DRUG AND ALCOHOL USE AMONG NEW JERSEY HIGH SCHOOL STUDENTS 1996

LAPS New Jersey Department of Law & Public Safety

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Finally, I would like to especially thank Sharon Leary of the Research and Evaluation Section in the Division of Criminal Justice for her contributions in the production of this report.

Terrence P. Farley
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INTRODUCTION

In the fall of 1979, concern over the problem of drug and alcohol abuse among the youth of this state prompted the Department of Law and Public Safety to establish the Task Force on Juvenile Drug and Alcohol Use in New Jersey. This group recognized that in order to ascertain effective means of dealing with the drug and alcohol problem of our youth, it was first necessary to determine the extent of drug and alcohol use as well as those factors contributing to that use. It was felt that such knowledge would enable responsible government agencies to more intelligently focus their efforts at understanding and combating this most pervasive problem.

In its effort to gain a better understanding of drug and alcohol use and abuse in general, the Task Force interviewed a wide variety of experts in disciplines relating to juvenile substance use. These experts were drawn from educational, legal, judicial, social and medical institutions throughout the State of New Jersey. As a result of these initial sessions, the Task Force learned that accurate and comprehensive information upon which to base important decisions about combating juvenile drug and alcohol use in New Jersey was simply not available. The information that was available often tended to be of the following types: (1) nationwide studies of juvenile drug and alcohol abuse; (2) sample-specific studies in the State of New Jersey focusing at most on one or two school districts; or (3) highly segmented studies focusing on a specific segment of the population, e.g., young persons entering treatment centers for drug related problems. Consequently, the Task Force determined to focus its efforts on obtaining a comprehensive analysis of juvenile substance use as it then existed in this state. The hope was that the information generated would be used to refine prevention and treatment programs, and to encourage communication among juveniles, educators, parents, law enforcement personnel and members of the social service community.

Toward that end, it was decided to develop a survey instrument designed to generate information relative to the extent of juvenile drug and alcohol use. The survey was undertaken as a cooperative effort by the Departments of Law and Public Safety, Education and Health and was

administered to approximately 2,000 high school sophomores, juniors and seniors throughout New Jersey. The data obtained from that survey were subsequently analyzed to identify and describe the types of substances used, the frequency of use, and patterns of substance abuse. Information was also reported regarding the perceived availability of illicit substances and respondent attitudes regarding substance use. The results of the survey were issued in the spring of 1981 as Drug and Alcohol Use Among New Jersey High School Students.

Over the ensuing years, that publication has received widespread distribution both nationally and within New Jersey and has served as a valuable resource for a variety of professionals involved in substance abuse education, prevention and treatment. The survey report has been a part of every major in-service training and awareness presentation concerning drug and alcohol abuse in this state. It has been the experience of substance abuse professionals that the survey has been an effective tool in addressing the all too common denial of this problem by civic and school officials, parents, school boards and other community groups. The survey provided accurate, factual data with which to document the very existence and extent of this most serious problem. Speculation and conjecture gave way to fact regarding the extent of substance abuse among our high school students. Prevention and education professionals statewide report that the survey has served well to quickly establish the credibility of their presentations, and has been quite favorably received by audiences of all types.

During 1983, 1986, 1989, 1992 and again in 1995 it became evident to many of those involved in substance abuse prevention and education programs that an update of the survey data would ensure its ongoing value in their efforts to address this problem among our youth. It was recognized that repeating the survey would once again provide a current comprehensive body of knowledge concerning substance abuse among the state's high school students. In addition, it was believed that a current survey would provide an initial basis for the assessment of ongoing substance education programs in the state's high schools. A comparison of these surveys would be useful in detecting any change in student attitudes

regarding substance use, as well as noting any change in the level of student knowledge regarding the risks of substance use. Finally, the survey would identify and gauge any changes or trends in student behavior patterns concerning the actual use of alcohol and drugs which have taken place in the three years elapsed between surveys.

The surveys were cooperatively undertaken by the Departments of Health, Education and Law and Public Safety. A four member project committee was formed with representation from each of the above agencies, and initial planning for these surveys was undertaken in the spring of 1983, 1986, 1989 and 1992. The survey was administered in the fall of 1983, 1986, 1989 and 1992 to over 2,000 tenth, eleventh and twelfth grade students throughout the state. Experience with the results of these subsequent surveys, Drug and Alcohol Use Among New Jersey High School Students 1984, Drug and Alcohol Use Among New Jersey High School Students 1987, Drug and Alcohol Use Among New Jersey High School Students 1990 and Drug and Alcohol Use Among New Jersey High School Students 1993 made it quite evident that the information generated by this project had established itself as a vital resource in this state's efforts to combat substance abuse. The project committee reconvened in late 1994 to begin preparation for the sixth administration of the survey. In the fall of 1995, once again, the survey was administered to over 2,000 tenth, eleventh and twelfth grade students in New Jersey.

The survey findings are organized into two major sections: Prevalence of Substance Use and Student Attitudes and Patterns of Substance Use. Each section includes both narrative highlights of the major findings as well as detailed tables of the relevant data. In addition, comparisons are made throughout the report between the findings of this survey and those of the 1980, 1983, 1986, 1989 and 1992 surveys. To assist in identifying noteworthy trends in the data, notations are included indicating those changes which are statistically significant. For those readers wishing to pursue or further investigate specific points of interest raised by the foregoing sections of the report, a third section is included containing additional and more detailed data regarding the frequencies of specific substance use by major respondent subgroups.

THE SURVEY

Survey Instrument

The survey instrument used in this project is essentially the same as the one appearing in the 1981, 1984, 1987, 1990 and 1993 publications, Drug and Alcohol Use Among New Jersey High School Students. Inasmuch as a primary objective of this effort has been to identify any changes or trends in the use of drugs and alcohol during the three year periods between survey administrations, data compatibility is of paramount importance. Nonetheless, as in each of the prior surveys, some modifications have been made in the 1995 questionnaire. Changes included both item replacement and minor wording changes to a small number of items retained in the survey in order to more accurately gather data on changing substance use patterns made evident in the previous surveys. Field interviews in the spring of 1995 served as the basis for changes in item wording, particularly terms of colloquial usage.

The 1995 survey instrument contains a total of 143 questions and can be found in Appendix E of this publication. The instrument includes demographic items designed to obtain information regarding the respondent's sex, age, grade, academic performance level and racial or ethnic group membership. These items were included in order to describe in more detail the sample responding to the survey, and to provide for analysis and comparison of survey questions by selected subgroups.

Research Design

The basic research design involved administering the survey to tenth, eleventh and twelfth grade students in the fall of 1995. Forty public highs schools were selected to provide a representative cross-section of tenth, eleventh and twelfth grade students throughout the state. Anonymity was guaranteed to those schools which agreed to participate in this project.

Sampling Plan. Two variables were used in the selection of schools in the final sample - geographic region and socioeconomic status of school districts. New Jersey was divided, by counties, into three geographic regions: North, Central and South. The counties within each region are listed below:

North	Central	South
Bergen	Hunterdon	Atlantic
Essex	Mercer	Burlington
Hudson	Middlesex	Camden
Morris	Monmouth	Cape May
Passaic	Ocean	Cumberland
Sussex	Somerset	Gloucester
Union		Salem
Warren		

Three levels of socioeconomic status were assigned to each region, based on District Factor Groupings. District Factor Groupings are socioeconomic status factors of school districts, developed by the New Jersey Department of Education from United States Census Survey data.[1] There are eight ranked District Factor Groupings, ranging from A to J, with J containing those districts with the highest socioeconomic status. For the purpose of this study, these eight levels were combined into three levels:

[1] District Factor Groupings are a composite measure of socioeconomic status, employing a weighted combination of seven variables, developed by the Division of Financial Services of the New Jersey State Department of Education.

High (GH, I, J), Medium (DE, FG), and Low (A, B, CD). The total number of high schools by geographical region and by school district socioeconomic status were calculated from documents provided by the New Jersey Department of Education. The following chart illustrates the total number of high schools by region and socioeconomic status of the school district:

School District Socioeconomic Status	Region North	Central	South
High	63	32	10
Medium	37	36	19
Low	52	20	40

Since it was not financially or technically feasible to sample all schools, statistical weighting procedures were used to arrive at a sample size of 40 high schools which would allow for valid generalization of results to all public high schools in New Jersey.[2] For each high school selected, a total of approximately 60-70 students was to be randomly selected from the tenth, eleventh and twelfth grades; it was felt that this sample size from each school would be sufficient to allow for anticipated subgroup analyses and at the same time minimize the burdens of questionnaire administration in those schools selected to participate.

The Sample

The 1995 sample includes 40 public high schools as compared with 40 in 1992 and 1989, 34 in 1986, 32 in 1983 and 29 in the 1980 survey. To insure maximum comparability across surveys, the 29 high schools in the 1980 survey have been supplemented by additional schools randomly selected from the sample cells as determined by population changes in the years between surveys. As in the past, the

[2] An expanded description of the weighting procedures employed is included in Appendix B.

project relied upon the voluntary participation of schools selected for the sample. All but four schools which participated in the 1992 survey agreed to participate once again in 1995.

Survey Administration

The actual survey administration in each high school was carried out by project committee members. The surveys were administered in the school buildings during normal class periods. Surveys and answer sheets were collected by the survey administrator and forwarded to the Division of Criminal Justice for tabulation and analysis. The survey was administered during mid-October in 1995.

Inasmuch as purely random selection of students within each of the 40 schools, e.g., from alphabetical lists, was deemed to be impractical for purposes of assembling same for survey administration, alternate methods of selection were used. According to local and state school officials, health and physical education courses were more likely than others to be filled by a process most closely approximating random assignment. For that reason, and to minimize the imposition on cooperating schools, the majority of questionnaire administrations were to students grouped in such courses. In all cases, however, we relied upon school administrators to provide classes in which student assignment was by random procedures. The questionnaire administration resulted in the inclusion of 2,693 tenth, eleventh and twelfth grade students, from 40 schools, in the final sample.

PREVALENCE OF SUBSTANCE USE

Data presented in the following sections report information regarding the numbers of students using various substances and the frequency with which they use those substances:

Alcohol
Marijuana
Cocaine
Amphetamines
Hallucinogens
Tranquilizers
Barbiturates
Heroin
Inhalants
Glue
Cough Medicine

Prevalence findings indicate that proportion of students who report any use of a substance for a given period of time, e.g., during their lifetime, during the past year, or within the past month. In addition, data have been included concerning the frequency, or number of times, a substance has been used during each of the above time periods. Also, in an effort to describe in more detail those students who report using various substances, the student population has been divided into demographic subgroups. The prevalence and frequency data are then crosstabulated with those subgroups to more specifically identify differences regarding substance use. The subgroups reported include the student's grade, racial or ethnic group membership, and sex, as well as the geographical region and socioeconomic status of high schools included in the sample. In addition, information is reported concerning the age of first use for a number of specific substances. Finally, students' drug and alcohol use is examined in relation to their overall levels of academic performance.

It seems appropriate at this juncture to express a word of caution concerning the interpretation of data presented throughout this report. The nature of the population surveyed is such that care must be exercised with respect to unwarranted generalization of the findings reported in this study. This sample is limited to high school students; it does not necessarily follow that the findings can be generalized to the entire population between the ages of 15 and 18. Stated otherwise, it cannot be assumed that those

who have dropped out of high school exhibit the same rates of substance use as those who remain in school. This condition applies as well to the population subgroups for which data are presented. It is possible that when various substances are used the relative tendencies of members of different subgroups to stay in school are not the same. To the extent that such is true, it must be remembered that the sample captures only those who stay in school. To conclude, the data are without doubt representative of alcohol and drug use among New Jersey high school students as a whole; however, as with any sample limited to students, generalization to the entire population of comparable age is tenuous.

GENERAL OBSERVATIONS

Presented in this initial section are specific observations intended to construct an overall view of substance use by the state's high school student population. These findings were obtained from several series of items in the questionnaire which were directed toward the respondents' use of various substances. Findings in this section are, for the most part, relative to lifetime prevalence, i.e., whether a substance has ever been used, even if only once, by the responding student. It should be kept in mind that although such an indicator is of use in establishing the overall parameters of this issue, it does not distinguish between users ranging from those who experiment only once with a substance to those who continue use on a regular basis. Such important distinctions will be dealt with in the ensuing sections of this report.

		Table
°	About four in every five students (78.8%) report use of alcohol at some time in their lives.	1
°	About one of every two students (51.0%) report substance use other than alcohol at some time in their lives. Of those students, about one of three have used only marijuana (31.7% of those reporting any drug use; 16.2% of the total sample).	13
°	Marijuana is clearly the most often used illicit drug, with 42.1% reporting use at sometime in their lives, 36.9% reporting use in the past year, and 22.3% reporting use in the past month.	1

		Table
°	More than one-third of the students (34.8%) report substance use other than marijuana or alcohol[3] at some time in their lives.	13
°	The most widely used illicit drugs, other than marijuana, are hallucinogens, amphetamines and cocaine. Between one-sixth and one-twelfth (15.6%, 9.6% and 8.0% respectively) of the students report use at some time in their lives.	1
°	Following hallucinogens, amphetamines and cocaine in terms of lifetime prevalence of illicit drugs are: tranquilizers (7.4%), barbiturates (5.6%) and heroin (4.7%).	1
°	With the exception of marijuana, more students (7.8%) report use of inhalants in the past month than any other drug for which monthly prevalence data were obtained.	1
°	While 7.8% of the students report using inhalants in the past month and 6.0% report using hallucinogens, the monthly prevalence for the remaining substances (amphetamines, cocaine, tranquilizers, barbiturates and glue) is less than 5.0%.	1

[3]Substance use other than marijuana and alcohol includes any use of cocaine, hallucinogens or heroin; it also includes use of glue, other inhalants or cough medicine as an intoxicant, or any use of amphetamines, barbiturates, or tranquilizers not under a physician's order.

		Table
°	Almost one in every four students (22.5%) reports the use of inhalants as intoxicants, while about one in every seven students (15.1%) reports having sniffed glue at some time during his or her life.	1
°	Heroin use is the most infrequently reported; 4.7% of the students report use at least once in their lives.	1

TABLE 1.

Prevalence and Recency of Use by Substance Type (Percent)

SUBSTANCE	Ever Used	Past Month	Past Year, Not Past Month	Not Past Year
Alcohol	78.8	47.4	24.3	7.1
Marijuana	42.1	22.3	14.6	5.2
Hallucinogens	15.6	6.0	6.2	3.4
Cocaine	8.0	3.1	2.7	2.2
Amphetamines	9.6	4.2	3.1	2.3
Tranquilizers	7.4	2.5	2.9	2.0
Barbiturates	5.6	2.4	1.6	1.6
Heroin	4.7	--	--	--
Inhalants	22.5	7.8	8.9	5.8
Glue	15.1	3.0	3.2	8.9
Cough Medicine	7.0	--	--	--

Trends (1992-1995)	Table
° The proportion of students who report having used alcohol in their lifetime or in the year preceding the survey has remained stable over the past three years. However, the percentage of students who report using alcohol in the month preceding the survey increased significantly from 43.9% in 1992 to 47.4% in 1995.	2, 3, 4
° The proportion of students who report using marijuana at some time in their lives has increased significantly over the past three years, from 27.0% in 1992 to 42.1% in 1995. Similarly, the percentage of students who report using marijuana during the past year and during the past month increased significantly (23.6% to 36.9% and 13.3% to 22.3% respectively).	2, 3, 4
° The proportion of students who report using hallucinogens has increased significantly between the 1992 and 1995 surveys. The percentage of students who report having used hallucinogens at some time in their lifetime increased from 11.5% to 15.6%. The proportion of students who report using hallucinogens in the year preceding the survey increased from 8.1% to 12.2%, and the proportion of students who report having used hallucinogens in the past month increased from 3.4% to 6.0%.	2, 3, 4

		Table
°	There was virtually no change observed in the proportion of students who reported using barbiturates and tranquilizers.	2, 3, 4
°	The proportion of students who reported having ever used cocaine or having used cocaine in the month preceding the survey was essentially unchanged between 1992 and 1995. However, there was a marginally significant increase in the percentage of students who reported having used cocaine in the year preceding the survey, from 4.5% in 1992 to 5.8% in 1995.	2, 3, 4
°	There was little change observed in the proportion of students who reported having ever used amphetamines or having used amphetamines in the past year. However, a marginally significant increase in the proportion of students who reported using amphetamines in the month preceding the survey was observed, from 3.0% in 1992 to 4.2% in 1995.	2, 3, 4

		Table
°	The proportion of students who reported having used heroin at some time in their lifetime increased significantly from 3.5% in 1992 to 4.7% in 1995. This continues an increasing trend which was first noted in the 1992 survey, when the proportion of students who reported having ever used heroin more than doubled from the preceding survey conducted in 1989. Although the absolute number of students who report having ever used heroin remains quite small, the proportion of students in the 1995 survey who reported having ever used heroin is almost triple the percentage reporting such use in 1989, and is the highest proportion to report such use since 1980.	2
°	The overall use of glue has remained relatively stable over the past three years.	2, 3, 4
°	The proportion of students who report using inhalants has increased significantly. The percentage of students who report using inhalants at some time in their lives increased from 12.6% in 1992 to 22.5% in 1995. Similarly, the proportion of students who report having used inhalants in the past year almost doubled during that time period, from 8.4% in 1992 to 16.7% in 1995. The proportion of students reporting the use of inhalants is higher than it has been since this information was first collected in 1986.	2, 3, 4

		Table
°	The proportion of students who report having used some illicit drug at some time in their lives has increased substantially, from 38.9% in 1992 to 51.0% in 1995.	13
°	The proportion of students reporting substance use other than marijuana and alcohol at least once in their lifetime has increased from 29.0% in 1992 to 34.8% in 1995.	13
°	The proportion of students who report that they have never used a substance during their lifetime has remained virtually unchanged, from 17.6% in 1992 to 18.3% in 1995.	13

TABLE 2.

Trends in Lifetime Prevalence* of
Eleven Substances (Percent)

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol	91.2	91.8	89.2	83.9	80.4	78.8	(-1.6)
Marijuana	61.4	56.6	49.0	32.1	27.0	42.1	(+15.1) sss
Hallucinogens	15.8	14.6	13.0	9.8	11.5	15.6	(+4.1) sss
Cocaine	16.6	17.8	19.2	9.4	6.9	8.0	(+1.1)
Amphetamines	--	--	17.1	9.3	9.8	9.6	(-0.2)
Tranquilizers	13.4	10.9	10.8	7.3	8.0	7.4	(-0.6)
Barbiturates	14.4	12.4	7.6	4.8	5.6	5.6	(+0.0)
Heroin	2.2	2.4	2.4	1.6	3.5	4.7	(+1.2) s
Inhalants	--	--	17.0	12.7	12.6	22.5	(+9.9) sss
Glue	10.3	13.4	13.6	11.2	13.8	15.1	(+1.3)
Cough Medicine	5.7	4.5	4.1	4.0	5.1	7.0	(+1.9) ss

* Lifetime prevalence includes all students reporting use on one or more occasions during his or her lifetime.

Levels of significance: s<.05; ss<.01; sss<.001

TABLE 3.

Trends in Annual Prevalence* of
Nine Substances (Percent)

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol	87.6	86.9	82.9	76.5	72.1	71.7	(-0.4)
Marijuana	51.8	47.2	40.0	23.9	23.6	36.9	(+13.3) sss
Hallucinogens	12.3	10.4	8.5	6.6	8.1	12.2	(+4.1) sss
Cocaine	12.6	14.7	14.9	6.0	4.5	5.8	(+1.3) s
Amphetamines	--	--	11.0	5.1	6.4	7.3	(+0.9)
Tranquilizers	8.3	6.2	6.9	4.2	4.8	5.5	(+0.7)
Barbiturates	10.2	7.4	4.5	2.8	3.4	4.1	(+0.7)
Inhalants	--	--	10.6	7.8	8.4	16.7	(+8.3) sss
Glue	--	--	5.0	3.5	5.7	6.2	(+0.5)

* Annual prevalence includes all students reporting use on one or more occasions during the past year.

Levels of significance: s<.05; sss<.001

TABLE 4.

Trends in Monthly Prevalence* of
Nine Substances (Percent)

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol	70.2	65.9	61.9	49.6	43.9	47.4	(+3.5) ss
Marijuana	36.1	28.9	21.3	11.8	13.3	22.3	(+9.0) sss
Hallucinogens	6.3	5.0	3.3	3.3	3.4	6.0	(+2.6) sss
Cocaine	6.4	7.5	7.4	2.2	2.5	3.1	(+0.6)
Amphetamines	--	--	5.7	2.4	3.0	4.2	(+1.2) s
Tranquilizers	4.0	3.0	3.0	1.6	2.3	2.5	(+0.2)
Barbiturates	6.1	4.4	2.6	1.6	1.8	2.4	(+0.6)
Inhalants	--	--	3.6	3.0	4.3	7.7	(+3.4) sss
Glue	--	--	2.2	1.4	2.7	3.0	(+0.3)

* Monthly prevalence includes all students reporting use on one or more occasions during the past 30 days.

Levels of significance: s<.05; ss<.01; sss<.001

RECENCY OF USE

Data regarding recency of use are helpful in distinguishing between those respondents who may have only experimented briefly with a substance and those whose use continues beyond a period of experimentation. By examining the recency rate, which is defined as the proportion of all lifetime users who have also reported use during the past month, the number of students continuing with the use of a given substance is better understood.[4]

		Table
°	As would be expected, continued use is most likely to occur with alcohol. The recency rate for alcohol use is 60.1%. This is a significant increase from the 54.6% who reported similar use in 1992. It reverses a long-term decreasing trend first noted in 1983 when the recency rate declined from 77.0% in 1980 to 54.6% in 1992.	5
°	When compared to 1992, the 1995 survey indicates significant increases in the recency rate of hallucinogens (29.5% to 38.5%), amphetamines (31.1% to 43.5%) and barbiturates (32.0% to 43.0%) among those students who have ever used these substances.	5

[4]Also of importance with regard to this issue is the frequency (i.e., number of occasions) with which a substance is used. Data relative to frequency of substance use are presented in subsequent sections.

		Table
°	The recency rate for amphetamines (43.5%), tranquilizers (33.7%) and barbiturates (43.0%) is higher in 1995 than in any previous year for which data are available.	5
°	For all substances except glue, as least one of every three students who report any use of a substance report use during the past month.	5

TABLE 5.

Trends in Recency of Use
(Percent of Students Ever Using Who Have Used in the Past Month)

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol	77.0	71.8	69.4	59.1	54.6	60.1	(+5.5) sss
Marijuana	58.8	51.1	43.5	36.7	49.3	52.9	(+3.6)
Hallucinogens	39.9	34.2	25.4	33.9	29.5	38.5	(+9.0) ss
Cocaine	38.6	42.1	38.5	23.3	35.9	38.1	(+2.2)
Amphetamines	--	--	33.3	25.5	31.1	43.5	(+12.4) ss
Tranquilizers	29.8	27.5	27.8	22.1	29.1	33.7	(+4.6)
Barbiturates	42.4	35.5	34.2	32.6	32.0	43.0	(+11.0) s
Inhalants	--	--	21.2	23.7	34.2	34.4	(+0.2)
Glue	--	--	16.2	12.6	19.2	19.8	(+0.6)

Levels of significance: s<.05; ss<.01; sss<.001

FREQUENCY OF USE

Also of importance in our general consideration of substance use by high school students is the frequency with which a substance is used. Stated otherwise, in addition to knowing what proportion of students have used a substance at least once in their lifetime or in the past year, questions concerning how many times that substance is used are of obvious interest. Toward that end, a series of questionnaire items elicited information regarding the number of times a student had used a given substance during his or her lifetime, the past year, and the past month.

		Table
°	Somewhat different patterns in frequency of use are evident for the nine substances on which this type of data were collected.	6
°	Hallucinogens, amphetamines, tranquilizers, and barbiturates exhibit generally similar frequency of use patterns. Considering just those students who report some use during the past year, it was found that a substantial proportion (47.5% to 56.4%) report use on only one or two occasions. In addition, at least half of the students reporting some use of these four substances in the past month (50.0% to 60.0%) report use on only one or two occasions.	6

		Table
°	Alcohol and marijuana exhibit a somewhat different pattern regarding frequency of use. Among those students reporting some use of alcohol in the past year, slightly more than three of every four (77.7%) used the substance on three or more occasions; for marijuana, the corresponding proportion was similar (75.6%). Regarding those who have used in the past month, more than one-half (53.8%) of the students report use on three or more occasions for alcohol and a somewhat higher proportion (62.3%) report using marijuana on three or more occasions.	6
°	Although the absolute numbers are quite small, the use frequency pattern of those students who have used cocaine and barbiturates in the past month is somewhat similar to alcohol and marijuana. Of those who have used cocaine in the past month, 54.8% report doing so on three or more occasions; of those reporting the use of barbiturates during the past month, 50.0% report doing so on three or more occasions.	6

TABLE 6.

Frequency of Use - Nine Substances (Percent)
Lifetime, Last Year, Last Month

	Alc.	Mar.	Hal.	Coc.	Amph.	Trq.	Barb.	Inh.	Glue
LIFETIME USE									
None	21.2	57.9	84.4	92.0	90.4	92.6	94.4	77.5	84.9
1 - 2 occasions	11.3	9.0	6.6	3.3	4.2	3.4	2.5	7.9	9.1
3 - 9 occasions	17.3	9.7	4.2	1.8	2.6	2.1	1.4	6.7	3.1
10 - 39 occasions	24.1	9.1	3.0	1.6	1.4	1.1	1.0	4.9	1.1
40 or more	26.1	14.3	1.9	1.3	1.4	0.9	0.7	3.0	1.8
USE IN LAST 12 MONTHS									
None	28.3	63.1	87.8	94.2	92.7	94.5	95.9	83.3	93.8
1 - 2 occasions	15.9	9.0	5.8	2.5	3.8	3.1	2.0	8.1	3.6
3 - 9 occasions	20.4	9.7	3.3	1.5	1.8	1.1	1.0	4.3	1.2
10 - 39 occasions	22.5	8.2	2.1	1.1	0.9	0.7	0.5	2.6	0.6
40 or more	12.8	10.0	1.0	0.8	0.8	0.5	0.5	1.6	0.8
USE IN LAST 30 DAYS									
None	52.6	77.7	94.0	96.9	95.8	97.5	97.6	92.3	97.0
1 - 2 occasions	21.9	8.3	3.6	1.3	2.5	1.5	1.2	4.2	1.7
3 - 9 occasions	17.6	6.8	1.3	0.7	0.6	0.4	0.6	1.9	0.5
10 - 39 occasions	6.7	4.7	0.5	0.4	0.5	0.2	0.2	0.9	0.2
40 or more	1.2	2.4	0.6	0.6	0.5	0.4	0.4	0.7	0.6

Trends

In order to identify trends in the frequency with which the various substances are used, the analysis focuses on those students reporting use on ten or more occasions in the past year. The purpose is to distinguish between experimental or relatively infrequent use and heavier use which can be characterized as ongoing or recurrent. The first section of Table 7 examines the issue by reporting the percent of all students who have used a given substance on ten or more occasions in the past year. The second section considers only those students who report some use in the past year and determines the proportion of those students who have used on ten or more occasions. Stated otherwise, Table 7 examines trends toward heavier use among only those students who report some use of a substance.

		Table
°	With regard to alcohol, the proportion of all students reporting use on ten or more occasions in the past year remained relatively stable (32.8% in 1992 to 35.3% in 1995).	7
°	From 1992 to 1995, significant increases are observed in the proportion of all students reporting use of marijuana and inhalants on ten or more occasions in the past year and a marginal increase in the proportion using hallucinogens on a similar number of occasions.	7
°	Although the absolute numbers are small, in 1995 a higher proportion of students reported using hallucinogens (3.1%) and inhalants (4.2%) on ten or more occasions during the past year than in any previous survey administration.	7

		Table
°	From 1992 to 1995, there is little change in the proportion of students reporting the use of cocaine, amphetamines, tranquilizers, barbiturates and glue on ten or more occasions during the past year	7
°	Among those students who report some use of alcohol in the past year, the proportion reporting use on ten or more occasions has increased significantly from 45.6% in 1992 to 49.3% in 1995, reversing a decreasing trend uninterrupted since 1983. Similarly, of those students reporting any use of marijuana, more report using this substance on ten or more occasions during the past year. This is a moderately significant increase from 42.2% in 1992 to 49.4% in 1995.	7
°	Among students who report some use of hallucinogens, cocaine, amphetamines, barbiturates and glue, the proportion reporting use on ten or more occasions during the past year changed little from the proportion reporting similar use in 1992.	7

TABLE 7.

Trends in Frequency of Use

Of all students. . .

Percent Using on 10 or More Occasions in Past Year

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol	57.9	54.3	49.5	37.7	32.8	35.3	(+2.5)
Marijuana	29.5	22.6	16.2	9.4	10.0	18.2	(+8.2) sss
Hallucinogens	2.7	1.9	2.2	1.4	2.2	3.1	(+0.9) s
Cocaine	3.3	3.6	4.7	1.9	1.8	1.9	(+0.1)
Amphetamines	--	--	2.7	1.4	1.5	1.7	(+0.2)
Tranquilizers	2.1	1.5	1.7	0.6	1.0	1.2	(+0.2)
Barbiturates	3.3	2.0	1.4	0.6	0.9	1.1	(+0.2)
Inhalants	--	--	2.3	1.8	2.1	4.2	(+2.1) sss
Glue	--	--	0.7	0.5	1.4	1.5	(+0.1)

Of those who have used in the past year. . .

Percent Using on 10 or More Occasions

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol	66.1	62.5	59.7	49.3	45.6	49.3	(+3.7) s
Marijuana	56.9	47.9	40.5	39.4	42.2	49.4	(+7.2) ss
Hallucinogens	22.0	18.3	25.3	21.9	26.9	24.9	(-2.0)
Cocaine	26.2	24.5	31.5	31.2	38.8	32.1	(-6.7)
Amphetamines	--	--	24.8	27.6	23.3	23.1	(-0.2)
Tranquilizers	25.3	24.2	24.8	14.4	19.8	22.6	(+2.8)
Barbiturates	32.4	27.0	31.7	20.0	28.1	26.0	(-2.1)
Inhalants	--	--	21.7	23.1	25.3	25.4	(+0.1)
Glue	--	--	14.7	15.5	24.8	23.4	(-1.4)

Levels of significance: s<.05; ss<.01; sss<.001

REGULAR USE

It was considered important to make some estimates of that proportion of students constituting what might be termed the highest risk group regarding potentially harmful consequences of substance use. On the assumption that any physical harm, or problems of any nature, that accompany substance use will intensify as use becomes more and more frequent, data are presented here regarding the frequency of regular use of seven substances. "Regular use" is defined herein as use on ten or more occasions within the last thirty days.

		Table
°	Approximately one of every eight students (12.9%) uses one or more substances regularly. Stated otherwise, it is estimated that almost 27,000 high school students have used a substance on ten or more occasions during the past month.	8
°	This represents a reversal of a decreasing trend in the proportion of regular users first noted in the 1983 survey. In 1980, more than one of every four (26.8%) students reported regular use. In 1983, this proportion declined to 23.1%, in 1986, it declined to 16.1%, in 1989, it declined to 11.7% and in 1992 the decrease continued with 11.0% of the students reporting regular use of a substance.	8

TABLE 8.

Trends in Regular Substance Use

Year	Total Student Population Grades 10 - 12	Percentage of Regular Users	Estimated Number of Regular Users
1980	304,854	26.8%	81,701
1983	272,302	23.1%	62,902
1986	254,540	16.1%	40,981
1989	221,831	11.7%	25,954
1992	205,576	11.0%	22,613
1995	209,264	12.9%	26,995

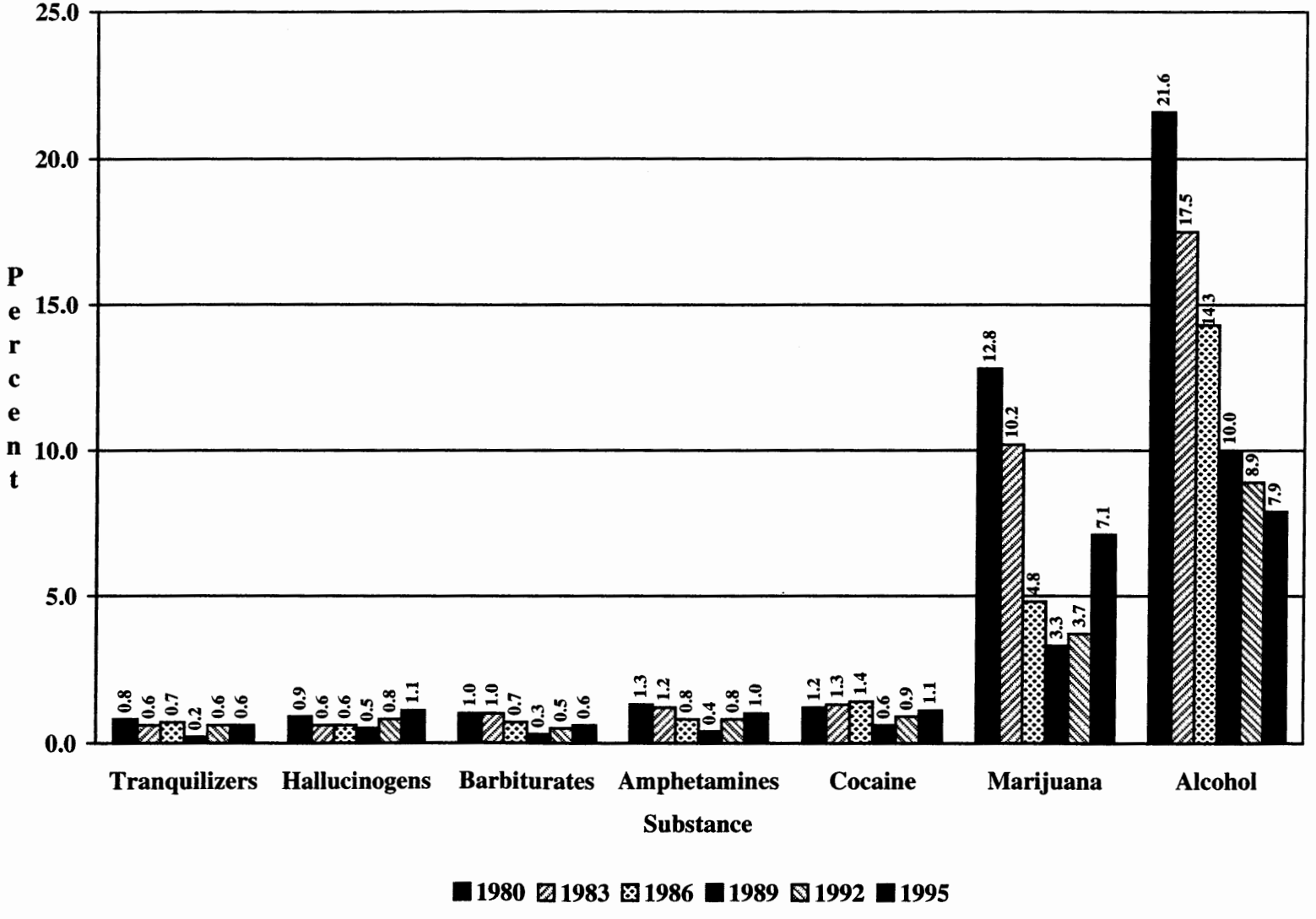
		Table
°	The proportion of students reporting regular use of alcohol, cocaine, amphetamines, barbiturates, hallucinogens and tranquilizers has not changed significantly.	Graph A
°	About one in every thirteen students (7.9%) reports regular use of alcohol. This continues a decreasing trend first noted in 1983. One-fifth of the students (21.6%) reported regular use in 1980, one-sixth (17.5%) in 1983, one-seventh (14.3%) in 1986, one-tenth (10.0%) in 1989 and one-eleventh (8.9%) in 1992.	Graph A
°	About one in every fourteen students (7.1%) reports regular use of marijuana, an increase from the 3.7% who reported regular use in 1992.	Graph A

Table

Graph A

- Less than 1.0% of the students report regular use of tranquilizers and barbiturates. Regular use of hallucinogens, amphetamines and cocaine is also relatively rare, ranging from 1.0% to 1.1% of respondents.

Graph A. Prevalence of Regular Use for Seven Substances
(Use on 10 or More Occasions in Last 30 Days)
Percent Students Using Substance Regularly



SUBGROUP COMPARISONS

Data reported in this section are primarily the result of demographic items included in the questionnaire survey. Respondents were asked to report their grade, sex and racial or ethnic group membership. In addition, the sample was stratified according to the geographical region of each selected school, as well as its general socioeconomic (SES) level. As a result, data obtained regarding prevalence and frequency of substance use were crosstabulated with the indicated demographic variables. This allows the identification of any pronounced differences in substance use behavior by the population subgroups identified via the demographic variables.

	Grade	Table
°	The relationship between grade and lifetime substance use varies somewhat from substance to substance.	9
°	With alcohol and marijuana there is little difference between tenth and eleventh grade use. Twelfth grade students, however, are significantly more likely to report lifetime use than tenth or eleventh grade students.	9
°	Little difference in lifetime prevalence among grades is apparent regarding the use of inhalants.	9

		Table
°	There is also little difference in lifetime prevalence among grades regarding the use of hallucinogens, cocaine, amphetamines, tranquilizers, barbiturates and cough medicine.	9
°	Although there is no significant difference in the lifetime prevalence among grades regarding heroin, the data suggest that the relationship between grade and lifetime use of heroin and glue is in a reverse direction; more tenth graders report lifetime heroin and glue use than eleventh graders, who report more use than twelfth graders.	9
°	With regard to heavy use of alcohol (40 or more occasions in the past year), an incremental increase by grade is readily observed with almost twice as many twelfth grade students reporting heavy use of alcohol than tenth grade students.	35
	Sex	
°	For many of the substances covered in the survey there are differences between males and females in either lifetime or annual prevalence.	9, 10
°	While annual use of alcohol is higher among females than males, there is no significant difference between males and females with regard to lifetime use.	9, 10

		Table
°	The opposite is true of marijuana. Males are significantly more likely to report lifetime use of marijuana. Although a higher proportion of males report annual use of marijuana, the difference between males and females is not significant.	9, 10
°	Lifetime and annual use of cocaine, hallucinogens and glue is significantly higher among males than females.	9, 10
°	Males are also significantly more likely to report lifetime use of heroin, with more than twice as many males reporting such use.	9
°	With regard to frequency of use, males are significantly more likely to be heavy users (40 or more occasions in the past year) of marijuana, cocaine, hallucinogens, barbiturates and glue.	37, 39, 43, 47, 52
	Race[5]	
°	Whites are significantly more likely than blacks or Hispanics to report lifetime and annual use of alcohol, hallucinogens and inhalants.	9, 10

[5] The comparatively small number of black (368) and Hispanic (362) respondents is such that extreme caution must be exercised in generalizing these findings to the population as a whole.

		Table
°	Whites are also significantly more likely than blacks to have used amphetamines in their lifetime or in the past year and more likely than Hispanics to have used this substance in the past year.	9, 10
°	White students are also significantly more likely than Hispanics to report lifetime or annual use of marijuana.	9, 10
°	Whites are significantly more likely than blacks and Hispanics to be heavy users of alcohol (use on 40 or more occasions during the past year).	35
°	Whites are also significantly more likely than Hispanics to be heavy users of marijuana.	37
	Socioeconomic Status	
°	In general, there is little overall difference in drug or alcohol use with respect to the socioeconomic categorization of the schools surveyed, and, where differences do exist, students from schools in the low socioeconomic category are less likely to use than those in high or medium categories.	9, 10

		Table
°	While use patterns are similar for students from schools in the high and medium socioeconomic categories, students from schools in the low socioeconomic category are significantly less likely to report lifetime or annual use of alcohol. They are also less likely than students from schools in the high socioeconomic category to report lifetime or annual use of inhalants and less likely than students from schools in the medium socioeconomic category to report annual use of inhalants.	9, 10
°	Students from schools in the low socioeconomic category are also less likely to report lifetime or annual use of hallucinogens than students from schools in the medium socioeconomic category.	9, 10
°	Students from schools in the medium socioeconomic category are significantly more likely to report heavy use of alcohol (40 or more times during the past year) than those from schools in the low socioeconomic category.	35

Region	Table
° Although some specific differences can be observed, there is no overriding difference in drug or alcohol use with respect to the geographical regions of the schools surveyed.	9, 10
° Students from the central region are significantly more likely to report lifetime and annual use of hallucinogens, cocaine, barbiturates and inhalants than those students from the north. Students from the central region are also more likely than those from the northern region to report lifetime use of heroin.	9, 10
° Students from the southern region are significantly more likely than students from the northern region to report lifetime use of cough medicine to get high.	9
° Students from the central region are more likely to be heavy lifetime or annual users of marijuana (40 or more times) than students from the northern region.	36, 37

TABLE 9.

Lifetime Prevalence - Substance Type by Major Subgroups
(Percent)

	Alc.	Mar.	Hal.	Coc.	Amph.	Trq.	Barb.	Her.	Inh.	Glue	Cough
Total	78.8	42.1	15.6	8.0	9.6	7.4	5.6	4.7	22.5	15.1	7.0
Grade:											
10	76.1	38.2	13.7	7.5	8.6	7.3	5.0	5.0	21.7	15.6	7.2
11	76.4	39.8	15.2	7.7	10.4	8.3	6.4	4.8	22.5	15.1	7.6
12	84.4	48.9	17.9	8.7	9.7	6.2	5.0	4.0	23.1	14.0	5.9
Sex:											
Male	76.9	45.1	17.7	9.7	10.0	7.6	6.5	6.5	22.1	17.6	7.3
Female	80.6	39.4	13.8	6.6	9.3	7.2	4.9	3.1	22.9	12.9	6.8
Race:											
White	83.5	46.1	19.5	9.3	11.9	8.3	6.5	4.7	27.9	16.9	7.6
Black	72.7	43.3	8.1	5.8	5.4	5.2	4.7	5.9	10.4	11.5	7.0
Hispanic	71.3	37.0	12.3	6.5	7.0	7.5	4.5	5.3	16.0	11.5	6.0
SES:											
High	81.2	42.2	15.5	7.8	10.7	8.2	4.9	3.7	25.7	15.0	5.8
Medium	81.3	44.5	18.8	9.5	9.9	8.0	6.5	5.2	23.9	14.7	6.8
Low	74.3	40.0	13.3	7.1	8.4	6.2	5.7	5.3	18.3	15.5	8.3
Region:											
North	76.0	40.1	12.6	6.2	7.9	5.9	3.8	3.4	19.7	14.1	5.5
Central	81.0	44.1	19.5	10.6	11.5	8.8	7.4	6.6	25.9	15.8	7.1
South	81.3	43.3	16.6	8.2	10.5	8.8	6.9	4.6	23.5	16.4	9.9

TABLE 10.

Annual Prevalence - Substance Type by Major Subgroups
(Percent)

	Alc.	Mar.	Hal.	Coc.	Amph.	Trq.	Barb.	Inh.	Glue
Total	71.7	36.9	12.2	5.8	7.3	5.5	4.1	16.7	6.2
Grade:									
10	68.2	33.0	11.7	5.1	6.8	5.7	4.4	15.6	7.3
11	69.9	35.8	11.4	5.3	7.6	6.0	4.4	17.3	6.1
12	77.6	42.3	13.5	6.8	7.2	4.3	3.3	17.1	4.5
Sex:									
Male	68.8	38.9	14.4	7.3	7.4	5.4	4.8	16.6	8.3
Female	74.2	35.1	10.3	4.5	7.3	5.6	3.4	16.8	4.3
Race:									
White	78.9	41.8	16.5	7.5	9.4	6.7	4.9	21.6	7.0
Black	63.1	36.3	4.2	3.6	3.1	3.1	3.4	7.2	5.5
Hispanic	62.3	29.0	6.9	3.5	4.6	4.4	2.8	10.9	4.1
SES:									
High	74.8	38.1	12.6	5.8	8.0	6.7	3.6	18.8	5.6
Medium	74.4	39.3	16.1	6.4	7.9	5.8	4.6	18.7	5.9
Low	66.3	33.8	8.9	5.3	6.1	4.0	4.1	13.0	7.0
Region:									
North	68.5	34.8	9.8	4.0	5.9	4.6	3.0	13.8	5.2
Central	73.9	38.5	15.5	7.7	9.0	6.1	5.6	19.3	6.9
South	74.9	38.9	12.7	6.8	7.8	6.4	4.2	18.9	7.3

FIRST USE

A series of survey items was included to obtain information concerning students' first use of drugs and alcohol. The students were asked to report the grade in which they first used each of nine substances. The data which are presented in this section examine just those students who report some lifetime use of the listed substances. Table 11 displays the proportion of those students reporting first use of each listed substance in the sixth grade or earlier, during seventh and eighth grades, and during ninth grade. The table then lists the total proportion of lifetime users who reported first use of the substance prior to the tenth grade. It is recognized that information regarding the age at which students begin substance experimentation is of key importance in determining the content of prevention efforts as well as the age or grades to which they are directed.

		Table
°	Almost all students (85.4%) who report ever using alcohol have done so prior to tenth grade.	11
°	A similar pattern of first use is evident regarding glue sniffing; 88.3% of those who have sniffed glue report first use before tenth grade.	11
°	Of those students reporting any use of alcohol, about two-thirds (64.0%) have done so by the time they have completed eighth grade. For those who have used glue, almost three-fourths (74.3%) began use prior to completing eighth grade.	11

		Table
°	Except for hallucinogens and cocaine, a clear majority of the students who have ever used any other substance report initial use prior to tenth grade.	11
°	Except for hallucinogens, cocaine, amphetamines and barbiturates, the proportion of lifetime users initiating use of a substance prior to tenth grade has remained basically the same.	12
°	Among those students who have ever used hallucinogens, a moderately significant decrease in the proportion of students who report first use prior to tenth grade is observed, from 60.8% in 1992 to 49.1% in 1995	12
°	Similarly, the proportion of students who have ever used cocaine, amphetamines and barbiturates who first used prior to tenth grade decreased significantly from 1992 to 1995.	12

TABLE 11.

First Use of Nine Substances by Grade
(Percent of Those Ever Using)

SUBSTANCE	6th Grade or Earlier	7th-8th	9th	Total Before 10th Grade
Alcohol	31.8	32.2	21.4	85.4
Marijuana	6.8	21.5	32.4	60.7
Hallucinogens	10.8	10.2	28.1	49.1
Cocaine	18.8	10.8	17.6	47.2
Amphetamines	12.8	16.5	27.7	57.0
Tranquilizers	21.1	19.4	20.7	61.2
Barbiturates	17.2	15.4	24.3	56.9
Inhalants	21.8	25.2	18.3	65.3
Glue	41.0	33.3	14.0	88.3

TABLE 12.

Trends in First Use Before 10th Grade
(Percent of Those Ever Using)

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol	91.3	89.5	86.2	89.2	86.9	85.4	(-1.5)
Marijuana	78.3	73.8	71.8	69.8	60.3	60.7	(+0.4)
Hallucinogens	54.0	61.2	55.0	54.0	60.8	49.1	(-11.7) ss
Cocaine	41.3	40.2	43.7	47.6	59.6	47.1	(-12.5) s
Amphetamines	--	--	65.3	64.1	66.5	57.0	(-9.5) s
Tranquilizers	56.0	68.0	54.9	55.2	65.2	61.2	(-4.0)
Barbiturates	53.3	65.6	62.5	65.8	71.3	56.9	(-14.4) s
Inhalants	--	--	56.8	61.0	67.9	65.3	(-2.6)
Glue	--	--	86.2	88.9	88.1	88.3	(+0.2)

Levels of significance: s<.05; ss<.01

SUBSTANCE USE PATTERNS

Data from the survey were analyzed to generate more information regarding individual patterns of substance use. When considering substance use by individual students, it is important to discern patterns which cut across the specific substance categories enumerated in the survey. In order to do this, survey responses were used to describe each respondent in terms of the type and number of substances used at some time in their life, as well as in the past year. More specifically, this section reports the proportion of the total student sample who have used the indicated number of different substances at some point in their lives or in the past year.

In addition, this section seeks to further describe patterns of individual student use by describing the types of substances used during the respondent's lifetime and in the past year. A distinction is drawn among alcohol use, marijuana use and use of other substances. To do so, respondents are categorized as having used alcohol only, marijuana only, alcohol and marijuana but nothing else, or other substances. In that way, the proportion of substance users whose consumption goes beyond just use of marijuana and alcohol can be determined. Just how appropriate this distinction might be remains an open question. It is, however, a distinction often drawn, most notably by the criminal law.

	Lifetime Patterns	Table
°	About one in every five students (18.3%) has not used any of the substances listed at some time in his or her life.	13, Graph B Chart 1
°	About one-half of the students (53.7%) have limited substance use to one or two substances in their lifetime.	Graph B

		Table
°	Considering just those students who have used at least one substance, almost two-thirds (65.7%) have used only one or two different substances during their lifetime.	Graph B
°	About three of every ten students (28.0%) have used three or more substances at some time in their lives.	Graph B
°	While little change was observed overall between the 1980 and 1983 surveys, a continuing decrease in the number of substances ever used by the students was evident in the 1986 and 1989 surveys. The 1992 survey represented a moderation in that decreasing trend and the 1995 survey suggests a general increase in the number of substances used.	Graph B
°	More than one-third of the students (34.8%) have used a substance other than marijuana or alcohol at some time in their lives, while almost one-half of all students (46.8%) have limited their substance use to alcohol and marijuana.	13, Chart 1
°	Use of marijuana absent any other substance use is extremely rare; 2.2% of all students have used marijuana exclusively during their lifetime.	13, Chart 1

		Table
°	However, such is not the case with alcohol; almost one-third of all students (30.6%) have used only alcohol during their lifetimes.	13, Chart 1
°	An increase was observed between the 1992 and 1995 surveys in the number of students who reported substance use other than alcohol or marijuana at some time in their lives.	13, Graph C
°	The number of students who report using no substances continues an increase first noticed in 1983. In fact, in 1995 the proportion of students reporting complete abstinence was more than three times the proportion who used no substances in 1980 (5.7% in 1980, 18.3% in 1995).	13, Graph C

Graph B. Number of Substances Used in Lifetime
1980, 1983, 1986, 1989, 1992 and 1995
Percent of Students Using Substances

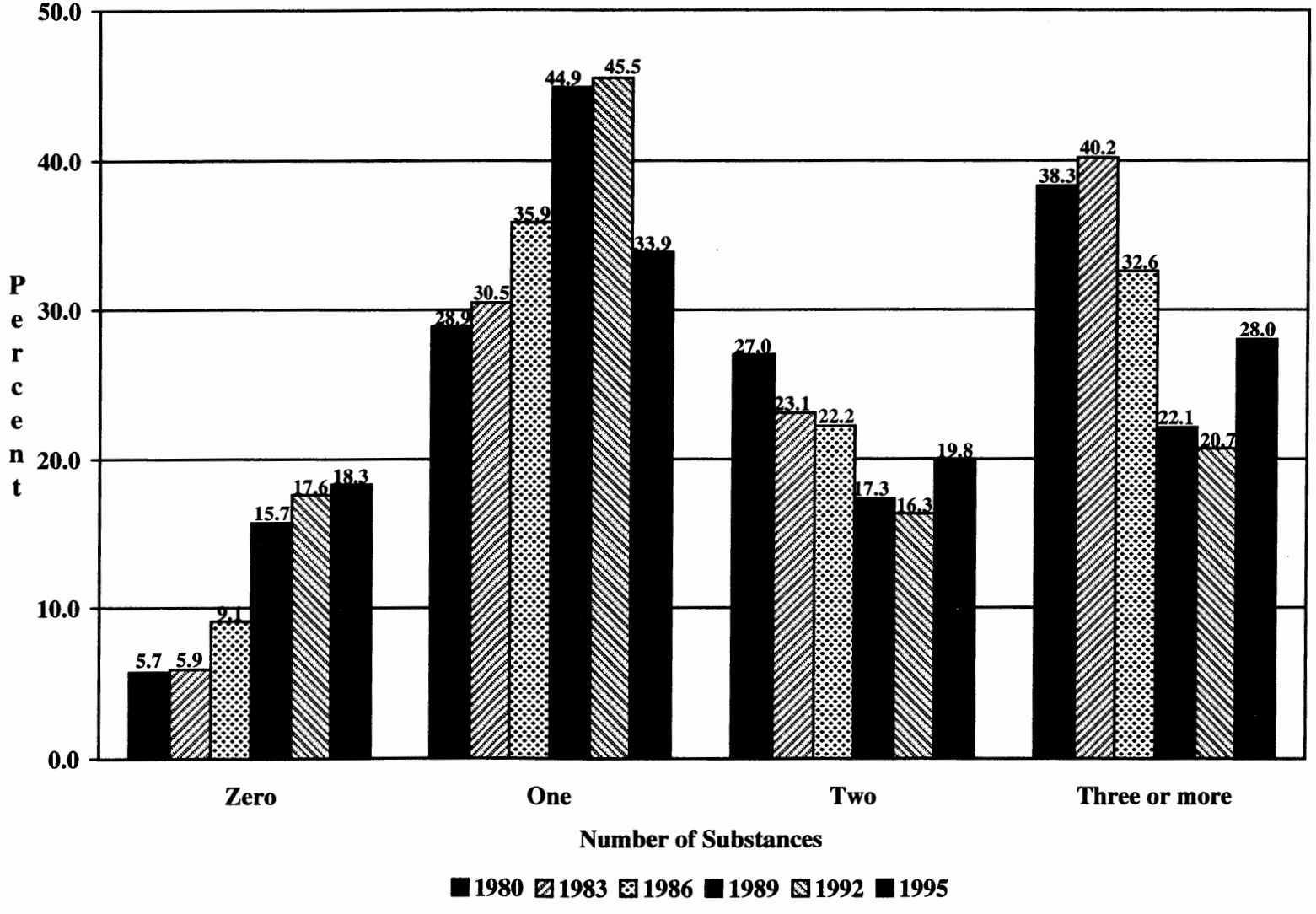


TABLE 13.

Trends in the Type of Substances Used* (Percent)
Lifetime**

SUBSTANCE	1980	1983	1986	1989	1992	1995
None	5.7	5.9	9.1	15.7	17.6	18.3
Alcohol Only	27.0	29.3	34.9	43.6	43.6	30.6
Marijuana Only	1.3	0.6	0.7	0.9	0.7	2.2
Alcohol & Marijuana	24.7	18.7	17.0	11.0	9.2	14.0
Other Substance(s)***	41.3	45.6	38.3	28.9	29.0	34.8
Total	100.0	100.0	100.0	100.0	100.0	100.0

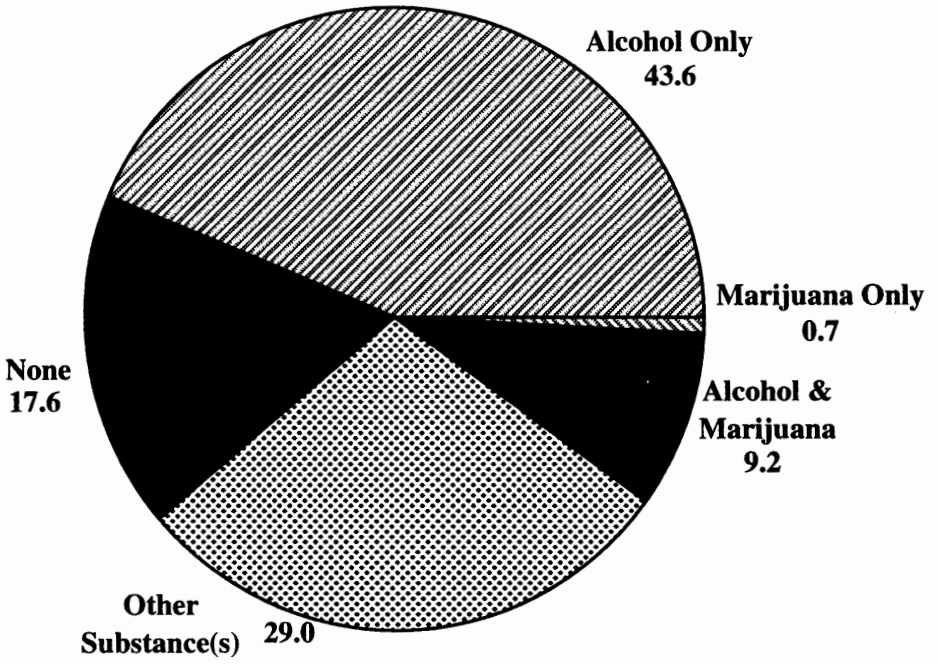
* As in the previous section, direct comparison of the findings between the lifetime and past year categories is misleading due to the absence of annual prevalence data for four substances.

** Adjustments have been made to the 1980 and 1983 data to account for survey modifications in 1986 regarding amphetamine use. These adjustments permit more accurate comparisons of these findings for all survey administrations.

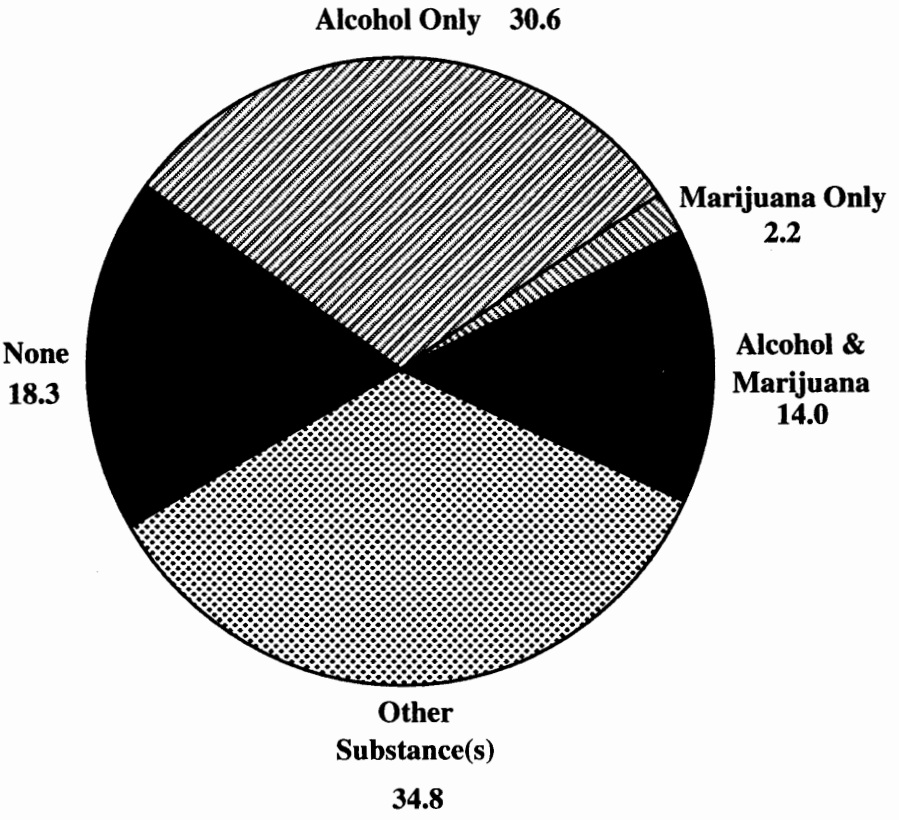
*** Other substance use includes any use of cocaine, hallucinogens, or heroin; it also includes any use of glue, other inhalants or cough medicine as an intoxicant, or any use of amphetamines, barbiturates, or tranquilizers not under a physician's order.

Chart 1. Type of Substances Used During Lifetime
Percent of All Students

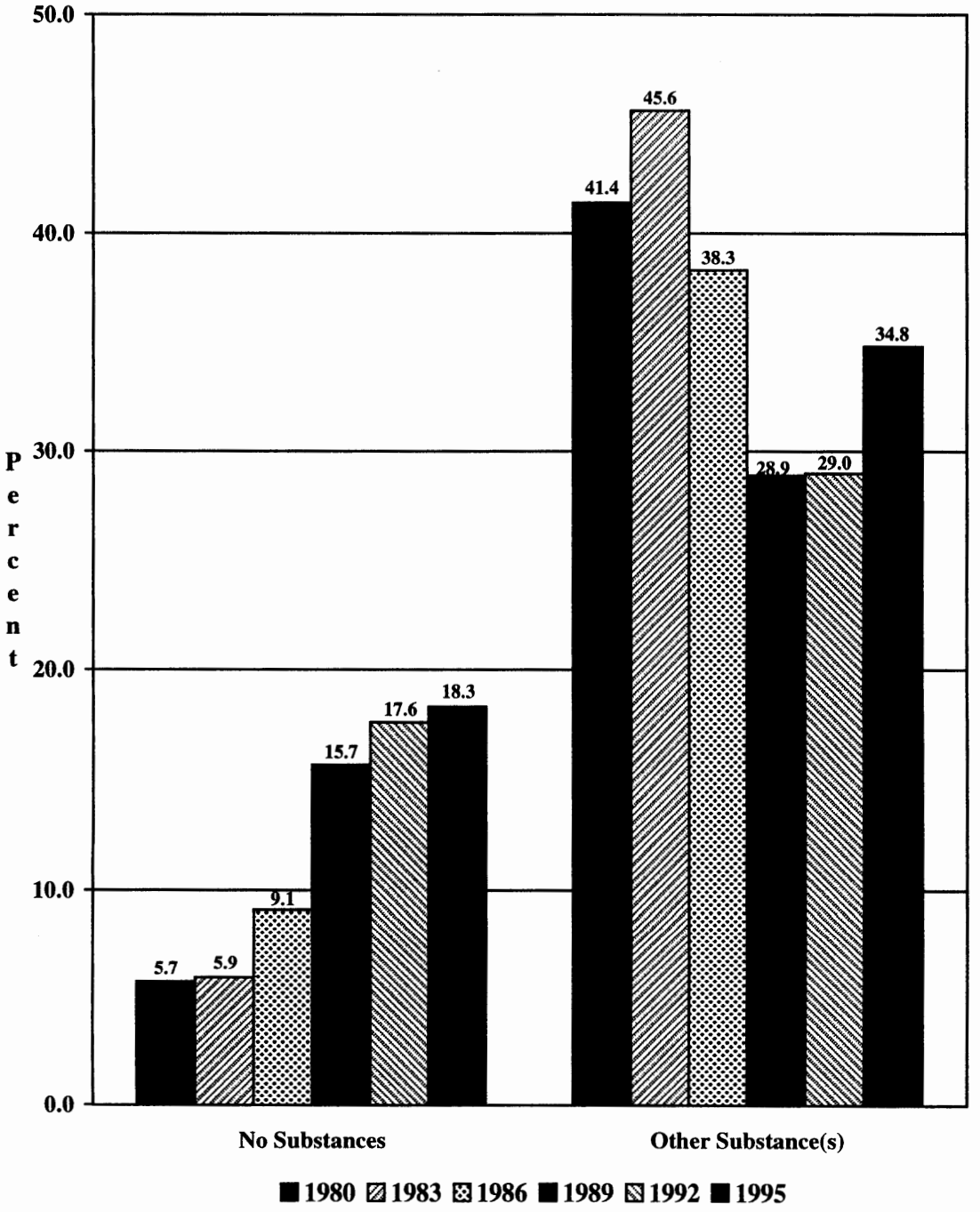
1992



1995



Graph C. Type of Substances Used During Lifetime
No Substances - Other Substances*
Percent of All Students



* Other substance use includes use of cocaine, hallucinogens, or heroin; it also includes any use of glue or other inhalants or cough medicine as an intoxicant, or any use of amphetamines, barbiturates or tranquilizers not under a physician's order.

Annual Patterns

In Graph D, data are presented concerning use of seven substances by students in the past year. Annual prevalence data regarding these seven substances are available from each of the six survey administrations.[6] As with the preceding section, the purpose is to describe substance use patterns across the various categories of substances included in the survey. Moving from lifetime to annual prevalence helps to distinguish patterns of ongoing substance use from experimental or non-continuing use episodes. The following substances, used in the past year, are considered in this section: alcohol, marijuana, hallucinogens, cocaine, amphetamines, tranquilizers and barbiturates.

	Table
° About one in every four students (26.2%) has not used any of the listed seven substances in the past year.	14 Graphs D and E Chart 2
° About three-fifths of the students (58.6%) have used one or two of the substances in the past year.	Graph D
° Of those students who have used any of the seven substances in the past year, about one-half (50.7%) have used only one, while about one-fourth (28.7%) have used two.	Graph D

[6]Likewise, data used in the "substance type" table (Table 14) pertain to the same seven substances to permit more accurate comparisons of the various survey results.

	Table
° About one in every seven students (15.1%) has used three or more substances in the past year.	Graph D
° Little change is evident in the 1995 survey results. The number of students who have been substance free for the past year increased steadily from 1980 through 1992 and remained virtually unchanged from 1992 to 1995.	14 Graphs D and E Chart 2
° The number of students reporting use of three or more substances in the past year increased by more than one-third, from 10.8% in 1992 to 15.1% in 1995.	Graph D
° While less than one-fifth of the students (17.8%) have used a substance other than alcohol or marijuana in the past year, the proportion doing so has increased by almost 50%, from 12.2% in 1992 to 17.8% in 1995.	14, Graph E Chart 2
° About one-third of the students (34.6%) have used only alcohol in the past year.	14, Chart 2

TABLE 14.

Trends in the Type of Substances Used* (Percent)
Last Year**

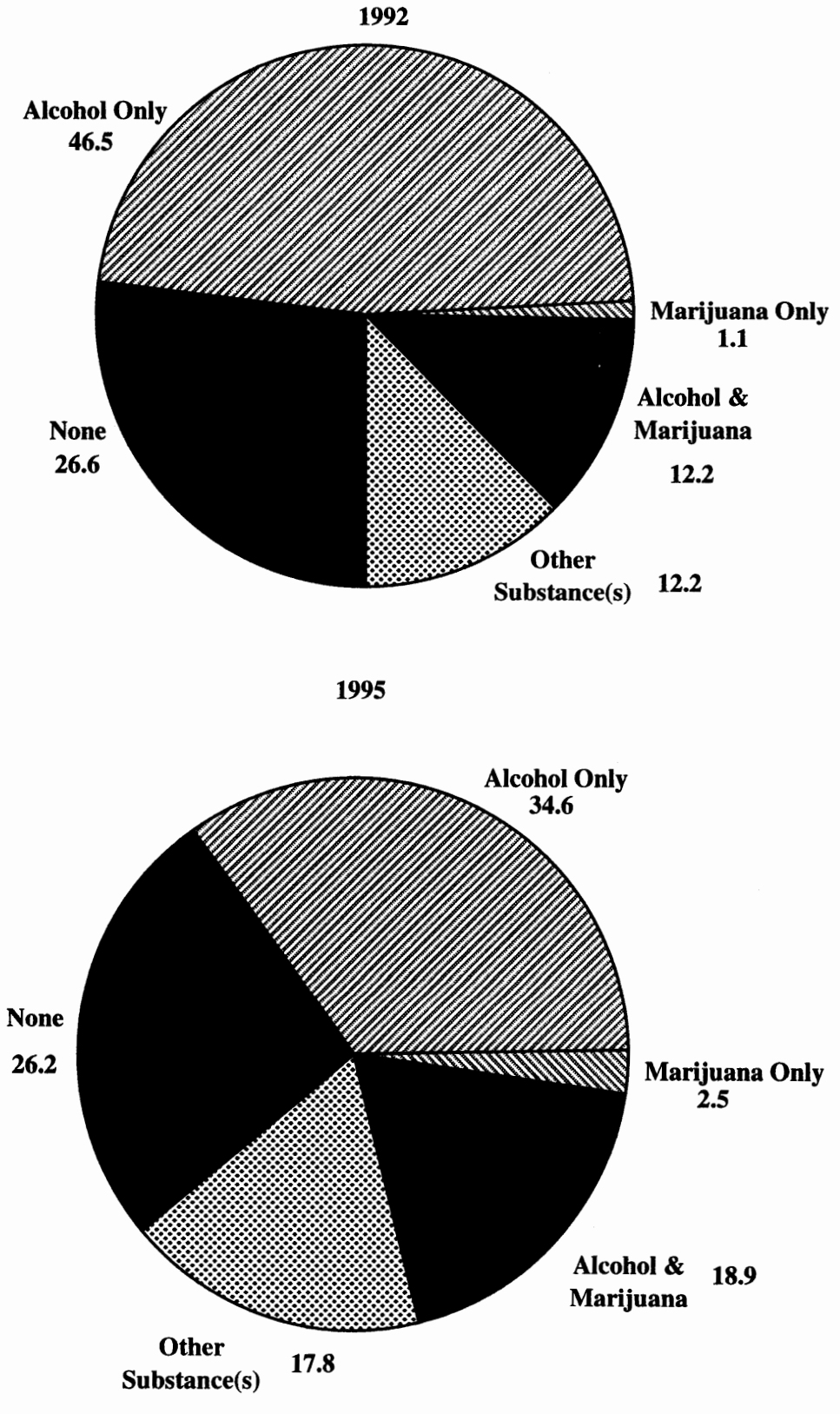
SUBSTANCE	1980	1983	1986	1989	1992	1995
None	9.4	10.9	15.3	23.6	26.6	26.2
Alcohol Only	35.3	37.3	41.4	49.5	46.5	34.6
Marijuana Only	1.4	0.8	1.1	0.9	1.1	2.5
Alcohol & Marijuana	24.9	20.6	19.8	12.5	12.2	18.9
Other Substance(s)***	28.9	30.3	22.5	13.4	12.2	17.8
Total	100.0	100.0	100.0	100.0	100.0	100.0

* As in the previous section, direct comparison of the findings between the lifetime and past year categories is misleading due to the absence of annual prevalence data for four substances.

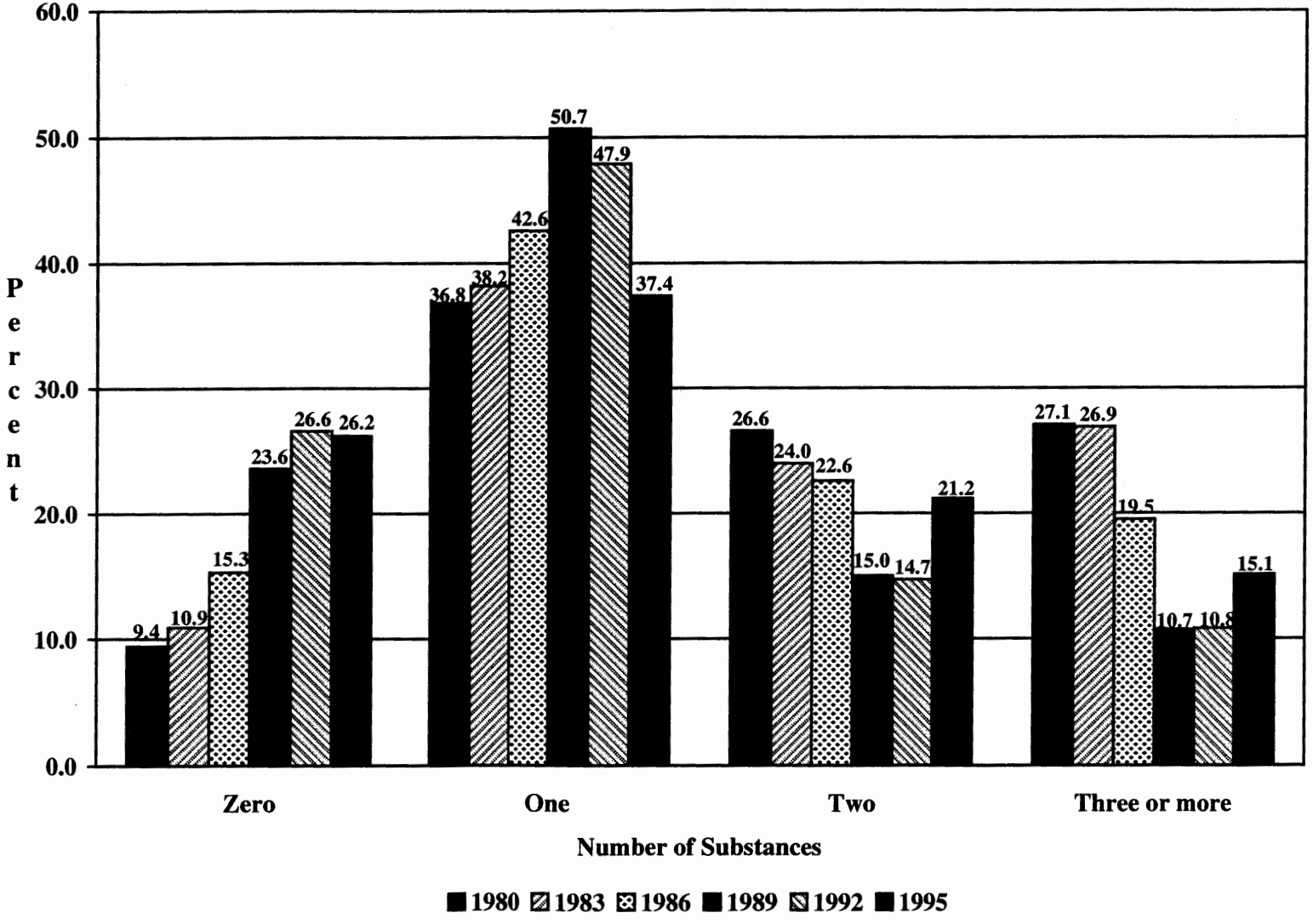
** Adjustments have been made to the 1980 and 1983 data to account for survey modifications in 1986 regarding amphetamine use. These adjustments permit more accurate comparison of these findings for all survey administrations.

*** Other substances include any use of cocaine, amphetamines, or hallucinogens; it also includes any use of barbiturates or tranquilizers not under a physician's order.

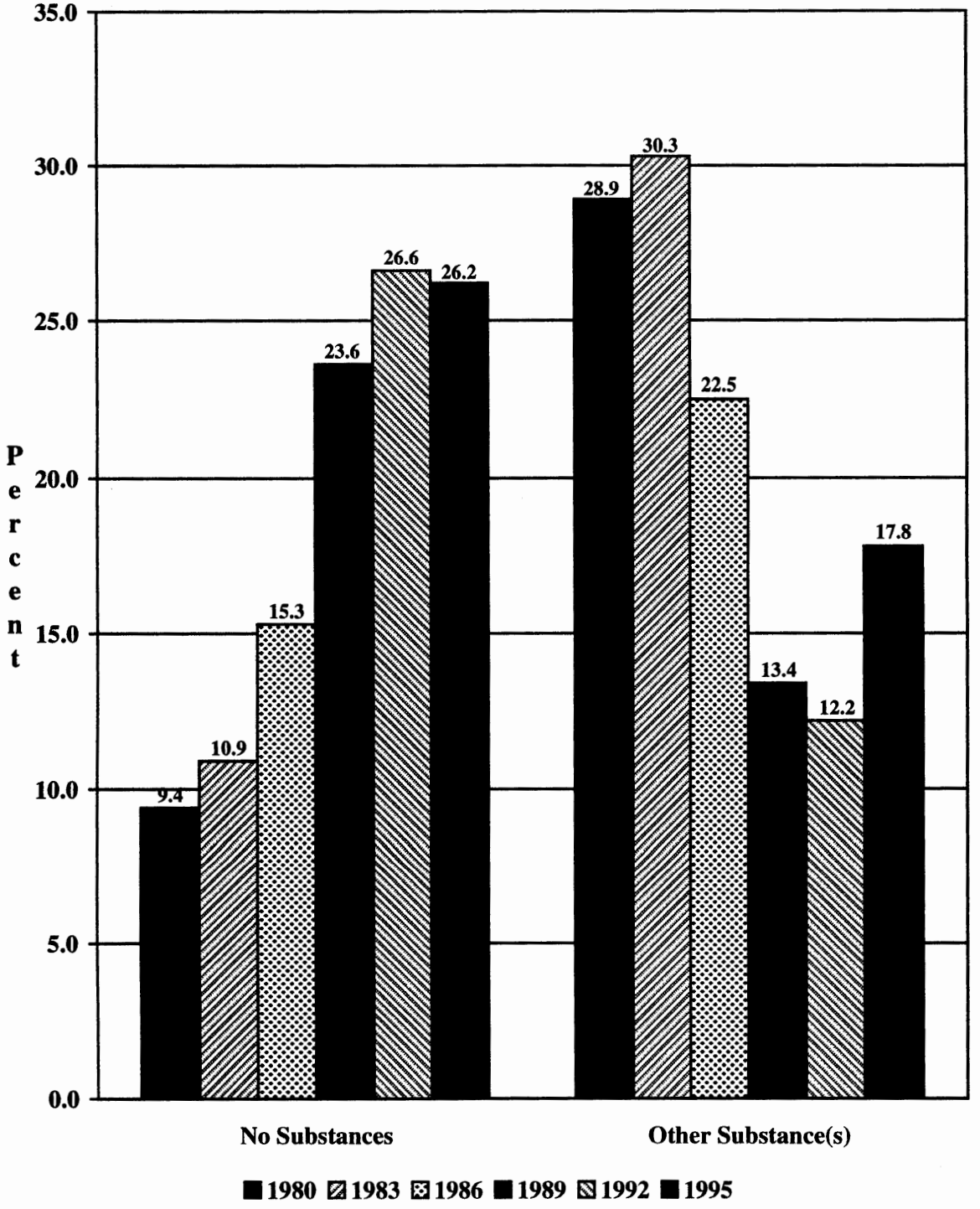
Chart 2. Type of Substances Used During Past Year
Percent of All Students



Graph D. Number of Substances Used in Past Year
1980, 1983, 1986, 1989, 1992 and 1995
Percent of Students Using Substances



Graph E. Type of Substances Used During Past Year
No Substances - Other Substances*
Percent of All Students



*Other substance use includes use of cocaine, amphetamines or hallucinogens; it also includes any use of barbiturates or tranquilizers not under a physician's order.

ACADEMIC PERFORMANCE

Students were asked a question concerning their overall academic performance in high school. An item on the questionnaire asked respondents to indicate the grades they most often received: mostly A's, mostly B's, etc. The intention was to discover if there existed any relationship between students' academic performance and their use of alcohol or drugs. Table 15 shows the proportion of students in each academic performance grouping who have used the indicated substance in the past year. While these data alone cannot be used to suggest any causal link between substance use and academic performance, the identification of any association between the two is of obvious importance.

		Table
°	A strong relationship between academic performance and substance use is evident for eight of the nine substances; the higher the self-reported grade, the lower the proportion of students who have used the substance in the past year.	15
°	While alcohol use exhibits the same direction of association with academic performance, the strength of that association is clearly less than for the other substance categories.	15

TABLE 15.

Annual Prevalence by Self-Reported
Academic Performance
(Percent)

GRADES	Alc.	Mar.	Hal.	Coc.	Amph.	Trq.	Barb.	Inh.	Glue
Total	71.7	36.9	12.2	5.8	7.3	5.5	4.1	16.7	6.2
Mostly A's	63.3	24.1	5.8	3.7	3.6	4.0	2.4	9.8	4.2
Mostly B's	73.0	34.1	11.2	4.3	6.6	4.9	3.2	16.2	4.7
Mostly C's	74.8	46.2	15.6	7.4	9.0	5.6	4.7	20.1	7.7
Mostly D's and F's	79.3	68.5	34.8	24.8	22.4	20.1	19.1	34.7	24.4

COMBINED SUBSTANCE USE

A series of questions was included in the survey in order to obtain information concerning the use of various substance combinations at the same time. Inasmuch as the potential for physical harm is substantially increased when certain substances are used in combination, it was decided to inquire as to the propensity of respondents to use more than one substance on a given occasion. The questions were designed to gauge the proportion of students who, at any time, have used combinations of alcohol, marijuana and other drugs.

		Table
°	About one in every four students (25.7%) reports using marijuana and alcohol at the same time at least once in his or her life, reversing a decreasing trend first noted in 1983.	16
°	About one of every six students (16.4%) has combined use of marijuana and other drugs at some time in his or her life; somewhat fewer (9.3%) have used alcohol and drugs (other than marijuana) together at least once in their lives.	16
°	Combinations of all three groups (alcohol, marijuana and other drugs) have been used at the same time by about one of every thirteen students (7.7%) at least once during his or her life. This represents a significant increase in the proportion reporting such use in 1995 when compared to 1992.	16

		Table
°	A somewhat larger proportion of all students (9.2%) have used two or more drugs (other than marijuana) in combination at some time in their lives. The proportion using two or more drugs is significantly higher in 1995 than in 1992.	16
°	Considering just those students who have ever used substances, the proportion reporting combining two or more drugs (other than marijuana) decreased slightly, from 31.7% in 1992 to 29.6% in 1995. This reverses an increasing trend first noted in 1986.	17

TABLE 16.

Trends in Combined Substance Use
(Percent Reporting Use)

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol and Marijuana	43.6	38.3	31.2	21.0	18.3	25.7	(+7.4) sss
Marijuana and Other Drugs	21.5	20.2	17.4	12.7	11.2	16.4	(+5.2) sss
Alcohol and Other Drugs	18.1	16.2	13.2	9.3	8.5	9.3	(+0.8)
Alcohol, Marijuana and Other Drugs	14.1	12.1	9.6	7.2	5.9	7.7	(+1.8) s
Two or More Drugs	10.7	10.9	9.1	6.8	7.1	9.2	(+2.1) ss

Levels of significance: s<.05; ss<.01; sss<.001

TABLE 17.

Trends in Combined Substance Use
(Percent of Those Ever Using)

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol and Marijuana*	70.0	69.1	66.2	68.2	67.2	62.6	(-4.6)
Marijuana and Other Drugs**	47.5	42.5	43.0	49.3	45.7	49.4	(+3.7)
Alcohol and Other Drugs**	40.8	35.3	34.4	37.0	34.3	29.2	(-5.1) s
Alcohol, Marijuana and Other Drugs**	31.5	26.7	25.3	29.3	25.2	23.7	(-1.5)
Two or More Drugs**	24.5	23.8	24.0	28.5	31.7	29.6	(-2.1)

* Population under consideration includes those students reporting lifetime use of marijuana.

** Population under consideration includes those students reporting lifetime use of at least one of the following: hallucinogens, cocaine, amphetamines, barbiturates, tranquilizers, heroin, cough syrup, methadone, glue or other inhalants.

Level of significance: s<.05

CIGARETTE USE

The link between cigarette smoking and health problems is by now well established. Health education curricula throughout the state have included segments concerning the smoking habit and the consequent health problems associated with the use of cigarettes. For this reason, and to more completely describe patterns of substance use by the state's high school students, questionnaire items regarding the use of cigarettes were included. Information was obtained concerning both the current use patterns of the students as well as their perception of the degree of physical harm associated with regular cigarette use.

		Table
°	About three-fifths of the students (60.2%) report that they do not currently smoke cigarettes.	18
°	Of the 39.8% who do currently smoke cigarettes, more than half (21.3% of the whole sample) report only occasional use.	18
°	About one in every five students (18.5%) reports regular or daily cigarette smoking. The great majority of these students indicate smoking "half a pack or less a day" (7.2%) or "half a pack to a pack a day" (9.0%).	18
°	Regular smoking of more than a pack a day is rare, with 2.3% of the students so reporting.	18

		Table
°	About three-fourths of the students (70.8%) associate a great risk of physical harm with smoking one to two packs of cigarettes a day, while more than five of every six students (83.4%) perceive a moderate or great risk in connection with such use.	19
°	Although very few students (4.5%) perceive little or no risk involved in smoking one or two packs a day, 12.1% report that they do not know what risk of physical harm is present.	19

TABLE 18.

Trends in Current Cigarette Use
(Percent)

USE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Never	60.4	58.5	58.7	67.1	67.0	60.2	(-6.8)
On Occasion	18.9	20.5	21.2	17.0	17.6	21.3	(+3.7)
Half Pack or Less a Day	9.8	9.4	8.4	5.6	6.2	7.2	(+1.0)
Half to One Pack a Day	9.2	9.7	9.3	7.9	7.2	9.0	(+1.8)
More than One Pack a Day	1.7	1.9	2.3	2.4	2.0	2.3	(+0.3)
Total	100.0	100.0	100.0	100.0	100.0	100.0	

TABLE 19.

Trends in Perceived Risk of Physical Harm
1-2 Packs a Day (Percent)

RISK	1980	1983	1986	1989	1992	1995	Change 1992-1995
Great	56.4	60.7	67.6	73.7	70.4	70.8	(+0.4)
Moderate	22.5	19.6	16.8	11.9	13.0	12.6	(-0.4)
Slight	4.5	3.2	2.8	2.0	2.6	2.6	(+0.0)
None	0.7	1.1	1.1	0.8	1.9	1.9	(+0.0)
Do Not Know	15.9	15.4	11.7	11.6	12.1	12.1	(+0.0)
Total	100.0	100.0	100.0	100.0	100.0	100.0	

STUDENTS ATTITUDES AND PATTERNS OF SUBSTANCE USE

The ensuing sections report information gathered relative to the attitudes, perceptions and beliefs of high school students regarding alcohol and drug use. Questionnaire items range from questions concerning the times and occasions on which students are most likely to use drugs or alcohol, to questions surveying students' opinions regarding the legality of marijuana and their perceptions of the availability of various substances.

In addition, several sections report issues which focus on questions of prevention. Respondents were asked to indicate factors most likely to prevent them from using drugs or alcohol, as well as their perceptions concerning the harmfulness of various patterns of substance use. Finally, information concerning the respondents' projected use of marijuana ten years from now is also presented.

PERCEIVED AVAILABILITY

It is clear that use of a substance must, to some degree, be a function of that substance's availability to the potential user. A series of items included in the questionnaire sought to measure the respondent's perceptions regarding the availability of seven specific substances. Possible responses to those items included a set of five alternatives ranging from "very easy" to "probably impossible". Although it is recognized that perceived availability may not be a precise reflection of the actual availability of a substance, it does seem reasonable to assume some degree of correspondence between the perception and actuality.

		Table
°	There appear to be two availability ranges encompassing the seven substances for which data were collected. Not surprisingly, it was generally found that the more widely used substances are perceived to be more readily available.	20
°	Alcohol and marijuana are available to a substantial majority of all students, with more than nine of every ten (91.8%) saying alcohol was "easy" or "very easy" to obtain and 87.0% saying the same about marijuana.	20
°	Almost two-thirds of the students (64.7%) report that hallucinogens are easy or very easy to obtain. The proportion of students who think hallucinogens are easy to obtain has increased steadily since 1983.	20

		Table
°	About half of all the students report that cocaine, amphetamines, tranquilizers and barbiturates are easily obtainable (47.5% to 57.2%).	20
°	The proportion of students reporting that marijuana is easy or very easy to obtain increased significantly from 79.6% in 1992 to 87.0% in 1995.	20
°	A moderate decrease in the proportion of students who believe that tranquilizers are easy or very easy to obtain is noted, from 52.4% in 1992 to 48.0% in 1995.	20
°	Additionally, barbiturates have become somewhat less easy to obtain. In 1992, 50.3% of the students reported that barbiturates were easy or very easy to obtain. In 1995, that proportion was 47.5%.	20

TABLE 20.

Trends in Perceived Availability of Seven Substances

Percent Saying Substance Would be "Easy" or "Very Easy" to Obtain

SUBSTANCE	1980	1983	1986	1989	1992	1995	Change 1992-1995
Alcohol*	93.9	92.1	88.8	91.4	91.2	91.8	(+0.6)
Marijuana	89.8	87.6	82.8	79.9	79.6	87.0	(+7.4) sss
Hallucinogens	47.3	46.6	50.0	54.4	58.4	64.7	(+6.3) sss
Cocaine	47.4	49.7	58.0	59.9	56.3	57.2	(+0.9)
Amphetamines	--	--	50.8	52.5	55.1	54.4	(-0.7)
Tranquilizers	54.0	52.8	49.2	50.5	52.4	48.0	(-4.4) ss
Barbiturates	51.7	53.2	44.8	47.5	50.3	47.5	(-2.8) s

* Includes 5.7% (1980) and 4.2% (1983) of the sample who reported they could legally purchase alcohol.

Levels of significance: s<.05; ss<.01; sss<.001

TIME AND OCCASION OF USE

Students reporting alcohol or drug use at any time in their lives were asked two series of questions concerning the times or occasions on which they had used the substances. The questions were, for the most part, directed at substance use relative to the school day and school functions. The questions were grouped separately in the survey in order to identify any difference between marijuana/drug usage patterns and patterns of use regarding alcohol.

		Table
°	As would be expected, drugs and alcohol are most frequently used on weekends and at parties.	21, 22
°	However, about one-third of the students who report using marijuana or drugs at some time in their lives say they have done so either at school functions (37.3%) or during school hours (27.4%).	21
°	Stated otherwise, this means that about one-fifth of all students report using drugs or marijuana at school functions (19.0%) or during school hours (14.0%).	21
°	In 1995, significantly more students reported using drugs or marijuana before school, during school, after school, at school functions, at parties and on weekends than did so in 1992. Considering just those students who have ever used marijuana or other drugs, significantly more report such use before school (34.4% in 1992 to 40.4% in 1995) and during weekends (85.2% in 1992 to 89.7% in 1995).	21

		Table
°	With regard to alcohol, just over one-fifth (22.1%) of all students report use during school functions, while less than one in every ten students (9.8%) report use during school hours.	22
°	About two of every five students (40.4%) who report using marijuana or other drugs at some time in their lives have done so before school.	21
°	"Before school" use of drugs is somewhat more prevalent than alcohol use at that same time; about one in every five (20.6%) students have used drugs before school, compared with 10.8% who have used alcohol at that time.	21, 22

TABLE 21.

Marijuana or Drugs: Trends in Time
and Occasion of Use (Percent)

Have you ever used drugs or marijuana...

Those who have used drugs/marijuana

	1980	1983	1986	1989	1992	1995	Change 1992-1995
Before School	53.0	50.1	47.0	38.5	34.4	40.4	(+6.0) ss
During School	48.8	46.4	39.1	29.3	26.3	27.4	(+1.1)
After School	73.3	73.1	72.2	66.4	67.9	71.5	(+3.6)
School Function (Dance, Games, etc.)	53.4	47.0	42.2	33.3	33.4	37.3	(+3.9)
Parties	81.4	81.2	80.7	78.5	76.9	78.7	(+1.8)
Weekends	86.1	90.0	86.6	86.3	85.2	89.7	(+4.5) ss

All Students

	1980	1983	1986	1989	1992	1995	Change 1992-1995
Before School	35.7	32.5	26.3	15.7	13.6	20.6	(+7.0) sss
During School	32.8	30.1	21.9	12.0	10.4	14.0	(+3.6) sss
After School	49.3	47.4	40.4	27.1	26.8	36.5	(+9.7) sss
School Function (Dance, Games, etc.)	35.9	30.5	23.6	13.6	13.2	19.0	(+5.8) sss
Parties	54.8	52.7	45.2	32.0	30.3	40.2	(+9.9) sss
Weekends	57.9	58.4	48.5	35.2	33.6	45.8	(+12.2) sss

Levels of significance: ss < .01; sss<.001

TABLE 22.

Alcohol: Trends in Time and Occasion of Use (Percent)

All Students

Have you ever used alcohol. . .	1980	1983	1986	1989	1992	1995	Change 1992-1995
Before School	17.7	18.0	18.3	11.5	11.6	10.8	(-0.8)
During School	16.5	16.2	15.0	9.7	9.6	9.8	(+0.2)
After School	51.4	48.7	44.6	37.6	36.2	38.1	(+1.9)
School Function (Dance, Games, etc.)	40.8	37.8	36.4	27.2	22.2	22.1	(-0.1)
Parties	80.3	77.2	74.6	71.2	66.6	64.4	(-2.2)
Weekends	79.4	77.9	75.3	70.3	65.1	65.8	(+0.7)

FACTORS PREVENTING SUBSTANCE USE

All students were asked to respond to a series of questions designed to identify persons, values or fears which might prevent them from using marijuana or other illicit drugs. They were also asked to respond to a similar series of questions regarding factors which might prevent them from using alcohol. Inasmuch as prevention is deemed to be of primary importance in efforts to deal with substance abuse, it was felt that the survey should attempt to elicit basic information regarding the attitudes of students in this area. It is recognized that information of this type is needed in order to maximize the utility of efforts directed toward the prevention of substance abuse.

Table

° For both alcohol and drugs, the students generally attached the same relative importance to the preventive factors mentioned in the survey questions. The top two factors, fear of physical harm and trouble with the law, are now much closer as a result of a decrease in the proportion of students reporting that fear of physical harm would prevent their use of alcohol or marijuana. 23

Marijuana/Drugs

° Fear of physical harm was clearly reported as the most intensive preventive consideration, with about seven of every ten students (71.8%) reporting it would prevent them from using marijuana or other drugs. 23

		Table
°	Despite the relative importance of fear of physical harm as a preventive factor, in 1995 fewer students reported that this fear would prevent them from using drugs or marijuana than in any previous survey administration.	23
°	Two of every three students (67.5%) report that fear of getting into trouble with the law would prevent their use of drugs, while slightly more than half (55.0%) indicate that parental disapproval would prevent their use of drugs.	23
°	One-half of the students indicate that fear of bad grades (48.2%) would prevent their use of marijuana or drugs. About one-third (37.7%) report that religious values would have a similar effect.	23
	Trends, Marijuana/Drugs	
°	Parents and friends disapproval as factors which might prevent drug or marijuana use have diminished in importance from 1992 to 1995.	23
°	Only one in every six students (16.2%) reports that nothing would prevent his or her use of drugs or marijuana.	23

		Table
°	With the exception of peer disapproval moving slightly ahead of fear of bad grades in 1986, remaining there in 1989, becoming almost equally important in 1992 and falling behind in 1995, the relative importance of the factors listed have remained the same through all six surveys.	23
°	Although not significantly different, the only preventive factor to positively change was religious values, which increased from 35.5% in 1992 to 37.7% in 1995.	23
°	Fear of physical harm, parental disapproval and peer disapproval registered significant decreases as factors in preventing drug use.	23
°	The number of students reporting that nothing would prevent them from using drugs remained relatively stable, 15.5% in 1992 and 16.2% in 1995.	23
	Alcohol	
°	About three-fifths of all students (61.0%) report that fear of physical harm would prevent them from using alcoholic beverages.	23

		Table
°	Somewhat more than one-half of all students (56.5%) report that fear of getting into trouble with the law would prevent their use of alcohol.	23
°	About one-half of all students report that parental disapproval (47.2%) would prevent their use of alcoholic beverages.	23
°	While about two in every five students (40.7%) report that fear of getting bad grades would prevent them from using alcohol, less than one in three (30.7%) reports that peer disapproval would prevent alcohol use.	23
°	Religious values was the only one of the six factors to positively change, increasing from 25.9% in 1992 to 28.5% in 1995.	23
°	About one in five students (20.9%) reports that nothing would prevent his or her use of alcohol.	23
	Trends/Alcohol	
°	The relative importance of the factors listed has remained the same during the six survey administrations from 1980 through 1995.	23

		Table
°	The preventive influence of five of the six factors decreased from the 1992 to 1995 surveys, with the largest decrease evident in the proportion of students reporting that fear of physical harm, disapproval of parents and disapproval of peers would prevent their use of alcohol.	23
°	As was true for marijuana and other drugs, in 1995 fewer students report that fear of physical harm would prevent their alcohol use than in any previous survey administration.	23

TABLE 23.

Trends in Factors Preventing Substance Use
(Percent)

Would prevent from using drugs or marijuana. . .

	1980	1983	1986	1989	1992	1995	Change 1992-1995
Fear of Physical Harm	77.1	81.3	78.7	81.8	78.1	71.8	(-6.3) sss
Fear Trouble w/Law	66.2	71.7	69.6	73.6	68.3	67.5	(-0.8)
Parent Disapproval	55.5	59.5	58.4	63.9	58.7	55.0	(-3.7) ss
Fear Bad Grades	47.1	51.7	49.6	52.8	50.4	48.2	(-2.2)
Friends Disapproval	39.0	47.7	51.0	56.9	50.3	42.0	(-8.3) sss
Religious Values	29.7	30.7	31.6	36.5	35.5	37.7	(+2.2)
Nothing	11.9	11.2	12.2	12.5	15.5	16.2	(+0.7)

Would prevent from using alcohol. . .

	1980	1983	1986	1989	1992	1995	Change 1992-1995
Fear of Physical Harm	62.8	65.9	64.2	67.8	65.6	61.0	(-4.6) ss
Fear Trouble w/Law	51.3	58.8	57.7	65.3	56.9	56.5	(-0.4)
Parent Disapproval	43.2	46.2	47.0	53.5	49.9	47.2	(-2.7) s
Fear Bad Grades	38.9	43.0	41.9	45.8	42.6	40.7	(-1.9)
Friends Disapproval	23.8	30.3	33.5	40.2	35.7	30.7	(-5.0) sss
Religious Values	19.6	20.9	22.4	26.4	25.9	28.5	(+2.6) s
Nothing	18.7	14.9	17.4	17.6	19.7	20.9	(+1.2)

Levels of significance: s<.05; ss<.01; sss<.001

PERCEIVED HARMFULNESS - USE OF MARIJUANA AND ALCOHOL

Continuing in this area of student attitudes and beliefs about drug and alcohol use, several questionnaire items were directed toward the students' perceptions concerning the potential physical harm attached to alcohol and marijuana use. A series of questions asked the respondents to assign a level of risk to various frequency of use patterns with respect to the above two substances. Inasmuch as they are by far the most widely and frequently used of the substances surveyed, it was decided that they would be the focus of our efforts regarding the topic. Although the causal relationship between attitudes and behavior is known to be quite complex, it was felt that interesting and useful insights might result from items relating perceived harm to behavior undertaken relatively often.

	Marijuana	Table
°	More than half of the students (56.3%) perceive regular use of marijuana to entail great risk of physical harm, which continues a decreasing trend first noted in 1992. In 1995 fewer students believed that regular use of marijuana entailed great risk than the proportion who thought so in 1983.	24
°	About one in five students (22.3%) perceives a great risk of physical harm in occasional use of marijuana, a substantial decrease from the 30.9% who thought so in 1992.	24

		Table
°	The number of students who believe there is no physical harm associated with occasional use of marijuana almost doubled from 4.2% in 1992 to 8.1% in 1995. This continues an increasing trend first noted in 1992.	24
°	About one in eight students (13.0%) reports that he does not know what risk of physical harm attaches to occasional use of marijuana, while a similar proportion (12.6%) reports the same for regular use.	24

TABLE 24.

Trends in Perceived Risk of Physical Harm by
Occasional or Regular Use of Marijuana
(Percent)

Occasional Use

RISK	1980	1983	1986	1989	1992	1995
Great	10.7	16.6	25.6	33.0	30.9	22.3
Moderate	26.9	31.7	33.4	33.8	33.0	30.9
Slight	36.2	30.7	23.0	18.3	18.0	25.7
None	10.0	5.1	4.2	2.2	4.2	8.1
Do not know	16.2	15.9	13.8	12.7	13.9	13.0
Total	100.0	100.0	100.0	100.0	100.0	100.0

Regular Use

RISK	1980	1983	1986	1989	1992	1995
Great	48.6	63.8	70.3	77.1	69.8	56.3
Moderate	25.7	17.1	14.9	10.1	12.7	19.0
Slight	8.1	4.4	3.1	2.5	4.5	7.8
None	2.4	1.2	1.3	1.3	2.4	4.4
Do not know	15.2	13.5	10.4	8.9	10.5	12.6
Total	100.0	100.0	100.0	100.0	100.0	100.0

Alcohol	Table
° About two-thirds of the students (68.3%) believe there is a great risk involved in having four or five drinks almost every day; this compares with 57.9% in the 1980 survey, 68.5% in 1983, 71.9% in 1986, 78.8% in 1989 and 74.3% in 1992.	25
° About two-fifths of the students (40.1%) believe there is great risk in having five or more drinks, once or twice each weekend.	25
° Whereas only one in every ten students (10.0%) perceives little or no risk of harm in having four or five drinks almost every day, more than one of every five (22.1%) believe there is little or no risk in having five or more drinks, once or twice each weekend.	25
° Approximately one in every three students (29.2%) perceives little or no risk of physical harm associated with having one or two drinks everyday.	25

TABLE 25.

Trends in Perceived Risk of Physical Harm by
Use of Alcoholic Beverages (Percent)

How much physical harm are people likely to risk if they have...

	Risk	1980	1983	1986	1989	1992	1995
1 or 2 drinks on occasion	Great	2.8	3.8	5.4	6.4	4.9	4.1
	Moderate	7.5	11.6	17.1	19.2	14.7	12.6
	Slight	38.1	42.1	43.5	42.7	43.7	41.9
	None	45.6	35.4	26.8	26.0	31.0	35.7
	Don't Know	6.0	7.1	7.2	5.7	5.7	5.7
1 or 2 drinks almost every day	Great	14.9	27.2	33.8	42.0	40.3	27.7
	Moderate	39.5	40.9	38.8	33.7	32.7	36.7
	Slight	29.4	20.3	14.5	12.6	14.6	20.5
	None	9.8	4.4	4.7	5.4	5.8	8.7
	Don't Know	6.3	7.2	8.3	6.3	6.6	6.4
4 or 5 drinks almost every day	Great	57.9	68.5	71.9	78.8	74.3	68.3
	Moderate	27.0	19.9	14.5	10.2	12.6	15.3
	Slight	6.4	4.2	3.5	2.5	4.2	5.6
	None	2.5	1.2	2.3	3.3	3.3	4.4
	Don't Know	6.3	6.2	7.9	5.2	5.6	6.4
5 or more drinks once or twice each weekend	Great	29.8	33.6	35.3	41.3	45.4	40.1
	Moderate	32.5	30.3	30.8	30.9	28.5	27.9
	Slight	19.5	17.2	15.8	13.2	11.4	14.5
	None	8.7	4.9	4.8	5.3	5.8	7.6
	Don't Know	9.5	14.1	13.3	9.2	8.9	9.9

SUBSTANCE USERS - TROUBLE/CRITICISM

Students who report having used marijuana and other drugs at some time in their lives were asked a series of questions concerning "getting into trouble" as a result of that use. The students were asked if they had ever gotten into trouble with their families, schools, or the police for using those drugs, as well as if they had ever been subject to criticism from their friends for such use. The same series of questions was asked of students reporting that they had ever used alcohol.

Table

- The experiences of students resulting from use of marijuana or drugs were generally different than those arising from use of alcohol. Students who have used drugs are far more likely to have been subject to peer criticism for that use than are students reporting alcohol use. On the other hand, students are almost as likely to have gotten into trouble with their families as a result of alcohol use as for use of marijuana or other drugs. — 26

Marijuana/Drugs

- Of those students reporting marijuana or other drug use at some time in their lives, one-third (34.1%) have experienced criticism from their friends as a result of that use. — 26

- About one in every five students (21.8%) has gotten into trouble with his or her family as a result of marijuana or other drug use. — 26

		Table
°	Only one of every ten students (9.3%) who has ever used marijuana or other drugs has experienced trouble with the police while one of every thirteen (7.9%) has gotten into trouble with school officials as a result of marijuana or other drug use. Although relatively few students who have ever used marijuana or other drugs have experienced trouble at school, the proportion with such experience has more than doubled since 1980.	26
°	Of those students who have ever used marijuana or other drugs, seven in every ten (69.6%) report they have never gotten into trouble as a result of that use.	26
	Alcohol	
°	Of those students reporting use of alcohol at some time in their lives, one in four (22.7%) has gotten into trouble with his or her family as a result of that use.	26
°	About one in every five students (18.2%) has experienced peer criticism as a result of alcohol use.	26

		Table
°	About one in every twelve students (7.9%) reports having trouble with the police as a result of using alcohol. This represents a significant decrease from the 10.2% reporting similar trouble in 1992.	26
°	Very few students (3.4%) who have used alcohol have been in trouble with school officials as a result of that use.	26
°	Of those students who have ever used alcohol, two-thirds (66.6%) report they have never gotten into trouble as a result of that use.	26
°	With the exception of "friends", very little change is evident in the experiences of students across all six surveys regarding trouble or criticism as a result of alcohol use.	26

TABLE 26.

Substance Users - Trouble/Criticism
Trends

Those Who Have Used Marijuana or Other Drugs (Percent)

Have you ever gotten into trouble with. . . for using drugs or marijuana?

	1980	1983	1986	1989	1992	1995	Change 1992-1995
Friends	22.2	21.0	26.4	33.1	32.2	34.1	(+1.9)
Family	19.8	15.1	19.3	17.2	18.6	21.8	(+3.2)
Police	5.5	5.2	6.9	7.0	11.4	9.3	(-2.1)
School	3.8	4.8	5.3	4.5	8.4	7.9	(-0.5)
Never gotten into trouble for drug use	72.9	78.7	70.5	69.3	70.6	69.6	(-1.0)

Those Who Have Used Alcohol (Percent)

Have you ever gotten into trouble with. . . for using alcohol?

	1980	1983	1986	1989	1992	1995	Change 1992-1995
Family	25.5	25.8	27.1	23.3	23.1	22.7	(-0.4)
Friends	9.8	12.5	12.2	14.5	16.6	18.2	(+1.6)
Police	9.9	10.0	8.7	9.4	10.2	7.9	(-2.3) s
School	4.1	4.3	4.1	3.1	4.3	3.4	(-0.9)
Never gotten into trouble for alcohol use	64.2	63.1	64.2	66.7	66.2	66.6	(+0.4)

Level of significance: s<.05

IS MARIJUANA USE WRONG?

Individual values and standards of conduct undoubtedly play an important role in the manner in which high school students confront the issue of substance use. Although the complexity of this relationship is acknowledged, an effort was made in the survey to elicit some very basic information in this area. Two quite simple questions concerning the student's general value orientations regarding use of marijuana were included in the questionnaire. The items dealt with whether students felt it was wrong to engage in either occasional or regular use of marijuana.

		Table
°	The great majority of students report some negative value orientation ("very wrong" or "slightly wrong") with regard to both occasional use of marijuana (69.9%) and regular use of marijuana (83.4%).	27
°	From 1980 through 1989 there had been an increasing number of students reporting a negative view of marijuana use ("very wrong" or "slightly wrong"); this trend was reversed somewhat in 1992 and continued in 1995. In 1980, 60.0% reported some negative value orientation regarding occasional marijuana use, this rate increased steadily to 85.9% in 1989; it decreased to 80.3% in 1992 and 69.9% in 1995.	27

		Table
°	A similar pattern is evident with regard to students' value orientation toward the regular use of marijuana. Since 1980, more students reported that the regular use of marijuana was very wrong in each subsequent survey through 1989, then the proportion decreased to 69.0% in 1992 and 58.6% in 1995.	27
°	Similarly, somewhat more students in 1995 report that marijuana use is not wrong. Almost one-third of the students (30.1%) believe that the occasional use of marijuana is not wrong and one-sixth (16.6%) report that the regular use of marijuana is not wrong.	27

TABLE 27.

Is Marijuana Use Wrong? (Percent)
Trends

Is it wrong if a person uses marijuana on occasion?

Occasional Use

	1980	1983	1986	1989	1992	1995
Very Wrong	20.3	30.6	38.1	55.6	48.2	34.1
Slightly Wrong	39.7	41.6	40.9	30.3	32.1	35.8
Not Wrong	40.0	27.8	21.0	14.1	19.7	30.1
Total	100.0	100.0	100.0	100.0	100.0	100.0

Is it wrong if a person uses marijuana regularly?

Regular Use

	1980	1983	1986	1989	1992	1995
Very Wrong	50.7	63.9	72.1	77.8	69.0	58.6
Slightly Wrong	28.9	22.7	18.7	14.9	18.7	24.8
Not Wrong	20.4	13.4	9.2	7.3	12.3	16.6
Total	100.0	100.0	100.0	100.0	100.0	100.0

ATTITUDES REGARDING THE LEGALITY OF MARIJUANA

Advocated changes in the degree of criminality associated with the possession of varying amounts of marijuana constitute what would appear to be rather salient issues. Three items were included in the survey in order to gauge the attitudes and opinions of responding students relative to issues arising from this topic. All students were asked to indicate the degree of criminal sanction which, in their estimation, should attach to the possession of marijuana. In addition, respondents were asked to project alterations of their current behavior should the use of marijuana be legalized.

		Table
°	About three-fifths of all the students (58.5%) feel there should be some form of legal prohibition regarding the use of marijuana; but only about one-third of the students (33.5%) feel it should be a criminal violation for everyone.	28
°	A shift in student attitudes is evident with regard to criminal prohibition of the use of marijuana by all persons. The proportion favoring such prohibition continues a decrease first noted in the 1992 survey administration.	28

		Table
°	Almost one in every four students (22.9%) believes marijuana use should be entirely legal. In addition, another 25.0% of the students feel marijuana use should be treated as a minor violation or a violation for only those under 18 years of age. Taken together, the views of this group, representing almost one-half of the sample (47.9%), constitute a rough definition of decriminalization.	28
°	Similarly, the pattern of responses from those students whose views correspond with some form of decriminalization continues an increasing trend first noted in 1992 (36.4% to 47.9%).	28
°	It is interesting to note that about one-fifth of the students (18.6%) express no opinion on this issue.	28
°	When asked whether it should be legal to sell marijuana if its use were legalized, almost two-thirds (66.1%) said it should. However, the great majority of that group (43.3% of the total sample) said that sale should be limited to adults.	29

		Table
°	Students indicate that legalization would have some effect on their use of marijuana. More than one-half (56.4%) indicate they would not use marijuana if it were legal. This represents a substantial decrease from the 70.0% of students who reported in 1992 that they would not use marijuana even if it were legal.	30
°	After increasing slightly but constantly with each succeeding administration since 1980, the 1992 survey demonstrated the first decrease in the proportion of students reporting that they would not use marijuana if it were legalized (from 72.6% in 1989 to 70.0% in 1992). This decrease continued in 1995 (from 70.0% to 56.4%).	30
°	In addition, about one of every eleven students (8.9%) report that they would use marijuana more if it were legalized. This represents a substantial increase from the 4.7% of students in 1992 who reported that they would increase use as a result of legalization.	30

TABLE 28.

Should Marijuana Use be Legal? (Percent)
Trends

There has been much talk about whether or not marijuana use should be made legal. What do you think should be done?

	1980	1983	1986	1989	1992	1995
Crime - all	26.4	35.1	43.5	53.4	44.3	33.5
Crime - under 18 years	12.2	13.4	10.8	8.3	10.2	13.9
Ticket - all	11.4	8.1	7.6	5.4	5.3	4.9
Ticket - under 18 years	7.2	5.1	5.1	3.2	4.9	6.2
Legal	25.7	16.5	14.0	13.1	16.0	22.9
No Opinion	17.2	21.8	19.0	16.7	19.2	18.6
Total	100.0	100.0	100.0	100.0	100.0	100.0

TABLE 29.

Should Selling Marijuana be Legal? (Percent)
Trends

If it were legal to use marijuana, should it also be legal to sell marijuana?

	1980	1983	1986	1989	1992	1995
No	24.6	28.6	36.7	42.5	38.4	32.0
Yes - only to adults	46.8	45.6	39.9	37.1	40.5	43.3
Yes - to anyone	27.2	24.7	22.7	18.9	19.9	22.8
No answer	1.4	1.1	0.7	1.4	1.2	1.9
Total	100.0	100.0	100.0	100.0	100.0	100.0

TABLE 30.

Trends in Personal Use - If Marijuana were Legal
(Percent)

If marijuana were legal to use which of the following would you be most likely to do?

	1980	1983	1986	1989	1992	1995
Not use it	48.9	53.1	58.5	72.6	70.0	56.4
Try for first time	7.0	9.5	10.8	8.1	10.5	10.8
Use less than now	7.9	8.1	7.1	5.0	4.2	6.9
Use same as now	27.7	22.0	16.0	9.4	10.0	16.4
Use more than now	7.7	6.9	6.8	4.1	4.7	8.9
No answer	0.8	0.4	0.8	0.9	0.6	0.6
Total	100.0	100.0	100.0	100.0	100.0	100.0

PERSONAL MARIJUANA USE IN FUTURE

In that marijuana is by far the most widely used illicit drug, several questionnaire items were designed to elicit more detailed information about its use and about students' attitudes and beliefs regarding that use. One of those items dealt with the respondents' perceptions concerning their anticipated use of marijuana in the future. The students were asked to indicate the degree of certainty with which they would or would not be using marijuana ten years from now.

		Table
°	The great majority of students report a belief that they will not be using marijuana ten years from now.	31
°	Almost three of every four students (74.7%) report probable or definite non-use ten years from now.	31
°	About one in every nine students (11.5%) reports probable or definite use ten years from now. This level is comparable to results obtained in the 1980 survey and represents an increase over the proportion so reporting in 1989 and 1992.	31

TABLE 31.

Trends in Personal Marijuana Use in Future (Percent)
10 Years from Now

	1980	1983	1986	1989	1992	1995	Change 1992-1995
Definitely Will	2.3	2.6	2.5	1.7	3.1	5.2	(+4.7)
Probably Will	7.9	5.3	5.4	3.6	3.7	6.3	
Unsure	21.4	19.0	14.2	8.6	9.5	13.8	(+4.3)
Probably Not	23.8	23.2	23.3	16.4	16.3	17.5	(-8.9)
Definitely Not	44.6	49.9	54.6	69.8	67.3	57.2	
Total	100.0	100.0	100.0	100.0	100.0	100.0	

DRINKING AND DRIVING

Four items were included in the survey instrument with the intention of eliciting information regarding the problem of drinking and driving among high school students. One questionnaire item sought to approximate the prevalence of this problem by asking how often students had been riders in a car driven by someone who had had too much to drink. Recognizing that the majority of high school students do not have licenses to drive, it was believed that asking the question in this fashion would provide a more accurate assessment than focusing on just those who had combined driving and the use of alcohol. The other three items were included to provide data regarding student attitudes in substantive areas of potential use in prevention programs. Specifically, the items focused on the possible role of law enforcement and peer influence or intervention in preventing this most hazardous behavior.

Table

- Students remain split regarding the probability of being stopped by the police if they were to drive after drinking too much. The proportion of students who believe they would be stopped by the police if they were to drive after drinking too much has remained consistent since 1989 (67.4% in 1989, 67.9% in 1992 and 67.5% in 1995). 32

		Table
°	Students overwhelmingly report that their assessment of the chance of being stopped by the police would influence their decision to drive after drinking too much. About three-fourths (72.8%) indicate that the probability of being stopped would strongly influence their decision; another 15.7% say it would influence their decision somewhat. Only 11.5% of the students report that they either do not worry about being stopped or have never thought about it.	32
°	Approximately three of every ten students (30.3%) report having been a rider in a car driven by someone who has had too much to drink on one or more occasions in the past twelve months. This rate is consistent with that reported in 1989 and 1992, following significant decreases in the two prior surveys.	33
°	The proportion of students (86.1%) reporting that they would try to stop others from driving if they had been drinking is similar to the 86.3% who reported they would do so in 1992. This represents little change in the proportion of students who report that orientation in past survey administrations.	33

Table

° The number of students who report that they would never try to stop others from driving if they had been drinking has remained stable from 1992 to 1995. In 1983, only 2.3% of students reported that they never would try to stop someone from driving who had been drinking; in 1986, this proportion doubled to 5.0%, in 1989, it increased minimally to 5.8%, in 1992 it increased to 8.2% and in 1995 it remained stable at 8.1%. 33

TABLE 32.

Trends in Drinking and Driving - Law Enforcement (Percent)

If you were to drive (assuming you were old enough to have a license) after drinking too much, do you think you would be stopped by the police?

	1983	1986	1989	1992	1995	Change 1992-1995
Definitely Not	8.5	8.9	7.5	9.3	8.0	(-1.3)
Probably Not	39.2	31.4	25.1	22.8	24.5	(+1.7)
Probably Yes	39.6	41.9	47.1	45.3	45.4	(+0.1)
Definitely Yes	12.7	17.8	20.3	22.6	22.1	(-0.5)
Total	100.0	100.0	100.0	100.0	100.0	

Would the chance of being stopped by the police influence your decision to drive after drinking too much?

	1983	1986	1989	1992	1995	Change 1992-1995
Strongly Influence	65.0	72.0	75.9	74.5	72.8	(-1.7)
Somewhat Influence	21.1	15.2	13.1	15.0	15.7	(+0.7)
So Low - Don't Worry	5.1	3.8	3.3	3.5	4.4	(+0.9)
Never Considered	8.8	9.0	7.7	7.1	7.1	(+0.0)
Total	100.0	100.0	100.0	100.0	100.0	

TABLE 33.

Trends in Drinking and Driving - Student Involvement
(Percent)

Within the past 12 months, how often have you been a rider in a car driven by someone who has had too much to drink for safe driving?

	1983	1986	1989	1992	1995	Change 1992-1995
Never	57.2	61.5	68.4	70.2	69.7	(-0.5)
1 or 2 times	23.1	22.7	19.5	18.0	17.9	(-0.1)
3 to 9 times	12.1	9.5	7.7	6.8	7.8	(+1.0)
10 to 39 times	5.0	4.4	3.2	3.2	3.1	(-0.1)
40 times or more	2.6	1.9	1.1	1.8	1.5	(-0.3)
Total	100.0	100.0	100.0	100.0	100.0	

Would you try to stop others from driving if they had been drinking?

	1983	1986	1989	1992	1995	Change 1992-1995
Never	2.3	5.0	5.8	8.2	8.1	(-0.1)
Probably Not	7.9	5.6	4.8	5.6	5.8	(+0.2)
Probably Yes	47.6	24.9	24.7	21.5	22.7	(+1.2)
Definitely Yes	42.2	64.5	64.7	64.8	63.4	(-1.4)
Total	100.0	100.0	100.0	100.0	100.0	

ADDITIONAL FREQUENCY DATA FOR MAJOR SUBGROUPS

TABLE 34.

ALCOHOL

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	21.2	11.3	17.3	24.1	26.1
Grade:					
10	23.9	12.7	20.4	23.1	19.9
11	23.6	11.3	15.5	22.5	27.2
12	15.6	9.4	15.9	27.1	32.0
Sex:					
Male	23.1	11.2	14.9	22.2	28.6
Female	19.4	11.4	19.4	25.7	24.0
Race:					
White	16.5	8.7	16.0	27.4	31.4
Black	27.3	15.3	23.3	19.4	14.7
Hispanic	28.7	11.4	17.2	18.9	23.8
SES:					
High	18.8	10.4	17.8	26.5	26.5
Medium	18.7	11.5	14.8	23.6	31.5
Low	25.7	12.0	18.8	22.1	21.4
Region:					
North	24.0	10.7	16.9	25.7	22.7
Central	19.0	11.9	17.5	22.9	28.6
South	18.7	11.6	17.7	22.4	29.6

TABLE 35.

ALCOHOL

Annual Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	28.3	15.9	20.4	22.5	12.8
Grade:					
10	31.8	17.4	23.1	18.9	8.9
11	30.1	17.1	16.6	23.1	13.1
12	22.4	13.0	21.7	25.8	17.0
Sex:					
Male	31.2	13.7	18.7	21.8	14.6
Female	25.8	18.0	21.9	23.1	11.3
Race:					
White	21.2	14.5	21.7	26.4	16.3
Black	36.9	20.5	21.7	15.9	5.0
Hispanic	37.7	15.0	18.7	19.5	9.2
SES:					
High	25.2	14.5	20.7	26.0	13.7
Medium	25.6	16.6	18.7	22.9	16.2
Low	33.7	16.8	21.5	18.7	9.2
Region:					
North	31.5	13.7	21.8	22.3	10.7
Central	26.1	18.3	19.7	21.8	14.1
South	25.1	17.1	18.7	23.8	15.3

TABLE 36.

MARIJUANA

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	57.9	9.0	9.7	9.1	14.3
Grade:					
10	61.8	9.1	8.8	8.5	11.8
11	60.2	7.8	9.8	9.1	13.1
12	51.1	10.5	10.3	9.9	18.2
Sex:					
Male	54.9	9.3	8.4	9.4	17.9
Female	60.6	8.8	10.7	8.7	11.1
Race:					
White	53.9	8.6	10.1	10.6	16.8
Black	56.8	10.0	9.8	10.5	12.9
Hispanic	63.0	12.4	10.4	5.2	9.0
SES:					
High	57.8	8.4	9.4	11.6	12.8
Medium	55.5	9.3	9.8	8.3	17.2
Low	60.0	9.5	9.9	7.3	13.4
Region:					
North	59.9	9.9	10.4	8.8	11.0
Central	55.9	8.0	8.3	9.6	18.2
South	56.7	8.8	10.0	8.7	15.9

TABLE 37.

MARIJUANA

Annual Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	63.1	9.0	9.7	8.2	10.0
Grade:					
10	67.0	8.7	8.6	6.4	9.3
11	64.2	8.8	9.5	8.7	8.8
12	57.7	9.8	10.6	9.7	12.2
Sex:					
Male	61.1	8.7	8.4	8.5	13.3
Female	65.0	9.2	10.7	7.9	7.2
Race:					
White	58.2	8.8	10.7	10.2	12.1
Black	63.7	10.7	8.2	8.4	9.0
Hispanic	71.0	10.4	9.5	2.8	6.3
SES:					
High	61.9	8.4	10.4	11.0	8.3
Medium	60.8	9.7	8.9	7.6	13.1
Low	66.2	9.0	9.6	6.0	9.3
Region:					
North	65.2	9.8	9.7	7.5	7.9
Central	61.5	7.5	8.2	9.5	13.2
South	61.1	9.4	11.4	7.9	10.1

TABLE 38.

COCAINE

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	92.0	3.3	1.8	1.6	1.3
Grade:					
10	92.5	3.5	1.4	1.1	1.6
11	92.3	3.2	1.7	1.9	0.9
12	91.3	3.2	2.6	1.6	1.3
Sex:					
Male	90.3	3.6	2.3	1.7	2.1
Female	93.5	3.1	1.4	1.5	0.6
Race:					
White	90.7	3.9	2.3	1.7	1.5
Black	94.2	2.1	0.5	1.7	1.5
Hispanic	93.5	3.0	1.5	0.9	1.2
SES:					
High	92.2	3.3	2.2	1.2	1.1
Medium	90.5	4.8	1.2	1.6	1.8
Low	92.9	2.1	1.9	1.9	1.2
Region:					
North	93.8	3.2	1.4	0.6	1.1
Central	89.4	4.3	1.9	2.8	1.6
South	91.8	2.0	2.7	1.9	1.5

TABLE 39.

COCAINE

Annual Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	94.2	2.5	1.5	1.1	0.8
Grade:					
10	94.9	2.2	1.2	0.8	0.9
11	94.7	2.6	1.2	0.9	0.7
12	93.2	2.7	2.1	1.5	0.5
Sex:					
Male	92.7	3.0	1.5	1.6	1.3
Female	95.5	2.0	1.5	0.6	0.3
Race:					
White	92.6	3.4	2.0	1.3	0.7
Black	96.4	1.0	0.2	1.1	1.3
Hispanic	96.5	1.0	0.8	0.7	1.0
SES:					
High	94.2	2.5	2.0	0.6	0.8
Medium	93.6	3.5	0.9	1.3	0.8
Low	94.7	1.7	1.5	1.5	0.7
Region:					
North	96.0	2.1	0.8	0.6	0.6
Central	92.3	2.9	1.8	2.1	0.9
South	93.2	2.6	2.5	0.8	0.9

TABLE 40.

AMPHETAMINES

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	90.4	4.2	2.6	1.4	1.4
Grade:					
10	91.4	3.1	3.3	0.4	1.8
11	89.6	5.1	2.3	2.0	1.0
12	90.3	4.6	2.3	1.9	0.9
Sex:					
Male	90.0	4.2	2.4	1.5	2.0
Female	90.7	4.2	2.8	1.4	0.9
Race:					
White	88.1	4.9	3.7	2.1	1.3
Black	94.6	1.9	1.2	0.2	2.0
Hispanic	93.0	4.6	0.5	0.0	2.0
SES:					
High	89.3	4.4	3.2	2.1	1.1
Medium	90.1	4.6	2.8	0.8	1.7
Low	91.6	3.8	1.9	1.3	1.4
Region:					
North	92.1	4.4	1.6	0.7	1.2
Central	88.5	4.5	2.9	2.4	1.8
South	89.5	3.5	4.2	1.6	1.3

TABLE 41.

AMPHETAMINES

Annual Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	92.7	3.8	1.8	0.9	0.8
Grade:					
10	93.2	3.0	2.1	0.7	1.1
11	92.4	4.7	1.3	1.2	0.5
12	92.8	3.7	2.2	0.7	0.7
Sex:					
Male	92.7	3.8	1.3	1.1	1.2
Female	92.8	3.8	2.3	0.7	0.5
Race:					
White	90.6	4.9	2.6	1.1	0.8
Black	96.9	1.1	0.5	0.5	1.0
Hispanic	95.4	2.9	0.3	0.2	1.2
SES:					
High	92.0	3.4	2.7	1.5	0.5
Medium	92.1	4.4	2.0	0.3	1.3
Low	93.9	3.8	0.8	0.7	0.8
Region:					
North	94.1	3.1	1.5	0.5	0.8
Central	91.1	4.3	2.3	1.6	0.7
South	92.2	4.5	1.8	0.6	0.9

TABLE 42.

HALLUCINOGENS

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	84.4	6.6	4.2	3.0	1.9
Grade:					
10	86.3	6.5	3.3	2.4	1.6
11	84.8	6.3	4.1	2.9	1.8
12	82.1	7.2	5.0	3.8	2.0
Sex:					
Male	82.3	6.8	4.7	3.3	2.8
Female	86.2	6.5	3.7	2.7	1.0
Race:					
White	80.5	7.9	5.3	4.3	2.0
Black	91.9	4.7	1.1	0.8	1.5
Hispanic	87.7	6.3	3.6	0.7	1.7
SES:					
High	84.5	6.8	3.8	3.3	1.5
Medium	81.2	7.6	5.9	2.9	2.5
Low	86.7	5.7	3.2	2.7	1.7
Region:					
North	87.4	6.1	3.1	2.2	1.2
Central	80.5	6.9	6.1	3.7	2.9
South	83.4	7.6	3.7	3.6	1.8

TABLE 43.

HALLUCINOGENS

Annual Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	87.8	5.8	3.3	2.1	1.0
Grade:					
10	88.3	6.4	2.8	1.4	1.1
11	88.6	5.3	3.2	2.3	0.6
12	86.5	5.7	4.2	2.5	1.1
Sex:					
Male	85.6	6.6	3.7	2.2	1.9
Female	89.7	5.1	3.0	2.0	0.2
Race:					
White	83.5	7.6	4.9	3.1	1.0
Black	95.8	2.4	0.2	0.5	1.0
Hispanic	93.1	3.7	1.3	0.5	1.5
SES:					
High	87.4	5.8	3.9	1.8	1.1
Medium	84.0	7.6	4.8	2.8	0.9
Low	91.1	4.5	1.7	1.7	1.0
Region:					
North	90.2	5.0	2.5	1.5	0.9
Central	84.5	6.2	5.2	3.1	1.0
South	87.3	7.1	2.6	1.9	1.2

TABLE 44.

TRANQUILIZERS

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	92.6	3.4	2.1	1.1	0.9
Grade:					
10	92.7	3.7	1.9	0.9	0.8
11	91.7	3.7	2.6	1.0	1.0
12	93.8	2.6	1.6	1.4	0.6
Sex:					
Male	92.4	2.7	2.1	1.3	1.5
Female	92.8	3.9	2.1	0.8	0.4
Race:					
White	91.7	3.8	2.5	1.2	0.8
Black	94.8	2.3	0.5	0.9	1.6
Hispanic	92.5	3.5	2.2	0.6	1.2
SES:					
High	91.8	3.8	2.3	1.3	0.9
Medium	92.1	3.5	2.5	0.7	1.2
Low	93.8	2.8	1.6	1.1	0.7
Region:					
North	94.2	2.6	1.9	0.7	0.7
Central	91.2	3.8	2.8	1.0	1.1
South	91.3	4.3	1.5	2.0	0.9

TABLE 45.

TRANQUILIZERS

Annual Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	94.5	3.1	1.1	0.7	0.5
Grade:					
10	94.4	3.7	0.9	0.6	0.5
11	94.0	3.3	1.5	0.8	0.5
12	95.7	2.3	0.9	0.7	0.4
Sex:					
Male	94.7	2.4	1.1	1.0	0.9
Female	94.4	3.8	1.1	0.5	0.2
Race:					
White	93.3	3.9	1.5	0.9	0.4
Black	96.9	1.3	0.3	0.4	1.0
Hispanic	95.6	2.3	0.5	0.9	0.7
SES:					
High	93.3	3.7	1.9	0.8	0.4
Medium	94.2	3.8	0.8	0.6	0.6
Low	96.0	2.1	0.5	0.8	0.5
Region:					
North	95.4	2.7	0.8	0.7	0.5
Central	93.9	3.7	1.2	0.6	0.5
South	93.6	3.3	1.5	1.0	0.6

TABLE 46.

BARBITURATES

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	94.4	2.5	1.4	1.0	0.7
Grade:					
10	95.0	1.9	1.3	0.9	0.9
11	93.6	3.1	1.6	1.1	0.6
12	95.0	2.4	1.4	0.9	0.3
Sex:					
Male	93.5	2.7	1.8	0.8	1.2
Female	95.1	2.3	1.2	1.2	0.2
Race:					
White	93.6	2.9	1.9	1.1	0.5
Black	95.3	1.7	0.2	1.5	1.3
Hispanic	95.5	2.4	0.7	0.4	1.0
SES:					
High	95.1	2.4	1.4	0.6	0.5
Medium	93.6	2.5	1.8	1.2	1.0
Low	94.3	2.6	1.2	1.2	0.6
Region:					
North	96.2	1.7	0.9	0.5	0.6
Central	92.6	3.3	1.9	1.4	0.9
South	93.1	2.9	1.9	1.5	0.6

TABLE 47.

BARBITURATES

Annual Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	95.9	2.0	1.0	0.5	0.5
Grade:					
10	95.7	1.8	1.1	0.7	0.8
11	95.7	2.4	1.1	0.3	0.5
12	96.7	1.8	0.7	0.6	0.1
Sex:					
Male	95.2	2.0	1.2	0.6	1.0
Female	96.6	2.1	0.7	0.5	0.1
Race:					
White	95.1	2.6	1.2	0.8	0.3
Black	96.6	1.1	0.5	0.5	1.3
Hispanic	97.3	1.6	0.4	0.0	0.7
SES:					
High	96.4	1.8	1.2	0.2	0.4
Medium	95.4	2.0	0.9	0.9	0.9
Low	95.9	2.3	0.8	0.6	0.4
Region:					
North	97.0	1.5	0.7	0.3	0.5
Central	94.5	3.0	1.1	0.9	0.6
South	95.8	1.8	1.3	0.5	0.6

TABLE 48.

HEROIN

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	95.3	1.8	0.9	1.0	0.9
Grade:					
10	95.0	1.5	1.1	1.0	1.4
11	95.2	1.9	1.2	1.2	0.6
12	96.0	2.1	0.5	0.8	0.6
Sex:					
Male	93.5	2.9	1.1	1.2	1.3
Female	96.9	0.8	0.8	0.9	0.6
Race:					
White	95.3	2.0	0.6	1.4	0.8
Black	94.1	2.5	1.6	0.3	1.5
Hispanic	94.7	1.1	1.9	0.8	1.5
SES:					
High	96.3	1.6	0.5	0.9	0.6
Medium	94.9	1.6	0.9	1.3	1.4
Low	94.7	2.2	1.4	0.8	0.9
Region:					
North	96.6	0.9	0.9	0.8	0.8
Central	93.4	3.0	0.8	1.8	1.0
South	95.4	2.2	1.0	0.4	1.1

TABLE 49.

INHALANTS

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	77.5	7.9	6.7	4.9	3.0
Grade:					
10	78.3	7.9	6.8	4.2	2.8
11	77.5	7.9	6.1	5.0	3.5
12	76.9	8.0	7.2	5.5	2.5
Sex:					
Male	77.9	7.8	6.1	4.6	3.7
Female	77.1	8.1	7.3	5.1	2.4
Race:					
White	72.1	9.4	8.5	6.6	3.6
Black	89.6	3.8	2.6	2.2	1.9
Hispanic	84.0	5.5	5.0	2.8	2.7
SES:					
High	74.4	10.0	7.8	5.8	2.1
Medium	76.1	7.6	7.2	5.7	3.4
Low	81.7	6.2	5.2	3.3	3.6
Region:					
North	80.4	7.2	5.9	4.5	2.1
Central	74.1	8.8	6.7	5.9	4.5
South	76.5	8.1	8.4	4.2	2.8

TABLE 50.

INHALANTS

Annual Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	83.3	8.1	4.3	2.6	1.6
Grade:					
10	84.4	7.6	4.2	2.5	1.3
11	82.7	8.0	4.3	2.6	2.3
12	82.9	8.8	4.4	2.8	1.1
Sex:					
Male	83.4	7.6	4.3	2.6	2.1
Female	83.3	8.6	4.4	2.6	1.2
Race:					
White	78.4	10.4	5.8	3.4	2.0
Black	92.8	3.3	1.2	1.1	1.6
Hispanic	89.1	4.7	3.2	2.3	0.7
SES:					
High	81.2	10.5	4.2	3.0	1.2
Medium	81.3	8.1	5.8	3.1	1.7
Low	87.0	5.8	3.3	1.8	2.0
Region:					
North	86.2	6.7	3.3	2.6	1.2
Central	80.7	9.0	4.9	3.4	2.0
South	81.1	9.8	5.6	1.4	2.1

TABLE 51.

GLUE

Lifetime Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	84.9	9.1	3.1	1.1	1.8
Grade:					
10	84.4	9.2	3.3	0.8	2.4
11	84.9	8.4	3.5	1.5	1.7
12	86.0	10.0	2.3	0.9	0.8
Sex:					
Male	82.4	9.9	3.4	1.5	2.9
Female	87.1	8.4	2.9	0.7	0.9
Race:					
White	83.1	10.4	3.8	1.2	1.5
Black	88.5	6.3	2.1	0.0	3.1
Hispanic	88.5	7.5	2.0	0.7	1.3
SES:					
High	85.0	9.5	3.5	1.0	1.1
Medium	85.3	9.4	2.6	0.6	2.1
Low	84.5	8.5	3.2	1.5	2.3
Region:					
North	85.9	9.2	2.7	0.8	1.3
Central	84.2	8.8	3.2	1.4	2.4
South	83.6	9.3	3.8	1.3	2.0

TABLE 52.

GLUE

Annual Frequency of Use by Major Subgroups (Percent)

	Never	1-2	3-9	10-39	40+
Total	93.8	3.6	1.2	0.6	0.8
Grade:					
10	92.7	3.9	1.6	0.5	1.3
11	93.9	3.6	1.2	0.7	0.6
12	95.5	3.0	0.8	0.2	0.5
Sex:					
Male	91.7	4.1	1.7	1.0	1.5
Female	95.7	3.1	0.7	0.3	0.3
Race:					
White	93.0	4.5	1.3	0.5	0.7
Black	94.5	2.6	0.6	0.7	1.5
Hispanic	95.9	1.7	0.8	0.9	0.7
SES:					
High	94.4	4.0	0.7	0.5	0.4
Medium	94.1	2.8	1.7	0.4	1.0
Low	93.0	3.7	1.2	0.9	1.2
Region:					
North	94.8	3.1	1.0	0.5	0.6
Central	93.1	3.9	1.5	0.3	1.2
South	92.7	4.1	1.2	1.3	0.8

APPENDIX A

SAMPLE DISTRIBUTION BY MAJOR SUBGROUPS

Sample Distribution by Major Subgroups

GEOGRAPHIC REGION	No. Students	Percent
North	1,250	46.4
Central	835	31.0
South	608	22.6
Total	2,693	100.0

SES	No. Students	Percent
High	937	34.8
Medium	771	28.6
Low	985	36.6
Total	2,693	100.0

SEX	No. Students	Percent
Male	1,270	47.2
Female	1,420	52.8
Total	2,690 *	100.0

GRADE	No. Students	Percent
10	920	34.2
11	939	34.9
12	814	30.3
Other	14	0.5
Total	2,687 **	100.0

RACE/ETHNICITY	No. Students	Percent
Black	368	13.8
White	1,641	61.7
Hispanic	362	13.6
Other	288	10.8
Total	2,659 ***	100.0

* No response to this item by 3 students.
** No response to this item by 6 students.
*** No response to this item by 34 students.

APPENDIX B

SAMPLE WEIGHTING PROCEDURE

Sample Weighting Procedure

The sample chosen for this study essentially constitutes a stratified random sample, i.e., a series of random samples drawn within different strata of the target population. As reported in the text of this report, two variables provided the basis of the sample stratification. The population was stratified by geographical region and socioeconomic status as determined by the State Department of Education's District Factor Groupings. The result of those categorizations was nine sampling cells, indicated in Table A along with the applicable student population per cell.

TABLE A. STUDENT POPULATION BY SAMPLING CELL

REGION	SES			
	HIGH	MEDIUM	LOW	TOTAL
NORTH	35,936	20,968	40,206	97,110
CENTRAL	25,946	26,855	12,086	64,887
SOUTH	10,897	12,078	24,292	47,267
TOTAL	72,779	59,901	76,584	209,264

As is apparent from Table A, the total population is disproportionately distributed among the stratified sampling cells. Therefore, some adjustment in the sampling procedure, or a system of sample weighting, must be employed in order to allow for generalization of the data to the population as a whole. Toward that end, adjustments were made in the number of schools randomly selected in each sampling cell. Table B indicates the ratio of the smallest sampling cell (South-High) to all other cells.

TABLE B. RATIO OF SMALLEST CELL TO OTHER CELLS

REGION	SES		
	HIGH	MEDIUM	LOW
NORTH	3.3	1.9	3.7
CENTRAL	2.4	2.5	1.1
SOUTH	1.0	1.1	2.2

On the basis of Table B, the following schedule is utilized for selecting schools within each cell.

Sample Cell		No. Schools Selected
North -	High	7
	Medium	4
	Low	8
Central -	High	5
	Medium	5
	Low	2
South -	High	2
	Medium	3
	Low	4
Total		40

The sampling scheme thus involves a multi-stage random selection process. First, high schools were randomly selected within each stratum, with the number of schools per stratum as indicated above. In addition, the actual administration of the survey instrument made it necessary that samples be drawn within selected schools. Although the school per strata sample did make some adjustment regarding the proportional distribution of the sample, further refinement was necessary. Table C compares the

proportion of the total population represented in each cell with the proportion of the sample population so represented.

TABLE C. TOTAL POPULATION/SAMPLE POPULATION BY SAMPLING SIZE

STRATUM		STRATUM POPULATION	% TOTAL POPULATION	SAMPLE SIZE	% TOTAL SAMPLE
NORTH -	HIGH	35,936	17.1726	505	18.7523
	MEDIUM	20,968	10.0199	243	9.0234
	LOW	40,206	19.2131	602	22.3543
CENTRAL -	HIGH	25,946	12.3987	327	12.1426
	MEDIUM	26,855	12.8331	363	13.4794
	LOW	12,086	5.7755	108	4.0104
SOUTH -	HIGH	10,897	5.2073	85	3.1563
	MEDIUM	12,078	5.7717	208	7.7237
	LOW	24,292	11.6083	252	9.3576
TOTAL		209,264	100.0000	2,693	100.0000

As can be seen from a comparison of percentage distributions, some of the sampling strata have been slightly over-represented (e.g., North-Low), while some strata have been under-represented (e.g., South-High). In order to more accurately treat the individual samples in the aggregate, as a total population estimate, adjustments were made to the sample proportions to conform to the total population projections. The effect of each case was multiplied by an adjustment or weighting factor, calculated for each cell as the proportion in total population divided by the proportion in sample.

Table D reports the weights assigned to the cases comprising each sampling cell.

TABLE D. WEIGHTED POPULATION

STRATUM		PROPORTION TOTAL POPULATION	PROPORTION SAMPLE	WEIGHT
NORTH -	HIGH	17.1726	18.7523	0.9158
	MEDIUM	10.0199	9.0234	1.1104
	LOW	19.2131	22.3543	0.8595
CENTRAL -	HIGH	12.3987	12.1426	1.0211
	MEDIUM	12.8331	13.4794	0.9521
	LOW	5.7755	4.0104	1.4401
SOUTH -	HIGH	5.2073	3.1563	1.6498
	MEDIUM	5.7717	7.7237	0.7473
	LOW	11.6083	9.3576	1.2405
TOTAL		100.0000	100.0000	9.9366

APPENDIX C

STATISTICAL SIGNIFICANCE

Statistical Significance

The question we confront when noting trends or change between the 1992 and 1995 surveys is whether the two groups really differ with respect to the characteristic being reported, e.g., lifetime use of marijuana or use of alcohol in the past month. The reporting of statistical significance is intended solely to gauge the degree of certainty with which one can reject the hypothesis that the two student populations surveyed are the same with respect to some aspect of substance use. The hypothesis we test, the null hypothesis, is that the 1992 and 1995 student populations do not differ with regard to the characteristics we are examining. Findings of statistical significance in this report are indicated by notations corresponding to a given probability that the null hypothesis is true, i.e., that the two student populations do not differ. The following notions are utilized:

s = $p < .05$
ss = $p < .01$
sss = $p < .001$

The analyses of differences between the 1992 and 1995 surveys have been conducted utilizing the Statistical Analysis System (SAS) chi square statistics provided by the crosstabulation and frequency procedure. In addition, the analyses of differences among subgroups within the 1995 survey were performed utilizing the SAS analysis of variance procedure.

APPENDIX D

MODIFICATIONS TO AMPHETAMINES SURVEY ITEMS

Modifications to Amphetamine Survey Items

In the 1986 survey, modifications were introduced in the items dealing with amphetamine use. These changes were made to correct what is believed to have been the inclusion of over-the-counter diet and stay-awake pills by some students reporting amphetamine use. The advertising and sale of such substances has increased markedly since the initial administration of this survey in 1980. It is believed a substantial portion of amphetamine use reported in the first two administrations of this survey can be attributed to use of these products. Pre-test results indicate that reported rates of amphetamine use in 1986 decreased by almost 20% for lifetime prevalence to as much as 40% for thirty day prevalence as a direct result of modifications to survey item content.

Growth in the use and purchase of over-the-counter stimulants during this decade is such that we cannot assume that the proportion of reported amphetamine use attributable to those products has remained constant since the first survey administration in 1980. Variation in that proportion present a formidable problem in any effort to adjust rates from the first two surveys for purposes of comparison with the current version of the survey items regarding amphetamines. Serious consideration was given to this issue prior to the decision in 1986 to utilize the modified version of the amphetamine questions. In essence, direct comparability is the price we paid for increased validity in efforts to measure amphetamine use among the state's high school population. For that reason, no trend data regarding the use of amphetamines from the 1980 and 1983 surveys have been included in this report. It is certain, however, that the rates we have reported since then are decidedly more accurate than they would have been had earlier versions of the applicable questionnaire items been used.

APPENDIX E

SURVEY INSTRUMENT

NEW JERSEY

PUBLIC HIGH SCHOOL SURVEY

DRUG AND ALCOHOL USE

1995

INTRODUCTION

This questionnaire is part of a statewide study of alcohol and drug use among youth. It is being conducted by the Attorney General in cooperation with the Departments of Education and Health and is an attempt to understand your feelings about this subject. The questions ask your opinions about a number of things--the way things are now and the way you think they ought to be in the future. In a sense, many of your answers on this questionnaire will count as "votes" on many important issues.

If this study is to be helpful, it is important that you answer each question as thoughtfully and honestly as possible. All your answers will be kept strictly confidential and will never be seen by anyone who knows you. Your answers will never be used in any way against you. To help keep your answers absolutely anonymous, we ask that you do not put your name anywhere on this questionnaire or on the answer sheet.

This study is completely voluntary. If there is any question that you do not want to answer for any reason, just leave it blank. Remember, it is your honest opinion that we want; there are no right or wrong answers to these questions.

Thank you for being an important part of our study.

Instructions

You should have a questionnaire containing 143 questions and a single page, two-sided answer sheet. Please make sure you have both an answer sheet and a complete questionnaire. Raise your hand if you are missing any pages, and you will be given a new set of materials.

Do not write your name on the answer sheet. We want the questionnaire to remain anonymous.

Before you begin, make sure that your answer sheet begins with a number 1. If it does not, turn the answer sheet to the other side.

Answer all questions only on the answer sheet with a #2 pencil. If you do not have a pencil, raise your hand and one will be provided. Fill in the letter of the answer you select. For example, on question number 1, if you are male, shade in the letter A on your answer sheet. If you are female, you should fill in the letter B on your answer sheet to answer question number 1.

MARK YOUR ANSWER TO ALL QUESTIONS ON YOUR ANSWER SHEET.

USE PENCIL.

1. Are you:

   A. Male
   B. Female

2. How old are you?

   A. 14 years old or younger
   B. 15 years old
   C. 16 years old
   D. 17 years old
   E. 18 years old
   F. 19 years old
   G. 20 years old

3. What grade are you in?

   A. 10th
   B. 11th
   C. 12th
   D. Other

4. What grades do you usually get?

   A. Mostly A's
   B. Mostly B's
   C. Mostly C's
   D. Mostly D's
   E. Mostly F's

5. Which of the following do you intend to do first after you finish high school?

   A. Attend a two-year college
   B. Attend a four-year college
   C. Obtain technical or job-related training
   D. Take a job without further training
   E. Join the armed forces
   F. Other
   G. Don't know

6. Are you:

   A. Black or Afro-American
   B. White
   C. Hispanic or Latino
   D. Other

7. Which adult parents or guardians are you now living with?

   A. Mother and father
   B. Mother only
   C. Father only
   D. Mother and stepfather/boyfriend
   E. Father and stepmother/girlfriend
   F. Grandparents
   G. Older brother or sister
   H. Other adult relative
   I. Foster parents

8. Have you ever smoked cigarettes?

   A. Yes
   B. No

9. How frequently do you smoke cigarettes at the present time?

   A. Never
   B. On occasion
   C. Less than half a pack a day
   D. Half a pack to a pack a day
   E. More than one pack a day

10. How did you get your most recent cigarettes?

   A. I have never smoked cigarettes
   B. Purchased from a store
   C. Purchased from a vending machine
   D. From a friend
   E. Other

11. Have you ever received free samples or prizes (boardwalk, fair, etc.) of a tobacco product (cigarettes, moist snuff, etc.)?

   A. Yes
   B. No

12. Have you ever tried to stop smoking?

   A. I have never smoked cigarettes
   B. I used to smoke but stopped
   C. I do smoke but I have never tried to stop
   D. I do smoke and I tried to stop once
   E. I do smoke and I have tried to stop more than once

13. When did you first smoke cigarettes?

A. I have never smoked cigarettes
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade

14. If people smoke one or more packs of cigarettes a day, how much physical harm are they likely to risk?

A. No risk
B. Slight risk
C. Medium risk
D. Great risk
E. I don't know

THE FOLLOWING QUESTIONS ARE ABOUT MARIJUANA.

15. How hard do you think it would be for you to get marijuana (herb, grass, pot, weed) if you wanted some?

A. Very easy
B. Easy
C. Hard
D. Very hard
E. Probably impossible

16. Where would you <u>most</u> likely get marijuana if you want some?

A. I couldn't get it
B. From members of my family
C. From other students or friends
D. From adults I know
E. From strangers
F. Grow my own

17. Do you think you will be using marijuana ten years from now?

A. I definitely will
B. I probably will
C. I am unsure
D. I probably will not
E. I definitely will not

18. If people smoke marijuana <u>occasionally</u>, how much physical harm are they likely to risk?

A. No risk
B. Slight risk
C. Medium risk
D. Great risk
E. I don't know

19. If people smoke marijuana regularly, how much physical harm are they likely to risk?

A. No risk
B. Slight risk
C. Medium risk
D. Great risk
E. I don't know

20. Do you think it is wrong if a person uses marijuana occasionally?

A. Very wrong
B. Slightly wrong
C. Not wrong at all

21. Do you think it is wrong if a person uses marijuana regularly?

A. Very wrong
B. Slightly wrong
C. Not wrong at all

22. There has been much talk about whether or not marijuana use should be made legal. What do you think should be done?

A. It should be a crime for everyone
B. It should be a crime only for people under 18 years
C. It should be a minor violation, like a parking ticket, for everyone
D. It should be a minor violation, like a parking ticket, only for people under 18 years
E. It should be legal
F. No opinion

23. If it were legal to use marijuana, should it also be legal to sell marijuana?

A. No
B. Yes, but only to adults
C. Yes, to anyone

24. If marijuana were legal to use and legally available, which of the following would you be most likely to do?

A. Not use it, even if it were legal and available
B. Try it for the first time
C. Use it less often than I do now
D. Use it as often as I do now
E. Use it more often than I do now

25. How many times have you used marijuana in your lifetime?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

IF YOU SELECTED ANSWER A TO QUESTION 25, SKIP QUESTIONS 26 THROUGH 35; THEN GO TO QUESTION 36. IF YOU SELECTED ANSWERS B, C, D, OR E TO QUESTION 25, CONTINUE ON WITH QUESTION 26.

26. How many times have you used marijuana in the last year?

A. I have not used marijuana in the last year
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

27. How many times have you used marijuana in the last 30 days?

A. I have not used marijuana in the last 30 days
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

28. When did you first use marijuana?

A. 6th grade or earlier
B. 7th-8th grade
C. 9th grade
D. 10th grade
E. 11th grade
F. 12th grade

LISTED BELOW ARE A FEW REASONS PEOPLE GIVE FOR SMOKING MARIJUANA. CHOOSE THE ANSWERS THAT APPLY TO YOU AND MARK THEM ON YOUR ANSWER SHEET.

I smoke marijuana:

	True	False
29. because I like to get high	A	B
30. because my friends use it	A	B
31. to escape my problems	A	B
32. because members of my family use it	A	B
33. to enjoy myself at a party	A	B
34. because it makes me feel more comfortable when I am with other people	A	B

35. When you use marijuana do you usually get:

A. No effect at all
B. Slightly high or silly
C. High
D. Very stoned
E. Passed out

THE FOLLOWING QUESTIONS ARE ABOUT OTHER DRUGS.

36. How many times have you used hallucinogens (such as hits, tabs, trips, angel dust, dust, PCP, LSD, Acid, Mescaline, shrooms, Psilocybin, etc.) in your lifetime?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

37. How many times have you used hallucinogens in the last year?

A. I have never used hallucinogens
B. I have used hallucinogens, but not in the last year
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

38. How many times have you used hallucinogens in the last 30 days?

A. I have never used hallucinogens
B. I have used hallucinogens, but not in the last 30 days
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

39. When did you first use hallucinogens?

A. I have never used hallucinogens
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade

40. How difficult do you think it would be for you to get hallucinogens if you wanted some?

A. Very easy
B. Easy
C. Hard
D. Very hard
E. Probably impossible

41. How many times have you used cocaine (coke, crack, rock, crystal, line, blow, snow, free base, etc.) in your lifetime?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

42. How many times have you used cocaine in the last year?

A. I have never used cocaine
B. I have used cocaine, but not in the last year
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

43. How many times have you used cocaine in the last 30 days?

A. I have never used cocaine
B. I have used cocaine, but not in the last 30 days
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

44. Have you ever used crack cocaine?

A. Yes
B. No

45. When did you first use cocaine?

A. I have never used cocaine
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade

46. How hard do you think it would be to get cocaine if you wanted some?

A. Very easy
B. Easy
C. Hard
D. Very hard
E. Probably impossible

47. How many times in your lifetime have you used amphetamines (such as uppers, bennies, crank, speed, etc.) which were not prescribed for you by a doctor?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

48. How many times in the last year have you used amphetamines which were not prescribed for you by a doctor?

A. I have never used amphetamines which were not prescribed for me by a doctor
B. I have used amphetamines which were not prescribed for me by a doctor, but not in the last year
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

49. How many times in the last 30 days have you used amphetamines which were not prescribed for you by a doctor?

A. I have never used amphetamines which were not prescribed for me by a doctor
B. I have used amphetamines which were not prescribed for me by a doctor, but not in the last 30 days
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

50. When did you first use amphetamines which were not prescribed for you by a doctor?

A. I have never used amphetamines which were not prescribed for me by a doctor
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade

51. How difficult do you think it would be for you to get amphetamines if you wanted some?

A. Very easy
B. Easy
C. Hard
D. Very hard
E. Probably impossible

52. How many times in your lifetime have you used barbiturates (such as downers, quaaludes, blues, doridens, seconals, yellows, rainbows, etc.) which were not prescribed for you by a doctor?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

53. How many times in the last year have you used barbiturates which were not prescribed for you by a doctor?

A. I have never used barbiturates which were not prescribed for me by a doctor
B. I have used barbiturates which were not prescribed for me by a doctor, but not in the last year
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

54. How many times in the last 30 days have you used barbiturates which were not prescribed for you by a doctor?

A. I have never used barbiturates which were not prescribed for me by a doctor
B. I have used barbiturates which were not prescribed for me by a doctor, but not in the last 30 days
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

55. When did you first use barbiturates which were not prescribed for you by a doctor?

A. I have never used barbiturates which were not prescribed for me by a doctor
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade

56. How difficult do you think it would be for you to get barbiturates if you wanted some?

A. Very easy
B. Easy
C. Hard
D. Very hard
E. Probably impossible

57. How many times in your lifetime have you used tranquilizers (such as valium, V's, librium, ativan, etc.) which were not prescribed for you by a doctor?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

58. How many times in the last year have you used tranquilizers which were not prescribed for you by a doctor?

A. I have never used tranquilizers which were not prescribed for me by a doctor
B. I have used tranquilizers which were not prescribed for me by a doctor, but not in the last year
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

59. How many times in the last 30 days have you used tranquilizers which were not prescribed for you by a doctor?

A. I have never used tranquilizers which were not prescribed for me by a doctor
B. I have used tranquilizers which were not prescribed for me by a doctor, but not in the last 30 days
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

60. When did you first use tranquilizers which were not prescribed for you by a doctor?

A. I have never used tranquilizers which were not prescribed for me by a doctor
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade

61. How difficult do you think it would be for you to get tranquilizers if you wanted some?

A. Very easy
B. Easy
C. Hard
D. Very hard
E. Probably impossible

62. How many times have you sniffed glue to get high in your lifetime?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

63. How many times have you sniffed glue to get high in the last year?

A. I have never sniffed glue to get high
B. I have sniffed glue to get high, but not in the last year
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

64. How many times have you sniffed glue to get high in the last 30 days?

A. I have never sniffed glue to get high
B. I have sniffed glue to get high, but not in the last 30 days
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

65. When did you first sniff glue to get high?

A. I have never sniffed glue to get high
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade

66. How many times have you used inhalants other than glue (butane, aerosol, laughing gas, giggles, balloons, amyl or butyl nitrite, whipits, nitrous oxide, carbona, rush, etc.) to get high in your lifetime?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

67. How many times have you used inhalants other than glue to get high in the last year?

A. I have never used inhalants other than glue to get high
B. I have used inhalants other than glue to get high, but not in the last year
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

68. How many times have you used inhalants other than glue to get high in the last 30 days?

A. I have never used inhalants other than glue to get high
B. I have used inhalants other than glue to get high, but not in the last 30 days
C. 1 or 2 times
D. 3 to 9 times
E. 10 to 39 times
F. 40 or more times

69. When did you first use inhalants other than glue to get high?

A. I have never used inhalants other than glue to get high
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade

70. If people sniff glue or use other inhalants occasionally, how much physical harm are they likely to risk?

A. No risk
B. Slight risk
C. Medium risk
D. Great risk
E. I don't know

71. If people sniff glue or use other inhalants regularly, how much physical harm are they likely to risk?

A. No risk
B. Slight risk
C. Medium risk
D. Great risk
E. I don't know

72. How many times have you used heroin (dope, smack, juice, etc.) in your lifetime?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

73. When did you first use heroin?

A. I have never used heroin
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade

74. How many times have you used cough syrup to get high in your lifetime?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

75. During the past year, has anyone tried to sell or give you marijuana or other drugs during school hours?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

THE FOLLOWING STATEMENT APPLIES TO QUESTIONS 76 THROUGH 82. PLEASE BE SURE TO MARK AN ANSWER ON YOUR ANSWER SHEET FOR EACH REASON FOLLOWING THE STATEMENT.

Which of the following reasons might prevent you from using drugs or marijuana, substances you might otherwise want to use?

76. Religious values

A. Yes
B. No

77. Disapproval of parents

A. Yes
B. No

78. Disapproval of friends

A. Yes
B. No

79. Fear of getting bad grades in school

A. Yes
B. No

80. Fear of getting into trouble with the law

A. Yes
B. No

81. Fear of physical harm

A. Yes
B. No

82. Nothing would prevent me

A. True
B. False

ANSWER QUESTIONS 83 THROUGH 95 ONLY IF YOU HAVE EVER USED DRUGS OR MARIJUANA. IF YOU HAVE NEVER USED DRUGS OR MARIJUANA, GO ON TO QUESTION 96.

83. Have you ever used drugs or marijuana before school?

A. Yes
B. No

84. Have you ever used drugs or marijuana during school hours?

A. Yes
B. No

85. Have you ever used drugs or marijuana after school?

A. Yes
B. No

86. Have you ever used drugs or marijuana at school functions such as football games or dances?

A. Yes
B. No

87. Have you ever used drugs or marijuana at parties?

A. Yes
B. No

88. Have you ever used drugs or marijuana on weekends?

A. Yes
B. No

89. Have you ever used marijuana and other drugs at the same time?

A. Yes
B. No

90. Have you ever used two or more drugs (other than marijuana) at the same time?

A. Yes
B. No

91. Have you ever gotten into trouble with your family for using drugs or marijuana?

A. Yes
B. No

92. Have you ever gotten into trouble with your school for using drugs or marijuana?

A. Yes
B. No

93. Have you ever gotten into trouble with the police for using drugs or marijuana?

A. Yes
B. No

94. Have your friends ever criticized you for using drugs or marijuana?

A. Yes
B. No

95. I have used drugs or marijuana but have never gotten into trouble because of it.

A. True
B. False

THE FOLLOWING QUESTIONS ARE ABOUT ALCOHOL.

96. How many times have you had alcoholic beverages (beer, wine, hard liquor, or mixed drinks) in your lifetime?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

IF YOU SELECTED ANSWER A TO QUESTION 96, SKIP QUESTIONS 97 THROUGH 113 AND GO TO QUESTION 114. IF YOU SELECTED ANSWERS B, C, D, OR E TO QUESTION 96, CONTINUE ON WITH QUESTION 97.

97. What type of alcoholic beverages do you most often drink?

A. Beer or malt liquor
B. Wine
C. Hard liquor (such as scotch, vodka, whiskey or a mixed drink)
D. Some combination of the above

98. How many times have you had alcoholic beverages in the last year?

A. I have not had alcoholic beverages in the last year
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

99. How many times have you had alcoholic beverages in the last 30 days?

A. I have not had alcoholic beverages in the last 30 days
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more times

100. When did you try your first alcoholic beverages?

A. 6th grade or earlier
B. 7th-8th grade
C. 9th grade
D. 10th grade
E. 11th grade
F. 12th grade

101. How much do you usually drink at one time?

A. A little - a few sips
B. 1 to 2 drinks
C. 3 to 4 drinks
D. 5 to 6 drinks
E. 7 to 8 drinks
F. 9 or more drinks

102. When you drink, do you usually get:

A. No effect at all
B. Slightly high or silly
C. High
D. Very drunk
E. Passed out

LISTED BELOW ARE A FEW REASONS PEOPLE HAVE FOR DRINKING ALCOHOLIC BEVERAGES. CHOOSE THE ANSWERS THAT APPLY TO YOU AND MARK THEM ON YOUR ANSWER SHEET.

I drink alcoholic beverages:

	True	False
103. because I like to get high	A	B
104. because my friends drink	A	B
105. to escape my problems	A	B
106. because members of my family drink	A	B
107. to enjoy myself at a party	A	B
108. because it makes me feel more comfortable when I am with other people	A	B

109. Have you ever gotten into trouble with your family for drinking alcoholic beverages?

A. Yes
B. No

110. Have you ever gotten into trouble at school for drinking alcoholic beverages?

A. Yes
B. No

111. Have you ever gotten into trouble with the police for drinking alcoholic beverages?

A. Yes
B. No

112. Have your friends ever criticized you for drinking alcoholic beverages?

A. Yes
B. No

113. I drink alcoholic beverages but have never gotten into trouble because of my drinking.

A. True
B. False

114. How difficult do you think it would be for you to get alcoholic beverages (beer, wine, hard liquor) if you wanted some?

A. I could legally buy it
B. Very easy
C. Easy
D. Hard
E. Very hard
F. Probably impossible

115. If people have 1 or 2 drinks of an alcoholic beverage (beer, wine or hard liquor) on occasion, how much physical harm are they likely to risk?

A. No risk
B. Slight risk
C. Medium risk
D. Great risk
E. I don't know

116. If people have 1 or 2 drinks almost every day, how much physical harm are they likely to risk?

A. No risk
B. Slight risk
C. Medium risk
D. Great risk
E. I don't know

117. If people have 4 or 5 drinks almost every day, how much physical harm are they likely to risk?

A. No risk
B. Slight risk
C. Medium risk
D. Great risk
E. I don't know

118. If people have 5 or more drinks once or twice each weekend, how much physical harm are they likely to risk?

A. No risk
B. Slight risk
C. Medium risk
D. Great risk
E. I don't know

THE FOLLOWING STATEMENT APPLIES TO QUESTIONS 119 THROUGH 125. PLEASE BE SURE TO MARK AN ANSWER ON YOUR ANSWER SHEET FOR EACH REASON FOLLOWING THE STATEMENT.

Which of the following reasons might prevent you from using alcoholic beverages you might otherwise want to use?

119. Religious values

A. Yes
B. No

120. Disapproval of parents

A. Yes
B. No

121. Disapproval of friends

A. Yes
B. No

122. Fear of getting bad grades in school

A. Yes
B. No

123. Fear of getting into trouble with the law

A. Yes
B. No

124. Fear of physical harm

A. Yes
B. No

125. Nothing would prevent me

A. True
B. False

ANSWER QUESTIONS 126 THROUGH 131 ONLY IF YOU HAVE EVER USED ALCOHOLIC BEVERAGES. IF YOU HAVE NEVER USED ALCOHOLIC BEVERAGES, SKIP QUESTIONS 126 THROUGH 131. CONTINUE WITH QUESTION 132.

126. Have you ever used alcoholic beverages before school?

A. Yes
B. No

127. Have you ever used alcoholic beverages during school hours?

A. Yes
B. No

128. Have you ever used alcoholic beverages after school?

A. Yes
B. No

129. Have you ever used alcoholic beverages at school functions such as football games or dances?

A. Yes
B. No

130. Have you ever used alcoholic beverages at parties?

A. Yes
B. No

131. Have you ever used alcoholic beverages on weekends?

A. Yes
B. No

ANSWER QUESTIONS 132 THROUGH 134 ONLY IF YOU HAVE EVER USED <u>BOTH</u> ALCOHOLIC BEVERAGES AND DRUGS OR MARIJUANA. IF YOU HAVE NEVER USED <u>BOTH</u> ALCOHOLIC BEVERAGES AND DRUGS OR MARIJUANA SKIP QUESTIONS 132 THROUGH 134. CONTINUE WITH QUESTION 135.

132. Have you ever used alcoholic beverages and marijuana at the same time?

A. Yes
B. No

133. Have you ever used alcoholic beverages and drugs (other than marijuana) at the same time?

A. Yes
B. No

134. Have you ever used alcoholic beverages, marijuana, and drugs other than marijuana at the same time?

A. Yes
B. No

135. Has knowing that your driver's license could be suspended or that obtaining a license could be delayed when you turn 17 influenced your decision to use drugs or marijuana?

A. I didn't know I could lose my license
B. It has strongly influenced my decisions
C. It has influenced my decisions a little
D. I knew it could happen, but it hasn't made any difference

136. If you were to drive (assuming you were old enough to have a license) after drinking too much, do you think you would be stopped by the police?

A. Definitely not
B. Probably not
C. Probably yes
D. Definitely yes

137. Would the chance of being stopped by the police influence your decision to drive after drinking too much?

A. It would strongly influence my decision
B. It would influence me a little
C. It is so low I don't worry about it
D. I never thought about it

138. Within the past 12 months, how often have you been a rider in a car driven by someone who has had too much to drink for safe driving?

A. Never
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 39 times
E. 40 or more

139. Would you try to stop others from driving if they had been drinking?

A. Never
B. Probably no
C. Probably yes
D. Definitely yes

THE FOLLOWING QUESTIONS ARE ABOUT STEROIDS.

140. Have you ever used steroids in your lifetime which were not prescribed for you by a doctor?

A. Yes
B. No

141. Have you used steroids in the last year which were not prescribed for you by a doctor?

A. Yes
B. No

142. Have you used steroids in the last 30 days which were not prescribed for you by a doctor?

A. Yes
B. No

143. When did you first use steroids which were not prescribed for you by a doctor?

A. I have never used steroids
B. 6th grade or earlier
C. 7th-8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade