

The Help Group's



Affirming support for LGBTQ+ young people and their families



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## KALEIDOSCOPE



Kaleidoscope supports LGBTQIA+/Questioning youth, young adults and their families in building healthy relationships, strong social connections and critically needed life skills. Through high quality, innovative programming, using the latest research and evidence-based programs, our mission is to help each person realize their unique potential and thrive!

Kaleidoscope Promo Reel



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Individual Therapy Services



LGBTQ+ Youth & Young Adult Support Groups



Parent/Caregiver Support Groups

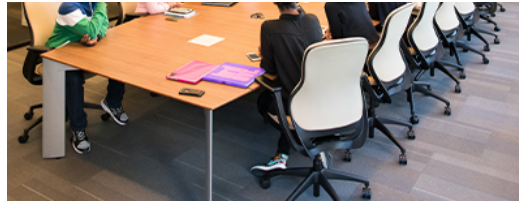


Individual Coaching

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### Training & Presentations



### Events

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kaleidoscopelgbtq

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