
Topic **Supporting and Sustaining Attorney Wellness**

Description The quest to achieve and maintain wellness can be particularly challenging for members of the legal profession. In addition to the intrinsic challenges of the practice of law, attorneys over the past three years have confronted the stresses of a global pandemic that affected everyone's professional and personal spheres. This continuing legal education program will address these issues by providing a forum for members of the legal community to explore strategies for attorneys to achieve and maintain wellness. Panelists will share personal experiences, provide updates on available resources for attorneys in need of assistance, and engage in discussion. The hope is that the program will equip participants to better take care of ourselves and each other.



Time May 2, 2023 03:00 PM in Eastern Time (US and Canada)

Webinar is over, you cannot register now. If you have any questions, please contact Webinar host: CCR Webinar1 (mailto:CCR.Webinar1@njcourts.gov).

