

## 988 Suicide & Crisis Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

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### SPECIAL ANNOUNCEMENT

#### NEW: 988 Lifeline Committees

The 988 Lifeline recently launched committees to provide a consistent, cooperative body of advisors that will offer feedback and recommendations in support of the Lifeline's mission-driven project goals and objectives. If interested, please submit an interest form by 6/15/23.

[LEARN MORE](#)

Anyone could be struggling with suicide. Find more specific resources below.

[INDIVIDUALS WITH NEURODIVERGENCE](#)



READ STORIES OF HOPE & RECOVERY

### What Happens When You Call The Lifeline?

#### Everyone Plays A Role In Suicide Prevention

Here are some helpful links:

[GET HELP NOW](#)

[HELP YOUR LOCAL CENTER](#)

[JOIN THE NETWORK](#)

[PROMOTE THE LIFELINE](#)

Get resources for yourself or be the difference for a loved one by offering support and understanding.

**HELP YOUR LOCAL CENTER**

Lifeline centers range across the U.S. and rely on state and local funding to operate. Find out how you can help.

**JOIN THE NETWORK**

Local crisis centers can support the fight against suicide by joining the Lifeline's national network.

**PROMOTE THE LIFELINE**

Spread the word about the Lifeline's free, confidential, 24/7 services and raise awareness for suicide prevention.

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**CHAT WITH LIFELINE**

**Have A Question?**

See if we've answered it on our FAQ page!

FREQUENTLY ASKED QUESTIONS

ABOUT

FAQ

CONTACT US

DONATE

MEDIA RESOURCES



Ayuda En Español | Info For Deaf & Hard of Hearing

