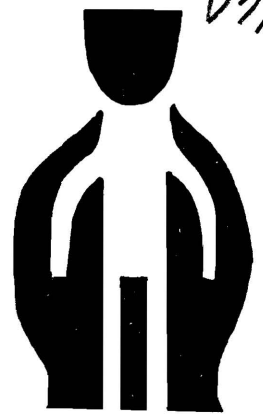


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H. F. Schultz
Superintendent

William F. Dotts
Supervisor of
Educational Programs



new jersey
department of
HUMAN SERVICES

XX

OCTOBER 1978

NO. 1

"FIELD DAY - '78"

September 27th dawned bright and beautiful and provided just perfect weather for Field Day - '78. Held last year for the first time, the day is planned to involve as many East Campus residents as possible in just plain fun activities. The goal was met this year with over 700 residents involved in the games, music and gastronomic delights.

Festivities began at 11:30 a.m. on the East side of the auditorium with "rock" music getting everyone in a party mood. Next came one of the highlights -- lunch. What's better than hot dogs, hamburgers along with coleslaw, ice cream and cake served outdoors? The meal was made that much better by a concert given by the Red, White and Blue Band from Vineland who played popular tunes while everyone ate picnic style.

After lunch, things really began "hopping" with the start of the field events such as the sack race, 50 yd. dash, three legged race and tug-of-war. The winners all received ribbons for their efforts. For the non-athletic types, the ring toss, balloon bust, fishing

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SEPTEMBER GAMES TRIBUTE



Contestants line up at the "Fishing Pond" booth to try their luck at hooking a big prize during "Field Day '78".



Pictured (left to right) Nadine Gompf and Cheryl Graham proudly exhibit several of their awards and express their appreciation to the Phillies Fillies. See article in West Campus Capers.

SUPERINTENDENT'S NEWS & VIEWS

A Guest Editorial by: Dr. Miguel Cruz
Medical Director



I am happy to announce that the Hospital was granted a temporary permit by the Department of Health to operate as a Special Hospital, June 16, 1978. I know that everyone dreads these survey team inspections, and there seems to be more and more of

them all the time. Most people have the attitude that the inspection is a way of checking up on them personally, to evaluate their professional competence. The teams arrive unannounced, and appear very threatening to the staff. The objective of the review, of course, is not to personally evaluate the staff, but to insure that the patients are getting good care. Many people get caught up in the tension of the survey process and lose sight of that objective.

Since 1974, the Hospital has been certified yearly as a Skilled Nursing Facility (SNF) by the Department of Health. A SNF is what is commonly referred to in the community as a Nursing Home. SNF's provide long-term care of a supportive or rehabilitative nature. The survey team recognized that we were providing acute Hospital care on a short term basis and cited the need for a review by the Hospital Survey Team. Due to the formality of changing the level of care, such a review was not carried out until January of this year.

When surveyed as a SNF, the team review excluded Hospital functions which are not required in a SNF, therefore such things as the Diagnostic, Emergency, and Surgical Services, and the Critical Care Unit were not subject to review. Keeping in mind that the survey is for the patient, the patients were not benefiting from review and improvement of these vital services. We obtained copies of standards for Hospitals from various review agencies and undertook our own review system to insure optimal function of the specific Hospital areas not subject to SNF review.

A second point, as important as, or more important than the first point, was that we recognized our patients' need to have a "Special" Hospital available for them (so termed "Special" because it exists solely for care of mentally handicapped patients). General Hospitals in the community are not prepared to care for the mentally handicapped patient. Sad but true, many professional people working in the community General Hospital have had little or no experience and are unable to meet the needs of the very special patient who has a mental handicap in addition to a medical or surgical need. This can present a very traumatic experience to the patient. Experience has shown that our patients medical/surgical needs are best met, in their own "community", in a Hospital where the staff understands and effectively deals with not only their physical illness, but their mental handicap as well.

A third, and very important reason to seek Special Hospital certification was the fact that it costs significantly more money to operate an acute care Hospital than to operate a Skilled Nursing Facility. We were being reimbursed at a flat rate/patient at a figure consistent with average SNF care.

A fourth, and not well recognized need was the fact that professional people were

Cont. on p. 4

RESIDENT ACTIVITIES

SUMMER FUN... July and August are always fun months at V.S.S. with a full schedule of summer activities to keep everyone's mind off of the heat. Swimming at the pool, Glide-A-Rides, Camp, bus rides, Chuck Wagon picnics, trips to the shore and boardwalks, record hops and a wide range of "cooling" menu selections all helped to make the Summer of '78 a memorable one.

GRIDIRON GOERS... On July 1st, 25 Unit Cottage residents enjoyed an out of season treat when they traveled to Wheaton Field in Millville to watch the Atlantic County Allstars whip the Cumberland County Allstars in football. The game was a benefit for the cancer unit of Millville Hospital.

MARIONETTE MAGIC... A special summer treat was a puppet show at camp for 25 North Cottage residents on July 7th. The show was sponsored by the Vineland Public Library.

VET STADIUM... was the destination for 10 residents on July 7th when the home team (Phils) unfortunately lost to the Expos, 8 to 5. However, a good time was had by all sampling the many extras a ballgame has to offer like hot dogs, sodas and ice cream.

SHOW TIME... Even though the weather warms up, outside groups continue to come on campus and provide us with great entertainment.

On July 14th, the "Variety of Life" performers from Somers Point presented a variety show in the auditorium with singers and dancers highlighting the show.

Aesop Fables were brought to life by "The Fable Factory" performers from Brigantine on August 23rd in the auditorium. Over 300 residents laughed at the antics of the actors who were sponsored by the Foster Grandparent Program.

Country and Western songs, always a favorite, were enjoyed on September 8th when

Rich Marone of Vineland sang and played in the auditorium for 200 of our appreciative fans.

COED MOVES... Summer is a great time to travel, particularly when the destination is a coed picnic or dance. Our party goes traveled to Woodbine on July 8th for a training party and to New Lisbon on the 10th for a luncheon. In August, a selected group of residents went to Woodbine for a luncheon on the 7th and New Lisbon on the 15th for a party. The boys from both institutions came visiting for block dances here on July 27th and August 17th. September saw no letdown with a coed dance at New Lisbon on the 7th and a coed training party at VSS on the 11th for both Woodbine and New Lisbon.

THE SEPTEMBER GAMES... On September 13th, the first "September Games" were held at the E.R. Johnstone Training and Research Center for 300 residents from the N.J. State Institutions for the retarded. The day began with the traditional olympic parade of the athletes and a performance by the Totawa Drill Team. Then came the featured events which included the 50 yd. dash, the long jump and softball throw.

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COOK'S CORNER

Submitted by Carolyn Thorpe, Principal
Clerk-Steno.

SCAMPI

In a shallow pan over low heat, melt
1/2 cup butter

Add 2 teaspoons Worcestershire sauce
1/4 cup Sherry
1 clove garlic or a like amount of
liquid garlic
2 tbsp. Lemon Juice
1 tbsp. sugar

Mix well, then arrange 1 pound of raw
shrimp, shelled and deveined in a
single layer in the sauce. Spoon sauce
over shrimp. Broil at low heat 8 min.
Remove from broiler and let stand 15
minutes. Sprinkle 1/4 cup minced par-
sley over shrimp. Broil at high heat
for 3 minutes. Spoon over hot cooked
rice and sprinkle with Parmesan cheese.

SUPERINTENDENT'S NEWS & VIEWS - Cont.
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working hard, providing Hospital Services which were unrecognized. Consider the role of the Registered Nurse who has had specialized training in Critical Care. She competently deals with life and death situations daily, and is trained to provide one of the most specialized forms of nursing care available. She was working in a very demanding area, which ironically was unrecognized by the Department of Health, simply because we were on paper, a SNF. Likewise, consider the physicians who spend hours going over and over his plan of care for a complicated diagnosis with a critically ill patient referred from another State School.

The Physicians job here is more demanding, more professionally challenging than the physician in a facility which actually does render care at the SNF level, or the physician in the community hospital whose patients diagnoses are not usually compounded by a mental handicap. These are considerable morale problems.

I hope I haven't made the SNF seem inferior or unimportant. By all means not. We have a great need to provide a level of care consistent with skilled nursing, for many patients, but the need requires that the care for those patients be provided in a different setting, more suited to long term rehabilitation. In 1980 we expect to occupy such a facility, adjacent to the Hospital, with 60 beds. The patients who would be candidates for such an environment would be, for example, patients who repeatedly aspirate their food, and develop pneumonia, and therefore require tube feedings, patients undergoing lengthy rehabilitation following a fracture, cases of severe chronic decubitus ulcers, unresponsive to care in a cottage setting, etc.

So you see, there are different levels of care although they are all provided by physicians and nurses. To have the level of care properly recognized by licensing and surveying agencies benefits all concerned, but mostly the patient, and of course, the patient is why we are all here.

EMPLOYEE SPOTLIGHT

Pearl Davis
Recreation Assistant



The Fall spotlight shines on Mrs. Pearl Davis, Recreation Assistant in the Education/Recreation Department. Mrs. Davis was born in Richmond, Virginia and moved to Glassboro at the age of three. She attended elementary schools there and is a graduate of Glassboro Senior High School. Mrs. Davis has attended both Gloucester and Cumberland County Colleges taking courses in Special Education.

She began her State career at the West Campus in 1965 as an attendant and transferred to the East Campus three years later where she became a recreation assistant. She is currently assigned to Main Cottage and enjoys her work there with the residents who she refers to as "my girls".

Mrs. Davis and her husband, Curtis, who is a technician for Xerox Corporation, have resided in Vineland for the past eight years. They have one son Curtis, who is one year old.

In her free time, Mrs. Davis enjoys needlework, drawing, camping and bowling. She also is a sports fan and likes to travel, her most favorite trip having been to Spain. She also enjoys just spending time with her husband and son.

RESIDENT ACTIVITIES - Cont. from p.3

A total of 60 residents from V.S.S. East participated in the events with the overall final results not in as of this writing. However, everyone who went received a participation medal and the fun, food and fellowship of the day were thoroughly enjoyed by all.

MUSICAL NOTES...The reconvening of school for the Fall saw the music division with an expanded program. The music teachers are visiting selected cottages on a regularly scheduled basis to bring music services to more residents, many of whom are unable to attend classes in the auditorium. In addition, several classes are held in the evening so those residents who are on vocational schedules or in school during the day have an opportunity to attend. Thus far, the new schedules seem to be working out well and many more residents are participating in the music program.

"FIELD DAY - '78" - Cont. from front page

pond and beanbag toss booths, with prizes for all, provided an opportunity for the testing of their "sporting" skills.

The games worked up a mid-afternoon appetite for most of the contestants and the special popcorn and soda booths were very busy handing out their ever popular goodies. The day ended at 3:30 p.m. with many tired but relaxed and happy residents returning to their cottages.

Field Day was planned and organized by Mrs. Elaine Sheva, Supervisor of Recreation and the staff of the Recreation Division. Numerous donations of hot dogs, rolls and sodas were received through the efforts of the volunteer office and the staffs of the education, resident living, food service, housekeeping and grounds departments all assisted to help make Field Day - '78 one which will sustain everyone over the cold indoor months which lie ahead.

NEWS FOR YOU FROM:MEDICAL

TRAINING SHORTS...During August, four CPR (Cardiopulmonary Resuscitation) classes were conducted in the hospital and were sponsored by the American Heart Association. As a result of the training, 65 employees were certified in CPR.

The dental department was very involved in employee and resident instruction over the summer with several sessions being held on proper dental hygiene. The course favorite proved to be a film titled "Duddly the Dragon" who is famous for his red toothbrush.

On September 7th Yvonne Cook, Respiratory Therapist held a training session on the use of a new oxygen tent for nursing personnel. Also covered during the training were the hazards and precautions in using oxygen.

The Physical Therapy Department recently held IST for selected hospital personnel on range of motion and the positioning of patients. The classes were conducted by Beth Dolinski, RPT.

JUNE GRADS...Congratulations to two of our nursing scholarship graduates who graduated from Cumberland County College in June. Leona Wilson and Mary Lou Courter, the graduates, are now working in our hospital. Also, first year scholarship student, Lois Perotti, spent the summer in on-the-job training at the VSS Hospital.

HOURS CHANGE...The hospital has announced a change in visiting hours. The new hours are 11:00 a.m. to 8:00 p.m., Monday through Sunday, in A, B and C Wings.

BIG 4th...The recreation therapy department helped the hospitalized patients celebrate the 4th of July with a bang. A party featuring cupcakes, soda and ice cream was given which celebrated the holiday in proper fashion.

As part of the socialization program, adventure movies were shown on September 15th which took the patients, via the movie screen, on a raft ride in white water and scuba diving, among the coral reefs.

GAMES OVER...The men and women of the hospital's softball teams would like to thank everyone who came to the games and cheered them on over the summer. The team members were able to meet many fellow employees as well as employees from other institutions and hospitals in the local area through the ball games. The players are all looking forward to next season. Can spring training be far away?

SUMMER STUDY...During the summer months, four students from Cumberland County College gained first-hand nursing experience and became familiar with hospital procedures by working at the VSS Hospital.

FEEDING DEMO...The speech department arranged for a demonstration of the Winsford Feeder by its inventor, Mr. Moorewood, on September 14th. The feeder, which is an electronic device, allows physically handicapped individuals to feed themselves without using their hands.

On September 20th, Dr. Daly Enstrom, Speech Pathologist with the Division of



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V.S.S. NEWS

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NEWS FOR YOU FROM: Cont. from p. 6

Mental Retardation Child Study Team gave an IST demonstration to selected staff on feeding techniques.

NJSFWC THANKED...The hospital would like to thank the membership of the New Jersey State Federation of Women's Clubs for their recent donation of an A.B. Dick Spirit Duplicator to the medical office. The donation will be put to good use and is very much appreciated.

MENTAL HEALTH

AUGUST GRADS...Graduation ceremonies for the Day Therapy Center-East were held on August 25th at the auditorium. The program began with introductory remarks by Ronald Derby, Supervisor of the Day Therapy Programs. The graduates were then introduced to the audience of staff, friends and relatives. The ceremonies continued with a short musical program performed by the class after which special awards were presented to Judy Johnson and Debra Burley, members of the graduating class. The ceremonies concluded with the awarding of diplomas to all 16 members of the class followed by refreshments which topped off the special day.

RESIDENT LIVING

STRAWBERRIES AND SAUSAGE...During June and August, the employees of Regan Cottage gave special parties for their residents which were out of the ordinary. In June, a strawberry festival complete with homemade shortcake loaded with fresh strawberries was held and thoroughly enjoyed by all. In August, a pancake birthday party was given with sausage and home fries embellishing the pancakes. A different but totally enjoyable birthday party!

As the readership is aware, all of the cottages and the recreation department give monthly birthday parties as part of regular programming. Space does not permit all of the parties to be highlighted in the VSS News and therefore, each issue will have only selected parties mentioned.

GRAND REOPENING...October 17th is a date that has long been awaited and has finally arrived. On this date, Lee Cottage, the last and final cottage to be renovated, will reopen. Both staff and residents are very excited about moving back into Lee since the cottage not only has new linoleum floors but also has bright new rugs in the dayroom and dormitory areas on the second and third floors making it the only carpeted cottage on grounds. The residents are also looking forward to using the new beds, night stands and dayroom furniture installed as part of the renovations.

In addition to Lee, the other older cottages are also getting a new look. Draperies are being hung in all resident occupied areas with the exception of the dining rooms. The material for the drapes was selected by the respective supervisor of each cottage to match the color of the cottage interior. As a result of the reopening of Lee Cottage, the population of each of the older cottages will be reduced thus permitting each resident to enjoy her own new bed, night stand and the new dayroom furniture which was delivered recently. The new furniture coupled with the new draperies give each cottage a bright and cheery look and a more home like appearance.

IHP REPORT...The impact of the ICF (Intermediate Care Facility) Program is constantly affecting the daily operation of the Resident Living Department. One of the major requirements of ICF is the IHP (Individualized Habilitation Plan) which is written for every resident. Thus far, both Bassett and Kimble Cottages have implemented the IHP's on a cottage-wide basis. Each resident in both cottages has a program designed for her which identifies the specific areas in which she needs training and specifies the times and dates the training will be conducted on a daily basis. IHP's are continuing to be developed for each resident at Vineland.

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NEWS FOR YOU FROM: Cont. from p. 7

SUMMER ICE...not the kind you eat but the kind you watch was enjoyed by 37 from Unit Cottage on August 31st when they journeyed to Atlantic City to see the 1978 Ice Capades. They were particularly enthralled with the skating of Dorothy Hamill, the star of the show. After the performance, the girls ate dinner at one of the many boardwalk restaurants.

A special "thanks" to the V.S.S. Parents Association for their donation to the Cultural Fund so that residents who have no money can be taken off campus on special day trips such as this one.

NON-AMB EXPRESS...Several of the more capable non-ambulatory residents in Landis Cottage have recently taken advantage of a new bus service for the handicapped provided by Cumberland County. The bus which is equipped with a special lift for wheelchairs, stops at the cottage for pick up and returns the residents to the cottage after their outing. Christine Weygand, who is totally confined to a wheelchair and two of her ambulatory friends recently availed themselves of the service and enjoyed a shopping excursion in downtown Vineland.

VOLUNTEERS

HEALTH FAIR...The Cumberland County Health Fair held at the Millville Y.M.C.A. recently featured the many health care facilities available to the citizens of the county. Vineland State School's booth was serviced by Frances Stolar, volunteer coordinator, Linda Egan, director of nurses and Dr. D. Widmann, clinical pharmacist, who answered the many questions posed by interested parties. V.S.S. General Information Booklets, copies of the V.S.S. News and volunteer applications were distributed at the booth.

FANTASTIC FASHIONS...will once again be modeled at the Volunteer Fashion Show on October 10th at Centerton Golf Club. This year, Classic Family Fashions - '79 will be featured and tickets include a delicious buffet dinner. You won't want to miss this sociable evening out with your friends so stop in or call the Volunteer Office at ext. 284. Proceeds from the show will be used to help provide another cottage with bright and colorful bedspreads.

PICNIC MAKERS...The Volunteer Office helped to make the East Campus "Field Day '78" a most successful one in the eating department by arranging for the donation of 115 pounds of hot dogs from area merchants. In addition, 95 dozen rolls, 4 gallons of mustard, 2 gallons of relish and 23 cases of soda were also donated. Many thanks to the county merchants who gave so generously of their picnic staples.

VOLUNTEERS WELCOME...Stop in the Volunteer Office for information on the volunteer program. You will certainly find it gratifying to work a few hours a month with or for our residents. The individual attention given the residents will prove to be a most rewarding experience.

VISITS AND VISITORS

SUMMER'S SLOW...as far as the number and frequency of groups visiting V.S.S. However, with the opening of schools and colleges, the Fall will see many requests for tours.

EAST CAMPUS EMPLOYEE NEWSBIRTH CONGRATULATIONS TO:

Judith Council, ICF-MR, a girl
 Elizabeth Green, East Cottage, a girl.
 Stephen Jablonski, Electric Shop, a girl
 Lynn McGovern, Education, a girl
 Michele Morris, Kimble Cottage, a boy
 Rosemarie Peek, Giles Cottage, a boy
 Laura Mae Ridgeway, East Cottage, a girl
 Maura Robinson, Pond Cottage, a girl
 Jannas Stokes, Regan Cottage, a girl

WEDDING BELLS RANG RECENTLY FOR:

Anita Evans (Yarbrough), Main Cottage
 Diane Formento (Sacca), Regan Cottage
 Darlene Mack (Palmer), Pond Cottage
 Shirley Rawls (Woodard), Main Cottage

BEST WISHES FOR RETIREMENT TO:

Marion Finger, Cross Cottage, 12 years
 Ida Gardella, Switchboard, 15 years
 Cinderee Mays, Landis Cottage, 14 years
 Agatha Mazzoni, Cross Cottage, 19 years
 Sidney Petway, Transportation, 15 years
 Mary Simon, Landis Cottage, 10 years
 Peter Troiano, Maintenance, 22 years



*Sincere Condolences to the family of
 Elizza Green, H.S.A., North Cottage,
 who passed away on July 17, 1978*

SINCERE CONDOLENCES TO:

*Margaret Baker, Regan Cottage, on the loss of her mother
 Josephine Baruffi, Food Service, on the loss of her brother
 Roberta Burrell, Recreation, on the loss of her brother
 Kathryn Costello, Food Service, on the loss of her brother
 Mary Lou Courter, Hospital, on the loss of her mother
 Jacqueline Dickens, East Cottage, on the loss of her father
 Juanita Douglas, Reeves Cottage, on the loss of her father
 Carrie Green, Lee Cottage, on the loss of her mother
 Catherine Howard, Recreation, on the loss of her father
 Ruthie Jones, Pond Cottage, on the loss of her father
 Evelyn Polhamus, Hospital, on the loss of her mother
 Larcenia Robinson, Main Cottage, on the loss of her sister
 Jeanette Wynder, Regan Cottage, on the loss of her father*

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