

The New Reality

Self isolation across the nation feels like we are trapped in a closed space;

If you were to look outside, you'd barely see a trace

Of humanity.

It's nearly impossible to not drift away into insanity.

Time before COVID-19 seems unreal

And now we must walk through the streets concealed.

While trying to contain this virus that plagued society,

People are perpetually questioning and trying to suppress their anxiety.

My friends all feel miles away,

And until we can meet again, I'm counting day by day.

The thought of becoming ill causes goosebumps on my skin,

However, to ease my nerves, I've picked up hobbies I never knew I'd begin.

Like following a cooking book and learning to sew,

Making new friendships and allowing myself to grow.

Don't let coronavirus stop you from pursuing your aspirations

Keep six feet away but begin laying foundations,

Of a new business or direction in life.

Stop negative emotions from running rife,

And go about your limited time with a powerful stride.

Spread positivity and let people confide,

In you to be their shoulder to cry on,

Give them faith and be their needed phenomenon.

Forty-seven percent of self-isolating individuals are struggling to be optimistic,

So the 2nd Floor Youth Helpline is now working harder than ever to lower this statistic.

Being able to call or text the number 888-222-2228,

Could be the missing aspect people need to rehabilitate.

Coronavirus has taken away major opportunities,

Like prom, graduation, and concerts from unsuspecting communities.

Nevertheless, we must keep a positive outlook

And not dwell on paths we could have took.

Now's the time to read a book, confess to your crush, or talk with others on your phone,

Solely remember that we are apart but never alone.