



Welcome to the Diabetes Foundation

Get Help: We are here to help you or a loved one get the support you need to prevent, treat and manage diabetes. Get help for:

Diabetes

Prediabetes

Referrers

Give Help: There are many ways that you can help support our organization and the people we serve.

Volunteer

Donate

Partner with Us

Our Services



Guidance



Support Groups

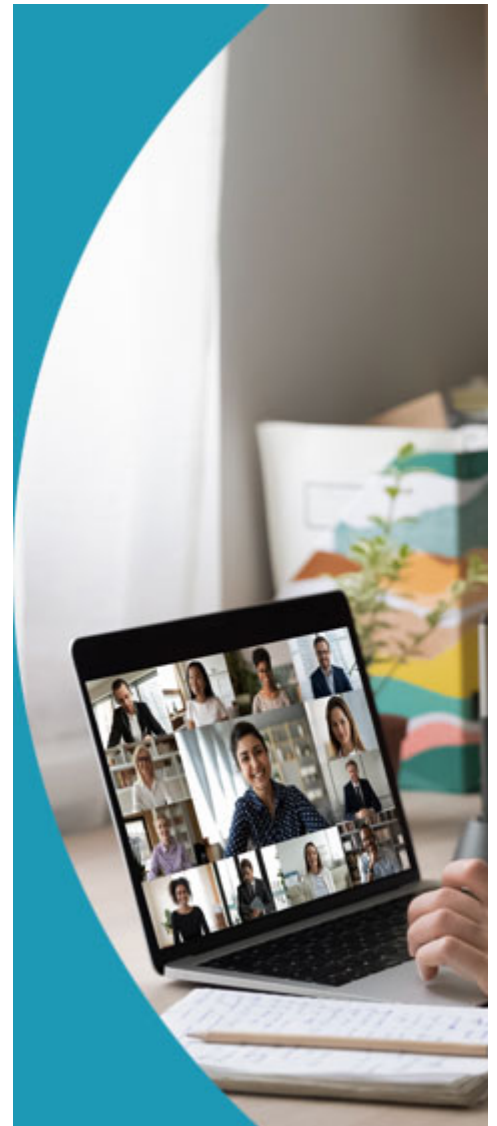


Education Work

Diabetes is hard. Our support groups allow you to discuss issues, concerns or que living with diabetes!

- Feel more connected to others who understand what living with diabetes is lik
- Learn ways to cope with any anxiety or stress you may have about managing y
- Access new tools to help manage your blood sugar

CONTACT US TODAY



Coming Up at the Diabetes Foundation

March 11

9:00 am - 11:00 am

**Diabetes Self
Management
Education and
Support**

(DSMES) Class

March 14

6:30 pm - 7:30 pm

**Diabetes and
Physical
Activity:
Education For**

All Types

March 16

6:00 pm - 7:00 pm

**“You Have
Diabetes,
Diabetes
Doesn’t Have**

2: Medication & March 16
 6:30 pm - 8:30 pm

Spanish
 Diabetes Self
 Management
 Education and
 Support

(DSMES)

March 18
 9:00 am - 11:00 am

Diabetes Self
 Management
 Education and
 Support

(DSMES) Class
 3: Healthy
 Eating

You” with Chris March 25
 9:00 am - 11:00 am

Diabetes Self
 Management
 Education and
 Support

(DSMES) Class
 4: Monitoring
 and Problem

IN THE NEWS

Holiday Giving Helps Support Diabetes Foundation Programs



[read more](#)

Diabetes Foundation Announces Partnership with DiabetesSisters to RECIPE OF THE WEEK

Crockpot White Chicken Chili

Diabetes Siste



[read more](#)

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Diabetes Foundation, Inc. diabetes care...

Diabetes Foundation, Inc. March 3

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Join us for our virtual Diabetes Self-Management Education and Support: Medication and Being Active

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Diabetes Foundation, Inc. Feb 22

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Diabetes Foundation, Inc. Feb 18

Support Program Diabetes Foundation, Inc.

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The Diabetes Foundation is at the Make the Road NJ's Member Assembly event in Perth Amboy to provide health education and tools for living a healthy lifestyle to all types of diabetes. If you are in need of support, please visit one of our tables or call (201) 444-0337 to get free confidential assistance. The DF family is here to help you and your family. Reach out today and please share this with those in your network that you think may need help!

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La Fundación para la Diabetes está en el evento Make the Road NJ's Member Assembly en Perth Amboy para proporcionar educación sanitaria y herramientas para llevar un estilo de vida saludable a la comunidad en riesgo y que viven con todos los tipos de diabetes. Si usted está en necesidad de apoyo, por favor visite una de nuestras mesas o llame al (201) 444-0337 para obtener asistencia confidencial gratuita. La familia DF está aquí para ayudarle a usted y a su familia. Póngase en contacto con nosotros hoy mismo y comparta esta información con las personas de su red que crea que puedan necesitar

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Diabetes Foundation, Inc.

The Diabetes Foundation is at CUMAC Freedom Village located in Paterson to recruit for our Spring Diabetes Support Program to provide health education and tools for diabetes care to the community with diabetes. If you are in need of support, please visit one of our tables or call (201) 444-0337 to get free confidential assistance. The DF family is here to help you and your family. Reach out today and please share this with those in your network that you think may need help!

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La Fundación para la Diabetes está en CUMAC Freedom Village ubicado en Paterson para reclutar para nuestro Programa de Apoyo a la Diabetes de Primavera para proporcionar educación sanitaria y herramientas para el cuidado de la diabetes a la comunidad con diabetes. Si usted está en necesidad de apoyo, por favor visite una de nuestras mesas o llame al (201) 444-0337 para obtener asistencia confidencial gratuita. La familia DF está aquí para ayudarle a usted y a su familia. Póngase en contacto con nosotros hoy mismo y comparta

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Diabetes Foundation, Inc.

The Diabetes Foundation is at @northhudsoncac in West New York to provide health education and tools for diabetes care to the community. If you are in need of support, please visit one of our tables or call (201) 444-0337 to get free confidential assistance. The DF family is here to help you and your family. Reach out today and please share this with those in your network that you think may need help!

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La Fundación para la Diabetes está en la Clínica North Hudson de West New York para ofrecer educación sanitaria y herramientas para el cuidado de la diabetes a la comunidad. Si necesita apoyo, visite una de nuestras mesas o llame al (201) 444-0337 para obtener asistencia confidencial gratuita. La familia DF está aquí para ayudarle a usted y a su familia. Póngase en contacto con nosotros hoy mismo y comparta esta información con las personas de su red que crea que puedan necesitar ayuda.

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Diabetes Foundation, Inc.

Organizarse y planificar con antelación las pruebas de laboratorio anuales, las vacunas, los exámenes y la educación garantizan que pueda mantener el cuidado de su salud. El uso del Registro de Cuidados Personales de DF facilita la autogestión. Para obtenerlo, póngase en contacto con nosotros hoy mismo en el (201) 444-0337 o

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 info@diabetesfoundationinc.org. Para obtener más consejos y herramientas, incluidas recetas para diabéticos, donaciones, voluntariado y oportunidades de promoción directamente en su [Facebook](#) [Twitter](#) [Pinterest](#) [LinkedIn](#) [Email](#) boletín en www.diabetesfoundationinc.org

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Diabetes Foundation, Inc.

Diabetes self-management made easy includes planning annual lab tests, immunizations, exams and education in advance. DF's free Personal Care Record is available for you or your patients! Contact us at (201) 444-0337 or info@diabetesfoundationinc.org. For more tips and tools including diabetes friendly recipes, giving, volunteering and advocacy opportunities right to your inbox sign up for our newsletter at https://lnkd.in/dG_GBYq.

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Diabetes Foundation, Inc.

Got 90 seconds? Thats all it takes to learn if you are at low, medium or high risk for type 2 diabetes. Click <https://diabetesfoundationinc.org/diagnosis/prediabetes-risk-test/> for our 7 question test. It's the preventative measure you can take today for a healthier tomorrow. If you are at high risk:

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-Consult with your doctor about an A1c test

If you don't have a doctor contact DF at (201) 444-0337 or

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-If you don't know where to go or what to do, contact DF at (201) 444-0337 or info@diabetesfoundationinc.org

90 seconds is all it takes! Trust us and the thousands of individuals we serve each year - the test is worth it! If you can give help please join us to provide one person with a FREE two-hour nutrition and activity class for \$13! Go to www.diabetesfoundationinc.org.

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Diabetes Foundation, Inc.

<https://investor.lilly.com/news-releases/news-release-details/lilly-cuts-insulin-prices-70-and-caps-patient-insulin-out-pocket>

Thank You Lilly

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Diabetes Foundation, Inc.

Big news about Diabetes Alert Month! Join the DF in support of your health and the health of those you love through free programs that can lower your medication costs, A1c, support a longer life and so much more. Click here for our newsletter, <https://conta.cc/3EvTqLB>, and learn more about what we do and the incredible people who are involved with our programs. We hope you share the news! You don't want to miss this.

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Diabetes Foundation, Inc.

Diabetes Foundation, Inc. updated their cover photo.

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Diabetes Foundation, Inc.

Únase a nosotros el 16 de marzo de 6:30PM-8:30PM para la Educación de Autocontrol de la Diabetes y Apoyo en español.

¡Aprenda cómo bajar sus niveles de A1c y cómo reducir el riesgo!

Regístrese aquí: <https://diabetesfoundationinc.org/event/spanish-4-2-0Feb27-dsmes-mar16/>

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#type2

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Diabetes Foundation, Inc.

The Diabetes Foundation is at Amerigroup’s Heart Health Event located in Paterson to provide health education and tools for diabetes care to the community. If you are in need of support, please visit one of our tables or call (201) 444-0337 to get free confidential assistance. The

DF family is here to help you and your family. Reach out today and please share this with those in your network that you think may need

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La Fundación para la Diabetes se encuentra en el Evento de Salud Cardíaca de Amerigroup ubicado en Paterson para brindar educación sobre la salud y herramientas para el cuidado de la diabetes a la comunidad. Si necesita apoyo, visite una de nuestras mesas o llame al (201) 444-0337 para obtener asistencia confidencial gratuita. La familia DF está aquí para ayudarle a usted y a su familia. Póngase en contacto con nosotros hoy mismo y comparta esta información con las personas de su red que crea que puedan necesitar ayuda.

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Diabetes Foundation, Inc.

The Diabetes Foundation is thrilled to partner with DiabetesSisters to offer women with all types of diabetes across New Jersey with access to free high-quality support and encouragement to manage their condition. Learn more here:

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Diabetes Foundation, Inc.

Do you want to improve your blood sugar and A1c levels? We can help you thrive! Join us for a 4-week workshop Saturday, March 4th, from 9:00 AM-11:00 AM, led by experienced Certified Diabetes Educator Marianne McCormick, MSN, RN, CDCES.

Register Here: <https://diabetesfoundationinc.org/event/dsmes-mar4/>
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Diabetes education works! Studies show that diabetes education helps lower blood sugar, blood pressure, and cholesterol levels. By lowering these three things, you stay healthier and reduce the risk of diabetes complications!

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Diabetes Foundation, Inc.

Join us for our virtual Diabetes Self-Management Education and Support: Medication and Being Active

If you would like to sign up, call us at 201-444-0337 ext 207 or email us at info@diabetesfoundationinc.org

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Diabetes Foundation, Inc.

The Diabetes Foundation is at Unity Square located in New Brunswick to provide health education and tools for diabetes care to the community. If you are in need of support, please visit one of our tables or call (201) 444-0337 to get free confidential assistance. The DF family is here to help you and your family. Reach out today and please share this with those in your network that you think may need help!

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La Fundación para la Diabetes se encuentra en Unity Square, en New Brunswick, para ofrecer educación sanitaria y herramientas para el cuidado de la diabetes a la comunidad. Si necesita apoyo, visite una de nuestras mesas o llame al (201) 444-0337 para obtener asistencia confidencial gratuita. La familia DF está aquí para ayudarle a usted y a su familia. Póngase en contacto con nosotros hoy mismo y comparta esta información con las personas de su red que crea que puedan necesitar ayuda.

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Diabetes Foundation, Inc.

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herramientas, incluidas recetas para diabéticos, donaciones, voluntariado y oportunidades de promoción directamente en su bandeja de entrada, suscríbese a nuestro boletín en www.diabetesfoundationinc.org

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Diabetes Foundation, Inc.

Diabetes self-management made easy includes planning annual lab tests, immunizations, exams and education in advance. DF's free Personal Care Record is available for you or your patients! Contact us at (201) 444-0337 or info@diabetesfoundationinc.org. For more tips and tools including diabetes friendly recipes, giving, volunteering and advocacy opportunities right to your inbox sign up for our newsletter at https://lnkd.in/dG_GBYq.

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-Consult with your doctor about an A1c test

-If you don't have a doctor contact DF at (201) 444-0337 or

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Get Educated

-If you don't know where to go or what to do, contact DF at (201) 444-0337 or info@diabetesfoundationinc.org

90 seconds is all it takes! Trust us and the thousands of individuals we serve each year - the test is worth it! If you can give help please join us to provide one person with a FREE two-hour nutrition and activity class for \$13! Go to www.diabetesfoundationinc.org.

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<https://investor.lilly.com/news-releases/news-release-details/lilly-cuts-insulin-prices-70-and-caps-patient-insulin-out-pocket>

Thank You Lilly

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