

**CHAPTER 44L****STATE BOARD OF POLYSOMNOGRAPHY****Authority**

N.J.S.A. 45:14G-1 et seq., specifically 45:14G-7.

**Source and Effective Date**

R.2010 d.48, effective May 17, 2010.  
See: 41 N.J.R. 1663(a), 42 N.J.R. 942(a).

**Chapter Expiration Date**

In accordance with N.J.S.A. 52:14B-5.1b, Chapter 44L, State Board of Polysomnography, expires on May 17, 2017. See: 43 N.J.R. 1203(a).

**Chapter Historical Note**

Chapter 44L, State Board of Polysomnography, was adopted as new rules by R.2010 d.48, effective May 17, 2010. See: Source and Effective Date.

**CHAPTER TABLE OF CONTENTS****SUBCHAPTER 1. GENERAL PROVISIONS**

- 13:44L-1.1 Purpose and scope
- 13:44L-1.2 Definitions

**SUBCHAPTER 2. LICENSURE**

- 13:44L-2.1 Application for a provisional license as a polysomnographic trainee
- 13:44L-2.1A Credit towards licensure for education, training, and experience received while serving as a member of the Armed Forces
- 13:44L-2.2 Application for a temporary license as a polysomnographic technician
- 13:44L-2.2A Credit towards licensure for education, training, and experience received while serving as a member of the Armed Forces
- 13:44L-2.3 Application for license as a polysomnographic technologist
- 13:44L-2.3A Credit towards licensure for education, training, and experience received while serving as a member of the Armed Forces
- 13:44L-2.4 Application for licensure by out-of-State licensed polysomnographic technologist
- 13:44L-2.5 Licensure for those who passed BRPT examination or practiced prior to May 17, 2010

**SUBCHAPTER 3. RENEWAL**

- 13:44L-3.1 Change in address of record or name
- 13:44L-3.2 Renewal of polysomnographic technologist license
- 13:44L-3.3 Renewal of polysomnographic technician license
- 13:44L-3.4 Inactive status for provisional and temporary license

**SUBCHAPTER 4. CONTINUING EDUCATION**

- 13:44L-4.1 Continuing education
- 13:44L-4.2 Continuing education programs
- 13:44L-4.3 Continuing education audits; records of continuing education
- 13:44L-4.4 Additional continuing education credits

**SUBCHAPTER 5. PRACTICE REQUIREMENTS**

- 13:44L-5.1 Scope of practice: licensed polysomnographic technologist

- 13:44L-5.2 Scope of practice: licensed polysomnographic technician
- 13:44L-5.3 Scope of practice: licensed polysomnographic trainee
- 13:44L-5.4 Unlicensed practice of polysomnography; exemptions
- 13:44L-5.5 Aiding and abetting unlicensed practice
- 13:44L-5.6 Sexual misconduct
- 13:44L-5.7 Posting of notification of licensure; duty to provide license
- 13:44L-5.8 Identification tags
- 13:44L-5.9 Documentation of patient services
- 13:44L-5.10 (Reserved)

**SUBCHAPTER 6. FEE SCHEDULE**

- 13:44L-6.1 Fees

**SUBCHAPTER 1. GENERAL PROVISIONS****13:44L-1.1 Purpose and scope**

(a) The purpose of this chapter is to implement the provisions of P.L. 2005, c. 244 (N.J.S.A. 45:14G-1 et seq.), the Polysomnography Practice Act.

(b) This chapter shall apply to all applicants who seek to be licensed by the Board to practice polysomnography and all persons who are licensed by the Board and practice as polysomnographic technologists, polysomnographic technicians or polysomnographic trainees in this State.

(c) This chapter does not apply to any other healthcare professional licensed or certified by the State who is performing duties that are consistent with his or her scope of practice and does not represent that he or she is a licensed polysomnographic technologist, licensed polysomnographic technician or a licensed polysomnographic trainee.

**13:44L-1.2 Definitions**

The following words and terms, when used in this chapter, shall have the following meanings, unless the context clearly indicates otherwise:

“AASM” means the American Academy of Sleep Medicine.

“AAST” means the American Association of Sleep Technologists.

“ABSM” means the American Board of Sleep Medicine.

“Act” means the Polysomnography Practice Act, N.J.S.A. 45:14G-1 et seq.

“A-STEP” means the Accredited Sleep Technologist Education Program offered by the AASM.

“Board” means the State Board of Polysomnography.

“BRPT” means the Board of Registered Polysomnographic Technologists.

“CAAHEP” means the Commission on the Accreditation of Allied Health Education Programs.

“CPSGT” means the Certified Polysomnographic Technician examination administered by the Board of Registered Polysomnographic Technologists.

“Direct supervision” means continuous on-site presence of a supervising licensed polysomnographic technologist, or supervising licensed physician, available to render immediate physical assistance as required.

“Direction” means pursuant to the written or verbal order of a licensed physician.

“Licensed physician” means a physician licensed by the State Board of Medical Examiners.

“On-site presence” means that the supervising licensed polysomnographic technologist or licensed physician is in the same room as the polysomnographic trainee whenever the polysomnographic trainee performs polysomnography.

“Polysomnography” means the allied health specialty involving the treatment, management, diagnostic testing, research, education and care of patients with sleep and wake disorders.

“Polysomnographic technician” means a person who holds a temporary license issued by the Board and who practices polysomnography under the supervision of either a licensed polysomnographic technologist or a licensed physician in a sleep center or laboratory, which is either State-licensed or provisionally accredited or fully accredited by AASM.

“Polysomnographic technologist” means a person licensed by the Board to practice polysomnography under the direction of a licensed physician.

“Polysomnographic trainee” means a person who holds a provisional license issued by the Board and performs polysomnography under the direct supervision of either a licensed polysomnographic technologist or a licensed physician in a sleep center or laboratory, which is either State-licensed or provisionally accredited or fully accredited by AASM.

“Qualified medical director” means a licensed physician who is either eligible for board certification or is board certified in sleep medicine by the American Board of Sleep Medicine, or a certification board recognized by the American Board of Medical Specialties, which bases its certification in sleep medicine upon the sleep medicine examination created by the American Board of Internal Medicine, and who acts as the medical director of any:

1. In-patient or out-patient sleep center or laboratory provisionally accredited or fully accredited by AASM or accredited by Joint Commission;
2. Ambulatory care facility or general acute care hospital licensed by the Department of Health;

3. Home health agencies, assisted living residences, comprehensive personal care homes, assisted living programs, and alternate family care sponsor agencies licensed by the Department of Health; or

4. Health care service firms registered with the Division of Consumer Affairs.

“RPSGT” means the Registered Polysomnographic Technician examination administered by the Board of Registered Polysomnographic Technologists.

“RST” means the Sleep Technologist Registry examination administered by the American Board of Sleep Medicine.

“State-licensed” means licensed by the Department of Health.

“Supervision” means a licensed polysomnographic technologist or licensed physician is constantly accessible, either on-site or through voice or electronic communication.

“Unattended diagnostic test” means a polysomnographic test that is not set up by, or performed in the presence of, any health care provider, including a licensed polysomnographic technologist, technician or trainee or his or her designee.

“Under the direction” means pursuant to the written or verbal order of a licensed physician.

Amended by R.2016 d.104, effective September 6, 2016.  
See: 47 N.J.R. 2239(a), 48 N.J.R. 1825(b).

Added definitions “ABSM”, “CPSGT”, “RPSGT”, “RST”, “State-licensed”, and “Under the direction”; rewrote definition “Direction”; in definitions “Polysomnographic technician” and “Polysomnographic trainee”, inserted “either State-licensed or”; and in definition “Qualified medical director”, in paragraphs 2 and 3, deleted “and Senior Services” following “Health”, and in paragraph 3, inserted a comma following “programs”.

## SUBCHAPTER 2. LICENSURE

### 13:44L-2.1 Application for a provisional license as a polysomnographic trainee

(a) An applicant for a provisional license as a polysomnographic trainee shall submit, or arrange to have submitted, to the Board:

1. A completed application on a form provided by the Board;
2. A completed Criminal History Certification of Authorization form;
3. A high school diploma, sent by the high school, or a General Educational Development (GED) certificate;
4. Proof that the applicant has successfully completed the A-STEP Introductory Course;
5. Proof that the applicant holds current certification in Basic Life Support or Cardiopulmonary Resuscitation/