

Anthony

How has your life changed since March as a result of the COVID-19 pandemic?

A. A lot mentally I feel like I need to be more prepared.

2) What were the main or most trusted sources you received information about COVID-19 from? How did you act upon the information you received? Have you developed any new sources of information? A. The news on TV or social media.

3) What was the hardest/biggest challenge for you or your family during/amidst COVID-19?

A. The gym was not open, I usually go there daily.

4) In what ways did you address the challenges of COVID-19? What challenges do you expect will remain postCOVID-19?

A. I ended up buying gym equipment.

5) Who were your allies? Who were you able to lean on?

A. My Uncle, Mom and family.

6) What were your greatest sources of strength? Where/when did you feel less strong?

A. Myself and my self-motivation. After COVID shutdown everything I felt less strong.

7) What brought you/Where did you find happiness?

A. I bought a dog.

8) What brought you/Where did you find sadness?

A. Not going to the gym.

9) What were your greatest disappointments as a result of the pandemic?

A. Not being able to go to the gym.

10) What surprised you about the pandemic?

A. Yes.

11) What are your greatest fears moving forward?

A. That everything is going to get shutdown again.

12) Please describe one act of kindness that was done for you. A. My best friend helped me with my car.

13) Please describe one act of kindness that you did for someone else.

A. I didn't have an opportunity, I was too busy taking care of my new dog.

14) Did you have any conversations with healthcare or other service providers about COVID19? What did this conversation look like? Who said what? A. No.

15) What COVID-19 resources are you aware of, or have you benefited from?

A. Unemployment and the Covid relief money.

16) Do you know where you can get tested for COVID-19?

A. No

17) Do you think that all communities have been treated equally during COVID? Were there populations who were favored over others?

A. No. I don't know.

18) Who do you think was left out of NJ's emergency COVID response? Why were they left out?

A. I am not sure.

19) What do you think NJ could have done better? A. I think they did a good job.

20) If there was one thing that you or someone else could have done differently, what would it be?

A. I don't know.

21) Is there anything else you would like to share that was not asked? A. No.