

**New Jersey Department of Human Services
Division of Mental Health and Addiction Services**

BIANNUAL REPORT

**Plan for the Establishment and Funding of
Regional Substance Abuse Treatment Facilities**

**Presented to the Governor and Legislature
October, 2011**

I. BACKGROUND

The Bloodborne Disease Harm Reduction Act (P.L. 2006, c.99) was signed into law on December 19, 2006. In compliance with the requirements of this law, an initial implementation plan for the Needle Exchange Treatment Initiative (NETI) was submitted to the Governor and Legislature in April, 2007. Subsequent biannual reports for the initiative now known as the Medication Assisted Treatment Initiative (MATI) were submitted in October 2007, April 2008, October 2008, May 2009, October 2009, April 2010, October 2010, and April 2011. The next biannual report is herein being submitted. The previous reports can be found on the DMHAS website <http://www.state.nj.us/humanservices/das/treatment/neti/biannualreport.html>.

II. DESCRIPTION OF SERVICES

Mobile Medication, Fixed Site and Office-Based Services and Outreach

The Division of Mental Health and Addiction Services (DMHAS) issued multiple public Requests for Proposals (RFP) in the New Jersey Register for the provision of mobile medication units to provide methadone maintenance, Suboxone detoxification and induction six days per week, as well as corresponding office-based treatment and case management services including a twelve-week mandatory stabilization treatment program for intravenous drug users. Awards of \$1.2 million were made for each contracted site. In Atlantic City, John Brooks Recovery Center, formerly known as the Institute For Human Development, was the award recipient. Parkside Recovery was the original award recipient for Camden and Trenton. In August of 2009 and June 2010, Parkside Recovery advised DMHAS of its intent to terminate its contract to provide services in Camden and Trenton, respectively. DMHAS made an emergency reassignment of the mobile unit to Urban Treatment Associates to provide services in Camden, which was effective on October 9, 2009. In Trenton, DMHAS made an emergency reassignment of the mobile unit to New Horizon Treatment Services with the effective date of September 15, 2010. Paterson Counseling Services was the award recipient for Paterson. Organization for Recovery in the city of Plainfield was the recipient of the award for the fifth mobile medication unit. Each site has the capacity to serve 200 clients - 150 methadone clients and 50 suboxone clients.

In Newark, The Lennard Clinic was the recipient of \$1 million for a fixed-site medication assisted treatment program to provide the services being offered at the mobile sites in other MATI cities.

The total annual contracted funding for these components of the MATI is \$7 million. The associated contracts fund agencies in six cities to provide comprehensive medication assisted treatment services, including five mobile medication units, one fixed site, and office-based sites with community-based outreach. Contracts also provide for the accompanying capacity to refer to other substance abuse treatment services as indicated by the client's individual clinical needs. The funding covers operating costs including annualized staffing costs, medication costs, operation of the units including maintenance and insurance, case management, outreach, and screening.

The MATI contracted agencies serve low income New Jersey residents with an opiate addiction, with a particular emphasis on providing access to treatment for individuals referred by Syringe Exchange Programs (SEP). Services are provided in adherence to Federal and State guidelines regarding the treatment of Opioid dependent clients, as well as program eligibility criteria developed to ensure that services are provided to the population targeted by the legislation. To be eligible for the program, a client's household income must be at or below 350% of the Federal Poverty Level as determined according to the Division's Income Eligibility policy.

In addition, the client must:

- 1) be a resident of New Jersey;
- 2) have a history of injection drug use;
- 3) test positive for opiates or have a documented one-year history of opioid dependence (individuals who have recently been incarcerated or in residential treatment may not test positive for opiates);
- 4) be able to provide proof of identification to prevent dual enrollment in medication-assisted treatment;
- 5) not currently be enrolled as a client in an opioid maintenance treatment (OMT) program or a client under the care of a physician prescribing Suboxone; and
- 6) not have been enrolled as a client in an OMT program or a client under the care of a physician prescribing Suboxone within the past thirty (30) days.

Clients referred by the SEPs who are either pregnant, homeless, or at risk of being homeless are given priority consideration for admission.

Program Implementation:

John Brooks Recovery Center – Atlantic City:

In Atlantic City, the John Brooks Recovery Center contract was effective January 1, 2008. John Brooks Recovery Center has continued to collaborate with South Jersey AIDS Alliance, the agency implementing the SEP, on how syringe exchange participants will be referred to treatment. According to DMHAS' New Jersey Substance Abuse Monitoring System (NJ-SAMS) data, there have been **905** admissions to date,

269 of whom have been referred via the SEP. To date there are **191** methadone clients and **61** Suboxone clients for a total of **252** active clients enrolled in the MATI program in Atlantic City. This data from NJ-SAMS reflects clients that are in the system that may have not been discharged, otherwise, they are required to maintain a total of 200 active clients on their roster.

Urban Treatment Associates - Camden:

The mobile medication unit serving Camden has been operated by Urban Treatment Associates, Inc., effective October 9, 2009. According to NJ-SAMS data, there have been **474** admissions to date, **268** of whom were referred from the SEP. To date, there are **142** methadone and **72** Suboxone clients for a total of **214** active clients enrolled in Camden MATI program. DMHAS has been working with various Camden officials to identify a location for an office-based site with which to affiliate the mobile medication unit prior to issuing an RFP for these services. Once a location issue is resolved with Camden City officials, DMHAS will proceed with the RFP as per our previous report.

New Horizon Treatment Services -Trenton:

In June 2010, Parkside Recovery advised DMHAS of its intent to terminate its contract to provide services in Trenton. On September 15, 2010, DMHAS reassigned the Trenton mobile medication unit to New Horizon Treatment Services. There were a total of **335** of admission in Trenton with **6** admissions being referred from the SEP. The 6 SEP clients have been transferred to the Trenton program from the program in Camden. To date, there are **185** methadone and **51** suboxone clients for a total of **236** clients active in the Trenton MATI program. DMHAS is planning to issue a RFP for this contract within eighteen months of the emergency assignment.

Paterson Counseling Services - Paterson:

Paterson Counseling Services' contract was effective on January 1, 2008. Paterson Counseling Services is also the agency implementing the SEP for the city of Paterson. According to NJ-SAMS data, there have been **594** admissions to date, **322** of whom have been referred via the SEP. There are **164** methadone and **38** Suboxone clients for a total of **202** active clients who are currently enrolled in the MATI program in Paterson.

Organization for Recovery Inc. - Plainfield:

Organization for Recovery's contract was effective November 1, 2008 for the fifth mobile medication unit to service clients in the city of Plainfield. NJ-SAMS data indicates that there have been **491** admissions since the program's inception, **56** of whom have been referred via the SEP program located in Newark. To date there are **142** methadone and **56** suboxone clients for a total of **198** active clients enrolled in the MATI program in Plainfield.

The Lennard Clinic Inc. - Newark:

Since their contract became effective on November 1, 2008, The Lennard Clinic in Newark has collaborated with the North Jersey Community Research Initiative (NJCRI), the agency implementing SEP. NJ-SAMS data indicates that there have been **752** admissions to date at the MATI fixed site in Newark. Of the **752** admissions, **459** have been referred via SEP. As of September 2011, there are **151** methadone and **60** suboxone clients for a total of **211** active clients enrolled in the MATI program in Newark.

According to NJ-SAMS data, the total number of cumulative MATI client admissions for the six pilot sites is **3543**, while the total number of SEP participants admitted to treatment is **1790**. **Statewide, 50.5% of MATI admissions have been SEP participants.** It must be noted that out of the six MATI sites, four programs are sited in cities that operate the Department of Health and Senior Services' syringe exchange program which include Atlantic City, Camden, Newark and Paterson.

Intensive Supportive Housing Program

Supportive housing is a critical recovery support that may help treatment-resistant clients take the first step in their recovery process, as well as support sustained recovery. Through an open, competitive public bidding process, two awards of \$871,000 each were made to Resources for Human Development, Inc. and John Brooks Recovery Center, for the development of two Intensive Supportive Housing (ISH) teams with funding for rental subsidies (tenant-based) and service dollars for providing intensive support services. These contracts create a capacity for 63 subsidized supportive housing slots. Funding for clinical treatment services for recipients is available through the mobile medication units, as well as treatment vouchers. Clients eligible for the MATI are screened by the case manager for supportive housing eligibility. Clients must meet program criteria for homelessness or risk of homelessness. If the clients are found to be eligible for supportive housing, they are referred to the ISH team. The ISH team completes a full assessment and refers eligible clients for housing. If the client does not qualify for supportive housing, he/she will continue treatment or continue to participate in the MATI.

A key feature of the DMHAS supportive housing program is that there is no threat of removal from housing due to lack of treatment involvement. As for any person renting an apartment in New Jersey, normal legal channels for eviction or removal remain in place and are governed by N.J.S.A. 2A:18-61.1 (e.g., non-payment of rent, destruction of property, continued disorderly conduct, etc.). The ISH team encourages the consumer to enter substance use or mental health treatment, to adhere to their medication regimens, and to seek vocational education, employment counseling, or any other community services by using motivational techniques. The ISH team works with the consumer to motivate and support recovery as the consumer seeks to change.

The Resources for Human Development, Inc. and the Johns Brooks Recovery Center contracts were effective April 1, 2008. These contracts combined provide for a total of 63 housing units, 31 units in Camden and 32 units in Atlantic City, respectively. **All**

housing units are filled. Clinical treatment services are offered to those residing in the housing units, but participation is not mandatory. In Atlantic City, services are provided to 21 single clients, 14 clients with family, 1 spouse and 17 dependent children for a total of 53 clients served. In Camden, services are provided to 17 single clients, 19 clients with family, 2 spouses and 28 dependent children for a total of 66 clients served. To date, **a total of 119 individuals are receiving both substance abuse services and housing in Camden and Atlantic City.**

Enhanced Sub-Acute Detoxification

DMHAS issued an RFP for start-up costs, including renovations, refurbishment and equipment to meet the detoxification needs of intravenous drug users with complicated substance dependence and medical conditions, such as the need to continue opiate replacement medications during detoxification, the need to detoxify from benzodiazepines, clients with co-occurring disorders and pregnant clients. Straight & Narrow, Inc. was awarded a contract for six beds and Turning Point, Inc. was awarded a contract for four beds, for a total of ten beds statewide. Contracts for these agencies were effective July 1, 2008. Ongoing services are funded through the treatment voucher program. Straight & Narrow, Inc. and Turning Point have completed all necessary improvements and to date, a total of **442** unduplicated clients have received enhanced sub-acute detoxification services. This is an increase of **163** unduplicated clients with enhanced detoxification services since the previous biannual report.

MATI Provider Network (Voucher Program)

A portion of the MATI funding is allocated to support a voucher-based treatment service network offering enhanced sub-acute detoxification, outpatient treatment for recovery mentors, transportation, and traditional residential treatment services. A voucher-based system facilitates a client-centered approach to providing services. It maximizes client choice as the funds follow the client through a continuum of care, allowing for easier movement from provider to provider. Treatment vouchers are issued after a full assessment including a determination of program and financial eligibility in addition to the client's clinical needs. The voucher is issued by the MATI case manager and can be redeemed at a participating MATI Provider. Approval to provide services as part of MATI is predicated on an agency's openness, willingness, and capacity to provide services to clients on medication-assisted treatment. Applications from licensed agencies were reviewed and those agencies that met qualifying criteria have been accepted to provide services. Currently there are 19 outpatient sites and 9 residential sites in the MATI Provider Network providing detoxification, long-term, short-term, and halfway house residential services, as well as intensive outpatient and outpatient services.

DMHAS launched the Computer Sciences Corporation (CSC) billing system for MATI fee-for-service (MATI-FFS) vouchers in July 2010. This system replaced the DMHAS encounter module voucher as reported in the previous biannual report. From July 1,

2010 through October 5, 2011, there are 3,062 authorized MATI-FFS vouchers for 909 unduplicated clients.

III. EVALUATION

On October 1, 2008, DMHAS entered into a contract with the National Center on Addiction and Substance Abuse (CASA) at Columbia University to undertake an independent scientific evaluation of the MATI. The contract with CASA was awarded through an open bid solicitation process. The purchase price for these services was \$2,221,641 as approved by the Purchase Bureau of the Division of Purchase and Property in the New Jersey Department of the Treasury.

Preliminary data from the CASA evaluation team indicate a significant need for additional treatment and ancillary services as available through the voucher system, in particular treatment for co-occurring disorders: Addiction Severity Index (ASI) ratings suggest that 38.5% of clients need additional treatment for mental health disorders.

The Bloodborne Disease Harm Reduction Act (P.L. 2006, c.99) legislation has had a significant impact on access to treatment services in New Jersey for a previously underserved and hard-to-engage client population. When clients were asked if the MATI improved their access to services, the responses were as follows:

- > 70% of clients were referred to the MATI by local needle exchange programs
- 77.3% of clients reported that beginning treatment through MATI was easier than their past attempts to access treatment
- 76% of clients reported that they prefer the mobile medication units to an office as an option to access their medication
- 76.6% of clients reported the mobile units made it easier to obtain medication
- There is a substantial decrease in the percent of MATI and housing clients reporting heroin use from baseline to six month follow-up. Seventy-five percent (75%) of research interview clients report not using heroin as of September 30, 2011.
- Harm reduction is being demonstrated with a 52% decrease in injection drug use and dirty needle use and shared works has decreased 20% to date from baseline.
- Risky behavioral practices also have decreased significantly to date.

Through the DMHAS MATI housing program a total of 119 individuals have received services. Seventy-one (71) baseline housing interviews have taken place from 4/1/2009 to present day with 65 six-month, 57 twelve-month, and 53 eighteen-month follow-up interviews completed to date.

- Preliminary six month follow-up surveys on housing clients show a significant increase in the number of housing clients that have their minor children living with them.
- There is an increase in the number of housing clients seeking reunification with minor children, from three at baseline to 22 at six months.

- At six month follow up interviews, clients reported a decrease in unstable housing and an increase in clients living in their own homes.
- At six months, there was an increase in the percentage of housing clients receiving food stamps.
- There was a 12% decrease in emergency room utilization for housing clients six months.
- All housing clients (100%) were very satisfied with the program both at baseline and six months later.

These preliminary data strongly suggest that the MATI pilot project design, including the availability of mobile medication units and voucher program to purchase a flexible array of services, is effectively meeting individual client needs and expanding access to care. A comprehensive CASA report will be available at the end of the project.

IV. FUNDING

The MATI has received \$51.3 million over a five-year period beginning in April 2007. This amount includes the \$1.3 for fiscal year 2011. In year one, the program received an annual budget of \$10 million in mid-April 2007. Over the following years, RFP and network phase-in resulted in \$18.4 million of accruals which were returned to Treasury. There are no additional accruals at this time.

V. COLLABORATION WITH DEPARTMENT OF HEALTH AND SENIOR SERVICES (DHSS), DIVISION OF HIV/AIDS SERVICES

DMHAS staff and DHSS' Division of HIV/AIDS Services continue to coordinate data and ensure seamless referral processes from the SEPs to the MATI sites around the State. DMHAS and DHSS have also collaborated to convene meetings with the City of Paterson as well as ongoing discussions with the final Governor's report on the Syringe Exchange Pilot Program.

VI. COLLABORATION WITH LOCAL GOVERNMENTS

DMHAS will continue to collaborate with local governments and municipal health departments to enhance referrals to existing local health and social services. Collaboration at the local level has also resulted in local law enforcement partnerships, identification of outreach venues, local ordinances for the parking of mobile medication units, and local resources for client's ancillary needs as well as sharing of data. These activities are intended to achieve the goal of moving a client seamlessly from exchanging needles to attaining treatment. The monthly consortia meetings have fostered this collaboration.

