You deserve a *welcoming, loving world.*

And so do the people you care about. Here you can reach out to a counselor if you're struggling, find answers and information, and get the tools you need to help someone else.







Stories of Pride: The Power of Us

Celebrates how the community shows up for each other, providing support, affirmation, and inspiration to help each other be the best they can be. Showing up for each other can help create change — whether that means organizing against harmful policies, changing hearts and minds through storytelling, or just providing a listening ear. Allies, supporters, and adults make a difference for LGBTQ young people, because when we're connected, we're stronger. That's the power of us.



Learn more

We're here for you, day or night.

We provide information & support to LGBTQ young people 24/7, all year round.



Reach out to one of our trained counselors.

Call, text, or chat with us anytime you need support. If you are thinking about suicide, or feeling lonely, we're here to listen.

Show Me How

Learn and explore at the resource center

Select a topic you want to learn more about.



See More Topics

Meet new LGBTQ *friends* in TrevorSpace

Connect with an international community for LGBTQ young people ages 13–24. Sign up for free and start a conversation.

Join For Free





66 77

l first learned about the work when l wa confused, and afraid. Now, l feel honored to queer siblings thrive.

Trevor Volunteer

Featured Resources



The Trevor Project | For Young LGBTQ Lives

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Intersectional

Conversations

Approaches for before, during, and

make sure the dialogue - and your mental health - stays safe.

after a difficult conversation to

Nonbinary Young People

An introductory educational resource that covers topics and best practices on how to support transgender and nonbinary young people.

Read More

How to Support **Bisexual Youth**

An introductory educational resource that covers topics and best practices for supporting the bisexual youth in your life.

Read More

Join our mission for all young LGBTQ lives.



Bea fundraiser.

Donate your birthday, or just your social channels to gather friends and loved ones in support of your cause.



Advocate

for

change.

We have

initiatives

happening

in all 50

states to

change

hearts,

minds and

laws in

your time.

Our

volunteer

support

teams are

the most

vital force

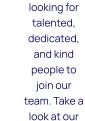
behind

everything

we do Take



Volunteer Work at Trevor. We are always



The Trevor Project | For Young LGBTQ Lives

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trained Trevor

counselor.

Learn more about our organization

The Trevor Project's mission is to end suicide among LGBTQ young people.

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