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BIRTH FAMILIES

Help your family get off to a healthy start with FAM

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Family Connects NJ is available in **Essex, Middlesex, Mercer, Gloucester and Cumberland Counties** beginning in **January 2024**.

Check the [Family Connects NJ Rollout Schedule](#) to see when Family Connects will be launching in your county.

FAMILY CONNECTS NJ: Nurse Visits Supporting Parents & Newborns at Home

Family Connects NJ is a new program that connects parents with a specially trained nurse for a personalized follow up visit at home within the first two weeks after their child's birth. Visits are offered to all families at no cost, regardless of income, insurance or immigration status.

[Sign Up Today!](#)

All parents of newborns can use a little extra support from a nurse

All New Jersey families who have welcomed a newborn into their lives, whether through birth, adoption, or as a resource parent or kinship caregiver, can receive the support they may need as they navigate the challenges, joys, and adjustments of parenthood. Whether this is your first child, or one of many, every parent can use a little extra support – and **Family Connects NJ** is ready and willing to serve you.

Family Connects NJ is being phased in statewide and may not be available in every county yet. [Check here](#) to see if the program is available in your county! Our mission is to support the well-being of all families by delivering care from specially trained, registered nurses in the comfort of the family home. During the **Family Connects NJ** visit, our nurses assess the health of both the parents and the newborn and offer valuable information during this important transition. Covered areas can include feeding and sleeping tips, connecting parents to helpful resources in their community, or assisting families recovering from the tragedy of stillbirth.

The Benefits of Family Connects NJ

- Care is provided at **no cost to you** in the comfort of the family home and is completely voluntary.
- Services are available to birth, adoptive, and resource families with a newborn as well as parents experiencing a stillbirth or loss of their newborn.
- Nurse visits are initially open to residents of **Essex, Middlesex, Mercer, Cumberland and Gloucester Counties** starting in January 2024*.
- Specially trained registered nurses evaluate health, screen for potential complications, answer questions about welcoming a newborn, and address any unexpected changes families are experiencing.
- Nurses will connect families to community resources based on their specific circumstances.

Family Connects NJ -- 30-Second Explainer



[Click to view 30-Second Explainer in Spanish](#)

Our Vision

Family Connects NJ is an evidence-based support for **ALL** families welcoming a newborn in the State of New Jersey. Family Connects NJ will be there with a helping hand to ensure you and your baby are off to a healthy and confident start.

Schedule Your Visit

Family Connects NJ, and its website, are provided as an extension of postnatal and postpartum care for families in New Jersey welcoming a newborn through birth, adoption or resource home or kinship home placement, or families who have experienced a stillbirth or neonatal loss. Visits ideally occur within two weeks of delivery.

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