

Earned Sick Leave



Employers **of all sizes** must provide full-time, part-time, and temporary employees with up to 40 hours of earned sick leave per year so they can care for themselves or a loved one.

This law applies to almost all workers in New Jersey.

[Read the Earned Sick Leave law](#)

[Read the final Earned Sick Leave rules](#)

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| Overview | Taking Earned Sick Leave + | Employer responsibilities + | Retaliation and complaints + |
| Parents and guardians + | More resources + | | |

Sick days are for more than being sick!

You're most likely covered

Immigrant workers are covered, too

Earn one hour for every 30 hours you work

Provide care to loved ones

Coping with domestic or sexual violence



Make a complaint

If you believe that your employer has not provided you sick leave that you're entitled to, or you have a question about your situation, NJDOL can help.

- File a complaint [online through our secure system](#)
- Contact us [by mail or fax](#)



Help us spread the word!

[Learn more about our Earned Sick Leave outreach grant](#), and download our printable outreach materials.

My Work Rights

- Home
- Wages and Overtime
- Safety and Health
- Leave and Benefits
- More Work Protections
- Laws and Regulations
- Information for Employers

Statewide

- Governor Phil Murphy
- Lt. Governor Tahesha Way
- NJ Home
- Services A to Z
- Departments/Agencies
- Contact Us
- Privacy Notice
- Legal Statement & Disclaimers
- Accessibility Statement



