



Home | Newsroom | Media | Administration | NJ's Priorities | Contact Us

Press Releases | Public Addresses | Executive Orders | Press Kit | Reports

Home > Newsroom > Press Releases > 2010 > Drumthwacket to Celebrate National Family Day – A Day to Eat Dinner with Your Children

Drumthwacket to Celebrate National Family Day – A Day to Eat Dinner with Your Children

September 27, 2010 • Tags: [Other](#)

Trenton, NJ – To mark the 10th Anniversary of *Family Day - A Day to Eat Dinner with Your Children*, Drumthwacket will be illuminated in red and blue Monday evening. Developed by The National Center on Addiction and Substance Abuse (CASA) at Columbia University, *Family Day* encourages parents to engage and connect with their kids through frequent family dinners as a way to prevent substance abuse in children.

“As a working mom, I treasure the time I spend with my four children,” said First Lady Mary Pat Christie. “Family dinners are a tradition in the Christie household. After hectic schedules, dinner is the perfect time for us to sit down together to talk about what’s happened in everyone’s day and share quality time with one another.”

Research conducted by CASA indicates that the more often children eat dinner with their families, the less likely they are to smoke, drink or use drugs. They also are more likely to get better grades in school.

“We are delighted that the **Governor’s residence, Drumthwacket, is joining other famous sights and monuments around the nation** to help celebrate the 10th Anniversary of *Family Day – A Day to Eat Dinner with Your Children* by lighting up in red and blue. My hope is that when parents see the lights, they will remember that the parental engagement fostered during frequent family dinners is an effective tool to help keep America’s kids substance free. Dinner Makes A Difference,” said Kathleen Ferrigno, Director of Marketing, The National Center on Addiction and Substance Abuse at Columbia University.

Over the past three years, more than a million Americans pledged to eat with their families on *Family Day*. To learn more, visit to www.CASAFamilyDay.org.

###

Press Contact
Michael Drewniak
Kevin Roberts
609-777-2600

Stay Connected with Social Media



Stay Connected with Email Alerts

LIKE THIS PAGE? SHARE IT WITH YOUR FRIENDS.

