


[◀ Back to Home Page](#)

Where can I get legal help?

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General Legal Services

[Legal Services of New Jersey](#) (LSNJ) provides low-income New Jerseyans with free legal help on a variety of issues including domestic violence, housing, taxes, employment, bankruptcy, and more.

For free legal help, visit [LSNJ's hotline](#) online or call 1-888-576-5529.

In addition, you can [contact the LSNJ office in your county](#).

Defending Your Civil Rights

The [New Jersey Law Against Discrimination \(LAD\)](#) is one of the most comprehensive anti-discrimination laws in the country.

Under the law, you are protected from discrimination and harassment based on your gender identity and gender expression, including being transgender, non-binary, or gender non-conforming.

You are also protected from discrimination and harassment based on your race, national origin, religion, and disability when it comes to employment, housing, and places open to the public including businesses, schools, medical providers, etc.

In addition, an employer, housing provider, or place of public accommodation must not discriminate and must take action to stop such harassment if it knows or should have known about it.

To learn more about your civil rights and your legal protections, [refer to this article](#).

If you believe your civil rights were violated, you can [file a complaint](#) with the [NJ Division on Civil Rights](#) within 180 days of the incident.