H. F. Schultz Superintendent William F. Dotts
Supervisor of Educational Programs

VOL. XVIII

APRIL 1977

NO. 3

SELF-HELP'S 14

Self-help training in six East Campus cottages has been greatly expanded, thanks to the efforts of 14 new Therapy Program Assistants.

By mid-March, all of the TPA's had been recruited and received an intensive training program on campus. They were then given the sole responsibility of providing indepth instruction in the self-help areas of bathing, dressing, feeding and toilet training to the younger hyperactive resident.

The instructors have been assigned to Cross, East, Jenkinson, Reeves, Regan and Sykes Cottages.

RIGHT: Mrs. Charlotte Cole, TPA in Regan Cottage instructing three residents in self-help feeding.





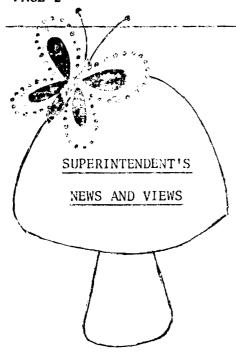
OPERATION HOLIDAY

Students from the Cumberland Co. Vocational School, under the supervision of Raymond Pearson, Instructor, recently completed a total of 59 plywood lawn figures for the enjoyment of the West Campus residents.

The figures were cut out, painted and given stands by the students and will be used for all holidays and seasons. Of the total, 25 were delivered in December and helped to make an outstanding Christmas display.

LEFT: (L to R) Sharon Omrod, Teaching Assistant, Joan, Rosemary, Isabelle and Angelica Ruggieri, Recreation Assistant, admire the handiwork of the Cumberland Co. Vo-Tech students.

Tineland State School · Vineland, New Jersey



A Guest Editorial by Richard M. Cesta Administrator, West Campus

MEETING THE NEEDS

Within the last 15 to 20 years, institutions for the mentally retarded, including our own, have made considerable strides in what is popularly known as "normalization" or "humanization".

No longer content to provide custodial care and minimal educational, recreational, social, and vocational programs for residents, institutions geared up for more sophisticated and far-reaching programs that would equip many of their residents to "graduate" into society. Those still confined to the institution were given more expanded programming and Recreation and Education and Resident Living Departments adapted to accommodate these needs. The philosophy that every child can learn was evident.

With the passage of State Legislation requiring public schools to provide education and training for mentally retarded children who could be classed as mildly or moderately retarded, institutions began to notice a shift in their populations. Many of the "bright" residents went back to their homes or to the community.

Admissions during the past twelve to fifteen years generally reflect a decrease in the number of mildly retarded residents entering institutions. At the same time, those who are profoundly retarded, or retarded persons with emotional or severe handicaps, have been admitted.

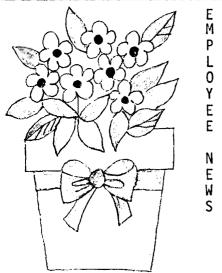
Should the institutions now, in effect, step back and retreat to providing custodial care for these residents since many of them have such severe handicaps? The answer at the Vineland State School has been an emphatic "No!".

Despite the obvious budget limitations, programming here has continued to emphasize the fact that every resident is an individual, an individual capable of growth.

Many of the programs instituted at both campuses to meet the special needs of our residents have required exceptional ingenuity and extensive planning. Implementation of some of these programs has been difficult to achieve, but very rewarding. While some innovations have been developed by staff "professionals", those of us in management positions also owe much to the creativity and energy expressed by line personnel in various departments who have also contributed successful ideas for enriching the lives of our residents.

Years ago, most "experts" in the field of mental retardation would not have believed the accomplishments we see daily today. Because interested, patient, and caring staff members are on the job, our residents are widening their experiences and skills.

Any novice bowler can appreciate the skills required to make a "strike" and defeat the opponent. Approximately 24 West Campus girls participated in a new bowling "club" formed last September. Eight of the girls entered the Regional Special Olympics Bowling Tournament and five qualified for the State Finals. In Finals Competition, the



Christine Gregory, Jenkinson Cottage Dorothy Hancock, Hospital Sandra Holbert, Business Office Bessie Jackson, Kimble Cottage Ruby Johnson, Giles Cottage Beverly Kent, Jenkinson Cottage Dolly Key, Landis Cottage Elsa Llamado, M.D., Hospital Florence Munyon, Reeves Cottage Ruth Nance, Cross Cottage Viola Nelson, Jenkinson Cottage Patricia Parker, Cross Cottage Allen Priebs, Storeroom Gail Priggemeir, Hospital Maria Riggione, Administration Toni Rossi, Reeves Cottage Dianne Sacca, Regan Cottage Diane Lynn Schooley, North Cottage Alexandria Serad, Kimble Cottage Vernese Smith, Hospital Terry Tarlton, Hospital Lura Thomas, North Cottage Michael Thomas, Food Service Louresta Walker, Housekeeping Ellen White, Reeves Cottage Peter Wynters, Housekeeping

WEDDING BELLS RANG RECENTLY FOR:

Donna Campagna (Jacob), West Infirmary
Jacqueline Dickens (Bell), West Cottage
Joan Januewski (VanSteyn), Kimble Cottage
Mary Llanos (Bryant), Bassett Cottage
Deidre Levari (Blome), Lee Cottage
Charlene Marsh (Monaco), Recreation
Scott Marsh, Mental Health
Lydia Jones (Santiago), West Res. Liv. Office

WELCOME TO OUR NEW EMPLOYEES:

EAST CAMPUS

Frances Blackwell, Giles Cottage
Mary Campbell, Kimble Cottage
Ella Carter, Hospital
Linda Corridori, Hospital
Barbara Cullum, Cross Cottage
Sandra DeCicco, Personnel
Rickstine Dileo, Reeves Cottage
Linda Dixon, Giles Cottage
Elsie Farmer, Regan Cottage
Elsie Farmer, Kimble Cottage
Belinda Goldsboro, Cross Cottage
Glenda Gough, Kimble Cottage
Pamela Sue Grant, Cross Cottage

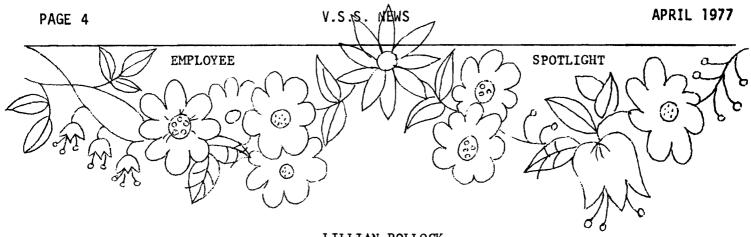
WEST CAMPUS

Darlene Bright, "B" Cottage
Barbara Butler, "C" Cottage
Freddie Cross, Housekeeping
Donald Cunningham, Housekeeping
Bertha Davy, Resident Living Office
Virginia Granger, "D" Cottage
Denise Holland, Resident Living Office
Carolyn Huggins, "B" Cottage
Bernice Jackson, "F" Cottage
Donna Kane, Food Service
Peggy Leake, "F" Cottage
Virginia Robinson, "G" Cottage
Linda Smith, "G" Cottage
Joan Tomasso, Resident Living Office
Vivian Williams, "E" Cottage
Peggy Yeomans, Resident Living Office

BIRTH CONGRATULATIONS TO:
Denise Capizola, Hospital.

Denise Capizola, Hospital, a girl Kathy Carter, Recreation, a boy Lorna Green, "B" Cottage, a girl Mary Llanos, Bassett Cottage, a girl William Sheppard, Housekeeping, a boy

Candice Romano (Derr), Beauty Parlor
JoAnn Romano (Reyes), East Resident Living
Joseph Romano, East Resident Living
Maria Sooknanan (Medina), Hospital
Corinne Tozer (Eldridge), Hospital
Annie Williams (Jones), Pond Cottage
Delores Zimmer (Bononcini), West Recreation



LILLIAN POLLOCK
PRINCIPAL PAYROLL CLERK

The Spring spotlight falls on Mrs. Lillian Pollock, Principal Payroll Clerk in the Business Management Department. Mrs. Pollock was born in Garfield, N.J. and attended elementary schools there and graduated from Garfield High School.

She began her career in State service in 1954 as a clerk typist in the Personnel Office. She also held the positions of clerk stenographer and sr. clerk stenographer while working in Personnel and transferred into the Administration Office while working in the latter title. In 1976 she transferred into her present position.

Mrs. Pollock moved to Vineland in 1953 and has lived here ever since. She and her husband, Fred, who also works at V.S.S. as a repairman, have two grown children. Their daughter, Eileen, is the mother of 2 girls and a boy, and is a substitute teacher in the Vineland Public Schools. Their son, Richard, has 2 boys and is a systems analyst for the City of Vineland.

Mrs. Pollock is very active in the Civil Service Council #18 and serves that organization as recording secretary. She is also active in church work at St. Isidore's Church and in The Women of the Moose. She has held all of the major offices in the latter organization.

Her favorite hobby is traveling and she has been to Bermuda, Hawaii, Mexico, Spain, Majorca, California, Las Vegas and is planning a trip to Italy this coming June. She also enjoys spending as much time as possible with her 5 grandchildren.

GAY RUTH SIMPSON SUPERVISOR OF LAUNDRY - WEST CAMPUS

The April spotlight on the West Campus falls on Mrs. Gay Ruth Simpson, Supervisor of the Laundry. Mrs. Simpson was born and raised in Craddockville, Virginia and attended elementary school and graduated from Mary Nottingham Smith High School there. After graduation, she moved to Philadelphia where she attended the Pioneer Business School for 2 years. She has also lived in Atlantic City prior to moving to Elmer, N.J. where she currently resides with her husband, Denton. Mr. Simpson is from Jamaica, the West Indies and the Simpsons visit the island frequently.

Mrs. Simpson began working at V.S.S. in 1955 and has held the titles of charge attendant and supervisor of "E" Cottage prior to assuming her present position.

She is a member of the Truth Baptist Church in Newfield and has been Superintendent of Sunday School and Financial Secretary for the church.

Her hobbies include sewing and she sews all of her own clothes. She also enjoys gardening, raising flowers and vegetables. In addition, she likes to travel.

She is especially proud of recently helping her parents, Walter and Gay Ruth Rogers, Celebrate their 60th Wedding Anniversary.

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EMPLOYEE NEWS - Cont. from p. 3

SINCERE CONDOLENCES TO:

Thelma Battle, "E" Cottage, on the loss of her mother Carolyn Bradley, Hospital, on the loss of her mother Gertrude Braxton, Hospital on the loss of her sister Edith Byers, West Infirmary, on the loss of her sister Lavenia Camper, "F" Cottage, on the loss of her sister Wilbrod Dube, Maintenance, on the loss of his brother Clara Fields, "G" Cottage, on the loss of her mother John Hanson, West Maintenance, on the loss of his father Robert Hanson, Food Service, on the loss of his father Clara Hayman, "C" Cottage, on the loss of her sister Bertha Jackson, "F" Cottage, on the loss of her mother Mary Lou Jackson, "E" Cottage, on the loss of her mother Rachel Pierce, West Linen Center, on the loss of her mother Hilda Somerville, Reeves Cottage, on the loss of her mother Domenico Tulli, Housekeeping, on the loss of her husband Margaret Tunis, Landis Cottage, on the loss of her father Ruth Waters, "F" Cottage, on the loss of her husband Viola Wolf, Recreation, on the loss of her daughter

RETIREMENT WISHES TO:

Della Kilburn, North Cottage, 17 years Lucille Perry, Cross Cottage, 10 years Rita Pontano, West Administration, 9 years

PARENTS' PAGE

NEWS FROM THE PARENTS' ASSOCIATION...March has been a month of good news for our Association. At our Board meeting held March 20, 1977, Dr. S. Donald Babcock, Director of Mental Health Services, delivered an interesting and highly informative talk on his analysis of the questionnaires which had been submitted to the members of our Association. We were pleased to learn that there was a good response. Every facet of attention to the residents needs was covered. In fact, there were 40 questions that were answered and rated and the net result was that the ratings based on the replies were:

Poor	4%	Very Good	29%
Fair	8%	Excellent	38%
Good	21%		

The Board felt that this was indeed a worthwhile project and should be continued.

That same afternoon, at the General Meeting which was well attended, Michael D. Cruz, M.D., Medical Director, rendered a report on the operation of the Emit System. As our Association supplied the funds (\$7250) for the purchase of the System, the news was cheering indeed. From August 1976 to March 14, 1977, specimens numbering 562 were studied. Of these, 217 were Woodbine patients. The specimens were studied for content of phenobarbital, dilantin, and mysoline. If the specimens had been sent to a private laboratory, the total cost would have been over \$17,000. The cost to Vineland State School in reagents was a little over \$2,944. Our members were gratified that our investment paid such high dividends in speed of testing, prompt analysis of high drug levels in 23 cases, and the ability to avoid toxic This is a great advance in the management of epileptics and we feel that this fund was well spent.

We cordially invite all to attend our monthly meetings held on the 3rd Sunday of

alternate months. Notices are posted in the Administration Building office.

COOK'S CORNER



Submitted by Jeanette Ganio
Recreation Assistant

1 cup sugar
1 1/2 cup flour
1/2 tsp. salt
1/4 cup cocoa
1 tsp. baking soda
1 tsp. vinegar
1 tsp. vanilla
1/3 cup salad oil
1 cup cold water

Mix all ingredients together in a bowl. Pour into ungreased 9 x 9 pan. Bake 350° 30 to 35 minutes. Can be iced or sprinkled with confectioners sugar when cool.

NOTE: We are looking for recipes from you the reader.

They can be any prepared food from appetizers to desserts - any favorite recipe you think others might enjoy trying. Send them to Mrs. Mary Doughty, Vocational Division, East Campus.

SUPERINTENDENT'S NEWS AND VIEWS - Cont. from p. 2

girls won three gold medals and one silver!

Profoundly retarded girls at our institution have produced paintings and collages - using crayons, paint, paper tissues and other media to create special effects. Their creations have been on display in several area locations, and their exhibit is in constant demand for showings.

Residents who may never live outside the institution are, nevertheless, enjoying the experience of shopping trips in town via a new "Shoppers Shuttle" that takes small groups of residents and their chaperones to the stores. The residents use their personal funds to make their own purchases; they choose what they want to buy and learn lessons about the value of money.

Both Departments of Resident Living have worked tirelessly to carve out activities for the development of Self-Help Training for the profoundly retarded, and the list of program innovations from various departments at times seems endless -- proving that so are the possibilities.

Our residents can all learn - they can all enjoy life a little more with a little more effort from those of us entrusted with their care. Whether it's a colorful, hand-made mobile hung over a bed-ridden resident's crib, a one-on-one lesson in personal grooming, or a group walk around the grounds to appreciate the first signs of spring, there is a way to awaken a response, to stimulate learning, if we will only continue to try.

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STRINGS ATTACHED... Squeals of excitement were heard in the school on the afternoon of March 4th when the Little People's Puppet Theater Troupe performed for the school children. "The Shoemaker and the Elves" and "King Rufus" delighted the children with their antics and changed a rainy day into one of sunshine. After the show, Mozambeak, the bird, gave autographs and shook hands or beaks, as the case may be, with his happy audience.

ORCHESTRATION...A group of 20 residents, from the morning school classes traveled to Glassboro State College on March 7th where they thoroughly enjoyed a concert directed toward children. The program introduced and demonstrated the instruments used in an orchestra and "Tubby the Tuba" was one of the selections enjoyed by our students of music appreciation.

ON THE TOWN...With the weather beginning to act more normally, the Vocational classes took advantage of warmer days during March to visit town facilities in conjunction with what they have been studying over the winter. On February 25th and March 1st, the students in Mary Doughty's Home and Family Living classes were given an extensive tour of Betty Brite cleaners by the owners, Mr. and Mrs. Eldridge. The residents learned how garments are dry cleaned, spots are removed and how clothing is pressed and folded by a commercial cleaner. Speaking of clothing, Charlotte O'Neil's Fashion Time class was treated to an in-depth tour of the Sewing Center by Alice Semolino, Head Sewing Worker, on March 3rd.

Lynn McGovern's Community Awareness classes have been visiting local churches to familiarize themselves with the various community religious services. On February 8th, the class visited Sacred Heart R.C. church and were given a tour by Fr. Cervoni. On March 22nd, Rev. Daniel Smith, pastor of the Memorial Presbyterian church gave the class a guided tour at his church.

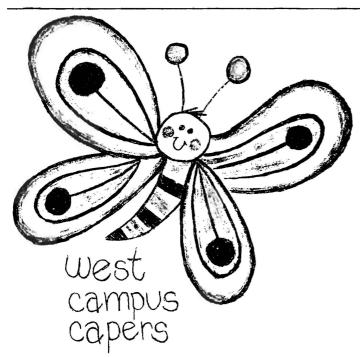
Mrs. McGovern's Continuation Classes toured Vine-

land City Hall and visited with Mayor Patrick
Fiorelli on March 3rd and were given a tour
of the Wood Street Fire Hall by Fireman
Petway on March 18th. The classes also
toured the Bank of New Jersey on March 16th
where they learned how to open a savings
account, make deposits and withdrawls and

also saw and learned about safety deposit boxes.

AND THE WINNERS ARE...On March 5th, the Special Olympics regional basketball meet was held at Cumberland County College. Vineland State School entered 7 residents in the competition. After the nets had cooled off, V.S.S. had 7 first place winners. On March 12, the 7 regional winners competed in the State finals held at Rutgers University in Camden. The results?-- 5 first place medals and 2 seconds. We are indeed proud of our basketball team and their coaches, Mike Smith and Retta Burch.

Cont. on p. 11



COTTAGE CHATTER...Tremendous progress has been noted in one "D" Cottage resident by Catherine Ford, CTT, who has been working with her. Previously, the resident was non-communicative. She has now progressed to where she speaks some words and will sing short phrases from "Silent Night".

The "B" Cottage feeding program has expanded to include four more residents who are considered untidy in feeding. The program, under the direction of Mary Moore, HCTS, attempts to develop table etiquette skills of the residents by using a selected number of employees for each meal.

Speaking about feeding, a training program for three "F" Cottage residents was recently begun by Janette Pitts, HCTS, and her staff. Their goal is to eliminate the residents' eating with their hands by using a mitten restraint on one hand during meal time.

A High Residue Diet pilot program was begun on March 21st for six "E" Cottage residents. The program, a cooperative effort between the Hospital, Food Service, Central Resident Living Departments and the "E" Cottage staff, is for residents who experience difficulty with regularity. The residents were placed on a High Residue Diet (HRD) and a program of simple exercises begun. Daily records are kept regarding times that food and juices are given and elimination occurs. The results will be compared at the end of four weeks by the Medical and Resident Living Departments with five residents who are on a normal diet and routine. Progress has been noted at the time of this writing.

New lights were recently installed in the 'H' Cottage hallway which, in addition to brightening the area, shows off the newly painted walls, office and visitors room. The new floral print drapes and valances in the office and visitors room plus several baskets of hanging flowers make the area a showplace. In addition, a new fish aquarium has been added to the dayroom to the delight of the residents.

WINNING KEGLERS...Since the formation of the West Campus bowling team this past September, the bowlers have amassed a very impressive record. Competing in their first Special Olympics Regional Meet on February 26th, the olympians captured 2 first place and 3 second place trophies. At the State Meet held on March 19th, the 5 regional winners again competed and won 3 gold and one silver medals. Congratulations also to their coaches Angelica Ruggieri and Connie Mercardo.

A special thank you goes to the 'H' Cottage employees who donated special 'T' shirts for the team. The logo on the shirts was designed by Angelica Ruggieri, Recreation Assistant and team coach.

CLASSROOM CONVERSATION...The afternoon Trainable Class students were hosted to a delicious Tunch at the Elmer, N.J. home of their teacher, Lynette Smith recently. On March 31st the Trainable Class went to see that furry favorite, the Easter Bunny at the Cumberland Mall.

During March, the students in Trudy Schumann's Home and Community Training Classes went food shopping, visited a furniture store and stopped to see the West Campus Art Work displayed at the Century Federal Savings and Loan Association.

The art work, the result of Trudy Schumann's and Stephanie Deksny's Craft Classes, was displayed in conjunction with the 'Youth Art Month' of March. The work was also



an extended illness.

EMPLOYEES' FUND

IT'S A DATE...May 6th at Centerton Golf Club. That's when the 15th Annual Employees' Awards Dinner will be held, beginning with a Dutch Treat Cocktail at 6:30 p.m. The dinner of prime rib or broiled lobster tails begins at 7:30 p.m. and will be followed by dancing to the music of "Changing Times" after the awards are presented. This gala evening can be had for the low, low price of just \$10.00 per person, so see your area representative for tickets now!

OVER THE TOP...The March 24th visit of the Red Cross Bloodmobile to the V.S.S. Auditorium turned out to be the most successful in the 8 yrs. we have participated in the program. A total of 230 pints were collected, which meets our quota and assures total blood coverage for all employees, eligible members of their families and our residents. Appreciation is extended to everyone who donated blood on behalf of this very important program.

FOSTER GRANDPARENTS

GOODBYES...were said recently to Julia Chance and Wilma Bruge, foster grannies, who resigned. They will be missed, especially by their foster grandchildren. Hellos were said to Hazel Wilson, Lillian Myers and John Watson, our newest foster grandparents. A welcome back is also extended to Inez Bacque who returned to duty after

COMING ATTRACTIONS... Every Friday the East Campus grannies go into rehearsal for their upcoming number in the Resident Achievement Day Show. Broadway had better beware!

Plans are presently being made for the annual foster grandparent conference to be held in the Fall. This yearly highlight hopefully will be held at a South Jersey shore resort. It won't be long.

<u>WITH PRIDE...</u> the foster grandparents announce that New Jersey's Foster Grandparent Project Director, Ned Archbald has been elected president of the National Association of Regional Directors.

INSERVICE TRAINING

NEW NURSES...Once again this year, V.S.S. is hosting and providing a comprehensive program of instruction in mental retardation for student nurses in the Licensed Practical curriculum.

The nursing classes are from Millville and Vineland Sr. High Schools and Cumberland and Gloucester County Vocational-Technical Schools. The classes vary from 25 to 45 students who receive instruction from the Resident Living, Education, Mental Health and Medical Departments. Ward Wood, Senior Training Technician, Personnel Department, coordinates the program as a continuing effort to inform the public about mental retardation and the role of the institution.

Cont. on p. 12

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WEST CAMPUS CAPERS - Cont. from p. 8

displayed in the Superintendent's office and the Hospital much to the delight of the art students.

EATIN' OF THE GREEN...was a fun thing for the residents in the Infirmary Unit on St. Patrick's Day. Lime sherbet provided the appropriate color and cake and other goodies satisfied the appetite.

St. Patrick's Day also was the 20th Anniversary of "H" Cottage and a big celebration was held for the occasion. Residents, employees and 25 guests enjoyed party sandwiches, coffee, punch and homemade cakes, baked by employees, at the fun filled affair. A highlight of the evening was a slide presentation of former Open House shows, parties and Special Olympics. Many former employees returned to enjoy the anniversary party.

BE MINE...was heard around campus many times on February 14th. Valentine parties were held in "C" Cottage with chicken, potato salad and rolls the bill of fare and in "D" Cottage with not one but two special Valentine cakes. "G" and "H" Cottages and the Infirmary Unit also had parties honoring the very special holiday.

MERCI, GRACIAS...and Thank You is extended to everyone who sent buttons to Norma Fava, Education Supervisor for the Home Sewing Classes.

A double "Thanks" goes to Rabbi Danie Fried who hosted a Pre-Purim party for Jewish residents on March 3rd and a Passover Party on March 28th. Beautifully decorated masks were made by Trudy Schumann and Stephanie Deksnys, Craft instructors, for the Pre-Purim party and refreshments for both parties were supplied by the Hebrew Womens' Benevolent Society. Music and dancing was also enjoyed at both affairs and H. F. Schultz, Superintendent and members of the V.S.S. staff visited during the Pre-Purim celebration.

"A BIG MAC ATTACK"...Birthday party was held in "G" Cottage on February 21st complete with french fries, hot chocolate and cherry cake.

On February 22nd, Mrs. Alice Hansand and her daughter, Mrs. B. Sherwood, sponsored a birthday party in their home for five 'H'' Cottage residents.

"C" Cottage went Chinese for the celebration of three residents birthdays. The The cottage enjoyed shrimp lo mein, egg foo yong, rice and other delectables from the Jade Garden restaurant.

March 23rd is a date that will be long remembered by 11 "G" Cottage residents. On that date they dined out at the Presidential Diner. This was the first time any of these residents had ever eaten out and several of them are quite hyperactive. However, they were all "perfect ladies". Attending the outing were staff from central resident living, "G" and "C" Cottage employees as well as staff from the Medical Department. Also, Mrs. A. Sparks, an employee of the West Campus 14 years ago, attended and was very much impressed by the progress the residents have made.

AROUND THE CAMPUS...Marion Sharp, 4-H Assistant from Cumberland County presented a program on Eye Safety in 'H' Cottage on January 25th for all 4-H members from the West Campus.

Theresa Gervato, an art student at Stockton State College, began her student internship in the Education Department on January 28th. She will complete her training in May.

The 4-H Club members and their leaders visited the 4H Exposition at the Cumberland Mall on March 18th.

A coed dance was held in "H" Cottage on February 3rd with Woodbine and the Woodbine boys in turn hosted a Teen Hop at their institution for a number of West residents on February 17th.

As part of the West Campus religious program, arrangements were made with Fr. Neal Dante from St. Francis of Assisi R.C. Church to baptize two residents on campus on February 4th.

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WEST CAMPUS CAPERS - Cont. from p. 10

DOWNBEAT, MAESTRO...was the request of the New Lisbon American Rhythm Band on March 24th when their music with a beat filled "H" Cottage dayroom for over 200 appreciative residents. The visiting band members enjoyed a coed luncheon prior to their performance and everyone hopes for a return engagement in the very near future.

On February 16th, the Brown Street Chowder Band led an old fashioned sing-along in 'H' Cottage before a packed house. Singing and dancing to old time favorites made for

a fun time.

RESIDENT ACTIVITIES - Cont. from p. 7

On March 19th, our Olympic bowling team competed in the State Meet held at McGuire Air Force Base. The 5 bowlers returned with a third place medal and a special triplicate award for 3 games with the same score. Congratulations bowlers and coaches, Mike Smith and Charlotte Lahn.

Five members of the V.S.S. swim team were honored on March 10th by being asked to give a swimming demonstration at Glassboro State College. The demonstration was at a conference entitled "Physical Education Activities for the Special Child" which was attended by physical education teachers from around the state.

BOY MEETS GIRL...The coed scene has been an active one with many on and off campus activities taking place during March. On March 3rd, 30 of our residents attended a coed dance at New Lisbon. On March 7th, a combined luncheon was held with both New Lisbon and Woodbine State Schools with 28 of our girls enjoying the socializing.

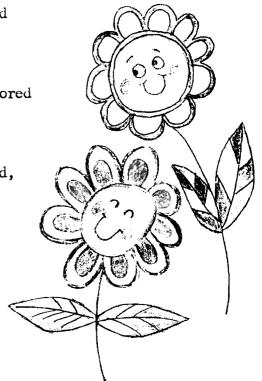
On March 9th, a coed social was held for 20 Unit Cottage residents in the gym with

On March 9th, a coed social was held for 20 Unit Cottage residents in the gym with a like number of New Lisbon boys attending. On March 15th a coed training party was held with Woodbine at V.S.S. with 20 of our girls learning how to socialize with the younger W.S.S. boys.

March 30th saw 30 residents attend a coed dance at Woodbine and April 4th was the date 28 residents traveled to New Lisbon for a coed luncheon.

ENTERTAINING...On March 16th, a party was given for 25 Giles Cottage residents sponsored by the Linwood, N.J. Women's Club. On April 1, The Barbershop Singers, sponsored by the Williamstown Order of Eastern Star, entertained, led sing-alongs and clowned around (they brought several clowns with them) in the Auditorium.

On April 2nd, an Easter party, sponsored by the Blackwood, N.J. Veterans of Foreign Wars was held in the recreation room for all of East Cottage. An Easter egg hunt was also held on April 2nd for 25 North Cottage residents in the recreation room, sponsored by the Chief's Association of the Cape May Coast Guard Base.



V.S.S. NEWS APRIL 1977

NEWS FOR YOU FROM: - Cont. from p. 9

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MEDICAL

LIGHTS, CAMERA, etc. ... The hospital laboratory was the site of T.V. filming on March 4th when a film crew from Channel 23 taped an interview with Clive Conover, President of the V.S.S. Parents'Association. The interview concerned the new EMIT machine donated to the hospital by the Parents' Association. Operating the machine during the taping was Doris Botts, Medical Technician and observing the procedure were H. F. Schultz, Superintendent, Dr. Miguel Cruz, Medical Director and Ernest DiPalma, Laboratory Supervisor.

The film was aired on Channel 23 on March 24th and will be rerun in the near future.

At the Parents' Association meeting on March 20th, Dr. Cruz explained how the EMIT machine has already paid for itself since it was first used in August of 1976. A total of 328 specimens have been analyzed with 23 showing remarkable high drug levels. Because of the machine's speed and ease of operation in determining drug levels in the patient's blood serum, the management of epileptics is greatly improved.

EVERYONE'S IRISH...at a St. Patrick's Day party. On March 17th, the "Wearin' O' the Green" was done in the hospital at a party of ice cream, soda and "munchkins" held for the residents. The party was thrown by Dawn Durand, Hospital Recreation Assistant who was assisted by Irene Currita, a volunteer who has been working in the hospital recreation therapy program since February.

During March, the hospital hallways were brightened with an art display done by the students in the West Campus arts and crafts classes. The display in in conjunction with Youth Art Month (March) and the art is done in a variety of mediums.

HOSPITAL JOTTINGS...The hospital congratulates its newly appointed supervisors:

Jeannine Hennessy, Night Nursing Supervisor, Pat Gendusa, Second Shift Nursing Supervisor and Ernest DiPalma, Laboratory Supervisor. A welcome is also extended to Dr. Elsa Llamado, Anesthesiologist, the newest staff physician.

A thank you is extended to Marisa Olguin, a junior at Vineland High School and a member of the Junior Red Cross who has been doing Volunteer work at the hospital on Friday afternoons.

A workshop presented by the N.J. Commission for the Blind was held in the Auditorium on March 29th for employees from several departments. The purpose of the workshop was to demonstrate how blind individuals can be assisted in learning to help themselves. The workshop was attended by Pauline Albanese, R.N., Clinic Supervisor and Seeta Voorakkara, Speech Pathologist from the hospital.

LPN students from the Cumberland County Vocational-Technical School visited V.S.S. from March 22nd through the 24th. As part of their orientation, Dr. Cruz spoke to them on General Medical Problems of the Retarded and the Role of the Hospital and Dr. Norman Cassett spoke on Epilepsy and Other Disorders. They were also taken on tour of the facility by Eleanor Furlong, Director of Nursing Services and observed a speech demonstration by Seeta Voorakkara.

TOTAL COMMUNICATION...is a system of communication for the deaf and hard of hearing in which modalities of vocal speech and sign speech are utilized simultaneously. This was the topic of a seminar attended by Mrs. Voorakkara at Stockton State College on March 10th through the 12th. The seminar was sponsored by the Stockton Speech and Hearing Department in cooperation with George Johnston, Director of Project PALS (Providing Alternate Language Skills), a federally funded program at the Northwest New Jersey EIC (Educational Improvement Center).

IST NOTATIONS...Recent Inservice Training topics concerned new and revised nursing

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procedures and new equipment operating procedures.

During March, the first shift RN's were given a course in Intravenous Therapy. The theory part of the course was given by Charlotte Popp,R.N.,IST Coordinator and the practical aspect was conducted by Ernest DiPalma, Laboratory Supervisor, Isobel Lukens, Nurse Anesthetist and Ms. Popp.

Other offerings included films, followed by discussions on Diabetes in Older Patients, Cushing's Syndrome in Children and a film from UCLA entitled, "Somebody Waiting". This last film was seen by all hospital personnel and many Resident Living employees and it was generally agreed that the film would make an excellent one to be shown to all new and incumbent employees.

Another course offered during March was on Cardio-Pulmonary Resuscitation and it was given by the newly certified Heart Association instructors. The course, given at the V.S.S. Hospital, was a cooperative venture with the N.J. Memorial Home which proved to be very successful. A total of thirteen people were certified as a result of the program.

A program of inservice training for clinic nurses on the better utilization of Medicaid forms was given recently by Christine Sigafoos, West Clinic Supervisor.

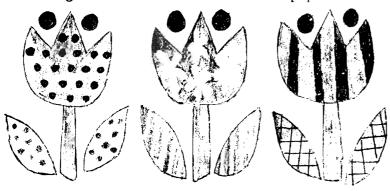
RESIDENT LIVING

ALMOST DONE...The cottage renovation program which began three years ago, is nearing completion. On March 29th, the entire West Cottage population moved to East Cottage in which renovations have been completed. For the majority of residents, this will be their final move as a result of the renovating and they can begin to enjoy their new facilities. A number of programs that had to be curtailed while this population was in West can now be expanded.

Plans have been finalized to move the residents of Jenkinson Cottage to Main Cottage, which also has been renovated, on April 19th Jenkinson will then be closed for residential use and be converted into a building for administrative offices.

SUCCESSFUL SEMINAR...With the NJARC Residential Care Committee and the V.S.S. Parents' Association as sponsoring agencies, a seminar on the application of the Resident Developmental Program was held in the auditorium on March 26th. The program, an assessment and training tool, was developed at V.S.S. by Ward Wood, Senior Training Technician and Michael Resnik, Supervisor of Resident Living who conducted the seminar. Judging by the number of requests for copies of the Residential Development Program and the many compliments heard from the nearly 100 parents, educators and institution personnel present, the seminar was well received.

TRAINING MANEUVER...During the past several months, a continuous inservice training program for cottage employees has been conducted on the application of the Heimlich Maneuver. This method is used on an individual who is in respiratory distress as a result of having an obstruction in his windpipe.



To date, over 200 Resident Living employees have been trained in this maneuver and the training has already resulted in numerous instances of food or mucus being dislodged from a resident thus preventing a possible tragedy. This program is an example of the ongoing programs of training conducted at V.S.S. to insure the safety and welfare of our residents.

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VOLUNTEERS

<u>SPRING SPECIALS...</u>Be sure to stop in the Volunteer Office on the second floor of the East Administration Building and see the wide selection of Spring and Summer jewelry on display. You'll find the prices are pleasing.

While you are there, be sure to pick up a box of candy to satisfy your or that special person's sweet tooth. Your candy purchase will be helping to support one of the many volunteer projects.

A LONG WAY...The 8th Annual Volunteer Awards Dinner will be held on Friday, April 15th in the East Food Service Building. The dinner is in honor of the many individuals and organizations who have contributed their time and efforts on behalf of Vineland State School.

On March 7, 1969, the volunteer program was begun with a total of 12 volunteers. Today, the volunteers number 134 and there are 151 clubs, churches and community organizations involved in the program.

Volunteer projects are undertaken with the proceeds from fashion and musical shows, candy and jewelry sales and monetary donations. A few of the many volunteer projects completed over the years are the colorful bedspreads for the cottages, three furnished chapels, shampoo bowls, chairs and hair dryers for the cottages, playground equipment, wheelchairs, Christmas trees and many more. The past eight years have been very successful ones for the volunteer program and this was made possible through the cooperation of the staff, volunteers and community organizations. We know the future years will be just as productive.

VISITS AND VISITORS

THE ROLE...of Vineland State School was explained through a general orientation and a tour of the East Campus to 26 health occupation students from Gloucester County Vocational School on February 17th. On March 10th, 15 nursing aide students from Cumberland County Vocational-Technical School were also given a tour as were 25 students from the Varsity Club of Paulsboro High School on March 31st. April began with 30 students from the Child Development class at Buena Regional High School touring on April 1st.

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