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Mental Health

According to a [2021 report](#) from the Substance Abuse and Mental Health Services Administration (SAMHSA), of individuals ages 13-17, 14% experience mood disorders, 32% experience anxiety disorders, and 19% experience behavior disorders. Common diagnoses for children aged 3-17 years include attention-deficit/hyperactivity disorder (ADHD), behavioral/conduct problems, anxiety, and depression.

Schools are in a distinct position to recognize the early signs of mental, behavioral, and developmental disorders, provide social-emotional support services, and foster skills necessary to address challenges during the adolescent years. In doing so, schools can contribute to the overall emotional, social and academic success of each student.

NJDOE Mental Health-Related Resources

For Parents

For Students

For School Leaders / Educators

Professional Organizations for School Health Personnel

Other Related Organizations

New Jersey Comprehensive School-Based Mental Health Webinar Series

State and Federal Government Agencies

Research and Publications

Keeping Our Students Safe, Healthy & In School

OSSS Home

School Health Services

Overview

Communicable Disease Prevention and Reporting

School Health Professionals

Student Health Records

Information for Student Athletes

What's New

- [New Jersey Comprehensive School-Based Mental Health Guide](#)



- [Overview of the New Jersey Comprehensive School-Based Mental Health Guide](#)



- New Jersey Comprehensive School-Based Mental Health Webinar Series

- [Webinar 4: Establishing Tiered Supports \(Tiers 2 & 3\)](#)
- [Webinar 5: Risk Assessment](#)
- [Webinar 6: Suicide and Substance Use Risk, Assessment and Prevention](#)
- [Session 7: Funding](#)

- [Protecting Youth Mental Health](#) - The U.S. Surgeon General Advisory

Safe & Positive Learning Environments

- Overview
- Alcohol, Tobacco and Other Drug Use Prevention and Intervention
- Child Welfare & Student Supports
- Harassment, Intimidation and Bullying (HIB)
- School Climate and Culture
- School Safety
- Student Attendance
- Student Conduct

Student Wellness

- Overview
- Mental Health
- Social and Emotional Learning
- Suicide Prevention and Other Traumatic Loss
- Trauma-Informed & Healing-Centered Practices
- HIV, STD and Adolescent Pregnancy Prevention
- Physical Activity and Obesity Prevention
- School Nutrition Programs

Afterschool Programs

- Overview
- Essential Elements of a Summer Program
- External Organization Profile
- Providers of Afterschool
- Resources

NJTSS

Statewide

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