson Office	201-345-1465
Trenton Office	609-292-4605

STATEWIDE SERVICES

Statewide Computerized Referral Information Program (SCRIP)

A referral information service for the handicapped sponsored by the New Jersey Developmental Disabilities Council. This free service provides comprehensive information on services and programs for adults with severe disabilities originating in childhood.

SCRIP Terminal Agencies are:

New Jersey Association for Children with Learning Disabilities (Convent Station)	201-539-4644
New Jersey Association for Retarded Children (New Brunswick)	201-246-2525
Bancroft School (Haddonfield)	609-429-0010
Central Regional Office, Bureau of Field Services, New Jersey Division of Mental Retardation	609-292-3720

ATLANTIC COUNTY

Adult Day Care Programs

Atlantic Mental Health Center	609-348-1161
Family Service Assn. of Atlantic County—First Day	609-645-2942
The Caring Fellowship Center	609-927-8395

Financial Assistance and Services

Atlantic County Welfare Agency	609-348-3001
Atlantic County Food Stamp Program	609-348-3001
N.J. Bureau of Veterans' Assistance	609-345-0444
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	609-348-3001

Health Services

For information on homemaker and home health services, hospitals, and nursing homes, contact:

Atlantic County Office on Aging	609-345-6700
Atlantic County Welfare Agency	609-348-3001
Atlantic County Medicaid Office	609-441-3620
Atlantic County Medical Society	609-344-4081 X 2757
Provides referral service to physicians in appropriate specialties	
Atlantic County Health Department	609-646-8702
Conducts health clinics in various locations throughout Atlantic County	

Home Health Services

Atlantic County Health Department Division of Public Health Nursing	609-646-8702
Health services provided in the home include: nursing, physical, occupational, and speech therapies, medical social services, home health aid services, and medical supplies	

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Atlantic County Office on Aging	609-345-6700
Atlantic County Welfare Agency	609-348-3001

Legal Services

Cape May/Atlantic Legal Services	609-348-4208
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Meal Programs

Atlantic County Nutrition Project	609-344-1551
Nutrition sites throughout Atlantic County, providing one hot meal per day, recreation, information and referral, transportation, outreach to the homebound, nutrition education and shopping services.	

Social and Mental Health Services

Atlantic County Welfare Agency	609-348-3001
Atlantic City Senior Citizens' Committee Service Program	609-348-2270
Trained senior citizens interview other seniors to identify their needs, help them apply for benefits and provide information.	
Atlantic Mental Health Center	609-561-8111
Catholic Social Services	609-345-3448
Provides social services, friendly visitors.	
Family Service Association of Atlantic County	
W. Atlantic City	609-645-2942
Belcoville	609-625-9146
Mamora	609-398-6610
Jewish Family Service of Atlantic County	609-822-1108

ATLANTIC COUNTY/BERGEN COUNTY

Telephone Services

Atlantic City Senior Citizens Community Service Program	609-348-2270
Telephone reassurance program.	
Catholic Social Services	609-345-3448
Telephone reassurance to the homebound or lonely.	
Contact Atlantic County	609-646-6616
Telephone listening service.	

Transportation Services

For information on transportation services, escort services, and discounts, contact:	
Atlantic County Office on Aging	609-345-6700
Atlantic City Volunteers	609-646-9327
Transportation to medical appointments.	
Catholic Social Services	609-345-3448
Transportation to medical appointments.	

Volunteer Programs

Caring, Inc.	609-927-8395
Provides volunteer services to nursing home residents, including friendly visiting, letter writing, reading, etc.	
Retired Senior Volunteer Program (R.S.V.P.)	609-344-8809
Refers senior volunteers to institutions, organizations, and agencies.	

BERGEN COUNTY

Adult Day Care Programs

West Bergen Mental Health Center	201-444-3550
South Bergen Mental Health Center	201-935-7745
Friendship House	201-488-2121
Middle Bergen CMHC - Haven	201-265-8200
Northern Valley Older Adult Day Care Program	201-385-4400 X 70
Bergen County Adult Day Care Center	201-646-3023
Social Service Federation of Englewood	201-568-0817
Jewish Hospital and Rehabilitation Center	201-666-2370
Community Mental Health Organization - Venture	201-244-0500

Financial Services

Bergen County Welfare Agency	201-368-4200
Bergen County Food Stamp Program	201-368-4355
N.J. Bureau of Veterans' Assistance	201-342-3363
Social Security Office	201-387-1500
Lifeline Energy Credit Program	201-792-9745
Home Energy Assistance Program	201-368-4347, 8

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:	
Bergen County Office on Aging	201-646-2625
Bergen County Welfare Agency	201-368-4200
Bergen County Medicaid Office	201-488-5667
Bergen County Medical Society	201-489-3140
Provides referral service to Medicaid provider physicians. Provider status of	

BERGEN COUNTY

Health Services (cont'd)

- individual physicians is subject to change without notice to or control of the County Medical Society.
- Bergen County Department of Health Services 201-646-2600
Consultation to seniors in health counseling, health maintenance, and early detection of chronic diseases.
- Health Awareness Regional Program 201-666-9620
Free health service program, including home health visits and medical transportation for older adults.
- Health and Welfare Council of Bergen County 201-343-4900
Publishes the Consumer's Guide to Health Care Facilities in Bergen County and a Community Resources Directory.
- Hospice Program of Hackensack Hospital 201-487-4000 X 278
Provides a specialized program of home care for dying patients and their families.
- Post Stroke and Disabled Adult Program 201-646-3698
Provides individual counseling, group discussions, referrals, recreation and social programs, and friendly visitors.

Home Health Services

- Community Nursing Services of Hackensack Hospital 201-487-4000 X 480
- Englewood Hospital Association 201-894-3333
- Nursing Service, Inc. 201-444-0040
- Visiting Homemaker Service of Bergen County, Inc. 201-568-0890
- Visiting Nurses of Northern Bergen County 201-529-4616

Housing Services

- For information on senior citizen housing, boarding homes, and adult foster care programs, contact:
- Bergen County Office on Aging 201-646-2625
- Bergen County Welfare Agency 201-368-4200
- Bergen County Home Improvement Program 201-646-2559
Provides federally-funded grants or low-interest loans for basic home improvements.
- Bergen County Housing Authority 201-646-2629
Administers senior citizen housing programs. Several municipalities also have programs.
- Chore Service Volunteer Bureau of Bergen County 201-489-7790
Provides emergency home repairs to seniors financially unable to pay.
- Foster Home Program, Catholic Community Services 201-845-5330
A non-sectarian foster home program for the elderly as an alternative to home living.

Legal Services

- Bergen County Legal Services 201-487-2166

Meal Programs

- For information on nutrition sites and home-delivered meals, contact:
- Bergen County Office on Aging 201-646-2625
- Bergen County Nutrition Project for the Elderly 201-646-2625
Provides low cost, nutritious hot lunches at sites throughout the county.
- World Hunger Year of N.J. 201-791-3848
Provide emergency food supply up to four times a year to those in need referred by public/private agencies.

BERGEN COUNTY

Senior Centers

Englewood Center	201-568-1030
Fair Lawn Senior Center	201-796-1191
Garfield Multi-Service Center	201-473-5330
Hackensack Multi-Service Center	201-487-3400
Harrison A. Williams Multi-Purpose Senior Center	201-646-2548
Northwest Bergen Regional Senior Center	201-445-5690
Senior Services Center of Teaneck	201-837-0171

Social and Mental Health Services

Bergen County Welfare Agency	201-368-4200
Family Counseling Services, Inc. of Hackensack	201-342-9200
Family Counseling Service of Ridgewood and Vicinity	201-445-7015
Jewish Family Services of Bergen County	201-448-8340
Community Center for Mental Health	201-385-4400
Community Mental Health Organization	201-568-7255
Fair Lawn M.H.C.	201-797-2660
Family Counseling Center of Closter	201-768-3999
Friendship House	201-488-2121
Institute for Counseling and Psychotherapy	201-224-0038
Institute for Mental Health Education	201-567-6062
Mid-Bergen C.M.H.C.	201-265-8200
Mt. Carmel Guild Guidance Institute	201-440-0454
Pascack M.H.C.	201-391-1355
South Bergen M.H.C.	201-935-3322
West Bergen M.H.C.	201-444-3550
Senior Citizen Outreach	201-947-9219
Southeast Senior Center for Independent Living	201-569-4080
Bergen County Protective Services for Frail and Elderly	201-342-9200

Provides services to help the frail elderly remain in the community.

Telephone Services

Information and Referral Service of Bergen County	201-343-6542
Confidential information on services and programs within the county.	

Transportation Services

For information on transportation services, escort services, and discounts, contact:	
Bergen County Office on Aging	201-646-2625
Bergen County Board of Transportation	201-646-2855
Offers half-fare services for seniors over 62. Free mini-bus service is available by appointment.	

Volunteer Programs

Retired Senior Volunteer Program (RSVP)	201-489-7797
Refers seniors to agencies needing volunteer help.	
Student Volunteer Linking Program	201-652-3888
Provides student volunteers for companionship, correspondence, yard work, etc.	
Volunteers in Nursing Homes	201-489-0454
Places volunteers in nursing homes to supplement existing programs.	

BURLINGTON COUNTY

Adult Day Care Programs

Burlington County Senior Day Care Center	609-234-5999
Catholic Welfare Bureau Delaware House	609-386-1746

Financial Services

Burlington County Welfare Agency	609-261-1000
Burlington County Food Stamp Program	609-261-5575
N.J. Bureau of Veterans' Services	609-292-5881
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	609-261-1000

Health Services

For information on homemaker and home health services, hospitals,
and nursing homes, contact:

Burlington County Office on Aging	609-261-5069
Burlington County Welfare Agency	609-261-1000
Burlington County Medicaid Office	609-261-0448
Burlington County Medical Society	609-654-5255
Provides referral service to physicians to appropriate specialties.	
Make Today Count	609-267-8500
Mutual support group for persons with cancer or other chronic illnesses.	
Supportive services to families and other interested persons.	

Home Health Services

Moorestown Visiting Nurse Association	609-235-0462
Public Health Nursing Association of Burlington County	609-267-1950

Housing Services

For information on senior citizen housing, boarding homes, and adult
foster care programs, contact:

Burlington County Office on Aging	609-261-5069
Burlington County Welfare Agency	609-261-1000

Legal Services

Camden Regional Legal Services	609-386-6660
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Meal Programs

Burlington County Nutrition Project	609-261-5069
Meals-on-Wheels	609-877-8198

Social and Mental Health Services

Burlington County Welfare Agency	609-261-1000
Delaware House (Burlington)	609-386-1746
Drenk Memorial Guidance Center (Mt. Holly)	609-267-1377
Family and Community Services	609-386-7331
Family Service of Burlington County, Inc.	609-267-5928
Widow to Widow (Burlington County YWCA)	609-235-6697

Telephone Services

Contact Burlington County	609-871-4700
Provides 24 hour telephone intervention to anyone who needs help or guidance.	

BURLINGTON COUNTY/CAMDEN COUNTY

Transportation Services

For information on transportation services, escort services, and discounts, contact:

Burlington County Office on Aging 609-261-5069

CAMDEN COUNTY

Adult Day Care Programs

Archway Senior Activity Center (Collingswood) 609-438-5563
Archway Senior Activity Center (Berlin) 609-767-6800
*Archway Medical Day Care Center (Collingswood) 609-966-1020
Camden Transitional Residence — Independent Service 609-346-1800
North Camden Community Elders 609-346-4400
Camden County Senior Citizen Day Care Center 609-227-3300 X 317
Senior Opportunities Center 609-964-4388

Financial Services

Camden County Welfare Agency 609-757-8800
Camden County Food Stamp Program 609-757-8694
N.J. Bureau of Veterans' Assistance 609-845-1600 X 376
Social Security Office 800-272-1111
Lifeline Energy Credit Program 800-792-9745
Home Energy Assistance Program 609-757-8800

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Camden County Office on Aging 609-933-1170
Camden County Welfare Agency 609-757-8800
Camden County Medicaid Office 609-757-2870
Camden County Medical Society 609-854-0900

Provides referrals to physicians in appropriate specialties.

Home Health Services

Community Health and Nursing Service of Greater Camden County, Inc. 609-854-0040
Gericare 609-541-5858

Volunteer homemaker aides, manpower workers, and drivers provide individual home health care transportation for medical appointments and shopping.

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Camden County Office on Aging 609-933-1170
Camden County Welfare Agency 609-757-8800

Legal Services

Camden County Office of Consumer Affairs 609-757-8387
Investigates complaints from consumer and reports violations of the law to authorities.

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CAMDEN COUNTY

Legal Services (cont'd)

Judicare Program	609-466-1132
Senior Citizen Advocate Center	609-964-2010

Meal Programs

For information on nutrition sites and home-delivered meals, contact: Camden County Office on Aging	609-933-1170
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Senior Centers

For complete information on senior center locations and activities, contact: Camden County Office on Aging	609-933-1170
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Social and Mental Health Services

Camden County Welfare Agency	609-757-8800
Camden County Health Services Center	
Jefferson South	609-963-3040
Jefferson North	609-757-8973
Camcare	609-541-1700
Community Elders Council of Camden	609-541-8742
Services include information and referral supportive counseling, recreation and community involvement, accompaniment to business or agency appointments.	
El Centro (Center for Catholic Social Services)	609-964-2133
Provides information and referral, family counseling, emergency assistance. Special attention to the needs of the Spanish speaking population.	
Family Counseling Service (Camden)	609-964-1990
Guidance Center of Camden County	609-428-1300
Crisis Intervention	609-428-4357
Jewish Family Service of Southern New Jersey	609-662-8611
Mental Health Association of Camden County	609-966-6767
Information and referral service to community resources.	
Transitional Residency Independence Service, Inc. (TRIS)	609-346-1800
Services include social and vocational day programs and group homes for former psychiatric patients.	

Telephone Services

Contact "609", Inc.	609-428-9200
Hotline, crisis intervention service, and referral to community agencies.	

Transportation Services

For information on transportation services, escort services, and discounts, contact: Camden County Office on Aging	609-933-1170
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Volunteer Programs

Retired Senior Volunteer Program (R.S.V.P.)	609-964-7787
Refers seniors to agencies needing volunteer help.	
Volunteer Friendly Visitors	609-429-5091
Provides volunteers to visit homebound persons.	

CAPE MAY COUNTY

Adult Day Care Programs

Mental Health Services of Cape May – Project Foothold 609-465-4100

Financial Services

Cape May County Welfare Agency 609-729-9200
Cape May County Food Stamp Program 609-729-2900
N.J. Bureau of Veterans' Assistance 609-345-0444
Social Security Office 800-272-1111
Lifeline Energy Credit Program 800-792-9745
Home Energy Assistance Program 609-729-9200

Health Services

For information on homemaker and home health services,
hospitals and nursing homes, contact:

Cape May County Office on Aging 609-886-2784-5
Cape May County Welfare Agency 609-729-9200
Cape May County Medicaid Office 609-696-6560
Cape May County Medical Society 609-465-3041 X 305

Provides referral service to physicians in appropriate specialties.

Home Health Services

Cape May County Department of Health, Nursing Division 609-465-3181

Housing Services

For information on senior citizen housing, boarding homes,
and adult foster care programs, contact:

Cape May County Office on Aging 609-886-2784-5
Cape May County Welfare Agency 609-729-9200

Legal Services

Cape May/Atlantic Legal Services 609-348-4208

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Cape May County Office on Aging 609-886-2784-5

Social and Mental Health Services

Cape May County Welfare Agency 609-729-9200
Mental Health Services of Cape May County 609-465-4100
Cape May County Senior Citizens Activities 609-729-9200

Information on programs for seniors

1st Call for Help – Confidential 609-729-2255

A comprehensive 24-hour, information and referral service linking
people in need to the social services help they need to solve their
problems. Case management of referrals provided.

Telephone Services

Contact – Cape May 609-399-6668

Supportive listening service. Volunteers explore alternatives
and make referrals for further service.

CAPE MAY COUNTY/CUMBERLAND COUNTY

Transportation Service

For information on transportation services, escort services, and discounts, contact:

Cape May County Office on Aging 609-886-2784-5
Cape May County Senior Citizens Bus 609-886-2011

CUMBERLAND COUNTY

Adult Day Care Programs

Cumberland County Senior Citizens Day Care Center 609-455-5621

Financial Services

Cumberland County Welfare Agency 608-691-4600
Cumberland County Food Stamp Program 609-691-4410
N.J. Bureau of Veterans' Assistance 609-455-2743
Social Security Office 800-272-1111
Lifeline Energy Credit Program 800-792-9745
Home Energy Assistance Program 609-691-4600

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Cumberland County Office on Aging 609-451-8000 X 357
Cumberland County Welfare Agency 609-691-4600
Cumberland County Medicaid Office 609-696-6560
Cumberland County Health Department 609-451-8000 X 271

Information on public health services and clinics located throughout the county.

Cumberland County Medical Society 609-825-3500 X 290

Provides referrals to physicians in appropriate specialties.

Home Health Services

Community Nursing Service, City of Vineland 609-691-3000 X 254
Cumberland County Department of Health 609-451-8000

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Cumberland County Office on Aging 609-451-8000
Cumberland County Welfare Agency 609-691-4600

Legal Services

Cumberland County Senior Citizen's Advocacy 609-451-8000 X 357
Provides free legal services to eligible persons age 60 and over.

Meal Programs

Senior Citizens Activity and Meal Programs (SCAMP) 609-451-0400
Cumberland County Meals on Wheels 609-451-8000 X 357

Social and Mental Health Services

Cumberland County Welfare Agency 609-691 4600
Cumberland County Guidance Center 609-969-0399

CUMBERLAND COUNTY/ESSEX COUNTY

Social and Mental Health Services (cont'd)

Foster Grandparent Program	609-691-7700
Part-time employment as foster grandparents in public agencies and institutions.	

Telephone Services

Contact Reassurance	609-455-3280
A telephone service to monitor the well-being of the homebound.	

Transportation Services

For information on transportation services, escort services, and discounts, contact:	
Cumberland County Office on Aging	609-451-8000

Volunteer Programs

For information on volunteer programs contact:	
Cumberland County Office on Aging	609-451-8000

ESSEX COUNTY

Adult Day Care Programs

Chancellor House Beth Israel Medical Center	201-926-7026
*Daughters of Israel Adult Day Care Center and Medical Day Care Center	201-731-5100
Emmanuel Senior Day Center	201-923-3333
*Garden State Health Care Center Medical Day Care Program	201-677-1500
Mt. Carmel Guild Adult Day Care Program	201-624-2405 X 10
*Newark Health and Extended Care Medical Day Care Center	201-483-6800
Newark Housing Authority Adult Day Care	
Stella Wright Homes	201-643-0304
Bishop Walsh Homes	201-643-0304
Prospect House (East Orange)	201-674-8067
*Theresa Grotta Center for Restorative Services	201-736-2000
Turning Point (Verona)	201-239-9400

Financial Services

Essex County Welfare Agency	201-733-3000
Essex County Food Stamp Program	201-733-2400
N.J. Bureau of Veterans' Assistance	201-648-2849
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	201-733-3000

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:	
Essex County Office on Aging	201-751-6050
Essex County Welfare Agency	201-733-3000
Essex County Medicaid Office	201-648-2470

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ESSEX COUNTY

Health Services (cont'd)

Essex County Medical Society	201-672-1816
Provides referrals to physicians in appropriate specialties.	
Catholic Community Services	201-624-2405
Provides diagnostic and rehabilitative services to those with communications disorders, and to the deaf and visually handicapped.	
Get Well Cupboard	201-672-9700
Sponsored by Orange Council of Church Women United.	
Offers free loan of sickroom supplies to those unable to pay.	

Home Health Services

Community Nursing Service of Essex and West Hudson	201-673-0158
Community Nursing Service of Montclair	201-746-1525
East Orange Health Department	201-266-5484
Neighborhood Association of Millburn, Visiting Nurse Service	201-376-0433
Nursing Service, Town of Nutley	201-667-2800
Patient Care Medical Services, Inc.	201-325-3330
West Essex Community Health Services, Inc.	201-228-5540

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:	
Essex County Office on Aging	201-751-6050
Essex County Welfare Agency	201-733-3000
Catholic Community Services Housing Office	201-482-0100 X 21
Offers comprehensive housing counseling to the socially and economically disadvantaged.	
Catholic Community Services St. Martha's Residence	201-482-1566
Provides a semi-permanent home for persons in need of sheltered care and offers supportive services to the residents.	

Legal Services

Essex County Legal Aid Association	201-622-1513
Essex County Legal Services Corporation	201-672-3838
Provides legal services to eligible persons of Essex County. There is a special program to educate seniors on their legal rights.	
Nursing Home Advocacy Program of Essex County	201-673-0662
Provides reliable and consistent information about long term care to consumers and professionals in Essex County.	

Meal Programs

For information on nutrition sites and home-delivered meals, contact:	
Essex County Office on Aging	201-751-6050

Senior Centers

For information on locations of senior centers within the county, contact:	
Essex County Office on Aging	201-751-6050

Social and Mental Health Services

Essex County Welfare Agency	201-733-3000
Essex County Guidance Center	201-961-7652
Catholic Social Services C.M.H.C.	201-624-2405

ESSEX COUNTY/GLOUCESTER COUNTY

Social and Mental Health Services (cont'd)

Community Mental Health Services for Belleville	
Bloomfield and Nutley	201-751-1630
Family Life Planning	201-751-5566
Community Psychiatric Institute (East Orange)	201-673-3342
Family Service Bureau of Newark	201-624-0913
Belleville Office	201-759-1090
West Hudson Office	201-991-1467
Family Service and Child Guidance of the Oranges, Maplewood and Millburn	201-675-3817
Family Service of West Essex	201-228-5585
Livingston Office	201-992-9040
Irvington Mental Health Center	201-399-3132
Sponsors Senior Outreach Service, providing counseling, information and referral, advocacy, and supportive volunteer services.	
Low Cost Psychotherapy Plan, Inc. (East Orange)	201-677-2505
Mental Health Association of Essex County, Prospect House (East Orange)	201-677-1540
Montclair-West Essex Guidance Center	201-744-6522
Mt. Carmel Guild Guidance Institute (Newark)	201-482-0100
N.J. Medical School C.M.H.C. (Newark)	201-456-4683
Nutley Family Service Bureau	201-667-1884
Project A.S.S.E.T., Educational Improvement Center	201-731-8400
Certified counseling and teaching staff offers socialization services to the adult mentally handicapped, emotionally disturbed and educable retarded, residing in East Orange and its environs.	

Telephone Services

Central Essex Phone Alert	201-677-9271
Reassurance calls, information and referral, emergency assistance and counseling.	
Contact Union — Essex Helpline	201-527-0555
Telephone counseling for the lonely, depressed, and suicidal.	
Information and Referral Service (R.S.V.P.)	
Orange	201-678-3314
Irvington	201-372-2151
Newark Housing Authority	201-243-6300
Daily reassurance calls to the elderly and handicapped of Newark.	201-622-1030

Transportation Services

For information on transportation services, escort services and discounts, contact:	
Essex County Office on Aging	201-751-6050

Volunteer Services

Retired Senior Volunteer Program (R.S.V.P.)	201-673-0640
Refers seniors to agencies needing volunteer help.	

GLOUCESTER COUNTY

Financial Services

Gloucester County Welfare Agency	609-848-9550
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GLOUCESTER COUNTY/HUDSON COUNTY

Financial Services (cont'd)

Gloucester County Food Stamp Program	609-848-9550
N.J. Bureau of Veterans' Assistance	609-845-1600 X 376
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	609-848-9550

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Gloucester County Office on Aging	609-845-1600 X 270
Gloucester County Welfare Agency	609-848-9550
Gloucester County Medicaid Office	609-845-7185
Gloucester County Health Department	609-845-1600

Information on health clinics, medical screening centers, and public health nursing.

Gloucester County Medical Society	609-845-1310
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Provides referral service in the specialty and geographical area desired.

Home Health Services

Gloucester County Visiting Nurses Association	609-845-0460
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Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Gloucester County Office on Aging	609-845-1600 X 270
Gloucester County Welfare Agency	609-848-9550

Other Services

For information on Legal Services, Meal Programs, Social and Mental Health Services, Telephone and Transportation Services, and on Volunteer Programs, contact:

Gloucester County Office on Aging	609-845-1600 X 270
Gloucester County Welfare Agency	609-848-9550

HUDSON COUNTY

Adult Day Care Programs

Academy House Project New Direction (Jersey City)	201-656-5267
*Jewish Hospital and Rehabilitation Center	201-451-9000
Mt. Carmel Guild (Jersey City)	201-322-4635
(Union City)	201-864-0270
*St. Ann's Home for the Aged, Medical Day Care Center	201-433-0950

Financial Services

Hudson County Welfare Agency	201-420-3000
Hudson County Food Stamp Program	201-420-3000
N.J. Bureau of Veterans' Affairs	201-433-6886
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	201-420-3000

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HUDSON COUNTY

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Hudson County Office on Aging	201-434-6900
Hudson County Welfare Agency	201-420-3000
Hudson County Medicaid Office	201-792-6390
Hudson County Medical Society	201-798-0600
Provides referrals to physicians in appropriate specialties.	
Jersey City Health Center	201-547-4389
Preventive health care program for the elderly.	

Home Health Services

Bayonne Visiting Nurse Association	201-339-2500
Community Nursing Service of Essex and West Hudson	201-673-0158
Public Health Nursing Service (Hoboken)	201-792-3000
Public Health Nursing Service of Jersey City	201-547-4330
Union City Public Health Nursing Service	201-348-5614

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Hudson County Office on Aging	201-434-6900
Hudson County Welfare Agency	201-420-3000
Housing Authority of the City of Jersey City	201-547-6600
Directs residents of Jersey City to senior housing.	
Catholic Community Services Housing Office	201-482-0100
Offers comprehensive housing counseling to the socially and economically disadvantaged.	

Legal Services

Hudson County Legal Services Corporation	201-792-6363
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Meal Programs

For information on nutrition sites and home delivered meals, contact:

Hudson County Office on Aging	201-434-6900
Meals on Wheels (Hudson County)	201-547-5260

Senior Centers

For locations of senior centers within the county, contact:

Hudson County Office on Aging	201-434-6900
Hoboken Comprehensive Program for the Elderly	201-420-2054
Jersey City Department of Human Resources - Division of Senior Affairs	201-547-5295

Social and Mental Health Services

Hudson County Welfare Agency	201-420-3000
Bayonne, C.M.H.C.	201-339-9200
Catholic Community Services C.M.H.C.	
Jersey City	201-332-4365
Union City	201-864-0270
Hudson County Mental Health Association	
Academy House	201-656-8722

HUDSON COUNTY/HUNTERDON COUNTY

Social and Mental Health Services (cont'd)

North Hudson Community Action Program	201-866-2255
Provides a wide range of social case work services to the North Hudson Community.	
P.A.C.O.	201-547-4360
A multi-service center focusing on the needs of the Spanish speaking community.	
St. Mary's C.M.H.C.	201-792-3300

Telephone Services

First Call for Help	201-434-2628
Information and referral to public and voluntary agencies	
Hudson County Office on Aging	201-434-6900
Information and referral to programs for the older adult.	
Hoboken Comprehensive Program for the Elderly	201-420-2054
Provides telephone reassurance calls to residents of Hoboken who are homebound.	

Transportation Services

For information on transportation services, escort services, and discounts, contact:	
Hudson County Office on Aging	201-434-6900
Jersey City Department of Human Resources	201-547-5253

Volunteer Programs

Retired Senior Volunteer Program (R.S.V.P.)	201-434-1445
Refers seniors to agencies needing volunteer help.	
Senior Companion Program	201-547-5274
Provides senior citizens with a regular volunteer companion.	

HUNTERDON COUNTY

Adult Day Care Programs

Flemington Baptist Church	201-782-8080
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Financial Services

Hunterdon County Welfare Agency	201-788-1300
Hunterdon County Food Stamp Program	201-788-1330
N.J. Bureau of Veterans' Assistance	201-859-0907
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	201-788-1300

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:	
Hunterdon County Office on Aging	201-782-3333
Hunterdon County Welfare Agency	201-788-1300
Hunterdon County Medicaid Office	201-782-1130
Hunterdon County Medical Society	201-735-4426
Provider referral service to physicians in appropriate specialties.	

Home Health Services

Community Health Services - Hunterdon Medical Center	201-782-2121 X 435
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HUNTERDON COUNTY/ MERCER COUNTY

Housing Services

For information on senior citizen housing, boarding homes,
and adult foster care programs, contact:

Hunterdon County Office on Aging 201-782-3333
Hunterdon County Welfare Agency 201-788-1300

Legal Services

Hunterdon County Legal Services 201-782-7979

Meal Programs

For information on nutrition sites and home-delivered meals contact:

Hunterdon County Office on Aging 201-782-3333
Meals on Wheels 201-782-1252
Nutrition Service Program (Hunterdon Medical Center Dietary Department) 201-782-2121 X 421
Provides diet counseling service to those referred by physicians or others.

Senior Centers

Multi-Purpose Senior Center 201-782-4300 X 359

Social and Mental Health Services

Hunterdon County Welfare Agency 201-788-1300
Community Mental Health Center 201-782-2121 X 341

Telephone Services

Adult Helpline Service 201-782-8255
An off-hour telephone service providing information or help
when agency offices are closed.
Telephone Assurance 201-782-6415
A telephone service to monitor the well-being of the homebound.

Transportation Services

For information on transportation services, escort services, and
discounts, contact:

Hunterdon County Office on Aging 201-782-3333
Pioneer on Wheels 201-782-7241
Free transportation for errands, medical visits, shopping, and
social agency appointments.

Volunteer Programs

Volunteer Bureau 201-782-4122
A community agency that recruits volunteers to participate in
non-profit agencies throughout the county.
Volunteer Friendly Visitor Program 201-782-6415
Provides trained volunteers to visit homebound people in the community.

MERCER COUNTY

Adult Day Care Programs

Catholic Welfare Bureau Project Bridges 609-396-4557

Financial Services

Mercer County Welfare Agency 609-989-4310

MERCER COUNTY

Financial Services (cont'd)

Mercer County Food Stamp Program	609-989-4310
N.J. Bureau of Veterans' Assistance	609-292-5881
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	609-989-4310

Health Services

For information on homemaker and home health services,
hospitals and nursing homes contact:

Mercer County Office on Aging	609-989-6661
Mercer County Welfare Agency	609-989-4310
Mercer County Medicaid Office	609-292-7315
Mercer County Medical Society	609-882-1048

Provides referral to physicians in appropriate specialties.

Home Health Services

Department of Community Health Services, The Medical Center at Princeton	609-734-4626
Friends Home Health Care	609-396-1507
Visiting Nurse Association of Trenton, Inc.	609-695-3461

Housing Services

For information on senior citizen housing, boarding homes, and
adult foster care programs, contact:

Mercer County Office on Aging	609-989-6661
Mercer County Welfare Agency	609-989-4310

Legal Services

Legal Aid Society of Mercer County	609-695-6249
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Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Mercer County Office on Aging	609-989-6661
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Senior Centers

Mercer Street Friends Center, Senior Citizen Resource Center	609-394-3232
Provides financial, health, recreational and nutrition services to Trenton residents. Transportation available.	
Princeton Senior Resource Center	609-924-7108
A multi-service center whose goal is to help the elderly maintain an independent and respected position within their families and community.	
Hamilton Township Senior Recreation Program	609-390-3787

Social and Mental Health Services

Mercer County Welfare Agency	609-989-4310
Catholic Welfare Bureau - Family and Community Services (Hightstown)	609-443-1569
Catholic Welfare Bureau Guidance Clinic (Trenton)	609-394-5181
Christopher House Catholic Welfare Bureau (Trenton)	609-396-4557
Community Guidance Center of Mercer County	
Trenton Office	609-695-8542
Whitney Center/Princeton	609-924-2896
Hamilton Township	609-587-7044

MERCER COUNTY/MIDDLESEX COUNTY

Social and Mental Health Services (cont'd)

Crisis Intervention Unit Helene Fuld Hospital	609-396-4357
Provides 24 hour on-site psychiatric services whose ultimate purpose is to prevent hospitalization.	
Family Service Agency of Princeton	609-924-2098
East Windsor/Hightstown	609-448-0056
Family Service Association (Trenton)	609-393-1626
Jewish Family Services of Greater Mercer County	
Trenton	609-882-9317
Windsor	609-393-1626
Lutheran Social Services of New Jersey	609-890-0410
Trinity Counseling Service (Princeton)	609-924-0060
These agencies distribute clothing and household furnishings to the needy:	
Hightstown - East Windsor Service Center	609-443-4464
The Salvation Army - Trenton	609-599-9373

Telephone Services

Contact Mercer County

A 24 hour, toll-free hotline (voice or TDD/TTY) to anyone in crisis or with a problem who needs to talk. Provides reassurance calling service to the elderly.

Hightstown	609-585-2244
Trenton/Princeton/Hopewell	609-896-2120
Bordentown/Morrisville	609-888-2111

Transportation Services

For information on transportation services, escort services, and discounts, contact:

Mercer County Office on Aging	609-989-6661
Senior Citizen Program (Mercerville)	609-890-3787

Volunteer Programs

For information on volunteer programs, contact:

Mercer County Office on Aging	609-989-6661
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MIDDLESEX COUNTY

Adult Day Care Programs

Raritan Bay M.H.C. Project New Life	201-442-1666
The Club-Rutgers C.M.H.C.	201-463-4375
*Summerhill Medical Day Care Center (Old Bridge)	201-254-8200

Financial Services

Middlesex County Welfare Agency	201-745-3500
Middlesex County Food Stamp Program	201-745-3772
N.J. Bureau of Veterans' Assistance	201-846-4433
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	201-745-2068

* SEE PAGE 6

MIDDLESEX COUNTY

Health Services

For information on homemaker and home health services,
hospitals and nursing homes, contact:

Middlesex County Office on Aging	201-745-3295
Middlesex County Welfare Agency	201-745-3500
Middlesex County Medicaid Office	201-246-0653
Middlesex County Medical Society	201-257-6800

Provides referral to physicians in appropriate specialties. Medicaid
provider status of physicians is given but is subject to change without notice.

Home Health Services

Middlesex General Hospital Home Health Program	201-828-3000 X 222
Visiting Nurse Association of Middlesex County	201-821-9500
Woodbridge Division of Health, Public Health Nursing Services	201-634-4500 X 200

Housing Services

For information on senior citizen housing, boarding homes,
and adult foster care programs, contact:

Middlesex County Office on Aging	201-745-3295
Middlesex County Welfare Agency	201-745-3500

Legal Services

Middlesex County Legal Services Corporation	201-249-7600
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Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Middlesex County Office on Aging	201-745-3295
Nutrition Project for the Elderly	201-828-4707

Senior Centers

East Brunswick Senior Citizens Drop-In Center	201-254-4600 X 254
New Brunswick Senior Resource Center	201-745-5331

Social and Mental Health Services

Middlesex County Welfare Agency	201-745-3500
C.M.H.C. of Rutgers Medical School	201-564-4420
Family Service Association of Middlesex County	
Highland Park	201-572-0300
Monroe Township	201-521-3744
New Brunswick	201-846-6465
Old Bridge	201-679-2666
Woodbridge	201-636-1699
M.H.C. Catholic Welfare Bureau	201-257-6100
Middlesex County M.H.C.	201-727-6000
Raritan Bay M.H.C.	201-442-1666

Telephone Services

Reassurance Calling Center of Middlesex County	201-246-6646
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Transportation Services

For information on transportation services, escort services,
and discounts contact:

Middlesex County Office on Aging	201-745-3295
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MONMOUTH COUNTY

Adult Day Care Programs

*Arnold Walter Nursing Home Medical Day Care Center	201-787-6300
Children's Psychiatric Center	
C.M.H.C. Day Activities Program	201-842-7030
Monmouth County Board of Social Services	201-431-6148
Monmouth Medical Center Pathways	201-222-5440

Financial Services

Monmouth County Welfare Agency	201-431-6000
Monmouth County Food Stamp Program	201-431-6000
N.J. Bureau of Veterans' Assistance	201-775-7009
Social Service Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	201-431-6000

Health Services

For information on homemaker and home health services,
hospitals and nursing homes, contact:

Monmouth County Office on Aging	201-431-7450
Monmouth County Welfare Agency	201-431-6000
Monmouth County Medicaid Office	201-775-5700
Monmouth County Medical Society	201-776-5740

Provides referrals to physicians in appropriate specialties.

Home Health Services

Long Branch Public Health Nursing Association, Inc.	201-229-0816
M.C.O.S.S. Nursing Services, Inc.	201-747-1204

Housing Services

For information on senior citizen housing, boarding homes,
and adult foster care programs, contact:

Monmouth County Office on Aging	201-431-7450
Monmouth County Welfare Agency	201-431-6000

Legal Services

Legal Aid Society of Monmouth County	201-775-0538
Ocean/Monmouth Legal Services, Inc.	201-341-2727

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Monmouth County Office on Aging	201-431-7450
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Senior Centers

For information on the location of senior centers within the county, contact:

Monmouth County Office on Aging	201-431-7450
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Social and Mental Health Services

Monmouth County Welfare Agency	201-431-6000
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* SEE PAGE 6

MONMOUTH COUNTY

Social and Mental Health Services

Children's Psychiatric Center (C.P.C.) – C.M.H.C.	
Eatontown	201-842-2000
Freehold	201-842-2000
Redbank	201-542-3816
Redbank	201-842-7030
Family and Children's Services of Monmouth County	201-222-9100
Provides supportive services, friendly visitor program, homemaker and home health aide services.	
Family and Community Services (F.A.C.S.) of the Catholic Welfare Bureau	201-747-9660
Geriatric Mental Health Program	201-264-7500 X 298
A joint program of Bayshore Hospital and C.P.C. – C.M.H.C. Redbank, providing counseling service for older adults in northern Monmouth County.	
Jewish Family and Children's Services of Greater Monmouth County	
Asbury Park	201-774-6886
Manalapan	201-536-0050
Monmouth Center for Vocational Rehabilitation (Red Bank)	201-530-0355
Protective Services for the Elderly, Family and Childrens Service (Long Branch)	201-222-1322
Provides a range of social and legal services to help the frail elderly remain in the community.	

Telephone Services

Helpline	201-671-5250
A service of C.P.C. providing crisis intervention, information and referral.	
Monmouth County Board of Social Services	
Volunteer Unit Reassurance Calling	201-431-6185

Transportation Services

For information in transportation services, escort services and discounts, contact:	
Monmouth County Office on Aging	201-431-7450
Monmouth County Board of Social Services Volunteer Unit	201-431-6185
Provides transportation services when other means of transportation are unavailable.	
Special Citizen Area Transportation (S.C.A.T.)	201-431-6480
Provides a comprehensive network of minibus transportation to seniors throughout the county.	

Volunteer Programs

F.I.S.H. of Monmouth County, Inc.	201-739-1300
Volunteers provide emergency assistance such as transportation, shelter, meal preparation and delivery, grocery shopping, laundry, and housekeeping for ill or elderly persons.	
Monmouth County Board of Social Services Volunteer Unit	201-431-6185
Recruits and trains volunteers for a number of programs: Mobile Meals, Nursing and Boarding Home Programs, Home Friends Program, C.B. Homebounders, and Adult Literacy.	
Retired Senior Volunteers Program (R.S.V.P.)	201-229-6900
Refers seniors to agencies needing volunteer help.	

MORRIS COUNTY

Adult Day Care Programs

Morris County Adult Day Care Center	201-285-6641
Mental Health Association of Morris County	
Morris and Dover Social Club (Madison)	201-377-9280
Pequanock Valley M.H.C. Transitional Care	201-839-2520

Financial Services

Morris County Welfare Agency	201-285-6301
Morris County Food Stamp Program	201-285-6351
N.J. Bureau of Veterans' Assistance	201-859-0907
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	201-285-6301

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:	
Morris County Office on Aging	201-285-6393
Morris County Welfare Agency	201-285-6301
Morris County Medicaid Office	201-267-1700
Morris County Medical Society	201-539-8888
Provides referrals to physicians in appropriate specialties.	
American Heart Association - Morris Chapter	201-335-1900
Screening, prevention, and rehabilitation programs for the potential and actual victim of heart disease.	
American Red Cross - Morris Area Chapter	201-538-2160
Medical equipment loan and transportation to hospitals and clinics.	
Center for Independent Living: Aged Handicapped (CILAH) Department of Home Economics, College of St. Elizabeth	201-539-1600
Instruction in methods to enable the handicapped to remain at home.	
Easter Seal Society for Crippled Children and Adults of Morris County	201-539-5636
Outpatient rehabilitation for the handicapped.	
The Seeing Eye, Inc.	201-539-4425
Trains blind persons to use Seeing Eye dogs.	

Home Health Services

Visiting Nurse Association of Morris County	201-539-1216
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Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:	
Morris County Office on Aging	201-285-6393, 4
Morris County Welfare Agency	201-285-6301
The Salvation Army	201-538-0519
Provides housing, emergency and disaster services.	

Legal Services

Legal Aid Society of Morris County	201-285-6391
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Meal Programs

For information nutrition sites and home-delivered meals, contact:	
Morris County Office on Aging	201-285-6393, 4
Meals on Wheels	201-538-2160

MORRIS COUNTY/OCEAN COUNTY

Social and Mental Health Services

Morris County Welfare Agency	201-285-6301
Dutton M.H.C. (Morristown)	201-285-6977
Family Service of Morris County	
Boonton	201-334-6047
Dover	201-366-5841
Morristown	201-538-5260
Widowed Person Hotline Service	201-267-9720
Pequanock Valley M.H.C. (Pompton Plains)	201-893-2520
St. Clare's M.H.C. (Denville)	201-627-3000

Telephone Services

Mental Health Association of Morris County	201-377-9280
Referral and information service.	

Transportation Services

For information on transportation services, escort services, and discounts, contact:	
Morris County Office on Aging	201-285-6393, 4

Volunteer Programs

Retired Senior Volunteer Program (R.S.V.P.)	201-538-7947
Refers seniors to agencies needing volunteer help.	

OCEAN COUNTY

Adult Day Care Programs

M.H.C. of Ocean County – Project Anchor (Lakewood)	201-349-6446
*Rainbow Center at Medcenter of America (Toms River)	201-364-8300

Financial Services

Ocean County Welfare Agency	201-349-1500
Ocean County Food Stamp Program	201-349-1500
N.J. Bureau of Veterans' Assistance	609-345-0444
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	201-349-1500

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:	
Ocean County Office on Aging	201-929-2091
Ocean County Welfare Agency	201-349-1500
Ocean County Medicaid Office	201-255-6226
Ocean County Medical Society	201-367-6633
Provides referrals to physicians in appropriate specialties.	

Home Health Services

Ocean County Health Department, Public Health Nursing Services	201-341-9700
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* SEE PAGE 6

OCEAN COUNTY/PASSAIC COUNTY

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Ocean County Office on Aging 201-929-2091
Ocean County Welfare Agency 201-349-1500

Legal Services

Ocean/Monmouth Legal Services 201-341-2727

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Ocean County Office on Aging 201-929-2091

Social and Mental Health Services

Ocean County Welfare Agency 201-349-1500
M.H.C. of Ocean County 201-349-5550
Northern Ocean Counseling Service 201-367-4700
Senior Employment Program 201-255-4700
Provides jobs for Ocean County residents 55 years and over.

Telephone Services

Contact Ocean County 201-240-6100

A 24 hour crisis hotline for the lonely or depressed, or those who simply need someone to talk to.

Transportation Services

For information and transportation services, escort services, and discounts, contact:

Ocean County Office on Aging 201-929-2091

Volunteer Programs

Volunteers for the Blind 201-349-8787
Provides books on tape or in braille. Sends volunteers to nursing homes to read, write letters, etc.

PASSAIC COUNTY

Adult Day Care Programs

*Daughters of Miriam Center for the Aged

Adult and Medical Day Care Center 201-772-3700 X 258
M.H.C. of Clifton/Passaic 201-684-7500
Passaic County Adult Day Care Program (Wayne) 201-696-9030
Paterson Housing Authority Adult Day Care Program (Catholic Family and Community Services) 201-271-7100
St. Joseph's Hospital Medical Center Harbor House 201-684-7500

Financial Services

Passaic County Welfare Agency 201-881-0100
Passaic County Food Stamp Program 201-881-0100
N.J. Bureau of Veterans' Assistance 201-742-2742

* SEE PAGE 6

PASSAIC COUNTY

Financial Services (cont'd)

Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	201-881-0100

Health Services

For information on homemaker and home health services,
hospitals and nursing homes, contact:

Passaic County Office on Aging	201-881-4950
Passaic County Welfare Agency	201-881-0100
Passaic County Medicaid Office	201-523-2800
Passaic County Medical Society	201-777-2400

Provides referral services to physicians in appropriate specialties.

Home Health Services

Paterson Home Health Agency Division of Health	201-881-3992
Tri-Hospital Home Health Program	201-365-5200
Visiting Health Services of Passaic Valley	201-256-4636
Visiting Homemaker Service	201-523-1224

Housing Services

For information on senior citizen housing, boarding homes, and
adult foster care programs, contact:

Passaic County Office on Aging	201-881-4950
Passaic County Welfare Agency	201-881-0100
Passaic County Public Housing Agency	201-525-5000 X 591
Community Action Council (All of Passaic County except below)	201-728-7667
Clifton	201-471-2730
Passaic	201-473-1033
Paterson	201-278-9644

Offers free home weatherization to those who qualify, and emergency
assistance to homeowners and renters when threatened with discontinuation
of utility service.

Legal Services

Legal Aid Society

Passaic	201-779-8000
Paterson	201-345-7171
Wanaque	201-839-4620
Community Health Law Project	201-779-8000

Meal Programs

For complete information on nutrition sites and home-delivered meals, contact:

Passaic County Office on Aging	201-881-4950
Community Action Program	201-839-6225
Provides meals on wheels to northern Passaic County	
Meals on Wheels (Passaic, Paterson areas)	201-881-0280
South Paterson Nutrition Center	201-881-3888
Wayne Senior Nutrition Center	201-694-6910
Paterson Emergency Food Coalition	201-279-3132

Senior Centers

For complete information on location and activities of Senior Centers contact:

Passaic County Office on Aging	201-881-4950
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PASSAIC COUNTY/SALEM COUNTY

Social and Mental Health Services

Passaic County Welfare Agency	201-881-0100
Catholic Family and Community Services	
Passaic	201-340-3010
Paterson	201-271-7100
Family Counseling Service of Paterson and Vicinity	201-839-2234
Jewish Family Services	201-777-7638
Jewish Family Services of North Jersey	201-595-0111

Telephone Services

Catholic Family and Community Services	
Passaic	201-340-3010
Paterson	201-271-7100
Telephone reassurance service to people over age 60.	
Paterson Department of Human Resources	
Senior Citizens Program	201-881-3700
Telephone reassurance program for Paterson residents over age 60.	

Transportation Services

For information on transportation services, escort services, and discounts, contact:	
Passaic County Office on Aging	201-881-4950
Catholic Family and Community Services	201-340-3010
	201-271-7100

SALEM COUNTY

Adult Day Care Programs

Salem County Guidance Center	609-935-2709
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Financial Services

Salem County Welfare Agency	609-935-7510
Salem County Food Stamp Program	609-935-7510
N.J. Bureau of Veterans' Assistance	609-455-2743
Social Security Office	800-272-1111
Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	609-935-7510

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:	
Salem County Office on Aging	609-769-4150
Salem County Welfare Agency	609-935-7510
Gloucester/Salem County Medicaid Office	609-845-7185
Salem County Medical Society	609-935-4009
Provides referral to physicians in appropriate specialties.	

Home Health Services

Salem County Department of Health – Division of Nursing Services	609-769-2111
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SALEM COUNTY/SOMERSET COUNTY

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Salem County Office on Aging 609-769-4150
Salem County Welfare Office 609-935-7510

Legal Services

Camden Regional Legal Services 609-386-6660

Meal Programs

For information on location and hours of county-wide nutrition sites and home meal programs, contact:

Salem County Office on Aging 609-769-4150
Salem County Nutrition Project for the Elderly 609-769-4450
Meals on Wheels of Salem County 609-935-3663
Senior Citizens Activity and Meal Programs (SCAMP) 609-451-0400

Social and Mental Health Services

Salem County Welfare Agency 609-935-7510
Salem County Guidance Center 609-935-2709

Telephone Services

Contact Help, Inc. of Salem County 609-935-4357
Provides telephone assistance in an emergency, referral to appropriate services, and daily reassurance calls.

Transportation Services

For information on transportation services, escort services, and discounts, contact:

Salem County Office on Aging 609-769-4150

SOMERSET COUNTY

Adult Day Care Programs

Bound Brook Adult Day Care Center 201-356-1302
Somerset C.M.H.C., Mainstream 201-725-2800

Financial Services

Somerset County Welfare Agency 201-526-8800
Somerset County Food Stamp Program 201-725-4700
N.J. Bureau of Veteran's Assistance 201-725-2600
Social Security Office 800-272-1111
Lifeline Energy Credit Program 800-792-9745
Home Energy Assistance Program 201-526-8800

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Somerset County Office on Aging 201-725-4700 X 212
Somerset County Welfare Agency 201-526-8800
Somerset County Medicaid Office 201-782-1130
Somerset County Medical Society 201-725-4000 X 364
Provides referrals to physicians in appropriate specialties.

SOMERSET COUNTY/SUSSEX COUNTY

Home Health Services

Somerset Valley Visiting Nurse Association, Inc. 201-725-9355
Visiting Nurse Association of Somerset Hills 201-766-0180

Housing Services

For information on senior citizen housing, boarding homes, and
adult foster care programs, contact:

Somerset County Office on Aging 201-725-4700 X 212
Somerset County Welfare Agency 201-526-8800

Legal Services

Somerset/Sussex Legal Services 201-231-0840

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Somerset County Office on Aging 201-725-4700 X 212
Somerset County Nutrition Project 201-725-4700 X 363

Social and Mental Health Services

Somerset County Welfare Agency 201-526-8800
Somerset County C.M.H.C. 201-725-2800

Telephone, Transportation and Volunteer Services

For information on the above services, contact:

Somerset County Office on Aging 201-725-4700 X 212

SUSSEX COUNTY

Financial Services

Sussex County Welfare Agency 201-383-3600
Sussex County Food Stamp Program 201-383-3600
N.J. Bureau of Veterans' Assistance 201-383-4949
Social Security Office 800-272-1111
Lifeline Energy Credit Program 800-792-9745
Home Energy Assistance Program 201-383-3600

Health Services

For information on homemaker and home health services,
hospitals and nursing homes, contact:

Sussex County Office on Aging 201-383-5098
Sussex County Welfare Agency 201-383-3600
Morris/Sussex County Medicaid Office 201-267-1700
Sussex County Medical Society 201-383-5413

Provides referral to physicians in appropriate specialties.

American Heart Association

Morris/Sussex Chapter 201-383-8808

Provides screening, prevention and rehabilitation programs.

American Red Cross — Sussex Area Chapter 201-383-1750

Provides short term loans of medical equipment.

Home Health Services

Sussex County Health Department, Division of Public Health Nursing 201-948-5400

SUSSEX COUNTY/UNION COUNTY

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Sussex County Office on Aging 201-383-5098
Sussex County Welfare Agency 201-383-3600

Legal Services

Somerset/Sussex Legal Services 201-231-0840

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Sussex County Office on Aging 201-383-5098
Meals on Wheels/Outreach 201-827-2252
Sussex County Nutrition Project 201-875-9720

Social and Mental Health Services

Sussex County Welfare Agency 201-383-3600
Sussex County M.H.C. 201-383-1533
Meals on Wheels/Outreach 201-827-2252
Visits seniors in their homes to give information and make referrals to appropriate programs and services. Follow-up provided.

Telephone Services

Meals on Wheels/Outreach 201-827-2252
Provides daily reassurance phone calls.

Transportation Services

For information on transportation service, escort services, and discounts, contact:

Sussex County Office on Aging 201-383-5098
Meals on Wheels/Outreach 201-827-2252
Services provided to seniors in the Wallkill Valley area.

Volunteer Programs

Meals on Wheels/Outreach 201-827-2252
Provides friendly visitors to shut-in seniors.
Retired Senior Volunteer Program (R.S.V.P.) 201-383-6861
Refers seniors to agencies needing volunteer help.

UNION COUNTY

Adult Day Care Programs

Mental Health Association of Union County – Bridgeway (Elizabeth) 201-289-0900
Mt. Carmel Guild M.H.C. (Cranford) 201-272-8910
Plainfield Senior Citizens Service Program 201-753-3506
Spend - a - Day Summit Area Association for Gerontological Endeavor (SAGE) 201-273-5550
Union County Psychiatric Clinic 201-756-6870

Financial Services

Union County Welfare Agency 201-351-1112
Union County Food Stamp Program 201-351-1112
N.J. Bureau of Veterans' Assistance 201-353-4667
Social Security Office 800-272-1111

UNION COUNTY

Financial Services (cont'd)

Lifeline Energy Credit Program	800-792-9745
Home Energy Assistance Program	201-351-1112

Health Services

For information on homemaker and home health services, hospitals and
and nursing homes, contact:

Union County Office on Aging	201-527-4866
Union County Welfare Agency	201-351-1112
Union County Medicaid Office	201-648-4630
Union County Medical Society	201-232-1661

Provides referral to physicians in appropriate specialties.

Alcohol Information Center	201-233-8810
Provides counseling, education, information and referral.	

American Red Cross

Eastern Union County	201-353-2500
Summit Area	201-273-2500

Provides medical equipment and sick room supplies to those in need.

Catholic Community Services	201-624-2405
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Provides diagnostic and rehabilitative services to those with communications
disorders, and to the deaf and visually handicapped.

Central New Jersey Lung Association	201-272-8676
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Provides physical reconditioning programs, information and
referral, community education.

Kean College Speech and Hearing Clinic	201-527-2218
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Offers speech and hearing tests, as well as therapeutic services.

Union County Heart Association	201-353-7391
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Provides medical equipment, information, referral and education services.

Sponsors a self-help Stroke Club.	201-353-7837
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Home Health Services

Home Care Program of Muhlenberg Hospital	201-668-2253
Home Care Program of Overlook Hospital	201-522-2091
Visiting Nurse Association of Plainfield and North Plainfield	201-756-2436
Visiting Nurse and Health Service	201-352-5694

Housing Services

For information on senior citizen housing, boarding homes, and
adult foster care programs, contact:

Union County Office on Aging	201-527-4866
Union County Welfare Agency	201-351-1112
Catholic Community Services Nursing Home Ombudsman	201-351-6060

A resource center for persons considering placement in a long term care
facility, or other alternate living possibilities.

Legal Services

Union County Legal Services	201-354-4340
Senior Citizens Council of Union County	201-964-7555
Serves as advocate for senior citizens in securing health and other services, and provides counseling on consumer affairs.	

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Union County Office on Aging	201-527-4866
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UNION COUNTY

Senior Centers

Grant Avenue Community Center (Plainfield)	201-561-0123
Hillside Community Center	201-923-1285
Plainfield Senior Citizens Program	201-753-3506
Senior Citizens Center, Inc. (Elizabeth)	201-351-1288
Union Township Community Action Organization	201-686-6150
Westfield Community Association, Inc.	201-232-4759

Social and Mental Health Services

Union County Welfare Agency	201-351-1112
Catholic Community Services C.M.H.C. (Cranford)	201-272-8910
Catholic Community Services Project Maintain	201-351-6060
A multi-service agency providing a wide range of supportive services to senior citizens in the community.	
Catholic Community Services Transitional Residence Services	201-864-0270
A comprehensive social service program which assists individuals to successfully return to independent living within the community after institutionalization.	
Family and Children's Society (Elizabeth)	201-352-7474
Family Service Association of Summit	201-273-1414
Mental Health Association of Union County	201-289-0900
Union County Psychiatric Clinic	
Elizabeth	201-273-6664
Union	201-686-0560

Telephone Services

Contact Union—Essex	
Care—Ring Telephone Reassurance	201-241-9350
Toll-Free Helpline (Crisis Intervention)	201-527-0555
SAGE Tel—Assurance (Summit Only)	201-273-5550

Transportation Services

For information on transportation services, escort services, and discounts, contact:

Union County Office on Aging	201-527-4866
FISH	
Cranford Area	201-272-2870
Plainfield Area	201-755-8888
Summit Area	201-273-4570
Westfield Area	201-288-8111
American Red Cross	
Eastern Union County	201-353-2500
Plainfield Area	201-756-6414
Summit Area	201-273-7076
Westfield—Mountainside Area	201-232-7090

Transportation Services

Paratransit System	201-233-7826
A specialized transportation service for elderly and handicapped residents of Union County run by the Union County Department of Human Resources.	

UNION COUNTY/WARREN COUNTY

Volunteer Programs

- Retired Senior Volunteer Program (RSVP) 201-351-0070
Refers seniors to agencies needing volunteer help.

WARREN COUNTY

Financial Services

- Warren County Welfare Agency 201-475-5361 X 241
Warren County Food Stamp Program 201-475-5361 X 319
N.J. Bureau of Veterans' Assistance 201-859-0907
Social Security Office 800-272-1111
Lifeline Energy Credit Program 800-792-9745
Home Energy Assistance Program 201-475-5361

Health Services

For information on homemaker and home health services, hospitals
and nursing homes, contact:

- Warren County Office on Aging 201-475-5361 X 324
Warren County Welfare Agency 201-475-5361
Hunterdon/Warren Medicaid Office 201-782-1130
Warren County Medical Society 201-859-0212
Provides referrals to physicians in appropriate specialties.

Home Health Services

- Warren County Health Department, Public Health Nursing Agency 201-689-6000

Housing Services

For information on senior citizen housing, boarding homes, and
adult foster care programs, contact:

- Warren County Office on Aging 201-475-5361 X 324
Warren County Welfare Agency 201-475-5361 X 241

Legal Services

- Warren County Legal Services 201-475-2010

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

- Warren County Office on Aging 201-475-5361
Warren County Nutrition Project 201-859-2313

Social and Mental Health Services

- Warren County Welfare Agency 201-475-5361 X 241
Family Guidance Center of Warren County
Phillipsburg 201-454-4470
Hackettstown 201-852-0333
Washington 201-689-4470

Telephone Services

- Family Guidance Center of Warren County 201-689-4470
Provides 24 hour hotline for supportive counseling and referral.

WARREN COUNTY

Transportation Services

For information on transportation services, escort services
and discounts, contact:

Warren County Office on Aging 201-475-5361
Norwescap 201-453-2171

Volunteer Services

Retired Senior Volunteer Program (R.S.V.P.) 201-454-7000
Refers seniors to agencies needing volunteer help.

Please use this page to inform us of any omissions, inaccuracies, comments, or suggestions you may have to make this Guide as useful as possible. Simply complete the form below and send it to:

A Guide to Long Term Care and Community Service in New Jersey
Department of Human Services
Division of Medical Assistance and Health Services
Bureau of Social Care Programs
324 East State Street
CN – 712
Trenton, New Jersey 08625

Comments (Please refer to County and page):

From:		
<i>Name</i>		<i>Title</i>
<i>Agency</i>		<i>Telephone</i>
<i>Address and Zip Code</i>		

