

[Home](#) [Newsroom](#) [Media](#) [Administration](#) [NJ's Priorities](#) [Contact Us](#)
[Press Releases](#) [Public Addresses](#) [Executive Orders](#) [Press Kit](#) [Reports](#)
[Home](#) > [Newsroom](#) > [Press Releases](#) > 2013

First Lady Mary Pat Christie Announces Drumthwacket Turns Red for Women's Heart Health During Month of February

Thursday, January 31, 2013

Tags: [Other](#)

Awareness Initiative Aims to Reduce Women's Risk Factors and Save Lives

Trenton, NJ – Marking the 10th anniversary of National Go Red Month, First Lady Mary Pat Christie has announced that Drumthwacket, the Governor's official residence, will be lit red throughout the month of February, beginning Friday, February 1, to spotlight the issue of women's heart health. While heart disease and heart attacks are usually associated with men, the fact is more women die of cardiovascular disease than from all forms of cancer combined.

"Heart disease touches each of us in some way," said Mrs. Christie. "That's why it's vitally important to take a moment to learn the risk factors and take action to protect our personal heart health as well as the cardiovascular health of our loved ones. Awareness is the most powerful tool we can use in dispelling the myths of heart disease in women, reducing risk factors, and most importantly, saving lives."

Since 2004, the National Go Red initiative has made tremendous strides in heart disease prevention and awareness:

- 34 % fewer women die from heart disease each year;
- 330 fewer women lose their lives each day;
- 23% more women recognize heart disease as their number one health threat; and
- 627,000 plus women's lives have been saved over the past ten years

"Forty three million women live with heart disease every day. Let's support our relatives, friends and co-workers by wearing red this Friday or show your spirit by joining the *America Goes Red Challenge* and share your "Go Red" photos at <http://wearredday.goredforwomen.org/>," added Mrs. Christie. For more information on heart disease in women or the American Heart Association's *Go Red for Women*, visit www.goredforwomen.org.

Governor Christie also proclaimed February 1, 2013 as "National Red Wear Day" throughout New Jersey.

A copy of Governor Christie's Proclamation [[pdf 3MB](#)]

###

Stay Connected
with Social Media

Stay Connected
with Email Alerts

LIKE THIS PAGE? SHARE IT
WITH YOUR FRIENDS.

[SHARE](#) [f](#) [t](#) [e](#) ...

More Information

Governor Christie's Proclamation
[\[pdf 3MB\]](#)

Press Contact:
Michael Drewniak
Kevin Roberts
609-777-2600



[Contact Us](#) | [Privacy Notice](#) | [Legal Statement & Disclaimers](#) | [Accessibility Statement](#) | 

Statewide: [NJ Home](#) | [Services A to Z](#) | [Departments/Agencies](#) | [FAQs](#)
Office of the Governor: [Home](#) | [Newsroom](#) | [Media](#) | [Administration](#) | [NJ's Priorities](#) | [Contact Us](#)

Copyright © State of New Jersey, 1996-2017
Office of the Governor
PO Box 001
Trenton, NJ 08625
609-292-6000