

# Welcome!

This site will help to see if you are eligible for food assistance (SNAP), cash assistance (WFNJ/TANF or WFNJ/GA), and health Insurance (NJ FamilyCare/Medicaid). From there you can apply for services or learn about additional resources.

## Food Assistance



### Supplemental Nutrition Assistance Program (SNAP)

Provides some extra help to pay for food at supermarkets, farmers markets and other approved stores.

## Cash Assistance

# Families First



JOHN Q PUBLIC  
C123456789

**Work First New Jersey (WFNJ) which includes Temporary Assistance for Needy Families (TANF) and General Assistance (GA)**

Provides monthly cash, short-term housing support, child care, job search and readiness.

## Health Insurance



**NJ FamilyCare/Medicaid**

Provides free or low-cost health coverage that may help pay for medical bills, doctor visits and prescriptions for certain low income individuals or families.

## Screen

### Check to see what benefits you may qualify for:

Screening takes about 5-10 minutes to complete, and you will need to provide monthly income information.

**Get started!**

## Apply

### Submit an application:

Expect it to take about 20-45 minutes to complete an application. It will take longer to apply than to screen because you will need to provide more detailed income and personal information.

**Get started!**

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New Jersey Department of Human Services (<http://www.state.nj.us/humanservices/index.shtml>)

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