

Child Nutrition Programs

Common Questions about Returning to Normal Operations

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Summer Food Service Program (SFSP) and Seamless Summer Option (SSO)

Nationwide waivers provided flexibilities to help millions of children receive nutritious summer meals during the COVID-19 pandemic. As these waivers end, the service of summer meals may look different for children and their families. Here are some examples of common questions you may receive from parents or guardians about changes in how their children receive meals this summer.

[Why do kids have to eat their meals at the site?](#)

- To keep children and staff safe during the first two years of COVID-19, children did not have to eat at the site.
- This summer, the program is returning to the normal rules that were in place before COVID-19. The rules require children to sit and eat meals together at the site.

[Can kids take meals home?](#)

[Can you deliver meals?](#)

[Why are different types of meals are served at different times during the day?](#)

[Why are some sites that were open last summer not open this year?](#)

Child and Adult Care Food Program (CACFP)

Nationwide waivers provided flexibilities to help millions of children, young people, and older adults receive nutritious meals during the COVID-19 pandemic. As these waivers end, the service of CACFP meals may look different to families who have relied on the nutritious food CACFP provides for children and adults in day care. Here is information to help answer questions about changes in meals served in day care homes, child care centers, afterschool centers, and adult day care centers.

[Why do meals have to be eaten at the day care?](#)

[Can meals be taken home?](#)

[Can you deliver meals?](#)

[Why are different types of meals served at different times during the day?](#)

[Why do parents of children in day care homes have to fill out meal benefit forms?](#)

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