

Governor Phil Murphy

ICYMI: NJDMAVA Announces Memorandum of Understanding with Cohen Military Family Clinic, University of Pennsylvania

04/26/2022

Trenton, N.J. – The New Jersey Department of Military and Veterans Affairs has signed a Memorandum of Understanding with the University of Pennsylvania to provide an additional no-cost mental health care resource for Active Duty members, New Jersey National Guard members, Reservists, veterans and their families – including spouses/partners and children.

The Cohen Military Family Clinic at UPenn is available to serve Active Duty members, New Jersey National Guard members, Reservists, veterans and their families – including spouses/partners and children - looking for effective treatment for a range of mental health concerns, such as PTSD, depression, anxiety or relationship challenges. Since opening in 2016, the Cohen Clinic has served more than 2,000 members of the military and veteran community, including New Jersey Guard Soldiers and Airmen.

“With this memorandum, the Cohen Clinic provides a precious resource for those who serve and have served our New Jersey family,” said Department of Military and Veterans Affairs Commissioner Brig. Gen. Lisa J. Hou, D.O. “As a physician, I have seen the role mental health plays in one’s physical well-being and quality of life. The opportunity for treatment at the Cohen Clinic is one of many important partnerships the Department maintains to ensure our military and veteran community, as well as their families, have access to mental health services.”

The Cohen Clinic treats a variety of mental and behavioral health issues, including depression, stress and anxiety, post-traumatic stress disorder, substance use disorder, sleep problems, hypervigilance (being on high alert), anger, grief and loss, transition challenges, as well as relationship/marriage and family difficulties.

The NJDMAVA website: https://www.nj.gov/military (https://www.nj.gov/military)

The Cohen Clinic at the Penn website: www.pennmedicine.org/veterans (https://www.pennmedicine.org/veterans)

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Statewide

Table with 4 columns: Home (/governor/), Administration, Key Initiatives, Social, and NJ Home. It lists various government services and links such as Economy & Jobs, Education, Environment, Health, Law & Justice, Transportation, News & Events, and various social media links.



Direct Appointments

(/governor/news/appointments)

Advice and Consent

Appointments

(/governor/news/acappointments)

Statements on

Legislation

(/governor/news/statements/approved/statements_archive.shtml)

Administration Reports

(/governor/news/adminreports/approved/archive.shtml)

Transition Reports

(/governor/news/reports/approved/reports_archive.shtml)

Press Kits

(/governor/news/press)

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