

NJDMAVA HIGHLIGHTS

DECEMBER 23, 2015



LEARNING ABOUT THE THREAT



Maj. Drew Eisenhofer, right, 108th Wing Inspector General instructs students on the aspects of the SA-7 Grail surface-to air missile system at the Air Force Expeditionary Training Center at Joint Base McGuire-Dix-Lakehurst, N.J. Dec. 16, 2015. According to Eisenhofer, it's important for the students, who are from vari-

ous Air Force intelligence Specialty Codes, to know how surface-to air missile systems work because it's their job to brief aircrews on these type of threats. (U.S. Air National Guard photo by Master Sgt. Carl Clegg, Released)

Cover: He's on his way

A screen capture from a North American Aerospace Defense Command video about the NORAD Tracks Santa website www.noradsanta.org. Starting at 12:01 a.m. MST, Dec. 24, website visitors can watch Santa make preparations for his flight. NORAD's "Santa Cams" will stream videos as Santa makes his way around the world delivering presents. (U.S. Air Force photo/Released)

Veterans Outreach Campaign

Veterans Outreach
Campaign and Medal
Ceremony
Jan. 26 – 28
10 a.m. – 8 p.m.
DMAVA medal ceremony Jan. 26
at 11 a.m. at Center Court
Quaker Bridge Mall
150 Quakerbridge Road,
Lawrenceville, NJ 08648

E-mail your
Highlights
submissions to:
[mark.olsen@
dmava.nj.gov](mailto:mark.olsen@dmava.nj.gov)
by close of
business
Wednesday

35 years of volunteerism

Photos by Mark C. Olsen, New Jersey Department of Military and Veterans Affairs Public Affairs

Dottie and Friends made their annual holiday visit at the New Jersey Veterans Memorial Home at Vineland, Dec. 15, 2015. Every December, for the last 35 years, Dottie Cullen and her group of volunteers have brought cheer and gifts to the Home's residents. This year, Cumberland Composite Squadron Civil Air Patrol cadets performed the flag folding ceremony; The Boys and Girls Club of Vineland sang holiday songs and local dance academies performed for the veterans. Photos clockwise: Dottie Cullen, right, holds hands with a Veterans Home resident. Residents listen as members of the Boys and Girls Club of Vineland sing the 12 Days of Christmas. Santa Claus, right, shakes hands with a resident. A Memorial Home staff member and a Civil Air Patrol cadet pass out pastries to Home residents. A resident smiles for the camera.



NORAD TRACKS SANTA: A 60-YEAR TRADITION

By Master Sgt. Mark C. Olsen, 108th Wing Public Affairs

In 1955, the Cold War was eight years old.

Tensions between the United States and the Soviet Union were high.

Joseph Stalin was dead, Nikita Khrushchev had taken his place, the Warsaw Pact had been created and the Continental Air Defense Command (CONAD) – NORAD's (North American Aerospace Defense Command) predecessor – had been established with the mission of "defending the United States against air attack." This was all part of President Dwight D. Eisenhower's New Look Policy toward containing the Soviet threat.

At the CONAD operations center in Colorado Springs, Colo., there was a direct line phone to the center's director of operations. Its purpose: To inform CONAD that United States was at war with the Soviet Union.

In December 1955, the phone rang.

Fortunately for Col. Harry Shoup, the director of operations, the United States had not gone to war with Russia. Instead of the President, it was a little girl in Colorado Springs. The child, who was following the directions in a Sears Roebuck & Co. advertisement printed in a local newspaper.



It started with this advertisement.

The ad read: "Hey, Kiddies! Call me direct and be sure and dial the correct number." The number in the advertisement was one digit off and instead of getting the local department store it went directly to CONAD.

The child asked Shoup if he



Col. Harry Shoup, Air Defense Command Director of Operations. (U.S. Air Force photo/Released)

was Santa Claus.

Shoup paused, but he recovered and replied, "Yes, I am."

More calls started coming in. Shoup eventually had his Airmen take over telling them that they now had an additional duty: Whoever answered the phone was Santa Claus.

Sixty years later, the tradition continues.

Beginning Dec. 1, visitors can visit www.noradsanta.org. The website features a mobile version, a holiday countdown, new games, daily activities and is available in eight languages: English, Spanish, German, French, Italian, Chinese, Japanese and Portuguese.

Official NORAD Tracks Santa apps are available in the Windows, Apple and Google Play stores, so parents and children can countdown the days until Santa's launch on their smart phones and tablets.

Tracking opportunities are also offered on Facebook, Twitter, YouTube and Google. Santa followers can go to any of these sites and search for "@noradsanta" to get started.

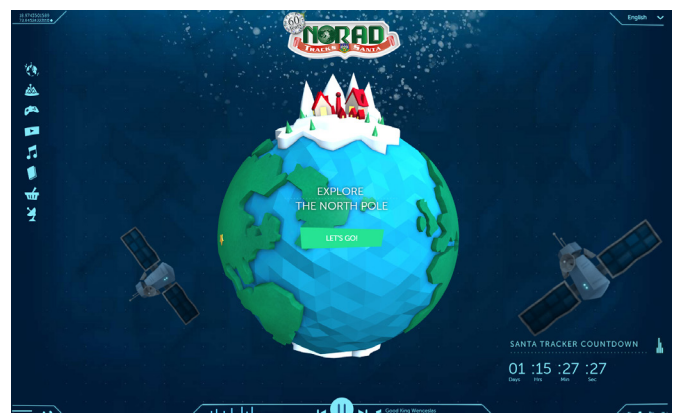
On Dec. 24, the

website will be on duty as Santa Claus makes his way around the world.

Starting at 12:01 a.m. MST on Dec. 24, website visitors can watch Santa make preparations for his flight. NORAD's "Santa Cams" will stream videos as Santa makes his way around the world delivering presents.

At 4 a.m. MST– 6 a.m. EST, trackers worldwide can speak with a live phone operator to inquire as to Santa's whereabouts by dialing the toll-free number 1-877-Hi-NORAD (1-877-446-6723) or by sending an email to noradtrackssanta@outlook.com.

Now the most important part is making sure you are on Santa's "Nice" list.



Screenshot of the official Santa Tracker website: www.noradsanta.org. Less than two days until Santa visits your home.

Across the State



Stars and Stripes

Staff Sgt. Ryan Woods, 108th Maintenance Squadron, takes down the Stars and Stripes prior to the 108th Wing, annual commander's call at Joint Base McGuire-Dix-Lakehurst, N.J., Dec. 12, 2015. The Wing's primary mission is to provide Global Reach and Global Power. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)

Legion donates TV

Frank Ferguson, right, American Legion Father and Son Post 435, presents a 48-inch TV set for the New Jersey Veterans Memorial Home at Menlo Park to CEO Joseph Brandspiegel. The TV is for the Home's smoking room, which was built 12 years ago by funding Ferguson had raised. (Courtesy photo)



12 DAYS OF FITMAS

From Guard Your Health

12 DAYS OF FITMAS

DAY 1

1-MINUTE
WALL SIT
REPEAT THREE TIMES



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 2

TWO x 45-SECOND
PLANKS



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 3

3 SETS OF 25
JUMPING JACKS



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 4

4 SETS OF 25
CRUNCHES



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 5

FIVE x 15-SECOND
SIDE PLANKS
ON EACH SIDE



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 6

SIX
STAR JUMPS



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 7

SEVEN
CHAIR DIPS
REPEAT SEVEN TIMES



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 8

EIGHT
LUNGES
ON EACH SIDE
REPEAT FOUR TIMES



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 9

NINE
PUSH-UPS
REPEAT FIVE TIMES



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 10

TEN
SQUATS
REPEAT FIVE TIMES




 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

DAY 11

ELEVEN
MOUNTAIN CLIMBERS
REPEAT THREE TIMES



 guardyourhealth.com/merry-fitmas #MerryFitmas

12 DAYS OF FITMAS

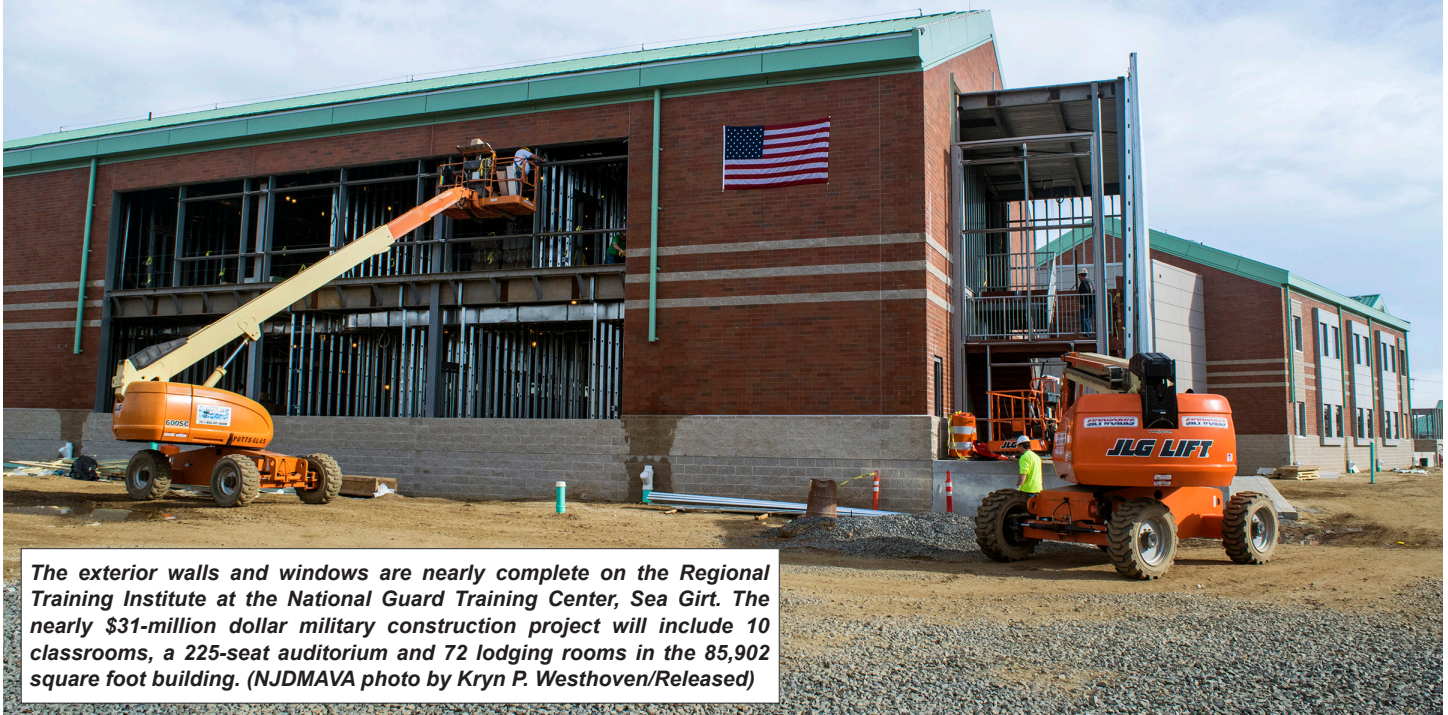
DAY 12

TWELVE
HIGH KNEES
REPEAT FIVE TIMES



 guardyourhealth.com/merry-fitmas #MerryFitmas

RTI construction takes shape



The exterior walls and windows are nearly complete on the Regional Training Institute at the National Guard Training Center, Sea Girt. The nearly \$31-million dollar military construction project will include 10 classrooms, a 225-seat auditorium and 72 lodging rooms in the 85,902 square foot building. (NJDMAVA photo by Kryn P. Westhoven/Released)

<p>New Jersey Department of Military and Veterans Affairs PO Box 340 Trenton, NJ 08625-0340 1-888-8NJ-VETS(8387) or www.state.nj.us/military</p>		<p>Raymond L. Zawacki, Deputy Commissioner for Veterans Affairs (609-530-7062) Cheryl Henderson, Executive Secretarial Assistant (609-530-7045) Chuck Robbins, Assistant to DCVA/Outreach Coordinator (609-530-6855)</p>
Fax: 609-530-7191		

Veterans Healthcare Services (DVHS)			
Brigadier General Steven Ferrari, Director 609-530-6967 Donna Myers, Sec 609-530-6766 Virginia Fiess, QA Coordinator 609-530-6979 Fax: 609-530-6970	Mento Park Veterans Memorial Home Joseph Brandspiegel, CEO Jennifer Pajak, Sec 132 Evergreen Road, PO Box 3013 Edison, NJ 08818-3013 732-452-4102 Fax: 732-603-3016	Paramus Veterans Memorial Home Dianne Tabron-Felder, CEO Diane Callaghan, Sec 1 Veterans Drive Paramus, NJ 07652 201-634-8525 Fax: 201-967-8658	Vineland Veterans Memorial Home Boris Reissek, CEO Sharon Davis, Sec 524 North West Boulevard Vineland, NJ 08360-2895 856-405-4207 Fax: 856-696-6714
Veterans Services (DVS)			
Albert J. Bucchi, Director 609-530-6962 Cynthia Barnes, Sec 609-530-6975 Fax: 609-530-7075	Brigadier General William C. Doyle Veterans Memorial Cemetery Iven Dumas, State Supt – 609-738-2424 Genia DiBella, Sec – 609-738-2404 Cyndi Dzurisin, Interment Office Supervisor – 609-738-2407 Dennis Macomber, Honor Guard – 609-738-2407 350 Provinceline Road, Wrightstown, NJ 08562 609-738-2400 Fax: 609-758-0169 Maintenance/Cemeteries/Memorials Joseph Arroyo & Kenneth Smith Supervisor, 609-738-2408 Fax: 609-758-3490	Vietnam Veterans Memorial 1 Memorial Lane, PO Box 648, Holmdel, NJ 07733 732-335-0033 Fax: 732-335-1107 Korean Memorial Boardwalk/Brighton Park, Atlantic City, NJ 08401 War World II Memorial W State Street, Trenton, NJ 08608	Veterans Haven South Walter Nall, Supt – 609-561-4948 Vacant, Asst, Supt – 609-567-3715 301 Spring Garden Road, PO Box 80 Winslow, NJ 08095 609-561-0269 Fax: 609-567-5186
Veterans Service Offices Joseph Bucco, State Supervisor – 609-530-6830 Christopher Wambach, State Supervisor – 609-530-6863 Joseph E. Nyzio, VSO – 609-530-6857 VA Regional Office/Philadelphia Charles Pasco, VSO – (Mon, Wed, Alternate Fridays) 5000 Wissahickon Avenue, Philadelphia, PA 19144 856-853-4184/4185/4186		Veterans Haven North Sean VanLew, Supt – 908-537-1960 Laura Blaine, Sec – 908-537-1963 200 Sanatorium Road, Suite 101 Glen Gardner, NJ 08826 908-537-1999 Fax: 908-537-1990	
State Approving Agency-GI Bill Programs Charles Rowe, Bureau Chief – 609-530-6842 Marisol Meyer, Education Prog Asst – 609-530-6849 Lynn Yesalonina, State Admin – 609-530-6858 Joan Edwards, State Admin – 609-530-6948 Fax: 609-530-7196	Veterans Benefits Bureau Patricia A. Richter, Bureau Chief – 609-530-6949 Elizabeth Schofield, Prin Staff Officer – 609-530-6954 Paul Kale, Staff Asst – 609-530-6826 Vacant, Sec – 609-530-6868 Michele Johnson, Sec – 609-530-7035 Fax: 609-530-6970	Burlington Matthew Still, VSO Bernadette Whitman, Sec 555 High Street, Suite 6A, Mt. Holly 08060 609-518-2273/2274 Fax: 609-518-2275	
Atlantic City/Cape May Nicholas Petrozzino, VSO Sherri Morris, Sec 1008 Absecon Boulevard, Atlantic City 08401-1999 ~ (Atlantic City Army) 609-441-3060/3061 Fax: 609-441-3899 (closed alternate Fridays)	Bergen/Passaic Richard Mannes, VSO Titus Osuagwu, Sec 125 State Street, Suite 109, Hackensack 07601-5435 201-996-8050/8051 Fax: 201-996-8009	Hudson Vacant, VSO (Robert Maulano-Tuesday/Thursday) Michael Dorobis, Sec 678 Montgomery Street, 2nd Floor, Jersey City 07306 ~ (Jersey City Army) 201-536-3401 Fax: 201-536-3404 (closed alternate Fridays)	
Camden/Gloucester Joseph Frost, VSO Charles Piscopo, VSO (Tuesdays and Thursdays) Diane Rosci, Sec 658 N Evergreen Avenue, Woodbury 08096 ~ (Woodbury Army) 856-853-4184/4185/4186 Fax: 856-384-3781 (closed alternate Fridays)	Essex/Union Robert Maulano, VSO Shelley Darby, Sec 20 Washington Place, Room 439, Newark 07102-3174 973-297-3230 Fax: 973-648-2356	Monmouth Peter J. Midgley, VSO Rita Hyland, Sec 630 Bangs Avenue, Suite 320, Asbury Park 07712-6904 732-775-7009/7005 Fax: 732-775-3612	
Mercer William McDonnell, VSO Theresa Tomecheck, Sec 151 Eggerts Crossing Road, Room 136, Lawrenceville 08648 ~ (Lawrenceville Army) 609-671-6697/6696 Fax: 609-671-6698	Middlesex/Somerset Joseph Battito, VSO Vacant, Sec 1060 Hamilton Street, Somerset 08873 ~ (Somerset Army) 732-937-6347/6348 Fax: 732-937-6417 (closed alternate Fridays)	Salem/Cumberland Leigh R. Pottle, VSO Catherine Raniolo, Sec 524 Northwest Boulevard, Vineland 08360-2895 856-405-4388/4390/4389 Fax: 856-696-6499	
Newark Liaison/VA Regional Office Vacant, VSO 20 Washington Place, Room 431 Newark 07102-3174 973-297-3336 Fax: 973-642-0830	Ocean Vacant, VSO Robin Mitchell, Sec James J. Howard Outpatient Clinic 970 Route 70, Brick 08724-3550 732-840-3033/3034 Fax: 732-840-0399	Southern Ocean County Resource Center Nicholas Petrozzino, VSO (Thursday only) 179 South Main Street (Route 9) Manahawkin, NJ 08050 609-978-5895 Fax: 609-978-6446	
Sussex/Morris William Robinson, VSO 479 West Clinton Street, Dover 07801 ~ (Dover Army) 973-366-0245/8347 Fax: 973-366-0360 (closed alternate Fridays) *Sussex, 12 Munshurst Road, Franklin 07416 (Thursday/Friday) 973-827-4020 Fax: 973-827-4024 ~ (Franklin Army)	Warren/Hunterdon *Sibley Smith, VSO/Ombudsman Lisa Szymanski, Sec 200 Sanatorium Road, Glen Gardner, NJ 08826 908-537-0831/0832 Fax: 908-537-0833 *Flemington, 4 Gauntt Place, Flemington, 08822 (Wednesday) 908-284-6146		

The Department of Veterans Affairs Claims Clinic

for
Veterans, Dependents and Survivors
*"Enhancing the Veteran
Experience"*

*Hosted by Michael Blazis
Director, Newark Regional Office
&
Trenton Vets Center*

WHERE: Trenton Vets Center

934 Parkway Avenue #201
Ewing, NJ 08618

WHEN: Tuesday, January 26, 2016/Noon – 4PM

Who should come? Veteran, Servicemembers and dependents of who are interested and eligible to receive VA benefits and entitlements

****This is a great opportunity to get information about VA benefits and entitlements, submit a claim for benefits or receive information about the status of your pending VA claim****

This event is open to the public

For more information contact Jennifer Myers at 973-297-3384



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The Adjutant General

Raymond Zawacki
Deputy Commissioner for Veterans Affairs

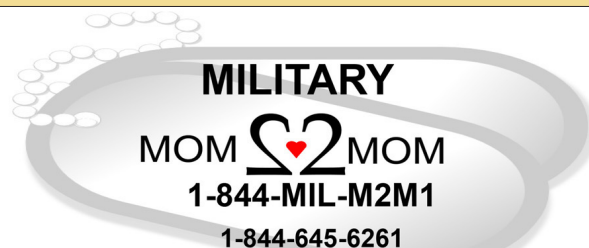
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The Military "MOM 2 MOM" Peer Helpline Program

By dialing 1-844-MIL-M2M1 (1-844-645-6261) Military MOM 2 MOM helpline program a military parent will receive the following services;

Military Mom 2 Mom Peer Support- Military M2M Peer Supporters will be available to provide telephone peer support to callers in need. Military family members trained in peer counseling and crisis support will offer peer support, explain resources, and explore your needs. Military Mom 2 Mom peer support is also available through our website for a live chat experience online.

Military Mom 2 Mom Clinical Assessment – Military M2M Clinicians will be on the helpline as part of the team of clinical professionals available to do telephonic assessment and gauge the depression, anxiety, and family & marital issues, etc. that may be impacting your life.

Military Mom 2 Mom Network- A Military M2M database of specially trained service providers will be available for referrals for your mental health needs.

Military Mom 2 Mom Support Groups- Within your communities Mom Peer Supporters will be available for Military Mom 2 Mom support groups.



THE HEALTHCARE
FOUNDATION OF NJ
Founded by the Jewish community

1-844-MIL-M2M1
1-844-645-6261

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(1-866-VETS-NJ4)

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www.njveteranshelpline.org

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