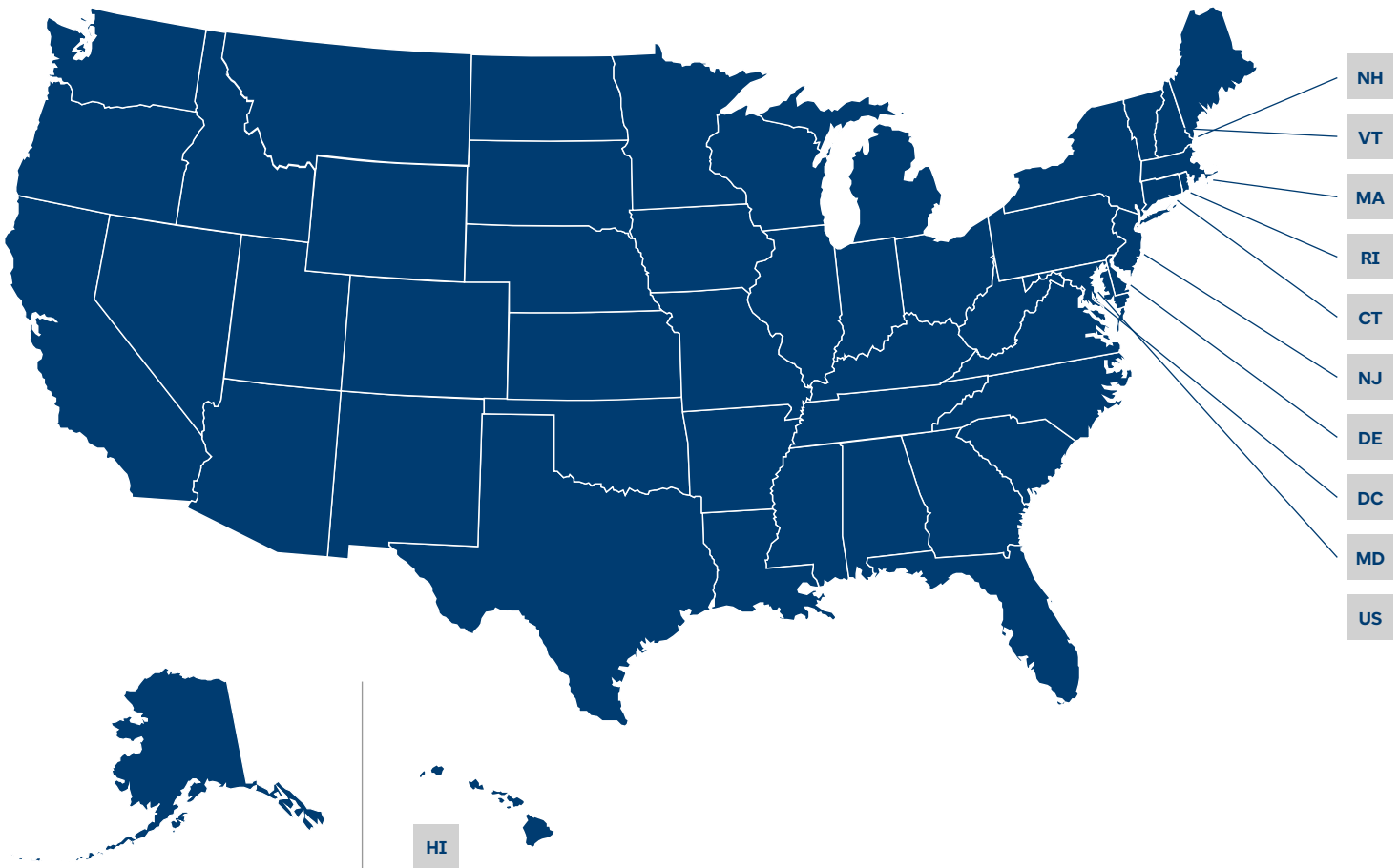


2025 Health of Women and Children Report

State Summaries

Click below to jump to a State Summary



United States

Health Department Website: hhs.gov

Summary

Key Findings

Smoking During Pregnancy

64%▼

from 8.4% to 3.0% of women with a recent live birth between 2014 and 2023.

Frequent Physical Distress Among Women

37%▲

from 7.1% to 9.7% of women ages 18-44 between 2020-2021 and 2022-2023.

Maternal Mortality

36%▲

from 17.3 to 23.5 deaths per 100,000 live births between 2014-2018 and 2019-2023.

Child Mortality

14%▲

from 25.9 to 29.6 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Fourth Grade Reading Proficiency

11%▼

from 34.3% to 30.5% of public school fourth graders between 2019 and 2024.

Overweight or Obesity Among Children

9%▼

from 34.3% to 31.3% of children ages 6-17 between 2020-2021 and 2023-2024.

Measures

Women

		U.S. Value
Social and Economic Factors		
Community and Family Safety	Firearm Deaths*	6.2
	Injury Deaths	51.9
	Intimate Partner Violence Before Pregnancy*	-
Economic Resources	Concentrated Disadvantage	25.9%
	Food Insecurity	12.2%
	Gender Pay Gap*	81.1%
	Poverty	14.9%
	Unemployment	3.5%
Education	College Graduate	37.8%
Social Support and Engagement	Infant Child Care Affordability*	12.1%
	Residential Segregation - Black/White	-
	Voter Participation	60.0%

Children

		U.S. Value
Social and Economic Factors		
Community and Family Safety	Child Victimization*	7.4
	Firearm Deaths *	5.9
	Injury Deaths	18.7
Economic Resources	Children in Poverty	16.0%
	Children in Poverty - Racial Disparity	3.0
	Food Sufficiency	66.6%
	Students Experiencing Homelessness	2.4%
	WIC Coverage	52.2%
Education	Early Childhood Education	48.5%
	Fourth Grade Reading Proficiency	30.5%
	High School Completion	89.8%
Social Support and Engagement	Adult Mentor*	88.0%
	Adverse Childhood Experiences	14.1%
	Foster Care Instability	15.2%
	High-Speed Internet	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	38.2%
		59.7%

Women and Children

		U.S. Value
Physical Environment		
Air and Water Quality	Air Pollution	8.6
	Drinking Water Violations	2.8
	Household Smoke	10.3%
	Water Fluoridation	72.3%
Climate and Health	Climate Policies	-
	Transportation Energy Use*	8.4
Housing and Transportation	Drive Alone to Work - Women	67.3%
	Housing Cost Burden - Households with Children	31.1%
	Housing with Lead Risk	16.4%



Measures

		U.S. Value
Women		
Clinical Care		
Access to Care	Adequate Prenatal Care	75.2%
	Avoided Care Due to Cost	17.4%
	Maternity Care Desert*	3.7
	Uninsured	10.8%
	Women's Health Providers	478
Preventive Clinical Care	Cervical Cancer Screening	51.6%
	Dental Visit	64.1%
	Flu Vaccination	35.5%
	Postpartum Visit*	90.3%
	Well-Woman Visit	72.7%
Quality of Care	Breastfeeding Initiation	85.1%
	Dedicated Health Care Provider	77.4%
	Low-Risk Cesarean Delivery	26.6%
	Maternity Practices Score	82
Behaviors		
Nutrition and Physical Activity	Exercise	27.6%
	Fruit and Vegetable Consumption	9.8%
	Physical Inactivity	22.0%
Sexual Health	Chlamydia	1,481.2
	High-Risk HIV Behaviors	9.3%
	Unintended Pregnancy*	-
Sleep Health	Insufficient Sleep	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	11.2%
	Smoking	9.9%
	Smoking During Pregnancy	3.0%
Health Outcomes		
Behavioral Health	Drug Deaths*	28.6
	Excessive Drinking	19.5%
	Frequent Mental Distress	23.6%
	Illicit Drug Use	10.5%
	Postpartum Anxiety*	20.3%
	Postpartum Depression*	11.9%
Mortality	Maternal Mortality*	23.5
	Mortality Rate	109.9
Physical Health	Depression*	30.3%
	Diabetes*	3.6%
	Frequent Physical Distress	9.7%
	High Blood Pressure	11.8%
	High Health Status*	51.6%
	Multiple Chronic Conditions	4.5%
	Obesity	32.5%
	Severe Maternal Morbidity*	94.7

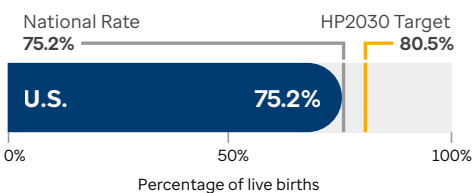
		U.S. Value
Children		
Clinical Care		
Access to Care	ADD/ADHD Treatment	3.4%
	Mental Health Treatment*	83.3%
	Pediatricians	116.1
	Uninsured	5.4%
Preventive Clinical Care	Childhood Immunizations	66.9%
	HPV Vaccination	61.4%
	Preventive Dental Visit	80.2%
	Well-Child Visit	79.6%
Quality of Care	Adequate Insurance	64.6%
	Developmental Screening	36.5%
	Medical Home	45.5%
Behaviors		
Nutrition and Physical Activity	Breastfed	27.2%
	Physical Activity	19.7%
	Soda Consumption*	7.5%
Sexual Health	Dual Contraceptive Nonuse*	85.6%
	Teen Births	13.1
Sleep Health	Adequate Sleep	65.3%
	Sleep Position*	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	16.8%
	Tobacco Use	1.9%
Health Outcomes		
Behavioral Health	Alcohol Use	6.9%
	Flourishing	66.7%
	Illicit Drug Use	7.3%
	Mental Health Conditions	20.5%
	Teen Suicide*	10.2
Mortality	Child Mortality	29.6
	Infant Mortality	5.6
	Neonatal Mortality*	3.6
Physical Health	Asthma	6.8%
	Congenital Syphilis*	105.8
	High Health Status*	89.9%
	Low Birth Weight	8.6%
	Low Birth Weight - Racial Disparity	2.1
	Neonatal Abstinence Syndrome*	5.3
	Overweight or Obesity	31.3%

* Additional unweighted measure (not included in the overall score/rank).

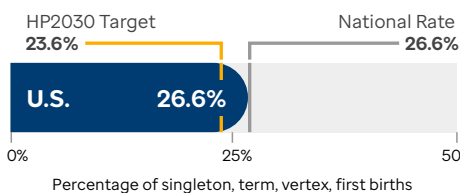
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Healthy People 2030 (HP2030) Targets

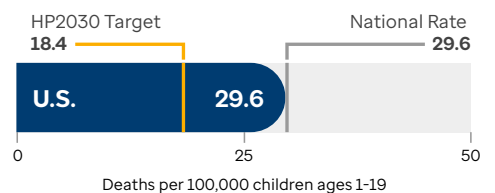
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low prevalence of excessive drinking among women
- Low prevalence of frequent physical distress among women
- Low housing cost burden among households with children

Challenges

- High mortality rate among women
- High prevalence of adverse childhood experiences (ACEs) among children
- High percentage of children in poverty

Key Findings

Drug Deaths

66%▲

from 20.2 to 33.5 deaths per 100,000 women ages 20-44 between 2018-2020 and 2021-2023.

Smoking During Pregnancy

19%▼

from 4.8% to 3.9% of women with a recent live birth between 2022 and 2023.

Child Mortality

13%▲

from 36.3 to 41.1 deaths per 100,000 children ages 1-19 between 2015-2017 and 2021-2023.

Well-Child Visit

10%▲

from 73.8% to 81.1% of children ages 0-17 between 2018-2019 and 2023-2024.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		39	-0.291	
Community and Family Safety	Firearm Deaths*	42	11.9	6.2
	Injury Deaths	39	68.7	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	43	32.3%	25.9%
	Food Insecurity	26	11.5%	12.2%
	Gender Pay Gap*	48	73.9%	81.1%
	Poverty	45	19.8%	14.9%
	Unemployment	5	2.4%	3.5%
Education	College Graduate	41	31.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	3	8.0%	12.1%
	Residential Segregation - Black/White	12	58	-
	Voter Participation	47	52.3%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		44	-0.732	
Community and Family Safety	Child Victimization*	32	10.3	7.4
	Firearm Deaths *	42	11.3	5.9
	Injury Deaths	43	27.4	18.7
Economic Resources	Children in Poverty	47	21.1%	16.0%
	Children in Poverty - Racial Disparity	28	3.5	3.0
	Food Sufficiency	46	58.1%	66.6%
	Students Experiencing Homelessness	5	1.2%	2.4%
	WIC Coverage	29	48.9%	52.2%
Education	Early Childhood Education	32	44.5%	48.5%
	Fourth Grade Reading Proficiency	37	28.0%	30.5%
	High School Completion	42	89.1%	89.8%
Social Support and Engagement	Adult Mentor*	14	92.6%	88.0%
	Adverse Childhood Experiences	42	18.4%	14.1%
	Foster Care Instability	46	21.8%	15.2%
	High-Speed Internet	36	95.6%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	43	20.8%	38.2%
		44	54.4%	59.7%

		State Rank	State Value	U.S. Value
Women and Children				
Physical Environment		41	-0.135	
Air and Water Quality	Air Pollution	21	75	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	46	16.0%	10.3%
	Water Fluoridation	23	76.6%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	38	10.6	8.4
Housing and Transportation	Drive Alone to Work - Women	49	78.3%	67.3%
	Housing Cost Burden - Households with Children	17	25.8%	31.1%
	Housing with Lead Risk	14	11.2%	16.4%

Measures

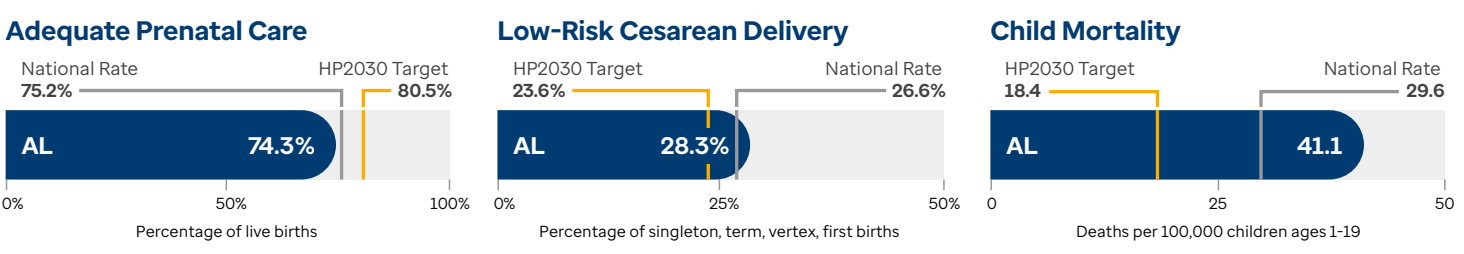
		State Rank	State Value	U.S. Value
Women				
Clinical Care		47	-0.755	
Access to Care	Adequate Prenatal Care	38	74.3%	75.2%
	Avoided Care Due to Cost	44	21.6%	17.4%
	Maternity Care Desert*	40	12.1	3.7
	Uninsured	39	12.6%	10.8%
	Women's Health Providers	50	29.0	47.8
Preventive Clinical Care	Cervical Cancer Screening	29	51.6%	51.6%
	Dental Visit	47	57.2%	64.1%
	Flu Vaccination	47	27.2%	35.5%
	Postpartum Visit*	17	92.3%	90.3%
	Well-Woman Visit	25	73.6%	72.7%
Quality of Care	Breastfeeding Initiation	45	74.9%	85.1%
	Dedicated Health Care Provider	39	76.6%	77.4%
	Low-Risk Cesarean Delivery	41	28.3%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		41	-0.681	
Nutrition and Physical Activity	Exercise	38	25.5%	27.6%
	Fruit and Vegetable Consumption	47	5.7%	9.8%
	Physical Inactivity	46	25.8%	22.0%
Sexual Health	Chlamydia	42	1,859.1	1,481.2
	High-Risk HIV Behaviors	24	9.7%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	31	37.1%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	22	12.2%	11.2%
	Smoking	32	12.6%	9.9%
	Smoking During Pregnancy	29	3.9%	3.0%
Health Outcomes		29	-0.340	
Behavioral Health	Drug Deaths*	34	33.5	28.6
	Excessive Drinking	6	16.0%	19.5%
	Frequent Mental Distress	14	22.8%	23.6%
	Illicit Drug Use	8	8.8%	10.5%
	Postpartum Anxiety*	44	26.9%	20.3%
	Postpartum Depression*	43	15.8%	11.9%
Mortality	Maternal Mortality*	42	35.1	23.5
	Mortality Rate	44	161.0	109.9
Physical Health	Depression*	22	32.3%	30.3%
	Diabetes*	46	5.6%	3.6%
	Frequent Physical Distress	3	7.6%	9.7%
	High Blood Pressure	45	16.6%	11.8%
	High Health Status*	38	49.8%	51.6%
	Multiple Chronic Conditions	31	5.4%	4.5%
	Obesity	44	40.5%	32.5%
	Severe Maternal Morbidity*	–	–	94.7
Overall - Women		43	-0.433	

		State Rank	State Value	U.S. Value
Children				
Clinical Care		28	0.130	
Access to Care	ADD/ADHD Treatment	30	3.6%	3.4%
	Mental Health Treatment*	6	88.8%	83.3%
	Pediatricians	40	84.6	116.1
	Uninsured	19	3.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	45	62.6%	66.9%
	HPV Vaccination	34	60.3%	61.4%
	Preventive Dental Visit	23	81.9%	80.2%
	Well-Child Visit	19	81.1%	79.6%
Quality of Care	Adequate Insurance	6	70.0%	64.6%
	Developmental Screening	40	32.0%	36.5%
	Medical Home	25	48.3%	45.5%
Behaviors		44	-0.708	
Nutrition and Physical Activity	Breastfed	21	28.1%	27.2%
	Physical Activity	22	21.1%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	44	20.1	13.1
Sleep Health	Adequate Sleep	47	58.1%	65.3%
	Sleep Position*	17	74.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	43	2.5%	1.9%
Health Outcomes		46	-0.665	
Behavioral Health	Alcohol Use	10	6.1%	6.9%
	Flourishing	26	65.9%	66.7%
	Illicit Drug Use	8	6.3%	7.3%
	Mental Health Conditions	22	21.4%	20.5%
	Teen Suicide*	12	9.9	10.2
Mortality	Child Mortality	44	41.1	29.6
	Infant Mortality	47	7.2	5.6
	Neonatal Mortality*	40	4.2	3.6
Physical Health	Asthma	45	8.5%	6.8%
	Congenital Syphilis*	27	70.5	105.8
	High Health Status*	40	89.4%	89.9%
	Low Birth Weight	48	10.4%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	–	–	5.3
	Overweight or Obesity	45	35.7%	31.3%
Overall - Children		45	-0.505	

Overall - Women and Children 45 -0.504

* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low percentage of low birth weight infants
- Low prevalence of asthma among children
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of adverse childhood experiences (ACEs) among children
- High prevalence of unemployment among women
- High prevalence of tobacco use among adolescents

Key Findings

Mortality Among Women

45% ▲

from 153.1 to 221.7 deaths per 100,000 women ages 20-44 between 2019 and 2023.

WIC Coverage

15% ▲

from 46.3% to 53.1% of eligible infants and children ages 0-4 between 2020 and 2022.

Infant Mortality

11% ▲

from 6.2 to 6.9 deaths per 1,000 live births between 2020-2021 and 2022-2023.

Well-Woman Visit

11% ▲

from 63.9% to 70.7% of women ages 18-44 between 2020-2021 and 2022-2023.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		28	0.044	
Community and Family Safety	Firearm Deaths*	45	14.6	6.2
	Injury Deaths	49	108.2	51.9
	Intimate Partner Violence Before Pregnancy*	16	3.4%	-
Economic Resources	Concentrated Disadvantage	18	16.9%	25.9%
	Food Insecurity	14	10.4%	12.2%
	Gender Pay Gap*	17	82.9%	81.1%
	Poverty	6	11.5%	14.9%
	Unemployment	50	4.4%	3.5%
Education	College Graduate	28	36.2%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	8	9.6%	12.1%
	Residential Segregation - Black/White	12	58	-
	Voter Participation	28	60.0%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		40	-0.421	
Community and Family Safety	Child Victimization*	45	13.8	7.4
	Firearm Deaths *	34	8.7	5.9
	Injury Deaths	45	29.3	18.7
Economic Resources	Children in Poverty	11	12.1%	16.0%
	Children in Poverty - Racial Disparity	42	4.5	3.0
	Food Sufficiency	14	69.6%	66.6%
	Students Experiencing Homelessness	33	2.4%	2.4%
	WIC Coverage	23	53.1%	52.2%
Education	Early Childhood Education	43	39.9%	48.5%
	Fourth Grade Reading Proficiency	49	21.7%	30.5%
	High School Completion	12	93.2%	89.8%
Social Support and Engagement	Adult Mentor*	23	91.0%	88.0%
	Adverse Childhood Experiences	46	20.8%	14.1%
	Foster Care Instability	42	20.4%	15.2%
	High-Speed Internet	16	96.4%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	40	26.2%	38.2%
		8	66.0%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		26	0.131	
Air and Water Quality	Air Pollution	9	6.3	8.6
	Drinking Water Violations	44	3.3	2.8
	Household Smoke	38	14.1%	10.3%
	Water Fluoridation	44	42.3%	72.3%
Climate and Health	Climate Policies	27	1	-
	Transportation Energy Use*	50	27.7	8.4
Housing and Transportation	Drive Alone to Work - Women	9	64.4%	67.3%
	Housing Cost Burden - Households with Children	14	24.8%	31.1%
	Housing with Lead Risk	3	71%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		35	0.053	
Access to Care	Adequate Prenatal Care	48	66.6%	75.2%
	Avoided Care Due to Cost	32	16.9%	17.4%
	Maternity Care Desert*	32	5.4	3.7
	Uninsured	43	13.8%	10.8%
	Women's Health Providers	1	105.1	47.8
Preventive Clinical Care	Cervical Cancer Screening	18	53.8%	51.6%
	Dental Visit	38	62.7%	64.1%
	Flu Vaccination	30	35.6%	35.5%
	Postpartum Visit*	44	86.2%	90.3%
	Well-Woman Visit	40	70.7%	72.7%
Quality of Care	Breastfeeding Initiation	11	89.6%	85.1%
	Dedicated Health Care Provider	41	75.9%	77.4%
	Low-Risk Cesarean Delivery	4	20.5%	26.6%
	Maternity Practices Score	38	77	82
Behaviors		40	-0.499	
Nutrition and Physical Activity	Exercise	9	30.7%	27.6%
	Fruit and Vegetable Consumption	12	10.8%	9.8%
	Physical Inactivity	10	17.4%	22.0%
Sexual Health	Chlamydia	48	2,242.5	1,481.2
	High-Risk HIV Behaviors	42	11.3%	9.3%
	Unintended Pregnancy*	6	18.7%	-
Sleep Health	Insufficient Sleep	49	42.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	20	11.3%	11.2%
	Smoking	26	11.7%	9.9%
	Smoking During Pregnancy	38	5.9%	3.0%
Health Outcomes		40	-0.624	
Behavioral Health	Drug Deaths*	45	49.9	28.6
	Excessive Drinking	28	20.2%	19.5%
	Frequent Mental Distress	27	24.6%	23.6%
	Illicit Drug Use	33	11.6%	10.5%
	Postpartum Anxiety*	33	24.5%	20.3%
	Postpartum Depression*	44	15.9%	11.9%
Mortality	Maternal Mortality*	23	23.4	23.5
	Mortality Rate	50	221.7	109.9
Physical Health	Depression*	19	31.1%	30.3%
	Diabetes*	28	3.4%	3.6%
	Frequent Physical Distress	41	11.4%	9.7%
	High Blood Pressure	34	12.7%	11.8%
	High Health Status*	32	50.9%	51.6%
	Multiple Chronic Conditions	18	4.3%	4.5%
	Obesity	27	34.5%	32.5%
	Severe Maternal Morbidity*	45	114.5	94.7
Overall - Women		37	-0.207	

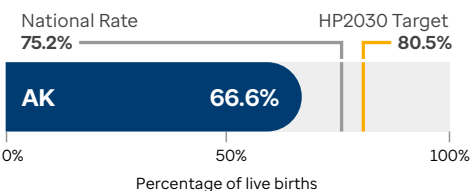
		State Rank	State Value	U.S. Value
Children				
Clinical Care		39	-0.273	
Access to Care	ADD/ADHD Treatment	40	3.0%	3.4%
	Mental Health Treatment*	41	80.5%	83.3%
	Pediatricians	30	96.9	116.1
	Uninsured	43	6.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	48	59.8%	66.9%
	HPV Vaccination	40	54.4%	61.4%
	Preventive Dental Visit	16	83.1%	80.2%
	Well-Child Visit	47	75.5%	79.6%
Quality of Care	Adequate Insurance	28	63.7%	64.6%
	Developmental Screening	8	47.5%	36.5%
	Medical Home	21	49.3%	45.5%
Behaviors		18	0.328	
Nutrition and Physical Activity	Breastfed	1	42.6%	27.2%
	Physical Activity	12	23.4%	19.7%
	Soda Consumption*	10	8.8%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	37	16.0	13.1
Sleep Health	Adequate Sleep	12	70.7%	65.3%
	Sleep Position*	42	63.2%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	14	17.3%	16.8%
	Tobacco Use	49	2.9%	1.9%
Health Outcomes		24	-0.056	
Behavioral Health	Alcohol Use	17	6.4%	6.9%
	Flourishing	30	65.7%	66.7%
	Illicit Drug Use	11	6.5%	7.3%
	Mental Health Conditions	24	22.3%	20.5%
	Teen Suicide*	45	32.9	10.2
Mortality	Child Mortality	45	41.2	29.6
	Infant Mortality	40	6.9	5.6
	Neonatal Mortality*	20	3.5	3.6
Physical Health	Asthma	6	4.9%	6.8%
	Congenital Syphilis*	36	106.8	105.8
	High Health Status*	25	90.7%	89.9%
	Low Birth Weight	1	6.7%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	45	14.6	5.3
	Overweight or Obesity	34	32.3%	31.3%
Overall - Children		34	-0.118	

Overall - Women and Children 35 -0.189

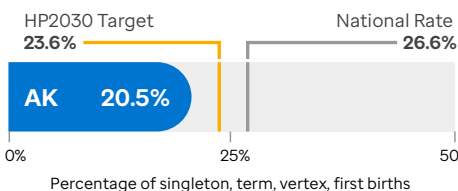
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

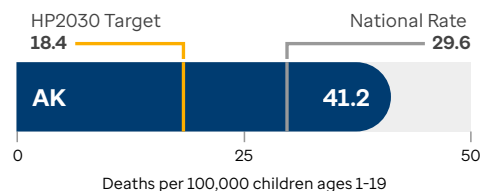
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low percentage of low-risk cesarean deliveries
- Low prevalence of insufficient sleep among women
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of illicit drug use among women
- Low reading proficiency among fourth grade public school students
- Low prevalence of physical activity among children

Key Findings

Early Childhood Education

19%▲

from 33.7% to 40.0% of children ages 3-4 between 2022 and 2023.

Child Mortality

12%▲

from 32.1 to 35.8 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

High Health Status

12%▼

from 56.4% to 49.7% of women ages 18-44 between 2013-2014 and 2022-2023.

Poverty

12%▼

from 15.9% to 14.0% of women ages 18-44 between 2019 and 2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		26	0.081	
Community and Family Safety	Firearm Deaths*	32	8.2	6.2
	Injury Deaths	33	60.8	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	41	30.4%	25.9%
	Food Insecurity	28	11.8%	12.2%
	Gender Pay Gap*	16	83.5%	81.1%
	Poverty	24	14.0%	14.9%
	Unemployment	31	3.4%	3.5%
Education	College Graduate	40	33.0%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	33	13.3%	12.1%
	Residential Segregation - Black/White	5	54	-
	Voter Participation	26	60.4%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		33	-0.176	
Community and Family Safety	Child Victimization*	25	73	74
	Firearm Deaths *	25	6.7	5.9
	Injury Deaths	38	24.5	18.7
Economic Resources	Children in Poverty	30	15.4%	16.0%
	Children in Poverty - Racial Disparity	34	3.9	3.0
	Food Sufficiency	40	62.5%	66.6%
	Students Experiencing Homelessness	12	1.6%	2.4%
	WIC Coverage	18	55.2%	52.2%
Education	Early Childhood Education	42	40.0%	48.5%
	Fourth Grade Reading Proficiency	44	26.4%	30.5%
	High School Completion	39	89.4%	89.8%
Social Support and Engagement	Adult Mentor*	47	84.3%	88.0%
	Adverse Childhood Experiences	15	13.4%	14.1%
	Foster Care Instability	18	12.9%	15.2%
	High-Speed Internet	36	95.6%	96.0%
	Neighborhood Amenities	23	37.5%	38.2%
	Reading, Singing or Storytelling*	25	61.9%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		21	0.180	
Air and Water Quality	Air Pollution	49	10.5	8.6
	Drinking Water Violations	34	2.3	2.8
	Household Smoke	10	8.5%	10.3%
	Water Fluoridation	37	57.5%	72.3%
Climate and Health	Climate Policies	22	2	-
	Transportation Energy Use*	14	75	8.4
Housing and Transportation	Drive Alone to Work - Women	11	65.0%	67.3%
	Housing Cost Burden - Households with Children	35	29.6%	31.1%
	Housing with Lead Risk	2	6.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		46	-0.708	
Access to Care	Adequate Prenatal Care	43	72.3%	75.2%
	Avoided Care Due to Cost	40	19.5%	17.4%
	Maternity Care Desert*	8	0.1	3.7
	Uninsured	42	13.3%	10.8%
	Women's Health Providers	39	41.5	47.8
Preventive Clinical Care	Cervical Cancer Screening	48	45.4%	51.6%
	Dental Visit	46	58.3%	64.1%
	Flu Vaccination	45	28.4%	35.5%
	Postpartum Visit*	41	87.8%	90.3%
	Well-Woman Visit	46	66.6%	72.7%
Quality of Care	Breastfeeding Initiation	26	85.8%	85.1%
	Dedicated Health Care Provider	46	71.1%	77.4%
	Low-Risk Cesarean Delivery	11	23.4%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		22	-0.028	
Nutrition and Physical Activity	Exercise	20	28.6%	27.6%
	Fruit and Vegetable Consumption	28	8.8%	9.8%
	Physical Inactivity	16	19.5%	22.0%
Sexual Health	Chlamydia	39	1,721.1	1,481.2
	High-Risk HIV Behaviors	47	12.4%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	9	33.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	24	12.4%	11.2%
	Smoking	17	9.6%	9.9%
	Smoking During Pregnancy	11	2.2%	3.0%
Health Outcomes		25	-0.253	
Behavioral Health	Drug Deaths*	27	29.2	28.6
	Excessive Drinking	32	20.8%	19.5%
	Frequent Mental Distress	30	25.1%	23.6%
	Illicit Drug Use	44	13.5%	10.5%
	Postpartum Anxiety*	7	17.6%	20.3%
	Postpartum Depression*	27	12.2%	11.9%
Mortality	Maternal Mortality*	35	30.4	23.5
	Mortality Rate	30	121.0	109.9
Physical Health	Depression*	9	26.8%	30.3%
	Diabetes*	13	2.9%	3.6%
	Frequent Physical Distress	26	10.1%	9.7%
	High Blood Pressure	28	12.1%	11.8%
	High Health Status*	40	49.7%	51.6%
	Multiple Chronic Conditions	13	3.8%	4.5%
	Obesity	19	32.3%	32.5%
Severe Maternal Morbidity*	16	80.5	94.7	
Overall - Women		31	-0.118	

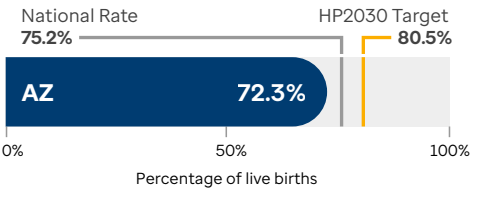
		State Rank	State Value	U.S. Value
Children				
Clinical Care		48	-0.657	
Access to Care	ADD/ADHD Treatment	48	2.0%	3.4%
	Mental Health Treatment*	35	83.3%	83.3%
	Pediatricians	33	89.8	116.1
	Uninsured	49	8.6%	5.4%
Preventive Clinical Care	Childhood Immunizations	44	62.9%	66.9%
	HPV Vaccination	26	63.1%	61.4%
	Preventive Dental Visit	21	82.4%	80.2%
	Well-Child Visit	35	78.3%	79.6%
Quality of Care	Adequate Insurance	38	61.9%	64.6%
	Developmental Screening	41	31.3%	36.5%
	Medical Home	46	41.9%	45.5%
Behaviors		40	-0.508	
Nutrition and Physical Activity	Breastfed	35	26.0%	27.2%
	Physical Activity	48	15.8%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	31	14.3	13.1
Sleep Health	Adequate Sleep	34	63.6%	65.3%
	Sleep Position*	22	72.3%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	32	2.1%	1.9%
Health Outcomes		21	-0.007	
Behavioral Health	Alcohol Use	8	5.8%	6.9%
	Flourishing	23	66.1%	66.7%
	Illicit Drug Use	33	7.9%	7.3%
	Mental Health Conditions	14	20.3%	20.5%
	Teen Suicide*	33	13.8	10.2
Mortality	Child Mortality	35	35.8	29.6
	Infant Mortality	28	5.9	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	18	6.4%	6.8%
	Congenital Syphilis*	47	296.6	105.8
	High Health Status*	50	87.0%	89.9%
	Low Birth Weight	22	8.1%	8.6%
	Low Birth Weight - Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome*	40	10.9	5.3
	Overweight or Obesity	36	32.4%	31.3%
Overall - Children		36	-0.178	

Overall - Women and Children 34 -0.182

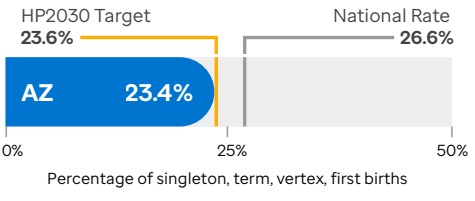
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Healthy People 2030 (HP2030) Targets

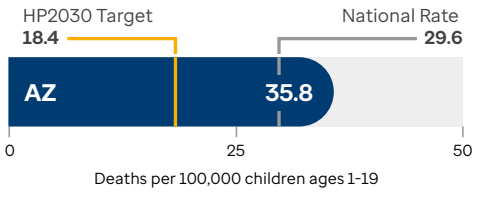
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low prevalence of excessive drinking among women
- High percentage of children with adequate and continuous health insurance
- High prevalence of physical activity among children

Challenges

- High infant mortality rate
- High prevalence of adverse childhood experiences (ACEs) among children
- High prevalence of physical inactivity among women

Key Findings

Early Childhood Education

31%▲

from 33.7% to 44.3% of children ages 3-4 between 2021 and 2023.

Poverty

15%▼

from 22.2% to 18.9% of women ages 18-44 between 2018 and 2023.

Child Mortality

16%▲

from 35.2 to 40.9 deaths per 100,000 children ages 1-19 between 2015-2017 and 2021-2023.

High Health Status

13%▼

from 56.7% to 49.1% of women ages 18-44 between 2020-2021 and 2022-2023.

Measures

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		50	-1.123	
Community and Family Safety	Firearm Deaths*	39	10.4	6.2
	Injury Deaths	35	62.2	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	34	26.9%	25.9%
	Food Insecurity	50	18.9%	12.2%
	Gender Pay Gap*	28	81.6%	81.1%
	Poverty	43	18.9%	14.9%
	Unemployment	43	4.0%	3.5%
Education	College Graduate	45	27.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	4	9.1%	12.1%
	Residential Segregation - Black/White	32	66	-
	Voter Participation	50	49.3%	60.0%

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		49	-1.075	
Community and Family Safety	Child Victimization*	34	11.1	7.4
	Firearm Deaths *	38	9.8	5.9
	Injury Deaths	41	26.8	18.7
Economic Resources	Children in Poverty	45	20.9%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	49	54.7%	66.6%
	Students Experiencing Homelessness	39	2.8%	2.4%
	WIC Coverage	47	38.3%	52.2%
Education	Early Childhood Education	33	44.3%	48.5%
	Fourth Grade Reading Proficiency	36	28.1%	30.5%
	High School Completion	40	89.3%	89.8%
Social Support and Engagement	Adult Mentor*	35	88.3%	88.0%
	Adverse Childhood Experiences	45	20.5%	14.1%
	Foster Care Instability	48	23.8%	15.2%
	High-Speed Internet	42	95.1%	96.0%
	Neighborhood Amenities	41	22.8%	38.2%
	Reading, Singing or Storytelling*	42	55.0%	59.7%

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		40	-0.118	
Air and Water Quality	Air Pollution	36	8.4	8.6
	Drinking Water Violations	44	3.3	2.8
	Household Smoke	42	14.9%	10.3%
	Water Fluoridation	18	86.8%	72.3%
Climate and Health	Climate Policies	27	1	-
	Transportation Energy Use*	35	9.4	8.4
Housing and Transportation	Drive Alone to Work - Women	46	76.3%	67.3%
	Housing Cost Burden - Households with Children	11	23.9%	31.1%
	Housing with Lead Risk	9	9.7%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		45	-0.695	
Access to Care	Adequate Prenatal Care	39	74.2%	75.2%
	Avoided Care Due to Cost	45	21.7%	17.4%
	Maternity Care Desert*	44	15.6	3.7
	Uninsured	35	12.1%	10.8%
	Women's Health Providers	49	30.3	47.8
Preventive Clinical Care	Cervical Cancer Screening	45	46.7%	51.6%
	Dental Visit	43	60.8%	64.1%
	Flu Vaccination	35	32.2%	35.5%
	Postpartum Visit*	46	84.3%	90.3%
	Well-Woman Visit	27	73.2%	72.7%
Quality of Care	Breastfeeding Initiation	46	72.5%	85.1%
	Dedicated Health Care Provider	21	81.9%	77.4%
	Low-Risk Cesarean Delivery	33	26.9%	26.6%
	Maternity Practices Score	50	71	82
Behaviors		48	-0.977	
Nutrition and Physical Activity	Exercise	43	24.5%	27.6%
	Fruit and Vegetable Consumption	2	13.7%	9.8%
	Physical Inactivity	49	29.6%	22.0%
Sexual Health	Chlamydia	46	2,034.1	1,481.2
	High-Risk HIV Behaviors	34	10.3%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	39	39.3%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	50	18.3%	11.2%
	Smoking	40	14.3%	9.9%
	Smoking During Pregnancy	42	6.4%	3.0%
Health Outcomes		47	-1.082	
Behavioral Health	Drug Deaths*	13	23.6	28.6
	Excessive Drinking	16	19.0%	19.5%
	Frequent Mental Distress	42	28.5%	23.6%
	Illicit Drug Use	28	10.8%	10.5%
	Postpartum Anxiety*	45	29.1%	20.3%
	Postpartum Depression*	36	13.8%	11.9%
Mortality	Maternal Mortality*	43	35.3	23.5
	Mortality Rate	38	136.0	109.9
Physical Health	Depression*	41	38.9%	30.3%
	Diabetes*	48	6.0%	3.6%
	Frequent Physical Distress	41	11.4%	9.7%
	High Blood Pressure	48	19.7%	11.8%
	High Health Status*	43	49.1%	51.6%
	Multiple Chronic Conditions	41	6.6%	4.5%
	Obesity	46	41.9%	32.5%
	Severe Maternal Morbidity*	8	70.1	94.7
Overall - Women		50	-0.822	

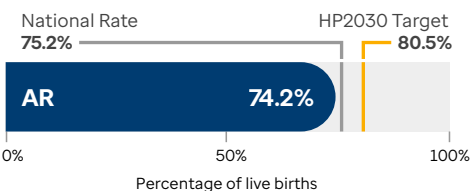
		State Rank	State Value	U.S. Value
Children				
Clinical Care		44	-0.366	
Access to Care	ADD/ADHD Treatment	8	4.6%	3.4%
	Mental Health Treatment*	11	87.5%	83.3%
	Pediatricians	37	86.2	116.1
	Uninsured	41	6.7%	5.4%
Preventive Clinical Care	Childhood Immunizations	46	62.0%	66.9%
	HPV Vaccination	43	52.9%	61.4%
	Preventive Dental Visit	45	77.7%	80.2%
	Well-Child Visit	38	78.0%	79.6%
Quality of Care	Adequate Insurance	10	68.2%	64.6%
	Developmental Screening	48	25.9%	36.5%
	Medical Home	33	46.8%	45.5%
Behaviors		41	-0.570	
Nutrition and Physical Activity	Breastfed	40	23.8%	27.2%
	Physical Activity	2	26.1%	19.7%
	Soda Consumption*	18	15.0%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	18	90.7%	85.6%
	Teen Births	49	23.8	13.1
Sleep Health	Adequate Sleep	48	57.4%	65.3%
	Sleep Position*	25	71.1%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	26	22.6%	16.8%
	Tobacco Use	36	2.2%	1.9%
Health Outcomes		48	-0.978	
Behavioral Health	Alcohol Use	26	6.9%	6.9%
	Flourishing	45	63.6%	66.7%
	Illicit Drug Use	33	7.9%	7.3%
	Mental Health Conditions	35	24.0%	20.5%
	Teen Suicide*	15	10.4	10.2
Mortality	Child Mortality	43	40.9	29.6
	Infant Mortality	49	8.0	5.6
	Neonatal Mortality*	48	4.9	3.6
Physical Health	Asthma	23	6.7%	6.8%
	Congenital Syphilis*	43	180.4	105.8
	High Health Status*	24	90.8%	89.9%
	Low Birth Weight	42	9.6%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	10	3.4	5.3
	Overweight or Obesity	49	40.2%	31.3%
Overall - Children		48	-0.731	

Overall - Women and Children **49 -0.840**

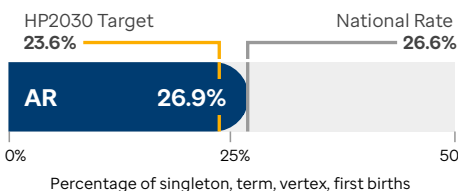
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

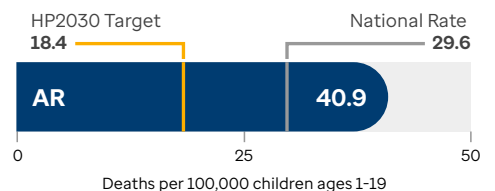
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low infant mortality rate
- Low prevalence of multiple chronic conditions among women
- Low prevalence of adverse childhood experiences (ACEs) among children

Challenges

- Low prevalence of high school completion
- Low prevalence of exercise among women
- High housing cost burden among households with children

Key Findings

Frequent Physical Distress

40%▲

from 6.8% to 9.5% of women ages 18-44 between 2020-2021 and 2022-2023.

Flu Vaccination

31%▲

from 30.1% to 39.3% of women ages 18-44 between 2018-2019 and 2022-2023.

Household Smoke

28%▼

from 8.0% to 5.8% of children ages 0-17 between 2021-2022 and 2023-2024.

Mental Health Conditions (Diagnosed)

28%▲

from 12.7% to 16.2% of children ages 3-17 between 2021-2022 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		30	-0.019	
Community and Family Safety	Firearm Deaths*	5	2.7	6.2
	Injury Deaths	4	35.0	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	43	32.3%	25.9%
	Food Insecurity	25	11.4%	12.2%
	Gender Pay Gap*	4	871%	81.1%
	Poverty	19	13.7%	14.9%
	Unemployment	46	4.3%	3.5%
Education	College Graduate	20	38.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	48	16.3%	12.1%
	Residential Segregation - Black/White	21	63	-
	Voter Participation	31	59.3%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		16	0.241	
Community and Family Safety	Child Victimization*	19	5.7	7.4
	Firearm Deaths *	6	3.0	5.9
	Injury Deaths	8	13.5	18.7
Economic Resources	Children in Poverty	28	14.9%	16.0%
	Children in Poverty - Racial Disparity	24	3.3	3.0
	Food Sufficiency	13	70.0%	66.6%
	Students Experiencing Homelessness	49	3.8%	2.4%
	WIC Coverage	2	69.9%	52.2%
Education	Early Childhood Education	21	48.4%	48.5%
	Fourth Grade Reading Proficiency	33	28.7%	30.5%
	High School Completion	50	84.8%	89.8%
Social Support and Engagement	Adult Mentor*	50	82.5%	88.0%
	Adverse Childhood Experiences	3	10.9%	14.1%
	Foster Care Instability	17	12.4%	15.2%
	High-Speed Internet	12	96.9%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	6	52.4%	38.2%
		28	60.9%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		44	-0.198	
Air and Water Quality	Air Pollution	50	12.7	8.6
	Drinking Water Violations	37	2.8	2.8
	Household Smoke	2	5.8%	10.3%
	Water Fluoridation	36	57.7%	72.3%
Climate and Health	Climate Policies	1	4	-
	Transportation Energy Use*	18	78	8.4
Housing and Transportation	Drive Alone to Work - Women	11	65.0%	67.3%
	Housing Cost Burden - Households with Children	50	41.3%	31.1%
	Housing with Lead Risk	28	16.6%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		30	0.241	
Access to Care	Adequate Prenatal Care	35	74.5%	75.2%
	Avoided Care Due to Cost	17	14.0%	17.4%
	Maternity Care Desert*	10	0.2	3.7
	Uninsured	17	8.0%	10.8%
	Women's Health Providers	30	44.3	47.8
Preventive Clinical Care	Cervical Cancer Screening	40	48.9%	51.6%
	Dental Visit	18	66.9%	64.1%
	Flu Vaccination	18	39.3%	35.5%
	Postpartum Visit*	–	–	90.3%
	Well-Woman Visit	35	71.3%	72.7%
Quality of Care	Breastfeeding Initiation	–	–	85.1%
	Dedicated Health Care Provider	42	75.5%	77.4%
	Low-Risk Cesarean Delivery	28	25.9%	26.6%
	Maternity Practices Score	4	89	82
Behaviors		12	0.332	
Nutrition and Physical Activity	Exercise	45	24.2%	27.6%
	Fruit and Vegetable Consumption	9	11.4%	9.8%
	Physical Inactivity	33	22.2%	22.0%
Sexual Health	Chlamydia	20	1,362.5	1,481.2
	High-Risk HIV Behaviors	20	9.3%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	14	33.9%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	2	8.3%	11.2%
	Smoking	2	5.3%	9.9%
	Smoking During Pregnancy	1	0.6%	3.0%
Health Outcomes		2	0.699	
Behavioral Health	Drug Deaths*	6	170	28.6
	Excessive Drinking	14	18.1%	19.5%
	Frequent Mental Distress	3	19.4%	23.6%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	–	–	20.3%
	Postpartum Depression*	–	–	11.9%
Mortality	Maternal Mortality*	1	10.1	23.5
	Mortality Rate	6	83.5	109.9
Physical Health	Depression*	3	23.9%	30.3%
	Diabetes*	13	2.9%	3.6%
	Frequent Physical Distress	19	9.5%	9.7%
	High Blood Pressure	19	11.1%	11.8%
	High Health Status*	48	48.3%	51.6%
	Multiple Chronic Conditions	1	2.7%	4.5%
	Obesity	3	26.4%	32.5%
Severe Maternal Morbidity*	39	110.2	94.7	
Overall - Women		16	0.222	

Children

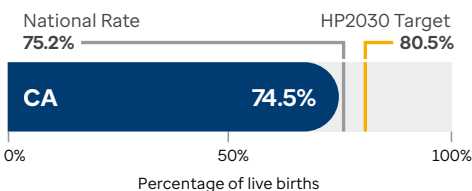
		State Rank	State Value	U.S. Value
Clinical Care		40	-0.311	
Access to Care	ADD/ADHD Treatment	49	1.5%	3.4%
	Mental Health Treatment*	20	85.9%	83.3%
	Pediatricians	18	116.5	116.1
	Uninsured	8	3.2%	5.4%
Preventive Clinical Care	Childhood Immunizations	48	59.8%	66.9%
	HPV Vaccination	37	57.6%	61.4%
	Preventive Dental Visit	14	83.3%	80.2%
	Well-Child Visit	48	74.8%	79.6%
Quality of Care	Adequate Insurance	8	69.3%	64.6%
	Developmental Screening	36	35.8%	36.5%
	Medical Home	47	39.2%	45.5%
Behaviors		20	0.244	
Nutrition and Physical Activity	Breastfed	13	29.5%	27.2%
	Physical Activity	42	17.6%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	11	9.1	13.1
Sleep Health	Adequate Sleep	26	66.2%	65.3%
	Sleep Position*	–	–	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	10	1.7%	1.9%
Health Outcomes		8	0.476	
Behavioral Health	Alcohol Use	32	7.7%	6.9%
	Flourishing	18	66.6%	66.7%
	Illicit Drug Use	21	7.1%	7.3%
	Mental Health Conditions	3	16.2%	20.5%
	Teen Suicide*	5	6.5	10.2
Mortality	Child Mortality	8	22.3	29.6
	Infant Mortality	4	4.1	5.6
	Neonatal Mortality*	7	2.9	3.6
Physical Health	Asthma	15	6.3%	6.8%
	Congenital Syphilis*	38	122.2	105.8
	High Health Status*	42	88.6%	89.9%
	Low Birth Weight	11	7.5%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	6	2.8	5.3
	Overweight or Obesity	23	31.2%	31.3%
Overall - Children		21	0.155	

Overall - Women and Children 19 0.225

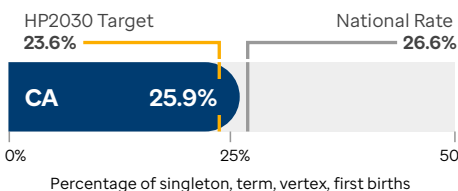
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

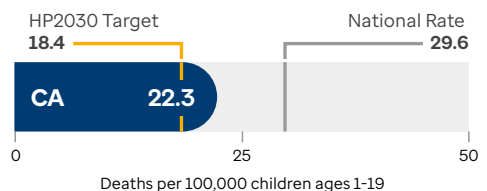
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of overweight or obesity among children
- High prevalence of neighborhood amenities
- High prevalence of exercise among women

Challenges

- High prevalence of excessive drinking among women
- Low percentage of women receiving early and adequate prenatal care
- High prevalence of tobacco use among adolescents

Key Findings

Frequent Physical Distress

43%▲

from 7.2% to 10.3% of women ages 18-44 between 2020-2021 and 2022-2023.

Fourth Grade Reading Proficiency

10%▼

from 39.7% to 35.7% of public school fourth graders between 2019 and 2024.

Infant Mortality

8%▼

from 4.9 to 4.5 deaths per 1,000 live births between 2020-2021 and 2022-2023.

Well-Woman Visit

8%▲

from 63.9% to 68.8% of women ages 18-44 between 2017-2018 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		7	0.916	
Community and Family Safety	Firearm Deaths*	30	7.9	6.2
	Injury Deaths	25	55.0	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	12	12.4%	25.9%
	Food Insecurity	12	9.9%	12.2%
	Gender Pay Gap*	21	82.6%	81.1%
	Poverty	2	10.7%	14.9%
	Unemployment	11	2.8%	3.5%
Education	College Graduate	3	47.5%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	38	14.3%	12.1%
	Residential Segregation - Black/White	33	67	–
	Voter Participation	5	68.5%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		10	0.565	
Community and Family Safety	Child Victimization*	27	8.1	7.4
	Firearm Deaths *	25	6.7	5.9
	Injury Deaths	32	22.9	18.7
Economic Resources	Children in Poverty	7	10.7%	16.0%
	Children in Poverty - Racial Disparity	42	4.5	3.0
	Food Sufficiency	10	71.2%	66.6%
	Students Experiencing Homelessness	22	1.9%	2.4%
	WIC Coverage	36	45.6%	52.2%
Education	Early Childhood Education	14	50.0%	48.5%
	Fourth Grade Reading Proficiency	7	35.7%	30.5%
	High School Completion	10	93.3%	89.8%
Social Support and Engagement	Adult Mentor*	27	90.6%	88.0%
	Adverse Childhood Experiences	31	16.1%	14.1%
	Foster Care Instability	11	11.3%	15.2%
	High-Speed Internet	6	97.4%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	1	56.7%	38.2%
		26	61.2%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		6	0.501	
Air and Water Quality	Air Pollution	10	6.6	8.6
	Drinking Water Violations	39	2.9	2.8
	Household Smoke	4	7.7%	10.3%
	Water Fluoridation	26	75.4%	72.3%
Climate and Health	Climate Policies	13	3	–
	Transportation Energy Use*	15	76	8.4
Housing and Transportation	Drive Alone to Work - Women	8	64.2%	67.3%
	Housing Cost Burden - Households with Children	39	31.6%	31.1%
	Housing with Lead Risk	13	11.1%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		14	0.511	
Access to Care	Adequate Prenatal Care	45	69.9%	75.2%
	Avoided Care Due to Cost	34	175%	174%
	Maternity Care Desert*	18	1.7	3.7
	Uninsured	17	8.0%	10.8%
	Women's Health Providers	8	63.9	47.8
Preventive Clinical Care	Cervical Cancer Screening	11	55.1%	51.6%
	Dental Visit	14	67.6%	64.1%
	Flu Vaccination	7	43.9%	35.5%
	Postpartum Visit*	20	92.0%	90.3%
	Well-Woman Visit	43	68.8%	72.7%
Quality of Care	Breastfeeding Initiation	2	92.6%	85.1%
	Dedicated Health Care Provider	31	77.9%	77.4%
	Low-Risk Cesarean Delivery	10	23.1%	26.6%
	Maternity Practices Score	11	86	82
Behaviors		2	0.787	
Nutrition and Physical Activity	Exercise	3	32.8%	27.6%
	Fruit and Vegetable Consumption	10	11.3%	9.8%
	Physical Inactivity	4	16.0%	22.0%
Sexual Health	Chlamydia	16	1,242.0	1,481.2
	High-Risk HIV Behaviors	34	10.3%	9.3%
	Unintended Pregnancy*	21	33.9%	–
Sleep Health	Insufficient Sleep	2	29.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	32	13.0%	11.2%
	Smoking	15	9.1%	9.9%
	Smoking During Pregnancy	19	3.0%	3.0%
Health Outcomes		15	0.123	
Behavioral Health	Drug Deaths*	25	28.5	28.6
	Excessive Drinking	45	23.4%	19.5%
	Frequent Mental Distress	23	24.2%	23.6%
	Illicit Drug Use	35	11.8%	10.5%
	Postpartum Anxiety*	22	21.1%	20.3%
	Postpartum Depression*	5	9.2%	11.9%
Mortality	Maternal Mortality*	8	170	23.5
	Mortality Rate	13	970	109.9
Physical Health	Depression*	25	33.4%	30.3%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	28	10.3%	9.7%
	High Blood Pressure	2	8.9%	11.8%
	High Health Status*	11	55.3%	51.6%
	Multiple Chronic Conditions	22	4.7%	4.5%
	Obesity	1	22.7%	32.5%
	Severe Maternal Morbidity*	36	106.9	94.7
Overall - Women		2	0.574	

Children

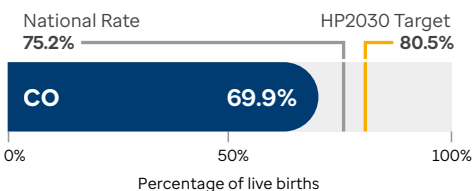
		State Rank	State Value	U.S. Value
Clinical Care		15	0.458	
Access to Care	ADD/ADHD Treatment	42	2.9%	3.4%
	Mental Health Treatment*	28	84.7%	83.3%
	Pediatricians	16	124.2	116.1
	Uninsured	20	4.1%	5.4%
Preventive Clinical Care	Childhood Immunizations	31	66.1%	66.9%
	HPV Vaccination	14	68.5%	61.4%
	Preventive Dental Visit	1	88.0%	80.2%
	Well-Child Visit	9	82.5%	79.6%
Quality of Care	Adequate Insurance	45	60.8%	64.6%
	Developmental Screening	6	49.6%	36.5%
	Medical Home	29	472%	45.5%
Behaviors		15	0.436	
Nutrition and Physical Activity	Breastfed	6	34.0%	27.2%
	Physical Activity	26	20.2%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	19	10.9	13.1
Sleep Health	Adequate Sleep	7	71.8%	65.3%
	Sleep Position*	4	80.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	39	2.3%	1.9%
Health Outcomes		18	0.054	
Behavioral Health	Alcohol Use	41	8.4%	6.9%
	Flourishing	23	66.1%	66.7%
	Illicit Drug Use	45	8.6%	7.3%
	Mental Health Conditions	18	20.6%	20.5%
	Teen Suicide*	40	16.9	10.2
Mortality	Child Mortality	31	32.7	29.6
	Infant Mortality	9	4.5	5.6
	Neonatal Mortality*	13	3.1	3.6
Physical Health	Asthma	20	6.6%	6.8%
	Congenital Syphilis*	30	81.8	105.8
	High Health Status*	14	91.6%	89.9%
	Low Birth Weight	43	9.7%	8.6%
	Low Birth Weight - Racial Disparity	10	1.8	2.1
	Neonatal Abstinence Syndrome*	15	4.9	5.3
	Overweight or Obesity	1	23.1%	31.3%
Overall - Children		13	0.402	

Overall - Women and Children 8 0.482

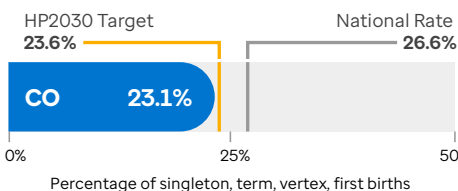
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

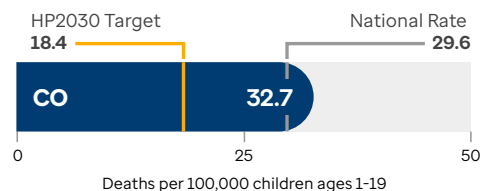
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of illicit drug use among women
- High reading proficiency among fourth grade public school students
- Low teen birth rate

Challenges

- High prevalence of frequent physical distress among women
- High prevalence of illicit drug use among adolescents
- Low percentage of infants exclusively breastfed for six months

Key Findings

Child Mortality

28%▲

from 15.2 to 19.4 deaths per 100,000 children ages 1-19 between 2014-2016 and 2021-2023.

Mortality Among Women

20%▼

from 103.1 to 82.8 deaths per 100,000 women ages 20-44 between 2022 and 2023.

High Health Status

13%▼

from 63.1% to 55.2% of women ages 18-44 between 2020-2021 and 2022-2023.

Preventive Dental Visit

8%▲

from 81.3% to 87.8% of children ages 1-17 between 2021-2022 and 2023-2024.

Measures

Women

	State Rank	State Value	U.S. Value
Social and Economic Factors	16	0.437	
Community and Family Safety			
Firearm Deaths*	4	2.5	6.2
Injury Deaths	13	45.0	51.9
Intimate Partner Violence Before Pregnancy*	14	3.1%	-
Economic Resources			
Concentrated Disadvantage	27	23.3%	25.9%
Food Insecurity	14	10.4%	12.2%
Gender Pay Gap*	15	84.2%	81.1%
Poverty	10	12.6%	14.9%
Unemployment	20	3.0%	3.5%
Education			
College Graduate	8	43.8%	37.8%
Social Support and Engagement			
Infant Child Care Affordability*	26	11.8%	12.1%
Residential Segregation - Black/White	26	64	-
Voter Participation	34	57.9%	60.0%

Children

	State Rank	State Value	U.S. Value
Social and Economic Factors	4	0.732	
Community and Family Safety			
Child Victimization*	23	7.2	7.4
Firearm Deaths *	4	2.4	5.9
Injury Deaths	6	11.0	18.7
Economic Resources			
Children in Poverty	20	13.3%	16.0%
Children in Poverty - Racial Disparity	46	5.3	3.0
Food Sufficiency	8	71.9%	66.6%
Students Experiencing Homelessness	1	0.8%	2.4%
WIC Coverage	33	46.9%	52.2%
Education			
Early Childhood Education	1	65.6%	48.5%
Fourth Grade Reading Proficiency	4	36.2%	30.5%
High School Completion	23	91.8%	89.8%
Social Support and Engagement			
Adult Mentor*	44	85.5%	88.0%
Adverse Childhood Experiences	6	12.3%	14.1%
Foster Care Instability	20	14.1%	15.2%
High-Speed Internet	15	96.6%	96.0%
Neighborhood Amenities	12	44.4%	38.2%
Reading, Singing or Storytelling*	7	66.1%	59.7%

Women and Children

	State Rank	State Value	U.S. Value
Physical Environment	13	0.326	
Air and Water Quality			
Air Pollution	18	7.4	8.6
Drinking Water Violations	9	1.6	2.8
Household Smoke	5	7.9%	10.3%
Water Fluoridation	14	90.4%	72.3%
Climate and Health			
Climate Policies	1	4	-
Transportation Energy Use*	3	6.1	8.4
Housing and Transportation			
Drive Alone to Work - Women	22	69.1%	67.3%
Housing Cost Burden - Households with Children	45	35.1%	31.1%
Housing with Lead Risk	46	24.9%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		4	0.972	
Access to Care	Adequate Prenatal Care	2	84.2%	75.2%
	Avoided Care Due to Cost	14	13.8%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	15	7.9%	10.8%
	Women's Health Providers	5	66.1	47.8
Preventive Clinical Care	Cervical Cancer Screening	20	53.7%	51.6%
	Dental Visit	3	71.8%	64.1%
	Flu Vaccination	5	44.7%	35.5%
	Postpartum Visit*	4	93.4%	90.3%
	Well-Woman Visit	3	78.9%	72.7%
Quality of Care	Breastfeeding Initiation	7	91.4%	85.1%
	Dedicated Health Care Provider	18	82.8%	77.4%
	Low-Risk Cesarean Delivery	48	30.0%	26.6%
	Maternity Practices Score	6	88	82
Behaviors		13	0.321	
Nutrition and Physical Activity	Exercise	36	25.9%	27.6%
	Fruit and Vegetable Consumption	8	11.8%	9.8%
	Physical Inactivity	44	25.2%	22.0%
Sexual Health	Chlamydia	14	1,217.1	1,481.2
	High-Risk HIV Behaviors	13	8.2%	9.3%
	Unintended Pregnancy*	13	20.6%	–
Sleep Health	Insufficient Sleep	18	34.7%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	5	8.9%	11.2%
	Smoking	3	5.9%	9.9%
	Smoking During Pregnancy	8	1.8%	3.0%
Health Outcomes		8	0.400	
Behavioral Health	Drug Deaths*	28	29.6	28.6
	Excessive Drinking	20	19.5%	19.5%
	Frequent Mental Distress	13	22.7%	23.6%
	Illicit Drug Use	1	6.7%	10.5%
	Postpartum Anxiety*	5	16.7%	20.3%
	Postpartum Depression*	4	8.6%	11.9%
Mortality	Maternal Mortality*	5	16.2	23.5
	Mortality Rate	5	82.8	109.9
Physical Health	Depression*	13	28.5%	30.3%
	Diabetes*	13	2.9%	3.6%
	Frequent Physical Distress	38	11.1%	9.7%
	High Blood Pressure	21	11.2%	11.8%
	High Health Status*	12	55.2%	51.6%
	Multiple Chronic Conditions	9	3.6%	4.5%
	Obesity	11	29.8%	32.5%
Severe Maternal Morbidity*	37	107.2	94.7	
Overall - Women		8	0.463	

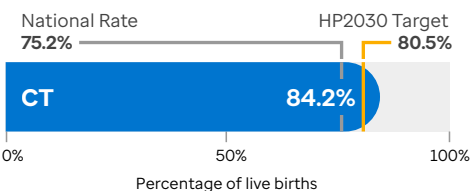
		State Rank	State Value	U.S. Value
Children				
Clinical Care		5	1.122	
Access to Care	ADD/ADHD Treatment	15	4.1%	3.4%
	Mental Health Treatment*	7	88.4%	83.3%
	Pediatricians	5	161.9	116.1
	Uninsured	12	3.4%	5.4%
Preventive Clinical Care	Childhood Immunizations	4	76.7%	66.9%
	HPV Vaccination	7	71.2%	61.4%
	Preventive Dental Visit	3	87.8%	80.2%
	Well-Child Visit	5	86.8%	79.6%
Quality of Care	Adequate Insurance	18	65.9%	64.6%
	Developmental Screening	17	43.2%	36.5%
	Medical Home	36	46.2%	45.5%
Behaviors		28	0.122	
Nutrition and Physical Activity	Breastfed	42	22.5%	27.2%
	Physical Activity	38	18.3%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	4	6.8	13.1
Sleep Health	Adequate Sleep	19	67.9%	65.3%
	Sleep Position*	11	76.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		16	0.160	
Behavioral Health	Alcohol Use	29	7.2%	6.9%
	Flourishing	18	66.6%	66.7%
	Illicit Drug Use	42	8.5%	7.3%
	Mental Health Conditions	27	22.4%	20.5%
	Teen Suicide*	4	5.5	10.2
Mortality	Child Mortality	4	19.4	29.6
	Infant Mortality	8	4.4	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	23	6.7%	6.8%
	Congenital Syphilis*	3	5.7	105.8
	High Health Status*	23	90.9%	89.9%
	Low Birth Weight	19	7.9%	8.6%
	Low Birth Weight - Racial Disparity	45	2.2	2.1
	Neonatal Abstinence Syndrome*	23	5.8	5.3
	Overweight or Obesity	18	30.7%	31.3%
Overall - Children		7	0.489	

Overall - Women and Children **7 0.492**

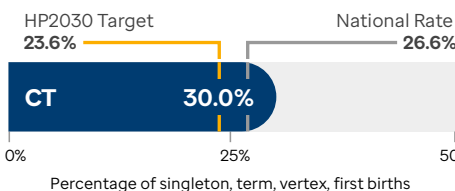
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

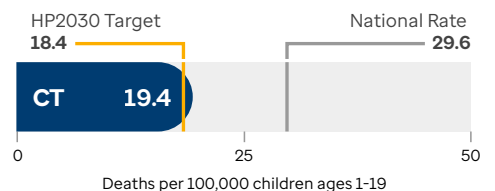
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of frequent mental distress among women
- High percentage of households with children that have high-speed internet
- High hospital maternity practices (mPINC) score

Challenges

- High mortality rate among women
- High prevalence of illicit drug use among adolescents
- High prevalence of household smoke

Key Findings

Smoking During Pregnancy

59%▼

from 7.0% to 2.9% of women with a recent live birth between 2020 and 2023.

Infant Mortality

39%▲

from 4.9 to 6.8 deaths per 1,000 live births between 2020-2021 and 2022-2023.

High Health Status

16%▼

from 59.6% to 49.8% of women ages 18-44 between 2020-2021 and 2022-2023.

Teen Births

9%▼

from 14.9 to 13.5 births per 1,000 females ages 15-19 between 2019 and 2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		18	0.417	
Community and Family Safety	Firearm Deaths*	21	6.8	6.2
	Injury Deaths	44	80.0	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	30	24.2%	25.9%
	Food Insecurity	23	11.3%	12.2%
	Gender Pay Gap*	6	86.6%	81.1%
	Poverty	17	13.3%	14.9%
	Unemployment	29	3.3%	3.5%
Education	College Graduate	21	38.5%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	30	12.7%	12.1%
	Residential Segregation - Black/White	1	46	–
	Voter Participation	19	62.9%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		31	-0.139	
Community and Family Safety	Child Victimization*	10	4.2	7.4
	Firearm Deaths *	17	5.3	5.9
	Injury Deaths	27	19.5	18.7
Economic Resources	Children in Poverty	29	15.2%	16.0%
	Children in Poverty - Racial Disparity	49	8.4	3.0
	Food Sufficiency	22	67.4%	66.6%
	Students Experiencing Homelessness	34	2.5%	2.4%
	WIC Coverage	17	55.6%	52.2%
Education	Early Childhood Education	13	50.3%	48.5%
	Fourth Grade Reading Proficiency	43	26.5%	30.5%
	High School Completion	25	91.4%	89.8%
Social Support and Engagement	Adult Mentor*	43	85.8%	88.0%
	Adverse Childhood Experiences	28	15.8%	14.1%
	Foster Care Instability	29	16.1%	15.2%
	High-Speed Internet	13	96.8%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	34	27.4%	38.2%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		9	0.398	
Air and Water Quality	Air Pollution	32	8.2	8.6
	Drinking Water Violations	4	1.2	2.8
	Household Smoke	45	15.8%	10.3%
	Water Fluoridation	31	69.8%	72.3%
Climate and Health	Climate Policies	1	4	–
	Transportation Energy Use*	18	78	8.4
Housing and Transportation	Drive Alone to Work - Women	25	70.3%	67.3%
	Housing Cost Burden - Households with Children	8	23.1%	31.1%
	Housing with Lead Risk	20	13.2%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		16	0.441	
Access to Care	Adequate Prenatal Care	24	78.6%	75.2%
	Avoided Care Due to Cost	19	14.7%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	29	9.4%	10.8%
	Women's Health Providers	22	48.2	47.8
Preventive Clinical Care	Cervical Cancer Screening	42	47.4%	51.6%
	Dental Visit	30	64.6%	64.1%
	Flu Vaccination	27	36.0%	35.5%
	Postpartum Visit*	37	88.9%	90.3%
	Well-Woman Visit	14	76.0%	72.7%
Quality of Care	Breastfeeding Initiation	20	86.8%	85.1%
	Dedicated Health Care Provider	28	80.4%	77.4%
	Low-Risk Cesarean Delivery	17	24.2%	26.6%
	Maternity Practices Score	1	93	82
Behaviors		28	-0.154	
Nutrition and Physical Activity	Exercise	35	26.1%	27.6%
	Fruit and Vegetable Consumption	39	7.4%	9.8%
	Physical Inactivity	40	24.0%	22.0%
Sexual Health	Chlamydia	43	1,916.4	1,481.2
	High-Risk HIV Behaviors	5	7.2%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	20	35.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	6	9.2%	11.2%
	Smoking	20	10.3%	9.9%
	Smoking During Pregnancy	17	2.9%	3.0%
Health Outcomes		21	-0.138	
Behavioral Health	Drug Deaths*	49	570	28.6
	Excessive Drinking	13	17.9%	19.5%
	Frequent Mental Distress	10	22.0%	23.6%
	Illicit Drug Use	12	9.6%	10.5%
	Postpartum Anxiety*	15	18.8%	20.3%
	Postpartum Depression*	11	10.6%	11.9%
Mortality	Maternal Mortality*	-	-	23.5
	Mortality Rate	40	146.2	109.9
Physical Health	Depression*	12	28.0%	30.3%
	Diabetes*	36	4.1%	3.6%
	Frequent Physical Distress	22	9.8%	9.7%
	High Blood Pressure	21	11.2%	11.8%
	High Health Status*	38	49.8%	51.6%
	Multiple Chronic Conditions	22	4.7%	4.5%
	Obesity	39	37.5%	32.5%
Severe Maternal Morbidity*	41	111.1	94.7	
Overall - Women		20	0.166	

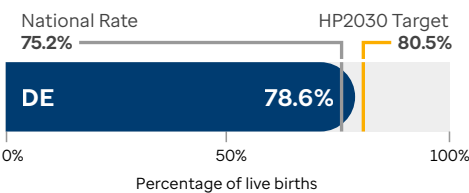
		State Rank	State Value	U.S. Value
Children				
Clinical Care		20	0.376	
Access to Care	ADD/ADHD Treatment	21	3.9%	3.4%
	Mental Health Treatment*	11	87.5%	83.3%
	Pediatricians	3	170.5	116.1
	Uninsured	27	4.8%	5.4%
Preventive Clinical Care	Childhood Immunizations	23	68.1%	66.9%
	HPV Vaccination	5	73.0%	61.4%
	Preventive Dental Visit	39	78.8%	80.2%
	Well-Child Visit	31	79.2%	79.6%
Quality of Care	Adequate Insurance	23	65.4%	64.6%
	Developmental Screening	27	38.8%	36.5%
	Medical Home	36	46.2%	45.5%
Behaviors		37	-0.402	
Nutrition and Physical Activity	Breastfed	44	22.2%	27.2%
	Physical Activity	41	17.7%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	30	13.5	13.1
Sleep Health	Adequate Sleep	40	62.4%	65.3%
	Sleep Position*	30	69.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		40	-0.379	
Behavioral Health	Alcohol Use	31	7.4%	6.9%
	Flourishing	12	67.4%	66.7%
	Illicit Drug Use	47	9.2%	7.3%
	Mental Health Conditions	13	20.2%	20.5%
	Teen Suicide*	-	-	10.2
Mortality	Child Mortality	26	30.2	29.6
	Infant Mortality	38	6.8	5.6
	Neonatal Mortality*	48	4.9	3.6
Physical Health	Asthma	31	7.1%	6.8%
	Congenital Syphilis*	19	46.2	105.8
	High Health Status*	30	90.4%	89.9%
	Low Birth Weight	39	9.2%	8.6%
	Low Birth Weight - Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome*	41	11.9	5.3
Overweight or Obesity	45	35.7%	31.3%	
Overall - Children		31	-0.077	

Overall - Women and Children **25 0.002**

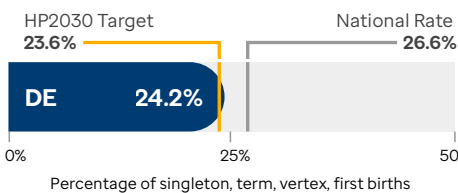
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Healthy People 2030 (HP2030) Targets

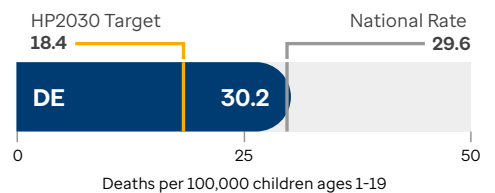
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

District of Columbia

Health Department Website: dchealth.dc.gov

Summary

Strengths

- High prevalence of food sufficiency among children
- High prevalence of neighborhood amenities
- High prevalence of women with a dedicated health care provider

Challenges

- High percentage of low birth weight infants
- Low percentage of households with children that have high-speed internet
- High prevalence of unemployment among women

Key Findings

Drug Deaths

82% ▲

from 11.6 to 21.1 deaths per 100,000 women ages 20-44 between 2017-2019 and 2021-2023.

Smoking During Pregnancy

65% ▼

from 2.3% to 0.8% of women with a recent live birth between 2019 and 2023.

Child Mortality

39% ▲

from 29.7 to 41.3 deaths per 100,000 children ages 1-19 between 2017-2019 and 2021-2023.

Early Childhood Education

23% ▲

from 73.0% to 90.1% of children ages 3-4 between 2021 and 2023.

Measures

Women

		D.C. Value	U.S. Value
Social and Economic Factors			
Community and Family Safety	Firearm Deaths*	70	6.2
	Injury Deaths	40.8	51.9
	Intimate Partner Violence Before Pregnancy*	–	–
Economic Resources	Concentrated Disadvantage	46.4%	25.9%
	Food Insecurity	8.8%	12.2%
	Gender Pay Gap*	86.0%	81.1%
	Poverty	12.2%	14.9%
	Unemployment	4.7%	3.5%
Education	College Graduate	73.7%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	10.5%	12.1%
	Residential Segregation - Black/White	67	–
	Voter Participation	72.7%	60.0%

Children

		D.C. Value	U.S. Value
Social and Economic Factors			
Community and Family Safety	Child Victimization*	10.0	7.4
	Firearm Deaths *	18.9	5.9
	Injury Deaths	31.8	18.7
Economic Resources	Children in Poverty	171%	16.0%
	Children in Poverty - Racial Disparity	–	30
	Food Sufficiency	75.3%	66.6%
	Students Experiencing Homelessness	6.6%	2.4%
	WIC Coverage	46.0%	52.2%
Education	Early Childhood Education	90.1%	48.5%
	Fourth Grade Reading Proficiency	29.6%	30.5%
	High School Completion	92.7%	89.8%
Social Support and Engagement	Adult Mentor*	85.1%	88.0%
	Adverse Childhood Experiences	13.5%	14.1%
	Foster Care Instability	31.8%	15.2%
	High-Speed Internet	93.9%	96.0%
	Neighborhood Amenities	73.5%	38.2%
	Reading, Singing or Storytelling*	75.3%	59.7%

Women and Children

		D.C. Value	U.S. Value
Physical Environment			
Air and Water Quality	Air Pollution	8.8	8.6
	Drinking Water Violations	1.5	2.8
	Household Smoke	8.5%	10.3%
	Water Fluoridation	100.0%	72.3%
Climate and Health	Climate Policies	3	–
	Transportation Energy Use*	2.6	8.4
Housing and Transportation	Drive Alone to Work - Women	26.1%	67.3%
	Housing Cost Burden - Households with Children	27.8%	31.1%
	Housing with Lead Risk	30.3%	16.4%



Measures

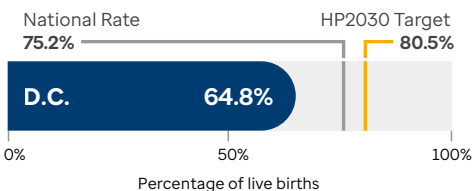
		D.C. Value	U.S. Value
Women			
Clinical Care			
Access to Care	Adequate Prenatal Care	64.8%	75.2%
	Avoided Care Due to Cost	11.6%	17.4%
	Maternity Care Desert*	0.0	3.7
	Uninsured	2.6%	10.8%
	Women's Health Providers	115.0	47.8
Preventive Clinical Care	Cervical Cancer Screening	59.1%	51.6%
	Dental Visit	76.7%	64.1%
	Flu Vaccination	53.9%	35.5%
	Postpartum Visit*	91.1%	90.3%
	Well-Woman Visit	75.3%	72.7%
Quality of Care	Breastfeeding Initiation	82.0%	85.1%
	Dedicated Health Care Provider	83.1%	77.4%
	Low-Risk Cesarean Delivery	29.7%	26.6%
	Maternity Practices Score	–	82
Behaviors			
Nutrition and Physical Activity	Exercise	37.3%	27.6%
	Fruit and Vegetable Consumption	14.0%	9.8%
	Physical Inactivity	13.6%	22.0%
Sexual Health	Chlamydia	1,952.5	1,481.2
	High-Risk HIV Behaviors	12.4%	9.3%
	Unintended Pregnancy*	–	–
Sleep Health	Insufficient Sleep	29.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	6.2%	11.2%
	Smoking	5.8%	9.9%
	Smoking During Pregnancy	0.8%	3.0%
Health Outcomes			
Behavioral Health	Drug Deaths*	21.1	28.6
	Excessive Drinking	36.4%	19.5%
	Frequent Mental Distress	16.7%	23.6%
	Illicit Drug Use	13.1%	10.5%
	Postpartum Anxiety*	16.6%	20.3%
	Postpartum Depression*	10.6%	11.9%
Mortality	Maternal Mortality*	28.2	23.5
	Mortality Rate	91.0	109.9
Physical Health	Depression*	27.3%	30.3%
	Diabetes*	1.8%	3.6%
	Frequent Physical Distress	7.6%	9.7%
	High Blood Pressure	9.8%	11.8%
	High Health Status*	67.6%	51.6%
	Multiple Chronic Conditions	3.4%	4.5%
	Obesity	21.6%	32.5%
	Severe Maternal Morbidity*	143.4	94.7

		D.C. Value	U.S. Value
Children			
Clinical Care			
Access to Care	ADD/ADHD Treatment	2.5%	3.4%
	Mental Health Treatment*	74.2%	83.3%
	Pediatricians	606.7	116.1
	Uninsured	–	5.4%
Preventive Clinical Care	Childhood Immunizations	71.2%	66.9%
	HPV Vaccination	72.4%	61.4%
	Preventive Dental Visit	84.2%	80.2%
	Well-Child Visit	87.9%	79.6%
Quality of Care	Adequate Insurance	66.6%	64.6%
	Developmental Screening	47.0%	36.5%
	Medical Home	45.2%	45.5%
Behaviors			
Nutrition and Physical Activity	Breastfed	20.7%	27.2%
	Physical Activity	20.8%	19.7%
	Soda Consumption*	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	85.6%
	Teen Births	12.3	13.1
Sleep Health	Adequate Sleep	66.9%	65.3%
	Sleep Position*	76.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	16.8%
	Tobacco Use	2.6%	1.9%
Health Outcomes			
Behavioral Health	Alcohol Use	8.6%	6.9%
	Flourishing	69.0%	66.7%
	Illicit Drug Use	8.6%	7.3%
	Mental Health Conditions	19.1%	20.5%
	Teen Suicide*	–	10.2
Mortality	Child Mortality	41.3	29.6
	Infant Mortality	6.2	5.6
	Neonatal Mortality*	3.3	3.6
Physical Health	Asthma	9.0%	6.8%
	Congenital Syphilis*	61.9	105.8
	High Health Status*	90.9%	89.9%
	Low Birth Weight	10.8%	8.6%
	Low Birth Weight - Racial Disparity	2.7	2.1
	Neonatal Abstinence Syndrome*	2.9	5.3
	Overweight or Obesity	34.6%	31.3%

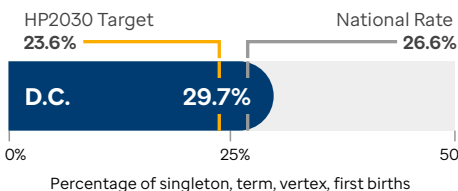
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

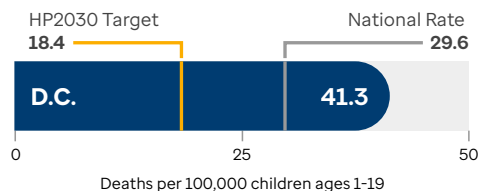
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low prevalence of high blood pressure among women
- Low prevalence of excessive drinking among women
- Low prevalence of tobacco use among adolescents

Challenges

- Low prevalence of preventive dental care among children
- Low percentage of infants exclusively breastfed for six months
- Low prevalence of developmental screenings

Key Findings

Maternal Mortality

47% ▲

from 16.7 to 24.5 deaths per 100,000 live births between 2014-2018 and 2019-2023.

Smoking During Pregnancy

38% ▼

from 2.9% to 1.8% of women with a recent live birth between 2021 and 2023.

Early Childhood Education

15% ▲

from 43.7% to 50.4% of children ages 3-4 between 2021 and 2023.

Child Mortality

14% ▲

from 26.4 to 30.0 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		24	0.105	
Community and Family Safety	Firearm Deaths*	20	6.7	6.2
	Injury Deaths	29	571	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	33	26.8%	25.9%
	Food Insecurity	30	12.0%	12.2%
	Gender Pay Gap*	12	85.1%	81.1%
	Poverty	26	14.3%	14.9%
	Unemployment	18	2.9%	3.5%
Education	College Graduate	23	38.1%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	22	11.5%	12.1%
	Residential Segregation - Black/White	16	60	–
	Voter Participation	39	56.0%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		26	-0.036	
Community and Family Safety	Child Victimization*	18	5.2	7.4
	Firearm Deaths *	16	5.1	5.9
	Injury Deaths	25	19.0	18.7
Economic Resources	Children in Poverty	32	15.7%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	38	62.7%	66.6%
	Students Experiencing Homelessness	37	2.7%	2.4%
	WIC Coverage	26	50.7%	52.2%
Education	Early Childhood Education	12	50.4%	48.5%
	Fourth Grade Reading Proficiency	10	33.0%	30.5%
	High School Completion	33	90.2%	89.8%
Social Support and Engagement	Adult Mentor*	44	85.5%	88.0%
	Adverse Childhood Experiences	19	14.1%	14.1%
	Foster Care Instability	33	17.1%	15.2%
	High-Speed Internet	18	96.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	32	32.7%	38.2%
		31	60.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		23	0.151	
Air and Water Quality	Air Pollution	18	7.4	8.6
	Drinking Water Violations	36	2.4	2.8
	Household Smoke	22	10.5%	10.3%
	Water Fluoridation	22	78.1%	72.3%
Climate and Health	Climate Policies	22	2	–
	Transportation Energy Use*	18	78	8.4
Housing and Transportation	Drive Alone to Work - Women	19	67.7%	67.3%
	Housing Cost Burden - Households with Children	49	39.1%	31.1%
	Housing with Lead Risk	4	75%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		48	-0.839	
Access to Care	Adequate Prenatal Care	49	66.0%	75.2%
	Avoided Care Due to Cost	46	22.4%	17.4%
	Maternity Care Desert*	15	0.9	3.7
	Uninsured	47	15.9%	10.8%
	Women's Health Providers	36	41.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	38	49.7%	51.6%
	Dental Visit	40	61.6%	64.1%
	Flu Vaccination	50	22.7%	35.5%
	Postpartum Visit*	32	89.4%	90.3%
	Well-Woman Visit	37	70.9%	72.7%
Quality of Care	Breastfeeding Initiation	23	86.3%	85.1%
	Dedicated Health Care Provider	47	69.3%	77.4%
	Low-Risk Cesarean Delivery	47	29.9%	26.6%
	Maternity Practices Score	13	85	82
	Behaviors		21	0.000
Nutrition and Physical Activity	Exercise	39	25.4%	27.6%
	Fruit and Vegetable Consumption	–	–	9.8%
	Physical Inactivity	37	23.7%	22.0%
Sexual Health	Chlamydia	35	1,592.1	1,481.2
	High-Risk HIV Behaviors	4	71%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	37	38.9%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	9	9.6%	11.2%
	Smoking	10	8.5%	9.9%
	Smoking During Pregnancy	8	1.8%	3.0%
Health Outcomes		10	0.350	
Behavioral Health	Drug Deaths*	31	32.7	28.6
	Excessive Drinking	9	17.3%	19.5%
	Frequent Mental Distress	15	22.9%	23.6%
	Illicit Drug Use	26	10.6%	10.5%
	Postpartum Anxiety*	2	14.2%	20.3%
	Postpartum Depression*	13	10.9%	11.9%
Mortality	Maternal Mortality*	28	24.5	23.5
	Mortality Rate	24	113.5	109.9
Physical Health	Depression*	3	23.9%	30.3%
	Diabetes*	1	2.3%	3.6%
	Frequent Physical Distress	17	9.3%	9.7%
	High Blood Pressure	6	9.4%	11.8%
	High Health Status*	19	54.2%	51.6%
	Multiple Chronic Conditions	15	4.1%	4.5%
	Obesity	10	28.8%	32.5%
	Severe Maternal Morbidity*	33	102.7	94.7
Overall - Women		27	-0.003	

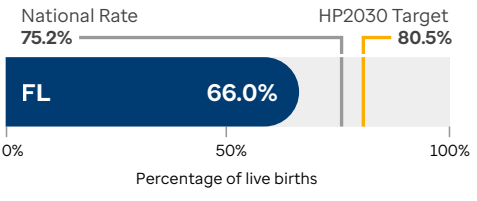
		State Rank	State Value	U.S. Value
Children				
Clinical Care		46	-0.503	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	50	70.2%	83.3%
	Pediatricians	26	105.3	116.1
	Uninsured	46	7.5%	5.4%
	Preventive Clinical Care			
Preventive Clinical Care	Childhood Immunizations	26	67.3%	66.9%
	HPV Vaccination	23	64.4%	61.4%
	Preventive Dental Visit	50	71.9%	80.2%
	Well-Child Visit	25	80.2%	79.6%
Quality of Care	Adequate Insurance	34	62.6%	64.6%
	Developmental Screening	49	23.1%	36.5%
	Medical Home	43	44.3%	45.5%
Behaviors		34	-0.258	
Nutrition and Physical Activity	Breastfed	45	22.0%	27.2%
	Physical Activity	39	18.1%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	27	12.7	13.1
Sleep Health	Adequate Sleep	32	64.9%	65.3%
	Sleep Position*	41	63.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		25	-0.072	
Behavioral Health	Alcohol Use	26	6.9%	6.9%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	29	7.6%	7.3%
	Mental Health Conditions	11	19.8%	20.5%
	Teen Suicide*	7	8.2	10.2
	Mortality	Child Mortality	24	30.0
Infant Mortality		29	6.0	5.6
Neonatal Mortality*		29	3.9	3.6
Physical Health	Asthma	15	6.3%	6.8%
	Congenital Syphilis*	34	104.7	105.8
	High Health Status*	10	92.0%	89.9%
	Low Birth Weight	36	9.0%	8.6%
	Low Birth Weight - Racial Disparity	23	2.0	2.1
	Neonatal Abstinence Syndrome*	20	5.5	5.3
	Overweight or Obesity	28	31.6%	31.3%
	Overall - Children		32	-0.099

Overall - Women and Children **30 -0.074**

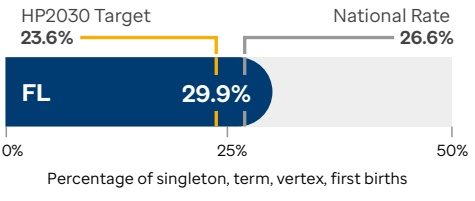
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

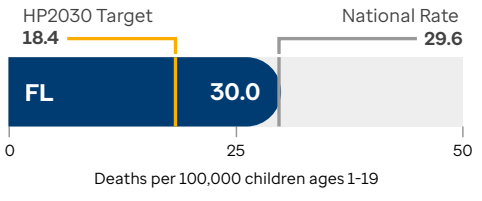
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- High percentage of youth who are flourishing
- Low prevalence of multiple chronic conditions among women
- High prevalence of exercise among women

Challenges

- High infant mortality rate
- Low WIC coverage among eligible children under 4
- High incidence of chlamydia among women

Key Findings

Frequent Mental Distress

28%▲

from 18.0% to 23.1% of women ages 18-44 between 2018-2019 and 2022-2023.

Mortality Among Women

25%▼

from 167.1 to 124.7 deaths per 100,000 women ages 20-44 between 2021 and 2023.

Child Mortality

19%▲

from 29.7 to 35.4 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Early Childhood Education

16%▲

from 43.1% to 49.8% of children ages 3-4 between 2021 and 2023.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		27	0.061	
Community and Family Safety	Firearm Deaths*	35	9.3	6.2
	Injury Deaths	22	52.9	51.9
	Intimate Partner Violence Before Pregnancy*	10	2.4%	-
Economic Resources	Concentrated Disadvantage	45	33.2%	25.9%
	Food Insecurity	36	12.8%	12.2%
	Gender Pay Gap*	23	82.4%	81.1%
	Poverty	37	16.3%	14.9%
	Unemployment	20	3.0%	3.5%
Education	College Graduate	33	35.3%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	5	9.2%	12.1%
	Residential Segregation - Black/White	9	57	-
	Voter Participation	22	62.3%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		35	-0.282	
Community and Family Safety	Child Victimization*	12	4.5	7.4
	Firearm Deaths *	35	9.1	5.9
	Injury Deaths	31	22.3	18.7
Economic Resources	Children in Poverty	38	18.4%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	31	65.2%	66.6%
	Students Experiencing Homelessness	27	2.0%	2.4%
	WIC Coverage	44	39.6%	52.2%
Education	Early Childhood Education	16	49.8%	48.5%
	Fourth Grade Reading Proficiency	28	30.4%	30.5%
	High School Completion	40	89.3%	89.8%
Social Support and Engagement	Adult Mentor*	34	88.5%	88.0%
	Adverse Childhood Experiences	28	15.8%	14.1%
	Foster Care Instability	22	14.8%	15.2%
	High-Speed Internet	18	96.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	37	27.7%	38.2%
		47	50.8%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		31	0.068	
Air and Water Quality	Air Pollution	39	8.7	8.6
	Drinking Water Violations	39	2.9	2.8
	Household Smoke	17	10.2%	10.3%
	Water Fluoridation	6	95.1%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	25	8.4	8.4
Housing and Transportation	Drive Alone to Work - Women	21	69.0%	67.3%
	Housing Cost Burden - Households with Children	37	30.9%	31.1%
	Housing with Lead Risk	5	8.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		44	-0.625	
Access to Care	Adequate Prenatal Care	32	75.6%	75.2%
	Avoided Care Due to Cost	48	22.9%	17.4%
	Maternity Care Desert*	33	6.8	3.7
	Uninsured	49	16.4%	10.8%
	Women's Health Providers	26	472	478
Preventive Clinical Care	Cervical Cancer Screening	8	57.3%	51.6%
	Dental Visit	44	59.1%	64.1%
	Flu Vaccination	46	27.8%	35.5%
	Postpartum Visit*	33	89.3%	90.3%
	Well-Woman Visit	41	70.2%	72.7%
Quality of Care	Breastfeeding Initiation	34	83.9%	85.1%
	Dedicated Health Care Provider	44	73.2%	77.4%
	Low-Risk Cesarean Delivery	46	29.8%	26.6%
	Maternity Practices Score	34	78	82
Behaviors		29	-0.164	
Nutrition and Physical Activity	Exercise	19	28.9%	27.6%
	Fruit and Vegetable Consumption	11	11.0%	9.8%
	Physical Inactivity	28	21.4%	22.0%
Sexual Health	Chlamydia	44	1,944.3	1,481.2
	High-Risk HIV Behaviors	30	10.1%	9.3%
	Unintended Pregnancy*	2	10.0%	-
Sleep Health	Insufficient Sleep	44	40.0%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	12	10.4%	11.2%
	Smoking	18	9.8%	9.9%
	Smoking During Pregnancy	11	2.2%	3.0%
Health Outcomes		19	-0.108	
Behavioral Health	Drug Deaths*	15	24.1	28.6
	Excessive Drinking	10	17.4%	19.5%
	Frequent Mental Distress	17	23.1%	23.6%
	Illicit Drug Use	35	11.8%	10.5%
	Postpartum Anxiety*	24	21.3%	20.3%
	Postpartum Depression*	14	11.0%	11.9%
Mortality	Maternal Mortality*	35	30.4	23.5
	Mortality Rate	32	124.7	109.9
Physical Health	Depression*	7	26.0%	30.3%
	Diabetes*	7	2.7%	3.6%
	Frequent Physical Distress	13	9.0%	9.7%
	High Blood Pressure	40	14.0%	11.8%
	High Health Status*	27	52.0%	51.6%
	Multiple Chronic Conditions	4	3.5%	4.5%
	Obesity	41	38.5%	32.5%
Severe Maternal Morbidity*	31	99.9	94.7	
Overall - Women		32	-0.132	

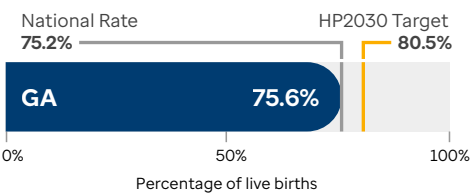
		State Rank	State Value	U.S. Value
Children				
Clinical Care		45	-0.416	
Access to Care	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	47	76.8%	83.3%
	Pediatricians	32	93.8	116.1
	Uninsured	38	6.4%	5.4%
Preventive Clinical Care	Childhood Immunizations	37	64.3%	66.9%
	HPV Vaccination	49	40.5%	61.4%
	Preventive Dental Visit	36	79.0%	80.2%
	Well-Child Visit	26	80.1%	79.6%
Quality of Care	Adequate Insurance	39	61.7%	64.6%
	Developmental Screening	25	39.8%	36.5%
	Medical Home	42	44.4%	45.5%
Behaviors		39	-0.462	
Nutrition and Physical Activity	Breastfed	14	28.9%	27.2%
	Physical Activity	37	18.4%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	38	16.5	13.1
Sleep Health	Adequate Sleep	45	59.6%	65.3%
	Sleep Position*	45	58.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	32	2.1%	1.9%
Health Outcomes		43	-0.518	
Behavioral Health	Alcohol Use	23	6.7%	6.9%
	Flourishing	13	67.3%	66.7%
	Illicit Drug Use	29	7.6%	7.3%
	Mental Health Conditions	17	20.5%	20.5%
	Teen Suicide*	23	11.4	10.2
Mortality	Child Mortality	32	35.4	29.6
	Infant Mortality	43	70	5.6
	Neonatal Mortality*	38	4.1	3.6
Physical Health	Asthma	45	8.5%	6.8%
	Congenital Syphilis*	33	100.7	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	47	10.2%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	11	3.5	5.3
	Overweight or Obesity	40	33.1%	31.3%
Overall - Children		40	-0.319	

Overall - Women and Children **37 -0.260**

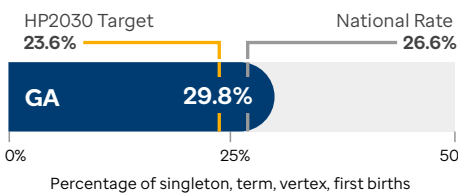
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

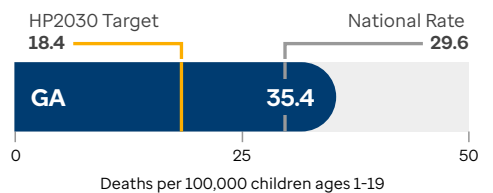
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low prevalence of frequent physical distress among women
- Low prevalence of multiple chronic conditions among women
- Low percentage of children in poverty

Challenges

- High prevalence of excessive drinking among women
- Low prevalence of adequate sleep among children
- High housing cost burden among households with children

Key Findings

Unemployment

53%▼

from 5.9% to 2.8% of female civilians between 2021 and 2023.

Household Smoke

35%▼

from 16.4% to 10.6% of children ages 0-17 between 2016-2017 and 2023-2024.

High Health Status

19%▼

from 65.1% to 52.5% of women ages 18-44 between 2020-2021 and 2022-2023.

Infant Mortality

10%▲

from 4.8 to 5.3 deaths per 1,000 live births between 2020-2021 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		12	0.551	
Community and Family Safety	Firearm Deaths*	–	–	6.2
	Injury Deaths	1	28.8	51.9
	Intimate Partner Violence Before Pregnancy*	2	15%	–
Economic Resources	Concentrated Disadvantage	22	20.4%	25.9%
	Food Insecurity	8	9.6%	12.2%
	Gender Pay Gap*	5	87.0%	81.1%
	Poverty	4	11.2%	14.9%
	Unemployment	11	2.8%	3.5%
Education	College Graduate	19	38.9%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	49	179%	12.1%
	Residential Segregation - Black/White	21	63	–
	Voter Participation	38	56.3%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		9	0.598	
Community and Family Safety	Child Victimization*	6	2.8	7.4
	Firearm Deaths *	–	–	5.9
	Injury Deaths	5	10.9	18.7
Economic Resources	Children in Poverty	9	11.4%	16.0%
	Children in Poverty - Racial Disparity	18	3.1	3.0
	Food Sufficiency	42	61.6%	66.6%
	Students Experiencing Homelessness	22	1.9%	2.4%
	WIC Coverage	10	60.9%	52.2%
Education	Early Childhood Education	14	50.0%	48.5%
	Fourth Grade Reading Proficiency	22	31.6%	30.5%
	High School Completion	14	93.0%	89.8%
Social Support and Engagement	Adult Mentor*	31	89.0%	88.0%
	Adverse Childhood Experiences	14	13.2%	14.1%
	Foster Care Instability	6	10.2%	15.2%
	High-Speed Internet	9	97.0%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	7	49.5%	38.2%
		35	58.3%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		8	0.411	
Air and Water Quality	Air Pollution	1	4.3	8.6
	Drinking Water Violations	1	0.0	2.8
	Household Smoke	23	10.6%	10.3%
	Water Fluoridation	50	8.5%	72.3%
Climate and Health	Climate Policies	13	3	–
	Transportation Energy Use*	44	11.3	8.4
Housing and Transportation	Drive Alone to Work - Women	2	60.0%	67.3%
	Housing Cost Burden - Households with Children	48	38.4%	31.1%
	Housing with Lead Risk	12	10.7%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		15	0.485	
Access to Care	Adequate Prenatal Care	50	62.4%	75.2%
	Avoided Care Due to Cost	1	8.1%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	3	4.2%	10.8%
	Women's Health Providers	9	62.5	47.8
Preventive Clinical Care	Cervical Cancer Screening	45	46.7%	51.6%
	Dental Visit	6	70.6%	64.1%
	Flu Vaccination	17	39.6%	35.5%
	Postpartum Visit*	20	92.0%	90.3%
	Well-Woman Visit	32	72.3%	72.7%
Quality of Care	Breastfeeding Initiation	23	86.3%	85.1%
	Dedicated Health Care Provider	8	84.8%	77.4%
	Low-Risk Cesarean Delivery	13	23.7%	26.6%
	Maternity Practices Score	34	78	82
Behaviors		33	-0.209	
Nutrition and Physical Activity	Exercise	41	25.0%	27.6%
	Fruit and Vegetable Consumption	34	7.9%	9.8%
	Physical Inactivity	24	20.8%	22.0%
Sexual Health	Chlamydia	28	1,464.3	1,481.2
	High-Risk HIV Behaviors	20	9.3%	9.3%
	Unintended Pregnancy*	20	24.2%	-
Sleep Health	Insufficient Sleep	50	42.7%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	41	15.2%	11.2%
	Smoking	12	8.6%	9.9%
	Smoking During Pregnancy	2	1.0%	3.0%
Health Outcomes		3	0.568	
Behavioral Health	Drug Deaths*	1	10.4	28.6
	Excessive Drinking	43	23.2%	19.5%
	Frequent Mental Distress	1	18.0%	23.6%
	Illicit Drug Use	45	14.0%	10.5%
	Postpartum Anxiety*	27	22.5%	20.3%
	Postpartum Depression*	20	11.5%	11.9%
Mortality	Maternal Mortality*	7	16.6	23.5
	Mortality Rate	11	94.7	109.9
Physical Health	Depression*	2	20.7%	30.3%
	Diabetes*	28	3.4%	3.6%
	Frequent Physical Distress	1	6.3%	9.7%
	High Blood Pressure	9	9.8%	11.8%
	High Health Status*	24	52.5%	51.6%
	Multiple Chronic Conditions	2	2.8%	4.5%
	Obesity	8	28.1%	32.5%
Severe Maternal Morbidity*	42	112.2	94.7	
Overall - Women		13	0.342	

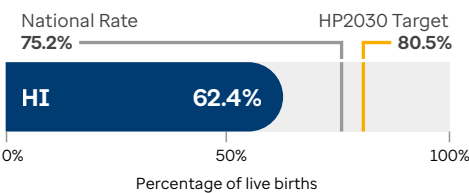
		State Rank	State Value	U.S. Value
Children				
Clinical Care		10	0.555	
Access to Care	ADD/ADHD Treatment	50	1.4%	3.4%
	Mental Health Treatment*	42	79.9%	83.3%
	Pediatricians	11	145.6	116.1
	Uninsured	4	3.0%	5.4%
Preventive Clinical Care	Childhood Immunizations	17	69.1%	66.9%
	HPV Vaccination	9	70.4%	61.4%
	Preventive Dental Visit	4	87.0%	80.2%
	Well-Child Visit	37	78.1%	79.6%
Quality of Care	Adequate Insurance	1	78.7%	64.6%
	Developmental Screening	26	39.4%	36.5%
	Medical Home	38	46.0%	45.5%
Behaviors		38	-0.438	
Nutrition and Physical Activity	Breastfed	27	27.4%	27.2%
	Physical Activity	45	17.0%	19.7%
	Soda Consumption*	3	5.5%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	13	85.8%	85.6%
	Teen Births	23	11.3	13.1
Sleep Health	Adequate Sleep	46	58.7%	65.3%
	Sleep Position*	37	66.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	4	13.2%	16.8%
	Tobacco Use	32	2.1%	1.9%
Health Outcomes		3	0.612	
Behavioral Health	Alcohol Use	18	6.5%	6.9%
	Flourishing	8	67.9%	66.7%
	Illicit Drug Use	23	7.3%	7.3%
	Mental Health Conditions	1	13.1%	20.5%
	Teen Suicide*	19	11.1	10.2
Mortality	Child Mortality	7	20.7	29.6
	Infant Mortality	21	5.3	5.6
	Neonatal Mortality*	25	3.7	3.6
Physical Health	Asthma	12	6.0%	6.8%
	Congenital Syphilis*	39	135.2	105.8
	High Health Status*	20	91.1%	89.9%
	Low Birth Weight	30	8.7%	8.6%
	Low Birth Weight - Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome*	1	1.0	5.3
	Overweight or Obesity	13	29.5%	31.3%
Overall - Children		12	0.421	

Overall - Women and Children **12 0.381**

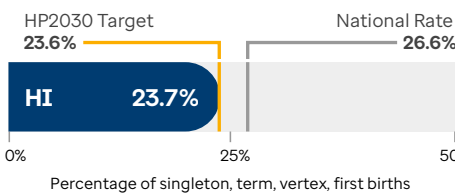
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

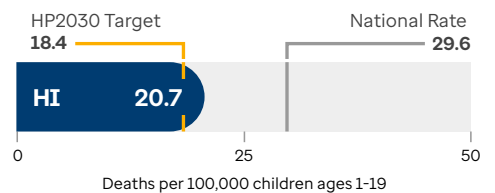
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low percentage of children in poverty
- Low prevalence of physical inactivity among women
- Low prevalence of tobacco use among adolescents

Challenges

- High prevalence of frequent physical distress among women
- High prevalence of adverse childhood experiences (ACEs) among children
- Low enrollment in early childhood education

Key Findings

Teen Births

28% ▼

from 14.6 to 10.5 births per 1,000 females ages 15-19 between 2020 and 2023.

Flu Vaccination

16% ▼

from 36.3% to 30.6% of women ages 18-44 between 2020-2021 and 2022-2023.

Adequate Insurance

12% ▼

from 70.9% to 62.1% of children ages 0-17 between 2017-2018 and 2023-2024.

Well-Woman Visit

10% ▲

from 66.5% to 73.1% of women ages 18-44 between 2018-2019 and 2022-2023.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		32	-0.085	
Community and Family Safety	Firearm Deaths*	18	6.3	6.2
	Injury Deaths	11	43.4	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	7	77%	25.9%
	Food Insecurity	23	11.3%	12.2%
	Gender Pay Gap*	44	75.7%	81.1%
	Poverty	18	13.4%	14.9%
	Unemployment	31	3.4%	3.5%
Education	College Graduate	39	33.1%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	9	9.8%	12.1%
	Residential Segregation - Black/White	47	77	-
	Voter Participation	37	57.3%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		32	-0.174	
Community and Family Safety	Child Victimization*	11	4.3	7.4
	Firearm Deaths *	12	4.6	5.9
	Injury Deaths	23	18.5	18.7
Economic Resources	Children in Poverty	10	11.5%	16.0%
	Children in Poverty - Racial Disparity	14	2.8	3.0
	Food Sufficiency	30	65.7%	66.6%
	Students Experiencing Homelessness	37	2.7%	2.4%
	WIC Coverage	39	44.3%	52.2%
Education	Early Childhood Education	46	36.4%	48.5%
	Fourth Grade Reading Proficiency	18	31.9%	30.5%
	High School Completion	17	92.2%	89.8%
Social Support and Engagement	Adult Mentor*	10	93.4%	88.0%
	Adverse Childhood Experiences	40	18.3%	14.1%
	Foster Care Instability	25	15.1%	15.2%
	High-Speed Internet	18	96.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	36	29.4%	38.2%
		27	61.1%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		47	-0.273	
Air and Water Quality	Air Pollution	37	8.5	8.6
	Drinking Water Violations	43	3.2	2.8
	Household Smoke	21	10.4%	10.3%
	Water Fluoridation	47	31.0%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	28	8.7	8.4
Housing and Transportation	Drive Alone to Work - Women	20	68.4%	67.3%
	Housing Cost Burden - Households with Children	23	271%	31.1%
	Housing with Lead Risk	17	11.9%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		21	0.421	
Access to Care	Adequate Prenatal Care	8	82.8%	75.2%
	Avoided Care Due to Cost	37	18.0%	17.4%
	Maternity Care Desert*	29	4.7	3.7
	Uninsured	35	12.1%	10.8%
	Women's Health Providers	24	475	478
Preventive Clinical Care	Cervical Cancer Screening	32	51.0%	51.6%
	Dental Visit	4	71.1%	64.1%
	Flu Vaccination	39	30.6%	35.5%
	Postpartum Visit*	–	–	90.3%
	Well-Woman Visit	29	73.1%	72.7%
Quality of Care	Breastfeeding Initiation	4	92.2%	85.1%
	Dedicated Health Care Provider	13	83.6%	77.4%
	Low-Risk Cesarean Delivery	3	19.8%	26.6%
	Maternity Practices Score	31	79	82
	Behaviors		6	0.549
Nutrition and Physical Activity	Exercise	12	29.9%	27.6%
	Fruit and Vegetable Consumption	43	7.0%	9.8%
	Physical Inactivity	8	16.9%	22.0%
Sexual Health	Chlamydia	7	946.2	1,481.2
	High-Risk HIV Behaviors	14	8.3%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	13	33.8%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	42	15.3%	11.2%
	Smoking	16	9.4%	9.9%
	Smoking During Pregnancy	19	3.0%	3.0%
Health Outcomes		22	-0.211	
Behavioral Health	Drug Deaths*	9	20.0	28.6
	Excessive Drinking	15	18.6%	19.5%
	Frequent Mental Distress	28	24.7%	23.6%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	–	–	20.3%
	Postpartum Depression*	–	–	11.9%
	Mortality	Maternal Mortality*	15	19.9
	Mortality Rate	17	102.9	109.9
Physical Health	Depression*	29	35.7%	30.3%
	Diabetes*	19	3.0%	3.6%
	Frequent Physical Distress	44	11.6%	9.7%
	High Blood Pressure	25	11.4%	11.8%
	High Health Status*	15	54.9%	51.6%
	Multiple Chronic Conditions	33	5.7%	4.5%
	Obesity	18	31.9%	32.5%
	Severe Maternal Morbidity*	–	–	94.7
Overall - Women		25	0.076	

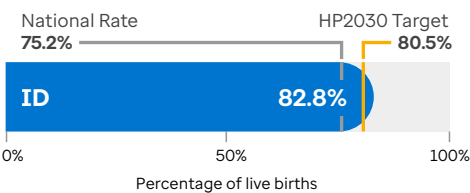
		State Rank	State Value	U.S. Value
Children				
Clinical Care		41	-0.322	
Access to Care	ADD/ADHD Treatment	44	2.6%	3.4%
	Mental Health Treatment*	26	84.9%	83.3%
	Pediatricians	50	49.8	116.1
	Uninsured	39	6.6%	5.4%
Preventive Clinical Care	Childhood Immunizations	16	69.4%	66.9%
	HPV Vaccination	42	53.4%	61.4%
	Preventive Dental Visit	20	82.7%	80.2%
	Well-Child Visit	43	76.8%	79.6%
Quality of Care	Adequate Insurance	37	62.1%	64.6%
	Developmental Screening	34	36.0%	36.5%
	Medical Home	24	49.1%	45.5%
Behaviors		9	0.666	
Nutrition and Physical Activity	Breastfed	37	25.2%	27.2%
	Physical Activity	10	23.6%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	16	10.5	13.1
Sleep Health	Adequate Sleep	19	67.9%	65.3%
	Sleep Position*	–	–	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	2	1.3%	1.9%
Health Outcomes		5	0.590	
Behavioral Health	Alcohol Use	29	7.2%	6.9%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	14	6.8%	7.3%
	Mental Health Conditions	14	20.3%	20.5%
	Teen Suicide*	41	18.7	10.2
	Mortality	Child Mortality	22	29.0
	Infant Mortality	15	4.8	5.6
	Neonatal Mortality*	18	3.3	3.6
Physical Health	Asthma	8	5.2%	6.8%
	Congenital Syphilis*	1	0.0	105.8
	High Health Status*	2	93.4%	89.9%
	Low Birth Weight	3	6.9%	8.6%
	Low Birth Weight - Racial Disparity	4	1.4	2.1
	Neonatal Abstinence Syndrome*	–	–	5.3
	Overweight or Obesity	4	26.6%	31.3%
Overall - Children		23	0.089	

Overall - Women and Children **23 0.118**

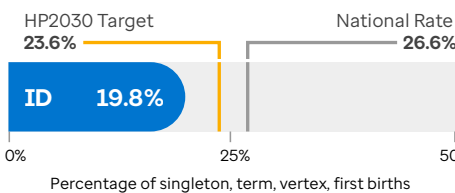
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

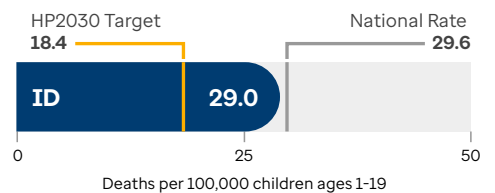
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- High percentage of youth who are flourishing
- Low prevalence of frequent physical distress among women
- High prevalence of neighborhood amenities

Challenges

- Low WIC coverage among eligible children under 4
- High prevalence of unemployment among women
- High prevalence of alcohol use among adolescents

Key Findings

Firearm Deaths

54%▲
from 4.1 to 6.3 deaths per 100,000 women ages 20-44 between 2018-2020 and 2021-2023.

Child Mortality

20%▲
from 25.1 to 30.0 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Preventive Dental Visit

11%▲
from 74.1% to 81.9% of children ages 1-17 between 2020-2021 and 2023-2024.

Well-Woman Visit

11%▲
from 68.9% to 76.5% of women ages 18-44 between 2017-2018 and 2022-2023.

Measures

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		33	-0.105	
Community and Family Safety	Firearm Deaths*	18	6.3	6.2
	Injury Deaths	12	43.8	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	32	24.4%	25.9%
	Food Insecurity	33	12.4%	12.2%
	Gender Pay Gap*	31	81.0%	81.1%
	Poverty	23	13.9%	14.9%
	Unemployment	44	4.1%	3.5%
Education	College Graduate	10	42.5%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	40	14.4%	12.1%
	Residential Segregation - Black/White	43	73	-
	Voter Participation	29	59.9%	60.0%

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		19	0.147	
Community and Family Safety	Child Victimization*	38	11.8	7.4
	Firearm Deaths *	32	7.8	5.9
	Injury Deaths	24	18.9	18.7
Economic Resources	Children in Poverty	26	14.7%	16.0%
	Children in Poverty - Racial Disparity	38	4.1	3.0
	Food Sufficiency	20	67.8%	66.6%
	Students Experiencing Homelessness	36	2.6%	2.4%
	WIC Coverage	48	37.9%	52.2%
Education	Early Childhood Education	9	52.3%	48.5%
	Fourth Grade Reading Proficiency	28	30.4%	30.5%
	High School Completion	30	90.6%	89.8%
Social Support and Engagement	Adult Mentor*	40	87.6%	88.0%
	Adverse Childhood Experiences	11	12.6%	14.1%
	Foster Care Instability	25	15.1%	15.2%
	High-Speed Internet	18	96.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	6	66.8%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		17	0.231	
Air and Water Quality	Air Pollution	47	9.8	8.6
	Drinking Water Violations	9	1.6	2.8
	Household Smoke	19	10.3%	10.3%
	Water Fluoridation	3	98.2%	72.3%
Climate and Health	Climate Policies	22	2	-
	Transportation Energy Use*	9	71	8.4
Housing and Transportation	Drive Alone to Work - Women	10	64.6%	67.3%
	Housing Cost Burden - Households with Children	23	27.1%	31.1%
	Housing with Lead Risk	44	23.7%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		32	0.218	
Access to Care	Adequate Prenatal Care	26	78.1%	75.2%
	Avoided Care Due to Cost	18	14.5%	17.4%
	Maternity Care Desert*	27	4.2	3.7
	Uninsured	19	8.1%	10.8%
	Women's Health Providers	20	50.8	47.8
Preventive Clinical Care	Cervical Cancer Screening	47	45.6%	51.6%
	Dental Visit	31	64.5%	64.1%
	Flu Vaccination	32	35.4%	35.5%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	11	76.5%	72.7%
Quality of Care	Breastfeeding Initiation	32	84.4%	85.1%
	Dedicated Health Care Provider	31	77.9%	77.4%
	Low-Risk Cesarean Delivery	17	24.2%	26.6%
	Maternity Practices Score	26	81	82
	Behaviors		27	-0.102
Nutrition and Physical Activity	Exercise	28	27.0%	27.6%
	Fruit and Vegetable Consumption	40	7.3%	9.8%
	Physical Inactivity	21	20.3%	22.0%
Sexual Health	Chlamydia	38	1,662.9	1,481.2
	High-Risk HIV Behaviors	30	10.1%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	29	36.8%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	10	9.9%	11.2%
	Smoking	9	8.0%	9.9%
	Smoking During Pregnancy	19	3.0%	3.0%
Health Outcomes		5	0.485	
Behavioral Health	Drug Deaths*	10	22.6	28.6
	Excessive Drinking	26	20.0%	19.5%
	Frequent Mental Distress	3	19.4%	23.6%
	Illicit Drug Use	31	11.0%	10.5%
	Postpartum Anxiety*	16	18.9%	20.3%
	Postpartum Depression*	25	11.9%	11.9%
Mortality	Maternal Mortality*	17	20.0	23.5
	Mortality Rate	13	970	109.9
Physical Health	Depression*	8	26.1%	30.3%
	Diabetes*	38	4.2%	3.6%
	Frequent Physical Distress	5	7.8%	9.7%
	High Blood Pressure	13	10.4%	11.8%
	High Health Status*	31	51.0%	51.6%
	Multiple Chronic Conditions	11	3.7%	4.5%
	Obesity	16	31.4%	32.5%
	Severe Maternal Morbidity*	27	92.6	94.7
Overall - Women		23	0.136	

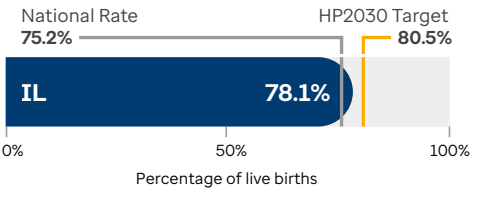
		State Rank	State Value	U.S. Value
Children				
Clinical Care		16	0.421	
Access to Care	ADD/ADHD Treatment	17	4.0%	3.4%
	Mental Health Treatment*	21	85.5%	83.3%
	Pediatricians	13	130.1	116.1
	Uninsured	8	3.2%	5.4%
Preventive Clinical Care	Childhood Immunizations	29	66.4%	66.9%
	HPV Vaccination	12	69.1%	61.4%
	Preventive Dental Visit	23	81.9%	80.2%
	Well-Child Visit	16	81.6%	79.6%
Quality of Care	Adequate Insurance	27	64.2%	64.6%
	Developmental Screening	29	37.7%	36.5%
	Medical Home	31	47.0%	45.5%
Behaviors		22	0.212	
Nutrition and Physical Activity	Breastfed	29	27.0%	27.2%
	Physical Activity	26	20.2%	19.7%
	Soda Consumption*	4	6.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	17	90.6%	85.6%
	Teen Births	17	10.7	13.1
Sleep Health	Adequate Sleep	25	66.5%	65.3%
	Sleep Position*	26	70.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	12	16.6%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		26	-0.097	
Behavioral Health	Alcohol Use	46	8.8%	6.9%
	Flourishing	5	69.2%	66.7%
	Illicit Drug Use	39	8.2%	7.3%
	Mental Health Conditions	8	19.3%	20.5%
	Teen Suicide*	8	8.4	10.2
Mortality	Child Mortality	24	30.0	29.6
	Infant Mortality	24	5.8	5.6
	Neonatal Mortality*	35	4.0	3.6
Physical Health	Asthma	15	6.3%	6.8%
	Congenital Syphilis*	29	77.9	105.8
	High Health Status*	7	92.3%	89.9%
	Low Birth Weight	33	8.9%	8.6%
	Low Birth Weight - Racial Disparity	45	2.2	2.1
	Neonatal Abstinence Syndrome*	4	2.2	5.3
	Overweight or Obesity	27	31.5%	31.3%
Overall - Children		22	0.146	

Overall - Women and Children **22 0.132**

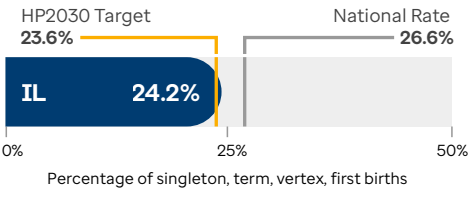
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

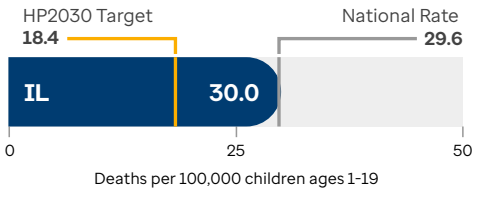
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- High reading proficiency among fourth grade public school students
- High WIC coverage among eligible children under 4
- High prevalence of well-woman visits

Challenges

- High infant mortality rate
- High prevalence of adverse childhood experiences (ACEs) among children
- High prevalence of frequent physical distress among women

Key Findings

Neighborhood Amenities

22%▲

from 26.0% to 31.8% between 2021-2022 and 2023-2024.

Flu Vaccination

21%▲

from 29.7% to 35.8% of women ages 18-44 between 2018-2019 and 2022-2023.

Child Mortality

14%▲

from 31.3 to 35.8 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

High Health Status

12%▼

from 58.0% to 51.2% of women ages 18-44 between 2020-2021 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		42	-0.446	
Community and Family Safety	Firearm Deaths*	35	9.3	6.2
	Injury Deaths	40	70.0	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	21	19.2%	25.9%
	Food Insecurity	31	12.2%	12.2%
	Gender Pay Gap*	39	78.5%	81.1%
	Poverty	38	16.4%	14.9%
	Unemployment	31	3.4%	3.5%
Education	College Graduate	37	34.4%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	40	14.4%	12.1%
	Residential Segregation - Black/White	37	69	–
	Voter Participation	48	51.5%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		28	-0.080	
Community and Family Safety	Child Victimization*	36	11.5	7.4
	Firearm Deaths *	31	7.7	5.9
	Injury Deaths	35	23.5	18.7
Economic Resources	Children in Poverty	30	15.4%	16.0%
	Children in Poverty - Racial Disparity	18	3.1	3.0
	Food Sufficiency	19	67.9%	66.6%
	Students Experiencing Homelessness	12	1.6%	2.4%
	WIC Coverage	12	59.3%	52.2%
Education	Early Childhood Education	38	41.7%	48.5%
	Fourth Grade Reading Proficiency	8	34.5%	30.5%
	High School Completion	32	90.4%	89.8%
Social Support and Engagement	Adult Mentor*	15	92.4%	88.0%
	Adverse Childhood Experiences	40	18.3%	14.1%
	Foster Care Instability	9	10.7%	15.2%
	High-Speed Internet	46	94.7%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	35	31.8%	38.2%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		37	-0.085	
Air and Water Quality	Air Pollution	45	9.1	8.6
	Drinking Water Violations	29	2.1	2.8
	Household Smoke	34	13.1%	10.3%
	Water Fluoridation	11	91.5%	72.3%
Climate and Health	Climate Policies	27	1	–
	Transportation Energy Use*	23	8.3	8.4
Housing and Transportation	Drive Alone to Work - Women	44	75.0%	67.3%
	Housing Cost Burden - Households with Children	12	24.3%	31.1%
	Housing with Lead Risk	34	19.8%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		20	0.422	
Access to Care	Adequate Prenatal Care	19	79.2%	75.2%
	Avoided Care Due to Cost	26	16.0%	17.4%
	Maternity Care Desert*	30	4.9	3.7
	Uninsured	22	8.3%	10.8%
	Women's Health Providers	33	42.3	47.8
Preventive Clinical Care	Cervical Cancer Screening	24	52.5%	51.6%
	Dental Visit	24	65.9%	64.1%
	Flu Vaccination	29	35.8%	35.5%
	Postpartum Visit*	15	92.5%	90.3%
	Well-Woman Visit	8	77.1%	72.7%
Quality of Care	Breastfeeding Initiation	27	85.7%	85.1%
	Dedicated Health Care Provider	14	83.0%	77.4%
	Low-Risk Cesarean Delivery	22	25.0%	26.6%
	Maternity Practices Score	21	83	82
Behaviors		39	-0.451	
Nutrition and Physical Activity	Exercise	25	27.7%	27.6%
	Fruit and Vegetable Consumption	16	10.5%	9.8%
	Physical Inactivity	35	23.3%	22.0%
Sexual Health	Chlamydia	36	1,612.7	1,481.2
	High-Risk HIV Behaviors	28	10.0%	9.3%
	Unintended Pregnancy*	1	71%	-
Sleep Health	Insufficient Sleep	35	38.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	40	14.6%	11.2%
	Smoking	35	13.6%	9.9%
	Smoking During Pregnancy	34	5.3%	3.0%
Health Outcomes		38	-0.573	
Behavioral Health	Drug Deaths*	41	42.3	28.6
	Excessive Drinking	11	17.5%	19.5%
	Frequent Mental Distress	39	27.3%	23.6%
	Illicit Drug Use	11	9.5%	10.5%
	Postpartum Anxiety*	37	24.8%	20.3%
	Postpartum Depression*	33	13.1%	11.9%
Mortality	Maternal Mortality*	37	31.4	23.5
	Mortality Rate	33	125.9	109.9
Physical Health	Depression*	33	36.6%	30.3%
	Diabetes*	38	4.2%	3.6%
	Frequent Physical Distress	45	11.7%	9.7%
	High Blood Pressure	39	13.6%	11.8%
	High Health Status*	29	51.2%	51.6%
	Multiple Chronic Conditions	31	5.4%	4.5%
	Obesity	43	39.3%	32.5%
Severe Maternal Morbidity*	22	86.3	94.7	
Overall - Women		39	-0.272	

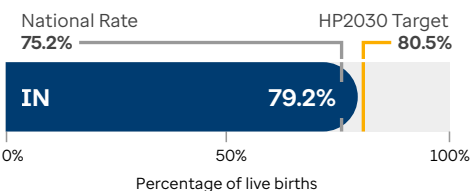
		State Rank	State Value	U.S. Value
Children				
Clinical Care		35	-0.012	
Access to Care	ADD/ADHD Treatment	14	4.2%	3.4%
	Mental Health Treatment*	26	84.9%	83.3%
	Pediatricians	36	87.0	116.1
	Uninsured	34	5.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	11	71.7%	66.9%
	HPV Vaccination	28	61.8%	61.4%
	Preventive Dental Visit	36	79.0%	80.2%
	Well-Child Visit	41	77.1%	79.6%
Quality of Care	Adequate Insurance	43	61.0%	64.6%
	Developmental Screening	41	31.3%	36.5%
	Medical Home	12	51.4%	45.5%
Behaviors		25	0.178	
Nutrition and Physical Activity	Breastfed	21	28.1%	27.2%
	Physical Activity	12	23.4%	19.7%
	Soda Consumption*	15	11.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	5	80.8%	85.6%
	Teen Births	35	15.7	13.1
Sleep Health	Adequate Sleep	29	65.4%	65.3%
	Sleep Position*	12	75.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	15	179%	16.8%
	Tobacco Use	21	1.9%	1.9%
Health Outcomes		30	-0.182	
Behavioral Health	Alcohol Use	9	5.9%	6.9%
	Flourishing	39	64.7%	66.7%
	Illicit Drug Use	18	6.9%	7.3%
	Mental Health Conditions	34	23.7%	20.5%
	Teen Suicide*	19	11.1	10.2
	Mortality	Child Mortality	35	35.8
Infant Mortality		38	6.8	5.6
Neonatal Mortality*		42	4.4	3.6
Physical Health	Asthma	11	5.9%	6.8%
	Congenital Syphilis*	25	62.8	105.8
	High Health Status*	22	91.0%	89.9%
	Low Birth Weight	25	8.6%	8.6%
	Low Birth Weight - Racial Disparity	23	2.0	2.1
	Neonatal Abstinence Syndrome*	23	5.8	5.3
Overweight or Obesity	17	30.3%	31.3%	
Overall - Children		30	-0.062	

Overall - Women and Children **33 -0.169**

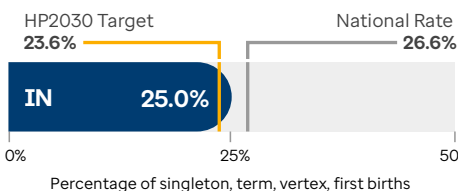
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

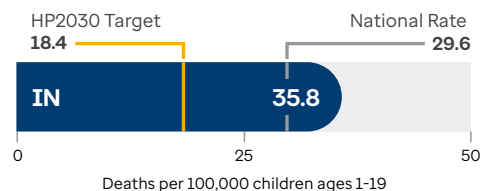
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of unemployment among women
- High prevalence of physical activity among children
- Low housing cost burden among households with children

Challenges

- High prevalence of diagnosed mental health conditions among children
- High prevalence of excessive drinking among women
- High prevalence of obesity among women

Key Findings

Smoking During Pregnancy

48%▼

from 11.0% to 5.7% of women with a recent live birth between 2019 and 2023.

Drug Deaths

38%▲

from 11.4 to 15.7 deaths per 100,000 women ages 20-44 between 2018-2020 and 2021-2023.

Mental Health Conditions (Diagnosed)

32%▲

from 18.6% to 24.5% of children ages 3-17 between 2021-2022 and 2023-2024.

Early Childhood Education

19%▲

from 38.8% to 46.0% of children ages 3-4 between 2021 and 2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		13	0.519	
Community and Family Safety	Firearm Deaths*	6	3.4	6.2
	Injury Deaths	2	33.0	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	13	12.6%	25.9%
	Food Insecurity	10	9.8%	12.2%
	Gender Pay Gap*	30	81.1%	81.1%
	Poverty	33	15.8%	14.9%
	Unemployment	9	2.7%	3.5%
Education	College Graduate	27	36.3%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	13	10.5%	12.1%
	Residential Segregation - Black/White	21	63	–
	Voter Participation	16	63.6%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		18	0.199	
Community and Family Safety	Child Victimization*	48	14.8	7.4
	Firearm Deaths *	9	3.9	5.9
	Injury Deaths	14	16.6	18.7
Economic Resources	Children in Poverty	22	13.6%	16.0%
	Children in Poverty - Racial Disparity	31	3.8	3.0
	Food Sufficiency	28	66.7%	66.6%
	Students Experiencing Homelessness	7	1.3%	2.4%
	WIC Coverage	22	53.6%	52.2%
Education	Early Childhood Education	29	46.0%	48.5%
	Fourth Grade Reading Proficiency	32	29.2%	30.5%
	High School Completion	10	93.3%	89.8%
Social Support and Engagement	Adult Mentor*	12	92.7%	88.0%
	Adverse Childhood Experiences	30	15.9%	14.1%
	Foster Care Instability	5	10.1%	15.2%
	High-Speed Internet	33	95.7%	96.0%
	Neighborhood Amenities	22	37.6%	38.2%
	Reading, Singing or Storytelling*	11	64.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		29	0.109	
Air and Water Quality	Air Pollution	28	79	8.6
	Drinking Water Violations	26	2.0	2.8
	Household Smoke	23	10.6%	10.3%
	Water Fluoridation	15	88.8%	72.3%
Climate and Health	Climate Policies	27	1	–
	Transportation Energy Use*	32	9.2	8.4
Housing and Transportation	Drive Alone to Work - Women	42	74.6%	67.3%
	Housing Cost Burden - Households with Children	3	21.1%	31.1%
	Housing with Lead Risk	45	24.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		13	0.559	
Access to Care	Adequate Prenatal Care	4	84.1%	75.2%
	Avoided Care Due to Cost	4	11.3%	17.4%
	Maternity Care Desert*	43	12.9	3.7
	Uninsured	13	7.2%	10.8%
	Women's Health Providers	44	39.1	47.8
Preventive Clinical Care	Cervical Cancer Screening	15	54.2%	51.6%
	Dental Visit	8	69.3%	64.1%
	Flu Vaccination	22	38.0%	35.5%
	Postpartum Visit*	18	92.2%	90.3%
	Well-Woman Visit	11	76.5%	72.7%
Quality of Care	Breastfeeding Initiation	31	84.7%	85.1%
	Dedicated Health Care Provider	29	80.3%	77.4%
	Low-Risk Cesarean Delivery	19	24.5%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		32	-0.197	
Nutrition and Physical Activity	Exercise	23	28.0%	27.6%
	Fruit and Vegetable Consumption	32	8.4%	9.8%
	Physical Inactivity	28	21.4%	22.0%
Sexual Health	Chlamydia	24	1,413.0	1,481.2
	High-Risk HIV Behaviors	15	8.8%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	29	36.8%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	22	12.2%	11.2%
	Smoking	28	12.2%	9.9%
	Smoking During Pregnancy	37	5.7%	3.0%
Health Outcomes		18	-0.062	
Behavioral Health	Drug Deaths*	5	15.7	28.6
	Excessive Drinking	47	24.2%	19.5%
	Frequent Mental Distress	21	23.8%	23.6%
	Illicit Drug Use	10	9.1%	10.5%
	Postpartum Anxiety*	12	18.5%	20.3%
	Postpartum Depression*	8	10.4%	11.9%
Mortality	Maternal Mortality*	13	19.7	23.5
	Mortality Rate	9	90.9	109.9
Physical Health	Depression*	21	31.5%	30.3%
	Diabetes*	31	3.7%	3.6%
	Frequent Physical Distress	16	9.2%	9.7%
	High Blood Pressure	19	11.1%	11.8%
	High Health Status*	36	50.2%	51.6%
	Multiple Chronic Conditions	15	4.1%	4.5%
	Obesity	42	38.6%	32.5%
	Severe Maternal Morbidity*	7	69.1	94.7
Overall - Women		21	0.156	

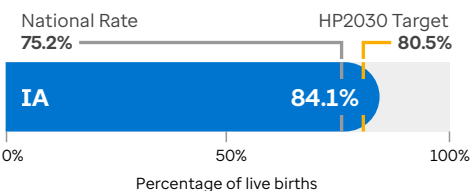
		State Rank	State Value	U.S. Value
Children				
Clinical Care		7	0.778	
Access to Care	ADD/ADHD Treatment	17	4.0%	3.4%
	Mental Health Treatment*	2	92.7%	83.3%
	Pediatricians	38	86.0	116.1
	Uninsured	12	3.4%	5.4%
Preventive Clinical Care	Childhood Immunizations	12	70.9%	66.9%
	HPV Vaccination	16	68.2%	61.4%
	Preventive Dental Visit	9	84.9%	80.2%
	Well-Child Visit	17	81.4%	79.6%
Quality of Care	Adequate Insurance	13	67.8%	64.6%
	Developmental Screening	11	45.6%	36.5%
	Medical Home	4	53.7%	45.5%
Behaviors		11	0.612	
Nutrition and Physical Activity	Breastfed	16	28.7%	27.2%
	Physical Activity	9	23.8%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	24	11.8	13.1
Sleep Health	Adequate Sleep	22	67.7%	65.3%
	Sleep Position*	14	74.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	6	1.6%	1.9%
Health Outcomes		11	0.429	
Behavioral Health	Alcohol Use	20	6.6%	6.9%
	Flourishing	20	66.4%	66.7%
	Illicit Drug Use	3	5.8%	7.3%
	Mental Health Conditions	39	24.5%	20.5%
	Teen Suicide*	32	13.3	10.2
Mortality	Child Mortality	13	26.3	29.6
	Infant Mortality	18	5.2	5.6
	Neonatal Mortality*	16	3.2	3.6
Physical Health	Asthma	1	4.4%	6.8%
	Congenital Syphilis*	12	32.9	105.8
	High Health Status*	11	91.9%	89.9%
	Low Birth Weight	12	7.6%	8.6%
	Low Birth Weight - Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome*	3	2.1	5.3
	Overweight or Obesity	25	31.3%	31.3%
Overall - Children		14	0.365	

Overall - Women and Children **14 0.282**

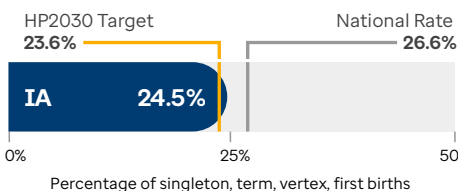
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Healthy People 2030 (HP2030) Targets

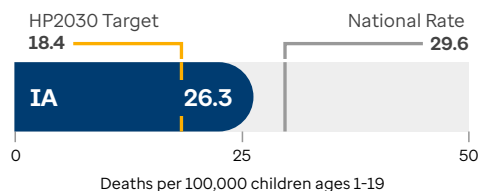
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of unemployment among women
- High percentage of children with a medical home
- High percentage of infants exclusively breastfed for six months

Challenges

- High prevalence of alcohol use among adolescents
- Low prevalence of exercise among women
- High prevalence of insufficient sleep among women

Key Findings

Household Smoke

36% ▼

from 16.2% to 10.3% of children ages 0-17 between 2019-2020 and 2023-2024.

Child Mortality

20% ▲

from 29.5 to 35.4 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

High Health Status

12% ▼

from 59.2% to 52.3% of women ages 18-44 between 2020-2021 and 2022-2023.

Well-Woman Visit

9% ▲

from 68.1% to 74.2% of women ages 18-44 between 2017-2018 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		11	0.556	
Community and Family Safety	Firearm Deaths*	22	6.9	6.2
	Injury Deaths	18	51.6	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	15	14.9%	25.9%
	Food Insecurity	17	10.6%	12.2%
	Gender Pay Gap*	38	78.8%	81.1%
	Poverty	30	15.2%	14.9%
	Unemployment	11	2.8%	3.5%
Education	College Graduate	22	38.4%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	33	13.3%	12.1%
	Residential Segregation - Black/White	16	60	–
	Voter Participation	8	66.8%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		22	0.038	
Community and Family Safety	Child Victimization*	5	2.6	7.4
	Firearm Deaths *	27	6.8	5.9
	Injury Deaths	37	24.3	18.7
Economic Resources	Children in Poverty	19	13.2%	16.0%
	Children in Poverty - Racial Disparity	26	3.4	3.0
	Food Sufficiency	32	64.7%	66.6%
	Students Experiencing Homelessness	10	1.4%	2.4%
	WIC Coverage	36	45.6%	52.2%
Education	Early Childhood Education	10	51.2%	48.5%
	Fourth Grade Reading Proficiency	35	28.3%	30.5%
	High School Completion	24	91.7%	89.8%
Social Support and Engagement	Adult Mentor*	24	90.8%	88.0%
	Adverse Childhood Experiences	27	15.7%	14.1%
	Foster Care Instability	41	20.3%	15.2%
	High-Speed Internet	13	96.8%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	18	39.4%	38.2%
		16	64.0%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		43	-0.150	
Air and Water Quality	Air Pollution	40	8.8	8.6
	Drinking Water Violations	31	2.2	2.8
	Household Smoke	19	10.3%	10.3%
	Water Fluoridation	32	65.4%	72.3%
Climate and Health	Climate Policies	38	0	–
	Transportation Energy Use*	33	9.3	8.4
Housing and Transportation	Drive Alone to Work - Women	42	74.6%	67.3%
	Housing Cost Burden - Households with Children	6	22.6%	31.1%
	Housing with Lead Risk	36	20.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		17	0.437	
Access to Care	Adequate Prenatal Care	7	83.3%	75.2%
	Avoided Care Due to Cost	34	175%	17.4%
	Maternity Care Desert*	35	75	3.7
	Uninsured	32	11.0%	10.8%
	Women's Health Providers	35	41.7	47.8
Preventive Clinical Care	Cervical Cancer Screening	6	57.6%	51.6%
	Dental Visit	36	63.3%	64.1%
	Flu Vaccination	15	39.8%	35.5%
	Postpartum Visit*	27	91.0%	90.3%
	Well-Woman Visit	20	74.2%	72.7%
Quality of Care	Breastfeeding Initiation	10	89.7%	85.1%
	Dedicated Health Care Provider	11	83.7%	77.4%
	Low-Risk Cesarean Delivery	20	24.8%	26.6%
	Maternity Practices Score	26	81	82
Behaviors		38	-0.389	
Nutrition and Physical Activity	Exercise	41	25.0%	27.6%
	Fruit and Vegetable Consumption	30	8.5%	9.8%
	Physical Inactivity	19	19.9%	22.0%
Sexual Health	Chlamydia	32	1,526.0	1,481.2
	High-Risk HIV Behaviors	17	9.0%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	39	39.3%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	27	12.6%	11.2%
	Smoking	31	12.5%	9.9%
	Smoking During Pregnancy	32	4.9%	3.0%
Health Outcomes		34	-0.475	
Behavioral Health	Drug Deaths*	17	24.4	28.6
	Excessive Drinking	34	21.2%	19.5%
	Frequent Mental Distress	33	25.6%	23.6%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	30	24.0%	20.3%
	Postpartum Depression*	45	16.3%	11.9%
Mortality	Maternal Mortality*	21	23.1	23.5
	Mortality Rate	25	113.6	109.9
Physical Health	Depression*	28	35.6%	30.3%
	Diabetes*	32	3.8%	3.6%
	Frequent Physical Distress	22	9.8%	9.7%
	High Blood Pressure	33	12.6%	11.8%
	High Health Status*	25	52.3%	51.6%
	Multiple Chronic Conditions	38	6.2%	4.5%
	Obesity	36	37.0%	32.5%
	Severe Maternal Morbidity*	6	68.9	94.7
Overall - Women		28	-0.037	

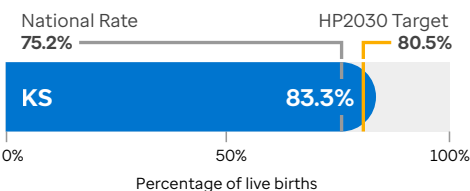
		State Rank	State Value	U.S. Value
Children				
Clinical Care		32	0.033	
Access to Care	ADD/ADHD Treatment	17	4.0%	3.4%
	Mental Health Treatment*	4	90.0%	83.3%
	Pediatricians	48	61.0	116.1
	Uninsured	32	5.6%	5.4%
Preventive Clinical Care	Childhood Immunizations	29	66.4%	66.9%
	HPV Vaccination	33	60.4%	61.4%
	Preventive Dental Visit	25	81.7%	80.2%
	Well-Child Visit	26	80.1%	79.6%
Quality of Care	Adequate Insurance	35	62.5%	64.6%
	Developmental Screening	32	37.1%	36.5%
	Medical Home	5	52.3%	45.5%
Behaviors		16	0.426	
Nutrition and Physical Activity	Breastfed	5	36.1%	27.2%
	Physical Activity	26	20.2%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	34	15.1	13.1
Sleep Health	Adequate Sleep	17	68.7%	65.3%
	Sleep Position*	15	74.6%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	21	1.9%	1.9%
Health Outcomes		33	-0.200	
Behavioral Health	Alcohol Use	48	8.9%	6.9%
	Flourishing	20	66.4%	66.7%
	Illicit Drug Use	20	7.0%	7.3%
	Mental Health Conditions	23	22.2%	20.5%
	Teen Suicide*	39	16.7	10.2
Mortality	Child Mortality	32	35.4	29.6
	Infant Mortality	22	5.5	5.6
	Neonatal Mortality*	20	3.5	3.6
Physical Health	Asthma	33	7.2%	6.8%
	Congenital Syphilis*	17	43.6	105.8
	High Health Status*	13	91.8%	89.9%
	Low Birth Weight	12	7.6%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	13	3.7	5.3
	Overweight or Obesity	18	30.7%	31.3%
Overall - Children		28	0.002	

Overall - Women and Children 27 -0.003

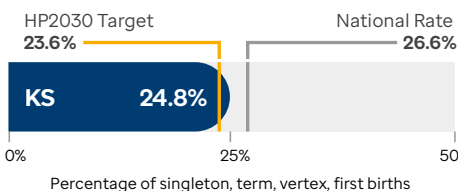
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

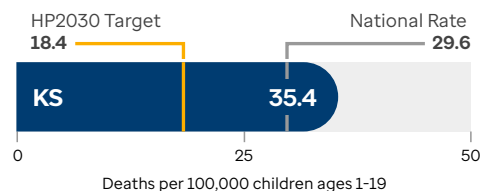
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of excessive drinking among women
- High WIC coverage among eligible children under 4
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of multiple chronic conditions among women
- High prevalence of adverse childhood experiences (ACEs) among children
- High percentage of children in poverty

Key Findings

Smoking During Pregnancy

43%▼

from 15.3% to 8.7% of women with a recent live birth between 2019 and 2023.

Injury Deaths

26%▲

from 68.6 to 86.4 deaths per 100,000 women ages 20-44 between 2017-2019 and 2021-2023.

Early Childhood Education

17%▼

from 43.8% to 36.3% of children ages 3-4 between 2018 and 2023.

Teen Births

17%▼

from 24.9 to 20.7 births per 1,000 females ages 15-19 between 2019 and 2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		47	-0.868	
Community and Family Safety	Firearm Deaths*	34	8.8	6.2
	Injury Deaths	47	86.4	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	40	29.3%	25.9%
	Food Insecurity	45	14.5%	12.2%
	Gender Pay Gap*	28	81.6%	81.1%
	Poverty	47	20.6%	14.9%
	Unemployment	46	4.3%	3.5%
Education	College Graduate	43	30.5%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	27	11.9%	12.1%
	Residential Segregation - Black/White	21	63	-
	Voter Participation	27	60.1%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		43	-0.726	
Community and Family Safety	Child Victimization*	47	14.2	7.4
	Firearm Deaths *	30	7.6	5.9
	Injury Deaths	36	23.7	18.7
Economic Resources	Children in Poverty	46	21.0%	16.0%
	Children in Poverty - Racial Disparity	2	2.0	3.0
	Food Sufficiency	45	58.3%	66.6%
	Students Experiencing Homelessness	43	3.2%	2.4%
	WIC Coverage	6	63.1%	52.2%
Education	Early Childhood Education	47	36.3%	48.5%
	Fourth Grade Reading Proficiency	12	32.7%	30.5%
	High School Completion	38	89.5%	89.8%
Social Support and Engagement	Adult Mentor*	21	91.1%	88.0%
	Adverse Childhood Experiences	46	20.8%	14.1%
	Foster Care Instability	22	14.8%	15.2%
	High-Speed Internet	40	95.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	45	20.0%	38.2%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		35	-0.049	
Air and Water Quality	Air Pollution	35	8.3	8.6
	Drinking Water Violations	29	2.1	2.8
	Household Smoke	49	19.3%	10.3%
	Water Fluoridation	1	99.7%	72.3%
Climate and Health	Climate Policies	27	1	-
	Transportation Energy Use*	42	11.1	8.4
Housing and Transportation	Drive Alone to Work - Women	40	74.4%	67.3%
	Housing Cost Burden - Households with Children	18	26.1%	31.1%
	Housing with Lead Risk	23	14.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		34	0.086	
Access to Care	Adequate Prenatal Care	21	79.0%	75.2%
	Avoided Care Due to Cost	6	11.6%	17.4%
	Maternity Care Desert*	46	16.7	3.7
	Uninsured	11	7.0%	10.8%
	Women's Health Providers	43	40.3	47.8
Preventive Clinical Care	Cervical Cancer Screening	28	52.2%	51.6%
	Dental Visit	34	63.5%	64.1%
	Flu Vaccination	27	36.0%	35.5%
	Postpartum Visit*	35	89.1%	90.3%
	Well-Woman Visit	22	73.9%	72.7%
Quality of Care	Breastfeeding Initiation	44	75.8%	85.1%
	Dedicated Health Care Provider	18	82.8%	77.4%
	Low-Risk Cesarean Delivery	34	27.2%	26.6%
	Maternity Practices Score	48	74	82
Behaviors		25	-0.057	
Nutrition and Physical Activity	Exercise	-	-	27.6%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	11	17.8%	22.0%
Sexual Health	Chlamydia	17	1,291.2	1,481.2
	High-Risk HIV Behaviors	1	6.7%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	34	38.0%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	43	15.7%	11.2%
	Smoking	34	13.4%	9.9%
	Smoking During Pregnancy	49	8.7%	3.0%
Health Outcomes		37	-0.570	
Behavioral Health	Drug Deaths*	48	56.7	28.6
	Excessive Drinking	4	15.7%	19.5%
	Frequent Mental Distress	8	21.7%	23.6%
	Illicit Drug Use	32	11.4%	10.5%
	Postpartum Anxiety*	43	26.5%	20.3%
	Postpartum Depression*	40	15.0%	11.9%
Mortality	Maternal Mortality*	37	31.4	23.5
	Mortality Rate	46	164.0	109.9
Physical Health	Depression*	47	40.8%	30.3%
	Diabetes*	42	4.5%	3.6%
	Frequent Physical Distress	2	7.5%	9.7%
	High Blood Pressure	-	-	11.8%
	High Health Status*	17	54.6%	51.6%
	Multiple Chronic Conditions	47	7.6%	4.5%
	Obesity	37	37.1%	32.5%
	Severe Maternal Morbidity*	21	86.1	94.7
Overall - Women		40	-0.313	

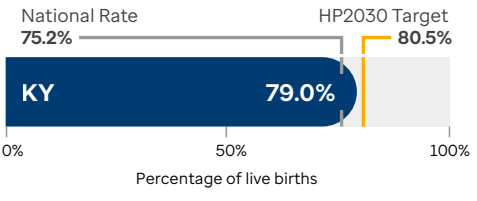
		State Rank	State Value	U.S. Value
Children				
Clinical Care		26	0.178	
Access to Care	ADD/ADHD Treatment	2	5.6%	3.4%
	Mental Health Treatment*	3	91.2%	83.3%
	Pediatricians	31	96.8	116.1
	Uninsured	12	3.4%	5.4%
Preventive Clinical Care	Childhood Immunizations	39	64.1%	66.9%
	HPV Vaccination	47	47.9%	61.4%
	Preventive Dental Visit	34	79.2%	80.2%
	Well-Child Visit	22	80.7%	79.6%
Quality of Care	Adequate Insurance	20	65.8%	64.6%
	Developmental Screening	39	32.6%	36.5%
	Medical Home	14	51.3%	45.5%
Behaviors		42	-0.628	
Nutrition and Physical Activity	Breastfed	47	21.3%	27.2%
	Physical Activity	19	21.8%	19.7%
	Soda Consumption*	22	16.5%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	10	82.7%	85.6%
	Teen Births	47	20.7	13.1
Sleep Health	Adequate Sleep	36	63.0%	65.3%
	Sleep Position*	31	69.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	21	19.7%	16.8%
	Tobacco Use	36	2.2%	1.9%
Health Outcomes		20	-0.003	
Behavioral Health	Alcohol Use	4	5.3%	6.9%
	Flourishing	17	66.9%	66.7%
	Illicit Drug Use	8	6.3%	7.3%
	Mental Health Conditions	43	24.9%	20.5%
	Teen Suicide*	29	12.3	10.2
Mortality	Child Mortality	37	36.7	29.6
	Infant Mortality	33	6.2	5.6
	Neonatal Mortality*	22	3.6	3.6
Physical Health	Asthma	9	5.6%	6.8%
	Congenital Syphilis*	31	89.8	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	32	8.8%	8.6%
	Low Birth Weight - Racial Disparity	10	1.8	2.1
	Neonatal Abstinence Syndrome*	42	12.6	5.3
	Overweight or Obesity	42	34.5%	31.3%
Overall - Children		39	-0.314	

Overall - Women and Children 40 -0.340

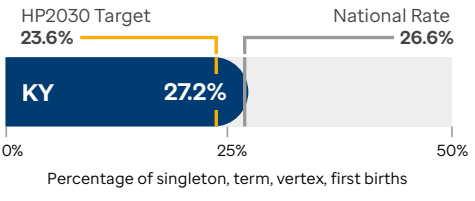
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

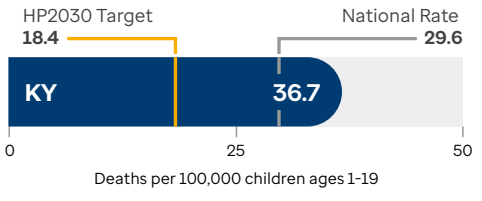
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- High enrollment in early childhood education
- High percentage of children with adequate and continuous health insurance
- High prevalence of women with a dedicated health care provider

Challenges

- High child mortality rate
- High percentage of children in poverty
- High incidence of chlamydia among women

Key Findings

Injury Deaths

34%▲

from 25.6 to 34.3 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Frequent Mental Distress

26%▲

from 22.7% to 28.5% of women ages 18-44 between 2018-2019 and 2022-2023.

Teen Births

10%▼

from 25.7 to 23.1 births per 1,000 females ages 15-19 between 2020 and 2023.

Well-Woman Visit

9%▲

from 73.5% to 80.3% of women ages 18-44 between 2017-2018 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		49	-1.016	
Community and Family Safety	Firearm Deaths*	43	12.7	6.2
	Injury Deaths	46	86.0	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	48	43.8%	25.9%
	Food Insecurity	47	16.2%	12.2%
	Gender Pay Gap*	50	71.2%	81.1%
	Poverty	50	24.0%	14.9%
	Unemployment	34	3.5%	3.5%
Education	College Graduate	44	29.3%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	9	9.8%	12.1%
	Residential Segregation - Black/White	8	56	–
	Voter Participation	46	53.7%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		48	-1.060	
Community and Family Safety	Child Victimization*	28	8.4	7.4
	Firearm Deaths *	45	16.1	5.9
	Injury Deaths	49	34.3	18.7
Economic Resources	Children in Poverty	49	25.0%	16.0%
	Children in Poverty - Racial Disparity	44	4.9	3.0
	Food Sufficiency	47	56.9%	66.6%
	Students Experiencing Homelessness	34	2.5%	2.4%
	WIC Coverage	50	33.5%	52.2%
Education	Early Childhood Education	8	52.5%	48.5%
	Fourth Grade Reading Proficiency	20	31.8%	30.5%
	High School Completion	45	87.8%	89.8%
Social Support and Engagement	Adult Mentor*	39	87.7%	88.0%
	Adverse Childhood Experiences	38	179%	14.1%
	Foster Care Instability	35	178%	15.2%
	High-Speed Internet	46	94.7%	96.0%
	Neighborhood Amenities	46	19.3%	38.2%
	Reading, Singing or Storytelling*	48	50.4%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		49	-0.579	
Air and Water Quality	Air Pollution	27	78	8.6
	Drinking Water Violations	49	4.1	2.8
	Household Smoke	44	15.4%	10.3%
	Water Fluoridation	45	37.9%	72.3%
Climate and Health	Climate Policies	22	2	–
	Transportation Energy Use*	47	16.4	8.4
Housing and Transportation	Drive Alone to Work - Women	48	76.8%	67.3%
	Housing Cost Burden - Households with Children	36	30.0%	31.1%
	Housing with Lead Risk	18	12.1%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		31	0.231	
Access to Care	Adequate Prenatal Care	34	75.1%	75.2%
	Avoided Care Due to Cost	30	16.7%	17.4%
	Maternity Care Desert*	37	7.8	3.7
	Uninsured	24	8.6%	10.8%
	Women's Health Providers	36	41.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	5	57.7%	51.6%
	Dental Visit	17	67.2%	64.1%
	Flu Vaccination	41	30.2%	35.5%
	Postpartum Visit*	2	95.7%	90.3%
	Well-Woman Visit	1	80.3%	72.7%
Quality of Care	Breastfeeding Initiation	47	71.1%	85.1%
	Dedicated Health Care Provider	9	84.4%	77.4%
	Low-Risk Cesarean Delivery	41	28.3%	26.6%
	Maternity Practices Score	13	85	82
Behaviors		49	-1.017	
Nutrition and Physical Activity	Exercise	27	27.2%	27.6%
	Fruit and Vegetable Consumption	46	6.4%	9.8%
	Physical Inactivity	47	26.2%	22.0%
Sexual Health	Chlamydia	50	2,572.4	1,481.2
	High-Risk HIV Behaviors	45	11.6%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	45	40.8%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	48	17.6%	11.2%
	Smoking	36	13.7%	9.9%
	Smoking During Pregnancy	17	2.9%	3.0%
Health Outcomes		49	-1.291	
Behavioral Health	Drug Deaths*	46	50.2	28.6
	Excessive Drinking	26	20.0%	19.5%
	Frequent Mental Distress	42	28.5%	23.6%
	Illicit Drug Use	39	12.3%	10.5%
	Postpartum Anxiety*	1	12.8%	20.3%
	Postpartum Depression*	1	7.2%	11.9%
Mortality	Maternal Mortality*	46	40.7	23.5
	Mortality Rate	45	162.4	109.9
Physical Health	Depression*	36	37.4%	30.3%
	Diabetes*	49	6.3%	3.6%
	Frequent Physical Distress	30	10.6%	9.7%
	High Blood Pressure	46	18.3%	11.8%
	High Health Status*	35	50.4%	51.6%
	Multiple Chronic Conditions	44	7.0%	4.5%
	Obesity	46	41.9%	32.5%
Severe Maternal Morbidity*	17	81.1	94.7	
Overall - Women		49	-0.800	

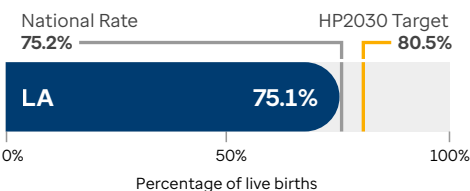
		State Rank	State Value	U.S. Value
Children				
Clinical Care		23	0.356	
Access to Care	ADD/ADHD Treatment	2	5.6%	3.4%
	Mental Health Treatment*	16	86.2%	83.3%
	Pediatricians	29	103.0	116.1
	Uninsured	24	4.3%	5.4%
Preventive Clinical Care	Childhood Immunizations	20	68.5%	66.9%
	HPV Vaccination	20	66.2%	61.4%
	Preventive Dental Visit	41	78.6%	80.2%
	Well-Child Visit	33	78.7%	79.6%
Quality of Care	Adequate Insurance	5	71.0%	64.6%
	Developmental Screening	43	30.5%	36.5%
	Medical Home	32	46.9%	45.5%
Behaviors		50	-1.448	
Nutrition and Physical Activity	Breastfed	43	22.3%	27.2%
	Physical Activity	35	18.6%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	48	23.1	13.1
Sleep Health	Adequate Sleep	49	52.6%	65.3%
	Sleep Position*	46	48.7%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	46	2.7%	1.9%
Health Outcomes		50	-1.144	
Behavioral Health	Alcohol Use	37	8.1%	6.9%
	Flourishing	46	63.5%	66.7%
	Illicit Drug Use	23	7.3%	7.3%
	Mental Health Conditions	39	24.5%	20.5%
	Teen Suicide*	17	10.7	10.2
Mortality	Child Mortality	49	48.9	29.6
	Infant Mortality	48	7.3	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	36	7.5%	6.8%
	Congenital Syphilis*	44	193.0	105.8
	High Health Status*	41	89.2%	89.9%
	Low Birth Weight	49	11.3%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	19	5.1	5.3
Overweight or Obesity	47	35.8%	31.3%	
Overall - Children		50	-0.879	

Overall - Women and Children 50 -0.868

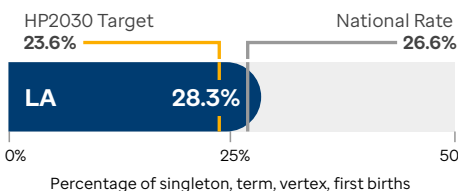
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

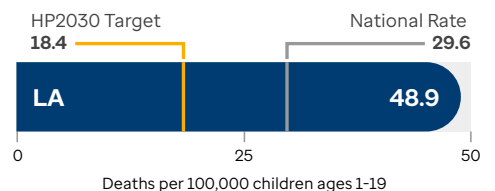
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- High prevalence of high school completion
- Low prevalence of insufficient sleep among women
- High prevalence of physical activity among children

Challenges

- High prevalence of frequent mental distress among women
- High prevalence of illicit drug use among adolescents
- High prevalence of cigarette smoking during pregnancy

Key Findings

Obesity

25% ▲

from 28.0% to 34.9% of women ages 18-44 between 2019-2020 and 2022-2023.

Poverty

20% ▼

from 16.1% to 12.8% of women ages 18-44 between 2018 and 2023.

Food Sufficiency

10% ▼

from 74.7% to 67.0% of children ages 0-17 between 2021-2022 and 2023-2024.

Preventive Dental Visit

7% ▲

from 77.4% to 83.2% of children ages 1-17 between 2021-2022 and 2023-2024.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		21	0.282	
Community and Family Safety	Firearm Deaths*	13	5.5	6.2
	Injury Deaths	37	67.4	51.9
	Intimate Partner Violence Before Pregnancy*	11	2.5%	–
Economic Resources	Concentrated Disadvantage	3	6.4%	25.9%
	Food Insecurity	21	10.9%	12.2%
	Gender Pay Gap*	9	85.4%	81.1%
	Poverty	12	12.8%	14.9%
	Unemployment	24	3.2%	3.5%
Education	College Graduate	18	39.2%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	32	13.2%	12.1%
	Residential Segregation - Black/White	46	75	–
	Voter Participation	12	65.6%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		17	0.211	
Community and Family Safety	Child Victimization*	49	15.0	7.4
	Firearm Deaths *	–	–	5.9
	Injury Deaths	20	17.4	18.7
Economic Resources	Children in Poverty	14	12.6%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	26	67.0%	66.6%
	Students Experiencing Homelessness	19	1.8%	2.4%
	WIC Coverage	15	57.6%	52.2%
Education	Early Childhood Education	35	43.3%	48.5%
	Fourth Grade Reading Proficiency	45	26.1%	30.5%
	High School Completion	2	94.9%	89.8%
Social Support and Engagement	Adult Mentor*	1	96.9%	88.0%
	Adverse Childhood Experiences	33	16.7%	14.1%
	Foster Care Instability	20	14.1%	15.2%
	High-Speed Internet	7	97.3%	96.0%
	Neighborhood Amenities	32	32.7%	38.2%
	Reading, Singing or Storytelling*	2	69.5%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		18	0.230	
Air and Water Quality	Air Pollution	4	5.2	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	47	16.1%	10.3%
	Water Fluoridation	21	79.5%	72.3%
Climate and Health	Climate Policies	1	4	–
	Transportation Energy Use*	26	8.5	8.4
Housing and Transportation	Drive Alone to Work - Women	26	71.2%	67.3%
	Housing Cost Burden - Households with Children	29	28.8%	31.1%
	Housing with Lead Risk	41	22.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		6	0.945	
Access to Care	Adequate Prenatal Care	5	84.0%	75.2%
	Avoided Care Due to Cost	14	13.8%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	23	8.5%	10.8%
	Women's Health Providers	11	59.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	1	63.4%	51.6%
	Dental Visit	19	66.8%	64.1%
	Flu Vaccination	4	45.0%	35.5%
	Postpartum Visit*	6	93.0%	90.3%
	Well-Woman Visit	15	75.9%	72.7%
Quality of Care	Breastfeeding Initiation	20	86.8%	85.1%
	Dedicated Health Care Provider	1	90.6%	77.4%
	Low-Risk Cesarean Delivery	24	25.5%	26.6%
	Maternity Practices Score	24	82	82
Behaviors		9	0.391	
Nutrition and Physical Activity	Exercise	10	30.6%	27.6%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	3	15.6%	22.0%
Sexual Health	Chlamydia	1	312.9	1,481.2
	High-Risk HIV Behaviors	26	9.9%	9.3%
	Unintended Pregnancy*	3	14.0%	–
Sleep Health	Insufficient Sleep	3	31.0%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	18	11.1%	11.2%
	Smoking	45	15.0%	9.9%
	Smoking During Pregnancy	45	7.2%	3.0%
Health Outcomes		46	-0.974	
Behavioral Health	Drug Deaths*	42	42.5	28.6
	Excessive Drinking	36	21.4%	19.5%
	Frequent Mental Distress	47	30.5%	23.6%
	Illicit Drug Use	43	13.4%	10.5%
	Postpartum Anxiety*	23	21.2%	20.3%
	Postpartum Depression*	16	11.2%	11.9%
	Mortality	Maternal Mortality*	–	–
	Mortality Rate	28	119.7	109.9
Physical Health	Depression*	50	43.3%	30.3%
	Diabetes*	23	3.2%	3.6%
	Frequent Physical Distress	40	11.3%	9.7%
	High Blood Pressure	32	12.5%	11.8%
	High Health Status*	10	55.4%	51.6%
	Multiple Chronic Conditions	45	7.3%	4.5%
	Obesity	32	34.9%	32.5%
	Severe Maternal Morbidity*	18	83.8	94.7
Overall – Women		24	0.129	

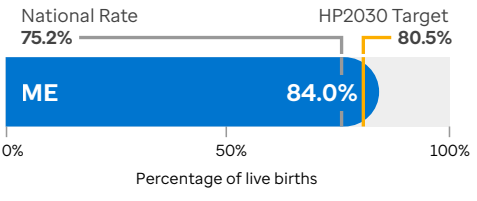
		State Rank	State Value	U.S. Value
Children				
Clinical Care		6	0.987	
Access to Care	ADD/ADHD Treatment	8	4.6%	3.4%
	Mental Health Treatment*	23	85.3%	83.3%
	Pediatricians	12	134.2	116.1
	Uninsured	23	4.2%	5.4%
Preventive Clinical Care	Childhood Immunizations	7	74.4%	66.9%
	HPV Vaccination	29	61.2%	61.4%
	Preventive Dental Visit	15	83.2%	80.2%
	Well-Child Visit	3	87.7%	79.6%
Quality of Care	Adequate Insurance	22	65.6%	64.6%
	Developmental Screening	2	53.5%	36.5%
	Medical Home	16	50.3%	45.5%
Behaviors		3	0.902	
Nutrition and Physical Activity	Breastfed	26	27.5%	27.2%
	Physical Activity	1	26.6%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	5	7.2	13.1
Sleep Health	Adequate Sleep	5	72.1%	65.3%
	Sleep Position*	1	81.8%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	21	1.9%	1.9%
Health Outcomes		45	-0.643	
Behavioral Health	Alcohol Use	38	8.2%	6.9%
	Flourishing	47	62.9%	66.7%
	Illicit Drug Use	49	10.4%	7.3%
	Mental Health Conditions	50	28.5%	20.5%
	Teen Suicide*	–	–	10.2
	Mortality	Child Mortality	14	26.5
	Infant Mortality	29	6.0	5.6
	Neonatal Mortality*	46	4.6	3.6
Physical Health	Asthma	49	8.8%	6.8%
	Congenital Syphilis*	5	16.5	105.8
	High Health Status*	14	91.6%	89.9%
	Low Birth Weight	20	8.0%	8.6%
	Low Birth Weight – Racial Disparity	2	1.3	2.1
	Neonatal Abstinence Syndrome*	43	13.5	5.3
	Overweight or Obesity	42	34.5%	31.3%
Overall – Children		19	0.199	

Overall – Women and Children **21 0.159**

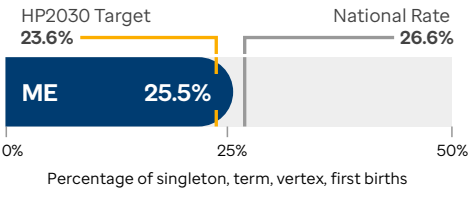
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

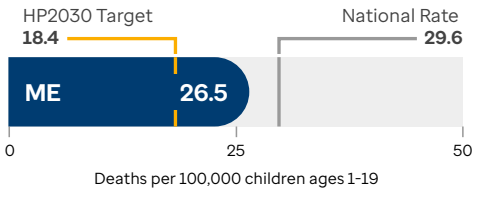
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low prevalence of excessive drinking among women
- High prevalence of food sufficiency among children
- Low percentage of women in poverty

Challenges

- High prevalence of illicit drug use among adolescents
- High prevalence of asthma among children
- High percentage of low-risk cesarean deliveries

Key Findings

Frequent Physical Distress

58%▲

from 5.7% to 9.0% of women ages 18-44 between 2020-2021 and 2022-2023.

Early Childhood Education

32%▲

from 38.3% to 50.5% of children ages 3-4 between 2021 and 2023.

Flu Vaccination

14%▲

from 39.1% to 44.5% of women ages 18-44 between 2018-2019 and 2022-2023.

Adequate Insurance

9%▼

from 74.8% to 68.1% of children ages 0-17 between 2020-2021 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		8	0.834	
Community and Family Safety	Firearm Deaths*	10	4.7	6.2
	Injury Deaths	21	52.4	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	24	21.6%	25.9%
	Food Insecurity	14	10.4%	12.2%
	Gender Pay Gap*	7	86.0%	81.1%
	Poverty	4	11.2%	14.9%
	Unemployment	5	2.4%	3.5%
Education	College Graduate	5	45.1%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	47	15.8%	12.1%
	Residential Segregation - Black/White	26	64	–
	Voter Participation	10	66.5%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		11	0.560	
Community and Family Safety	Child Victimization*	12	4.5	7.4
	Firearm Deaths *	19	5.8	5.9
	Injury Deaths	11	16.1	18.7
Economic Resources	Children in Poverty	6	10.6%	16.0%
	Children in Poverty - Racial Disparity	26	3.4	3.0
	Food Sufficiency	6	72.3%	66.6%
	Students Experiencing Homelessness	22	1.9%	2.4%
	WIC Coverage	16	56.6%	52.2%
Education	Early Childhood Education	11	50.5%	48.5%
	Fourth Grade Reading Proficiency	9	33.6%	30.5%
	High School Completion	28	91.2%	89.8%
Social Support and Engagement	Adult Mentor*	42	85.9%	88.0%
	Adverse Childhood Experiences	5	11.8%	14.1%
	Foster Care Instability	16	11.8%	15.2%
	High-Speed Internet	30	95.8%	96.0%
	Neighborhood Amenities	15	41.0%	38.2%
Reading, Singing or Storytelling*	40	56.7%	59.7%	

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		1	0.786	
Air and Water Quality	Air Pollution	13	6.8	8.6
	Drinking Water Violations	9	1.6	2.8
	Household Smoke	8	8.3%	10.3%
	Water Fluoridation	8	93.2%	72.3%
Climate and Health	Climate Policies	1	4	–
	Transportation Energy Use*	7	6.8	8.4
Housing and Transportation	Drive Alone to Work - Women	7	63.8%	67.3%
	Housing Cost Burden - Households with Children	34	29.5%	31.1%
	Housing with Lead Risk	27	16.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		19	0.426	
Access to Care	Adequate Prenatal Care	35	74.5%	75.2%
	Avoided Care Due to Cost	19	14.7%	17.4%
	Maternity Care Desert*	16	1.1	3.7
	Uninsured	26	8.7%	10.8%
	Women's Health Providers	10	59.9	47.8
Preventive Clinical Care	Cervical Cancer Screening	29	51.6%	51.6%
	Dental Visit	27	65.6%	64.1%
	Flu Vaccination	6	44.5%	35.5%
	Postpartum Visit*	8	92.9%	90.3%
	Well-Woman Visit	10	76.7%	72.7%
Quality of Care	Breastfeeding Initiation	16	87.9%	85.1%
	Dedicated Health Care Provider	15	83.4%	77.4%
	Low-Risk Cesarean Delivery	50	30.3%	26.6%
	Maternity Practices Score	21	83	82
	Behaviors		15	0.304
Nutrition and Physical Activity	Exercise	34	26.2%	27.6%
	Fruit and Vegetable Consumption	16	10.5%	9.8%
	Physical Inactivity	30	21.8%	22.0%
Sexual Health	Chlamydia	4	766.5	1,481.2
	High-Risk HIV Behaviors	10	7.7%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	46	41.0%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	1	72%	11.2%
	Smoking	4	6.2%	9.9%
	Smoking During Pregnancy	13	2.3%	3.0%
Health Outcomes		9	0.383	
Behavioral Health	Drug Deaths*	33	33.0	28.6
	Excessive Drinking	8	16.5%	19.5%
	Frequent Mental Distress	9	21.8%	23.6%
	Illicit Drug Use	14	9.7%	10.5%
	Postpartum Anxiety*	6	17.5%	20.3%
	Postpartum Depression*	39	14.1%	11.9%
Mortality	Maternal Mortality*	18	21.4	23.5
	Mortality Rate	22	110.0	109.9
Physical Health	Depression*	10	27.2%	30.3%
	Diabetes*	35	3.9%	3.6%
	Frequent Physical Distress	13	9.0%	9.7%
	High Blood Pressure	18	10.9%	11.8%
	High Health Status*	28	51.3%	51.6%
	Multiple Chronic Conditions	4	3.5%	4.5%
	Obesity	21	33.6%	32.5%
Severe Maternal Morbidity*	34	103.2	94.7	
Overall - Women		6	0.543	

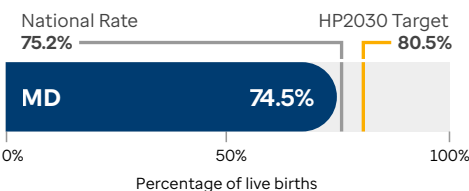
		State Rank	State Value	U.S. Value
Children				
Clinical Care		9	0.702	
Access to Care	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	18	86.1%	83.3%
	Pediatricians	9	149.9	116.1
	Uninsured	26	4.7%	5.4%
Preventive Clinical Care	Childhood Immunizations	5	75.7%	66.9%
	HPV Vaccination	19	67.2%	61.4%
	Preventive Dental Visit	22	82.3%	80.2%
	Well-Child Visit	10	82.4%	79.6%
Quality of Care	Adequate Insurance	12	68.1%	64.6%
	Developmental Screening	18	42.6%	36.5%
	Medical Home	39	45.7%	45.5%
Behaviors		29	0.086	
Nutrition and Physical Activity	Breastfed	17	28.4%	27.2%
	Physical Activity	34	18.8%	19.7%
	Soda Consumption*	5	6.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	15	88.1%	85.6%
	Teen Births	18	10.8	13.1
Sleep Health	Adequate Sleep	37	62.9%	65.3%
	Sleep Position*	22	72.3%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	5	14.3%	16.8%
	Tobacco Use	10	1.7%	1.9%
Health Outcomes		17	0.113	
Behavioral Health	Alcohol Use	11	6.2%	6.9%
	Flourishing	6	68.4%	66.7%
	Illicit Drug Use	37	8.0%	7.3%
	Mental Health Conditions	7	18.4%	20.5%
	Teen Suicide*	6	7.7	10.2
Mortality	Child Mortality	17	27.5	29.6
	Infant Mortality	24	5.8	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	41	7.8%	6.8%
	Congenital Syphilis*	32	100.3	105.8
	High Health Status*	18	91.4%	89.9%
	Low Birth Weight	25	8.6%	8.6%
	Low Birth Weight - Racial Disparity	23	2.0	2.1
	Neonatal Abstinence Syndrome*	35	8.1	5.3
	Overweight or Obesity	23	31.2%	31.3%
Overall - Children		10	0.445	

Overall - Women and Children **9 0.462**

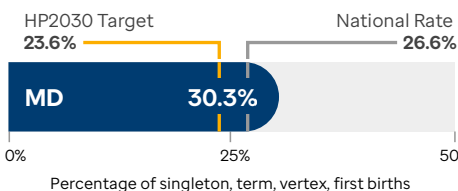
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

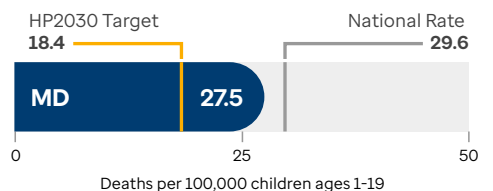
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of adverse childhood experiences (ACEs) among children
- High percentage of women who are college graduates
- High reading proficiency among fourth grade public school students

Challenges

- High prevalence of multiple chronic conditions among women
- High percentage of low-risk cesarean deliveries
- High prevalence of alcohol use among adolescents

Key Findings

Frequent Physical Distress

44% ▲

from 6.2% to 8.9% of women ages 18-44 between 2020-2021 and 2022-2023.

Child Mortality

17% ▲

from 14.3 to 16.7 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Infant Mortality

8% ▼

from 3.6 to 3.3 deaths per 1,000 live births between 2020-2021 and 2022-2023.

Well-Woman Visit

8% ▲

from 73.1% to 79.2% of women ages 18-44 between 2017-2018 and 2022-2023.

Measures

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		5	0.939	
Community and Family Safety	Firearm Deaths*	1	1.2	6.2
	Injury Deaths	8	39.8	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	23	21.1%	25.9%
	Food Insecurity	6	9.3%	12.2%
	Gender Pay Gap*	8	85.9%	81.1%
	Poverty	8	12.1%	14.9%
	Unemployment	11	2.8%	3.5%
Education	College Graduate	1	53.7%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	44	14.9%	12.1%
	Residential Segregation - Black/White	26	64	–
	Voter Participation	11	65.8%	60.0%

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		1	1.026	
Community and Family Safety	Child Victimization*	50	16.2	7.4
	Firearm Deaths *	1	1.2	5.9
	Injury Deaths	1	8.4	18.7
Economic Resources	Children in Poverty	14	12.6%	16.0%
	Children in Poverty - Racial Disparity	36	4.0	3.0
	Food Sufficiency	1	76.2%	66.6%
	Students Experiencing Homelessness	32	2.3%	2.4%
	WIC Coverage	3	67.2%	52.2%
Education	Early Childhood Education	5	57.4%	48.5%
	Fourth Grade Reading Proficiency	1	40.4%	30.5%
	High School Completion	25	91.4%	89.8%
Social Support and Engagement	Adult Mentor*	38	87.9%	88.0%
	Adverse Childhood Experiences	1	9.7%	14.1%
	Foster Care Instability	45	21.7%	15.2%
	High-Speed Internet	2	97.8%	96.0%
	Neighborhood Amenities	4	52.9%	38.2%
	Reading, Singing or Storytelling*	10	65.3%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		14	0.325	
Air and Water Quality	Air Pollution	17	73	8.6
	Drinking Water Violations	5	1.5	2.8
	Household Smoke	3	6.4%	10.3%
	Water Fluoridation	35	58.2%	72.3%
Climate and Health	Climate Policies	1	4	–
	Transportation Energy Use*	3	6.1	8.4
Housing and Transportation	Drive Alone to Work - Women	3	61.7%	67.3%
	Housing Cost Burden - Households with Children	43	34.1%	31.1%
	Housing with Lead Risk	48	29.6%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		2	1.279	
Access to Care	Adequate Prenatal Care	11	81.6%	75.2%
	Avoided Care Due to Cost	5	11.4%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	1	3.3%	10.8%
	Women's Health Providers	11	59.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	12	54.7%	51.6%
	Dental Visit	2	75.3%	64.1%
	Flu Vaccination	1	52.5%	35.5%
	Postpartum Visit*	5	93.1%	90.3%
	Well-Woman Visit	2	79.2%	72.7%
Quality of Care	Breastfeeding Initiation	15	88.4%	85.1%
	Dedicated Health Care Provider	4	87.0%	77.4%
	Low-Risk Cesarean Delivery	36	27.5%	26.6%
	Maternity Practices Score	4	89	82
Behaviors		5	0.551	
Nutrition and Physical Activity	Exercise	10	30.6%	27.6%
	Fruit and Vegetable Consumption	29	8.6%	9.8%
	Physical Inactivity	14	18.9%	22.0%
Sexual Health	Chlamydia	13	1,206.5	1,481.2
	High-Risk HIV Behaviors	20	9.3%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	12	33.7%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	3	8.6%	11.2%
	Smoking	7	7.7%	9.9%
	Smoking During Pregnancy	7	1.7%	3.0%
Health Outcomes		7	0.455	
Behavioral Health	Drug Deaths*	26	28.9	28.6
	Excessive Drinking	30	20.4%	19.5%
	Frequent Mental Distress	17	23.1%	23.6%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	4	16.1%	20.3%
	Postpartum Depression*	8	10.4%	11.9%
Mortality	Maternal Mortality*	3	14.4	23.5
	Mortality Rate	1	775	109.9
Physical Health	Depression*	24	32.8%	30.3%
	Diabetes*	19	3.0%	3.6%
	Frequent Physical Distress	12	8.9%	9.7%
	High Blood Pressure	7	9.5%	11.8%
	High Health Status*	9	55.7%	51.6%
	Multiple Chronic Conditions	26	5.0%	4.5%
	Obesity	2	24.4%	32.5%
	Severe Maternal Morbidity*	40	111.0	94.7
Overall - Women		1	0.680	

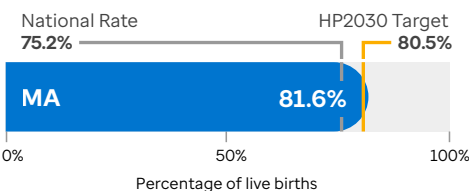
		State Rank	State Value	U.S. Value
Children				
Clinical Care		2	1.492	
Access to Care	ADD/ADHD Treatment	23	3.8%	3.4%
	Mental Health Treatment*	16	86.2%	83.3%
	Pediatricians	1	224.6	116.1
	Uninsured	1	1.5%	5.4%
Preventive Clinical Care	Childhood Immunizations	1	83.1%	66.9%
	HPV Vaccination	2	82.3%	61.4%
	Preventive Dental Visit	13	83.8%	80.2%
	Well-Child Visit	4	87.2%	79.6%
Quality of Care	Adequate Insurance	15	66.9%	64.6%
	Developmental Screening	4	51.9%	36.5%
	Medical Home	23	49.2%	45.5%
Behaviors		14	0.518	
Nutrition and Physical Activity	Breastfed	31	26.4%	27.2%
	Physical Activity	23	20.9%	19.7%
	Soda Consumption*	2	4.8%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	7	81.4%	85.6%
	Teen Births	3	5.8	13.1
Sleep Health	Adequate Sleep	10	71.4%	65.3%
	Sleep Position*	15	74.6%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	19	18.3%	16.8%
	Tobacco Use	28	2.0%	1.9%
Health Outcomes		6	0.507	
Behavioral Health	Alcohol Use	45	8.6%	6.9%
	Flourishing	11	67.5%	66.7%
	Illicit Drug Use	46	9.1%	7.3%
	Mental Health Conditions	30	22.8%	20.5%
	Teen Suicide*	2	5.3	10.2
Mortality	Child Mortality	1	16.7	29.6
	Infant Mortality	2	3.3	5.6
	Neonatal Mortality*	3	2.3	3.6
Physical Health	Asthma	23	6.7%	6.8%
	Congenital Syphilis*	7	20.4	105.8
	High Health Status*	8	92.1%	89.9%
	Low Birth Weight	12	7.6%	8.6%
	Low Birth Weight - Racial Disparity	10	1.8	2.1
	Neonatal Abstinence Syndrome*	27	6.2	5.3
	Overweight or Obesity	3	25.3%	31.3%
Overall - Children		1	0.768	

Overall - Women and Children **1 0.766**

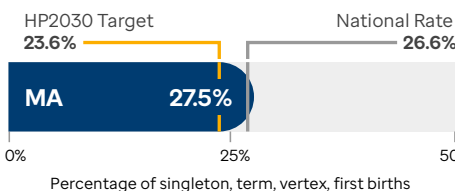
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

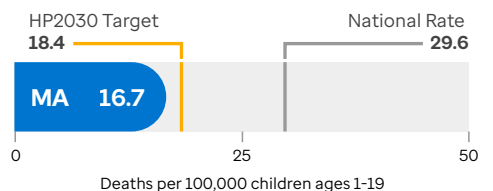
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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Summary

Strengths

- High WIC coverage among eligible children ages 0-4
- High prevalence of women with a dedicated health care provider
- High prevalence of physical activity among children

Challenges

- Low percentage of youth who are flourishing
- Low reading proficiency among fourth grade public school students
- High percentage of women in poverty

Key Findings

Household Smoke

37%▼

from 18.8% to 11.8% of children ages 0-17 between 2020-2021 and 2023-2024.

Frequent Mental Distress

25%▲

from 20.7% to 25.9% of women ages 18-44 between 2017-2018 and 2022-2023.

Food Sufficiency

9%▼

from 73.5% to 67.0% of children ages 0-17 between 2021-2022 and 2023-2024.

Well-Woman Visit

6%▲

from 74.3% to 78.8% of women ages 18-44 between 2020-2021 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		35	-0.195	
Community and Family Safety	Firearm Deaths*	26	7.2	6.2
	Injury Deaths	26	55.2	51.9
	Intimate Partner Violence Before Pregnancy*	12	2.5%	-
Economic Resources	Concentrated Disadvantage	28	23.5%	25.9%
	Food Insecurity	41	13.0%	12.2%
	Gender Pay Gap*	26	81.8%	81.1%
	Poverty	41	17.0%	14.9%
	Unemployment	42	3.9%	3.5%
Education	College Graduate	26	36.6%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	17	11.1%	12.1%
	Residential Segregation - Black/White	45	74	-
	Voter Participation	3	69.5%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		25	-0.030	
Community and Family Safety	Child Victimization*	33	10.8	7.4
	Firearm Deaths *	18	5.5	5.9
	Injury Deaths	13	16.5	18.7
Economic Resources	Children in Poverty	35	176%	16.0%
	Children in Poverty - Racial Disparity	16	3.0	3.0
	Food Sufficiency	26	67.0%	66.6%
	Students Experiencing Homelessness	27	2.0%	2.4%
	WIC Coverage	8	61.6%	52.2%
Education	Early Childhood Education	27	46.8%	48.5%
	Fourth Grade Reading Proficiency	46	24.6%	30.5%
	High School Completion	19	92.0%	89.8%
Social Support and Engagement	Adult Mentor*	16	92.0%	88.0%
	Adverse Childhood Experiences	34	172%	14.1%
	Foster Care Instability	7	10.3%	15.2%
	High-Speed Internet	23	96.2%	96.0%
	Neighborhood Amenities	27	34.7%	38.2%
	Reading, Singing or Storytelling*	20	63.1%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		19	0.210	
Air and Water Quality	Air Pollution	40	8.8	8.6
	Drinking Water Violations	9	1.6	2.8
	Household Smoke	27	11.8%	10.3%
	Water Fluoridation	12	90.8%	72.3%
Climate and Health	Climate Policies	13	3	-
	Transportation Energy Use*	8	70	8.4
Housing and Transportation	Drive Alone to Work - Women	33	73.2%	67.3%
	Housing Cost Burden - Households with Children	13	24.6%	31.1%
	Housing with Lead Risk	39	21.8%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		9	0.726	
Access to Care	Adequate Prenatal Care	28	77.6%	75.2%
	Avoided Care Due to Cost	8	13.0%	17.4%
	Maternity Care Desert*	23	2.7	3.7
	Uninsured	7	5.7%	10.8%
	Women's Health Providers	15	57.4	47.8
Preventive Clinical Care	Cervical Cancer Screening	7	57.4%	51.6%
	Dental Visit	7	69.8%	64.1%
	Flu Vaccination	23	37.6%	35.5%
	Postpartum Visit*	31	89.5%	90.3%
	Well-Woman Visit	4	78.8%	72.7%
Quality of Care	Breastfeeding Initiation	28	85.5%	85.1%
	Dedicated Health Care Provider	5	86.5%	77.4%
	Low-Risk Cesarean Delivery	43	28.4%	26.6%
	Maternity Practices Score	31	79	82
	Behaviors		36	-0.372
Nutrition and Physical Activity	Exercise	28	27.0%	27.6%
	Fruit and Vegetable Consumption	18	10.4%	9.8%
	Physical Inactivity	22	20.4%	22.0%
Sexual Health	Chlamydia	23	1,405.6	1,481.2
	High-Risk HIV Behaviors	39	10.6%	9.3%
	Unintended Pregnancy*	16	21.4%	-
Sleep Health	Insufficient Sleep	33	37.9%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	39	14.2%	11.2%
	Smoking	39	14.2%	9.9%
	Smoking During Pregnancy	34	5.3%	3.0%
Health Outcomes		41	-0.631	
Behavioral Health	Drug Deaths*	29	30.8	28.6
	Excessive Drinking	37	22.3%	19.5%
	Frequent Mental Distress	35	25.9%	23.6%
	Illicit Drug Use	39	12.3%	10.5%
	Postpartum Anxiety*	40	25.9%	20.3%
	Postpartum Depression*	22	11.6%	11.9%
Mortality	Maternal Mortality*	12	18.7	23.5
	Mortality Rate	26	1172	109.9
Physical Health	Depression*	38	38.4%	30.3%
	Diabetes*	40	4.4%	3.6%
	Frequent Physical Distress	33	10.7%	9.7%
	High Blood Pressure	30	12.4%	11.8%
	High Health Status*	29	51.2%	51.6%
	Multiple Chronic Conditions	38	6.2%	4.5%
	Obesity	30	34.7%	32.5%
	Severe Maternal Morbidity*	28	94.9	94.7
Overall - Women		30	-0.111	

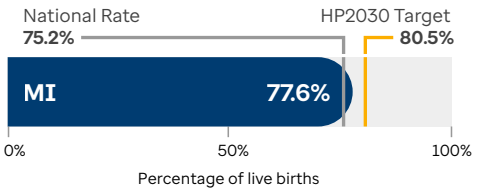
		State Rank	State Value	U.S. Value
Children				
Clinical Care		14	0.467	
Access to Care	ADD/ADHD Treatment	11	4.3%	3.4%
	Mental Health Treatment*	14	86.8%	83.3%
	Pediatricians	19	113.9	116.1
	Uninsured	4	3.0%	5.4%
Preventive Clinical Care	Childhood Immunizations	25	67.7%	66.9%
	HPV Vaccination	4	73.2%	61.4%
	Preventive Dental Visit	39	78.8%	80.2%
	Well-Child Visit	18	81.2%	79.6%
Quality of Care	Adequate Insurance	24	64.8%	64.6%
	Developmental Screening	21	41.8%	36.5%
	Medical Home	30	47.1%	45.5%
Behaviors		19	0.296	
Nutrition and Physical Activity	Breastfed	28	27.2%	27.2%
	Physical Activity	15	22.6%	19.7%
	Soda Consumption*	7	7.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	6	81.2%	85.6%
	Teen Births	19	10.9	13.1
Sleep Health	Adequate Sleep	24	67.1%	65.3%
	Sleep Position*	5	79.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	8	15.4%	16.8%
	Tobacco Use	28	2.0%	1.9%
Health Outcomes		35	-0.252	
Behavioral Health	Alcohol Use	14	6.3%	6.9%
	Flourishing	42	64.3%	66.7%
	Illicit Drug Use	29	7.6%	7.3%
	Mental Health Conditions	24	22.3%	20.5%
	Teen Suicide*	22	11.3	10.2
Mortality	Child Mortality	18	27.7	29.6
	Infant Mortality	34	6.3	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	27	6.9%	6.8%
	Congenital Syphilis*	21	53.8	105.8
	High Health Status*	47	87.7%	89.9%
	Low Birth Weight	33	8.9%	8.6%
	Low Birth Weight - Racial Disparity	45	2.2	2.1
	Neonatal Abstinence Syndrome*	21	5.6	5.3
	Overweight or Obesity	21	31.1%	31.3%
Overall - Children		24	0.064	

Overall - Women and Children **29 -0.042**

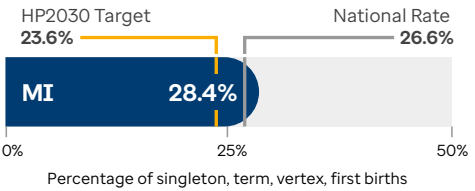
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

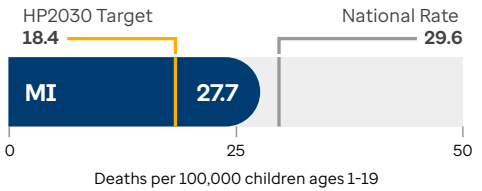
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- High percentage of infants exclusively breastfed for six months
- High prevalence of food sufficiency among children
- Low prevalence of insufficient sleep among women

Challenges

- High prevalence of excessive drinking among women
- Low percentage of youth who are flourishing
- Low percentage of children with adequate and continuous health insurance

Key Findings

Mental Health Conditions (Diagnosed)

45% ▲

from 15.7% to 22.7% of children ages 3-17 between 2020-2021 and 2023-2024.

Smoking During Pregnancy

38% ▼

from 5.6% to 3.5% of women with a recent live birth between 2021 and 2023.

Mortality Among Women

22% ▲

from 75.2 to 91.9 deaths per 100,000 women ages 20-44 between 2019 and 2023.

Early Childhood Education

21% ▲

from 39.3% to 47.6% of children ages 3-4 between 2021 and 2023.

Measures

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		3	1.058	
Community and Family Safety	Firearm Deaths*	7	3.8	6.2
	Injury Deaths	10	43.1	51.9
	Intimate Partner Violence Before Pregnancy*	7	2.0%	-
Economic Resources	Concentrated Disadvantage	9	10.0%	25.9%
	Food Insecurity	4	9.1%	12.2%
	Gender Pay Gap*	11	85.2%	81.1%
	Poverty	8	12.1%	14.9%
	Unemployment	11	2.8%	3.5%
Education	College Graduate	7	44.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	38	14.3%	12.1%
	Residential Segregation - Black/White	21	63	-
	Voter Participation	2	72.4%	60.0%

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		5	0.694	
Community and Family Safety	Child Victimization*	9	3.8	7.4
	Firearm Deaths *	5	2.7	5.9
	Injury Deaths	10	16.0	18.7
Economic Resources	Children in Poverty	5	10.1%	16.0%
	Children in Poverty - Racial Disparity	46	5.3	3.0
	Food Sufficiency	3	73.1%	66.6%
	Students Experiencing Homelessness	16	1.7%	2.4%
	WIC Coverage	4	64.5%	52.2%
Education	Early Childhood Education	24	47.6%	48.5%
	Fourth Grade Reading Proficiency	25	30.7%	30.5%
	High School Completion	6	94.3%	89.8%
Social Support and Engagement	Adult Mentor*	20	91.5%	88.0%
	Adverse Childhood Experiences	17	13.8%	14.1%
	Foster Care Instability	11	11.3%	15.2%
	High-Speed Internet	9	97.0%	96.0%
	Neighborhood Amenities	10	45.7%	38.2%
	Reading, Singing or Storytelling*	19	63.4%	59.7%

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		3	0.630	
Air and Water Quality	Air Pollution	21	75	8.6
	Drinking Water Violations	31	2.2	2.8
	Household Smoke	9	8.4%	10.3%
	Water Fluoridation	2	98.9%	72.3%
Climate and Health	Climate Policies	13	3	-
	Transportation Energy Use*	21	79	8.4
Housing and Transportation	Drive Alone to Work - Women	18	67.3%	67.3%
	Housing Cost Burden - Households with Children	8	23.1%	31.1%
	Housing with Lead Risk	32	18.3%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		11	0.587	
Access to Care	Adequate Prenatal Care	14	80.4%	75.2%
	Avoided Care Due to Cost	9	13.1%	17.4%
	Maternity Care Desert*	28	4.3	3.7
	Uninsured	6	5.5%	10.8%
	Women's Health Providers	13	59.4	47.8
Preventive Clinical Care	Cervical Cancer Screening	31	51.1%	51.6%
	Dental Visit	23	66.1%	64.1%
	Flu Vaccination	8	43.4%	35.5%
	Postpartum Visit*	8	92.9%	90.3%
	Well-Woman Visit	34	71.9%	72.7%
Quality of Care	Breastfeeding Initiation	12	89.5%	85.1%
	Dedicated Health Care Provider	25	80.8%	77.4%
	Low-Risk Cesarean Delivery	32	26.6%	26.6%
	Maternity Practices Score	26	81	82

		State Rank	State Value	U.S. Value
Behaviors		17	0.281	
Nutrition and Physical Activity	Exercise	23	28.0%	27.6%
	Fruit and Vegetable Consumption	26	9.1%	9.8%
	Physical Inactivity	14	18.9%	22.0%
Sexual Health	Chlamydia	12	1,197.0	1,481.2
	High-Risk HIV Behaviors	20	9.3%	9.3%
	Unintended Pregnancy*	15	21.0%	–
Sleep Health	Insufficient Sleep	4	31.1%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	21	11.6%	11.2%
	Smoking	28	12.2%	9.9%
	Smoking During Pregnancy	25	3.5%	3.0%

		State Rank	State Value	U.S. Value
Health Outcomes		13	0.253	
Behavioral Health	Drug Deaths*	15	24.1	28.6
	Excessive Drinking	41	22.9%	19.5%
	Frequent Mental Distress	22	23.9%	23.6%
	Illicit Drug Use	15	9.8%	10.5%
	Postpartum Anxiety*	33	24.5%	20.3%
	Postpartum Depression*	7	10.2%	11.9%
Mortality	Maternal Mortality*	2	14.1	23.5
	Mortality Rate	10	91.9	109.9
Physical Health	Depression*	35	36.9%	30.3%
	Diabetes*	19	3.0%	3.6%
	Frequent Physical Distress	6	7.9%	9.7%
	High Blood Pressure	13	10.4%	11.8%
	High Health Status*	8	55.8%	51.6%
	Multiple Chronic Conditions	15	4.1%	4.5%
	Obesity	15	31.2%	32.5%
Severe Maternal Morbidity*	44	112.9	94.7	

Overall - Women	5	0.551
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Children

		State Rank	State Value	U.S. Value
Clinical Care		13	0.475	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	10	87.6%	83.3%
	Pediatricians	20	113.0	116.1
	Uninsured	12	3.4%	5.4%
Preventive Clinical Care	Childhood Immunizations	18	68.9%	66.9%
	HPV Vaccination	11	69.2%	61.4%
	Preventive Dental Visit	30	79.5%	80.2%
	Well-Child Visit	14	81.9%	79.6%
Quality of Care	Adequate Insurance	43	61.0%	64.6%
	Developmental Screening	5	50.8%	36.5%
	Medical Home	15	50.5%	45.5%

		State Rank	State Value	U.S. Value
Behaviors		2	1.164	
Nutrition and Physical Activity	Breastfed	2	38.2%	27.2%
	Physical Activity	19	21.8%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	8	7.8	13.1
Sleep Health	Adequate Sleep	4	72.6%	65.3%
	Sleep Position*	32	68.1%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	6	1.6%	1.9%

		State Rank	State Value	U.S. Value
Health Outcomes		10	0.443	
Behavioral Health	Alcohol Use	18	6.5%	6.9%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	23	7.3%	7.3%
	Mental Health Conditions	29	22.7%	20.5%
	Teen Suicide*	25	11.6	10.2
Mortality	Child Mortality	12	25.8	29.6
	Infant Mortality	10	4.6	5.6
	Neonatal Mortality*	7	2.9	3.6
Physical Health	Asthma	10	5.8%	6.8%
	Congenital Syphilis*	18	45.3	105.8
	High Health Status*	8	92.1%	89.9%
	Low Birth Weight	7	7.2%	8.6%
	Low Birth Weight - Racial Disparity	10	1.8	2.1
	Neonatal Abstinence Syndrome*	28	6.3	5.3
	Overweight or Obesity	5	27.1%	31.3%

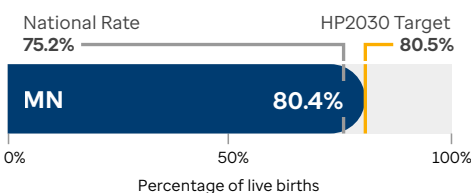
Overall - Children	2	0.661
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Overall - Women and Children 3 0.607

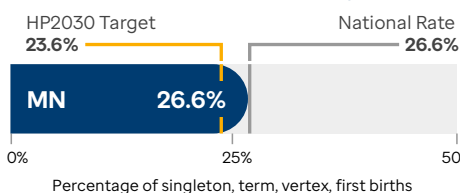
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Healthy People 2030 (HP2030) Targets

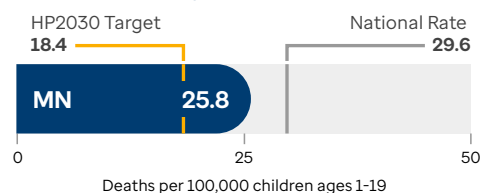
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of frequent physical distress among women
- High prevalence of well-woman visits
- Low prevalence of alcohol use among adolescents

Challenges

- High percentage of low birth weight infants
- Low prevalence of adequate sleep among children
- High prevalence of physical inactivity among women

Key Findings

Flu Vaccination

20%▼

from 33.5% to 26.8% of women ages 18-44 between 2019-2020 and 2022-2023.

Child Mortality

18%▲

from 43.9 to 51.6 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Poverty

16%▼

from 23.7% to 20.0% of women ages 18-44 between 2021 and 2023.

Teen Births

14%▼

from 29.1 to 24.9 births per 1,000 females ages 15-19 between 2019 and 2023.

Measures

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		44	-0.742	
Community and Family Safety	Firearm Deaths*	46	15.4	6.2
	Injury Deaths	42	74.7	51.9
	Intimate Partner Violence Before Pregnancy*	18	4.6%	-
Economic Resources	Concentrated Disadvantage	49	44.2%	25.9%
	Food Insecurity	47	16.2%	12.2%
	Gender Pay Gap*	42	77.6%	81.1%
	Poverty	46	20.0%	14.9%
	Unemployment	35	3.6%	3.5%
Education	College Graduate	47	27.2%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	1	75%	12.1%
	Residential Segregation - Black/White	3	51	-
	Voter Participation	30	59.8%	60.0%

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		46	-0.838	
Community and Family Safety	Child Victimization*	42	12.9	7.4
	Firearm Deaths *	44	15.2	5.9
	Injury Deaths	50	35.6	18.7
Economic Resources	Children in Poverty	48	23.2%	16.0%
	Children in Poverty - Racial Disparity	21	3.2	3.0
	Food Sufficiency	50	49.7%	66.6%
	Students Experiencing Homelessness	7	1.3%	2.4%
	WIC Coverage	34	46.0%	52.2%
Education	Early Childhood Education	17	49.4%	48.5%
	Fourth Grade Reading Proficiency	16	32.0%	30.5%
	High School Completion	45	87.8%	89.8%
Social Support and Engagement	Adult Mentor*	17	91.8%	88.0%
	Adverse Childhood Experiences	31	16.1%	14.1%
	Foster Care Instability	31	16.9%	15.2%
	High-Speed Internet	50	92.9%	96.0%
	Neighborhood Amenities	50	14.0%	38.2%
	Reading, Singing or Storytelling*	50	47.8%	59.7%

Women and Children

Physical Environment		State Rank	State Value	U.S. Value
Physical Environment		48	-0.290	
Air and Water Quality	Air Pollution	28	79	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	43	15.3%	10.3%
	Water Fluoridation	41	47.3%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	46	12.1	8.4
Housing and Transportation	Drive Alone to Work - Women	49	78.3%	67.3%
	Housing Cost Burden - Households with Children	20	26.3%	31.1%
	Housing with Lead Risk	11	10.2%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		42	-0.453	
Access to Care	Adequate Prenatal Care	12	80.9%	75.2%
	Avoided Care Due to Cost	42	20.9%	17.4%
	Maternity Care Desert*	49	19.4	3.7
	Uninsured	46	15.7%	10.8%
	Women's Health Providers	48	32.2	47.8
Preventive Clinical Care	Cervical Cancer Screening	43	47.1%	51.6%
	Dental Visit	–	–	64.1%
	Flu Vaccination	48	26.8%	35.5%
	Postpartum Visit*	39	88.1%	90.3%
	Well-Woman Visit	7	78.2%	72.7%
Quality of Care	Breastfeeding Initiation	49	67.0%	85.1%
	Dedicated Health Care Provider	37	77.2%	77.4%
	Low-Risk Cesarean Delivery	49	30.1%	26.6%
	Maternity Practices Score	8	87	82
Behaviors		50	-1.324	
Nutrition and Physical Activity	Exercise	48	21.5%	27.6%
	Fruit and Vegetable Consumption	49	3.8%	9.8%
	Physical Inactivity	50	30.0%	22.0%
Sexual Health	Chlamydia	49	2,473.6	1,481.2
	High-Risk HIV Behaviors	30	10.1%	9.3%
	Unintended Pregnancy*	22	36.6%	–
Sleep Health	Insufficient Sleep	38	39.2%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	43	15.7%	11.2%
	Smoking	42	14.5%	9.9%
	Smoking During Pregnancy	28	3.7%	3.0%
Health Outcomes		35	-0.537	
Behavioral Health	Drug Deaths*	21	275	28.6
	Excessive Drinking	3	15.6%	19.5%
	Frequent Mental Distress	12	22.4%	23.6%
	Illicit Drug Use	12	9.6%	10.5%
	Postpartum Anxiety*	46	31.6%	20.3%
	Postpartum Depression*	46	17.1%	11.9%
Mortality	Maternal Mortality*	45	39.7	23.5
	Mortality Rate	47	169.1	109.9
Physical Health	Depression*	14	28.6%	30.3%
	Diabetes*	47	5.7%	3.6%
	Frequent Physical Distress	8	8.4%	9.7%
	High Blood Pressure	47	18.4%	11.8%
	High Health Status*	46	48.5%	51.6%
	Multiple Chronic Conditions	33	5.7%	4.5%
	Obesity	49	42.6%	32.5%
	Severe Maternal Morbidity*	9	73.7	94.7
Overall - Women		46	-0.701	

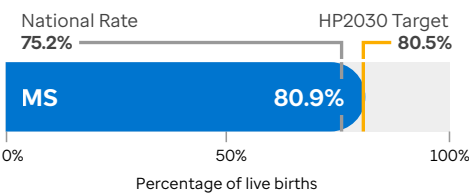
		State Rank	State Value	U.S. Value
Children				
Clinical Care		47	-0.605	
Access to Care	ADD/ADHD Treatment	1	6.3%	3.4%
	Mental Health Treatment*	40	81.3%	83.3%
	Pediatricians	46	68.1	116.1
	Uninsured	36	6.0%	5.4%
Preventive Clinical Care	Childhood Immunizations	34	64.8%	66.9%
	HPV Vaccination	50	38.4%	61.4%
	Preventive Dental Visit	47	74.9%	80.2%
	Well-Child Visit	49	72.2%	79.6%
Quality of Care	Adequate Insurance	21	65.7%	64.6%
	Developmental Screening	45	29.7%	36.5%
	Medical Home	44	44.0%	45.5%
Behaviors		49	-1.156	
Nutrition and Physical Activity	Breastfed	46	21.7%	27.2%
	Physical Activity	21	21.2%	19.7%
	Soda Consumption*	20	15.3%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	21	94.1%	85.6%
	Teen Births	50	24.9	13.1
Sleep Health	Adequate Sleep	50	50.3%	65.3%
	Sleep Position*	43	61.7%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	15	179%	16.8%
	Tobacco Use	42	2.4%	1.9%
Health Outcomes		49	-1.059	
Behavioral Health	Alcohol Use	5	5.5%	6.9%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	12	6.6%	7.3%
	Mental Health Conditions	44	25.4%	20.5%
	Teen Suicide*	13	10.0	10.2
Mortality	Child Mortality	50	51.6	29.6
	Infant Mortality	50	9.0	5.6
	Neonatal Mortality*	50	5.3	3.6
Physical Health	Asthma	44	8.4%	6.8%
	Congenital Syphilis*	48	377.8	105.8
	High Health Status*	42	88.6%	89.9%
	Low Birth Weight	50	12.5%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	8	3.1	5.3
	Overweight or Obesity	50	41.8%	31.3%
Overall - Children		49	-0.812	

Overall - Women and Children 48 -0.806

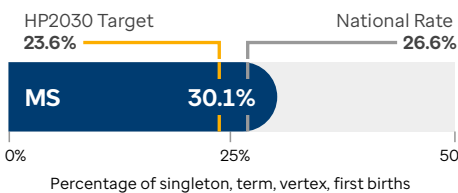
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

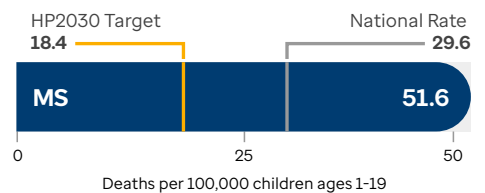
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low prevalence of unemployment among women
- Low percentage of low-risk cesarean deliveries
- High prevalence of well-child visits

Challenges

- High prevalence of frequent mental distress among women
- High prevalence of asthma among children
- High prevalence of cigarette smoking among women

Key Findings

Child Mortality

16%▲

from 33.6 to 38.9 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Poverty

15%▼

from 16.5% to 14.0% of women ages 18-44 between 2021 and 2023.

High Health Status

14%▼

from 58.8% to 50.7% of women ages 18-44 between 2020-2021 and 2022-2023.

Well-Child Visit

7%▲

from 77.0% to 82.7% of children ages 0-17 between 2021-2022 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		29	0.014	
Community and Family Safety	Firearm Deaths*	41	11.1	6.2
	Injury Deaths	38	678	51.9
	Intimate Partner Violence Before Pregnancy*	19	4.9%	-
Economic Resources	Concentrated Disadvantage	19	17.2%	25.9%
	Food Insecurity	35	12.7%	12.2%
	Gender Pay Gap*	36	80.0%	81.1%
	Poverty	24	14.0%	14.9%
	Unemployment	18	2.9%	3.5%
Education	College Graduate	35	35.2%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	27	11.9%	12.1%
	Residential Segregation - Black/White	40	71	-
	Voter Participation	18	63.1%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		41	-0.562	
Community and Family Safety	Child Victimization*	8	3.2	7.4
	Firearm Deaths *	40	10.0	5.9
	Injury Deaths	44	277	18.7
Economic Resources	Children in Poverty	24	14.4%	16.0%
	Children in Poverty - Racial Disparity	5	2.6	3.0
	Food Sufficiency	34	64.4%	66.6%
	Students Experiencing Homelessness	48	3.7%	2.4%
	WIC Coverage	46	38.4%	52.2%
Education	Early Childhood Education	36	42.7%	48.5%
	Fourth Grade Reading Proficiency	41	27.2%	30.5%
	High School Completion	19	92.0%	89.8%
Social Support and Engagement	Adult Mentor*	7	93.9%	88.0%
	Adverse Childhood Experiences	37	17.8%	14.1%
	Foster Care Instability	40	19.6%	15.2%
	High-Speed Internet	39	95.4%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	28	34.4%	38.2%
		13	64.2%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		34	-0.039	
Air and Water Quality	Air Pollution	21	75	8.6
	Drinking Water Violations	5	1.5	2.8
	Household Smoke	48	16.7%	10.3%
	Water Fluoridation	25	76.5%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	31	8.9	8.4
Housing and Transportation	Drive Alone to Work - Women	35	73.4%	67.3%
	Housing Cost Burden - Households with Children	5	22.4%	31.1%
	Housing with Lead Risk	31	17.7%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		37	-0.026	
Access to Care	Adequate Prenatal Care	27	78.0%	75.2%
	Avoided Care Due to Cost	38	18.6%	17.4%
	Maternity Care Desert*	40	12.1	3.7
	Uninsured	31	10.4%	10.8%
	Women's Health Providers	31	43.3	47.8
Preventive Clinical Care	Cervical Cancer Screening	23	52.7%	51.6%
	Dental Visit	41	61.2%	64.1%
	Flu Vaccination	33	35.2%	35.5%
	Postpartum Visit*	35	89.1%	90.3%
	Well-Woman Visit	21	74.0%	72.7%
Quality of Care	Breastfeeding Initiation	38	81.5%	85.1%
	Dedicated Health Care Provider	30	79.9%	77.4%
	Low-Risk Cesarean Delivery	15	24.0%	26.6%
	Maternity Practices Score	38	77	82
Behaviors		45	-0.793	
Nutrition and Physical Activity	Exercise	31	26.6%	27.6%
	Fruit and Vegetable Consumption	35	7.7%	9.8%
	Physical Inactivity	31	22.0%	22.0%
Sexual Health	Chlamydia	37	1,613.0	1,481.2
	High-Risk HIV Behaviors	48	12.6%	9.3%
	Unintended Pregnancy*	18	22.4%	-
Sleep Health	Insufficient Sleep	24	36.1%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	31	12.9%	11.2%
	Smoking	47	15.2%	9.9%
	Smoking During Pregnancy	44	6.7%	3.0%
Health Outcomes		42	-0.728	
Behavioral Health	Drug Deaths*	35	35.6	28.6
	Excessive Drinking	46	23.7%	19.5%
	Frequent Mental Distress	46	29.4%	23.6%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	35	24.6%	20.3%
	Postpartum Depression*	37	13.9%	11.9%
Mortality	Maternal Mortality*	29	25.4	23.5
	Mortality Rate	36	131.7	109.9
Physical Health	Depression*	30	36.0%	30.3%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	30	10.6%	9.7%
	High Blood Pressure	26	11.9%	11.8%
	High Health Status*	33	50.7%	51.6%
	Multiple Chronic Conditions	36	5.8%	4.5%
	Obesity	34	35.5%	32.5%
	Severe Maternal Morbidity*	29	95.1	94.7
Overall - Women		41	-0.348	

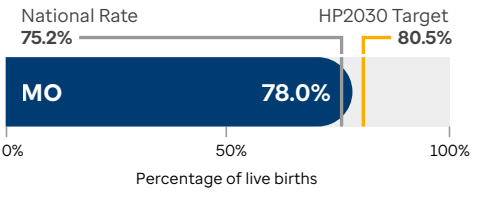
		State Rank	State Value	U.S. Value
Children				
Clinical Care		33	0.002	
Access to Care	ADD/ADHD Treatment	36	3.3%	3.4%
	Mental Health Treatment*	5	89.6%	83.3%
	Pediatricians	6	156.7	116.1
	Uninsured	31	5.4%	5.4%
Preventive Clinical Care	Childhood Immunizations	19	68.6%	66.9%
	HPV Vaccination	36	57.7%	61.4%
	Preventive Dental Visit	47	74.9%	80.2%
	Well-Child Visit	8	82.7%	79.6%
Quality of Care	Adequate Insurance	32	63.3%	64.6%
	Developmental Screening	47	27.9%	36.5%
	Medical Home	20	49.4%	45.5%
Behaviors		31	0.052	
Nutrition and Physical Activity	Breastfed	14	28.9%	27.2%
	Physical Activity	24	20.8%	19.7%
	Soda Consumption*	17	12.4%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	36	15.9	13.1
Sleep Health	Adequate Sleep	23	67.3%	65.3%
	Sleep Position*	21	72.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	22	21.3%	16.8%
	Tobacco Use	28	2.0%	1.9%
Health Outcomes		47	-0.775	
Behavioral Health	Alcohol Use	25	6.8%	6.9%
	Flourishing	41	64.4%	66.7%
	Illicit Drug Use	38	8.1%	7.3%
	Mental Health Conditions	41	24.8%	20.5%
	Teen Suicide*	29	12.3	10.2
Mortality	Child Mortality	41	38.9	29.6
	Infant Mortality	35	6.5	5.6
	Neonatal Mortality*	29	3.9	3.6
Physical Health	Asthma	50	9.1%	6.8%
	Congenital Syphilis*	40	136.3	105.8
	High Health Status*	49	87.1%	89.9%
	Low Birth Weight	33	8.9%	8.6%
	Low Birth Weight - Racial Disparity	45	2.2	2.1
	Neonatal Abstinence Syndrome*	22	5.7	5.3
	Overweight or Obesity	32	31.8%	31.3%
Overall - Children		42	-0.370	

Overall - Women and Children **41 -0.391**

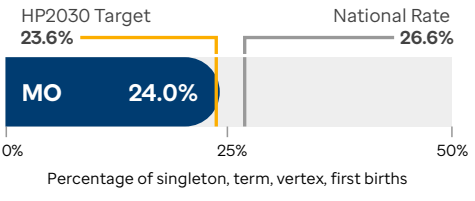
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

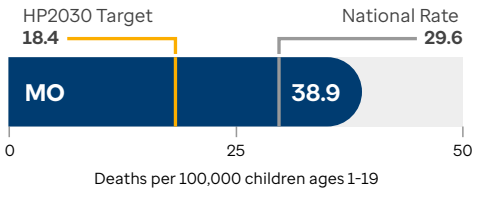
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low prevalence of unemployment among women
- High percentage of infants exclusively breastfed for six months
- High prevalence of physical activity among children

Challenges

- High child mortality rate
- High prevalence of adverse childhood experiences (ACEs) among children
- High prevalence of cigarette smoking during pregnancy

Key Findings

Early Childhood Education

32% ▼

from 44.0% to 30.0% of children ages 3-4 between 2018 and 2023.

Teen Births

13% ▼

from 13.6 to 11.8 births per 1,000 females ages 15-19 between 2021 and 2023.

Well-Woman Visit

13% ▲

from 62.3% to 70.1% of women ages 18-44 between 2016-2017 and 2022-2023.

High Health Status

12% ▼

from 60.0% to 53.1% of women ages 18-44 between 2019-2020 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		25	0.093	
Community and Family Safety	Firearm Deaths*	31	8.0	6.2
	Injury Deaths	27	55.7	51.9
	Intimate Partner Violence Before Pregnancy*	8	2.2%	-
Economic Resources	Concentrated Disadvantage	8	8.8%	25.9%
	Food Insecurity	17	10.6%	12.2%
	Gender Pay Gap*	43	76.4%	81.1%
	Poverty	38	16.4%	14.9%
	Unemployment	8	2.5%	3.5%
Education	College Graduate	33	35.3%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	35	13.4%	12.1%
	Residential Segregation - Black/White	50	80	-
	Voter Participation	17	63.2%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		39	-0.412	
Community and Family Safety	Child Victimization*	35	11.2	7.4
	Firearm Deaths *	41	10.1	5.9
	Injury Deaths	48	34.1	18.7
Economic Resources	Children in Poverty	12	12.2%	16.0%
	Children in Poverty - Racial Disparity	31	3.8	3.0
	Food Sufficiency	17	68.6%	66.6%
	Students Experiencing Homelessness	41	3.1%	2.4%
	WIC Coverage	32	47.3%	52.2%
Education	Early Childhood Education	49	30.0%	48.5%
	Fourth Grade Reading Proficiency	18	31.9%	30.5%
	High School Completion	4	94.4%	89.8%
Social Support and Engagement	Adult Mentor*	7	93.9%	88.0%
	Adverse Childhood Experiences	49	22.6%	14.1%
	Foster Care Instability	13	11.4%	15.2%
	High-Speed Internet	44	94.9%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	39	26.8%	38.2%
		9	65.8%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		45	-0.238	
Air and Water Quality	Air Pollution	16	70	8.6
	Drinking Water Violations	26	2.0	2.8
	Household Smoke	40	14.5%	10.3%
	Water Fluoridation	46	32.8%	72.3%
Climate and Health	Climate Policies	27	1	-
	Transportation Energy Use*	36	10.1	8.4
Housing and Transportation	Drive Alone to Work - Women	28	71.7%	67.3%
	Housing Cost Burden - Households with Children	29	28.8%	31.1%
	Housing with Lead Risk	28	16.6%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		18	0.434	
Access to Care	Adequate Prenatal Care	22	78.8%	75.2%
	Avoided Care Due to Cost	30	16.7%	17.4%
	Maternity Care Desert*	36	7.6	3.7
	Uninsured	32	11.0%	10.8%
	Women's Health Providers	17	54.2	47.8
Preventive Clinical Care	Cervical Cancer Screening	10	56.1%	51.6%
	Dental Visit	25	65.8%	64.1%
	Flu Vaccination	35	32.2%	35.5%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	42	70.1%	72.7%
Quality of Care	Breastfeeding Initiation	5	92.0%	85.1%
	Dedicated Health Care Provider	26	80.7%	77.4%
	Low-Risk Cesarean Delivery	6	21.5%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		26	-0.093	
Nutrition and Physical Activity	Exercise	1	34.2%	27.6%
	Fruit and Vegetable Consumption	35	7.7%	9.8%
	Physical Inactivity	2	14.7%	22.0%
Sexual Health	Chlamydia	10	1,086.5	1,481.2
	High-Risk HIV Behaviors	49	13.1%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	14	33.9%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	36	13.9%	11.2%
	Smoking	48	16.1%	9.9%
	Smoking During Pregnancy	48	7.7%	3.0%
Health Outcomes		44	-0.898	
Behavioral Health	Drug Deaths*	8	18.6	28.6
	Excessive Drinking	50	27.7%	19.5%
	Frequent Mental Distress	48	30.7%	23.6%
	Illicit Drug Use	47	15.5%	10.5%
	Postpartum Anxiety*	28	22.9%	20.3%
	Postpartum Depression*	17	11.3%	11.9%
Mortality	Maternal Mortality*	40	32.5	23.5
	Mortality Rate	31	124.4	109.9
Physical Health	Depression*	44	39.9%	30.3%
	Diabetes*	2	2.4%	3.6%
	Frequent Physical Distress	30	10.6%	9.7%
	High Blood Pressure	13	10.4%	11.8%
	High Health Status*	21	53.1%	51.6%
	Multiple Chronic Conditions	40	6.4%	4.5%
	Obesity	13	30.4%	32.5%
Severe Maternal Morbidity*	14	79.8	94.7	
Overall - Women		35	-0.174	

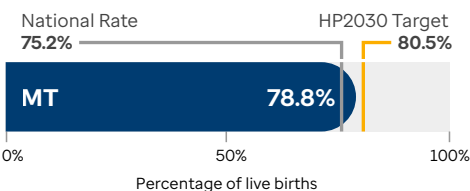
		State Rank	State Value	U.S. Value
Children				
Clinical Care		37	-0.087	
Access to Care	ADD/ADHD Treatment	5	5.4%	3.4%
	Mental Health Treatment*	45	78.3%	83.3%
	Pediatricians	45	68.9	116.1
	Uninsured	42	6.8%	5.4%
Preventive Clinical Care	Childhood Immunizations	50	57.8%	66.9%
	HPV Vaccination	35	59.0%	61.4%
	Preventive Dental Visit	12	84.6%	80.2%
	Well-Child Visit	35	78.3%	79.6%
Quality of Care	Adequate Insurance	41	61.3%	64.6%
	Developmental Screening	14	44.6%	36.5%
	Medical Home	16	50.3%	45.5%
Behaviors		4	0.896	
Nutrition and Physical Activity	Breastfed	6	34.0%	27.2%
	Physical Activity	7	24.2%	19.7%
	Soda Consumption*	9	8.0%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	3	75.6%	85.6%
	Teen Births	24	11.8	13.1
Sleep Health	Adequate Sleep	9	71.6%	65.3%
	Sleep Position*	8	77.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	27	24.3%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		42	-0.441	
Behavioral Health	Alcohol Use	35	7.9%	6.9%
	Flourishing	34	65.1%	66.7%
	Illicit Drug Use	42	8.5%	7.3%
	Mental Health Conditions	47	26.4%	20.5%
	Teen Suicide*	46	36.7	10.2
Mortality	Child Mortality	48	45.8	29.6
	Infant Mortality	16	5.1	5.6
	Neonatal Mortality*	18	3.3	3.6
Physical Health	Asthma	27	6.9%	6.8%
	Congenital Syphilis*	42	170.0	105.8
	High Health Status*	27	90.6%	89.9%
	Low Birth Weight	15	7.7%	8.6%
	Low Birth Weight - Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome*	32	7.0	5.3
	Overweight or Obesity	16	29.9%	31.3%
Overall - Children		35	-0.170	

Overall - Women and Children 32 -0.165

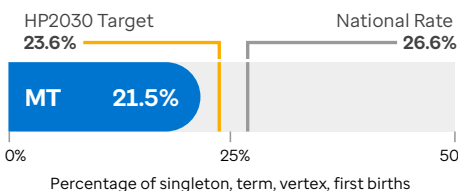
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

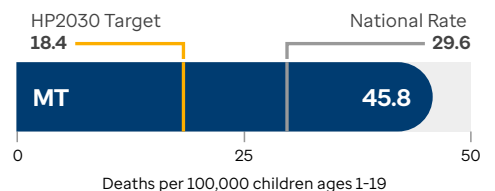
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- High percentage of youth who are flourishing
- Low prevalence of illicit drug use among women
- Low prevalence of unemployment among women

Challenges

- High prevalence of excessive drinking among women
- Low reading proficiency among fourth grade public school students
- Low hospital maternity practices (mPINC) score

Key Findings

Frequent Mental Distress

32%▲

from 16.9% to 22.3% of women ages 18-44 between 2018-2019 and 2022-2023.

Reading, Singing or Storytelling

32%▲

from 47.4% to 62.7% of children ages 0-5 between 2018-2019 and 2023-2024.

Adequate Insurance

9%▼

from 64.2% to 58.2% of children ages 0-17 between 2020-2021 and 2023-2024.

Well-Woman Visit

7%▲

from 67.6% to 72.0% of women ages 18-44 between 2017-2018 and 2022-2023.

Measures

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		14	0.472	
Community and Family Safety	Firearm Deaths*	11	4.9	6.2
	Injury Deaths	6	36.5	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	11	12.0%	25.9%
	Food Insecurity	39	12.9%	12.2%
	Gender Pay Gap*	20	82.7%	81.1%
	Poverty	19	13.7%	14.9%
	Unemployment	4	1.9%	3.5%
Education	College Graduate	14	40.2%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	45	15.1%	12.1%
	Residential Segregation - Black/White	30	65	–
	Voter Participation	32	59.1%	60.0%

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		12	0.519	
Community and Family Safety	Child Victimization*	14	4.6	7.4
	Firearm Deaths *	14	4.7	5.9
	Injury Deaths	15	16.8	18.7
Economic Resources	Children in Poverty	8	11.1%	16.0%
	Children in Poverty - Racial Disparity	40	4.4	3.0
	Food Sufficiency	29	65.9%	66.6%
	Students Experiencing Homelessness	3	0.9%	2.4%
	WIC Coverage	7	62.9%	52.2%
Education	Early Childhood Education	30	45.7%	48.5%
	Fourth Grade Reading Proficiency	37	28.0%	30.5%
	High School Completion	15	92.7%	89.8%
Social Support and Engagement	Adult Mentor*	9	93.5%	88.0%
	Adverse Childhood Experiences	12	12.7%	14.1%
	Foster Care Instability	13	11.4%	15.2%
	High-Speed Internet	4	97.7%	96.0%
	Neighborhood Amenities	29	34.1%	38.2%
Reading, Singing or Storytelling*	23	62.7%	59.7%	

Women and Children		State Rank	State Value	U.S. Value
Physical Environment		33	0.026	
Air and Water Quality	Air Pollution	7	6.2	8.6
	Drinking Water Violations	37	2.8	2.8
	Household Smoke	17	10.2%	10.3%
	Water Fluoridation	27	74.2%	72.3%
Climate and Health	Climate Policies	38	0	–
	Transportation Energy Use*	36	10.1	8.4
Housing and Transportation	Drive Alone to Work - Women	41	74.5%	67.3%
	Housing Cost Burden - Households with Children	7	22.7%	31.1%
	Housing with Lead Risk	37	20.6%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		26	0.318	
Access to Care	Adequate Prenatal Care	15	80.1%	75.2%
	Avoided Care Due to Cost	24	15.3%	17.4%
	Maternity Care Desert*	34	71	3.7
	Uninsured	20	8.2%	10.8%
	Women's Health Providers	36	41.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	15	54.2%	51.6%
	Dental Visit	28	64.8%	64.1%
	Flu Vaccination	15	39.8%	35.5%
	Postpartum Visit*	6	93.0%	90.3%
	Well-Woman Visit	33	72.0%	72.7%
Quality of Care	Breastfeeding Initiation	9	90.7%	85.1%
	Dedicated Health Care Provider	36	77.3%	77.4%
	Low-Risk Cesarean Delivery	9	22.9%	26.6%
	Maternity Practices Score	46	75	82
	Behaviors		22	-0.028
Nutrition and Physical Activity	Exercise	30	26.8%	27.6%
	Fruit and Vegetable Consumption	30	8.5%	9.8%
	Physical Inactivity	23	20.6%	22.0%
Sexual Health	Chlamydia	30	1,518.9	1,481.2
	High-Risk HIV Behaviors	37	10.4%	9.3%
	Unintended Pregnancy*	10	19.8%	-
Sleep Health	Insufficient Sleep	5	31.2%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	38	14.1%	11.2%
	Smoking	23	11.1%	9.9%
	Smoking During Pregnancy	30	4.1%	3.0%
Health Outcomes		12	0.278	
Behavioral Health	Drug Deaths*	2	12.7	28.6
	Excessive Drinking	48	24.4%	19.5%
	Frequent Mental Distress	11	22.3%	23.6%
	Illicit Drug Use	4	7.8%	10.5%
	Postpartum Anxiety*	8	17.7%	20.3%
	Postpartum Depression*	17	11.3%	11.9%
	Mortality	Maternal Mortality*	24	23.7
	Mortality Rate	7	86.3	109.9
Physical Health	Depression*	16	30.6%	30.3%
	Diabetes*	26	3.3%	3.6%
	Frequent Physical Distress	7	8.3%	9.7%
	High Blood Pressure	12	10.3%	11.8%
	High Health Status*	15	54.9%	51.6%
	Multiple Chronic Conditions	14	3.9%	4.5%
	Obesity	30	34.7%	32.5%
	Severe Maternal Morbidity*	4	61.3	94.7
Overall - Women		18	0.206	

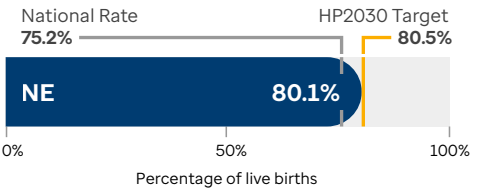
		State Rank	State Value	U.S. Value
Children				
Clinical Care		36	-0.031	
Access to Care	ADD/ADHD Treatment	40	3.0%	3.4%
	Mental Health Treatment*	8	88.1%	83.3%
	Pediatricians	39	85.4	116.1
	Uninsured	18	3.7%	5.4%
Preventive Clinical Care	Childhood Immunizations	47	61.2%	66.9%
	HPV Vaccination	18	67.4%	61.4%
	Preventive Dental Visit	25	81.7%	80.2%
	Well-Child Visit	32	78.8%	79.6%
Quality of Care	Adequate Insurance	49	58.2%	64.6%
	Developmental Screening	24	40.0%	36.5%
	Medical Home	6	52.2%	45.5%
Behaviors		7	0.762	
Nutrition and Physical Activity	Breastfed	10	31.5%	27.2%
	Physical Activity	8	24.1%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	28	13.1	13.1
Sleep Health	Adequate Sleep	18	68.4%	65.3%
	Sleep Position*	10	76.7%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	2	6.9%	16.8%
	Tobacco Use	3	1.5%	1.9%
Health Outcomes		2	0.620	
Behavioral Health	Alcohol Use	14	6.3%	6.9%
	Flourishing	1	70.1%	66.7%
	Illicit Drug Use	6	6.2%	7.3%
	Mental Health Conditions	5	17.7%	20.5%
	Teen Suicide*	38	15.8	10.2
	Mortality	Child Mortality	19	28.2
	Infant Mortality	32	6.1	5.6
	Neonatal Mortality*	35	4.0	3.6
Physical Health	Asthma	4	4.8%	6.8%
	Congenital Syphilis*	22	57.5	105.8
	High Health Status*	3	93.2%	89.9%
	Low Birth Weight	20	8.0%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	2	1.4	5.3
	Overweight or Obesity	9	28.1%	31.3%
Overall - Children		11	0.425	

Overall - Women and Children **13 0.350**

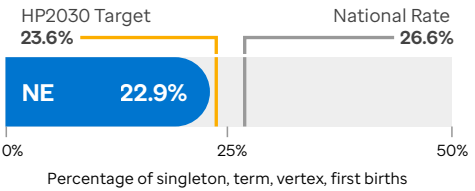
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Healthy People 2030 (HP2030) Targets

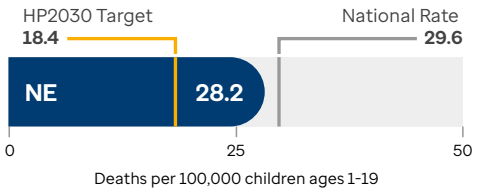
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low infant mortality rate
- Low prevalence of asthma among children
- Low percentage of women in poverty

Challenges

- High prevalence of frequent physical distress among women
- Low enrollment in early childhood education
- Low prevalence of physical activity among children

Key Findings

Obesity

36%▲

from 25.8% to 35.2% of women ages 18-44 between 2019-2020 and 2022-2023.

Flourishing

23%▼

from 83.6% to 64.2% of children ages 0-17 between 2017-2018 and 2023-2024.

Poverty

15%▼

from 16.2% to 13.7% of women ages 18-44 between 2021 and 2023.

Infant Mortality

12%▼

from 5.9 to 5.2 deaths per 1,000 live births between 2018-2019 and 2022-2023.

Measures

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		37	-0.236	
Community and Family Safety	Firearm Deaths*	33	8.7	6.2
	Injury Deaths	30	573	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	46	33.6%	25.9%
	Food Insecurity	34	12.5%	12.2%
	Gender Pay Gap*	10	85.3%	81.1%
	Poverty	19	13.7%	14.9%
	Unemployment	46	4.3%	3.5%
Education	College Graduate	46	27.6%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	19	11.2%	12.1%
	Residential Segregation - Black/White	5	54	–
	Voter Participation	24	61.3%	60.0%

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		37	-0.374	
Community and Family Safety	Child Victimization*	30	9.5	7.4
	Firearm Deaths *	22	6.1	5.9
	Injury Deaths	29	19.8	18.7
Economic Resources	Children in Poverty	34	16.1%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	34	64.4%	66.6%
	Students Experiencing Homelessness	45	3.4%	2.4%
	WIC Coverage	35	45.7%	52.2%
Education	Early Childhood Education	48	34.3%	48.5%
	Fourth Grade Reading Proficiency	31	30.0%	30.5%
	High School Completion	47	87.7%	89.8%
Social Support and Engagement	Adult Mentor*	49	83.3%	88.0%
	Adverse Childhood Experiences	21	14.6%	14.1%
	Foster Care Instability	30	16.2%	15.2%
	High-Speed Internet	16	96.4%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	14	41.1%	38.2%
		45	54.0%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		36	-0.075	
Air and Water Quality	Air Pollution	47	9.8	8.6
	Drinking Water Violations	47	3.9	2.8
	Household Smoke	25	11.0%	10.3%
	Water Fluoridation	27	74.2%	72.3%
Climate and Health	Climate Policies	13	3	–
	Transportation Energy Use*	26	8.5	8.4
Housing and Transportation	Drive Alone to Work - Women	16	67.1%	67.3%
	Housing Cost Burden - Households with Children	46	35.6%	31.1%
	Housing with Lead Risk	1	4.9%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		50	-1.320	
Access to Care	Adequate Prenatal Care	42	73.3%	75.2%
	Avoided Care Due to Cost	49	24.3%	17.4%
	Maternity Care Desert*	21	2.6	3.7
	Uninsured	45	15.2%	10.8%
	Women's Health Providers	46	36.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	49	44.2%	51.6%
	Dental Visit	48	57.0%	64.1%
	Flu Vaccination	49	24.7%	35.5%
	Postpartum Visit*	45	84.6%	90.3%
	Well-Woman Visit	49	63.2%	72.7%
Quality of Care	Breastfeeding Initiation	43	77.3%	85.1%
	Dedicated Health Care Provider	50	65.1%	77.4%
	Low-Risk Cesarean Delivery	40	28.1%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		42	-0.686	
Nutrition and Physical Activity	Exercise	31	26.6%	27.6%
	Fruit and Vegetable Consumption	41	7.2%	9.8%
	Physical Inactivity	42	25.0%	22.0%
Sexual Health	Chlamydia	22	1,403.9	1,481.2
	High-Risk HIV Behaviors	50	14.3%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	41	39.6%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	34	13.4%	11.2%
	Smoking	33	13.3%	9.9%
	Smoking During Pregnancy	13	2.3%	3.0%
Health Outcomes		30	-0.356	
Behavioral Health	Drug Deaths*	23	28.1	28.6
	Excessive Drinking	17	19.1%	19.5%
	Frequent Mental Distress	23	24.2%	23.6%
	Illicit Drug Use	41	12.8%	10.5%
	Postpartum Anxiety*	31	24.1%	20.3%
	Postpartum Depression*	22	11.6%	11.9%
Mortality	Maternal Mortality*	20	22.7	23.5
	Mortality Rate	29	120.8	109.9
Physical Health	Depression*	6	25.6%	30.3%
	Diabetes*	7	2.7%	3.6%
	Frequent Physical Distress	50	13.0%	9.7%
	High Blood Pressure	28	12.1%	11.8%
	High Health Status*	47	48.4%	51.6%
	Multiple Chronic Conditions	4	3.5%	4.5%
	Obesity	33	35.2%	32.5%
	Severe Maternal Morbidity*	–	–	94.7
Overall - Women		44	-0.501	

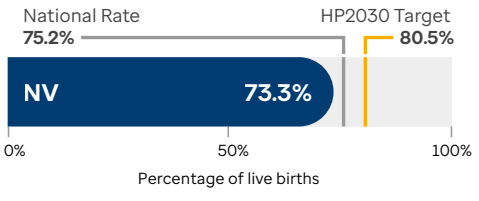
		State Rank	State Value	U.S. Value
Children				
Clinical Care		50	-1.310	
Access to Care	ADD/ADHD Treatment	46	2.4%	3.4%
	Mental Health Treatment*	21	85.5%	83.3%
	Pediatricians	47	65.0	116.1
	Uninsured	48	7.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	43	63.1%	66.9%
	HPV Vaccination	46	48.5%	61.4%
	Preventive Dental Visit	46	77.4%	80.2%
	Well-Child Visit	50	71.9%	79.6%
Quality of Care	Adequate Insurance	46	60.5%	64.6%
	Developmental Screening	50	20.3%	36.5%
	Medical Home	50	35.6%	45.5%
Behaviors		42	-0.628	
Nutrition and Physical Activity	Breastfed	33	26.1%	27.2%
	Physical Activity	50	12.9%	19.7%
	Soda Consumption*	8	7.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	20	93.3%	85.6%
	Teen Births	28	13.1	13.1
Sleep Health	Adequate Sleep	37	62.9%	65.3%
	Sleep Position*	38	66.3%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	7	15.3%	16.8%
	Tobacco Use	32	2.1%	1.9%
Health Outcomes		22	-0.018	
Behavioral Health	Alcohol Use	41	8.4%	6.9%
	Flourishing	43	64.2%	66.7%
	Illicit Drug Use	42	8.5%	7.3%
	Mental Health Conditions	2	14.4%	20.5%
	Teen Suicide*	34	13.9	10.2
Mortality	Child Mortality	29	30.6	29.6
	Infant Mortality	18	5.2	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	4	4.8%	6.8%
	Congenital Syphilis*	45	232.0	105.8
	High Health Status*	38	89.6%	89.9%
	Low Birth Weight	41	9.5%	8.6%
	Low Birth Weight - Racial Disparity	23	2.0	2.1
	Neonatal Abstinence Syndrome*	–	–	5.3
	Overweight or Obesity	33	32.2%	31.3%
Overall - Children		43	-0.385	

Overall - Women and Children 43 -0.477

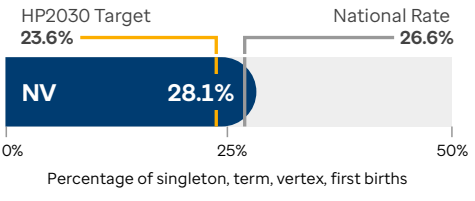
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

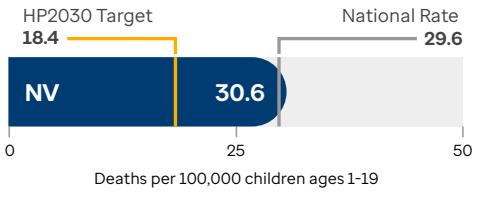
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low infant mortality rate
- Low percentage of women in poverty
- High prevalence of adequate sleep among children

Challenges

- High prevalence of frequent mental distress among women
- High prevalence of multiple chronic conditions among women
- High prevalence of alcohol use among adolescents

Key Findings

Household Smoke

37%▼

from 15.8% to 10.0% of children ages 0-17 between 2018-2019 and 2023-2024.

Chlamydia

36%▼

from 1009.3 to 643.2 cases per 100,000 females ages 15-44 between 2018 and 2023.

Flourishing

32%▼

from 94.2% to 63.9% of children ages 0-17 between 2016-2017 and 2023-2024.

Adequate Insurance

10%▼

from 68.1% to 61.6% of children ages 0-17 between 2020-2021 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		1	1.158	
Community and Family Safety	Firearm Deaths*	12	5.0	6.2
	Injury Deaths	20	52.1	51.9
	Intimate Partner Violence Before Pregnancy*	13	2.5%	-
Economic Resources	Concentrated Disadvantage	2	3.9%	25.9%
	Food Insecurity	1	7.4%	12.2%
	Gender Pay Gap*	44	75.7%	81.1%
	Poverty	1	8.4%	14.9%
	Unemployment	5	2.4%	3.5%
Education	College Graduate	8	43.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	16	10.7%	12.1%
	Residential Segregation - Black/White	38	70	-
	Voter Participation	6	68.1%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		3	0.740	
Community and Family Safety	Child Victimization*	17	5.1	7.4
	Firearm Deaths *	-	-	5.9
	Injury Deaths	7	11.1	18.7
Economic Resources	Children in Poverty	1	8.0%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	6	72.3%	66.6%
	Students Experiencing Homelessness	27	2.0%	2.4%
	WIC Coverage	27	50.3%	52.2%
Education	Early Childhood Education	7	53.0%	48.5%
	Fourth Grade Reading Proficiency	4	36.2%	30.5%
	High School Completion	4	94.4%	89.8%
Social Support and Engagement	Adult Mentor*	3	94.5%	88.0%
	Adverse Childhood Experiences	23	14.7%	14.1%
	Foster Care Instability	37	18.9%	15.2%
	High-Speed Internet	1	97.9%	96.0%
	Neighborhood Amenities	26	34.8%	38.2%
	Reading, Singing or Storytelling*	3	69.4%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		20	0.205	
Air and Water Quality	Air Pollution	3	4.9	8.6
	Drinking Water Violations	26	2.0	2.8
	Household Smoke	16	10.0%	10.3%
	Water Fluoridation	42	45.5%	72.3%
Climate and Health	Climate Policies	13	3	-
	Transportation Energy Use*	11	7.4	8.4
Housing and Transportation	Drive Alone to Work - Women	30	72.1%	67.3%
	Housing Cost Burden - Households with Children	33	29.2%	31.1%
	Housing with Lead Risk	33	19.3%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		3	1.007	
Access to Care	Adequate Prenatal Care	2	84.2%	75.2%
	Avoided Care Due to Cost	11	13.3%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	11	7.0%	10.8%
	Women's Health Providers	3	70.8	47.8
Preventive Clinical Care	Cervical Cancer Screening	17	54.0%	51.6%
	Dental Visit	13	67.7%	64.1%
	Flu Vaccination	8	43.4%	35.5%
	Postpartum Visit*	3	94.7%	90.3%
	Well-Woman Visit	31	72.6%	72.7%
Quality of Care	Breastfeeding Initiation	8	90.8%	85.1%
	Dedicated Health Care Provider	3	89.1%	77.4%
	Low-Risk Cesarean Delivery	36	27.5%	26.6%
	Maternity Practices Score	2	90	82
Behaviors		4	0.637	
Nutrition and Physical Activity	Exercise	2	33.1%	27.6%
	Fruit and Vegetable Consumption	7	12.2%	9.8%
	Physical Inactivity	13	18.3%	22.0%
Sexual Health	Chlamydia	2	643.2	1,481.2
	High-Risk HIV Behaviors	34	10.3%	9.3%
	Unintended Pregnancy*	8	19.6%	–
Sleep Health	Insufficient Sleep	17	34.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	27	12.6%	11.2%
	Smoking	21	11.0%	9.9%
	Smoking During Pregnancy	25	3.5%	3.0%
Health Outcomes		28	-0.327	
Behavioral Health	Drug Deaths*	32	32.8	28.6
	Excessive Drinking	38	22.5%	19.5%
	Frequent Mental Distress	41	27.7%	23.6%
	Illicit Drug Use	20	10.3%	10.5%
	Postpartum Anxiety*	20	20.8%	20.3%
	Postpartum Depression*	20	11.5%	11.9%
Mortality	Maternal Mortality*	15	19.9	23.5
	Mortality Rate	12	95.3	109.9
Physical Health	Depression*	43	39.6%	30.3%
	Diabetes*	13	2.9%	3.6%
	Frequent Physical Distress	36	11.0%	9.7%
	High Blood Pressure	1	8.6%	11.8%
	High Health Status*	7	56.0%	51.6%
	Multiple Chronic Conditions	43	6.9%	4.5%
	Obesity	12	30.1%	32.5%
Severe Maternal Morbidity*	12	79.6	94.7	
Overall - Women		7	0.513	

Children

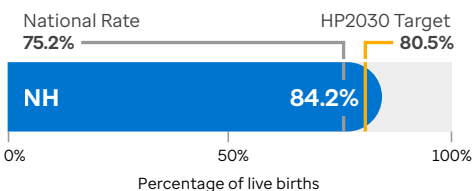
		State Rank	State Value	U.S. Value
Clinical Care		4	1.157	
Access to Care	ADD/ADHD Treatment	6	51%	3.4%
	Mental Health Treatment*	9	87.7%	83.3%
	Pediatricians	14	129.1	116.1
	Uninsured	12	3.4%	5.4%
Preventive Clinical Care	Childhood Immunizations	3	77.2%	66.9%
	HPV Vaccination	8	70.6%	61.4%
	Preventive Dental Visit	5	86.4%	80.2%
	Well-Child Visit	2	89.6%	79.6%
Quality of Care	Adequate Insurance	40	61.6%	64.6%
	Developmental Screening	15	44.2%	36.5%
	Medical Home	8	51.9%	45.5%
Behaviors		5	0.844	
Nutrition and Physical Activity	Breastfed	32	26.3%	27.2%
	Physical Activity	25	20.5%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	1	4.6	13.1
Sleep Health	Adequate Sleep	1	74.5%	65.3%
	Sleep Position*	2	81.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	13	16.7%	16.8%
	Tobacco Use	6	1.6%	1.9%
Health Outcomes		15	0.219	
Behavioral Health	Alcohol Use	46	8.8%	6.9%
	Flourishing	44	63.9%	66.7%
	Illicit Drug Use	32	7.7%	7.3%
	Mental Health Conditions	45	25.9%	20.5%
	Teen Suicide*	11	9.6	10.2
Mortality	Child Mortality	6	19.9	29.6
	Infant Mortality	1	3.2	5.6
	Neonatal Mortality*	1	2.0	3.6
Physical Health	Asthma	39	7.6%	6.8%
	Congenital Syphilis*	4	8.3	105.8
	High Health Status*	1	93.6%	89.9%
	Low Birth Weight	2	6.8%	8.6%
	Low Birth Weight - Racial Disparity	10	1.8	2.1
	Neonatal Abstinence Syndrome*	38	9.7	5.3
	Overweight or Obesity	7	27.8%	31.3%
Overall - Children		4	0.588	

Overall - Women and Children 4 0.587

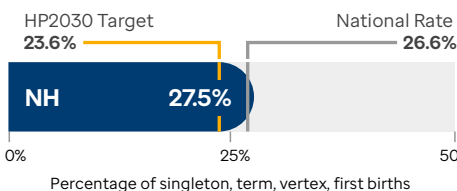
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

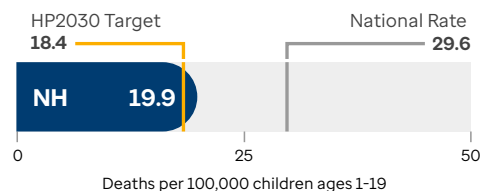
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low infant mortality rate
- High enrollment in early childhood education
- Low percentage of women in poverty

Challenges

- High prevalence of unemployment among women
- Low percentage of infants exclusively breastfed for six months
- Low prevalence of physical activity among children

Key Findings

Frequent Physical Distress

76%▲

from 4.9% to 8.6% of women ages 18-44 between 2020 and 2022-2023.

Breastfeeding Initiation

10%▲

from 78.7% to 86.4% of live births between 2020 and 2023.

Congenital Syphilis

12%▼

from 47.3 to 41.8 per 100,000 live births between 2022 and 2023.

Well-Child Visit

7%▼

from 88.3% to 82.3% of children ages 0-17 between 2019-2020 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		15	0.446	
Community and Family Safety	Firearm Deaths*	2	1.5	6.2
	Injury Deaths	3	34.0	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	26	22.9%	25.9%
	Food Insecurity	10	9.8%	12.2%
	Gender Pay Gap*	21	82.6%	81.1%
	Poverty	3	11.1%	14.9%
	Unemployment	46	4.3%	3.5%
Education	College Graduate	4	46.0%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	29	12.1%	12.1%
	Residential Segregation - Black/White	33	67	–
	Voter Participation	19	62.9%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		2	0.982	
Community and Family Safety	Child Victimization*	1	1.5	7.4
	Firearm Deaths *	2	1.9	5.9
	Injury Deaths	3	9.4	18.7
Economic Resources	Children in Poverty	18	12.9%	16.0%
	Children in Poverty - Racial Disparity	24	3.3	3.0
	Food Sufficiency	11	70.7%	66.6%
	Students Experiencing Homelessness	1	0.8%	2.4%
	WIC Coverage	25	51.7%	52.2%
Education	Early Childhood Education	1	65.6%	48.5%
	Fourth Grade Reading Proficiency	2	38.3%	30.5%
	High School Completion	29	90.7%	89.8%
Social Support and Engagement	Adult Mentor*	41	87.4%	88.0%
	Adverse Childhood Experiences	2	10.5%	14.1%
	Foster Care Instability	3	9.2%	15.2%
	High-Speed Internet	23	96.2%	96.0%
	Neighborhood Amenities	3	53.9%	38.2%
	Reading, Singing or Storytelling*	12	64.5%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		25	0.144	
Air and Water Quality	Air Pollution	18	7.4	8.6
	Drinking Water Violations	9	1.6	2.8
	Household Smoke	12	9.1%	10.3%
	Water Fluoridation	49	16.2%	72.3%
Climate and Health	Climate Policies	1	4	–
	Transportation Energy Use*	10	72	8.4
Housing and Transportation	Drive Alone to Work - Women	4	62.3%	67.3%
	Housing Cost Burden - Households with Children	42	33.9%	31.1%
	Housing with Lead Risk	42	23.0%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		33	0.199	
Access to Care	Adequate Prenatal Care	41	73.5%	75.2%
	Avoided Care Due to Cost	33	17.3%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	30	9.7%	10.8%
	Women's Health Providers	27	46.9	47.8
Preventive Clinical Care	Cervical Cancer Screening	36	50.4%	51.6%
	Dental Visit	11	67.9%	64.1%
	Flu Vaccination	12	41.3%	35.5%
	Postpartum Visit*	16	92.4%	90.3%
	Well-Woman Visit	30	73.0%	72.7%
Quality of Care	Breastfeeding Initiation	22	86.4%	85.1%
	Dedicated Health Care Provider	26	80.7%	77.4%
	Low-Risk Cesarean Delivery	35	27.3%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		8	0.463	
Nutrition and Physical Activity	Exercise	17	29.2%	27.6%
	Fruit and Vegetable Consumption	4	12.6%	9.8%
	Physical Inactivity	32	22.1%	22.0%
Sexual Health	Chlamydia	15	1,241.4	1,481.2
	High-Risk HIV Behaviors	7	7.3%	9.3%
	Unintended Pregnancy*	19	23.9%	-
Sleep Health	Insufficient Sleep	36	38.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	6	9.2%	11.2%
	Smoking	10	8.5%	9.9%
	Smoking During Pregnancy	4	1.1%	3.0%
Health Outcomes		1	0.756	
Behavioral Health	Drug Deaths*	12	23.0	28.6
	Excessive Drinking	24	19.6%	19.5%
	Frequent Mental Distress	5	20.8%	23.6%
	Illicit Drug Use	2	6.9%	10.5%
	Postpartum Anxiety*	3	15.4%	20.3%
	Postpartum Depression*	2	8.3%	11.9%
Mortality	Maternal Mortality*	25	23.9	23.5
	Mortality Rate	3	82.3	109.9
Physical Health	Depression*	1	20.5%	30.3%
	Diabetes*	13	2.9%	3.6%
	Frequent Physical Distress	9	8.6%	9.7%
	High Blood Pressure	30	12.4%	11.8%
	High Health Status*	14	55.0%	51.6%
	Multiple Chronic Conditions	2	2.8%	4.5%
	Obesity	4	26.5%	32.5%
Severe Maternal Morbidity*	20	84.6	94.7	
Overall - Women		9	0.421	

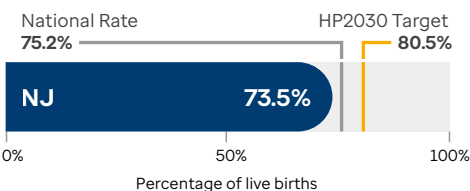
		State Rank	State Value	U.S. Value
Children				
Clinical Care		38	-0.217	
Access to Care	ADD/ADHD Treatment	47	2.3%	3.4%
	Mental Health Treatment*	36	82.4%	83.3%
	Pediatricians	15	125.6	116.1
	Uninsured	20	4.1%	5.4%
Preventive Clinical Care	Childhood Immunizations	41	63.7%	66.9%
	HPV Vaccination	44	50.2%	61.4%
	Preventive Dental Visit	30	79.5%	80.2%
	Well-Child Visit	12	82.3%	79.6%
Quality of Care	Adequate Insurance	33	63.1%	64.6%
	Developmental Screening	28	38.4%	36.5%
	Medical Home	45	42.0%	45.5%
Behaviors		23	0.200	
Nutrition and Physical Activity	Breastfed	39	24.6%	27.2%
	Physical Activity	47	16.5%	19.7%
	Soda Consumption*	1	4.4%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	19	91.6%	85.6%
	Teen Births	6	7.5	13.1
Sleep Health	Adequate Sleep	21	67.8%	65.3%
	Sleep Position*	35	67.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	17	18.2%	16.8%
	Tobacco Use	3	1.5%	1.9%
Health Outcomes		1	0.831	
Behavioral Health	Alcohol Use	11	6.2%	6.9%
	Flourishing	2	69.7%	66.7%
	Illicit Drug Use	12	6.6%	7.3%
	Mental Health Conditions	6	18.3%	20.5%
	Teen Suicide*	1	5.1	10.2
	Mortality	Child Mortality	2	17.7
Infant Mortality		3	3.6	5.6
Neonatal Mortality*		4	2.5	3.6
Physical Health	Asthma	27	6.9%	6.8%
	Congenital Syphilis*	16	41.8	105.8
	High Health Status*	16	91.5%	89.9%
	Low Birth Weight	17	7.8%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	14	4.2	5.3
	Overweight or Obesity	10	28.5%	31.3%
Overall - Children		5	0.549	

Overall - Women and Children **6 0.522**

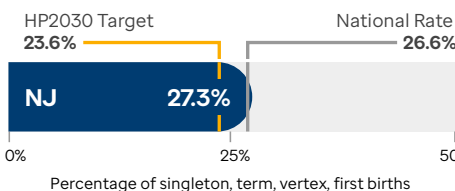
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

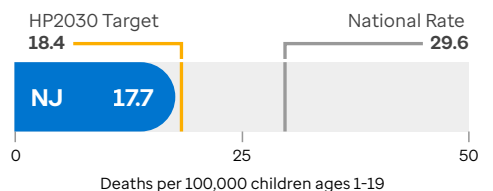
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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Summary

Strengths

- Low prevalence of frequent physical distress among women
- Low prevalence of excessive drinking among women
- High percentage of children with adequate and continuous health insurance

Challenges

- High mortality rate among women
- High percentage of children in poverty
- High prevalence of adverse childhood experiences (ACEs) among children

Key Findings

Firearm Deaths

105%▲

from 5.5 to 11.3 deaths per 100,000 children ages 1-19 between 2016-2018 and 2021-2023.

Frequent Mental Distress

37%▲

from 15.8% to 21.6% of women ages 18-44 between 2016-2017 and 2022-2023.

Smoking

33%▼

from 17.1% to 11.5% of women ages 18-44 between 2015-2016 and 2022-2023.

Well-Child Visit

11%▲

from 69.8% to 77.5% of children ages 0-17 between 2021-2022 and 2023-2024.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		46	-0.779	
Community and Family Safety	Firearm Deaths*	44	13.2	6.2
	Injury Deaths	48	93.5	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	50	46.6%	25.9%
	Food Insecurity	39	12.9%	12.2%
	Gender Pay Gap*	23	82.4%	81.1%
	Poverty	48	21.4%	14.9%
	Unemployment	39	3.7%	3.5%
Education	College Graduate	49	26.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	-	-	12.1%
	Residential Segregation - Black/White	9	57	-
	Voter Participation	23	61.7%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		50	-1.214	
Community and Family Safety	Child Victimization*	41	12.6	7.4
	Firearm Deaths *	42	11.3	5.9
	Injury Deaths	47	32.8	18.7
Economic Resources	Children in Poverty	50	25.3%	16.0%
	Children in Poverty - Racial Disparity	15	2.9	3.0
	Food Sufficiency	43	61.2%	66.6%
	Students Experiencing Homelessness	41	3.1%	2.4%
	WIC Coverage	49	370%	52.2%
Education	Early Childhood Education	26	47.3%	48.5%
	Fourth Grade Reading Proficiency	50	20.3%	30.5%
	High School Completion	48	87.5%	89.8%
Social Support and Engagement	Adult Mentor*	33	88.7%	88.0%
	Adverse Childhood Experiences	43	19.0%	14.1%
	Foster Care Instability	36	18.2%	15.2%
	High-Speed Internet	49	93.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	29	34.1%	38.2%
		46	53.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		32	0.039	
Air and Water Quality	Air Pollution	12	6.7	8.6
	Drinking Water Violations	48	4.0	2.8
	Household Smoke	29	12.2%	10.3%
	Water Fluoridation	23	76.6%	72.3%
Climate and Health	Climate Policies	13	3	-
	Transportation Energy Use*	40	10.9	8.4
Housing and Transportation	Drive Alone to Work - Women	34	73.3%	67.3%
	Housing Cost Burden - Households with Children	32	29.1%	31.1%
	Housing with Lead Risk	15	11.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		36	-0.020	
Access to Care	Adequate Prenatal Care	47	67.3%	75.2%
	Avoided Care Due to Cost	12	13.4%	17.4%
	Maternity Care Desert*	18	1.7	3.7
	Uninsured	37	12.2%	10.8%
	Women's Health Providers	6	65.9	47.8
Preventive Clinical Care	Cervical Cancer Screening	37	50.3%	51.6%
	Dental Visit	26	65.7%	64.1%
	Flu Vaccination	26	36.6%	35.5%
	Postpartum Visit*	39	88.1%	90.3%
	Well-Woman Visit	50	62.5%	72.7%
Quality of Care	Breastfeeding Initiation	17	87.8%	85.1%
	Dedicated Health Care Provider	48	69.1%	77.4%
	Low-Risk Cesarean Delivery	12	23.6%	26.6%
	Maternity Practices Score	6	88	82
Behaviors		20	0.064	
Nutrition and Physical Activity	Exercise	8	30.8%	27.6%
	Fruit and Vegetable Consumption	37	7.6%	9.8%
	Physical Inactivity	34	22.3%	22.0%
Sexual Health	Chlamydia	40	1,727.0	1,481.2
	High-Risk HIV Behaviors	12	7.9%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	21	35.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	27	12.6%	11.2%
	Smoking	24	11.5%	9.9%
	Smoking During Pregnancy	22	3.2%	3.0%
Health Outcomes		33	-0.422	
Behavioral Health	Drug Deaths*	43	44.5	28.6
	Excessive Drinking	5	15.8%	19.5%
	Frequent Mental Distress	7	21.6%	23.6%
	Illicit Drug Use	48	17.2%	10.5%
	Postpartum Anxiety*	26	21.8%	20.3%
	Postpartum Depression*	35	13.7%	11.9%
Mortality	Maternal Mortality*	32	28.5	23.5
	Mortality Rate	48	194.2	109.9
Physical Health	Depression*	17	31.0%	30.3%
	Diabetes*	13	2.9%	3.6%
	Frequent Physical Distress	10	8.7%	9.7%
	High Blood Pressure	36	12.8%	11.8%
	High Health Status*	41	49.6%	51.6%
	Multiple Chronic Conditions	28	5.2%	4.5%
	Obesity	29	34.6%	32.5%
Severe Maternal Morbidity*	43	112.8	94.7	
Overall - Women		38	-0.234	

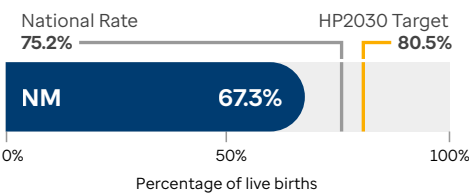
		State Rank	State Value	U.S. Value
Children				
Clinical Care		29	0.120	
Access to Care	ADD/ADHD Treatment	43	2.8%	3.4%
	Mental Health Treatment*	34	83.5%	83.3%
	Pediatricians	24	106.6	116.1
	Uninsured	34	5.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	22	68.2%	66.9%
	HPV Vaccination	32	60.9%	61.4%
	Preventive Dental Visit	9	84.9%	80.2%
	Well-Child Visit	40	77.5%	79.6%
Quality of Care	Adequate Insurance	3	71.6%	64.6%
	Developmental Screening	9	47.3%	36.5%
	Medical Home	48	39.1%	45.5%
Behaviors		47	-0.878	
Nutrition and Physical Activity	Breastfed	24	27.7%	27.2%
	Physical Activity	46	16.8%	19.7%
	Soda Consumption*	13	9.7%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	11	85.2%	85.6%
	Teen Births	41	17.9	13.1
Sleep Health	Adequate Sleep	41	61.7%	65.3%
	Sleep Position*	28	70.2%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	19	18.3%	16.8%
	Tobacco Use	46	2.7%	1.9%
Health Outcomes		38	-0.288	
Behavioral Health	Alcohol Use	33	7.8%	6.9%
	Flourishing	14	67.0%	66.7%
	Illicit Drug Use	50	11.3%	7.3%
	Mental Health Conditions	9	19.6%	20.5%
	Teen Suicide*	42	22.1	10.2
Mortality	Child Mortality	47	43.1	29.6
	Infant Mortality	18	5.2	5.6
	Neonatal Mortality*	13	3.1	3.6
Physical Health	Asthma	20	6.6%	6.8%
	Congenital Syphilis*	49	421.0	105.8
	High Health Status*	45	88.0%	89.9%
	Low Birth Weight	43	9.7%	8.6%
	Low Birth Weight - Racial Disparity	5	1.5	2.1
	Neonatal Abstinence Syndrome*	44	13.6	5.3
	Overweight or Obesity	34	32.3%	31.3%
Overall - Children		46	-0.569	

Overall - Women and Children 42 -0.455

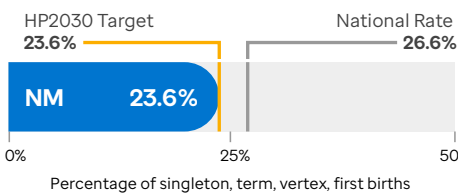
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

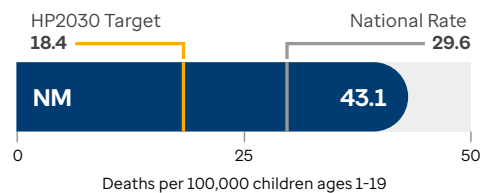
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low mortality rate among women
- High enrollment in early childhood education
- Low prevalence of high-risk HIV behaviors among women

Challenges

- High percentage of children in poverty
- High prevalence of physical inactivity among women
- Low prevalence of developmental screenings

Key Findings

Frequent Mental Distress

67%▲

from 12.5% to 20.9% of women ages 18-44 between 2015-2016 and 2022-2023.

Teen Births

27%▼

from 11.7 to 8.5 births per 1,000 females ages 15-19 between 2018 and 2023.

Injury Deaths

14%▲

from 8.5 to 9.7 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Preventive Dental Visit

11%▲

from 71.4% to 79.6% of children ages 1-17 between 2020-2021 and 2023-2024.

Measures

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		38	-0.290	
Community and Family Safety	Firearm Deaths*	3	1.6	6.2
	Injury Deaths	5	35.7	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	42	31.2%	25.9%
	Food Insecurity	32	12.3%	12.2%
	Gender Pay Gap*	3	87.3%	81.1%
	Poverty	33	15.8%	14.9%
	Unemployment	35	3.6%	3.5%
Education	College Graduate	12	41.5%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	42	14.5%	12.1%
	Residential Segregation - Black/White	47	77	-
	Voter Participation	40	55.7%	60.0%

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		21	0.040	
Community and Family Safety	Child Victimization*	37	11.7	7.4
	Firearm Deaths *	3	2.0	5.9
	Injury Deaths	4	9.7	18.7
Economic Resources	Children in Poverty	40	18.6%	16.0%
	Children in Poverty - Racial Disparity	3	2.5	3.0
	Food Sufficiency	18	68.1%	66.6%
	Students Experiencing Homelessness	50	5.2%	2.4%
	WIC Coverage	14	58.1%	52.2%
Education	Early Childhood Education	3	64.1%	48.5%
	Fourth Grade Reading Proficiency	24	30.9%	30.5%
	High School Completion	44	88.3%	89.8%
Social Support and Engagement	Adult Mentor*	30	89.2%	88.0%
	Adverse Childhood Experiences	4	11.5%	14.1%
	Foster Care Instability	28	15.5%	15.2%
	High-Speed Internet	48	94.0%	96.0%
	Neighborhood Amenities	8	47.9%	38.2%
	Reading, Singing or Storytelling*	41	55.5%	59.7%

Women and Children

Physical Environment		State Rank	State Value	U.S. Value
Air and Water Quality		14	0.325	
Air and Water Quality	Air Pollution	14	6.9	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	15	9.3%	10.3%
	Water Fluoridation	29	71.7%	72.3%
Climate and Health	Climate Policies	1	4	-
	Transportation Energy Use*	2	5.9	8.4
Housing and Transportation	Drive Alone to Work - Women	1	46.4%	67.3%
	Housing Cost Burden - Households with Children	47	37.0%	31.1%
	Housing with Lead Risk	50	31.7%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		27	0.278	
Access to Care	Adequate Prenatal Care	31	75.7%	75.2%
	Avoided Care Due to Cost	16	13.9%	17.4%
	Maternity Care Desert*	11	0.4	3.7
	Uninsured	8	6.1%	10.8%
	Women's Health Providers	16	56.3	47.8
Preventive Clinical Care	Cervical Cancer Screening	50	44.1%	51.6%
	Dental Visit	32	64.2%	64.1%
	Flu Vaccination	19	39.1%	35.5%
	Postpartum Visit*	24	91.3%	90.3%
	Well-Woman Visit	9	76.8%	72.7%
Quality of Care	Breastfeeding Initiation	19	87.1%	85.1%
	Dedicated Health Care Provider	24	81.0%	77.4%
	Low-Risk Cesarean Delivery	45	29.6%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		11	0.348	
Nutrition and Physical Activity	Exercise	26	27.6%	27.6%
	Fruit and Vegetable Consumption	2	13.7%	9.8%
	Physical Inactivity	43	25.1%	22.0%
Sexual Health	Chlamydia	31	1,521.9	1,481.2
	High-Risk HIV Behaviors	3	7.0%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	23	35.8%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	8	9.4%	11.2%
	Smoking	6	7.6%	9.9%
	Smoking During Pregnancy	10	2.0%	3.0%
Health Outcomes		4	0.495	
Behavioral Health	Drug Deaths*	14	23.8	28.6
	Excessive Drinking	17	19.1%	19.5%
	Frequent Mental Distress	6	20.9%	23.6%
	Illicit Drug Use	29	10.9%	10.5%
	Postpartum Anxiety*	9	17.8%	20.3%
	Postpartum Depression*	14	11.0%	11.9%
Mortality	Maternal Mortality*	19	21.8	23.5
	Mortality Rate	4	82.5	109.9
Physical Health	Depression*	5	25.0%	30.3%
	Diabetes*	26	3.3%	3.6%
	Frequent Physical Distress	20	9.6%	9.7%
	High Blood Pressure	16	10.7%	11.8%
	High Health Status*	23	52.7%	51.6%
	Multiple Chronic Conditions	4	3.5%	4.5%
	Obesity	6	27.7%	32.5%
Severe Maternal Morbidity*	46	123.9	94.7	
Overall - Women		15	0.231	

Children

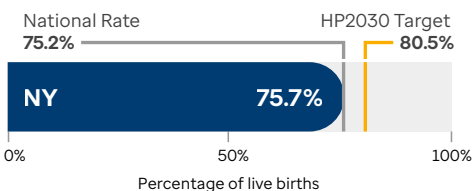
		State Rank	State Value	U.S. Value
Clinical Care		11	0.501	
Access to Care	ADD/ADHD Treatment	31	3.5%	3.4%
	Mental Health Treatment*	39	81.6%	83.3%
	Pediatricians	4	169.2	116.1
	Uninsured	3	2.8%	5.4%
Preventive Clinical Care	Childhood Immunizations	15	69.5%	66.9%
	HPV Vaccination	13	68.6%	61.4%
	Preventive Dental Visit	29	79.6%	80.2%
	Well-Child Visit	29	80.0%	79.6%
Quality of Care	Adequate Insurance	4	71.4%	64.6%
	Developmental Screening	46	28.4%	36.5%
	Medical Home	40	45.2%	45.5%
Behaviors		27	0.164	
Nutrition and Physical Activity	Breastfed	17	28.4%	27.2%
	Physical Activity	35	18.6%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	9	8.5	13.1
Sleep Health	Adequate Sleep	37	62.9%	65.3%
	Sleep Position*	33	68.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	10	1.7%	1.9%
Health Outcomes		12	0.404	
Behavioral Health	Alcohol Use	20	6.6%	6.9%
	Flourishing	27	65.8%	66.7%
	Illicit Drug Use	14	6.8%	7.3%
	Mental Health Conditions	10	19.7%	20.5%
	Teen Suicide*	3	5.4	10.2
Mortality	Child Mortality	5	19.7	29.6
	Infant Mortality	4	4.1	5.6
	Neonatal Mortality*	5	2.6	3.6
Physical Health	Asthma	13	6.1%	6.8%
	Congenital Syphilis*	11	32.2	105.8
	High Health Status*	45	88.0%	89.9%
	Low Birth Weight	25	8.6%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	11	3.5	5.3
	Overweight or Obesity	25	31.3%	31.3%
Overall - Children		17	0.249	

Overall - Women and Children 17 0.232

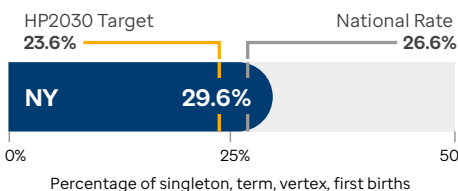
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

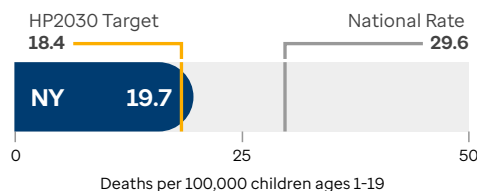
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of alcohol use among adolescents
- Low prevalence of illicit drug use among women
- High prevalence of cervical cancer screening

Challenges

- High infant mortality rate
- Low prevalence of neighborhood amenities
- High incidence of chlamydia among women

Key Findings

Injury Deaths

41%▲

from 47.1 to 66.6 deaths per 100,000 women ages 20-44 between 2017-2019 and 2021-2023.

Household Smoke

38%▼

from 19.1% to 11.8% of children ages 0-17 between 2016-2017 and 2023-2024.

Child Mortality

30%▲

from 27.3 to 35.5 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Children in Poverty

10%▼

from 19.5% to 17.6% of children ages 0-17 between 2019 and 2023.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		31	-0.044	
Community and Family Safety	Firearm Deaths*	27	7.3	6.2
	Injury Deaths	36	66.6	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	36	27.4%	25.9%
	Food Insecurity	21	10.9%	12.2%
	Gender Pay Gap*	14	84.3%	81.1%
	Poverty	32	15.4%	14.9%
	Unemployment	35	3.6%	3.5%
Education	College Graduate	36	34.9%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	13	10.5%	12.1%
	Residential Segregation - Black/White	5	54	-
	Voter Participation	41	55.4%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		29	-0.112	
Community and Family Safety	Child Victimization*	31	10.2	7.4
	Firearm Deaths *	33	8.0	5.9
	Injury Deaths	32	22.9	18.7
Economic Resources	Children in Poverty	35	17.6%	16.0%
	Children in Poverty - Racial Disparity	18	3.1	3.0
	Food Sufficiency	15	69.3%	66.6%
	Students Experiencing Homelessness	22	1.9%	2.4%
	WIC Coverage	5	63.8%	52.2%
Education	Early Childhood Education	41	41.0%	48.5%
	Fourth Grade Reading Proficiency	30	30.1%	30.5%
	High School Completion	30	90.6%	89.8%
Social Support and Engagement	Adult Mentor*	29	89.5%	88.0%
	Adverse Childhood Experiences	18	13.9%	14.1%
	Foster Care Instability	39	19.4%	15.2%
	High-Speed Internet	27	96.0%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	44	20.5%	38.2%
		33	58.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		4	0.511	
Air and Water Quality	Air Pollution	21	75	8.6
	Drinking Water Violations	16	1.7	2.8
	Household Smoke	27	11.8%	10.3%
	Water Fluoridation	17	88.0%	72.3%
Climate and Health	Climate Policies	13	3	-
	Transportation Energy Use*	17	7.7	8.4
Housing and Transportation	Drive Alone to Work - Women	24	70.1%	67.3%
	Housing Cost Burden - Households with Children	27	27.7%	31.1%
	Housing with Lead Risk	8	9.5%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		28	0.262	
Access to Care	Adequate Prenatal Care	29	77.5%	75.2%
	Avoided Care Due to Cost	29	16.6%	17.4%
	Maternity Care Desert*	25	3.5	3.7
	Uninsured	37	12.2%	10.8%
	Women's Health Providers	21	48.3	47.8
Preventive Clinical Care	Cervical Cancer Screening	3	60.2%	51.6%
	Dental Visit	28	64.8%	64.1%
	Flu Vaccination	30	35.6%	35.5%
	Postpartum Visit*	–	–	90.3%
	Well-Woman Visit	17	74.9%	72.7%
Quality of Care	Breastfeeding Initiation	39	81.4%	85.1%
	Dedicated Health Care Provider	34	77.5%	77.4%
	Low-Risk Cesarean Delivery	21	24.9%	26.6%
	Maternity Practices Score	17	84	82
Behaviors		37	-0.377	
Nutrition and Physical Activity	Exercise	37	25.8%	27.6%
	Fruit and Vegetable Consumption	37	7.6%	9.8%
	Physical Inactivity	16	19.5%	22.0%
Sexual Health	Chlamydia	45	1,955.3	1,481.2
	High-Risk HIV Behaviors	28	10.0%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	26	36.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	26	12.5%	11.2%
	Smoking	30	12.3%	9.9%
	Smoking During Pregnancy	27	3.6%	3.0%
Health Outcomes		17	-0.055	
Behavioral Health	Drug Deaths*	38	40.2	28.6
	Excessive Drinking	12	17.7%	19.5%
	Frequent Mental Distress	19	23.3%	23.6%
	Illicit Drug Use	6	8.2%	10.5%
	Postpartum Anxiety*	–	–	20.3%
	Postpartum Depression*	–	–	11.9%
Mortality	Maternal Mortality*	34	29.8	23.5
	Mortality Rate	37	132.5	109.9
Physical Health	Depression*	25	33.4%	30.3%
	Diabetes*	32	3.8%	3.6%
	Frequent Physical Distress	24	10.0%	9.7%
	High Blood Pressure	37	13.2%	11.8%
	High Health Status*	12	55.2%	51.6%
	Multiple Chronic Conditions	20	4.5%	4.5%
	Obesity	24	34.1%	32.5%
Severe Maternal Morbidity*	26	90.4	94.7	
Overall - Women		26	0.030	

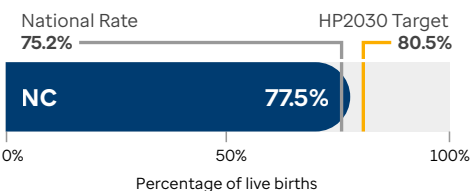
		State Rank	State Value	U.S. Value
Children				
Clinical Care		19	0.409	
Access to Care	ADD/ADHD Treatment	11	4.3%	3.4%
	Mental Health Treatment*	30	84.3%	83.3%
	Pediatricians	28	104.0	116.1
	Uninsured	29	5.2%	5.4%
Preventive Clinical Care	Childhood Immunizations	14	69.7%	66.9%
	HPV Vaccination	24	63.5%	61.4%
	Preventive Dental Visit	38	78.9%	80.2%
	Well-Child Visit	10	82.4%	79.6%
Quality of Care	Adequate Insurance	18	65.9%	64.6%
	Developmental Screening	19	41.9%	36.5%
	Medical Home	9	51.8%	45.5%
Behaviors		30	0.076	
Nutrition and Physical Activity	Breastfed	20	28.3%	27.2%
	Physical Activity	16	22.2%	19.7%
	Soda Consumption*	15	11.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	9	82.2%	85.6%
	Teen Births	33	14.8	13.1
Sleep Health	Adequate Sleep	33	63.7%	65.3%
	Sleep Position*	–	–	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	23	21.4%	16.8%
	Tobacco Use	21	1.9%	1.9%
Health Outcomes		34	-0.228	
Behavioral Health	Alcohol Use	6	5.7%	6.9%
	Flourishing	9	67.7%	66.7%
	Illicit Drug Use	8	6.3%	7.3%
	Mental Health Conditions	32	23.3%	20.5%
	Teen Suicide*	19	11.1	10.2
Mortality	Child Mortality	34	35.5	29.6
	Infant Mortality	40	6.9	5.6
	Neonatal Mortality*	45	4.5	3.6
Physical Health	Asthma	36	7.5%	6.8%
	Congenital Syphilis*	24	59.2	105.8
	High Health Status*	30	90.4%	89.9%
	Low Birth Weight	40	9.4%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	31	6.7	5.3
	Overweight or Obesity	30	31.7%	31.3%
Overall - Children		25	0.057	

Overall - Women and Children 27 -0.003

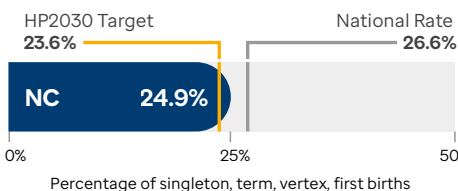
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

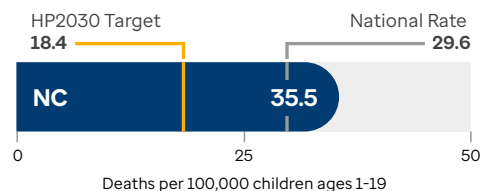
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of unemployment among women
- High prevalence of adequate sleep among children
- Low housing cost burden among households with children

Challenges

- High prevalence of excessive drinking among women
- Low enrollment in early childhood education
- Low percentage of children with adequate and continuous health insurance

Key Findings

Uninsured Children

51%▼

from 7.3% to 3.6% of children ages 0-18 between 2021 and 2023.

Frequent Mental Distress

31%▲

from 20.1% to 26.3% of women ages 18-44 between 2019-2020 and 2022-2023.

Well-Woman Visit

15%▲

from 64.1% to 73.7% of women ages 18-44 between 2017-2018 and 2022-2023.

Flourishing

13%▼

from 75.7% to 65.8% of children ages 0-17 between 2018-2019 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		4	0.954	
Community and Family Safety	Firearm Deaths*	15	5.7	6.2
	Injury Deaths	24	54.7	51.9
	Intimate Partner Violence Before Pregnancy*	3	1.6%	-
Economic Resources	Concentrated Disadvantage	6	7.4%	25.9%
	Food Insecurity	2	8.6%	12.2%
	Gender Pay Gap*	46	75.4%	81.1%
	Poverty	13	12.9%	14.9%
	Unemployment	3	1.8%	3.5%
Education	College Graduate	14	40.2%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	6	9.4%	12.1%
	Residential Segregation - Black/White	9	57	-
	Voter Participation	21	62.8%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		24	-0.019	
Community and Family Safety	Child Victimization*	15	4.8	7.4
	Firearm Deaths *	14	4.7	5.9
	Injury Deaths	30	20.0	18.7
Economic Resources	Children in Poverty	2	8.7%	16.0%
	Children in Poverty - Racial Disparity	50	13.4	3.0
	Food Sufficiency	23	67.3%	66.6%
	Students Experiencing Homelessness	16	1.7%	2.4%
	WIC Coverage	19	54.7%	52.2%
Education	Early Childhood Education	50	26.8%	48.5%
	Fourth Grade Reading Proficiency	33	28.7%	30.5%
	High School Completion	3	94.5%	89.8%
Social Support and Engagement	Adult Mentor*	2	95.7%	88.0%
	Adverse Childhood Experiences	35	17.4%	14.1%
	Foster Care Instability	46	21.8%	15.2%
	High-Speed Internet	28	95.9%	96.0%
	Neighborhood Amenities	13	41.6%	38.2%
	Reading, Singing or Storytelling*	37	57.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		5	0.510	
Air and Water Quality	Air Pollution	7	6.2	8.6
	Drinking Water Violations	2	1.0	2.8
	Household Smoke	26	11.6%	10.3%
	Water Fluoridation	4	96.5%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	48	17.6	8.4
Housing and Transportation	Drive Alone to Work - Women	37	73.8%	67.3%
	Housing Cost Burden - Households with Children	1	15.7%	31.1%
	Housing with Lead Risk	25	15.2%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		10	0.663	
Access to Care	Adequate Prenatal Care	19	79.2%	75.2%
	Avoided Care Due to Cost	27	16.2%	17.4%
	Maternity Care Desert*	45	16.6	3.7
	Uninsured	5	5.4%	10.8%
	Women's Health Providers	39	41.5	47.8
Preventive Clinical Care	Cervical Cancer Screening	4	59.1%	51.6%
	Dental Visit	11	67.9%	64.1%
	Flu Vaccination	13	40.5%	35.5%
	Postpartum Visit*	22	91.5%	90.3%
	Well-Woman Visit	23	73.7%	72.7%
Quality of Care	Breastfeeding Initiation	35	83.8%	85.1%
	Dedicated Health Care Provider	10	83.8%	77.4%
	Low-Risk Cesarean Delivery	2	19.7%	26.6%
	Maternity Practices Score	34	78	82
Behaviors		24	-0.053	
Nutrition and Physical Activity	Exercise	12	29.9%	27.6%
	Fruit and Vegetable Consumption	22	9.7%	9.8%
	Physical Inactivity	12	18.2%	22.0%
Sexual Health	Chlamydia	19	1,353.2	1,481.2
	High-Risk HIV Behaviors	24	9.7%	9.3%
	Unintended Pregnancy*	5	171%	-
Sleep Health	Insufficient Sleep	22	35.6%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	45	15.9%	11.2%
	Smoking	41	14.4%	9.9%
	Smoking During Pregnancy	38	5.9%	3.0%
Health Outcomes		36	-0.555	
Behavioral Health	Drug Deaths*	19	26.3	28.6
	Excessive Drinking	49	25.4%	19.5%
	Frequent Mental Distress	37	26.3%	23.6%
	Illicit Drug Use	3	7.3%	10.5%
	Postpartum Anxiety*	39	25.8%	20.3%
	Postpartum Depression*	41	15.6%	11.9%
Mortality	Maternal Mortality*	26	24.1	23.5
	Mortality Rate	26	1172	109.9
Physical Health	Depression*	40	38.6%	30.3%
	Diabetes*	28	3.4%	3.6%
	Frequent Physical Distress	38	11.1%	9.7%
	High Blood Pressure	5	9.3%	11.8%
	High Health Status*	20	53.7%	51.6%
	Multiple Chronic Conditions	48	7.7%	4.5%
	Obesity	21	33.6%	32.5%
	Severe Maternal Morbidity*	5	62.8	94.7
Overall - Women		14	0.267	

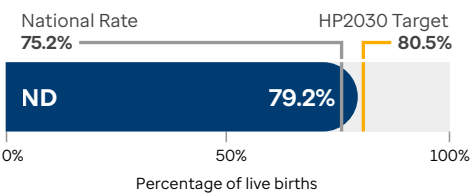
		State Rank	State Value	U.S. Value
Children				
Clinical Care		18	0.412	
Access to Care	ADD/ADHD Treatment	21	3.9%	3.4%
	Mental Health Treatment*	15	86.7%	83.3%
	Pediatricians	44	74.1	116.1
	Uninsured	17	3.6%	5.4%
Preventive Clinical Care	Childhood Immunizations	10	71.9%	66.9%
	HPV Vaccination	3	78.3%	61.4%
	Preventive Dental Visit	35	79.1%	80.2%
	Well-Child Visit	44	76.7%	79.6%
Quality of Care	Adequate Insurance	41	61.3%	64.6%
	Developmental Screening	22	41.4%	36.5%
	Medical Home	2	54.5%	45.5%
Behaviors		10	0.648	
Nutrition and Physical Activity	Breastfed	11	31.4%	27.2%
	Physical Activity	10	23.6%	19.7%
	Soda Consumption*	12	9.6%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	4	80.3%	85.6%
	Teen Births	22	11.2	13.1
Sleep Health	Adequate Sleep	2	73.3%	65.3%
	Sleep Position*	13	75.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	17	18.2%	16.8%
	Tobacco Use	36	2.2%	1.9%
Health Outcomes		8	0.476	
Behavioral Health	Alcohol Use	38	8.2%	6.9%
	Flourishing	27	65.8%	66.7%
	Illicit Drug Use	6	6.2%	7.3%
	Mental Health Conditions	16	20.4%	20.5%
	Teen Suicide*	37	14.9	10.2
Mortality	Child Mortality	23	29.8	29.6
	Infant Mortality	10	4.6	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	2	4.7%	6.8%
	Congenital Syphilis*	8	20.9	105.8
	High Health Status*	4	93.1%	89.9%
	Low Birth Weight	5	7.1%	8.6%
	Low Birth Weight - Racial Disparity	10	1.8	2.1
	Neonatal Abstinence Syndrome*	26	6.1	5.3
	Overweight or Obesity	14	29.6%	31.3%
Overall - Children		15	0.335	

Overall - Women and Children 14 0.282

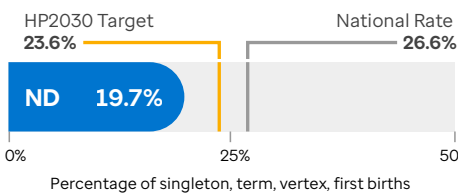
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

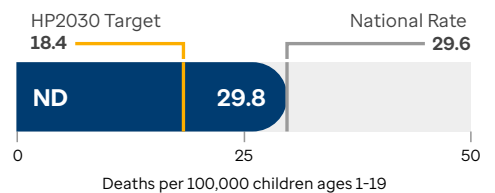
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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Summary

Strengths

- High percentage of youth who are flourishing
- High percentage of children with a medical home
- High prevalence of exercise among women

Challenges

- High prevalence of multiple chronic conditions among women
- High prevalence of insufficient sleep among women
- High prevalence of tobacco use among adolescents

Key Findings

Firearm Deaths

44%▲

from 5.0 to 7.2 deaths per 100,000 children ages 1-19 between 2017-2019 and 2021-2023.

Frequent Mental Distress

42%▲

from 20.2% to 28.7% of women ages 18-44 between 2017-2018 and 2022-2023.

Pediatricians

18%▲

from 125.3 to 147.7 per 100,000 children ages 0-21 between September 2019 and September 2024.

Well-Woman Visit

7%▲

from 70.3% to 75.3% of women ages 18-44 between 2016-2017 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		41	-0.344	
Community and Family Safety	Firearm Deaths*	28	7.7	6.2
	Injury Deaths	40	70.0	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	29	23.9%	25.9%
	Food Insecurity	36	12.8%	12.2%
	Gender Pay Gap*	19	82.8%	81.1%
	Poverty	40	16.9%	14.9%
	Unemployment	24	3.2%	3.5%
Education	College Graduate	31	35.6%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	17	11.1%	12.1%
	Residential Segregation - Black/White	38	70	-
	Voter Participation	35	57.6%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		30	-0.123	
Community and Family Safety	Child Victimization*	26	8.0	7.4
	Firearm Deaths *	28	7.2	5.9
	Injury Deaths	27	19.5	18.7
Economic Resources	Children in Poverty	37	17.7%	16.0%
	Children in Poverty - Racial Disparity	39	4.2	3.0
	Food Sufficiency	24	67.2%	66.6%
	Students Experiencing Homelessness	12	1.6%	2.4%
	WIC Coverage	45	39.5%	52.2%
Education	Early Childhood Education	37	42.4%	48.5%
	Fourth Grade Reading Proficiency	15	32.4%	30.5%
	High School Completion	22	91.9%	89.8%
Social Support and Engagement	Adult Mentor*	25	90.7%	88.0%
	Adverse Childhood Experiences	25	15.3%	14.1%
	Foster Care Instability	9	10.7%	15.2%
	High-Speed Internet	44	94.9%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	16	40.5%	38.2%
		22	62.8%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		37	-0.085	
Air and Water Quality	Air Pollution	38	8.6	8.6
	Drinking Water Violations	16	1.7	2.8
	Household Smoke	40	14.5%	10.3%
	Water Fluoridation	9	92.8%	72.3%
Climate and Health	Climate Policies	27	1	-
	Transportation Energy Use*	11	7.4	8.4
Housing and Transportation	Drive Alone to Work - Women	37	73.8%	67.3%
	Housing Cost Burden - Households with Children	16	25.0%	31.1%
	Housing with Lead Risk	43	23.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		23	0.364	
Access to Care	Adequate Prenatal Care	16	79.5%	75.2%
	Avoided Care Due to Cost	22	15.0%	17.4%
	Maternity Care Desert*	24	3.3	3.7
	Uninsured	15	7.9%	10.8%
	Women's Health Providers	28	46.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	14	54.4%	51.6%
	Dental Visit	37	63.2%	64.1%
	Flu Vaccination	24	37.1%	35.5%
	Postpartum Visit*	–	–	90.3%
	Well-Woman Visit	16	75.3%	72.7%
Quality of Care	Breastfeeding Initiation	41	78.3%	85.1%
	Dedicated Health Care Provider	17	83.2%	77.4%
	Low-Risk Cesarean Delivery	26	25.7%	26.6%
	Maternity Practices Score	13	85	82
Behaviors		43	-0.688	
Nutrition and Physical Activity	Exercise	18	29.1%	27.6%
	Fruit and Vegetable Consumption	25	9.2%	9.8%
	Physical Inactivity	26	21.2%	22.0%
Sexual Health	Chlamydia	33	1,540.0	1,481.2
	High-Risk HIV Behaviors	43	11.5%	9.3%
	Unintended Pregnancy*	17	21.8%	–
Sleep Health	Insufficient Sleep	48	41.7%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	37	14.0%	11.2%
	Smoking	44	14.9%	9.9%
	Smoking During Pregnancy	43	6.5%	3.0%
Health Outcomes		45	-0.932	
Behavioral Health	Drug Deaths*	44	46.2	28.6
	Excessive Drinking	38	22.5%	19.5%
	Frequent Mental Distress	44	28.7%	23.6%
	Illicit Drug Use	29	10.9%	10.5%
	Postpartum Anxiety*	–	–	20.3%
	Postpartum Depression*	–	–	11.9%
Mortality	Maternal Mortality*	29	25.4	23.5
	Mortality Rate	35	129.5	109.9
Physical Health	Depression*	41	38.9%	30.3%
	Diabetes*	36	4.1%	3.6%
	Frequent Physical Distress	43	11.5%	9.7%
	High Blood Pressure	37	13.2%	11.8%
	High Health Status*	22	52.9%	51.6%
	Multiple Chronic Conditions	42	6.8%	4.5%
	Obesity	35	36.4%	32.5%
Severe Maternal Morbidity*	30	95.2	94.7	
Overall - Women		42	-0.392	

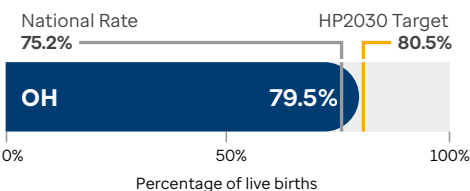
		State Rank	State Value	U.S. Value
Children				
Clinical Care		24	0.268	
Access to Care	ADD/ADHD Treatment	15	4.1%	3.4%
	Mental Health Treatment*	23	85.3%	83.3%
	Pediatricians	10	1477	116.1
	Uninsured	28	4.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	13	69.9%	66.9%
	HPV Vaccination	25	63.4%	61.4%
	Preventive Dental Visit	49	74.2%	80.2%
	Well-Child Visit	19	81.1%	79.6%
Quality of Care	Adequate Insurance	28	63.7%	64.6%
	Developmental Screening	33	36.8%	36.5%
	Medical Home	10	51.6%	45.5%
Behaviors		33	-0.240	
Nutrition and Physical Activity	Breastfed	23	27.9%	27.2%
	Physical Activity	18	22.0%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	32	14.6	13.1
Sleep Health	Adequate Sleep	27	66.0%	65.3%
	Sleep Position*	–	–	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	46	2.7%	1.9%
Health Outcomes		36	-0.255	
Behavioral Health	Alcohol Use	20	6.6%	6.9%
	Flourishing	10	67.6%	66.7%
	Illicit Drug Use	33	7.9%	7.3%
	Mental Health Conditions	30	22.8%	20.5%
	Teen Suicide*	15	10.4	10.2
Mortality	Child Mortality	30	30.8	29.6
	Infant Mortality	45	7.1	5.6
	Neonatal Mortality*	47	4.7	3.6
Physical Health	Asthma	33	7.2%	6.8%
	Congenital Syphilis*	23	57.7	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	30	8.7%	8.6%
	Low Birth Weight - Racial Disparity	23	2.0	2.1
	Neonatal Abstinence Syndrome*	33	7.1	5.3
Overweight or Obesity	37	32.5%	31.3%	
Overall - Children		33	-0.117	

Overall - Women and Children **38 -0.263**

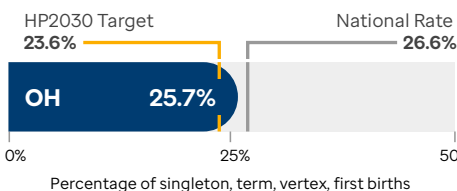
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

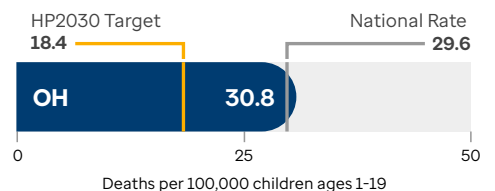
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of alcohol use among adolescents
- Low prevalence of insufficient sleep among women
- High prevalence of developmental screenings

Challenges

- High prevalence of obesity among women
- Low reading proficiency among fourth grade public school students
- Low prevalence of neighborhood amenities

Key Findings

Drug Deaths

66%▲

from 16.6 to 27.5 deaths per 100,000 women ages 20-44 between 2017-2019 and 2021-2023.

Congenital Syphilis

28%▼

from 227.2 to 163.5 per 100,000 live births between 2022 and 2023.

Uninsured Women

25%▼

from 21.6% to 16.1% of women ages 19-44 between 2019 and 2023.

Infant Mortality

8%▲

from 6.5 to 7.0 deaths per 1,000 live births between 2020-2021 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		45	-0.754	
Community and Family Safety	Firearm Deaths*	37	9.8	6.2
	Injury Deaths	34	61.4	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	37	27.7%	25.9%
	Food Insecurity	46	15.4%	12.2%
	Gender Pay Gap*	41	78.0%	81.1%
	Poverty	44	19.7%	14.9%
	Unemployment	35	3.6%	3.5%
Education	College Graduate	48	27.1%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	15	10.6%	12.1%
	Residential Segregation - Black/White	12	58	-
	Voter Participation	44	54.2%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		47	-0.925	
Community and Family Safety	Child Victimization*	44	13.7	7.4
	Firearm Deaths *	29	7.5	5.9
	Injury Deaths	34	23.4	18.7
Economic Resources	Children in Poverty	44	20.8%	16.0%
	Children in Poverty - Racial Disparity	3	2.5	3.0
	Food Sufficiency	44	60.2%	66.6%
	Students Experiencing Homelessness	40	3.0%	2.4%
	WIC Coverage	28	49.9%	52.2%
Education	Early Childhood Education	40	41.4%	48.5%
	Fourth Grade Reading Proficiency	48	22.7%	30.5%
	High School Completion	36	89.7%	89.8%
Social Support and Engagement	Adult Mentor*	25	90.7%	88.0%
	Adverse Childhood Experiences	39	18.2%	14.1%
	Foster Care Instability	44	21.5%	15.2%
	High-Speed Internet	36	95.6%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	43	54.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		50	-0.649	
Air and Water Quality	Air Pollution	40	8.8	8.6
	Drinking Water Violations	50	4.6	2.8
	Household Smoke	39	14.4%	10.3%
	Water Fluoridation	34	63.5%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	45	11.4	8.4
Housing and Transportation	Drive Alone to Work - Women	45	75.8%	67.3%
	Housing Cost Burden - Households with Children	23	27.1%	31.1%
	Housing with Lead Risk	21	13.4%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		43	-0.517	
Access to Care	Adequate Prenatal Care	24	78.6%	75.2%
	Avoided Care Due to Cost	47	22.6%	17.4%
	Maternity Care Desert*	42	12.3	3.7
	Uninsured	48	16.1%	10.8%
	Women's Health Providers	47	35.2	47.8
Preventive Clinical Care	Cervical Cancer Screening	26	52.3%	51.6%
	Dental Visit	45	58.8%	64.1%
	Flu Vaccination	40	30.3%	35.5%
	Postpartum Visit*	42	86.9%	90.3%
	Well-Woman Visit	37	70.9%	72.7%
Quality of Care	Breastfeeding Initiation	33	84.2%	85.1%
	Dedicated Health Care Provider	40	76.1%	77.4%
	Low-Risk Cesarean Delivery	26	25.7%	26.6%
	Maternity Practices Score	31	79	82
Behaviors		47	-0.932	
Nutrition and Physical Activity	Exercise	46	22.2%	27.6%
	Fruit and Vegetable Consumption	48	5.3%	9.8%
	Physical Inactivity	48	27.8%	22.0%
Sexual Health	Chlamydia	34	1,547.3	1,481.2
	High-Risk HIV Behaviors	30	10.1%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	19	35.0%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	47	16.6%	11.2%
	Smoking	42	14.5%	9.9%
	Smoking During Pregnancy	36	5.5%	3.0%
Health Outcomes		43	-0.775	
Behavioral Health	Drug Deaths*	21	275	28.6
	Excessive Drinking	7	16.2%	19.5%
	Frequent Mental Distress	38	27.0%	23.6%
	Illicit Drug Use	17	10.1%	10.5%
	Postpartum Anxiety*	29	23.1%	20.3%
	Postpartum Depression*	25	11.9%	11.9%
Mortality	Maternal Mortality*	31	273	23.5
	Mortality Rate	41	1475	109.9
Physical Health	Depression*	38	38.4%	30.3%
	Diabetes*	40	4.4%	3.6%
	Frequent Physical Distress	33	10.7%	9.7%
	High Blood Pressure	43	15.2%	11.8%
	High Health Status*	45	48.7%	51.6%
	Multiple Chronic Conditions	37	6.1%	4.5%
	Obesity	48	42.2%	32.5%
Severe Maternal Morbidity*	10	75.8	94.7	
Overall - Women		48	-0.743	

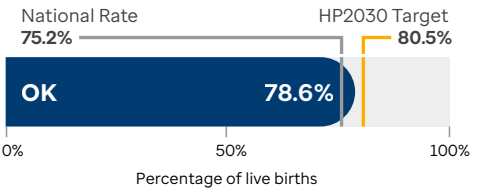
		State Rank	State Value	U.S. Value
Children				
Clinical Care		42	-0.331	
Access to Care	ADD/ADHD Treatment	8	4.6%	3.4%
	Mental Health Treatment*	49	74.6%	83.3%
	Pediatricians	43	76.9	116.1
	Uninsured	46	75%	5.4%
Preventive Clinical Care	Childhood Immunizations	33	64.9%	66.9%
	HPV Vaccination	48	44.2%	61.4%
	Preventive Dental Visit	43	78.4%	80.2%
	Well-Child Visit	42	77.0%	79.6%
Quality of Care	Adequate Insurance	25	64.5%	64.6%
	Developmental Screening	12	45.5%	36.5%
	Medical Home	34	46.7%	45.5%
Behaviors		48	-0.908	
Nutrition and Physical Activity	Breastfed	48	20.0%	27.2%
	Physical Activity	29	20.1%	19.7%
	Soda Consumption*	19	15.2%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	12	85.6%	85.6%
	Teen Births	46	20.6	13.1
Sleep Health	Adequate Sleep	34	63.6%	65.3%
	Sleep Position*	36	67.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	25	21.8%	16.8%
	Tobacco Use	43	2.5%	1.9%
Health Outcomes		41	-0.380	
Behavioral Health	Alcohol Use	3	5.0%	6.9%
	Flourishing	40	64.6%	66.7%
	Illicit Drug Use	14	6.8%	7.3%
	Mental Health Conditions	35	24.0%	20.5%
	Teen Suicide*	35	14.6	10.2
Mortality	Child Mortality	38	37.6	29.6
	Infant Mortality	43	7.0	5.6
	Neonatal Mortality*	42	4.4	3.6
Physical Health	Asthma	42	8.2%	6.8%
	Congenital Syphilis*	41	163.5	105.8
	High Health Status*	39	89.5%	89.9%
	Low Birth Weight	25	8.6%	8.6%
	Low Birth Weight - Racial Disparity	17	1.9	2.1
	Neonatal Abstinence Syndrome*	28	6.3	5.3
	Overweight or Obesity	38	32.8%	31.3%
Overall - Children		47	-0.673	

Overall - Women and Children 47 -0.712

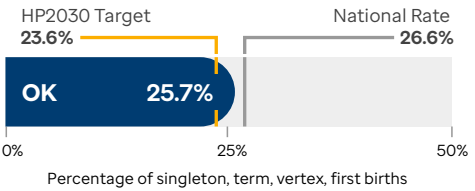
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

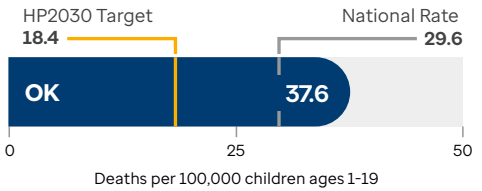
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low prevalence of asthma among children
- High percentage of infants exclusively breastfed for six months
- Low prevalence of insufficient sleep among women

Challenges

- High prevalence of illicit drug use among women
- Low percentage of youth who are flourishing
- High prevalence of alcohol use among adolescents

Key Findings

Injury Deaths

61%▲

from 30.9 to 49.6 deaths per 100,000 women ages 20-44 between 2017-2019 and 2021-2023.

Uninsured Women

35%▼

from 10.1% to 6.6% of women ages 19-44 between 2018 and 2023.

Low Birth Weight

11%▲

from 6.5% to 7.2% of live births between 2020 and 2023.

Well-Child Visit

7%▲

from 76.2% to 81.7% of children ages 0-17 between 2020-2021 and 2023-2024.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		22	0.275	
Community and Family Safety	Firearm Deaths*	16	5.8	6.2
	Injury Deaths	17	49.6	51.9
	Intimate Partner Violence Before Pregnancy*	15	3.2%	-
Economic Resources	Concentrated Disadvantage	20	18.2%	25.9%
	Food Insecurity	36	12.8%	12.2%
	Gender Pay Gap*	12	85.1%	81.1%
	Poverty	28	14.9%	14.9%
	Unemployment	40	3.8%	3.5%
Education	College Graduate	16	39.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	46	15.5%	12.1%
	Residential Segregation - Black/White	30	65	-
	Voter Participation	1	74.5%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		20	0.082	
Community and Family Safety	Child Victimization*	43	13.0	7.4
	Firearm Deaths *	11	4.0	5.9
	Injury Deaths	17	171	18.7
Economic Resources	Children in Poverty	22	13.6%	16.0%
	Children in Poverty - Racial Disparity	29	3.6	3.0
	Food Sufficiency	12	70.1%	66.6%
	Students Experiencing Homelessness	44	3.3%	2.4%
	WIC Coverage	9	61.5%	52.2%
Education	Early Childhood Education	31	45.1%	48.5%
	Fourth Grade Reading Proficiency	42	26.6%	30.5%
	High School Completion	19	92.0%	89.8%
Social Support and Engagement	Adult Mentor*	32	88.8%	88.0%
	Adverse Childhood Experiences	26	15.4%	14.1%
	Foster Care Instability	34	175%	15.2%
	High-Speed Internet	9	97.0%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	19	38.9%	38.2%
		18	63.6%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		28	0.118	
Air and Water Quality	Air Pollution	43	8.9	8.6
	Drinking Water Violations	18	1.8	2.8
	Household Smoke	14	9.2%	10.3%
	Water Fluoridation	48	26.4%	72.3%
Climate and Health	Climate Policies	1	4	-
	Transportation Energy Use*	15	76	8.4
Housing and Transportation	Drive Alone to Work - Women	5	62.5%	67.3%
	Housing Cost Burden - Households with Children	44	34.6%	31.1%
	Housing with Lead Risk	24	15.1%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		8	0.778	
Access to Care	Adequate Prenatal Care	22	78.8%	75.2%
	Avoided Care Due to Cost	21	14.9%	17.4%
	Maternity Care Desert*	8	0.1	3.7
	Uninsured	10	6.6%	10.8%
	Women's Health Providers	2	72.5	47.8
Preventive Clinical Care	Cervical Cancer Screening	21	53.1%	51.6%
	Dental Visit	21	66.3%	64.1%
	Flu Vaccination	21	38.8%	35.5%
	Postpartum Visit*	29	90.9%	90.3%
	Well-Woman Visit	39	70.8%	72.7%
Quality of Care	Breastfeeding Initiation	1	94.0%	85.1%
	Dedicated Health Care Provider	20	82.2%	77.4%
	Low-Risk Cesarean Delivery	15	24.0%	26.6%
	Maternity Practices Score	8	87	82
Behaviors		16	0.299	
Nutrition and Physical Activity	Exercise	15	29.5%	27.6%
	Fruit and Vegetable Consumption	45	6.5%	9.8%
	Physical Inactivity	7	16.6%	22.0%
Sexual Health	Chlamydia	11	1,102.2	1,481.2
	High-Risk HIV Behaviors	37	10.4%	9.3%
	Unintended Pregnancy*	4	16.3%	–
Sleep Health	Insufficient Sleep	9	33.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	16	11.0%	11.2%
	Smoking	18	9.8%	9.9%
	Smoking During Pregnancy	24	3.4%	3.0%
Health Outcomes		39	-0.586	
Behavioral Health	Drug Deaths*	19	26.3	28.6
	Excessive Drinking	29	20.3%	19.5%
	Frequent Mental Distress	45	28.8%	23.6%
	Illicit Drug Use	50	19.9%	10.5%
	Postpartum Anxiety*	40	25.9%	20.3%
	Postpartum Depression*	38	14.0%	11.9%
Mortality	Maternal Mortality*	11	18.5	23.5
	Mortality Rate	20	107.2	109.9
Physical Health	Depression*	37	38.2%	30.3%
	Diabetes*	3	2.5%	3.6%
	Frequent Physical Distress	49	12.1%	9.7%
	High Blood Pressure	21	11.2%	11.8%
	High Health Status*	49	47.3%	51.6%
	Multiple Chronic Conditions	22	4.7%	4.5%
	Obesity	17	31.7%	32.5%
	Severe Maternal Morbidity*	12	79.6	94.7
Overall - Women		22	0.143	

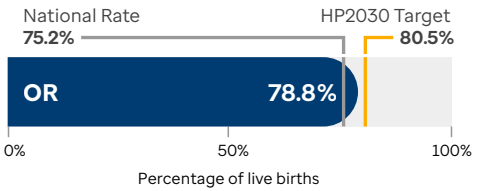
		State Rank	State Value	U.S. Value
Children				
Clinical Care		8	0.713	
Access to Care	ADD/ADHD Treatment	4	5.5%	3.4%
	Mental Health Treatment*	47	76.8%	83.3%
	Pediatricians	22	111.9	116.1
	Uninsured	4	3.0%	5.4%
Preventive Clinical Care	Childhood Immunizations	37	64.3%	66.9%
	HPV Vaccination	17	67.6%	61.4%
	Preventive Dental Visit	7	85.5%	80.2%
	Well-Child Visit	15	81.7%	79.6%
Quality of Care	Adequate Insurance	17	66.4%	64.6%
	Developmental Screening	10	46.1%	36.5%
	Medical Home	26	48.2%	45.5%
Behaviors		21	0.230	
Nutrition and Physical Activity	Breastfed	9	32.3%	27.2%
	Physical Activity	31	19.8%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	12	9.4	13.1
Sleep Health	Adequate Sleep	11	71.0%	65.3%
	Sleep Position*	19	73.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	45	2.6%	1.9%
Health Outcomes		19	0.019	
Behavioral Health	Alcohol Use	49	9.1%	6.9%
	Flourishing	50	62.0%	66.7%
	Illicit Drug Use	40	8.3%	7.3%
	Mental Health Conditions	46	26.0%	20.5%
	Teen Suicide*	28	12.2	10.2
Mortality	Child Mortality	10	25.5	29.6
	Infant Mortality	10	4.6	5.6
	Neonatal Mortality*	13	3.1	3.6
Physical Health	Asthma	7	5.1%	6.8%
	Congenital Syphilis*	28	76.0	105.8
	High Health Status*	19	91.2%	89.9%
	Low Birth Weight	7	7.2%	8.6%
	Low Birth Weight - Racial Disparity	8	1.7	2.1
	Neonatal Abstinence Syndrome*	34	7.5	5.3
	Overweight or Obesity	15	29.7%	31.3%
Overall - Children		20	0.170	

Overall - Women and Children **20 0.161**

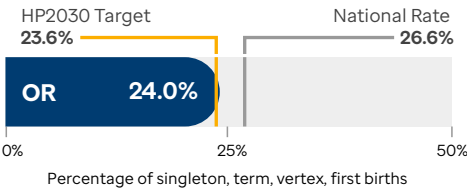
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

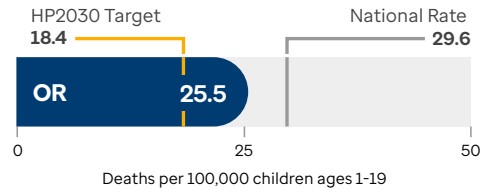
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- High prevalence of high school completion
- High prevalence of women with a dedicated health care provider
- High prevalence of well-child visits

Challenges

- High prevalence of asthma among children
- High prevalence of frequent physical distress among women
- High prevalence of cigarette smoking among women

Key Findings

Arthritis

63% ▲

from 10.1% to 16.5% of women ages 18-44 between 2019-2020 and 2022-2023.

Well-Woman Visit

20% ▲

from 65.9% to 78.8% of women ages 18-44 between 2016-2017 and 2022-2023.

Children in Poverty

19% ▼

from 19.4% to 15.7% of children ages 0-17 between 2015 and 2023.

Fourth Grade Reading Proficiency

17% ▼

from 39.7% to 32.9% of public school fourth graders between 2019 and 2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		23	0.135	
Community and Family Safety	Firearm Deaths*	14	5.6	6.2
	Injury Deaths	31	59.0	51.9
	Intimate Partner Violence Before Pregnancy*	5	1.7%	–
Economic Resources	Concentrated Disadvantage	25	22.8%	25.9%
	Food Insecurity	20	10.8%	12.2%
	Gender Pay Gap*	32	80.6%	81.1%
	Poverty	27	14.8%	14.9%
	Unemployment	23	3.1%	3.5%
Education	College Graduate	24	38.0%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	22	11.5%	12.1%
	Residential Segregation - Black/White	43	73	–
	Voter Participation	13	65.5%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		23	0.011	
Community and Family Safety	Child Victimization*	2	1.7	7.4
	Firearm Deaths *	19	5.8	5.9
	Injury Deaths	16	16.9	18.7
Economic Resources	Children in Poverty	32	15.7%	16.0%
	Children in Poverty - Racial Disparity	34	3.9	3.0
	Food Sufficiency	25	67.1%	66.6%
	Students Experiencing Homelessness	27	2.0%	2.4%
	WIC Coverage	43	39.9%	52.2%
Education	Early Childhood Education	28	46.1%	48.5%
	Fourth Grade Reading Proficiency	11	32.9%	30.5%
	High School Completion	17	92.2%	89.8%
Social Support and Engagement	Adult Mentor*	37	88.1%	88.0%
	Adverse Childhood Experiences	21	14.6%	14.1%
	Foster Care Instability	8	10.4%	15.2%
	High-Speed Internet	40	95.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	24	37.1%	38.2%
		15	64.1%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		42	-0.138	
Air and Water Quality	Air Pollution	44	9.0	8.6
	Drinking Water Violations	9	1.6	2.8
	Household Smoke	34	13.1%	10.3%
	Water Fluoridation	39	55.3%	72.3%
Climate and Health	Climate Policies	22	2	–
	Transportation Energy Use*	5	6.5	8.4
Housing and Transportation	Drive Alone to Work - Women	15	66.2%	67.3%
	Housing Cost Burden - Households with Children	22	26.8%	31.1%
	Housing with Lead Risk	47	27.7%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		12	0.563	
Access to Care	Adequate Prenatal Care	35	74.5%	75.2%
	Avoided Care Due to Cost	7	12.9%	17.4%
	Maternity Care Desert*	14	0.8	3.7
	Uninsured	13	7.2%	10.8%
	Women's Health Providers	19	50.9	47.8
Preventive Clinical Care	Cervical Cancer Screening	12	54.7%	51.6%
	Dental Visit	21	66.3%	64.1%
	Flu Vaccination	34	35.1%	35.5%
	Postpartum Visit*	26	91.2%	90.3%
	Well-Woman Visit	4	78.8%	72.7%
Quality of Care	Breastfeeding Initiation	36	83.3%	85.1%
	Dedicated Health Care Provider	6	86.2%	77.4%
	Low-Risk Cesarean Delivery	24	25.5%	26.6%
	Maternity Practices Score	21	83	82
Behaviors		35	-0.304	
Nutrition and Physical Activity	Exercise	-	-	27.6%
	Fruit and Vegetable Consumption	21	9.8%	9.8%
	Physical Inactivity	9	17.1%	22.0%
Sexual Health	Chlamydia	18	1,338.0	1,481.2
	High-Risk HIV Behaviors	26	9.9%	9.3%
	Unintended Pregnancy*	11	20.1%	-
Sleep Health	Insufficient Sleep	43	39.7%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	27	12.6%	11.2%
	Smoking	48	16.1%	9.9%
	Smoking During Pregnancy	33	5.1%	3.0%
Health Outcomes		31	-0.413	
Behavioral Health	Drug Deaths*	37	39.6	28.6
	Excessive Drinking	33	20.9%	19.5%
	Frequent Mental Distress	29	25.0%	23.6%
	Illicit Drug Use	21	10.4%	10.5%
	Postpartum Anxiety*	21	20.9%	20.3%
	Postpartum Depression*	12	10.7%	11.9%
Mortality	Maternal Mortality*	10	177	23.5
	Mortality Rate	20	107.2	109.9
Physical Health	Depression*	27	35.1%	30.3%
	Diabetes*	-	-	3.6%
	Frequent Physical Distress	47	12.0%	9.7%
	High Blood Pressure	-	-	11.8%
	High Health Status*	1	58.3%	51.6%
	Multiple Chronic Conditions	46	7.5%	4.5%
	Obesity	9	28.7%	32.5%
Severe Maternal Morbidity*	35	104.5	94.7	
Overall - Women		29	-0.071	

Children

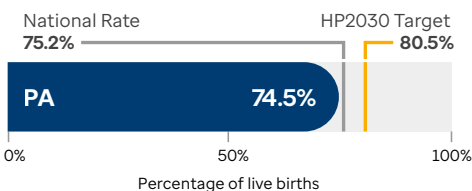
		State Rank	State Value	U.S. Value
Clinical Care		22	0.361	
Access to Care	ADD/ADHD Treatment	34	3.4%	3.4%
	Mental Health Treatment*	37	82.3%	83.3%
	Pediatricians	8	151.9	116.1
	Uninsured	29	5.2%	5.4%
Preventive Clinical Care	Childhood Immunizations	27	67.1%	66.9%
	HPV Vaccination	21	65.6%	61.4%
	Preventive Dental Visit	16	83.1%	80.2%
	Well-Child Visit	7	83.9%	79.6%
Quality of Care	Adequate Insurance	28	63.7%	64.6%
	Developmental Screening	31	37.2%	36.5%
	Medical Home	27	47.8%	45.5%
Behaviors		24	0.194	
Nutrition and Physical Activity	Breastfed	38	24.7%	27.2%
	Physical Activity	17	22.1%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	8	81.9%	85.6%
	Teen Births	14	9.8	13.1
Sleep Health	Adequate Sleep	29	65.4%	65.3%
	Sleep Position*	24	72.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	10	16.0%	16.8%
	Tobacco Use	21	1.9%	1.9%
Health Outcomes		23	-0.044	
Behavioral Health	Alcohol Use	23	6.7%	6.9%
	Flourishing	14	67.0%	66.7%
	Illicit Drug Use	26	7.4%	7.3%
	Mental Health Conditions	12	20.0%	20.5%
	Teen Suicide*	9	8.7	10.2
Mortality	Child Mortality	15	27.0	29.6
	Infant Mortality	23	5.6	5.6
	Neonatal Mortality*	27	3.8	3.6
Physical Health	Asthma	48	8.7%	6.8%
	Congenital Syphilis*	10	28.4	105.8
	High Health Status*	25	90.7%	89.9%
	Low Birth Weight	23	8.4%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	37	8.9	5.3
	Overweight or Obesity	20	30.9%	31.3%
Overall - Children		26	0.040	

Overall - Women and Children 26 0.000

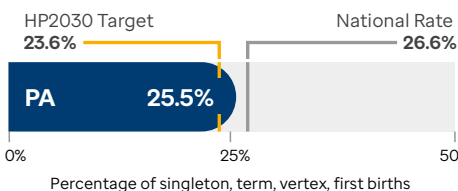
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

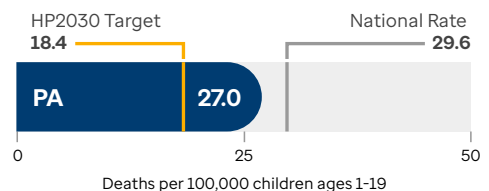
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low child mortality rate
- Low prevalence of unemployment among women
- Low teen birth rate

Challenges

- High prevalence of illicit drug use among women
- High prevalence of alcohol use among adolescents
- Low percentage of infants exclusively breastfed for six months

Key Findings

Flu Vaccination

36% ▲

from 38.3% to 52.1% of women ages 18-44 between 2018-2019 and 2022-2023.

Obesity

28% ▲

from 26.1% to 33.5% of women ages 18-44 between 2017-2018 and 2022-2023.

Infant Mortality

23% ▼

from 5.6 to 4.3 deaths per 1,000 live births between 2017-2018 and 2022-2023.

Flourishing

13% ▼

from 75.6% to 66.0% of children ages 0-17 between 2018-2019 and 2023-2024.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		9	0.586	
Community and Family Safety	Firearm Deaths*	–	–	6.2
	Injury Deaths	16	49.2	51.9
	Intimate Partner Violence Before Pregnancy*	1	1.2%	–
Economic Resources	Concentrated Disadvantage	38	27.8%	25.9%
	Food Insecurity	9	9.7%	12.2%
	Gender Pay Gap*	1	89.3%	81.1%
	Poverty	15	13.1%	14.9%
	Unemployment	9	2.7%	3.5%
Education	College Graduate	11	42.3%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	31	13.1%	12.1%
	Residential Segregation - Black/White	26	64	–
	Voter Participation	14	64.4%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		6	0.672	
Community and Family Safety	Child Victimization*	40	12.3	7.4
	Firearm Deaths *	–	–	5.9
	Injury Deaths	1	8.4	18.7
Economic Resources	Children in Poverty	21	13.4%	16.0%
	Children in Poverty - Racial Disparity	45	5.1	3.0
	Food Sufficiency	5	72.5%	66.6%
	Students Experiencing Homelessness	4	1.1%	2.4%
	WIC Coverage	19	54.7%	52.2%
Education	Early Childhood Education	17	49.4%	48.5%
	Fourth Grade Reading Proficiency	13	32.6%	30.5%
	High School Completion	37	89.6%	89.8%
Social Support and Engagement	Adult Mentor*	46	85.4%	88.0%
	Adverse Childhood Experiences	6	12.3%	14.1%
	Foster Care Instability	1	7.9%	15.2%
	High-Speed Internet	2	97.8%	96.0%
	Neighborhood Amenities	9	46.5%	38.2%
	Reading, Singing or Storytelling*	21	63.0%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		30	0.070	
Air and Water Quality	Air Pollution	10	6.6	8.6
	Drinking Water Violations	39	2.9	2.8
	Household Smoke	11	9.0%	10.3%
	Water Fluoridation	20	84.3%	72.3%
Climate and Health	Climate Policies	1	4	–
	Transportation Energy Use*	1	5.2	8.4
Housing and Transportation	Drive Alone to Work - Women	27	71.4%	67.3%
	Housing Cost Burden - Households with Children	40	32.0%	31.1%
	Housing with Lead Risk	49	30.1%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		5	0.949	
Access to Care	Adequate Prenatal Care	6	83.9%	75.2%
	Avoided Care Due to Cost	2	10.5%	17.4%
	Maternity Care Desert*	1	0.0	3.7
	Uninsured	4	5.1%	10.8%
	Women's Health Providers	7	64.8	47.8
Preventive Clinical Care	Cervical Cancer Screening	34	50.7%	51.6%
	Dental Visit	33	63.9%	64.1%
	Flu Vaccination	2	52.1%	35.5%
	Postpartum Visit*	1	97.1%	90.3%
	Well-Woman Visit	6	78.6%	72.7%
Quality of Care	Breastfeeding Initiation	29	85.1%	85.1%
	Dedicated Health Care Provider	7	85.4%	77.4%
	Low-Risk Cesarean Delivery	39	28.0%	26.6%
	Maternity Practices Score	8	87	82
Behaviors		14	0.313	
Nutrition and Physical Activity	Exercise	22	28.2%	27.6%
	Fruit and Vegetable Consumption	5	12.3%	9.8%
	Physical Inactivity	36	23.6%	22.0%
Sexual Health	Chlamydia	27	1,453.5	1,481.2
	High-Risk HIV Behaviors	11	7.8%	9.3%
	Unintended Pregnancy*	9	19.6%	-
Sleep Health	Insufficient Sleep	24	36.1%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	16	11.0%	11.2%
	Smoking	13	8.7%	9.9%
	Smoking During Pregnancy	6	1.6%	3.0%
Health Outcomes		16	-0.005	
Behavioral Health	Drug Deaths*	36	35.7	28.6
	Excessive Drinking	20	19.5%	19.5%
	Frequent Mental Distress	31	25.3%	23.6%
	Illicit Drug Use	46	15.1%	10.5%
	Postpartum Anxiety*	17	19.3%	20.3%
	Postpartum Depression*	24	11.8%	11.9%
Mortality	Maternal Mortality*	13	19.7	23.5
	Mortality Rate	8	873	109.9
Physical Health	Depression*	23	32.6%	30.3%
	Diabetes*	10	2.8%	3.6%
	Frequent Physical Distress	27	10.2%	9.7%
	High Blood Pressure	4	9.1%	11.8%
	High Health Status*	44	48.9%	51.6%
	Multiple Chronic Conditions	11	3.7%	4.5%
	Obesity	20	33.5%	32.5%
Severe Maternal Morbidity*	38	1078	94.7	
Overall - Women		12	0.353	

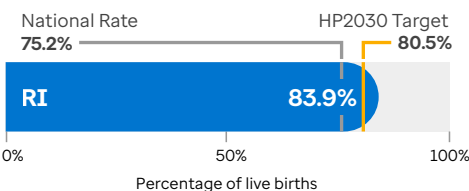
		State Rank	State Value	U.S. Value
Children				
Clinical Care		3	1.367	
Access to Care	ADD/ADHD Treatment	6	5.1%	3.4%
	Mental Health Treatment*	33	83.6%	83.3%
	Pediatricians	2	192.6	116.1
	Uninsured	10	3.3%	5.4%
Preventive Clinical Care	Childhood Immunizations	2	77.8%	66.9%
	HPV Vaccination	1	84.2%	61.4%
	Preventive Dental Visit	11	84.8%	80.2%
	Well-Child Visit	13	82.2%	79.6%
Quality of Care	Adequate Insurance	6	70.0%	64.6%
	Developmental Screening	19	41.9%	36.5%
	Medical Home	18	49.7%	45.5%
Behaviors		32	-0.064	
Nutrition and Physical Activity	Breastfed	49	19.1%	27.2%
	Physical Activity	44	17.2%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	6	7.5	13.1
Sleep Health	Adequate Sleep	13	70.4%	65.3%
	Sleep Position*	29	70.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	21	1.9%	1.9%
Health Outcomes		14	0.289	
Behavioral Health	Alcohol Use	41	8.4%	6.9%
	Flourishing	25	66.0%	66.7%
	Illicit Drug Use	26	7.4%	7.3%
	Mental Health Conditions	28	22.6%	20.5%
	Teen Suicide*	-	-	10.2
Mortality	Child Mortality	2	17.7	29.6
	Infant Mortality	7	4.3	5.6
	Neonatal Mortality*	6	2.8	3.6
Physical Health	Asthma	39	7.6%	6.8%
	Congenital Syphilis*	6	19.5	105.8
	High Health Status*	36	90.2%	89.9%
	Low Birth Weight	15	7.7%	8.6%
	Low Birth Weight - Racial Disparity	6	1.6	2.1
	Neonatal Abstinence Syndrome*	30	6.4	5.3
	Overweight or Obesity	28	31.6%	31.3%
Overall - Children		9	0.459	

Overall - Women and Children **11 0.443**

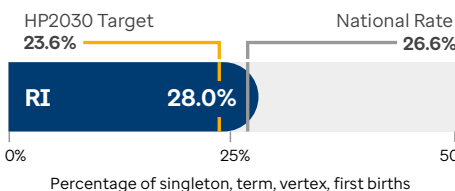
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

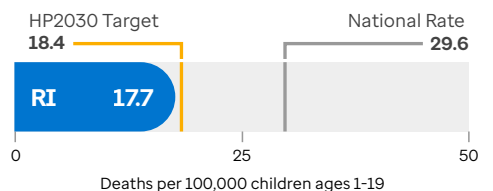
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- High reading proficiency among fourth grade public school students
- Low prevalence of unemployment among women
- Low housing cost burden among households with children

Challenges

- High mortality rate among women
- Low prevalence of neighborhood amenities
- High incidence of chlamydia among women

Key Findings

Depression

19%▲

from 26.0% to 31.0% of women ages 18-44 between 2017-2018 and 2022-2023.

Uninsured Women

18%▼

from 15.8% to 12.9% of women ages 19-44 between 2019 and 2023.

Child Mortality

17%▲

from 33.1 to 38.8 deaths per 100,000 children ages 1-19 between 2017-2019 and 2021-2023.

Children in Poverty

15%▼

from 22.6% to 19.1% of children ages 0-17 between 2018 and 2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		36	-0.228	
Community and Family Safety	Firearm Deaths*	40	10.6	6.2
	Injury Deaths	42	74.7	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	35	270%	25.9%
	Food Insecurity	44	14.4%	12.2%
	Gender Pay Gap*	33	80.5%	81.1%
	Poverty	41	17.0%	14.9%
	Unemployment	24	3.2%	3.5%
Education	College Graduate	38	33.5%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	6	9.4%	12.1%
	Residential Segregation - Black/White	2	48	-
	Voter Participation	43	54.3%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		38	-0.407	
Community and Family Safety	Child Victimization*	39	11.9	7.4
	Firearm Deaths *	38	9.8	5.9
	Injury Deaths	39	26.1	18.7
Economic Resources	Children in Poverty	41	19.1%	16.0%
	Children in Poverty - Racial Disparity	21	3.2	3.0
	Food Sufficiency	36	63.5%	66.6%
	Students Experiencing Homelessness	11	1.5%	2.4%
	WIC Coverage	40	41.7%	52.2%
Education	Early Childhood Education	20	49.1%	48.5%
	Fourth Grade Reading Proficiency	14	32.5%	30.5%
	High School Completion	33	90.2%	89.8%
Social Support and Engagement	Adult Mentor*	28	90.4%	88.0%
	Adverse Childhood Experiences	20	14.5%	14.1%
	Foster Care Instability	50	26.6%	15.2%
	High-Speed Internet	33	95.7%	96.0%
	Neighborhood Amenities	48	18.1%	38.2%
	Reading, Singing or Storytelling*	39	57.2%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		16	0.234	
Air and Water Quality	Air Pollution	31	8.1	8.6
	Drinking Water Violations	18	1.8	2.8
	Household Smoke	30	12.4%	10.3%
	Water Fluoridation	10	92.0%	72.3%
Climate and Health	Climate Policies	27	1	-
	Transportation Energy Use*	30	8.8	8.4
Housing and Transportation	Drive Alone to Work - Women	36	73.7%	67.3%
	Housing Cost Burden - Households with Children	26	27.4%	31.1%
	Housing with Lead Risk	7	8.6%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		39	-0.352	
Access to Care	Adequate Prenatal Care	16	79.5%	75.2%
	Avoided Care Due to Cost	41	20.0%	17.4%
	Maternity Care Desert*	20	1.9	3.7
	Uninsured	41	12.9%	10.8%
	Women's Health Providers	42	40.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	35	50.5%	51.6%
	Dental Visit	34	63.5%	64.1%
	Flu Vaccination	43	28.6%	35.5%
	Postpartum Visit*	38	88.6%	90.3%
	Well-Woman Visit	36	71.2%	72.7%
Quality of Care	Breastfeeding Initiation	40	80.5%	85.1%
	Dedicated Health Care Provider	45	72.8%	77.4%
	Low-Risk Cesarean Delivery	23	25.2%	26.6%
	Maternity Practices Score	30	80	82
Behaviors		34	-0.294	
Nutrition and Physical Activity	Exercise	7	30.9%	27.6%
	Fruit and Vegetable Consumption	20	9.9%	9.8%
	Physical Inactivity	37	23.7%	22.0%
Sexual Health	Chlamydia	47	2,052.3	1,481.2
	High-Risk HIV Behaviors	40	10.7%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	32	37.3%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	35	13.5%	11.2%
	Smoking	27	11.8%	9.9%
	Smoking During Pregnancy	22	3.2%	3.0%
Health Outcomes		26	-0.284	
Behavioral Health	Drug Deaths*	39	40.6	28.6
	Excessive Drinking	20	19.5%	19.5%
	Frequent Mental Distress	26	24.5%	23.6%
	Illicit Drug Use	6	8.2%	10.5%
	Postpartum Anxiety*	11	18.3%	20.3%
	Postpartum Depression*	10	10.5%	11.9%
Mortality	Maternal Mortality*	39	31.5	23.5
	Mortality Rate	41	1475	109.9
Physical Health	Depression*	17	31.0%	30.3%
	Diabetes*	32	3.8%	3.6%
	Frequent Physical Distress	20	9.6%	9.7%
	High Blood Pressure	34	12.7%	11.8%
	High Health Status*	6	56.2%	51.6%
	Multiple Chronic Conditions	21	4.6%	4.5%
	Obesity	40	38.0%	32.5%
Severe Maternal Morbidity*	23	871	94.7	
Overall - Women		36	-0.186	

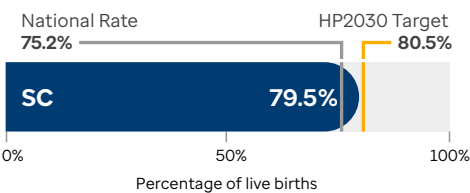
		State Rank	State Value	U.S. Value
Children				
Clinical Care		31	0.071	
Access to Care	ADD/ADHD Treatment	11	4.3%	3.4%
	Mental Health Treatment*	38	82.2%	83.3%
	Pediatricians	27	105.0	116.1
	Uninsured	37	6.1%	5.4%
Preventive Clinical Care	Childhood Immunizations	35	64.4%	66.9%
	HPV Vaccination	31	61.0%	61.4%
	Preventive Dental Visit	27	80.8%	80.2%
	Well-Child Visit	30	79.9%	79.6%
Quality of Care	Adequate Insurance	26	64.3%	64.6%
	Developmental Screening	16	43.3%	36.5%
	Medical Home	28	47.4%	45.5%
Behaviors		35	-0.386	
Nutrition and Physical Activity	Breastfed	33	26.1%	27.2%
	Physical Activity	30	19.9%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	40	17.1	13.1
Sleep Health	Adequate Sleep	43	60.0%	65.3%
	Sleep Position*	40	65.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	21	1.9%	1.9%
Health Outcomes		44	-0.585	
Behavioral Health	Alcohol Use	28	7.0%	6.9%
	Flourishing	7	68.1%	66.7%
	Illicit Drug Use	26	7.4%	7.3%
	Mental Health Conditions	32	23.3%	20.5%
	Teen Suicide*	13	10.0	10.2
Mortality	Child Mortality	40	38.8	29.6
	Infant Mortality	40	6.9	5.6
	Neonatal Mortality*	42	4.4	3.6
Physical Health	Asthma	23	6.7%	6.8%
	Congenital Syphilis*	20	51.9	105.8
	High Health Status*	28	90.5%	89.9%
	Low Birth Weight	46	10.0%	8.6%
	Low Birth Weight - Racial Disparity	49	2.3	2.1
	Neonatal Abstinence Syndrome*	25	5.9	5.3
	Overweight or Obesity	44	35.5%	31.3%
Overall - Children		38	-0.278	

Overall - Women and Children 39 -0.281

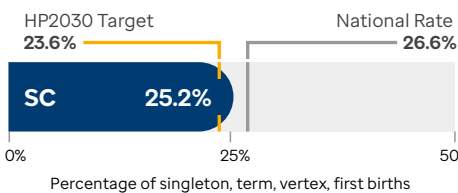
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

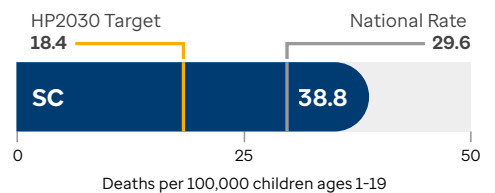
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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Summary

Strengths

- Low prevalence of frequent physical distress among women
- High percentage of infants exclusively breastfed for six months
- High prevalence of adequate sleep among children

Challenges

- High infant mortality rate
- High prevalence of adverse childhood experiences (ACEs) among children
- Low prevalence of exercise among women

Key Findings

Injury Deaths

37%▲

from 41.4 to 56.8 deaths per 100,000 women ages 20-44 between 2016-2018 and 2021-2023.

Preventive Dental Visit

11%▲

from 77.0% to 85.3% of children ages 1-17 between 2020-2021 and 2023-2024.

Chlamydia

9%▼

from 2019.0 to 1841.3 cases per 100,000 females ages 15-44 between 2022 and 2023.

Infant Mortality

6%▲

from 6.7 to 7.1 deaths per 1,000 live births between 2020-2021 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		17	0.431	
Community and Family Safety	Firearm Deaths*	28	7.7	6.2
	Injury Deaths	28	56.8	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	10	10.6%	25.9%
	Food Insecurity	3	9.0%	12.2%
	Gender Pay Gap*	33	80.5%	81.1%
	Poverty	31	15.3%	14.9%
	Unemployment	1	1.6%	3.5%
Education	College Graduate	25	36.7%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	1	75%	12.1%
	Residential Segregation - Black/White	33	67	–
	Voter Participation	33	58.3%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		34	-0.184	
Community and Family Safety	Child Victimization*	22	6.5	7.4
	Firearm Deaths *	12	4.6	5.9
	Injury Deaths	40	26.7	18.7
Economic Resources	Children in Poverty	25	14.6%	16.0%
	Children in Poverty - Racial Disparity	48	6.6	3.0
	Food Sufficiency	33	64.6%	66.6%
	Students Experiencing Homelessness	5	1.2%	2.4%
	WIC Coverage	11	59.4%	52.2%
Education	Early Childhood Education	39	41.5%	48.5%
	Fourth Grade Reading Proficiency	37	28.0%	30.5%
	High School Completion	9	93.5%	89.8%
Social Support and Engagement	Adult Mentor*	6	94.2%	88.0%
	Adverse Childhood Experiences	44	19.2%	14.1%
	Foster Care Instability	31	16.9%	15.2%
	High-Speed Internet	33	95.7%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	21	38.3%	38.2%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		12	0.340	
Air and Water Quality	Air Pollution	5	5.9	8.6
	Drinking Water Violations	3	1.1	2.8
	Household Smoke	33	12.9%	10.3%
	Water Fluoridation	7	94.2%	72.3%
Climate and Health	Climate Policies	38	0	–
	Transportation Energy Use*	39	10.8	8.4
Housing and Transportation	Drive Alone to Work - Women	31	72.9%	67.3%
	Housing Cost Burden - Households with Children	15	24.9%	31.1%
	Housing with Lead Risk	30	175%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		23	0.364	
Access to Care	Adequate Prenatal Care	30	76.5%	75.2%
	Avoided Care Due to Cost	13	13.7%	17.4%
	Maternity Care Desert*	46	16.7	3.7
	Uninsured	34	11.3%	10.8%
	Women's Health Providers	34	41.9	47.8
Preventive Clinical Care	Cervical Cancer Screening	18	53.8%	51.6%
	Dental Visit	1	78.5%	64.1%
	Flu Vaccination	14	40.0%	35.5%
	Postpartum Visit*	33	89.3%	90.3%
	Well-Woman Visit	26	73.3%	72.7%
Quality of Care	Breastfeeding Initiation	42	78.2%	85.1%
	Dedicated Health Care Provider	11	83.7%	77.4%
	Low-Risk Cesarean Delivery	1	19.1%	26.6%
	Maternity Practices Score	46	75	82
Behaviors		30	-0.180	
Nutrition and Physical Activity	Exercise	44	24.3%	27.6%
	Fruit and Vegetable Consumption	19	10.1%	9.8%
	Physical Inactivity	20	20.2%	22.0%
Sexual Health	Chlamydia	41	1,841.3	1,481.2
	High-Risk HIV Behaviors	5	7.2%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	6	31.9%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	24	12.4%	11.2%
	Smoking	38	13.8%	9.9%
	Smoking During Pregnancy	41	6.3%	3.0%
Health Outcomes		14	0.129	
Behavioral Health	Drug Deaths*	4	15.6	28.6
	Excessive Drinking	43	23.2%	19.5%
	Frequent Mental Distress	2	19.2%	23.6%
	Illicit Drug Use	26	10.6%	10.5%
	Postpartum Anxiety*	35	24.6%	20.3%
	Postpartum Depression*	32	13.0%	11.9%
Mortality	Maternal Mortality*	21	23.1	23.5
	Mortality Rate	39	138.4	109.9
Physical Health	Depression*	14	28.6%	30.3%
	Diabetes*	3	2.5%	3.6%
	Frequent Physical Distress	3	7.6%	9.7%
	High Blood Pressure	16	10.7%	11.8%
	High Health Status*	2	57.8%	51.6%
	Multiple Chronic Conditions	9	3.6%	4.5%
	Obesity	27	34.5%	32.5%
	Severe Maternal Morbidity*	1	43.6	94.7
Overall - Women		19	0.197	

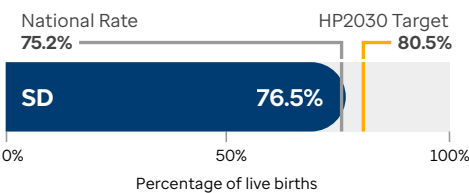
		State Rank	State Value	U.S. Value
Children				
Clinical Care		34	-0.009	
Access to Care	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	31	84.2%	83.3%
	Pediatricians	42	80.2	116.1
	Uninsured	44	7.0%	5.4%
Preventive Clinical Care	Childhood Immunizations	40	63.9%	66.9%
	HPV Vaccination	6	72.3%	61.4%
	Preventive Dental Visit	8	85.3%	80.2%
	Well-Child Visit	46	76.2%	79.6%
Quality of Care	Adequate Insurance	31	63.4%	64.6%
	Developmental Screening	38	34.1%	36.5%
	Medical Home	7	52.0%	45.5%
Behaviors		13	0.536	
Nutrition and Physical Activity	Breastfed	8	33.7%	27.2%
	Physical Activity	14	23.2%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	39	16.6	13.1
Sleep Health	Adequate Sleep	7	71.8%	65.3%
	Sleep Position*	9	76.9%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	28	2.0%	1.9%
Health Outcomes		29	-0.145	
Behavioral Health	Alcohol Use	14	6.3%	6.9%
	Flourishing	47	62.9%	66.7%
	Illicit Drug Use	2	5.5%	7.3%
	Mental Health Conditions	20	20.9%	20.5%
	Teen Suicide*	43	28.6	10.2
Mortality	Child Mortality	39	38.0	29.6
	Infant Mortality	45	7.1	5.6
	Neonatal Mortality*	38	4.1	3.6
Physical Health	Asthma	20	6.6%	6.8%
	Congenital Syphilis*	50	482.1	105.8
	High Health Status*	16	91.5%	89.9%
	Low Birth Weight	7	7.2%	8.6%
	Low Birth Weight - Racial Disparity	23	2.0	2.1
	Neonatal Abstinence Syndrome*	7	3.0	5.3
	Overweight or Obesity	21	31.1%	31.3%
Overall - Children		27	0.036	

Overall - Women and Children 24 0.090

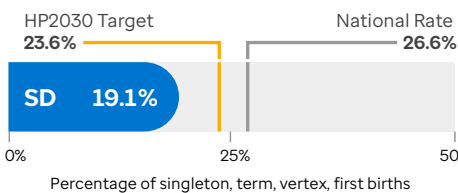
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

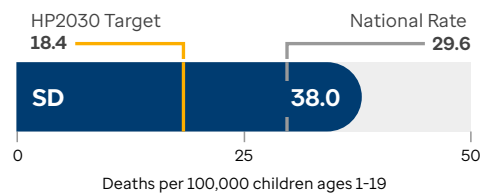
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low prevalence of excessive drinking among women
- High percentage of youth who are flourishing
- High prevalence of developmental screenings

Challenges

- High prevalence of frequent mental distress among women
- High prevalence of obesity among women
- High teen birth rate

Key Findings

Maternal Mortality

59%▲

from 26.4 to 42.1 deaths per 100,000 live births between 2015-2019 and 2019-2023.

Household Smoke

36%▼

from 20.8% to 13.4% of children ages 0-17 between 2020-2021 and 2023-2024.

Injury Deaths

28%▲

from 21.0 to 26.8 deaths per 100,000 children ages 1-19 between 2017-2019 and 2021-2023.

Poverty

15%▼

from 19.0% to 16.1% of women ages 18-44 between 2018 and 2023.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		40	-0.329	
Community and Family Safety	Firearm Deaths*	38	10.3	6.2
	Injury Deaths	45	85.3	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	31	24.3%	25.9%
	Food Insecurity	27	11.7%	12.2%
	Gender Pay Gap*	25	82.3%	81.1%
	Poverty	36	16.1%	14.9%
	Unemployment	24	3.2%	3.5%
Education	College Graduate	30	35.7%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	25	11.7%	12.1%
	Residential Segregation - Black/White	36	68	-
	Voter Participation	41	55.4%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		42	-0.613	
Community and Family Safety	Child Victimization*	16	4.9	7.4
	Firearm Deaths *	37	9.4	5.9
	Injury Deaths	41	26.8	18.7
Economic Resources	Children in Poverty	42	19.7%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	39	62.6%	66.6%
	Students Experiencing Homelessness	19	1.8%	2.4%
	WIC Coverage	41	41.6%	52.2%
Education	Early Childhood Education	44	38.8%	48.5%
	Fourth Grade Reading Proficiency	20	31.8%	30.5%
	High School Completion	35	90.1%	89.8%
Social Support and Engagement	Adult Mentor*	12	92.7%	88.0%
	Adverse Childhood Experiences	36	175%	14.1%
	Foster Care Instability	43	21.3%	15.2%
	High-Speed Internet	30	95.8%	96.0%
	Neighborhood Amenities	42	21.1%	38.2%
	Reading, Singing or Storytelling*	24	62.0%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		24	0.149	
Air and Water Quality	Air Pollution	26	77	8.6
	Drinking Water Violations	5	1.5	2.8
	Household Smoke	36	13.4%	10.3%
	Water Fluoridation	16	88.3%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	33	9.3	8.4
Housing and Transportation	Drive Alone to Work - Women	37	73.8%	67.3%
	Housing Cost Burden - Households with Children	19	26.2%	31.1%
	Housing with Lead Risk	15	11.3%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		41	-0.446	
Access to Care	Adequate Prenatal Care	40	73.7%	75.2%
	Avoided Care Due to Cost	39	19.2%	17.4%
	Maternity Care Desert*	38	8.3	3.7
	Uninsured	39	12.6%	10.8%
	Women's Health Providers	32	42.5	47.8
Preventive Clinical Care	Cervical Cancer Screening	41	48.7%	51.6%
	Dental Visit	41	61.2%	64.1%
	Flu Vaccination	42	29.2%	35.5%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	27	73.2%	72.7%
Quality of Care	Breastfeeding Initiation	37	82.4%	85.1%
	Dedicated Health Care Provider	38	77.1%	77.4%
	Low-Risk Cesarean Delivery	31	26.5%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		44	-0.734	
Nutrition and Physical Activity	Exercise	40	25.3%	27.6%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	41	24.6%	22.0%
Sexual Health	Chlamydia	21	1,375.3	1,481.2
	High-Risk HIV Behaviors	41	10.8%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	41	39.6%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	45	15.9%	11.2%
	Smoking	46	15.1%	9.9%
	Smoking During Pregnancy	40	6.0%	3.0%
Health Outcomes		50	-1.364	
Behavioral Health	Drug Deaths*	47	54.2	28.6
	Excessive Drinking	17	19.1%	19.5%
	Frequent Mental Distress	50	33.0%	23.6%
	Illicit Drug Use	35	11.8%	10.5%
	Postpartum Anxiety*	10	18.1%	20.3%
	Postpartum Depression*	28	12.5%	11.9%
Mortality	Maternal Mortality*	47	42.1	23.5
	Mortality Rate	43	1574	109.9
Physical Health	Depression*	48	42.4%	30.3%
	Diabetes*	44	5.1%	3.6%
	Frequent Physical Distress	46	11.9%	9.7%
	High Blood Pressure	42	15.1%	11.8%
	High Health Status*	42	49.3%	51.6%
	Multiple Chronic Conditions	50	8.8%	4.5%
	Obesity	50	43.4%	32.5%
	Severe Maternal Morbidity*	25	88.0	94.7
Overall - Women		45	-0.572	

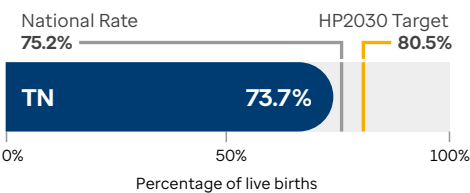
		State Rank	State Value	U.S. Value
Children				
Clinical Care		30	0.106	
Access to Care	ADD/ADHD Treatment	34	3.4%	3.4%
	Mental Health Treatment*	32	84.0%	83.3%
	Pediatricians	25	106.2	116.1
	Uninsured	32	5.6%	5.4%
Preventive Clinical Care	Childhood Immunizations	35	64.4%	66.9%
	HPV Vaccination	39	55.0%	61.4%
	Preventive Dental Visit	44	78.0%	80.2%
	Well-Child Visit	22	80.7%	79.6%
Quality of Care	Adequate Insurance	16	66.5%	64.6%
	Developmental Screening	3	52.6%	36.5%
	Medical Home	21	49.3%	45.5%
Behaviors		46	-0.852	
Nutrition and Physical Activity	Breastfed	36	25.5%	27.2%
	Physical Activity	39	18.1%	19.7%
	Soda Consumption*	21	15.5%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	45	20.4	13.1
Sleep Health	Adequate Sleep	43	60.0%	65.3%
	Sleep Position*	18	74.1%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	24	21.6%	16.8%
	Tobacco Use	39	2.3%	1.9%
Health Outcomes		31	-0.197	
Behavioral Health	Alcohol Use	6	5.7%	6.9%
	Flourishing	4	69.3%	66.7%
	Illicit Drug Use	14	6.8%	7.3%
	Mental Health Conditions	21	21.3%	20.5%
	Teen Suicide*	23	11.4	10.2
Mortality	Child Mortality	42	39.9	29.6
	Infant Mortality	37	6.6	5.6
	Neonatal Mortality*	22	3.6	3.6
Physical Health	Asthma	35	7.4%	6.8%
	Congenital Syphilis*	37	107.0	105.8
	High Health Status*	32	90.3%	89.9%
	Low Birth Weight	38	9.1%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	35	8.1	5.3
	Overweight or Obesity	41	34.0%	31.3%
Overall - Children		41	-0.328	

Overall - Women and Children 44 -0.503

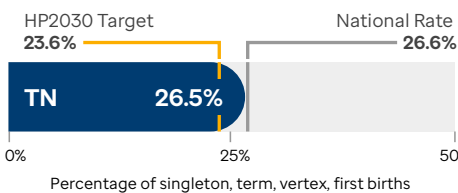
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

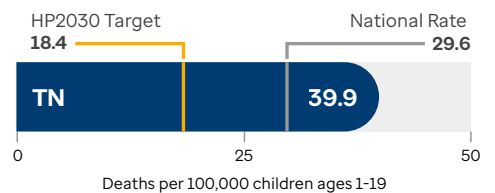
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low injury death rate among women
- Low prevalence of illicit drug use among adolescents
- Low prevalence of diagnosed mental health conditions among children

Challenges

- Low prevalence of high school completion
- High teen birth rate
- High prevalence of avoiding care due to cost among women

Key Findings

Maternal Mortality

44%▲

from 20.4 to 29.3 deaths per 100,000 live births between 2015-2019 and 2019-2023.

Firearm Deaths

39%▲

from 4.6 to 6.4 deaths per 100,000 children ages 1-19 between 2017-2019 and 2021-2023.

Smoking

30%▼

from 12.6% to 8.8% of women ages 18-44 between 2017-2018 and 2022-2023.

Early Childhood Education

8%▲

from 44.0% to 47.7% of children ages 3-4 between 2019 and 2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		43	-0.663	
Community and Family Safety	Firearm Deaths*	22	6.9	6.2
	Injury Deaths	9	40.0	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	47	35.6%	25.9%
	Food Insecurity	49	16.9%	12.2%
	Gender Pay Gap*	26	81.8%	81.1%
	Poverty	35	15.9%	14.9%
	Unemployment	44	4.1%	3.5%
Education	College Graduate	42	31.1%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	9	9.8%	12.1%
	Residential Segregation - Black/White	12	58	-
	Voter Participation	45	53.9%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		36	-0.327	
Community and Family Safety	Child Victimization*	23	7.2	7.4
	Firearm Deaths *	24	6.4	5.9
	Injury Deaths	26	19.3	18.7
Economic Resources	Children in Poverty	38	18.4%	16.0%
	Children in Poverty - Racial Disparity	21	3.2	3.0
	Food Sufficiency	37	62.9%	66.6%
	Students Experiencing Homelessness	19	1.8%	2.4%
	WIC Coverage	31	48.4%	52.2%
Education	Early Childhood Education	23	47.7%	48.5%
	Fourth Grade Reading Proficiency	40	27.5%	30.5%
	High School Completion	49	86.3%	89.8%
Social Support and Engagement	Adult Mentor*	48	83.9%	88.0%
	Adverse Childhood Experiences	13	12.8%	14.1%
	Foster Care Instability	37	18.9%	15.2%
	High-Speed Internet	30	95.8%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	31	34.0%	38.2%
		49	49.0%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		39	-0.088	
Air and Water Quality	Air Pollution	45	9.1	8.6
	Drinking Water Violations	46	3.5	2.8
	Household Smoke	6	8.0%	10.3%
	Water Fluoridation	30	70.7%	72.3%
Climate and Health	Climate Policies	27	1	-
	Transportation Energy Use*	40	10.9	8.4
Housing and Transportation	Drive Alone to Work - Women	23	69.5%	67.3%
	Housing Cost Burden - Households with Children	41	33.2%	31.1%
	Housing with Lead Risk	5	8.3%	16.4%

Measures

Women

		State Rank	State Value	U.S. Value
Clinical Care		49	-1.122	
Access to Care	Adequate Prenatal Care	46	68.8%	75.2%
	Avoided Care Due to Cost	50	27.6%	17.4%
	Maternity Care Desert*	26	3.9	3.7
	Uninsured	50	22.6%	10.8%
	Women's Health Providers	45	38.9	47.8
Preventive Clinical Care	Cervical Cancer Screening	44	46.9%	51.6%
	Dental Visit	49	56.8%	64.1%
	Flu Vaccination	43	28.6%	35.5%
	Postpartum Visit*	43	86.5%	90.3%
	Well-Woman Visit	47	66.2%	72.7%
Quality of Care	Breastfeeding Initiation	13	89.3%	85.1%
	Dedicated Health Care Provider	49	66.0%	77.4%
	Low-Risk Cesarean Delivery	38	27.8%	26.6%
	Maternity Practices Score	26	81	82
Behaviors		10	0.372	
Nutrition and Physical Activity	Exercise	5	31.3%	27.6%
	Fruit and Vegetable Consumption	13	10.6%	9.8%
	Physical Inactivity	45	25.6%	22.0%
Sexual Health	Chlamydia	26	1,428.1	1,481.2
	High-Risk HIV Behaviors	8	7.5%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	27	36.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	12	10.4%	11.2%
	Smoking	14	8.8%	9.9%
	Smoking During Pregnancy	2	1.0%	3.0%
Health Outcomes		11	0.339	
Behavioral Health	Drug Deaths*	3	15.3	28.6
	Excessive Drinking	20	19.5%	19.5%
	Frequent Mental Distress	16	23.0%	23.6%
	Illicit Drug Use	5	8.1%	10.5%
	Postpartum Anxiety*	13	18.7%	20.3%
	Postpartum Depression*	30	12.8%	11.9%
Mortality	Maternal Mortality*	33	29.3	23.5
	Mortality Rate	15	100.4	109.9
Physical Health	Depression*	10	27.2%	30.3%
	Diabetes*	43	4.9%	3.6%
	Frequent Physical Distress	11	8.8%	9.7%
	High Blood Pressure	24	11.3%	11.8%
	High Health Status*	49	47.3%	51.6%
	Multiple Chronic Conditions	4	3.5%	4.5%
	Obesity	23	33.7%	32.5%
Severe Maternal Morbidity*	14	79.8	94.7	
Overall - Women		34	-0.169	

Children

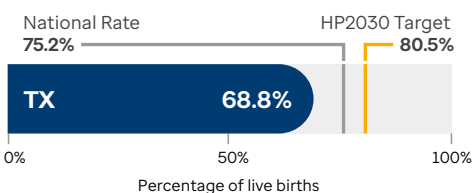
		State Rank	State Value	U.S. Value
Clinical Care		49	-0.898	
Access to Care	ADD/ADHD Treatment	39	3.1%	3.4%
	Mental Health Treatment*	44	79.2%	83.3%
	Pediatricians	35	87.7	116.1
	Uninsured	50	11.9%	5.4%
Preventive Clinical Care	Childhood Immunizations	28	66.8%	66.9%
	HPV Vaccination	38	57.5%	61.4%
	Preventive Dental Visit	41	78.6%	80.2%
	Well-Child Visit	45	76.6%	79.6%
Quality of Care	Adequate Insurance	50	56.7%	64.6%
	Developmental Screening	44	30.4%	36.5%
	Medical Home	49	38.5%	45.5%
Behaviors		36	-0.390	
Nutrition and Physical Activity	Breastfed	41	23.1%	27.2%
	Physical Activity	33	19.1%	19.7%
	Soda Consumption*	14	9.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	14	86.9%	85.6%
	Teen Births	43	19.4	13.1
Sleep Health	Adequate Sleep	28	65.7%	65.3%
	Sleep Position*	44	61.5%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	6	14.4%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		13	0.316	
Behavioral Health	Alcohol Use	11	6.2%	6.9%
	Flourishing	2	69.7%	66.7%
	Illicit Drug Use	5	6.1%	7.3%
	Mental Health Conditions	4	171%	20.5%
	Teen Suicide*	25	11.6	10.2
Mortality	Child Mortality	27	30.5	29.6
	Infant Mortality	24	5.8	5.6
	Neonatal Mortality*	27	3.8	3.6
Physical Health	Asthma	36	7.5%	6.8%
	Congenital Syphilis*	46	238.6	105.8
	High Health Status*	47	87.7%	89.9%
	Low Birth Weight	25	8.6%	8.6%
	Low Birth Weight - Racial Disparity	23	2.0	2.1
	Neonatal Abstinence Syndrome*	5	2.4	5.3
	Overweight or Obesity	30	31.7%	31.3%
Overall - Children		37	-0.210	

Overall - Women and Children 36 -0.201

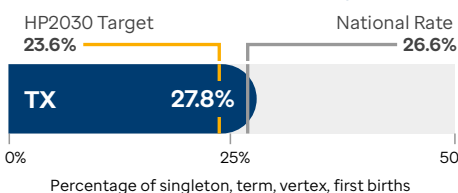
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

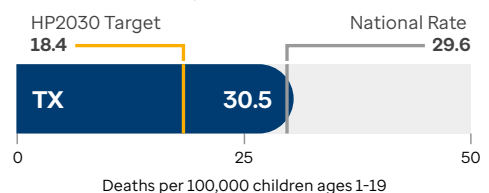
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low percentage of children in poverty
- Low prevalence of alcohol use among adolescents
- High prevalence of exercise among women

Challenges

- Low percentage of youth who are flourishing
- Low prevalence of physical activity among children
- Low prevalence of well-woman visits

Key Findings

Asthma

71%▲

from 4.1% to 7.0% of children ages 0-17 between 2018-2019 and 2023-2024.

Frequent Physical Distress

38%▲

from 8.0% to 11.0% of women ages 18-44 between 2019-2020 and 2022-2023.

Injury Deaths

15%▼

from 44.6 to 37.8 deaths per 100,000 women ages 20-44 between 2015-2017 and 2021-2023.

Infant Mortality

6%▼

from 5.4 to 5.1 deaths per 1,000 live births between 2019-2020 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		20	0.357	
Community and Family Safety	Firearm Deaths*	8	4.6	6.2
	Injury Deaths	7	37.8	51.9
	Intimate Partner Violence Before Pregnancy*	6	1.8%	-
Economic Resources	Concentrated Disadvantage	4	6.6%	25.9%
	Food Insecurity	28	11.8%	12.2%
	Gender Pay Gap*	49	72.6%	81.1%
	Poverty	6	11.5%	14.9%
	Unemployment	11	2.8%	3.5%
Education	College Graduate	32	35.5%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	24	11.6%	12.1%
	Residential Segregation - Black/White	40	71	-
	Voter Participation	25	60.5%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		7	0.633	
Community and Family Safety	Child Victimization*	29	9.3	7.4
	Firearm Deaths *	8	3.6	5.9
	Injury Deaths	9	15.5	18.7
Economic Resources	Children in Poverty	4	9.5%	16.0%
	Children in Poverty - Racial Disparity	36	4.0	3.0
	Food Sufficiency	15	69.3%	66.6%
	Students Experiencing Homelessness	16	1.7%	2.4%
	WIC Coverage	42	40.0%	52.2%
Education	Early Childhood Education	24	47.6%	48.5%
	Fourth Grade Reading Proficiency	3	36.3%	30.5%
	High School Completion	13	93.1%	89.8%
Social Support and Engagement	Adult Mentor*	18	91.7%	88.0%
	Adverse Childhood Experiences	9	12.5%	14.1%
	Foster Care Instability	25	15.1%	15.2%
	High-Speed Internet	7	97.3%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	5	52.7%	38.2%
		17	63.8%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		10	0.364	
Air and Water Quality	Air Pollution	32	8.2	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	1	4.7%	10.3%
	Water Fluoridation	43	43.6%	72.3%
Climate and Health	Climate Policies	27	1	-
	Transportation Energy Use*	23	8.3	8.4
Housing and Transportation	Drive Alone to Work - Women	14	65.5%	67.3%
	Housing Cost Burden - Households with Children	28	28.3%	31.1%
	Housing with Lead Risk	10	9.9%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		29	0.256	
Access to Care	Adequate Prenatal Care	13	80.8%	75.2%
	Avoided Care Due to Cost	36	17.8%	17.4%
	Maternity Care Desert*	12	0.7	3.7
	Uninsured	28	9.1%	10.8%
	Women's Health Providers	18	54.0	47.8
Preventive Clinical Care	Cervical Cancer Screening	39	49.0%	51.6%
	Dental Visit	5	70.7%	64.1%
	Flu Vaccination	25	36.8%	35.5%
	Postpartum Visit*	18	92.2%	90.3%
	Well-Woman Visit	45	67.2%	72.7%
Quality of Care	Breastfeeding Initiation	23	86.3%	85.1%
	Dedicated Health Care Provider	35	77.4%	77.4%
	Low-Risk Cesarean Delivery	4	20.5%	26.6%
	Maternity Practices Score	34	78	82
Behaviors		1	1.168	
Nutrition and Physical Activity	Exercise	4	31.9%	27.6%
	Fruit and Vegetable Consumption	33	8.1%	9.8%
	Physical Inactivity	1	13.8%	22.0%
Sexual Health	Chlamydia	5	875.3	1,481.2
	High-Risk HIV Behaviors	2	6.8%	9.3%
	Unintended Pregnancy*	7	19.5%	–
Sleep Health	Insufficient Sleep	16	34.1%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	4	8.8%	11.2%
	Smoking	1	4.4%	9.9%
	Smoking During Pregnancy	5	1.3%	3.0%
Health Outcomes		6	0.482	
Behavioral Health	Drug Deaths*	7	18.2	28.6
	Excessive Drinking	1	13.1%	19.5%
	Frequent Mental Distress	25	24.3%	23.6%
	Illicit Drug Use	22	10.5%	10.5%
	Postpartum Anxiety*	38	25.2%	20.3%
	Postpartum Depression*	42	15.7%	11.9%
Mortality	Maternal Mortality*	4	16.1	23.5
	Mortality Rate	2	81.1	109.9
Physical Health	Depression*	44	39.9%	30.3%
	Diabetes*	3	2.5%	3.6%
	Frequent Physical Distress	36	11.0%	9.7%
	High Blood Pressure	3	9.0%	11.8%
	High Health Status*	5	56.3%	51.6%
	Multiple Chronic Conditions	19	4.4%	4.5%
	Obesity	7	28.0%	32.5%
	Severe Maternal Morbidity*	2	60.1	94.7
Overall – Women		4	0.557	

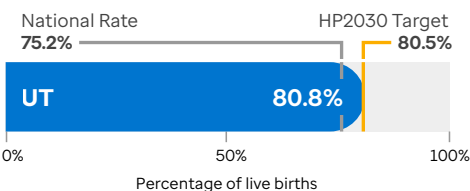
		State Rank	State Value	U.S. Value
Children				
Clinical Care		25	0.182	
Access to Care	ADD/ADHD Treatment	36	3.3%	3.4%
	Mental Health Treatment*	45	78.3%	83.3%
	Pediatricians	41	83.9	116.1
	Uninsured	39	6.6%	5.4%
Preventive Clinical Care	Childhood Immunizations	8	74.0%	66.9%
	HPV Vaccination	29	61.2%	61.4%
	Preventive Dental Visit	18	83.0%	80.2%
	Well-Child Visit	33	78.7%	79.6%
Quality of Care	Adequate Insurance	47	60.4%	64.6%
	Developmental Screening	23	40.4%	36.5%
	Medical Home	3	53.9%	45.5%
Behaviors		12	0.546	
Nutrition and Physical Activity	Breastfed	30	26.8%	27.2%
	Physical Activity	49	15.7%	19.7%
	Soda Consumption*	5	6.9%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	10	8.7	13.1
Sleep Health	Adequate Sleep	6	71.9%	65.3%
	Sleep Position*	6	79.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	1	5.7%	16.8%
	Tobacco Use	1	0.9%	1.9%
Health Outcomes		4	0.596	
Behavioral Health	Alcohol Use	1	2.9%	6.9%
	Flourishing	49	62.3%	66.7%
	Illicit Drug Use	1	4.5%	7.3%
	Mental Health Conditions	41	24.8%	20.5%
	Teen Suicide*	36	14.7	10.2
Mortality	Child Mortality	11	25.7	29.6
	Infant Mortality	16	5.1	5.6
	Neonatal Mortality*	25	3.7	3.6
Physical Health	Asthma	30	7.0%	6.8%
	Congenital Syphilis*	14	35.0	105.8
	High Health Status*	6	92.7%	89.9%
	Low Birth Weight	10	7.4%	8.6%
	Low Birth Weight – Racial Disparity	6	1.6	2.1
	Neonatal Abstinence Syndrome*	15	4.9	5.3
	Overweight or Obesity	2	24.6%	31.3%
Overall – Children		6	0.511	

Overall – Women and Children **5 0.550**

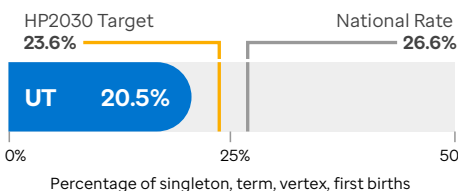
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Healthy People 2030 (HP2030) Targets

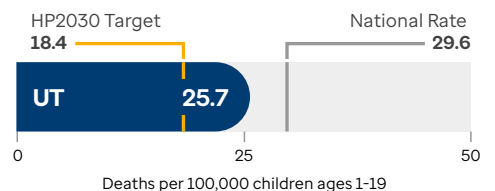
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of insufficient sleep among women
- High WIC coverage among eligible children under 4
- High percentage of women receiving early and adequate prenatal care

Challenges

- High prevalence of frequent mental distress among women
- High prevalence of diagnosed mental health conditions among children
- High prevalence of alcohol use among adolescents

Key Findings

Developmental Screening

50%▲

from 43.8% to 65.6% of children ages 9-35 months between 2021-2022 and 2023-2024.

Injury Deaths

49%▲

from 40.5 to 60.5 deaths per 100,000 women ages 20-44 between 2015-2017 and 2021-2023.

Flu Vaccination

37%▲

from 35.8% to 49.1% of women ages 18-44 between 2018-2019 and 2022-2023.

Flourishing

12%▼

from 74.1% to 65.5% of children ages 0-17 between 2018-2019 and 2023-2024.

Measures

Women		State Rank	State Value	U.S. Value
Social and Economic Factors		2	1.151	
Community and Family Safety	Firearm Deaths*	–	–	6.2
	Injury Deaths	32	60.5	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	1	3.1%	25.9%
	Food Insecurity	5	9.2%	12.2%
	Gender Pay Gap*	2	87.7%	81.1%
	Poverty	16	13.2%	14.9%
	Unemployment	2	1.7%	3.5%
Education	College Graduate	2	50.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	37	14.0%	12.1%
	Residential Segregation - Black/White	20	62	–
	Voter Participation	7	67.5%	60.0%

Children		State Rank	State Value	U.S. Value
Social and Economic Factors		8	0.623	
Community and Family Safety	Child Victimization*	20	5.8	7.4
	Firearm Deaths *	–	–	5.9
	Injury Deaths	12	16.4	18.7
Economic Resources	Children in Poverty	3	9.0%	16.0%
	Children in Poverty - Racial Disparity	30	3.7	3.0
	Food Sufficiency	4	72.8%	66.6%
	Students Experiencing Homelessness	12	1.6%	2.4%
	WIC Coverage	1	72.9%	52.2%
Education	Early Childhood Education	4	63.5%	48.5%
	Fourth Grade Reading Proficiency	27	30.5%	30.5%
	High School Completion	1	95.5%	89.8%
Social Support and Engagement	Adult Mentor*	11	92.9%	88.0%
	Adverse Childhood Experiences	24	15.2%	14.1%
	Foster Care Instability	49	24.7%	15.2%
	High-Speed Internet	28	95.9%	96.0%
	Neighborhood Amenities	34	31.9%	38.2%
	Reading, Singing or Storytelling*	1	74.9%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		11	0.363	
Air and Water Quality	Air Pollution	5	5.9	8.6
	Drinking Water Violations	31	2.2	2.8
	Household Smoke	30	12.4%	10.3%
	Water Fluoridation	38	56.7%	72.3%
Climate and Health	Climate Policies	1	4	–
	Transportation Energy Use*	6	6.6	8.4
Housing and Transportation	Drive Alone to Work - Women	13	65.2%	67.3%
	Housing Cost Burden - Households with Children	21	26.7%	31.1%
	Housing with Lead Risk	39	21.8%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		1	1.432	
Access to Care	Adequate Prenatal Care	1	87.5%	75.2%
	Avoided Care Due to Cost	3	11.0%	17.4%
	Maternity Care Desert*	12	0.7	3.7
	Uninsured	2	3.9%	10.8%
	Women's Health Providers	4	69.3	47.8
Preventive Clinical Care	Cervical Cancer Screening	9	56.4%	51.6%
	Dental Visit	14	67.6%	64.1%
	Flu Vaccination	3	49.1%	35.5%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	17	74.9%	72.7%
Quality of Care	Breastfeeding Initiation	6	91.8%	85.1%
	Dedicated Health Care Provider	2	89.7%	77.4%
	Low-Risk Cesarean Delivery	13	23.7%	26.6%
	Maternity Practices Score	2	90	82
Behaviors		7	0.528	
Nutrition and Physical Activity	Exercise	6	31.0%	27.6%
	Fruit and Vegetable Consumption	1	16.8%	9.8%
	Physical Inactivity	5	16.2%	22.0%
Sexual Health	Chlamydia	3	679.1	1,481.2
	High-Risk HIV Behaviors	46	11.7%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	1	28.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	15	10.8%	11.2%
	Smoking	25	11.6%	9.9%
	Smoking During Pregnancy	47	7.4%	3.0%
Health Outcomes		32	-0.421	
Behavioral Health	Drug Deaths*	40	41.8	28.6
	Excessive Drinking	42	23.1%	19.5%
	Frequent Mental Distress	40	27.4%	23.6%
	Illicit Drug Use	48	17.2%	10.5%
	Postpartum Anxiety*	24	21.3%	20.3%
	Postpartum Depression*	3	8.4%	11.9%
Mortality	Maternal Mortality*	–	–	23.5
	Mortality Rate	23	112.0	109.9
Physical Health	Depression*	46	40.0%	30.3%
	Diabetes*	23	3.2%	3.6%
	Frequent Physical Distress	29	10.5%	9.7%
	High Blood Pressure	8	9.7%	11.8%
	High Health Status*	4	56.4%	51.6%
	Multiple Chronic Conditions	28	5.2%	4.5%
	Obesity	5	27.0%	32.5%
Severe Maternal Morbidity*	47	144.2	94.7	
Overall - Women		3	0.561	

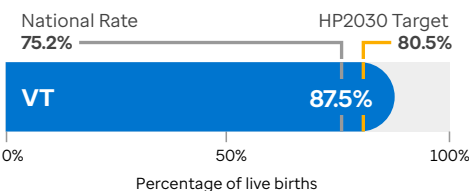
		State Rank	State Value	U.S. Value
Children				
Clinical Care		1	1.542	
Access to Care	ADD/ADHD Treatment	26	3.7%	3.4%
	Mental Health Treatment*	25	85.2%	83.3%
	Pediatricians	7	152.4	116.1
	Uninsured	2	2.1%	5.4%
Preventive Clinical Care	Childhood Immunizations	6	75.6%	66.9%
	HPV Vaccination	15	68.3%	61.4%
	Preventive Dental Visit	2	87.9%	80.2%
	Well-Child Visit	1	92.0%	79.6%
Quality of Care	Adequate Insurance	2	72.7%	64.6%
	Developmental Screening	1	65.6%	36.5%
	Medical Home	1	57.8%	45.5%
Behaviors		1	1.562	
Nutrition and Physical Activity	Breastfed	3	38.1%	27.2%
	Physical Activity	3	25.7%	19.7%
Sexual Health	Soda Consumption*	–	–	7.5%
	Dual Contraceptive Nonuse*	2	72.1%	85.6%
Teen Births	Teen Births	2	5.7	13.1
	Adequate Sleep	3	72.9%	65.3%
Sleep Health	Sleep Position*	3	80.8%	69.0%
	Smoking and Tobacco Use	Electronic Vapor Product Use*	11	16.1%
Tobacco Use		3	1.5%	1.9%
Health Outcomes		28	-0.111	
Behavioral Health	Alcohol Use	50	9.6%	6.9%
	Flourishing	31	65.5%	66.7%
	Illicit Drug Use	48	10.3%	7.3%
	Mental Health Conditions	49	28.0%	20.5%
	Teen Suicide*	–	–	10.2
Mortality	Child Mortality	9	24.8	29.6
	Infant Mortality	4	4.1	5.6
	Neonatal Mortality*	2	2.1	3.6
Physical Health	Asthma	43	8.3%	6.8%
	Congenital Syphilis*	1	0.0	105.8
	High Health Status*	5	92.8%	89.9%
	Low Birth Weight	5	7.1%	8.6%
	Low Birth Weight - Racial Disparity	1	1.2	2.1
	Neonatal Abstinence Syndrome*	46	17.2	5.3
	Overweight or Obesity	8	27.9%	31.3%
Overall - Children		3	0.643	

Overall - Women and Children **2 0.628**

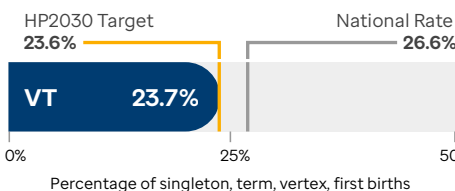
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

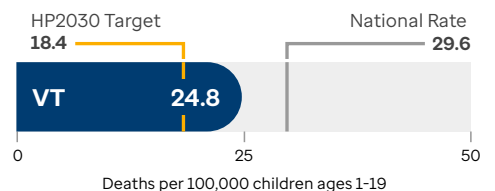
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of overweight or obesity among children
- High percentage of women who are college graduates
- High prevalence of food sufficiency among children

Challenges

- High prevalence of high blood pressure among women
- High prevalence of diagnosed mental health conditions among children
- High prevalence of alcohol use among adolescents

Key Findings

Maternal Mortality

95%▲

from 17.1 to 33.4 deaths per 100,000 live births between 2014-2018 and 2019-2023.

Household Smoke

45%▼

from 16.6% to 9.1% of children ages 0-17 between 2018-2019 and 2023-2024.

Firearm Deaths

43%▲

from 4.4 to 6.3 deaths per 100,000 children ages 1-19 between 2016-2018 and 2021-2023.

Uninsured Women

27%▼

from 11.9% to 8.7% of women ages 19-44 between 2018 and 2023.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		6	0.929	
Community and Family Safety	Firearm Deaths*	16	5.8	6.2
	Injury Deaths	15	479	51.9
	Intimate Partner Violence Before Pregnancy*	4	16%	–
Economic Resources	Concentrated Disadvantage	16	15.3%	25.9%
	Food Insecurity	13	10.0%	12.2%
	Gender Pay Gap*	35	80.4%	81.1%
	Poverty	10	12.6%	14.9%
	Unemployment	11	2.8%	3.5%
Education	College Graduate	6	45.0%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	20	11.4%	12.1%
	Residential Segregation - Black/White	4	52	–
	Voter Participation	15	63.7%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		13	0.436	
Community and Family Safety	Child Victimization*	4	2.3	7.4
	Firearm Deaths *	23	6.3	5.9
	Injury Deaths	18	172	18.7
Economic Resources	Children in Poverty	16	12.7%	16.0%
	Children in Poverty - Racial Disparity	16	3.0	3.0
	Food Sufficiency	1	76.2%	66.6%
	Students Experiencing Homelessness	7	1.3%	2.4%
	WIC Coverage	29	48.9%	52.2%
Education	Early Childhood Education	19	49.2%	48.5%
	Fourth Grade Reading Proficiency	25	30.7%	30.5%
	High School Completion	25	91.4%	89.8%
Social Support and Engagement	Adult Mentor*	18	91.7%	88.0%
	Adverse Childhood Experiences	9	12.5%	14.1%
	Foster Care Instability	19	13.7%	15.2%
	High-Speed Internet	26	96.1%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	5	68.8%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		2	0.649	
Air and Water Quality	Air Pollution	14	6.9	8.6
	Drinking Water Violations	20	1.9	2.8
	Household Smoke	12	9.1%	10.3%
	Water Fluoridation	5	95.6%	72.3%
Climate and Health	Climate Policies	13	3	–
	Transportation Energy Use*	28	8.7	8.4
Housing and Transportation	Drive Alone to Work - Women	16	67.1%	67.3%
	Housing Cost Burden - Households with Children	29	28.8%	31.1%
	Housing with Lead Risk	19	12.8%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		25	0.363	
Access to Care	Adequate Prenatal Care	16	79.5%	75.2%
	Avoided Care Due to Cost	27	16.2%	17.4%
	Maternity Care Desert*	39	8.6	3.7
	Uninsured	26	8.7%	10.8%
	Women's Health Providers	24	475	478
Preventive Clinical Care	Cervical Cancer Screening	32	51.0%	51.6%
	Dental Visit	10	68.3%	64.1%
	Flu Vaccination	20	38.9%	35.5%
	Postpartum Visit*	24	91.3%	90.3%
	Well-Woman Visit	19	74.8%	72.7%
Quality of Care	Breastfeeding Initiation	13	89.3%	85.1%
	Dedicated Health Care Provider	33	77.6%	77.4%
	Low-Risk Cesarean Delivery	29	26.2%	26.6%
	Maternity Practices Score	24	82	82
	Behaviors		18	0.145
Nutrition and Physical Activity	Exercise	21	28.3%	27.6%
	Fruit and Vegetable Consumption	27	9.0%	9.8%
	Physical Inactivity	27	21.3%	22.0%
Sexual Health	Chlamydia	29	1,481.6	1,481.2
	High-Risk HIV Behaviors	17	9.0%	9.3%
	Unintended Pregnancy*	23	39.2%	-
Sleep Health	Insufficient Sleep	28	36.7%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	18	11.1%	11.2%
	Smoking	7	7.7%	9.9%
	Smoking During Pregnancy	15	2.7%	3.0%
Health Outcomes		24	-0.245	
Behavioral Health	Drug Deaths*	23	28.1	28.6
	Excessive Drinking	31	20.5%	19.5%
	Frequent Mental Distress	34	25.8%	23.6%
	Illicit Drug Use	16	10.0%	10.5%
	Postpartum Anxiety*	31	24.1%	20.3%
	Postpartum Depression*	33	13.1%	11.9%
Mortality	Maternal Mortality*	41	33.4	23.5
	Mortality Rate	18	104.7	109.9
Physical Health	Depression*	20	31.4%	30.3%
	Diabetes*	22	3.1%	3.6%
	Frequent Physical Distress	18	9.4%	9.7%
	High Blood Pressure	41	14.2%	11.8%
	High Health Status*	18	54.4%	51.6%
	Multiple Chronic Conditions	26	5.0%	4.5%
	Obesity	26	34.4%	32.5%
	Severe Maternal Morbidity*	18	83.8	94.7
Overall - Women		11	0.355	

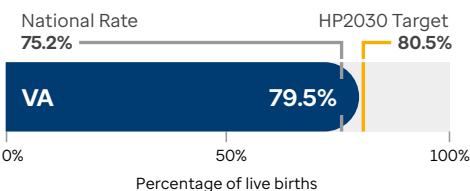
		State Rank	State Value	U.S. Value
Children				
Clinical Care		27	0.141	
Access to Care	ADD/ADHD Treatment	36	3.3%	3.4%
	Mental Health Treatment*	1	93.0%	83.3%
	Pediatricians	23	111.4	116.1
	Uninsured	25	4.6%	5.4%
Preventive Clinical Care	Childhood Immunizations	24	67.8%	66.9%
	HPV Vaccination	27	62.9%	61.4%
	Preventive Dental Visit	32	79.4%	80.2%
	Well-Child Visit	22	80.7%	79.6%
Quality of Care	Adequate Insurance	14	67.2%	64.6%
	Developmental Screening	37	35.4%	36.5%
	Medical Home	35	46.5%	45.5%
Behaviors		26	0.172	
Nutrition and Physical Activity	Breastfed	17	28.4%	27.2%
	Physical Activity	32	19.6%	19.7%
	Soda Consumption*	11	9.1%	7.5%
Sexual Health	Dual Contraceptive Nonuse*	16	88.3%	85.6%
	Teen Births	19	10.9	13.1
Sleep Health	Adequate Sleep	31	65.2%	65.3%
	Sleep Position*	33	68.0%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	3	8.1%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		27	-0.110	
Behavioral Health	Alcohol Use	33	7.8%	6.9%
	Flourishing	22	66.3%	66.7%
	Illicit Drug Use	33	7.9%	7.3%
	Mental Health Conditions	37	24.4%	20.5%
	Teen Suicide*	18	10.8	10.2
Mortality	Child Mortality	20	28.5	29.6
	Infant Mortality	29	6.0	5.6
	Neonatal Mortality*	35	4.0	3.6
Physical Health	Asthma	18	6.4%	6.8%
	Congenital Syphilis*	9	22.0	105.8
	High Health Status*	20	91.1%	89.9%
	Low Birth Weight	23	8.4%	8.6%
	Low Birth Weight - Racial Disparity	30	2.1	2.1
	Neonatal Abstinence Syndrome*	17	5.0	5.3
	Overweight or Obesity	5	27.1%	31.3%
Overall - Children		16	0.271	

Overall - Women and Children **16 0.277**

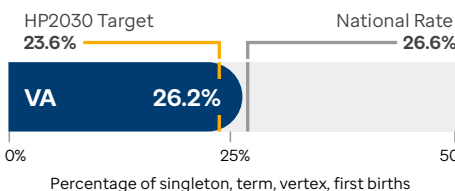
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

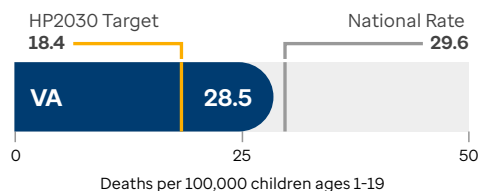
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).

Summary

Strengths

- Low prevalence of asthma among children
- Low percentage of low birth weight infants
- Low prevalence of physical inactivity among women

Challenges

- High prevalence of public school students experiencing homelessness
- Low percentage of women receiving early and adequate prenatal care
- Low prevalence of well-woman visits

Key Findings

Injury Deaths

54% ▲

from 30.1 to 46.3 deaths per 100,000 women ages 20-44 between 2017-2019 and 2021-2023.

Child Mortality

20% ▲

from 22.5 to 27.0 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Children in Poverty

15% ▼

from 14.3% to 12.2% of children ages 0-17 between 2017 and 2023.

Well-Woman Visit

5% ▲

from 64.9% to 68.4% of women ages 18-44 between 2020-2021 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		10	0.569	
Community and Family Safety	Firearm Deaths*	8	4.6	6.2
	Injury Deaths	14	46.3	51.9
	Intimate Partner Violence Before Pregnancy*	9	2.3%	-
Economic Resources	Concentrated Disadvantage	17	16.2%	25.9%
	Food Insecurity	7	9.5%	12.2%
	Gender Pay Gap*	37	78.9%	81.1%
	Poverty	14	13.0%	14.9%
	Unemployment	40	3.8%	3.5%
Education	College Graduate	13	40.4%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	43	14.7%	12.1%
	Residential Segregation - Black/White	16	60	-
	Voter Participation	9	66.6%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		14	0.382	
Community and Family Safety	Child Victimization*	3	1.9	7.4
	Firearm Deaths *	9	3.9	5.9
	Injury Deaths	21	179	18.7
Economic Resources	Children in Poverty	12	12.2%	16.0%
	Children in Poverty - Racial Disparity	6	2.7	3.0
	Food Sufficiency	9	71.4%	66.6%
	Students Experiencing Homelessness	46	3.5%	2.4%
	WIC Coverage	24	52.4%	52.2%
Education	Early Childhood Education	21	48.4%	48.5%
	Fourth Grade Reading Proficiency	16	32.0%	30.5%
	High School Completion	16	92.4%	89.8%
Social Support and Engagement	Adult Mentor*	35	88.3%	88.0%
	Adverse Childhood Experiences	6	12.3%	14.1%
	Foster Care Instability	24	14.9%	15.2%
	High-Speed Internet	5	97.5%	96.0%
	Neighborhood Amenities	20	38.6%	38.2%
	Reading, Singing or Storytelling*	4	69.0%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		7	0.431	
Air and Water Quality	Air Pollution	32	8.2	8.6
	Drinking Water Violations	34	2.3	2.8
	Household Smoke	7	8.1%	10.3%
	Water Fluoridation	33	64.4%	72.3%
Climate and Health	Climate Policies	1	4	-
	Transportation Energy Use*	22	8.1	8.4
Housing and Transportation	Drive Alone to Work - Women	6	63.3%	67.3%
	Housing Cost Burden - Households with Children	38	31.5%	31.1%
	Housing with Lead Risk	22	13.8%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		22	0.414	
Access to Care	Adequate Prenatal Care	44	71.1%	75.2%
	Avoided Care Due to Cost	23	15.1%	17.4%
	Maternity Care Desert*	16	1.1	3.7
	Uninsured	20	8.2%	10.8%
	Women's Health Providers	14	576	478
Preventive Clinical Care	Cervical Cancer Screening	26	52.3%	51.6%
	Dental Visit	14	67.6%	64.1%
	Flu Vaccination	11	41.6%	35.5%
	Postpartum Visit*	27	91.0%	90.3%
	Well-Woman Visit	44	68.4%	72.7%
Quality of Care	Breastfeeding Initiation	2	92.6%	85.1%
	Dedicated Health Care Provider	23	81.6%	77.4%
	Low-Risk Cesarean Delivery	29	26.2%	26.6%
	Maternity Practices Score	11	86	82
Behaviors		3	0.759	
Nutrition and Physical Activity	Exercise	16	29.3%	27.6%
	Fruit and Vegetable Consumption	5	12.3%	9.8%
	Physical Inactivity	6	16.3%	22.0%
Sexual Health	Chlamydia	8	1,025.3	1,481.2
	High-Risk HIV Behaviors	15	8.8%	9.3%
	Unintended Pregnancy*	12	20.2%	-
Sleep Health	Insufficient Sleep	11	33.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	14	10.7%	11.2%
	Smoking	5	7.4%	9.9%
	Smoking During Pregnancy	15	2.7%	3.0%
Health Outcomes		20	-0.137	
Behavioral Health	Drug Deaths*	18	25.9	28.6
	Excessive Drinking	24	19.6%	19.5%
	Frequent Mental Distress	35	25.9%	23.6%
	Illicit Drug Use	42	13.0%	10.5%
	Postpartum Anxiety*	13	18.7%	20.3%
	Postpartum Depression*	6	9.5%	11.9%
Mortality	Maternal Mortality*	9	17.3	23.5
	Mortality Rate	16	101.7	109.9
Physical Health	Depression*	31	36.3%	30.3%
	Diabetes*	7	2.7%	3.6%
	Frequent Physical Distress	35	10.8%	9.7%
	High Blood Pressure	10	9.9%	11.8%
	High Health Status*	25	52.3%	51.6%
	Multiple Chronic Conditions	22	4.7%	4.5%
	Obesity	14	30.9%	32.5%
	Severe Maternal Morbidity*	32	100.5	94.7
Overall - Women		10	0.411	

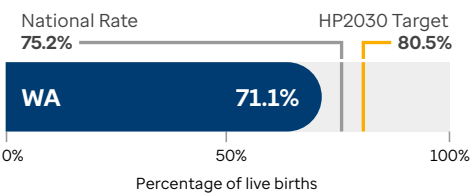
		State Rank	State Value	U.S. Value
Children				
Clinical Care		12	0.496	
Access to Care	ADD/ADHD Treatment	45	2.5%	3.4%
	Mental Health Treatment*	43	79.4%	83.3%
	Pediatricians	17	122.4	116.1
	Uninsured	10	3.3%	5.4%
Preventive Clinical Care	Childhood Immunizations	9	72.4%	66.9%
	HPV Vaccination	22	65.2%	61.4%
	Preventive Dental Visit	5	86.4%	80.2%
	Well-Child Visit	26	80.1%	79.6%
Quality of Care	Adequate Insurance	9	68.7%	64.6%
	Developmental Screening	30	37.4%	36.5%
	Medical Home	41	44.6%	45.5%
Behaviors		8	0.684	
Nutrition and Physical Activity	Breastfed	4	36.5%	27.2%
	Physical Activity	43	17.4%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	13	9.7	13.1
Sleep Health	Adequate Sleep	13	70.4%	65.3%
	Sleep Position*	26	70.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	6	1.6%	1.9%
Health Outcomes		7	0.494	
Behavioral Health	Alcohol Use	35	7.9%	6.9%
	Flourishing	14	67.0%	66.7%
	Illicit Drug Use	40	8.3%	7.3%
	Mental Health Conditions	18	20.6%	20.5%
	Teen Suicide*	31	12.4	10.2
Mortality	Child Mortality	15	27.0	29.6
	Infant Mortality	13	4.7	5.6
	Neonatal Mortality*	9	3.0	3.6
Physical Health	Asthma	2	4.7%	6.8%
	Congenital Syphilis*	26	68.4	105.8
	High Health Status*	28	90.5%	89.9%
	Low Birth Weight	4	7.0%	8.6%
	Low Birth Weight - Racial Disparity	8	1.7	2.1
	Neonatal Abstinence Syndrome*	39	10.5	5.3
Overweight or Obesity	11	28.7%	31.3%	
Overall - Children		8	0.473	

Overall - Women and Children **10 0.445**

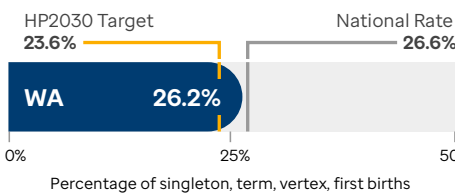
* Additional unweighted measure (not included in the overall score/rank).
 - Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

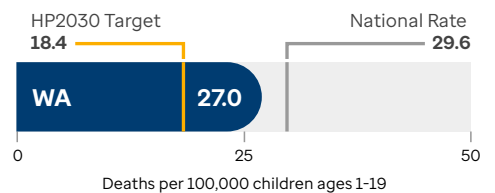
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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Summary

Strengths

- Low prevalence of excessive drinking among women
- High prevalence of physical activity among children
- High prevalence of developmental screenings

Challenges

- High mortality rate among women
- High prevalence of adverse childhood experiences (ACEs) among children
- High prevalence of tobacco use among adolescents

Key Findings

Depression

24% ▲

from 34.3% to 42.5% of women ages 18-44 between 2017-2018 and 2022-2023.

Smoking

22% ▼

from 29.7% to 23.3% of women ages 18-44 between 2018-2019 and 2022-2023.

Food Sufficiency

19% ▼

from 67.8% to 54.8% of children ages 0-17 between 2020-2021 and 2023-2024.

Infant Mortality

8% ▼

from 7.1 to 6.5 deaths per 1,000 live births between 2020-2021 and 2022-2023.

Measures

		State Rank	State Value	U.S. Value
Women				
Social and Economic Factors		48	-0.949	
Community and Family Safety	Firearm Deaths*	25	71	6.2
	Injury Deaths	50	121.6	51.9
	Intimate Partner Violence Before Pregnancy*	–	–	–
Economic Resources	Concentrated Disadvantage	39	28.1%	25.9%
	Food Insecurity	43	13.7%	12.2%
	Gender Pay Gap*	40	78.1%	81.1%
	Poverty	49	22.3%	14.9%
	Unemployment	24	3.2%	3.5%
Education	College Graduate	50	26.5%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	12	10.4%	12.1%
	Residential Segregation - Black/White	19	61	–
	Voter Participation	49	49.6%	60.0%

		State Rank	State Value	U.S. Value
Children				
Social and Economic Factors		45	-0.799	
Community and Family Safety	Child Victimization*	45	13.8	7.4
	Firearm Deaths *	7	3.4	5.9
	Injury Deaths	18	172	18.7
Economic Resources	Children in Poverty	43	20.1%	16.0%
	Children in Poverty - Racial Disparity	1	1.9	3.0
	Food Sufficiency	48	54.8%	66.6%
	Students Experiencing Homelessness	47	3.6%	2.4%
	WIC Coverage	13	58.8%	52.2%
Education	Early Childhood Education	45	38.7%	48.5%
	Fourth Grade Reading Proficiency	46	24.6%	30.5%
	High School Completion	43	89.0%	89.8%
Social Support and Engagement	Adult Mentor*	5	94.4%	88.0%
	Adverse Childhood Experiences	48	22.5%	14.1%
	Foster Care Instability	4	9.3%	15.2%
	High-Speed Internet	23	96.2%	96.0%
	Neighborhood Amenities Reading, Singing or Storytelling*	47	19.1%	38.2%
		36	58.0%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		46	-0.266	
Air and Water Quality	Air Pollution	21	75	8.6
	Drinking Water Violations	42	3.1	2.8
	Household Smoke	50	21.9%	10.3%
	Water Fluoridation	13	90.5%	72.3%
Climate and Health	Climate Policies	38	0	–
	Transportation Energy Use*	43	11.2	8.4
Housing and Transportation	Drive Alone to Work - Women	46	76.3%	67.3%
	Housing Cost Burden - Households with Children	2	20.5%	31.1%
	Housing with Lead Risk	34	19.8%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		38	-0.073	
Access to Care	Adequate Prenatal Care	10	82.1%	75.2%
	Avoided Care Due to Cost	25	15.8%	17.4%
	Maternity Care Desert*	48	175	3.7
	Uninsured	24	8.6%	10.8%
	Women's Health Providers	41	41.1	47.8
Preventive Clinical Care	Cervical Cancer Screening	22	53.0%	51.6%
	Dental Visit	39	62.0%	64.1%
	Flu Vaccination	37	31.7%	35.5%
	Postpartum Visit*	30	90.0%	90.3%
	Well-Woman Visit	13	76.1%	72.7%
Quality of Care	Breastfeeding Initiation	47	71.1%	85.1%
	Dedicated Health Care Provider	15	83.4%	77.4%
	Low-Risk Cesarean Delivery	44	29.2%	26.6%
	Maternity Practices Score	40	76	82
Behaviors		46	-0.812	
Nutrition and Physical Activity	Exercise	47	22.1%	27.6%
	Fruit and Vegetable Consumption	41	7.2%	9.8%
	Physical Inactivity	39	23.8%	22.0%
Sexual Health	Chlamydia	6	915.1	1,481.2
	High-Risk HIV Behaviors	8	75%	9.3%
	Unintended Pregnancy*	-	-	-
Sleep Health	Insufficient Sleep	47	41.5%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	49	17.8%	11.2%
	Smoking	50	23.3%	9.9%
	Smoking During Pregnancy	50	12.3%	3.0%
Health Outcomes		48	-1.254	
Behavioral Health	Drug Deaths*	50	92.7	28.6
	Excessive Drinking	2	14.5%	19.5%
	Frequent Mental Distress	49	31.4%	23.6%
	Illicit Drug Use	38	11.9%	10.5%
	Postpartum Anxiety*	19	19.7%	20.3%
	Postpartum Depression*	29	12.7%	11.9%
Mortality	Maternal Mortality*	27	24.4	23.5
	Mortality Rate	49	205.2	109.9
Physical Health	Depression*	49	42.5%	30.3%
	Diabetes*	45	5.5%	3.6%
	Frequent Physical Distress	47	12.0%	9.7%
	High Blood Pressure	44	15.3%	11.8%
	High Health Status*	37	50.0%	51.6%
	Multiple Chronic Conditions	49	8.7%	4.5%
	Obesity	45	40.6%	32.5%
Severe Maternal Morbidity*	24	878	94.7	
Overall - Women		47	-0.718	

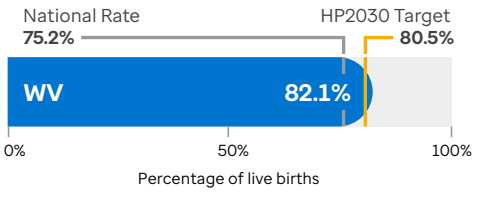
		State Rank	State Value	U.S. Value
Children				
Clinical Care		21	0.375	
Access to Care	ADD/ADHD Treatment	23	3.8%	3.4%
	Mental Health Treatment*	29	84.5%	83.3%
	Pediatricians	34	88.3	116.1
	Uninsured	4	3.0%	5.4%
Preventive Clinical Care	Childhood Immunizations	42	63.2%	66.9%
	HPV Vaccination	45	49.8%	61.4%
	Preventive Dental Visit	28	80.5%	80.2%
	Well-Child Visit	6	84.3%	79.6%
Quality of Care	Adequate Insurance	10	68.2%	64.6%
	Developmental Screening	7	47.9%	36.5%
	Medical Home	10	51.6%	45.5%
Behaviors		45	-0.842	
Nutrition and Physical Activity	Breastfed	50	175%	272%
	Physical Activity	6	24.3%	19.7%
	Soda Consumption*	-	-	7.5%
Sexual Health	Dual Contraceptive Nonuse*	-	-	85.6%
	Teen Births	42	18.5	13.1
Sleep Health	Adequate Sleep	42	61.4%	65.3%
	Sleep Position*	39	66.2%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	-	-	16.8%
	Tobacco Use	50	3.0%	1.9%
Health Outcomes		39	-0.374	
Behavioral Health	Alcohol Use	2	4.6%	6.9%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	18	6.9%	7.3%
	Mental Health Conditions	48	26.8%	20.5%
	Teen Suicide*	10	9.2	10.2
Mortality	Child Mortality	27	30.5	29.6
	Infant Mortality	35	6.5	5.6
	Neonatal Mortality*	40	4.2	3.6
Physical Health	Asthma	31	7.1%	6.8%
	Congenital Syphilis*	35	106.3	105.8
	High Health Status*	44	88.2%	89.9%
	Low Birth Weight	45	9.8%	8.6%
	Low Birth Weight - Racial Disparity	10	1.8	2.1
	Neonatal Abstinence Syndrome*	47	31.9	5.3
	Overweight or Obesity	48	39.7%	31.3%
Overall - Children		44	-0.470	

Overall - Women and Children 46 -0.620

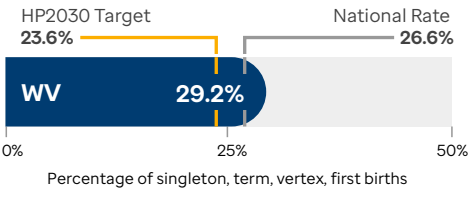
* Additional unweighted measure (not included in the overall score/rank).
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Healthy People 2030 (HP2030) Targets

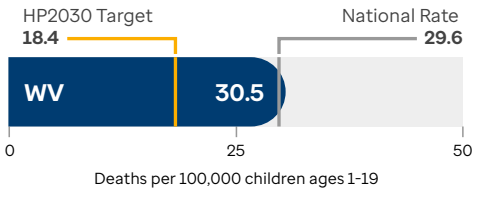
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- Low percentage of children in poverty
- Low prevalence of insufficient sleep among women
- High prevalence of physical activity among children

Challenges

- High prevalence of excessive drinking among women
- High prevalence of obesity among women
- Low enrollment in early childhood education

Key Findings

Firearm Deaths

79%▲

from 3.3 to 5.9 deaths per 100,000 children ages 1-19 between 2017-2019 and 2021-2023.

Frequent Mental Distress

37%▲

from 18.5% to 25.4% of women ages 18-44 between 2019-2020 and 2022-2023.

Household Smoke

31%▼

from 18.3% to 12.6% of children ages 0-17 between 2017-2018 and 2023-2024.

Flu Vaccination

20%▲

from 34.8% to 41.9% of women ages 18-44 between 2017-2018 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		19	0.363	
Community and Family Safety	Firearm Deaths*	22	6.9	6.2
	Injury Deaths	23	53.0	51.9
	Intimate Partner Violence Before Pregnancy*	17	4.1%	-
Economic Resources	Concentrated Disadvantage	13	12.6%	25.9%
	Food Insecurity	19	10.7%	12.2%
	Gender Pay Gap*	17	82.9%	81.1%
	Poverty	19	13.7%	14.9%
	Unemployment	20	3.0%	3.5%
Education	College Graduate	17	39.6%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	36	13.9%	12.1%
	Residential Segregation - Black/White	47	77	-
	Voter Participation	4	68.9%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		15	0.308	
Community and Family Safety	Child Victimization*	7	3.0	7.4
	Firearm Deaths *	21	5.9	5.9
	Injury Deaths	22	18.3	18.7
Economic Resources	Children in Poverty	17	12.8%	16.0%
	Children in Poverty - Racial Disparity	40	4.4	3.0
	Food Sufficiency	21	67.6%	66.6%
	Students Experiencing Homelessness	27	2.0%	2.4%
	WIC Coverage	21	53.7%	52.2%
Education	Early Childhood Education	34	44.2%	48.5%
	Fourth Grade Reading Proficiency	23	31.3%	30.5%
	High School Completion	8	93.7%	89.8%
Social Support and Engagement	Adult Mentor*	21	91.1%	88.0%
	Adverse Childhood Experiences	16	13.5%	14.1%
	Foster Care Instability	15	11.5%	15.2%
	High-Speed Internet	18	96.3%	96.0%
	Neighborhood Amenities	17	39.9%	38.2%
	Reading, Singing or Storytelling*	13	64.2%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		26	0.131	
Air and Water Quality	Air Pollution	30	8.0	8.6
	Drinking Water Violations	9	1.6	2.8
	Household Smoke	32	12.6%	10.3%
	Water Fluoridation	19	84.6%	72.3%
Climate and Health	Climate Policies	27	1	-
	Transportation Energy Use*	11	7.4	8.4
Housing and Transportation	Drive Alone to Work - Women	31	72.9%	67.3%
	Housing Cost Burden - Households with Children	4	22.2%	31.1%
	Housing with Lead Risk	38	21.1%	16.4%

Measures

		State Rank	State Value	U.S. Value	
Women					
Clinical Care		7	0.890		
Access to Care	Adequate Prenatal Care	9	82.2%	75.2%	
	Avoided Care Due to Cost	9	13.1%	17.4%	
	Maternity Care Desert*	21	2.6	3.7	
	Uninsured	9	6.2%	10.8%	
	Women's Health Providers	23	479	478	
Preventive Clinical Care	Cervical Cancer Screening	2	61.2%	51.6%	
	Dental Visit	9	69.0%	64.1%	
	Flu Vaccination	10	41.9%	35.5%	
	Postpartum Visit*	23	91.4%	90.3%	
Quality of Care	Well-Woman Visit	23	73.7%	72.7%	
	Breastfeeding Initiation	30	84.8%	85.1%	
	Dedicated Health Care Provider	22	81.8%	77.4%	
	Low-Risk Cesarean Delivery	7	22.6%	26.6%	
Behaviors	Maternity Practices Score	13	85	82	
	Behaviors		19	0.086	
	Nutrition and Physical Activity	Exercise	33	26.5%	27.6%
Fruit and Vegetable Consumption		22	9.7%	9.8%	
Physical Inactivity		25	21.0%	22.0%	
Sexual Health	Chlamydia	25	1,417.1	1,481.2	
	High-Risk HIV Behaviors	17	9.0%	9.3%	
	Unintended Pregnancy*	14	20.9%	–	
Sleep Health	Insufficient Sleep	7	32.0%	36.5%	
Smoking and Tobacco Use	E-Cigarette Use*	11	10.3%	11.2%	
	Smoking	21	11.0%	9.9%	
	Smoking During Pregnancy	31	4.2%	3.0%	
Health Outcomes		23	-0.216		
Behavioral Health	Drug Deaths*	30	31.8	28.6	
	Excessive Drinking	40	22.6%	19.5%	
	Frequent Mental Distress	32	25.4%	23.6%	
	Illicit Drug Use	9	8.9%	10.5%	
	Postpartum Anxiety*	42	26.1%	20.3%	
	Postpartum Depression*	31	12.9%	11.9%	
Mortality	Maternal Mortality*	6	16.4	23.5	
	Mortality Rate	19	105.1	109.9	
Physical Health	Depression*	31	36.3%	30.3%	
	Diabetes*	3	2.5%	3.6%	
	Frequent Physical Distress	24	10.0%	9.7%	
	High Blood Pressure	11	10.1%	11.8%	
	High Health Status*	33	50.7%	51.6%	
	Multiple Chronic Conditions	28	5.2%	4.5%	
	Obesity	38	37.2%	32.5%	
Severe Maternal Morbidity*	11	76.0	94.7		
Overall - Women		17	0.211		

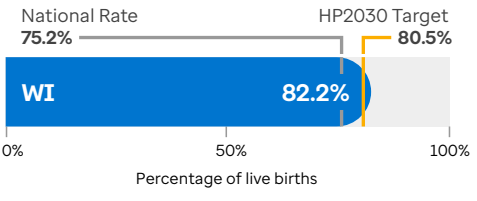
		State Rank	State Value	U.S. Value
Children				
Clinical Care		17	0.417	
Access to Care	ADD/ADHD Treatment	23	3.8%	3.4%
	Mental Health Treatment*	19	86.0%	83.3%
	Pediatricians	21	112.0	116.1
	Uninsured	20	4.1%	5.4%
Preventive Clinical Care	Childhood Immunizations	21	68.4%	66.9%
	HPV Vaccination	10	69.9%	61.4%
	Preventive Dental Visit	33	79.3%	80.2%
	Well-Child Visit	19	81.1%	79.6%
Quality of Care	Adequate Insurance	36	62.3%	64.6%
	Developmental Screening	12	45.5%	36.5%
	Medical Home	12	51.4%	45.5%
Behaviors		6	0.828	
Nutrition and Physical Activity	Breastfed	12	30.6%	27.2%
	Physical Activity	4	24.9%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	1	70.8%	85.6%
	Teen Births	15	9.9	13.1
Sleep Health	Adequate Sleep	15	70.2%	65.3%
	Sleep Position*	7	78.6%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	9	15.7%	16.8%
	Tobacco Use	13	1.8%	1.9%
Health Outcomes		37	-0.270	
Behavioral Health	Alcohol Use	44	8.5%	6.9%
	Flourishing	27	65.8%	66.7%
	Illicit Drug Use	21	71%	73%
	Mental Health Conditions	24	22.3%	20.5%
	Teen Suicide*	25	11.6	10.2
Mortality	Child Mortality	20	28.5	29.6
	Infant Mortality	24	5.8	5.6
	Neonatal Mortality*	22	3.6	3.6
Physical Health	Asthma	14	6.2%	6.8%
	Congenital Syphilis*	15	41.6	105.8
	High Health Status*	37	89.7%	89.9%
	Low Birth Weight	17	7.8%	8.6%
	Low Birth Weight - Racial Disparity	50	2.5	2.1
	Neonatal Abstinence Syndrome*	17	5.0	5.3
	Overweight or Obesity	39	32.9%	31.3%
Overall - Children		18	0.224	

Overall - Women and Children **18 0.227**

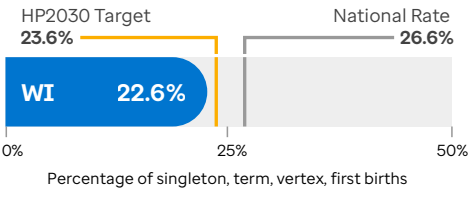
* Additional unweighted measure (not included in the overall score/rank).
 – Data not available, missing or suppressed.

Healthy People 2030 (HP2030) Targets

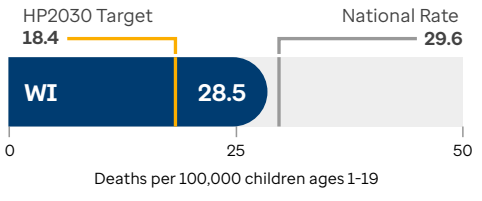
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



Visit AmericasHealthRankings.org for the full list of [measures](#), [source details](#) and [methodologies](#).



Summary

Strengths

- High reading proficiency among fourth grade public school students
- Low prevalence of insufficient sleep among women
- High prevalence of physical activity among children

Challenges

- High injury death rate among children
- High prevalence of asthma among children
- Low prevalence of well-woman visits

Key Findings

Drug Deaths
106%▲

from 11.1 to 22.9 deaths per 100,000 women ages 20-44 between 2018-2020 and 2021-2023.

Early Childhood Education
54%▲

from 34.5% to 53.3% of children ages 3-4 between 2019 and 2023.

Child Mortality
38%▲

from 30.1 to 41.5 deaths per 100,000 children ages 1-19 between 2018-2020 and 2021-2023.

Smoking
34%▼

from 20.8% to 13.7% of women ages 18-44 between 2019-2020 and 2022-2023.

Measures

Women

		State Rank	State Value	U.S. Value
Social and Economic Factors		34	-0.110	
Community and Family Safety	Firearm Deaths*	-	-	6.2
	Injury Deaths	18	51.6	51.9
	Intimate Partner Violence Before Pregnancy*	-	-	-
Economic Resources	Concentrated Disadvantage	5	73%	25.9%
	Food Insecurity	42	13.1%	12.2%
	Gender Pay Gap*	47	74.0%	81.1%
	Poverty	29	15.1%	14.9%
	Unemployment	29	3.3%	3.5%
Education	College Graduate	29	35.8%	37.8%
Social Support and Engagement	Infant Child Care Affordability*	20	11.4%	12.1%
	Residential Segregation - Black/White	40	71	-
	Voter Participation	36	57.4%	60.0%

Children

		State Rank	State Value	U.S. Value
Social and Economic Factors		27	-0.038	
Community and Family Safety	Child Victimization*	21	5.9	7.4
	Firearm Deaths *	35	9.1	5.9
	Injury Deaths	46	31.3	18.7
Economic Resources	Children in Poverty	27	14.8%	16.0%
	Children in Poverty - Racial Disparity	31	3.8	3.0
	Food Sufficiency	41	62.4%	66.6%
	Students Experiencing Homelessness	22	1.9%	2.4%
	WIC Coverage	38	45.2%	52.2%
Education	Early Childhood Education	6	53.3%	48.5%
	Fourth Grade Reading Proficiency	6	35.8%	30.5%
	High School Completion	7	93.9%	89.8%
Social Support and Engagement	Adult Mentor*	3	94.5%	88.0%
	Adverse Childhood Experiences	50	22.8%	14.1%
	Foster Care Instability	2	8.6%	15.2%
	High-Speed Internet	43	95.0%	96.0%
	Neighborhood Amenities	10	45.7%	38.2%
	Reading, Singing or Storytelling*	32	60.4%	59.7%

Women and Children

		State Rank	State Value	U.S. Value
Physical Environment		22	0.163	
Air and Water Quality	Air Pollution	2	4.7	8.6
	Drinking Water Violations	5	1.5	2.8
	Household Smoke	36	13.4%	10.3%
	Water Fluoridation	40	55.0%	72.3%
Climate and Health	Climate Policies	38	0	-
	Transportation Energy Use*	49	18.3	8.4
Housing and Transportation	Drive Alone to Work - Women	29	71.9%	67.3%
	Housing Cost Burden - Households with Children	10	23.5%	31.1%
	Housing with Lead Risk	26	15.9%	16.4%

Measures

		State Rank	State Value	U.S. Value
Women				
Clinical Care		40	-0.375	
Access to Care	Adequate Prenatal Care	33	75.5%	75.2%
	Avoided Care Due to Cost	43	21.1%	17.4%
	Maternity Care Desert*	31	5.0	3.7
	Uninsured	44	14.6%	10.8%
	Women's Health Providers	29	45.6	47.8
Preventive Clinical Care	Cervical Cancer Screening	25	52.4%	51.6%
	Dental Visit	20	66.6%	64.1%
	Flu Vaccination	38	31.6%	35.5%
	Postpartum Visit*	10	92.6%	90.3%
	Well-Woman Visit	48	65.7%	72.7%
Quality of Care	Breastfeeding Initiation	18	87.6%	85.1%
	Dedicated Health Care Provider	43	73.7%	77.4%
	Low-Risk Cesarean Delivery	8	22.8%	26.6%
	Maternity Practices Score	49	73	82
Behaviors		31	-0.183	
Nutrition and Physical Activity	Exercise	14	29.8%	27.6%
	Fruit and Vegetable Consumption	44	6.8%	9.8%
	Physical Inactivity	18	19.6%	22.0%
Sexual Health	Chlamydia	9	1,066.3	1,481.2
	High-Risk HIV Behaviors	43	11.5%	9.3%
	Unintended Pregnancy*	–	–	–
Sleep Health	Insufficient Sleep	8	32.4%	36.5%
Smoking and Tobacco Use	E-Cigarette Use*	33	13.3%	11.2%
	Smoking	36	13.7%	9.9%
	Smoking During Pregnancy	46	7.3%	3.0%
Health Outcomes		27	-0.319	
Behavioral Health	Drug Deaths*	11	22.9	28.6
	Excessive Drinking	35	21.3%	19.5%
	Frequent Mental Distress	20	23.7%	23.6%
	Illicit Drug Use	34	11.7%	10.5%
	Postpartum Anxiety*	18	19.4%	20.3%
	Postpartum Depression*	19	11.4%	11.9%
Mortality	Maternal Mortality*	44	35.5	23.5
	Mortality Rate	34	126.0	109.9
Physical Health	Depression*	33	36.6%	30.3%
	Diabetes*	23	3.2%	3.6%
	Frequent Physical Distress	13	9.0%	9.7%
	High Blood Pressure	27	12.0%	11.8%
	High Health Status*	3	56.9%	51.6%
	Multiple Chronic Conditions	33	5.7%	4.5%
	Obesity	25	34.2%	32.5%
	Severe Maternal Morbidity*	3	61.2	94.7
Overall - Women		33	-0.160	

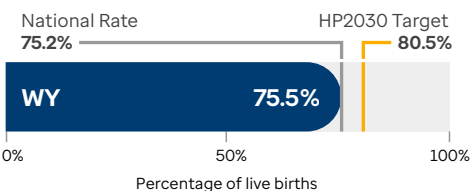
		State Rank	State Value	U.S. Value
Children				
Clinical Care		43	-0.355	
Access to Care	ADD/ADHD Treatment	17	4.0%	3.4%
	Mental Health Treatment*	13	86.9%	83.3%
	Pediatricians	49	50.5	116.1
	Uninsured	45	7.2%	5.4%
Preventive Clinical Care	Childhood Immunizations	32	65.2%	66.9%
	HPV Vaccination	41	54.2%	61.4%
	Preventive Dental Visit	19	82.9%	80.2%
	Well-Child Visit	39	77.8%	79.6%
Quality of Care	Adequate Insurance	48	59.2%	64.6%
	Developmental Screening	34	36.0%	36.5%
	Medical Home	19	49.6%	45.5%
Behaviors		17	0.368	
Nutrition and Physical Activity	Breastfed	24	27.7%	27.2%
	Physical Activity	4	24.9%	19.7%
	Soda Consumption*	–	–	7.5%
Sexual Health	Dual Contraceptive Nonuse*	–	–	85.6%
	Teen Births	26	12.6	13.1
Sleep Health	Adequate Sleep	15	70.2%	65.3%
	Sleep Position*	19	73.4%	69.0%
Smoking and Tobacco Use	Electronic Vapor Product Use*	–	–	16.8%
	Tobacco Use	39	2.3%	1.9%
Health Outcomes		32	-0.199	
Behavioral Health	Alcohol Use	38	8.2%	6.9%
	Flourishing	35	65.0%	66.7%
	Illicit Drug Use	4	5.9%	7.3%
	Mental Health Conditions	37	24.4%	20.5%
	Teen Suicide*	44	30.6	10.2
Mortality	Child Mortality	46	41.5	29.6
	Infant Mortality	13	4.7	5.6
	Neonatal Mortality*	16	3.2	3.6
Physical Health	Asthma	45	8.5%	6.8%
	Congenital Syphilis*	13	33.1	105.8
	High Health Status*	11	91.9%	89.9%
	Low Birth Weight	36	9.0%	8.6%
	Low Birth Weight - Racial Disparity	2	1.3	2.1
	Neonatal Abstinence Syndrome*	9	3.3	5.3
	Overweight or Obesity	12	29.2%	31.3%
Overall - Children		29	-0.024	

Overall - Women and Children **31 -0.114**

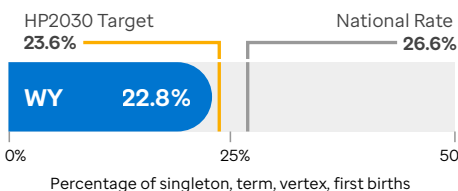
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Healthy People 2030 (HP2030) Targets

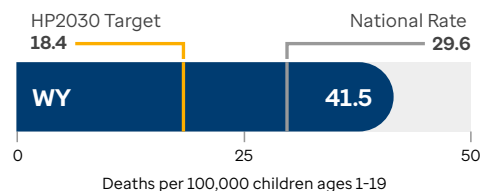
Adequate Prenatal Care



Low-Risk Cesarean Delivery



Child Mortality



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