



new jersey  
department of  
HUMAN SERVICES

# VDC NEWS

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VINELAND DEVELOPMENTAL CENTER  
VINELAND, NEW JERSEY

Anthony L. Grieco  
Editor

Robert N. Smith  
Superintendent

VOL. VII

SEPTEMBER, 1989

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SEP 14 1989

## Recognition

### A BIG HAND FOR THE DIRECT CARE TEAM

Working in an institutional setting can sometimes be a difficult task. The Direct Care Team in a cottage unit does not always receive the adequate recognition they so rightly deserve. The clients in a facility such as the Vineland Developmental Center have a variety of special needs. Seeing that these needs are met with the utmost care is a task within itself. Not only does the Direct Care Team have to meet these needs but they also must be able to deal with the different types of clients we have here at VDC, as well as understaffing and sometimes difficult situations.

In most cases no one knows the client better than the Direct Care Team. Their input is very important for making sure their needs are being met, and are adequate for each individual client. We feel that if anyone deserves a Special Day, it is the Direct Care Team. Many times it is hard for the Direct Care Team to keep their chin up when the going gets tough, but for the last three years the Team has put forth a special effort to stand up and say "We are the Foundation of Quality Service". The T-shirts that are bought each year come from the pockets of the Direct Care Team and each year the support is growing bigger and better. With executive management's help and understanding the Direct Care Team deserves a celebration and recognition such as this year's and for every year thereafter.

A special note of thanks goes to all staff who made Direct Care Day successful. Without your help and cooperation it would not have been possible. We could have had, however, better cooperation from "Accu-Weather"! Oh well, better luck next year....

Submitted by

Rebecca Welden, East Campus

Rosa Holden, West Campus



## SUPERINTENDENT'S NEWS & VIEWS

Robert N. Smith, Superintendent

Despite extensive staffing losses due to the Statewide employment freeze, Vineland Developmental Center clients and staff have experienced a very successful summer on several fronts. Certainly the most significant improvement of the summer was installation of air conditioning in all dormitories and activity areas in each East Campus non-ICF cottage. This was made possible by acceleration of the first phase of our comprehensive electrical distribution projects, which is expected to upgrade electrical services to both campuses so that all program and office areas will have sufficient power for air conditioning.

During August VDC passed its annual ICF inspection, which was the first inspection under the new and stricter federal regulations. Congratulations are in order for all staff who contributed to this effort, which was significantly complicated by staffing shortages and upgraded regulatory demands.

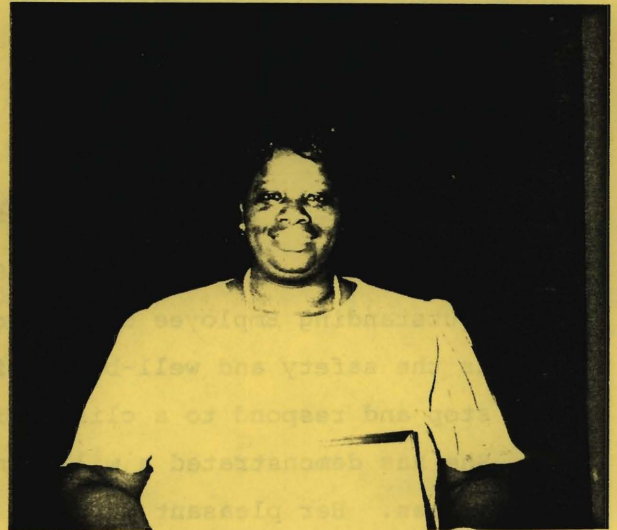
Looking to the future, Vineland Developmental Center is working with key staff in the Division of Developmental Disabilities to develop a depopulation plan which will allow us to place 256 clients into community programs. Phase I of the plan is scheduled for implementation in September, 1990. Current plans call for our Parents and Friends Association to play the major roll in client placement into group homes and supervised apartments. Other non-profit agencies will be called upon as well. For all PAFA living arrangements, Vineland Developmental Center staff will fill direct care (Resident Living Specialists) roles, while the other agencies will recruit their own direct care staff. As this program is implemented we intend to close some of the older non-ICF cottages. Closure of four older cottages is currently expected.

Approximately 300 clients are expected to remain living in non-ICF cottages at Vineland when the depopulation plan is completed (scheduled for June, 1993). Additional community placements will be sought for the remaining clients at that time. I look forward to working with all Vineland Developmental Center staff in this demanding effort to improve the lives of our clients.



**EMPLOYEE OF THE MONTH - July, 1989**

**MARY TAYLOR**  
Cottage Training Supervisor, Harper



**EMPLOYEE OF THE MONTH - August, 1989**

**JACQUETTE GRIFFIN**  
Cottage Training Supervisor, Kimble



**EMPLOYEE OF THE MONTH - September, 1989**

**RITA LOCICERO**  
Personnel Aide, Human Resource Services





**OUTSTANDING EMPLOYEE OF THE MONTH - JULY, 1989**

Mary Taylor, Cottage Training Supervisor, Harper Cottage has been selected "Outstanding Employee of the Month" for July, 1989. Mary's primary concern is the safety and well-being of her clients, and she is never too busy to stop and respond to a client with words of praise, encouragement, or comfort. She has demonstrated a willingness to assist co-workers whenever the need arises. Her pleasant demeanor and spirit of cooperation contribute significantly to her excellent job performance. Mary is to be commended for her eighteen years of dedication and service to Vineland Developmental Center.

**OUTSTANDING EMPLOYEE OF THE MONTH - AUGUST, 1989**

Jacquette Griffin, Cottage Training Supervisor, Kimble Cottage was named "Outstanding Employee of the Month" for August, 1989. Jacquette demonstrates interest in both her clients and her co-workers, and she takes pride in the quality of care and training provided in her cottage. She not only performs the duties of her position in an exemplary manner, but also volunteers her time to escort clients to special activities. Jacquette is most deserving of recognition as "Outstanding Employee of the Month."

**OUTSTANDING EMPLOYEE OF THE MONTH - SEPTEMBER, 1989**

Rita R. Locicero, Personnel Aide has been chosen "Outstanding Employee of the Month" for September, 1989. Almost all of the employees of Vineland Developmental Center have at one time or another received assistance from Rita with tasks such as making adjustments in health benefits coverage or applying for pension loans. Rita can be counted upon to be congenial to all, and her positive attitude and outstanding work performance have made her a role model for other staff. She is a conscientious, dedicated employee who is deserving of recognition.





## VINELAND DEVELOPMENTAL CENTER EMPLOYEE NEWS

### Marriages

Alice (Butler) Lemar, Cross Cottage  
 Laverne (Kennedy) Culver, Main Cottage  
 Velma (White) Palmer, North Cottage  
 Charles Palmer, Transportation  
 Daine Locke, Housekeeping E/C  
 Dorothy (Acklin) Hall, Brewster Road G.H.  
 Gloria (Price) Milburne, Sykes Cottage  
 Virginia (Winkler) Himmel, Pond Cottage

### Births

Mattie Colvin, Lee Cottage (girl)  
 Paul Greyson, Plumbing Shop (boy)  
 Gayle Hart, Staff Development (boy)  
 Anne Marie Lagroterria, North Cottage (boy)  
 Peggy Pitts, Jones Cottage (girl)

### Deaths

Maxsine Allen, Roselle G.H. (sister)  
 Jessie Bryant, Bassett Cottage (husband)  
 Irene Childers, Ireland Cottage (mother)  
 Doreen Dean, Emerlee Cottage (brother)  
 Maggie Dickens, Recreation (mother)  
 Winsome McLeod, Sykes Cottage (mother)  
 Barbara Parmer, Allen Cottage (mother)  
 Beatrice Rawls, North Cottage (mother)

### Retirements/Resignations

Marjory Lindsay, IHP W/C (25 years)  
 Alfreda Lyden, Prof. Svs. (13 years)  
 Ruth Petway, Vocation (25 years)  
 Madeline Reed, Food Serv. (16 years)  
 Bertha Shockley, Harper (10 years)  
 Margaret Baker, Cross (21 years)  
 Robert Lewis, Powerhouse (26 years)  
 Lisa Brown, Storeroom (5 years)  
 Isadora Douglas, Hosp. (9 years)  
 Lois Gutierrez, East (5 years)  
 Zora Hill, Jones (7 years)  
 Charlotte Jacoby, Chimes G.H. (13 years)  
 Maureen Treen, WRC (7 years)  
 Katherine Harris, Sykes (7 years)  
 Myra Norman, Fisher (9 years)  
 Karen Marie Snell, Hosp. (9 years)



**VOLUNTEER SERVICES DEPARTMENT**

Submitted by Carole Braida, Director

**VDC NIGHT AT THE THEATER**

Anticipation filled the air as 138 clients and staff from the East and West Campuses and Group Homes filed into the theater of the Cumberland Players on Thursday, July 27th. Greetings were exchanged as friends from cottages and group homes spotted each other and had a chance to get reacquainted. Then the lights dimmed! The orchestra tuned up, and the three and a half hour performance of "THE KING AND I" began. We were swept away to Siam, dazzled by the brilliant costumes and delighted by the fascinating choreography. Members of our group joined in the chorus upon hearing a favorite tune, "Getting To Know You"; and when the King asked Anna "Shall We Dance?", the enthusiastic cheers almost brought the house down! After the final curtain came down, our group was introduced to many of the actors. We applaud the cast and crew of the Cumberland Players for their outstanding production! It truly was a magical and memorable evening.

**VDC Most Wanted List**

The holidays are rapidly approaching and in response to many questions concerning donations, we have compiled a list of the items most requested. Anyone wishing to provide donations or having a question regarding donations should call 696-6050.

<u>Toiletries/Cosmetics</u>	<u>Jewelry</u>	<u>New Clothing Items</u>
(Preferably non-breakable or plastic containers)	Necklaces	Slippers
Bath Powder	Pins	Blouses
Cologne/Perfume	Bracelets	Knee Socks
Deodorants	Rings	Panties
Hand Cream	Earrings	Pantyhose/Knee-Hi's
Shampoo	Watches	Slacks
Toothbrushes	<u>Games &amp; Toys</u>	Sweaters
Toothpaste	Balls	Knitted Hats
Lipstick	Games	Mittens/Gloves
Eye Shadow	Coloring Books	Scarves
Blusher	Puzzles (up to 100 pcs)	Shawls
Nail Polish/Remover	MusicBoxes	<u>Arts &amp; Craft Supplies</u>
Hair Rollers/Clips	Playing Cards	Crayons/Markers
Body Lotion	Peg Boards (large)	Glitter
Cream Rinse	Story Books (up to 3rd grade)	Beads
	<u>Miscellaneous</u>	Stencils
Large Bibs (terry cloth/plastic lined)	All Size Batteries	Construction Paper
Stationery/Tablets	All Occasion Gift Wrap	
Pens/Pencils	Christmas Gift Wrap	Ditty Bags
Pocketbooks	Ribbon	Cobbler Aprons
Wallets/Change Purses	Christmas Decorations	Barrettes
Brushes/Combs	(artificial trees)	Greeting Cards
Lap Robes	(ornaments/lights)	Radios
	(garland/wreaths)	Cassette Tapes
	Silk/Artificial Flowers	Video Tapes
		Umbrellas



**VOTER REGISTRATION**

Submitted by Carole Braida, Director Volunteer Services

Voter Registration Application Forms are now available at the Volunteer Services Office, Wilson Hall, East Campus. Deadline for registration for the November 7th General Election is October 10, 1989.

**VINELAND DEVELOPMENTAL CENTER EMPLOYEES' ASSOCIATION**

Submitted by Carole Braida, Director Volunteer Services

**COMING ATTRACTIONS**

.....Monday, September 18th

Bus trip to the Pulsations Entertainment Complex in Glen Mills, Pennsylvania to see "The Chippendales". (Must be over 21, with ID)

.....Wednesday, September 27th

Employee Talent Show at the Learning Center, West Campus, 7:00 PM

Prizes of \$250, \$150, and \$100 will be awarded. An evening of entertainment and fun for everyone!

.....Coming in October (details will be published)

Employee Costume Contests

Pumpkin Decorating Contests

**SPORTS NEWS**

.....The VDCEA softball team was outstanding in a recent game against "The Boss 97" team. VDC clients and employees packed the stands and cheered our group on to a 6-0 victory!

**PAFA TRAINING CENTER**

Submitted by Mary Doughty, Director

On Saturday, June 24th, the PAFA Training Center sponsored a dance for the Group Home ladies and their guests. Others attended from various Group Homes in the surrounding area. Refreshments were served and everyone danced to the "oldies" with Mr. "D" as the deejay. A special thanks goes to the PAFA Training Center staff, their family members, and the PAFA staff who helped for the evening..... Clients picked strawberries from one of the local strawberry fields. Each client prepared her own strawberry shortcake, cleaned and sliced the berries, and after eating, cleaned her own place and did the dishes. Mmmmm good.....The Homemaking class prepared eggs during July. Clients learned to prepare scrambled, fried and hard boiled eggs.....The Community Living groups are taking advantage of the nice weather and are shopping in the local stores. They are practicing crossing the street and reading signs.....Clients attending the crafts program are finishing items for a craft sale. Crafts done by the clients were sold at the Peach Festival in Camden at the end of July.....All the ladies involved in production are working on various contracts. New contracts provide a variety of items so that skills can be worked on without having to work on the same items.....Two foster-grandparents have been assigned to the Center. They are working with their clients who have graduated from the school program and are now being considered for Group Home placement. Welcome to Mrs. Lambert and Mrs. Young. You are a welcome addition.



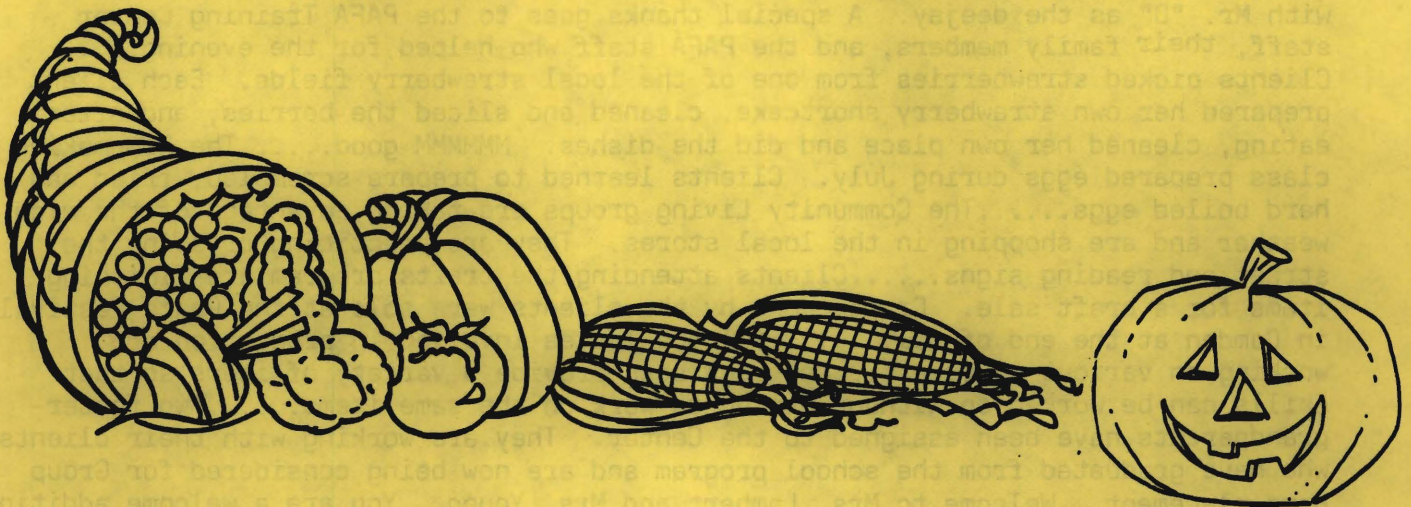
**NEWS FROM SOCIAL SERVICES DEPARTMENT**

Submitted by Georgina Gaughran, ASWS

On August 2, 1989, Ms. Gloria Wilson, VDC Hospital, accompanied Ms. Karen Wojtowicz, SW II, and Ms. Georgina Gaughran, ASWS, to New Jersey State Office of Association for Retarded Citizens, North Brunswick, New Jersey. Ms. Wilson, as Client Council President, has been working along with Social Services and Mr. Jeffrey A. Bruce, Southern New Jersey Field Representative for New Jersey Self-advocacy Project, which is part of ARC, for the past year in developing the leadership skills which are necessary to chair the Client Council meetings. Ms. Wilson began her visit by meeting with Mr. John Scagnelli, Director, NJARC, and his staff, and with Ms. Mary Fioritto, Director, New Jersey Self-advocacy Project. Ms. Wilson also met with three young women who serve as Officer for the Client Council at North Jersey Developmental Center, Totowa, New Jersey. We were also joined by Mr. Jeffrey A. Bruce and the Self-advocacy Field Representative for the Northern District. After everyone was introduced, Mr. Scagnelli informed the group of the history of ARC and what ARC does. Mr. Scagnelli then introduced two of his staff members, one of whom spoke about legislation affecting the disabled, and the other about the Statewide Conference which is to be held on October 14, 1989, in New Brunswick, New Jersey. It is hoped that the two gubernatorial candidates will address the Conference. A dinner-dance is being planned for the evening of the Conference.

The group next learned about Project HIRE, which is an employment/training program for developmentally disabled adults. Through the Project, individuals are prepared for work, placed in suitable jobs and then receive the services of a Job Coach in training on the job site. The Job Coach works along with the employer as long as the client stays on the job site. We then saw a short video showing two clients who are involved with the Project. Following the video, we went to lunch where the clients had the opportunity to meet with one of the "stars" of the video and ask her questions. All four clients were treated to lunch compliments of Ms. Fioritto. After lunch we travelled to a barrier-free Group Home in Bound Brook, New Jersey, which is sponsored by Somerset ARC. There we were greeted by one of the residents, Belinda, who took us on a tour.

All good things must come to an end, and so we said our goodbyes, exchanged addresses and piled into our car for the long drive home, taking with us many pleasant memories of the day.





## WEST CAMPUS RECREATION HAPPENINGS

Submitted by Connie Ortega, Supervisor

"What on earth would a man do with himself if something did not stand in his way?"  
- H. G. Wells

This is true, for the West Campus Recreation Department lets nothing stand in its way -- not lack of funds, not staff shortages, not lack of motivation. We keep our clients programmed, active, and on the move forward.

Despite the lack of summer aides and funds, our summer programs went full speed ahead. The summer kicked off with a picnic for 100 clients sponsored by the Knights of Pythias on June 25. Then, Summer danced on with a coed dance with Woodbine Developmental Center held on July 6.

We moved on to recognize some very special staff members -- THERAPEUTIC RECREATORS. National Therapeutic Recreation Week was July 10 to July 15. All West Campus recreators received well deserved corsages from Mrs. Bianchi and Mrs. Ortega.

More events followed. There was a beautiful day out at Capps Camp on July 19 where 450 clients and staff enjoyed a great lunch, swimming, boat rides, walks, volleyball, and a wonderful, relaxing day. Next, singing his way into the hearts of our clients and staff was Mr. Jonathan Sprout, who gave a fantastic performance for our clients on July 26. What next?



We all would like to enjoy a night at the theater. Well, that's just what happened for our clients. On July 27, they were given a chance to see the stage performance of "The King and I" at the Cumberland Players on Sherman Avenue in Vineland. It was thoroughly enjoyed by both clients and staff.

More events followed. We are all young at heart, as we proved when our clients attended the New Jersey State Fair in Cherry Hill on Saturday, August 5. There was plenty to eat and many safe rides for the clients' enjoyment. Our clients also enjoyed an outing at Lenape Park where they had a great lunch, nice dance music, a boat ride, and miniature golf.

We here at West Campus also did all the natural summer activities. Cottages had picnics, swimming at the pool, bus rides, yogurt treats, coed pool parties, evening activities (complete with snowcones and popcorn), and zone programming, held outdoors in the warm sunshine.

Summer is a unique and fun time of the year, but the fall season holds just as many enjoyable activities. We can look forward to the September Fest which will be held on September 13. The Fest will feature a picnic lunch, a disc jockey, clowns, balloons, etc. Client Bowling and swimming will be going ten months a year, and hopefully the Cohanzic Zoo will return in October. The VDC Sports Banquet will be held on October 11, and the Miss VDC 1989/90 Pageant will be held October 25. Halloween activities are coming up and much, much more is planned!

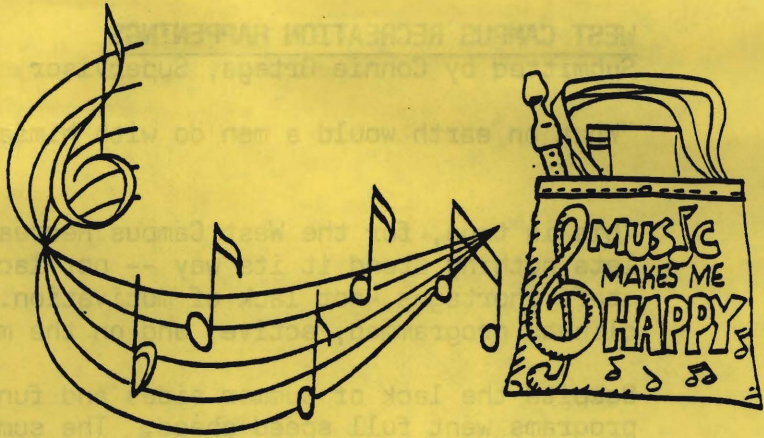




**MUSIC MUSIC EVERYWHERE!**

Submitted by Connie Ortega, Supervisor,  
West Campus Recreation Department

I am pleased to announce that Miss Mary Ann Domenico, West Campus Music Teacher, is now providing more music programs for our clients. During the week, she has a very busy schedule that encompasses SFEA clients, Central Recreation zones, and all eight cottages. Miss Domenico is busy with musical instruments on an individual basis, group music, sing-alongs, musical chairs, marching and even training the clients and staff with instrumental instruction. There is definitely a "song in the air".

**HARPER HAPPENINGS**

Submitted by Cheryl Hyson, STPA

On June 15, the entire staff and clients of Harper Cottage traveled in caravan style to Jackson, New Jersey for a Great Adventure! After enjoying a picnic lunch, the staff and clients boarded their buses and were taken on what, for some would be a first, a ride through the Safari!

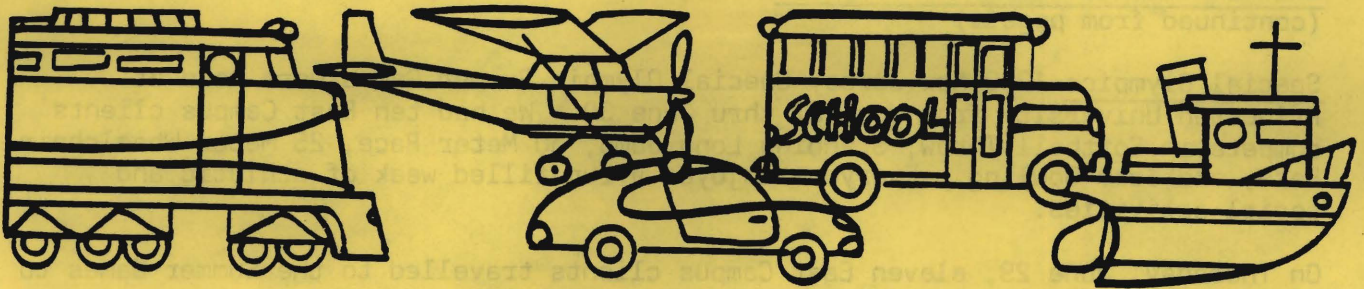


Even some of the clients who normally do not respond readily were smiling and singing! The elephants seemed to be the highlight for most clients, although staff seemed to think the baboons were quite entertaining.

A real fun experience on what would have been a perfect day if our bus had refused to return home! This situation, however, also had it's highlight, for the clients enjoyed yet another first, "picnicing roadside".

Needless to say, our June "Great Adventure" was a smash success and great fun for us all.





### EAST CAMPUS RECREATION HAPPENINGS

Submitted by Retta Burch, Supervisor

It was certainly an active summer on our campus this summer. We held the following activities:

Camp/Grove/Multi-Purpose Building June 26 - September 11, non-ICF cottages scheduled on a rotating basis to enjoy Glide-A-Ride transportation to and from the camp and grove areas, as well as providing client rides throughout the campus.

Chuck Wagon Picnics were held for all cottage as follows: 7/11 Cross, 7/18 Landis, 7/25 East, 8/1 Sykes, 8/8 Kimble, 8/15 Reeves, 8/16 Main, 8/22 Lee, 8/29 Bassett, 9/5 Regan, 9/12 North, 9/13 Wolverton, 9/19 Pond, 9/26 Giles Cottages. The Foster Grandparents enjoyed a picnic on 7/25.

Custard Treats are held weekly and fresh custard is prepared by Central Recreation staff. Cottages enjoying treats: 7/14 East, 7/21 Giles, 7/28 Lee, 8/4 Main, 8/11 North, 8/18 Pond, 8/25 Bassett, 9/1 Cross, 9/8 Kimble, 9/15 Landis, 9/21 Reeves, 9/22 Regan, 9/28 Sykes, 9/29 Wolverton.

PAFA Bus Rides were enjoyed by: 7/3 North, 7/5 Pond, 7/10 Kimble, 7/11 Regan, 7/12 Sykes, 7/17 Wolverton, 7/18 Bassett, 7/19 Cross, 7/24 East, 7/25 Giles, 7/26 Reeves, 7/31 Landis, 8/1 Lee, 8/2 Main, 8/7 North, 8/8 Pond, 8/9 Reeves, 8/14 Regan, 8/15 Sykes, 8/16 Wolverton, 8/21 Bassett, 8/22, Cross, 8/23 East, 8/28 Giles, 8/29 Kimble, 8/30 Landis Cottages. Rides were taken to shore areas, shopping centers, parks and Great Adventure.

Wednesday Night Videos scheduled for July and August: 7/5 "Tucker", 7/12 "Switching Channels", 7/19 "Amsterdamed", 7/26 "Broadcast News", 8/2 "Coming to America", 8/9 "Gorillas in the Mist", 8/16 "My Stepmother is an Alien", 8/23 "Big", and 8/30 "Crimes of the Heart".

Physical Fitness Sessions are held every Wednesday evening conducted by "Slender Shapes" staff from the Buena Athletic Club. Clients enjoy working out to their favorite tunes and taking brisk walks to burn off those added calories. Clients meet at the Auditorium each Wednesday evening. Weekly helium filled balloons are awarded to clients who "had a good work out".

Coed Dances were held 7/13 at Woodbine Developmental Center and 7/20 at VDC with Woodbine attending. Our DJ provided a wide variety of music and our dancers enjoyed "sausage and pepper sandwiches" as a special treat.

Sunday Services are held weekly in our Auditorium and monthly in the Hospital for those clients wishing to attend.

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**EAST CAMPUS RECREATION HAPPENINGS**

(continued from page 11)

Special Olympics 1989 New Jersey Special Olympic Summer Games were held at Princeton University from June 27 thru June 30. We had ten East Campus clients compete in Softball Throw, Standing Long Jump, 50 Meter Race, 25 Meter Wheelchair Race, and Team Bowling. Everyone enjoyed a fun-filled week of athletic and social activities.

On Thursday, June 29, eleven East Campus clients travelled to the Summer Games to compete in Motor Activity Program events. Due to transportation problems, our group arrived late and only athletes to compete are those listed below. All of our athletes received a "participation" ribbon for attending the meet. Medals awarded are as follows:

**First Place (GOLD)**

Helen Bennett	25 Meter Walk	Lee Cottage
Lucille Patterson	25 Meter Walk	Regan Cottage
Julia Scalese	10 Meter Assisted Walk	Reeves Cottage

**Second Place (SILVER)**

Eileen DiSantis	25 Meter Walk	East Cottage
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**Third Place (BRONZE)**

Barbara McBurney	25 Meter Walk	North Cottage
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**SPECIAL ACTIVITIES**

July 19 - East Campus clients travelled to Capps Day Camp for an all day outing which was coordinated by Ms. C. Ortega.

July 27 - East Campus clients travelled to the Cumberland Players Theater on Sherman Avenue to enjoy and outstanding performance of "The King and I".

July 29 - East Campus clients travelled to Cooper River Peach Festival for a most enjoyable afternoon.

August 5 - East Campus clients travelled to the New Jersey State Fair held at the Garden State Racetrack in Cherry Hill. Clients enjoyed complimentary admission, rides, and refreshments.

August 9 - East Campus clients enjoyed watching the VDC Softball Team play the Boss 97 Softball Team on our ballfield. Of course VDC won!!!

August 10 - East Campus clients travelled to Lenape Park Recreation Center in Mays Landing for a very enjoyable day by the waterside.

The menu included hot dogs, hamburgers, boneless breast of chicken (all in buns), pasta salad, potato salad, chips and pretzels, sloppy joes on buns, beverages and ice cream. The power boat, miniature golf, bankshot basketball, horseshoe pits, volleyball, etc. were all enjoyed by those attending. Many of our clients enjoyed the ferris wheel rides. This activity was coordinated by Ms. Retta Burch.



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**EAST CAMPUS RECREATION HAPPENINGS**

(continued from page 12)

August 15 - Four Special Olympians travelled to Sea Isle City for their Second Annual Volleyball Tournament playoff games. Our ladies were treated to complimentary pizza and soda by Angelo's Pizzeria.

August 23 - COOL DOWN DAY was held for all East Campus clients. Snow cones, popcorn, custard, canned soda, wrapped snacks, and sunglasses were available for all clients attending. Sprinklers were set up and our DJ provided our music for this gala event.

August 26 - The Guadalupe Ebenezer Singers and the Laborers Together With Christ performed their gospel music for our clients in the Auditorium.

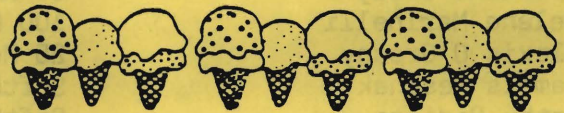
August 31 - Four Special Olympians travelled to Cape May for a day of fishing on party boats, compliments of the local boaters. For the athletes and the boaters and their coaches the day was a wonderful event.

September 16 - Woodbine Developmental Center invitation to our ladies to attend their Fall Fest. Several cottages are planning to attend.

September 17 - All-Time Grotto Rodeo at Cowtown. Twenty clients will enjoy this annual performance.

October 5 - Central Recreation is preparing for their Second Annual OKTOBERFEST to include music and festive foods.

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**NEWS FROM LANDIS COTTAGE**

Submitted by Barbara Cullum STPA  
and Danita Jones, STPA

In addition to the various summer fun in Landis Cottage, a Bar-B-Que was held for the clients on June 16. Everyone enjoyed a lunch of ribs, chicken, hot dogs, hamburgers (cooked by staff), baked beans, potato salad, cole slaw, greens, soda, and watermelon. The afternoon was filled with games and volleyball.

Another special event in Landis was a birthday party held for clients whose birthdays were in July (Kathy Kerman, Martha Wells, and Randy Effros). The clients and staff worked hard making birthday gifts, a pinata and prizes for the games which were held during the party. The clients enjoyed candy, cupcakes, soda, birthday hats, and noise makers. Prizes were won by playing "Pin the Tail on the Donkey" and basketball. The teams were made up of clients and staff. After the party, we enjoyed bursting the pinata and enjoying all the "goodies" inside.





**EAST CAMPUS RECREATION HAPPENINGS**

(continued from page 13)



The 1989 New Jersey Special Olympic Special Games were held on the Princeton University campus on June 27 thru June 30. Eighteen clients from both campuses competed and ribbon and medal tabulations are as follows:

**First Place (GOLD MEDAL)**

Evelyn Castleman	Softball Throw	Main Cottage
Johanna Karyczak	Softball Throw	Fisher Cottage
Ellen O'Donnell	Team Bowling	Lee Cottage
Cathy Osborne	Team Bowling	Main Cottage
Lulu Mae Reed	Team Bowling	North Cottage
Grace Remington	Team Bowling	North Cottage

**Second Place (SILVER MEDAL)**

Donna Barber	Softball Throw	Allen Cottage
Karen Davis	100 Meter Dash	Main Cottage
Mickey DeJesus	Softball Throw	Allen Cottage
Lorraine Duddy	Softball Throw	Allen Cottage
Johanna Karyczak	25 Meter w/c Race	Fisher Cottage
Alexis O'Grodny	Softball Throw	Emerlee Cottage

**Third Place (BRONZE MEDAL)**

Diane DiBlasi	100 Meter Dash	Giles Cottage
Lorraine Duddy	50 Meter Race	Allen Cottage
Helene Marinelli	100 Meter Walk	East Cottage
Alexis O'Grodny	25 Meter w/c Race	Emerlee Cottage
Pamels Peschak	Softball Throw	Allen Cottage
Kathy Ridings	Softball Throw	Donahue Cottage
Kathy Ridings	25 Meter w/c Race	Donahue Cottage

**Fourth Place (WHITE RIBBON)**

Janis Ammlung	Softball Throw	East Cottage
Janis Ammlung	Standing Long Jump	East Cottage
Donna Barber	50 Meter Race	Allen Cottage
Prudence Bromhead	Softball Throw	Main Cottage
Prudence Bromhead	Standing Long Jump	Main Cottage
Evelyn Castleman	Standing Long Jump	Main Cottage
Karen Davis	Standing Long Jump	Main Cottage
Delores McKee	Softball Throw	Harper Cottage
Delores McKee	100 Meter Walk	Harper Cottage

**Fifth Place (LIGHT BLUE RIBBON)**

Mickey DeJesus	50 Meter Race	Allen Cottage
Diane DiBlasi	Softball Throw	Giles Cottage
Helene Marinelli	Softball Throw	East Cottage
Pamela Peschak	100 Meter Walk	Allen Cottage

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A SPECIAL THANK YOU TO ALL THE CHAPERONES, COACHES, AND STAFF WHO SPENT THE WEEK WITH OUR ATHLETES. ALSO, A SPECIAL THANKS TO ALL WORK AREAS FOR THEIR ASSISTANCE IN PREPARING OUR CLIENTS FOR THE SPECIAL OLYMPICS AND FOR THEIR CONSTANT YEARLONG SUPPORT OF OUR SPECIAL OLYMPIC PROGRAM.





**MAIN COTTAGE NEWS**

Submitted by Lillian Bell, STPA



Salads are being enjoyed by the clients in Main Cottage from the wonderful things growing in the Main Cottage garden this summer. MMMM Good!

Our clients have also been on many exciting trips on the bus and van. We have been to Batsto, Bellplain, and other expeditions.

The summer schedule was pleasant, giving more variety to zone activities. The clients are having a wonderful time at a variety of activities. Other trips are being planned to go to the Pennsylvania Dutch Country, and also to Great Adventure.

**UNIT FIVE NEWS**

Submitted by P. Simpkins

Unit Five staff and clients are working together to make Unit Five as close to home as possible. Ladies of Pond and Landis Cottages have invested much of their time and energy into their gardens. According to Mrs. Garlic, HCTS/Landis, the ladies are now reaping their rewards to the tune of fresh salads directly from their garden. In the garden you will find lettuce, tomatoes, cucumbers, green peppers, and cabbage.

Pond Cottage ladies treat themselves to a nice dip in the pool after a hard day's work and enjoy the luxury of their newly air-conditioned dayroom.

Regan Cottage is by no means forgotten! Mrs. Nelson, HCTS/Regan, has done a fantastic job of redecorating Regan since she assumed her position in January. You feel right at home as soon as you enter the lobby thanks to her decorating hand. Regan also has a cottage mascot called "Bunny Foo Foo". Ms. Rabbit has entertained the clients and staff and feels right at home in Regan. Let's hope Bunny Foo Foo doesn't wander into our neighbor's garden!!!!

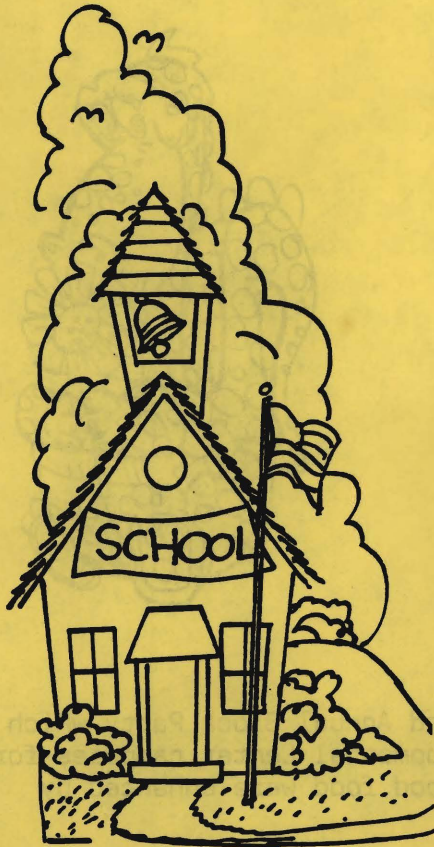


The clients have had a wonderful summer and have enjoyed various activities. Many attended the Stockton State College Project, Ringling Brothers Circus, Cumberland County Fair, trips to Great Adventure Safari, the Bridgeton Zoo, the casinos of Atlantic City, and Bingo Games. Lucille Patterson of Regan, attended the State Developmental Sports Day at Princeton University and received the Gold Medal for the 25 Meter Walk.

Unit Five staff and clients are working together and enjoying themselves very much.







### GILES COTTAGE ACTIVITIES

Submitted by R. Segers, STPA

July 4 - Van Rides  
 July 7 - Van Rides  
 July 8 - Van Rides  
 July 14 - Stockton Day Trip and Van Rides  
 July 19 - Capps Day Camp  
 July 20 - Co-Ed Dance at the Pavilion  
 July 21 - Custard Treats and Van Rides  
 July 23 - Van Rides  
 July 25 - PAFA Bus Ride  
 July 28 - Van Ride  
 July 28 - Van Ride  
 July 29 - Van Ride  
 Aug. 4 - Van Ride  
 Aug. 6 - Van Ride  
 Aug. 10 - Lake Lenape Park  
 Aug. 13 - Van Ride  
 Aug. 14 - Nine clients enjoyed an eventful day at the National Aquarium in Baltimore Inner Harbor. They saw all types of marine life and enjoyed a meal at City Light's Restaurant. The clients enjoyed a walk through the Inner Harbor Mall area and thoroughly enjoyed their adventure.

### GARDEN ROAD GROUP HOME HAPPENINGS

Submitted by Freda Bhatti

It has been a busy, exciting summer for staff and clients alike at the Garden Road Group Home. First of all, we are really proud and pleased that Shirley Bailey was named "Employee of the Month" for June. Shirley works really hard to improve the quality of life for our clients. She often does those extra things that make the difference, as do her co-workers. The activities the clients enjoyed over the past three months are examples of all their fine efforts.

For instance, in June, Vanessa Kahie organized a trip with two other group homes to see the Ringling Brothers Circus at the Spectrum. This involved a lot of preparation and organization. Later that month, she and Frances Newkirk took the clients to an Indian "Pow-Wow" in Salem County. Throughout the summer they have taken several trips to nearby flea markets at the clients' request.

Minnie Armstead helped to drive and escort the clients to Baltimore Inner Harbor in July. She and Daisy Harris have been seeing to it that the clients who wish to do so, have been able to attend church services more regularly. Daisy also took clients to the Cumberland County Fair. Daisy's crowning achievement, however, was that she was instrumental in arranging for one of our non-ambulatory clients to go home to visit her mother overnight. The fact that the visit coincided with the client's birthday was icing on the cake! Many thanks to Pearl Hull of Maurice River Parkway Group Home, Frances Newkirk, and the Pennsauken Rescue Squad for their assistance.

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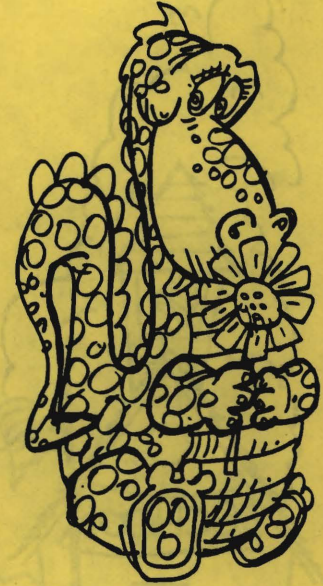


**GARDEN ROAD GROUP HOME HAPPENINGS**

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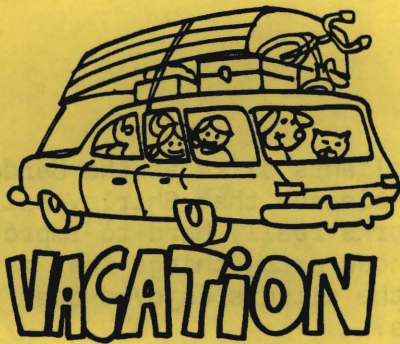
Another activity enjoyed by many of our clients this summer was participation in the New Jersey Special Olympic Games. All of our athletes were medal winners in one event or another. We all got a lot of exercise traversing the Princeton University Campus.

Yes, it has been quite a summer! Yet everyone here is already looking ahead to the things we can do in the coming months. We hope everyone reading this enjoyed their summer as much as we have!

**CROSS COTTAGE NEWS**

Submitted by Irene Graham, STPA

The clients of Cross Cottage really enjoyed the Second Annual Block Party which combined both the Training School and Vineland Developmental Center campuses for a giant field day. The parade, marching band, and good food were enhanced by the beautiful weather.



Cross and Regan Cottages joined together for a backyard picnic which included guests from Woodbine Developmental Center. "Trixie the Clown" did magic tricks, balloon sculptures, and hand painting. The clients were "rocking to the beat" of the DJ's music provided by "Wildman". Mouthwatering watermelon, tantalizing ribs, finger-licking chicken, hot dogs, hamburgers, potato salad, and more, were enjoyed by everyone. Volleyball and water sports were also part of the fun.

Wheelchair races and bean bag tosses were part of the Motor Activity Program held in the Auditorium on June 2. Our clients proudly participated in, and enjoyed the day's activities. They are looking forward to participation in the Statewide competition at Princeton University.

On June 6, Cross clients attended Ringling Brothers Circus at the Spectrum in Philadelphia. They enjoyed the show very much. Two video tapes of the circus were purchased and brought back to the cottage for clients who were unable to attend.

All clients in Cross were treated to the "Glide-A-Ride" on June 12 and 13. Going for a ride on a nice day was great fun.

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**CROSS COTTAGE NEWS**

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The Vocational Awards Dinner on June 13 was attended by two Cross clients who enjoyed it very much. Also, a group of clients went for a long leisurely bus ride through the country and ended the beautiful day with a picnic lunch, which everyone enjoyed.

Our resident "Chief Gardener", Alma Griffin-Only, Psychologist, is turning up "green thumbs" throughout the cottage. Several clients have assisted in planting a fabulous garden of marigolds, begonias, colias, and other plants, including succulent strawberries. Needless to say, the scenery is lovely and enhances the view all around the cottage. NOTE: Our HCTS has been responsible for setting up a "comfortable place" in the courtyard to enjoy the beautiful garden. All in all, the decorative chairs, tables, and umbrellas really add a touch of "Hollywood" to our area.

The clients and staff of Cross Cottage look forward to many more recreational activities. These ongoing programs add so much pleasure to our lives at VDC.

**REEVES COTTAGE NEWS**

Submitted by Cathy Shawlot and Josie Merlino

The clients of Reeves have been busy this summer. In order to get themselves into shape for the coming events, several clients attended the Physical Fitness Session conducted by Central Recreation and Buena Health Club. Once in shape, the clients were ready for the good eating to be done at Capps Camp and Lake Lenape. Then, in July, Reeves had their 2nd Annual Picnic. This year the entire cottage went to Parvins State Park for a day of relaxation, and of course, FOOD. The clients had a great time and would like to thank their terrific direct care staff for making the day so successful. Also, this summer, was a night out to see "The King and I". It was really appreciated by the clients who attended. In August several clients celebrated birthdays. Special good wishes to them.

On August 17, five clients who participated in this year's Special Olympics were honored at a ceremony held at the cottage. The entire cottage was there to see the olympians receive certificates, trophies and medals. These prizes are on display in the cottage foyer. Afterward everyone enjoyed a party. After all the eating that's been done this season, we are looking forward to working it off at the next Physical Fitness Session!!!





**DISPELLING THE MYTHS ABOUT TICK REMOVAL**

Submitted by

Barbara Ann Logan, DON/West Campus

What is the best way to remove a tick? The answers are varied depending on who you ask and what part of the country you are in. Hard-bodied ticks attach themselves firmly to a host for a feeding period of several days and are especially difficult to remove. Methods such as touching attached ticks with a hot match, coating them with mineral oil, petroleum jelly, or some other substance, and/or "unscrewing" them counterclockwise are some of the home remedies that supposedly induce them to "back out".

Having been on survival training with the Air Force, I felt I could give you some background and tips for your survival. Ticks are important vectors of human disease second only to mosquitoes. They are involved in the transmission of Viral Colorado Tick Fever, Rocky Mountain Spotted Fever, Lyme Disease, and tularemia and protozoan diseases. Since the lengthy feeding period is an important factor in the transmission of disease by ticks, it is crucial that a tick be removed as soon as possible after it is discovered, to reduce the chances of infection by disease organisms.

Recently, Glen Needham at Ohio State University evaluated five methods commonly used for tick removal: petroleum jelly, fingernail polish, 70% isopropyl alcohol, hot match, and forceable removal with tweezers. Needham found the commonly advocated methods are ineffective and can cause greater problems. If the petroleum jelly is used, the tick's "cement", used for attachment surrounding the mouth parts, remains in the skin where it continues to cause irritation. Touching the tick with a hot match can cause it to burst, increasing risk of disease germ exposure. Hot objects can unduce the tick to salivate or regurgitate infected fluids into the wound. "Unscrewing" a tick leaves broken mouth parts in the host's skin. The recommended procedure is as follows:

1. Use a blunt tweezer.
2. Grasp the tick as close to the skin surface as possible and pull upward with steady, even pressure.
3. Take care not to squeeze, crush, or puncture the tick.
4. Do not handle the tick with bare hands - infection agents may enter via mucous membranes or breaks in the skin.
5. Thoroughly disinfect the bite site and wash your hands.

I also recommend marking the day of a tick bite on your calendar. If unexpected disease symptoms occur within two weeks of this, a physician should be notified of the tick bite and the date it occurred.





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