VOL. XXIV

MARCH 1983

NO. 1

#### VINELAND STATE SCHOOL SEEKS ACMRDD ACCREDITATION

Vineland State School has begun the process of seeking AC-MRDD accreditation (Accreditation Council for Services for Mentally Retarded and other Developmentally Disabled persons). The Department of Human Services voluntarily decided to request an AC-MRDD review in an effort to strengthen its commitment to the welfare of all clients.

Vineland State School is the first and presently the only State School in New Jersey to apply for this ambitious accreditation.

AC-MRDD accreditation is one of the highest, if not the highest, standard that a facility for mentally retarded people can hope to meet. The  $\overline{\text{AC-MRDD}}$  is sponsored by such organizations as the American Association on Mental Deficiency, the Council for Exceptional Children, and the National Association of Private Residential Facilities for the mentally retarded.

Even though the visit from the AC-MRDD Survey Team is still several months away, we have



ABOVE: Where's the snow? Nadine Gompf is ready with her skis, and coach Pearla Gadsden has the answer. See "New Olympic First" in the West Campus section of the V.S.S. News.

formed a committee to review the AC-MRDD Standards and examine and improve the status of our compliance. Members from our own Committee will be meeting with AC-MRDD representatives the second week in March for training and further orientation.

This first training session will be the forerunner of many training classes which will subsequently be held at both East and West Campuses. Because the AC-MRDD standards apply to all aspects of our school, training sessions will be offered to a broad cross-section of our staff.

When a school wishes to participate in the review process, it is strictly on a voluntary basis. Vineland will, in the truest sense, be working for the betterment of the clients it serves. AC-MRDD standards endorse and promote services which meet or exceed State and Federal laws.

Presently, there are two types of services available in New Jersey State Schools. One is an ICF/MR (Intermediate Care Facility/Mentally Retardation) and the other is the traditional State Cont. on p.4









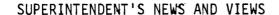




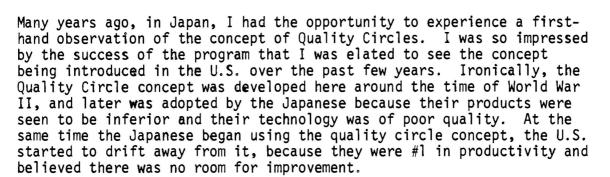








Dr. Miguel D. Cruz Superintendent



Recently, I asked for a pilot project here on the East Campus and now I feel the time is right to officially introduce a Quality Circle program. I would like to convey some thoughts and expectations on the subject. The main purpose of quality circles is to get the employees involved in resolving problems and improving service. It is a foolish manager who believes that only management can come up with effective solutions to problems. The intellectual resources of all employees are valuable in tackling operational problems.

Quality circles allows employees to gather facts, look at what the problem is, make suggestions to improve the problem, and show management what the cost savings are. Four goals I see for the Quality Circle Program at Vineland State School will be:

- . Improvement in client care services.
- . Improvement in Institution-wide communications.
- . Improvement in morale and job satisfaction.
- . Improvement in cost containment and efficiency.

Membership in a circle is strictly voluntary. Groups consist of 4-10 members who are a range of people from a particular work area. Each circle has a "facilitator", who does not take part in the decision making process but is there to assist the employees in the group.

The most positive point in my mind about circles is that they allow employees to solve their own problems. Instead of management going into the work area and telling the staff they want input on problems, the staff puts its time and effort into coming up with a solution.

At Vineland State School, Quality Circles will be introduced by a team of consultants who have experience in assisting in the development of highly successful programs.

I am asking for your full support in this program. Let us have an open mind to see the possibilities in this new endeavor and not be paralyzed by the difficulties to be overcome.



#### NEWS FOR YOU FROM

#### EMPLOYEES ASSOCIATION

dance will be held on Friday, May 6, 1983 at Merighi's Savoy Inn. A Dutch treat cocktail hour will begin at Dinner will be served at 7:30 p.m. Music 6:30 p.m. for dancing will follow the awards presentations.

The evening promises to be enjoyable with good food, lots of fun and the recognition of employees by their families, friends and fellow employees for their service to V.S.S. See your area representative as soon as possible for ticket information.

The following employees are due service awards at the dinner. If you feel your name has been omitted, please contact Mrs. Judy Cervini at extension 6130.

#### 30 YEARS

David M. Baxter Edward G. Quairoli

#### 15 YEARS

Catherine Bacque Shirley A. Bailey Dorothy Battle Eddie D. Bell Ruth Bev Frank Bianchi Ann May Bratmeyer Roberta D. Burrell Sarah Cook Alice M. Curry Maggie Dickens Emma E. Finney Cathy R. Gabrielle John Janiszewski Elsie Jones Rosetta J. Jones

Max Kaiser Dorothea Keim

Sandora King Claudius Maldonado Catherine Martin Joseph A. Morrello

Michal Onvsko Rosemarie Peek

Bernardo O. Peralta

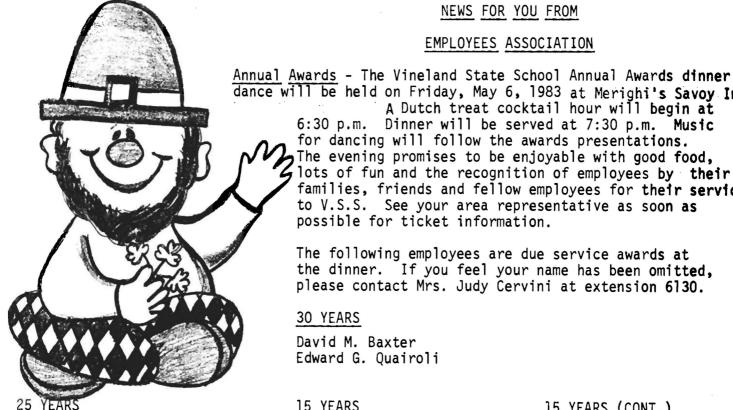
Mary Petro Laura M. Pizzo

#### 15 YEARS (CONT.)

Blanche Pierantozzi Almena Scarbrough William Sinski Sadie Southworth Ligia Caino Torres Rosa M. Warren Hannah Washington Leola Webb Theodore Webb Mindelle G. White

#### 10 YEARS

Mary Allen Frank Appling Jane Bajewicz Christine Baker Anna Bell Ellen R. Bleda Sharon A. Blount Vera Lee Bonds Annie Lee Bowyer Dennis Branin Ida Mae Brelsford Louis Bush Donna R. Campagna Denise Capizola



Mandener Brodie Mary Barbara Byrne Benjamin D'Augustine Jean L. Fox Grace Krokos Harriet B. Levin Rachel L. Pierce Natalie J. Stokes

#### 20 YEARS

Josephine Baruffi Kenneth P. Behler Claudia Cavagnaro Murrell P. Ciprich John R. Davis Emma Hyett Mary Lou Jackson Janet Johnson Anna R. Kelley Elizabeth L. Kling Robert Lewis Jr. Irene Ragone Dorothy Robinson James Rowe Jr. James R. Thames Anita K. Vanaman

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#### ACMRDD ACCREDITATION - Cont. from front page

ICF/MR services must meet both State and Federal standards with regard to care, housing, and staffing. Where State standards for care exclusively apply, the facility, unit or cottage is often referred to as a non-ICF unit.

All State Schools, Vineland included, are governed by these comprehensive and detailed rules, laws, and regulations whether they are ICF/MR or non-ICF. However, the regulations that govern us are not collected into any one single document. AC-MRDD describes what services, staffing, and environmental standards are needed to best serve mentally retarded clients and does so in one booklet.

The AC-MRDD process allows us to assess our total operation in a comprehensive way. AC-MRDD also suggests improvements that we may make that are not required by law. We look forward to the challenge of improving client services and welfare and know ultimately the measure of our success is not in what is said but what is done.

AC-MRDD encourages community participation and this is in keeping with Vineland State School's long standing wish to see active community involvement. As we begin the survey process, we again renew our invitation to the friends and family of our clients, to our staff, and to all concerned citizens in the community to join with us in improving our client's quality of life.

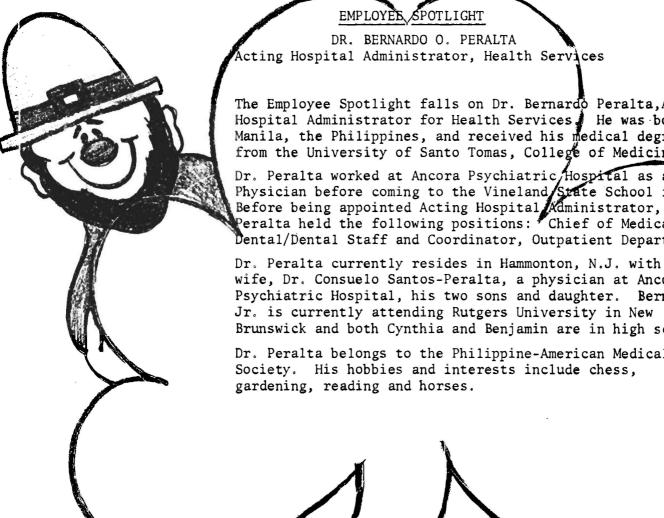
James R. Thames, Asst. Superintendent, West Campus

The Employee Spotlight falls on Dr. Bernardo Peralta, Acting Hospital Administrator for Health Services ! He was born in Manila, the Philippines, and received his medical degree from the University of Santo Tomas, College of Medicine.

Dr. Peralta worked at Ancora Psychiatric, Hospital as a Staff Physician before coming to the Vineland State School in 1978 Before being appointed Acting Hospital Administrator, Dr. Peralta held the following positions: Chief of Medical, Dental/Dental Staff and Coordinator, Outpatient Department.

Dr. Peralta currently resides in Hammonton, N.J. with his wife, Dr. Consuelo Santos-Peralta, a physician at Ancora Psychiatric Hospital, his two sons and daughter. Bernardo, Jr. is currently attending Rutgers University in New Brunswick and both Cynthia and Benjamin are in high school.

Dr. Peralta belongs to the Philippine-American Medical Society. His hobbies and interests include chess, gardening, reading and horses.



**MARCH 1983** 

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### C O O K ' S C O R N E R

Submitted by: Susan Ridgeway

HCTS/East Cottage

Mix together:

#### CHOCOLATE SURPRISE CUPCAKES

3 cups flour 2/3 cups oil
2 cups sugar 2 cups water
1/2 cup cocoa 2 tblsp. vinegar
1 tsp. salt 2 tsp. vanilla
2 tsp. baking soda

Fill cupcake pans (lined with cupcake

Mix Together Until Fluffy:

1 8 oz. pkg. cream cheese

1/3 cup sugar

papers) 2/3 full

1 egg

1/4 tsp. salt

Stir in 6 oz. chocolate bits

Drop one heaping teaspoon of mixture into each cupcake. Bake at 350° for 25 min.

Frost if desired.



#### CREAMY RICH CHOCOLATE FROSTING

1/4 cup milk

6 oz. chocolate bits

1 tsp. vanilla

1/4 cup butter

2 1/2 cups 10X sugar

Combine milk and butter in pan; bring to boil. Remove from heat. Blend in chocolate bits. Stir in vanilla and sugar. Beat until spreading consistency.

#### WANTED

#### RECIPES

If you have a recipe you would care to share, please send to Annette Langer, ESB PAGE 6 V.S.S. NEWS MARCH 1983

#### NEWS FOR YOU FROM: Cont. from p. 3

## 10 YEARS (CONT.) Huldah Carabrese Myriam Cardona Laura A. Carr Sheila L. Carter Judith A. Cervini

LaRue Cheesman
Mary Cheli

Susan Ciancarelli Lydia Collazo Louis A. Coltri Sharon Corsiglia

Basilia Cruz Dale Ann Dages

Martha Cosme

Gloria Dannenberger Jacqueline Dickens

Mary Dukate
William C. Fox
Mary B. Fusiek
John Gillisslee
Julia Granese
Edna M. Grant

Anthony L. Gricco Jr. Shirley D. Halacki

Pamela J. Hannah Irene Hilton

Catherine Howard Warren Howell

Doris Hultgren Harry Hutchinson Edward F. Irelan

Cathleen Johnson

Leona Jones Rosetta Jones Zae Koo Kim

Cassie Knighton Marita LaBeach

Bertha Lane

Diane Livingston

Alice Lopez

Elmer N. Mattioli Caroline Mattson

Betty McArthur Creola McArthur

Antonio Melendez Magdalena Melendez

Rose M. Milask Hannah A. Miller Kathleen S. Montana

Doris M. Ogle

Shirley P. Pearson

#### 10 YEARS (CONT.)

Elberta Phillips Muriel Pritchett Catherine E. Profero Annie M. Randolph Christina E. Ridgway Miguelina Rivera Juanita Robles Milagros Rodriguez Nereda Rodriguez Norma Rodriguez Janet L. Rowland Evelyn M. Russell Macie Sanders Jacqueline M. Saul Valerie Scavelli Frances H. Sharp Torquato Silvestri Eugenia Slack Catherine E. Slimm Hilda Somerville Carol Starzan Carolyn Stevens Jannas A. Stokes Julia Susini Cheryl Thomas Theresa B. Tomasetti Carmen M. Torres Luis E. Torres Elnora Williams Phyllis Williams Iolett J. Wise Lina Zattoni

#### 5 YEARS

Marlene Aikens Jeanette Aliff Beverly Ames Jerline Bennett Richard Berry Marvella W. Bey Thelma S. Bey Freda B. Bhatty Pamela Blount Maureen Bonadeo Rebecca J. Booker Patricia Boone Dorothy Boyd Ethel Brown Renee Bryan Catherine Bryant

#### 5 YEARS (CONT.)

Margaret Burgess Queenester Byrd Bernice Cannon Lydia J. Carden Terri L. Carlon Fernannda C. Carter Sophie M. Cheesman Rhonda Chestnut Jane A. Clark Ethlynde Cocking Annette Colbert Cheryl Cole Minnie Lee Colvin Deborah Cormier Martenia Cupe June D'Angelo Jean Davidson Helen DeMatte Naomi DeMore Kimmichelle Denby Minerva K. Dilks Diane Dixon Barbara A. Douglas Kathleen Egan Joan Eisinger Carol Emmons Karen Errickson Betty Esposito Denise Ewin Linda Fields James A. Finney Amelia Fiorentino Janice Forester Hannah Garron Patricia A. Gaskins Michael Gavigan Doris Gelardo Joyce C. Goldsboro Thelma Gould Janis Grav Pamela Green Janie Griffin Catherine F. Harden Alice G. Hartz Katherine Hearn Joseph Hendrickson Dorothy Hickman Dorothy Hicks Doris Higman Charles Hoffman

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5 YEARS (CONT.)

NEWS FOR YOU FROM: Cont. from p. 6

5 YEARS (CONT.) Ida Hogans Valentina Holmes James E. Hultman Connie Jackson Wanda Jamison Cheryl A. Johnson Earl B. Johnson Danita A. Jones Stanley Kastrava Svlvia L. Keenan Jacaueline Kilkenny Priscilla A. King Allen Kleefeld Nadeshda Kletzkow Ida B. Knight Virginia F. Kobrich Thomas Lane Charles Letts Antranette Loatman Robert Manestrina Ida I. Marchiny Brenda I. Marguglio Donna Marino Carmen M. Martinez Leona M. Mayo Jean McOuillan Lawrence Milask

Joan Miller

Laura Mills

Janet C. Molina

Miguelina Monteiro

Andrea Morales Mildred D. Newton Gertrude Oglesby Robert Ortega Darrell R. Owens Jackie D. Pannone Geraldine Patterson Jacqueline Pendola Anita T. Pensa Delia A. Perez Grace M. Phillips Georgina Polizzi Zella D. Phillips Catherine Pomerantz Kenneith Porch Norma E. Porter Karen Possumato Grace Presley Authurene Reaves Julie D. Riggins Marie I. Rivera Daniel Rogers Cynthia E. Rosario Debra A. Sabie Lucille S. Sales Geraldine A. Scheithauer Susan Schooley

Brenda Serlick Philip Shaw Bertha Lee Shockley Audrey Simpkins Janet Smith Lillian Spann Lucy A. Speller Anna M. Stamps Mary Stewart Faith Sutton Joyce A. Thomas Roberta Thomas Susie Thomas Marcella Thompson Patricia A. Toth Linda Tucker Barbara J. Tyson Wendy Walker Bonnie Weary Velma White Karen Wilkinson Betty Williams Jane Williams Thelma Williams Dorothy Wilson Mary L. Wilson Fern Wood Eunice J. Wright Cathleen D. Young Sylvia Zolkov

5 YEARS (CONT.)

#### FOSTER GRANDPARENTS

Carolyn J. Scott

Barbara Schulz

Brenda Scott

Many people in the community are not sure what the Foster Grandparent programs are all about. On Feb. 2, 1983, the opportunity arose to show the residents of The Luther Acres Senior Housing Project a presentation with the help of clients, Michelle Solomayer and Patty Scheiderman, four Grannies and the Foster Grandparent Supervisor. Hopefully, this presentation will make the Seniors better aware of the Vineland State School and its programs.

The Foster Grandparent Program was given a Fire Safety demonstration on Feb. 17th. Mr. Roland Kandle, representing the Vineland Fire Department, presented the course in the morning and again in the afternoon at the East and West campuses respectively. Recently several incidents have occurred in our Grannie's homes almost resulting in tragic home fires. We hope some education in this area will be beneficial to our grannies.

Welcome to our new Foster Grandparents...Muriel White, Cora Mills and Aldina Scalfo.

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#### NEWS FOR YOU FROM: Cont. from p. 7

#### IN-SERVICE TRAINING

The In-Service Training Department was recently presented a mannequin, "Resusci Anne", a gift donated by the Ancient Mystic Order of Samaritans. The mannequin will be used by the training department to instruct staff in Cardio-Pulmonary Resuscitation (CPR).

The Ancient Mystic Order of Samaritans which donated the mannequin, is an organization whose purpose is the advancement of research in the field of mental retardation.

#### MENTAL HEALTH

The Mental Health Department recently received the following donations from:

Jack Shand, Ph.D. Gettysburg College Gettysburg, Pa.

26 Volumes of Psychological Abstracts

Professor Ernest Furchtgott Department of Psychology University of South Carolina Columbia, South Carolina

32 Volumes of the Journal of Experimental Analysis of Behavior

The books will be added to the professional library in the department and are a welcome addition. Thanks go to both gentlemen for their generosity.

#### SFEA/CHAPTER I

Education Department staff (SFEA and Chapter I) recently attended CPR training classes conducted by the IST Department.

#### EAST CAMPUS EMPLOYEE NEWS

#### BIRTH CONGRATULATIONS TO:

Cheryl Ashbridge, Timekeeping - a girl Beverly Ford, Sykes Cottage - a girl Joyce Ford, Cross Cottage - a boy Tisha Owens, Bassett Cottage - a boy

#### WEDDING BELLS RANG RECENTLY FOR:

June Ransom Ash, Mental Health
Debbie Bell Calabrese - Hospital/"A" Wing
Theresa Whaley Manall - West Cottage

#### BEST WISHES FOR RETIREMENT TO:

Mary Carangi, Landis Cottage - 31 years
Dorothy Gorman, Cross Cottage - 15 years
Josephine Petrosky, Kimble Cottage - 25 years

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#### EAST CAMPUS EMPLOYEE NEWS - Cont. from p. 8

#### SINCERE CONDOLENCES TO:

Verra Bonds, West Cottage, on the loss of her father Richard Chalow, Upholstery Shop, on the loss of his mother Ron Derby, Mental Health, on the loss of his father Virgie Jones, Lee Cottage, on the loss of her brother Judy Lopez, Hosp/Hskpq., on the loss of her father Rita Nowak, Cross Cottage, on the loss of her mother Joe Serlick, Adm./Hskpg., on the loss of his brother Cheryl Smaniotto, Education, on the loss of her mother Margaret Whilder, East Cottage, on the loss of her brother

> Deepest sympathy to the family and friends of Julia Garton, a former Teaching Assistant/Education Department, who recently passed away.

#### RESIDENT ACTIVITIES

Move over Rockettes...A group of West Cottage clients travelled to New York's Radio City Music Hall to enjoy their Christmas Spectacular. After the show the girls dined at Momma Leone's specializing in Italian cuisine. Although tired at the end of the day, the girls were ready to put on their dancing shoes and attend a cottage gala Christmas/New Year's party in the cottage the following week. Added excitement was a visit of the

> fellas from Woodbine and New Lisbon for luncheon and dancing. Santa even managed to make time in his very busy schedule to wish everyone a Happy

New Year!

East Cottage rang in the New Year with a party in the fourth floor dayroom. The festivities began about 10 p.m. with noisemakers and streamers to set the mood. About twenty clients, already starting to doze snacked and rocked to Dick Clark's Rockin' New Year's Eve. As the time dwindled to the magic stroke of twelve, only three girls remained to cheer in the New Year.

Section I brought in the New Year with what else-Parties! In each cottage, hats, noisemakers and other party fare could be found. All enjoyed the holiday festivities.

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#### RESIDENT ACTIVITIES - Cont. from p. 9

The historic Towne of Smithville...quaint in tradition was the scene of an enjoyable day by some Lee Cottage clients. After lunch in the "Inn", shopping was done in the "little shoppes".

A special debt of thanks goes to Mr. & Mrs. Frank Spicer for their part to make the holidays in Lee Cottage a little merrier. They performed songs and accompanied themselves on the accordian. The clients sang and danced along while thoroughly enjoying themselves.

Lee Cottage also took a trip to New York City on a guided bus tour to see the show at Radio City. After the show, the girls and the chaperones walked to see the Christmas tree and ice skating rink at Rockerfeller Center. To top off the trip, dinner was enjoyed at the "Green Kitchen" restaurant.

Hop on over...to the vocation department Easter Sale on March 23,24,25th in the Educational Services Building. The sale will be held from 11:30 a.m. to 1 p.m. each day. Come on over to get that special Easter gift for that special someone.

T & E...January and February were quiet months for T & E. After the holidays most of January was devoted to getting the staff and students back into a class routine.

Van rides have been taken locally to promote socialization and awareness skills.

Valentine parties were held in each class and treats consisted of breakfast at McDonald's.



ADVISOR - Dr. M. Cruz, Superintendent EDITOR - Annette Langer, Acting Dir.of Ed. CO-EDITOR & ILLUSTRATOR - Patricia Toth Teacher I

PRINTER - Dennis Branin, Sr. Offset Mach. Opr. REPORTERS - Lewis Alban, Ph. D., Chf. Psy. &S. S. Edwina J. Carter, ASA/Section I Mary L. Doughty, Asst. Supv. Ed. Pgms. Robert Manestrina, Supv., F. G. P.

Carmella Mercogliano,S.H./Section 5 Debbie Monroe, HCTS/West Cottage Jackie Pendola, ASH/Section 3 Sonja Wheeler,Gift Chairperson/Emp.Fund

# VINELAND STATE SCHOOL WEST CAMPUS

J. R. Thames Administrator

> Mrs. H. Levin Supervisor of Education

New Olympic First Another Special Olympics first for the West Campus was coordinated by the West Campus Recreation Department. Nadine Gompf, from "H" Cottage, participated in the 1983 Special Olympics Winter Games which were held at Vernon Valley/Great Gorge Ski Resort in Mc Afee, New Jersey.

New Jersey Chapter competitors raced in Alpine, Downhill, and Cross-country skiing. Snowshoeing was also a competitive event. First year athletes, such as Nadine, were provided special instruction in cross-country skiing and snowshoeing. Prior to the trip, Nadine and several other clients had been enrolled for six weeks in a "dry" ski school sponsored by the Evanoff Center under the auspices of the NJARC.

The Winter Games took place from January 17 through January 20. Area 8 athletes arrived early for registration, outfitting, and the establishment of new friendships. Both Nadine and her chaperone, Mrs. Pearla Gadsden, were lodged at the Americana Hotel. The Vernon Township Volunteer Fire Company provided a fireworks display to highlight the first evening. While on the slopes, medical precautions were taken in order to prevent frostbite. The second evening was highlighted by a disco dance and light show.

Nadine received two participant medals and a firsthand encounter with two popular winter sports. Mrs. Gadsden did a very capable job and eagerly reported a well-conducted, meaningful program wherein Nadine did very well in skiing and snowshoeing.

<u>Splish-Splash</u> Go swimming in January? Why not? The West Campus participated in yet another first when Janet Gaynor and Connie Larson took part in their first competitive swim meet. The events were part of the Special Olympics Cape May County Invitational Swim Meet held Saturday, January 29, at the U.S. Coast Guard Training Center in Cape May. Connie finished fifth in the 25-meter Freestyle while Janet received a certificate in recognition of her participation.

TPA Coaches Cheryl Hyson and Donna Parker reported that all participants were encouraged to take part in pool games after the meet. After an enjoyable lunch, awards were presented in the base gymnasium. Many volunteers, including the Coast Guard Recruits, made great efforts to make this event very unique.

FGP Reports Mrs. Achey, Assistant Supervisor of Foster Grandparents, reported that the Grannies will be presented a fire safety course by the Vineland Fire Department.

She also made it known that the Grannies remembered all their "Sweeties" at a Valentine's Day Party this February.

IRC Most of you have never heard of the IRC. It's nothing like the IRS, and for that Cont. on p. 2



V.S.S. NEWS WEST CAMPUS

FEBRUARY 1983

WEST CAMPUS CAPERS Cont. from p. 1 we're all grateful.

The IRC is the Institutional Recreation Committee. It is a type of ad hoc group which meets bimonthly. It is composed, at the present time, of the Supervisor of Recreation from all the institutions for the mentally retarded and was joined, this past year, by the Supervisors of Recreation from the mental health facilities. The purpose of the group is the exchange of ideas which will promote better recreational methods, programs, and activities for the clients whom they and their departments serve.

Since its inception in 1966, several members have distinguished themselves in the field of therapeutic recreation. For example, Mr. Walter Johnson, formerly of Johnstone Training Center, was the first Chairman of the New Jersey Special Olympics. Others have assumed advanced positions such as program assistants.

Vineland State School has actively supported this organization. Past Supervisors of Recreation have chaired the Committee, and in 1982 Mr. Michael Smith, East Campus Supervisor, was Chairman. In 1983, Mr. Edward Mihaly, West Campus Supervisor of Recreation, was selected to serve as Chairman. The Department of Human Services and the various Superintendents have conduct the supported this group. This support Opportunities any client a support of the various Recreation Departments to develop professional expertise in therapeutic and leisure recreation.

HISTORICAL:
Fifty years ago,
January 1933,
Rabbi Kellmon
agreed to conduct
Services at the
State School "for
girls and women"
every second
month

at the request of Superintendent Thorne. It's reported in The Scroll, Beth Israel Congregation Newsletter, January 1983.

In God We Trust Sunday
religious services are routinely
scheduled in the TLC Multipurpose Gymnasium. Representatives
of clergy from different faiths
conduct the services on a regular basis.

conduct the services on a regular basis.
Opportunities for counselling are offered to any client attending these services from the clergy before or after the regularly

recognized religious services. Services observing the recognized religious holidays are conducted at the appropriate times of year in the community churches and synagogues or on the grounds.

In addition, a Catholic Mass is set up by visiting Sisters whenever a Priest is available. Catholic Instruction classes are conducted once a week by the Parish Sisters. Episcopal services are held the second Wednesday of every month, except for July and August. A program of voluntary clergy visitation and counselling of sick clients in the hospital is ongoing.

Mrs. Levin, Supervisor of Educational Programs, coordinates the program with the President of the Vineland Ministerial Council, Reverend Stephen Wisner. At all times services are attended by chaperones to safeguard the fun and civil rights of the clients.

NEWSFLASHES--WEST CAMPUS \*\*\* The Personnel Department has arranged for confidential assistance from IRS representatives for those who wish to use their services. At the West Campus, Room 119 in the TLC was designated as the meeting area. Tuesday, February 8, marked the beginning of these non-duty time meetings which will continue on Tuesdays.\*\*

\*\*\* SFEA students shared their cooking skills with the staff on February 2. Since many

#### V.S.S. NEWS WEST CAMPUS



#### KITCHEN KLATCH

#### Carrot Cake

3 cups wheat flour 2 tsp. baking powder 1 tsp. baking soda

1 tsp. cinnamon

½ tsp salt

3 cups carrots (20 oz. frozen)

1 cup butter or margarine (softened)

1 cup light brown sugar

1 cup sugar

4 eggs

2 tbs. lemon extract

2 tbs. orange juice

2 tbs. orange extract

2 tbs. lemon juice

1 cup chopped walnuts

#### Cream Cheese Glaze

1 8 oz. pkg. cream cheese (softened)
1 tbs. lemon juice
1½ cups confectioners' sugar
½ cup chopped walnuts

#### Directions for Carrot Cake

- 1. Cook and mash carrots--set aside
- 2. Grease and flour Bundt pan
- 3. Set oven at 350 degrees
- 4. Mix flour, baking powder, soda, cinnamon, and salt in bowl--set aside
- 5. Mix butter, sugars, and eggs in bowl adding lemon and orange extracts and juices
- 6. Add flour mixture slowly
- 7. Stir in carrots and nuts
- 8. Pour in pan; bake for 1 hour or until done
- 9. Cool 20 minutes

#### Directions for Cream Cheese Glaze

- 1. Mix cream cheese, lemon juice and sugar until smooth
- 2. Spread glaze over top of cake, letting it run down sides
- 3. Sprinkle nuts around top and sides of cake

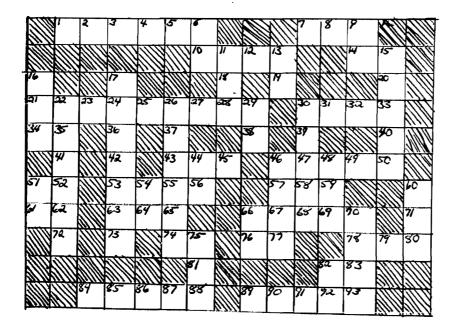
#### Submitted by

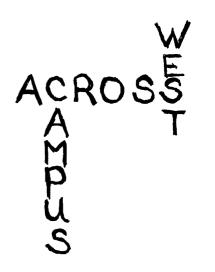
Cynthia Brooks Acting SFEA Coordinator

## WEST CAMPUS CAPERS Cont. from p. 2

of the students completed their kitchen area goals, they were extended the opportunity to show everyone how well they had done.\*\*

\*\*\* Mr. Paul Miller has accepted a part-time position as Volunteer Services Coordinator. Mr. Miller's qualifications make him a fine selection. His office is in the East Campus Administration Building. Everyone wishes him well in his new position.\*\*





#### ACROSS

- Island State
- Robert's Nickname
- 10. Training Abbreviation14. Initials for "J" HCTS
- 21. SFEA's Purpose
- 30. Dr. Miguel
- Company Abbreviation 34.
- Social Services Supervisor, 43. First Name
- 46. Juliet's Beau
- 51. Preposition
- 53. Daquiri Ingredient
- 57. As Known As
- Article 60.
- 61. Consequently
- Five per Foot (sing.) 63.
- "A" HCTS 66.
- "ARE" 71.
- 72. Ditto for 71
- "ZEE" 73.
- **74.** Repeat 61
- You and Me 76.
- Clinic Abbreviation 78.
- "EL" 81.
- 82. Penney's First Initials
- Past Tense of Care 84.
- 89. "G" HCTS

#### DOWN

- 6. Third Person Neuter
- 9. Brenda Jackson, "C" HCTS
- 11. Mrs. Irby's Old Office Area Initials
- Antonym of Stop 13.
- "D" HCTS 15.
- "Fun and Games" Department 16.
- 17, H.F.S.
- A Physician 22.
- **VSSWC Boss** 26.
- Yes Opposite 29.
- "B" HCTS (add "E" at its end) 30.
- 44. Northeast
- 46. Unusua1
- 48. Girl's Name
- 51. "\_\_\_ You Like It" 54. Zeus' Girlfriend
- 60. Annie's Dog's Big Line
- "H" HCTS 66.
- 70. Mental Health's Doctor
- 75. Ancient
- 82. First Initials of 26

Answers to the puzzle will appear in the next issue.

Irene Ryschkow

Habilitation Plan Coordinator
ICF/MR Department

The West Campus Spring 1983 Employee Spotlight falls on Ms. Irene Ryschkow of the ICF/MR Department. She attracted us with her sunny smile and bubbling personality.

Irene, who was born in Millville, New Jersey, attended Saint Mary Magdalen School and Millville Senior High School. She graduated from Stockton State College with a Bachelor Degree in Social Work in 1977.

Before coming to Vineland State School as a Social Worker in 1980, Irene worked at the Child Care and Developmental Research Institute in Newfield, New Jersey, and at Our Lady's Residence in Pleasantville, New Jersey.

Irene was promoted to the position of Habilitation Plan Coordinator in November 1980 and is presently responsible for the development of individualized training plans for the residents of "H" Cottage.

Among Irene's interests are reading, music--"I like all kinds:"--and collecting unicorns--pictures, stuffed animals--"anything with unicorns:"

Cont. from p. 3 WEST CAMPUS CAPERS

EMPLOYEES ASSOCIATION The VSS Employees Association had its annual meeting on Wednesday, February 9. Dr. Cruz, last year's Association President, thanked everyone for their cooperation and stressed the necessity for teamwork for the good of the whole.

The VSSEA is one of a kind. It was organized for the purpose of promoting a spirit of unity and goodwill among its members and for establishing a method of meeting and fulfilling the charitable and civil obligations expected of a group of public employees. It is a non-profit organization with a large portion of its finances going to charitable groups and client needs. It sponsors the Annual Employees' Award Dinner and other employeerelated social functions, and it has acted as a model for other employee associations of this nature.

This year's officers are Dominic Ciancarelli, Personnel Assistant I, President; Robert Manestrina, Institutional Supervisor, Foster Grandparent Program, and Edward Mihaly, Supervisor of Recreation, West Campus, Vice Presidents; Alice Sutter, Principal Clerk Stenographer, Recording Secretary; Frank Seabo, Business Manager I, Treasurer, and Edward Murphy, Accountant II, Assistant Treasurer. Gift Chairman is Ruth Alvarado, Sr. Clerk Stenographer, and Social Chairman is Jack Quickmire, Head Clerk.

The officers of the VSSEA are always open to new suggestions for improvement of the Innovative social functions are always sought for consideration. So, if anyone is buddy-buddy with Frank Sinatra or Dolly Parton, immediate consideration would be extended for a brief concert.

NEWSFLASHES--WEST CAMPUS \*\*\* "G" has a new Foster Grandparent. Mrs. Cora Mills started January 24, 1983. Good luck, Grannie Mills.\*\* \*\*\* During our Holiday Open House, the Recreation Department presented "F" Cottage a placque in memory of Mrs. Gwendolyn Dennis, TPA (Recreation) who passed away June 1982. She is

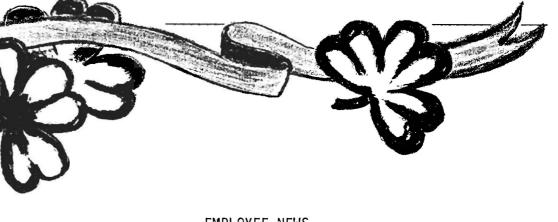
missed by clients and staff. "Mrs. D" will always have a place in their hearts.\*\* \*\*\* Happy Birthday, Elizabeth Redding. "F" Cottage Staff arranged a surprise party in her honor. Ms. Redding turned a crisp ninety-seven.\*\*

\*\*\* Thanks, Eden Dancers! The Eden Dancers, from Williamstown, came back in late December for another great performance. This time a longer, well-conducted performance was thoroughly enjoyed.\*\* Cont. on p. 7

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V.S.S. NEWS WEST CAMPUS

FEBRUARY 1983



EMPLOYEE NEWS

Wedding Bells Rang Recently For: Kathy Thompson Ortiz, Food Service Felix Ortiz, Food Service

Birth Congratulations To:
Edward Mihaly, Recreation, a girl
Andrea Williams, Food Service, a girl

Best Wishes For Retirement To:
Mabel Wilson, "J" Cottage, 25 years

## Sincere Condolences To:

Melvin Baker, "J" Cottage, on the loss of his father
Eddie Bell, "A" Cottage, on the loss of her sister
Tim Doss, Housekeeping, on the loss of his father
Tom Doss, Housekeeping, on the loss of his father
Mary Jackson, "D" Cottage, on the loss of her sister
Betty Marcus, "D" Cottage, on the loss of her brother
Rita Robinson, "D" Cottage, on the loss of her sister
Valerie Saunders, "D" Cottage, on the loss of her sister
Ellen Short, Staff Development, on the loss of her mother

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#### WEST CAMPUS CAPERS Cont. from p. 5

\*\*\* Recreation got the New Year off with a belated New Year's Party. Over 100 clients from all areas attended. The party was belated because the post-Xmas lull needed a pick-up high.\*\*

\*\*\* If you get a chance, stop in at the TLC Gym and watch Dorothy Wyckoff, "F" client, and Mr. Lewis Repard, Wheelchair Repairman, work out with Dorothy's motorized wheelchair, Dorothy's doing a fine job and should be "popping wheelies" in "F" pretty soon.\*\*

Student Internship As of February 1, Ms. Jackie Boggs and Ms. Carla Andrews, both from Gloucester County College, will act as teacher aides in the Arts and Crafts area and the Home and Community Training area. They will be advised and observed during their training by Mrs. Berminna Solem, who is their college supervisor, and by Mrs. Harriet Levin, the West Campus Supervisor of Educational Programs.

The students will assist with the daily programs developed for each client. Their presence not only provides a means for their development as future teachers and therapists, but it also expands the skills of the clients who have been programmed into the various class groups. The internship program has also been a small pool for summer employees who have had experiences and developed acquaintanceships with our clients.

University Without Walls The Staff Training and Development Department, under the supervision of Mr. W. O. Howell, scheduled Ms. Nancy Norville, Admissions Coordinator from Edison State College, to make a presentation of the programs which will benefit individuals who work in the field of Human Services. Ms. Norville presented the background and history of Edison College, the college-without-walls concept. She discussed the benefits of a college degree, and she presented Edison's BSN Program for registered nurses. Since the Bachelor of Science in Nursing Program is relatively new at Edison, she only touched on the basic application and entrance requirements.

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