

[Home](#) / [Worker Protections](#) / [Worker Rights](#) / Retaliation protections

Retaliation protections



Retaliation occurs when an employer penalizes an employee for asserting their workplace rights. To assert your rights, it can be as simple as privately speaking with human resources about how you are being treated, or it can be as strong as filing a complaint in court against your employer. You have a right to **learn** about your rights, to **question** how those rights are applied to you, to **report** violations of those rights, and to **demand** those rights **without interference** from your employer in

asserting those rights.

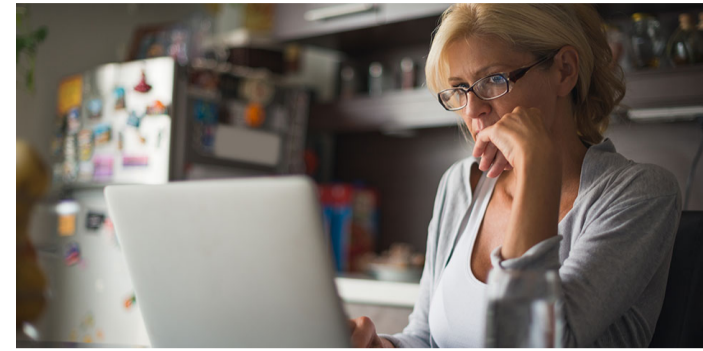
What forms can retaliation take?

How am I protected in my workplace from retaliation?

What state law protects me from discrimination?

What should I do if I am being retaliated against?

Is my personal information protected if I file a complaint or am a witness in a case?



How to report retaliation

If you believe you have been retaliated against and would like to file a complaint or seek further information you can contact the Department at:

NJ Division of Wage & Hour Compliance
 PO Box 389
 Trenton, NJ 08625-0389
 (609) 292-2305
wage.hour@dol.nj.gov

You can also file a wage and hour complaint:

- [Online through our secure system](#)
- [By mail or fax](#)

More resources and information



[Our commitment to immigrant and refugee communities](#)

Department of Labor and Workforce Development

Home

File or Access Your Claim

Temporary Disability Insurance
 Family Leave Insurance
 Maternity Leave
 Unemployment Insurance
 Social Security Disability

Worker Protections

Your Rights at Work
 Workers' Compensation
 Safety and Health
 Wage & Hour Compliance
 Paid Sick Leave

Career Support

Career Services
 Training Provider Information

Employer Services

Employer Accounts
Employer Self-Service (NLx)
Layoffs and Closings
Wage & Hour Compliance
Business Support
Apprenticeship
Industry Partnerships
Employer Poster Packet

Research & Information

Labor Market Information
Center for Occupational Employment
Information (COEI)
Grant Opportunities
Workforce Innovation &
Opportunity Act (WIOA)
Legal Notices
Press Releases

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Department of Labor

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