

Información sobre el nuevo coronavirus

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 Llame al Centro de llamadas de NJPIES para obtener información médica relacionada con COVID: [800-962-1253](tel:800-962-1253)

Gobernador Phil Murphy • Vicegobernadora Sheila Oliver

NJ Inicio | Servicios de la A a la Z | Departamentos/Agencias | **preguntas frecuentes**



STATE OF NEW JERSEY
 DEPARTMENT OF HUMAN SERVICES
 DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

Buscar

[Spanish](#) ▼

Descargos de responsabilidad del traductor

| |
|---|
| ▶ Inicio del DHS |
| ▶ División de Servicios de Salud Mental y Adicciones Inicio |
| ▶ Recursos y servicios para el consumidor |
| ▼ Principales Iniciativas |
| ▼ 988 Línea de Vida de Suicidio y Crisis |
| ▶ Recuperación de desastres |
| ▶ Integración de Atención Primaria y Atención de Salud Conductual |
| ▶ Olmstead |
| ▶ Servicios de apoyo, tratamiento y prevención de opioides |
| ▶ Planificación estratégica |
| ▶ Transición a Tarifa por Servicio |
| ▶ Atención informada del trauma |
| ▶ Bienestar y Recuperación |
| ▶ Desarrollo de la fuerza laboral |
| ▶ Formularios |
| ▶ Proveedores/partes interesadas: contratación, oportunidades de financiación, licencias, avisos públicos |
| ▶ Reglamentos y Boletines Administrativos |
| ▶ Publicaciones/Investigaciones/Informes |
| ▶ Centro de Información/Anuncios |

[DHS Home](#) > [Division of Mental Health and Addiction Services](#) > [Iniciativas principales](#) > 988 Suicide & Crisis Lifeline

988 Línea de Vida de Suicidio y Crisis

¿Necesita soporte ahora?

Si tiene pensamientos suicidas

Si necesita apoyo de crisis relacionado con la salud mental

Si está preocupado por otra persona,

**llame o envíe un mensaje de texto [al 988](tel:988)
 o visite el chat [de la Línea Nacional de Prevención del Suicidio](#)
 para conectarse con un consejero de crisis capacitado.**



Última actualización de 988
 Actualización de 988 (septiembre de 2022).

ATLAS ADDICTION TREATMENT LOCATOR,
 ASSESSMENT, AND STANDARDS PLATFORM
CREATED BY SHATTERPROOF



New Jersey
MentalHealthCares
 1-866-202-HELP(4357)
 Who cares? We do!

- ▶ [¿Qué es 988?](#)
- ▶ [¿Seguirá funcionando el número de teléfono de 10 dígitos de Lifeline?](#)
- ▶ [Lifeline Centers for calls, chats and texts \(available now\)](#)
- ▶ [Mobile Crisis Response \(in development\)](#)
- ▶ [Crisis Receiving and Stabilization Centers \(in development\)](#)
- ▶ [How did 988 get started?](#)
- ▶ [How is New Jersey planning for 988?](#)
- ▶ [Where can I find an overview of 988 information for New Jersey?](#)
- ▶ [Are Frequently Asked Questions \(FAQs\) about 988 available?](#)
- ▶ [If I have questions about 988 in New Jersey who should I contact?](#)
- ▶ [Where can I get more information about 988?](#)
- ▶ [988 Messaging Tool Kit](#)

What is 988?

On July 16th, 988 will become the nationwide 3-digit dialing code for Mental Health Crisis and Suicide Prevention. 988 will connect people to the existing National Suicide Prevention Lifeline. Compassionate, accessible care and support will be available for anyone experiencing mental health-related distress, thoughts of suicide, mental health or substance use crisis. People can also dial 988 if they are worried about a loved one who may need crisis support.

▲ Top

Will the 10-digit telephone number for Lifeline still work?

Yes. The existing phone number for the National Suicide Prevention Lifeline is 1-800-273-TALK (or 8255). This number will continue to be available even after 988 is operational.

▲ Top

Lifeline Centers for calls, chats and texts (available now)

La División de Servicios de Salud Mental y Adicciones (DMHAS) ha estado trabajando con los cinco centros miembros actuales de Lifeline para prepararse para la transición al 988. Cuando llama o envía un mensaje de texto al 988, o chatea a través de <https://988lifeline.org/chat/>, un consejero capacitado lo escuchará, entenderá cómo su problema lo está afectando, le brindará apoyo y compartirá recursos que pueden ser útiles. En Nueva Jersey, DMHAS está financiando centros para ampliar su capacidad de responder al sistema 988



manteniendo centros para ampliar su capacidad de responder al sistema 988 Lifeline. Si un centro de Nueva Jersey no puede responder una llamada, un chat o un mensaje de texto, se enruta a un centro de respaldo nacional.

[▲ Top](#)

Respuesta móvil a crisis (en desarrollo)

DMHAS is developing a statewide Mobile Crisis Response program for situations requiring a mental health response in the community. When this program is operational, Mobile Crisis Outreach Teams will be available to help individuals de-escalate their crisis and access needed resources. Until the Mobile Crisis Response system is in place, existing community services will be available to help people in crisis who contact 988. Once Mobile Crisis Outreach Teams are activated, they will work with and complement current crisis response services.

[▲ Top](#)

Crisis Receiving and Stabilization Centers (in development)

DMHAS is developing Crisis Receiving and Stabilization Centers which will be located throughout the state. These Centers will offer community-based services in a facility designed to meet the immediate needs of people experiencing a mental health or substance use crisis, and provide referrals to other community programs.

[▲ Top](#)

How did 988 get started?

The National Suicide Prevention Lifeline (Lifeline), funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), was established in 2005 as the nation's public safety net for individuals experiencing emotional distress or a suicidal crisis. The current Lifeline system uses a 10-digit telephone number (1-800-273-TALK). Calls are routed to the nearest available Lifeline member center where trained call specialists listen to and assist callers with getting the help they need. The Lifeline provides free and confidential emotional support to individuals in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the U.S.

On July 16, 2020, the FCC issued an order designating 988 as the new Lifeline and Veterans Crisis Line number. It required all U.S. telecommunication providers to activate 988 for all subscribers by July 16, 2022. This meant that every phone in the United States and its territories would then have access to suicide prevention and mental health crisis services via call, chat, and text through a 3-digit dialing code.

[▲ Top](#)

How is New Jersey planning for 988?

The State of New Jersey has a strong acute care and crisis response system currently in place. In January of 2021, DMHAS received a Planning Grant from Vibrant Emotional Health to prepare for the development of appropriate infrastructure and operations necessary for the full implementation of 988. And now, DMHAS is working with an array of stakeholders to develop and implement additional programs that will establish the 988 system as a statewide, comprehensive mental health response to people experiencing a suicidal, mental health or substance use crisis.

[▲ Top](#)

Where can I find an overview of 988 information for New Jersey?

Valerie Mielke, Comisionada Asistente, División de Servicios de Salud Mental y Adicciones, hizo una presentación que brinda una descripción general de 988. Haga clic en este enlace para ver la presentación de la Comisionada Asistente Mielke. [988 Presentación general](#)

[988 Actualización \(septiembre de 2022\).](#)

[988 Resumen PowerPoint \(imprimible\)](#)

[988 PowerPoint actualizado \(imprimible\)](#)

[▲ Top](#)

¿Están disponibles las Preguntas frecuentes (FAQ) sobre 988?

Este es un enlace a información general de la Administración de Servicios de Salud Mental y Abuso de Sustancias (SAMHSA) que supervisa el 988 para el gobierno federal. [988 Preguntas frecuentes | SAMHSA](#)

[▲ Top](#)

Si tengo preguntas sobre el 988 en Nueva Jersey, ¿a quién debo contactar?

Envíe un correo electrónico al equipo de NJ 988 a 988Questions@dhs.nj.gov.

[▲ Top](#)

Where can I get more information about 988?

[SAMHSA 988 Suicide and Crisis Lifeline](#)

[The Promise of 988: Crisis Care for Everyone, Everywhere, Every Time](#)

[▲ Top](#)

988 Messaging Tool Kit

[988 Brochure - English](#)

[988 Brochure - Spanish](#)

[988 Flyer - English](#)

[988 Flyer - Spanish](#)

[988 Socials Pre-July 16 - English](#)

[988 Socials Pre-July 16 - Spanish](#)

[988 Socials Post-July 16 - English](#)

[988 Socials Post-July 16 - Spanish](#)

[988 Wallet Card](#)

[▲ Top](#)



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