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## Are there travel restrictions to or from New Jersey?

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**There are no travel advisories that apply specifically to New Jersey at this time.**

As of January 5th, 2023, there are federal requirements for air passengers 2 years of age and older traveling to the United States from China, Hong Kong, or Macau, and those traveling from Seoul, Toronto, and Vancouver who have been in China, Hong Kong, or Macau in the past 10 days.

If these criteria apply to you, you are required to show a negative COVID-19 test result taken no more than 2 days before your flight to the United States departs. The requirement applies regardless of citizenship or vaccination status. If you had COVID-19 in the 90 days before your travel to the United States, you can instead show documentation of recovery from COVID-19.

If you are not a U.S. citizen, U.S. national, lawful permanent resident, or immigrant, you must be fully vaccinated to travel to the United States by plane. [Limited exceptions apply.](#)

### Recommendations for Travelers

All travelers are encouraged to follow travel recommendations from the CDC. International travelers must also follow federal requirements, summarized below.

The CDC recommends delaying travel until you are [up to date](#) with your COVID-19 vaccines, including boosters. Before traveling internationally, [check the COVID-19 situation in your destination country](#) and follow any [requirements at your destination](#), including mask wearing, proof vaccination, testing, or quarantine.

Do not travel if you tested positive for COVID-19 or have been [recommended to isolate](#).


In New Jersey, face masks are no longer required in most outdoor and indoor settings. The Department of Health recommends wearing a face mask whenever you have symptoms of COVID-19, tested positive, were recently exposed to someone with COVID-19, or live in a county with elevated or "high" COVID community levels.

Travelers leaving New Jersey should check with the travel destination and transportation carrier (i.e., airline, cruise ship, etc.) to see if there are any additional health and safety protocols or requirements. In addition, travelers should also check with their employers, schools, and other entities that may have quarantine policies for individuals returning from travel.

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