



Welcome! How Can We Help?

[Check your claim status](#)

[Learn about claim decisions](#)

First Time Here? Choose Your Role:

[Sick, Injured, or Post-Surgery](#)

[Pregnant or Just Had a Baby](#)

[Father/Partner Bonding with Baby](#)

[Adoptive/Foster Parent](#)

[Family Caregiver](#)

[Employer](#)

[Healthcare Provider](#)

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Temporary Disability Insurance

You may be eligible for [Temporary Disability Insurance](#) benefits if your physical or mental illness or injury prevents you from working and was not caused by your work.

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Family Leave Insurance

You may apply for [Family Leave Insurance](#) benefits if you are bonding with a newborn, newly adopted, or newly placed foster child. You may also apply if you are caring for a loved one with a serious physical or mental health condition, or to handle certain matters related to domestic or sexual violence.

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Maternity Leave Coverage

Expectant mothers may qualify for both Temporary Disability and Family Leave Insurance benefits. Find out how the two programs work together for [Maternity Leave Coverage](#).

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Debit Card Information

We issue benefits on a [prepaid Money Network/My Banking Direct debit card](#). Find out how and when you'll receive your card.

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Print an Application

Although the quickest way to apply is online, you can [print out an application](#) to submit by mail or fax if you prefer.

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Frequently Asked Questions

Workers, employers, and healthcare providers can [get answers to common questions](#) about our programs.



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questions and answers in a conversational format.



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Department of Labor and Workforce Development
1 John Fitch Plaza,
Trenton, NJ 08625

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