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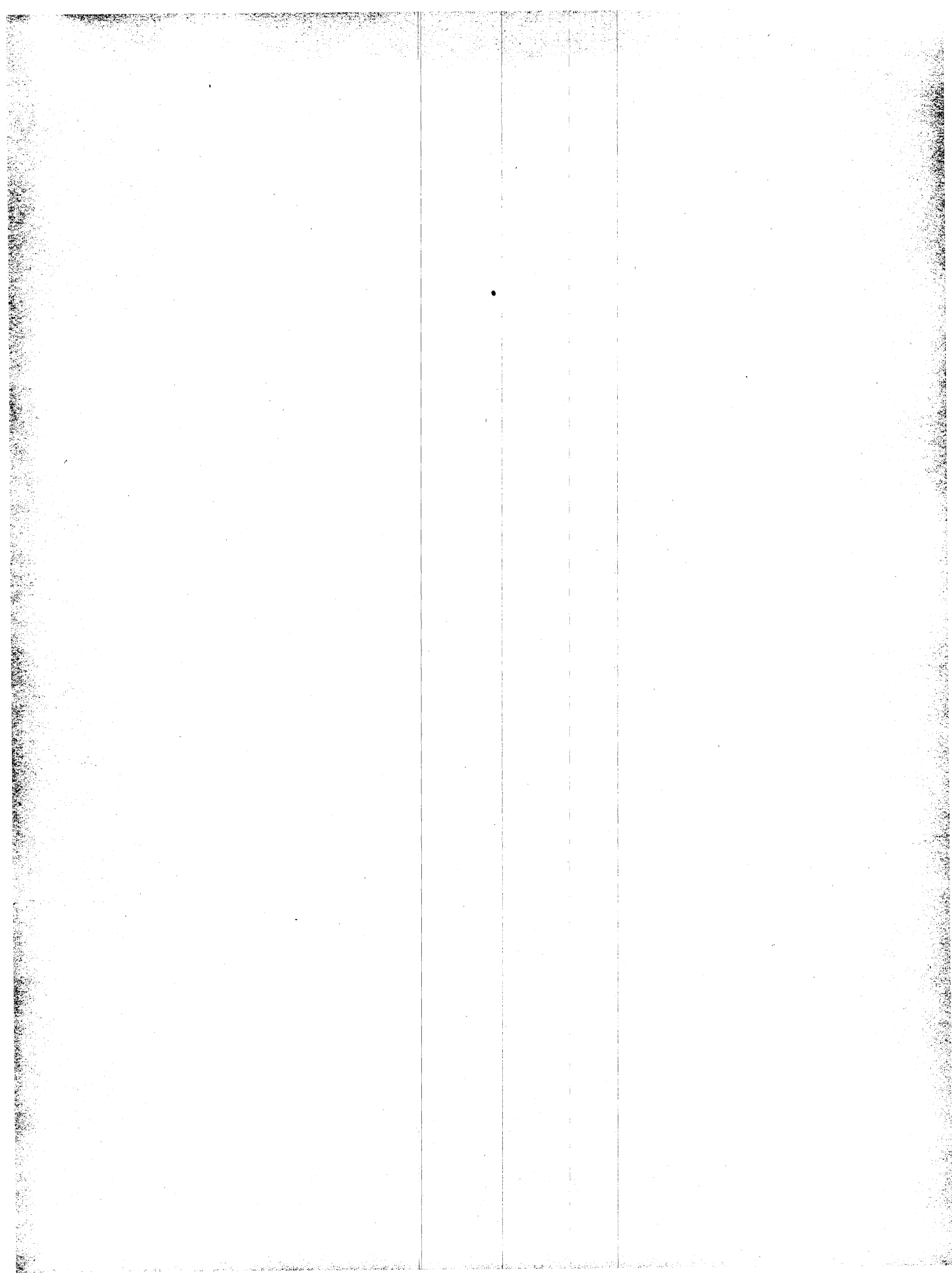
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Guide to Long-Term Care and Community Services in New Jersey

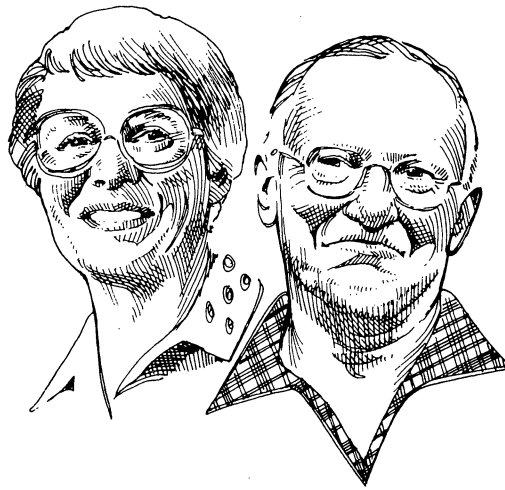


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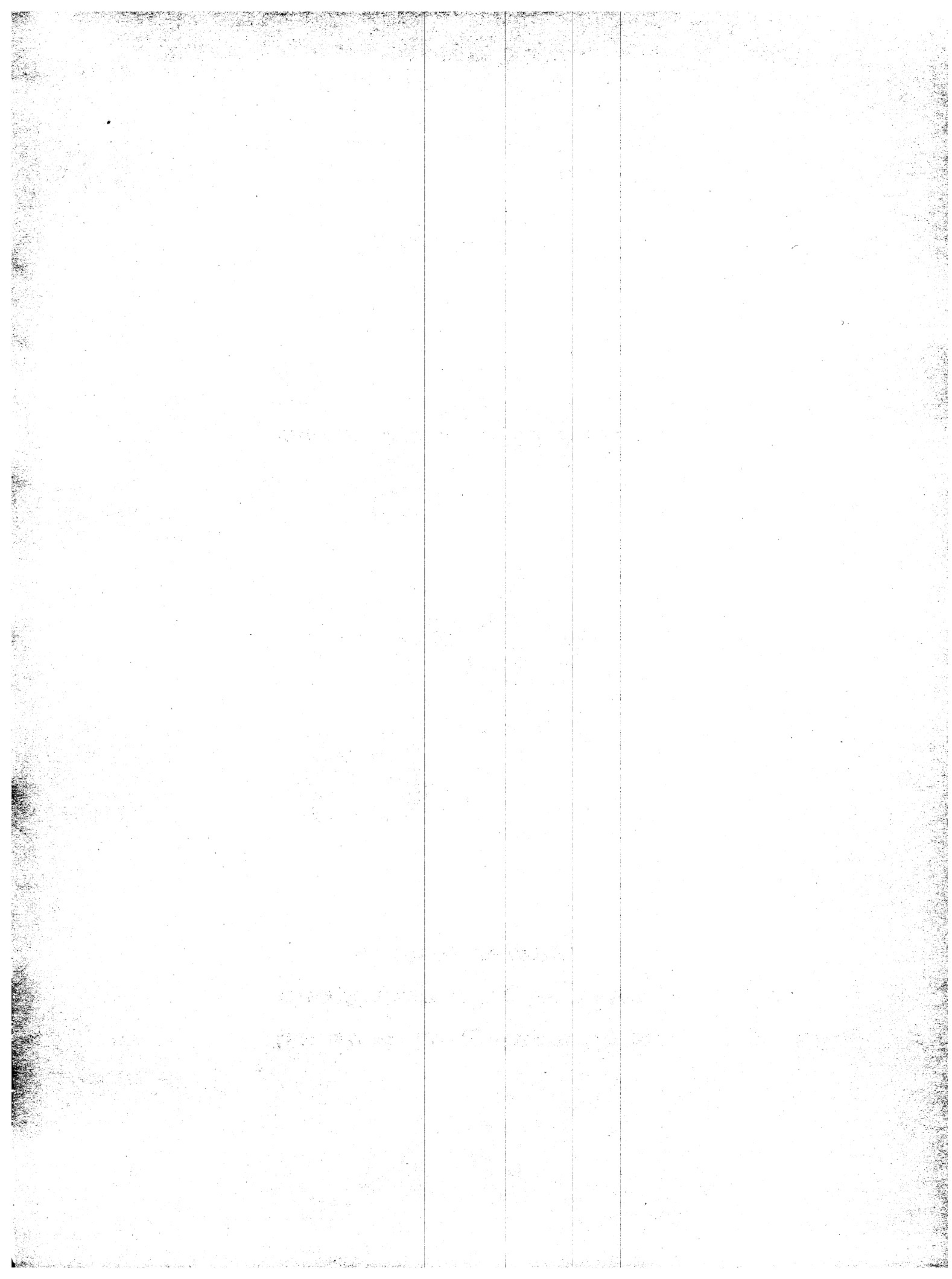
Guide to Long-Term Care and Community Services in New Jersey



**NEW JERSEY DEPARTMENT OF HUMAN SERVICES
JULY 1985**

Thomas H. Kean
Governor

Geoffrey S. Perselay
Acting Commissioner





State of New Jersey

DEPARTMENT OF HUMAN SERVICES

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Acting Commissioner

MESSAGE FROM THE ACTING COMMISSIONER

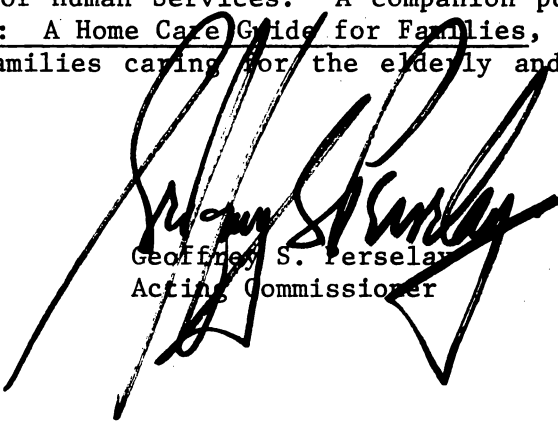
JULY 1985

The growing population of elderly people in New Jersey has led to an increasing need for long-term care and community services.

The Department of Human Services has strengthened its commitment to community care as an alternative to nursing homes, as well as making available the best nursing home care when it becomes necessary.

The publication of this revised Guide for Long-Term Care and Community Services in New Jersey is intended to meet a vital public need by identifying available resources for elderly and disabled persons in need of long-term care. Since its initial publication, the guide has been of considerable help to social service workers, medical and health professionals, families, and others seeking health care services in New Jersey.

This guide was originated by and is periodically updated by the Division of Medical Assistance and Health Services and is offered as a public service by the Department of Human Services. A companion publication, the Caregiver's Handbook: A Home Care Guide for Families, contains helpful information for families caring for the elderly and disabled.


Geoffrey S. Perselay
Acting Commissioner

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INTRODUCTION

This booklet, "A Guide to Long-Term Care and Community Services in New Jersey", was prepared by staff of the New Jersey Division of Medical Assistance and Health Services (New Jersey Medicaid Program) and the Department of Human Services' Unit for Health Care and the Elderly as a guide for adults, children, and their families who need information about community services and nursing home care in New Jersey. It should also prove useful to health care professionals working in the long-term care system. It is a companion to "A Caregiver's Handbook," which discusses issues important to families caring for the elderly and disabled.

There is growing recognition that home care is the choice of many impaired elderly and disabled individuals. Federal and state funding is now increasingly available for such care, supplementing the efforts of family and friends. Through a combination of resources, many elderly and disabled people can continue to live in their own homes or with their families. A nursing home is no longer the only solution for people with chronic health problems.

Despite considerable expansion of nursing home capacity in the last several years, a nursing home bed shortage continues to exist, particularly for the Medicaid client, with a waiting period of up to a year. The decision to enter a nursing home may be difficult for both the client and the family, and that decision should be preceded by a careful examination of the possibility of home care. It is hoped that this booklet will convey to the public the range of options currently available for elderly and disabled people.

Section I of this booklet describes several new community-based programs and services. Section II explains the nursing home placement process. Section III provides a statewide and county listing of community resources, both institutional and home-based.

TABLE OF CONTENTS

INTRODUCTION

PAGE

SECTION I: NEW PROGRAMS IN COMMUNITY CARE

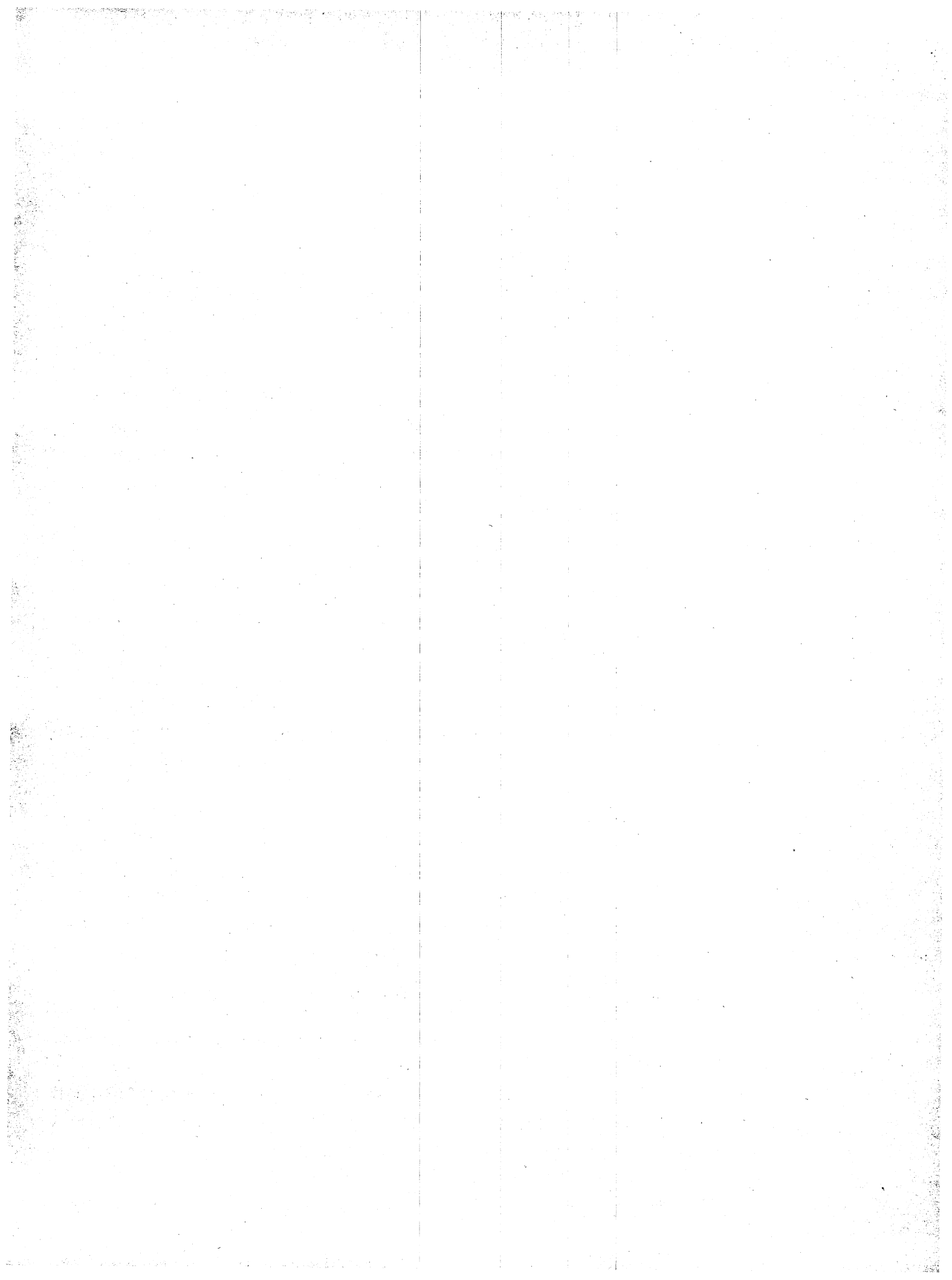
Community Care Program for the Elderly and Disabled	1
Home and Community-Based Services Waiver for Blind or Disabled Children and Adults	2
Personal Care	2

SECTION II: A GUIDE TO NURSING HOME CARE

Deciding on Nursing Home Care	2
Nursing Home Placement Process	3
Medicaid Approval Process	4
Preparation for Admission to a Nursing Home	5
Adjusting to the Nursing Home	5
Rights as a Nursing Home Resident	6
Length of Stay in a Nursing Home	7
Leaving the Nursing Home	7

SECTION III: A GUIDE TO COMMUNITY SERVICES

How to Use Section III	7
Service Descriptions	8
Toll-Free Information and Hotline Services	10
Statewide Services	11
Atlantic County	13
Bergen County	16
Burlington County	19
Camden County	22
Cape May County	25
Cumberland County	26
Essex County	28
Gloucester County	32
Hudson County	33
Hunterdon County	35
Mercer County	37
Middlesex County	40
Monmouth County	42
Morris County	45
Ocean County	48
Passaic County	50
Salem County	52
Somerset County	54
Sussex County	55
Union County	57
Warren County	60
Suggestion Form	Back Page



SECTION I

A GUIDE TO COMMUNITY CARE

This section discusses three new programs being administered by the Division of Medical Assistance and Health Services: (1) The Community Care Program for the Elderly and Disabled (CCPED), (2) the Home and Community-Based Services Waiver for Blind or Disabled Children and Adults (Model Waiver), and (3) the Personal Care Program.

The purpose of each of these programs is to enable individuals who are both medically and financially eligible to receive sufficient support services to remain in the community. These programs reflect the state's concern that in the past many people were unable to receive home care services under Medicaid because of rules which made them eligible only when they entered a nursing home. Often a person who had a chronic health problem had no option but to seek nursing home care. Today, a variety of programs exist, and others are being developed, to provide services in the home. Following is a brief discussion of these programs.

A. Community Care Program for the Elderly and Disabled (CCPED)

CCPED is a special three-year program that offers an array of home care services. The New Jersey Medicaid Program is offering these services to help eligible individuals continue to live in the community rather than in a nursing home. The program will offer services to an enrollment of 1800 eligible persons in its first three years of operation.

Services available under CCPED are:

1. **Home Health Services.** These may include skilled nursing care, homemaker/home health aide services, physical, occupational, and speech therapy, medical social work services, and certain medical supplies.
2. **Medical Day Care.** Health and supportive services are provided on an outpatient basis several days a week within a nursing home or other health care facility.
3. **Medical Transportation.** This is non-emergency transporting of the individual by a suitable vehicle to obtain health service.
4. **Case Management.** A group of services is selected on behalf of clients to meet their individual needs. There is an assessment, service planning, and ongoing monitoring of the plan.
5. **Homemaker Services.** These include personal care and household tasks related to maintaining individuals at home.
6. **Social Adult Day Care.** This is a planned program of services offered during the daytime which includes nutrition and socialization.
7. **Respite Care.** This is a temporary service offered on a flexible basis to relieve families caring for individuals at home

An individual may be eligible for CCPED if he or she is Medicare eligible and is 65 and over, or is determined eligible for disability by Social Security Administration (SSA) and is eligible for Medicare. The level of care needed must compare with the kind of care that a nursing home would offer.

An individual must not currently be receiving Medicaid services in the community. Income and assets must meet the financial guidelines of the program. Monthly income cannot be higher than the highest Medicaid income standard for nursing home patients, which in January 1985 was \$975. Depending on income, the individual may be asked to share in the cost of the program.

Applications may be made by an individual or a family member to the County Welfare Agency or Board of Social Services in the county of residence. This agency will decide whether the individual meets the income and asset standards of eligibility based on the

financial information provided. The individual's doctor will need to indicate the level of care required by completing a form.

If the applicant is financially eligible, a nurse and social worker from the Medicaid District Office visit the applicant to explain the program, determine the client's current level of care, and collect information to help in providing community care.

Once the individual agrees to participate in CCPED, a case manager from a service agency in the county will work with the individual and family to arrange for the necessary services and assure their proper delivery on an on-going basis.

Further information may be obtained by contacting the county Medicaid District Office listed in Section III of this guide.

B. Home & Community-Based Services Waiver for Blind or Disabled Children and Adults (Model Waiver)

This program is for individuals who are in need of the type of care received in long-term institutions. The purpose of the program is to help eligible individuals remain in the community or return to the community rather than be cared for in a long-term facility or a hospital.

This is a very small program serving a maximum of 50 individuals statewide.

To be eligible, the individual must be in need of an institutional level of care and must meet, at a minimum, the nursing home level of care criteria. Total income must exceed the SSI Community Standard and be below \$975 (as of January 1985), or be ineligible in the community because of SSI deeming rules. Applicants must be blind or disabled children or adults. Individuals who are currently eligible for community services under Medicaid are not eligible for the Model Waiver.

The Model Waiver provides all New Jersey Medicaid services plus the services of a case manager.

Further information may be obtained by contacting the Medicaid District Office listed in each county in Section III.

C. Personal Care

This is an expanded service available only to people eligible for the regular Medicaid Program. It is a non-medical support service for individuals with chronic, but stable, disabilities which interfere with activities of daily living such as bathing, dressing, and grooming. It also includes limited household duties directly related to the individual's health. This service must be prescribed by a physician and supervised by a nurse.

Further information may be obtained by contacting the Medicaid District Office listed in each county in Section III.

SECTION II

A. DECIDING ON NURSING HOME CARE

The decision to enter a nursing home may be a difficult one to make. Most individuals and families have mixed feelings. Some people know they need nursing home care but do not want to leave their homes. Home care may be possible with appropriate support from family, friends, and/or community services. However, when family members are elderly, ill, or overwhelmed by other responsibilities, full-time home care may not be available to the very disabled person. Sometimes a nursing home can be the best choice when full-time care is needed.

To help you decide whether nursing home care may best meet your needs, ask yourself or your relative these questions:

- What are my service needs (e.g., special diet, bathing, medication, physical therapy)?

- What are the support services available to me in my community? (Please see Sections I and III of this booklet.)
- To what extent can my family and/or I make the necessary adjustments so I can remain at home?

Before deciding on nursing home care, discuss the situation with family, friends, clergy, doctor, social worker, nurse or whomever is involved at your home or in the hospital. They can help you find out what supportive services are available for home care in your community, and if needed, can help you apply for nursing home care.

B. NURSING HOME PLACEMENT PROCESS

1. Payment for Care

- **Private Funds** — If you have money available, you can pay for nursing home care privately.
- **Private Health Insurance** — Some insurance plans, such as Blue Cross or another major medical plan, may pay a portion of the bill for a limited period of time.
- **Medicare** — Medicare will pay only for skilled nursing care or rehabilitation in a nursing facility for a limited period of time following hospitalization. Medicare does not provide coverage for the costs of long-term care in a nursing home or at home.
- **Medicaid** — Medicaid will pay for medically necessary care if you are financially eligible. If you wish to enter a nursing home under Medicaid, you can apply at the County Welfare Agency or Board of Social Services. There is a limit to the amount of financial resources (assets) and income that you may have in order to be eligible for Medicaid.

The following individuals may qualify for nursing home care under Medicaid:

- Individuals who apply to the Social Security Office and are eligible to receive Supplemental Security Income (SSI) payments.
- Individuals who qualify under SSI as an “ineligible spouse” of the SSI recipient.
- Individuals who apply to the County Welfare Agency or Board of Social Services and are eligible for financial assistance.
- Individuals who apply to the County Welfare Agency and who meet applicable financial and/or medical eligibility criteria for “Medicaid Only.”

If you are considering nursing home care at the time that you file an application for SSI or Medicaid, please tell the Social Security Office or County Welfare Agency.

If you have questions or problems concerning nursing home care, contact the local Medicaid District Office.

Medicaid requires that most of the monthly income of a resident in a nursing home be applied to the cost of this care. As a Medicaid client you are under no obligation to give any donations or pay extra charges to the nursing home. The Medicaid payment includes services such as: laundry, personal hygiene and nursing items, linen, medical and recreational supplies, prescription and non-prescription drugs, medically ordered transportation, and use of medical equipment such as wheelchairs and walkers.

Thirty-five dollars a month of your income is set aside for personal items, which you choose to purchase, that are not covered by Medicaid. You may decide how to manage your “Personal Needs Allowance” money. You may handle your own money or may give written permission for your family or the nursing home to manage these funds.

Each nursing home sets up its own payment policy for nursing home care. For example, some nursing homes accept payment only by insurance or private funds, and not Medicaid.

When selecting a nursing home, make sure to get a contract stating the nursing home payment policy. Have the nursing home staff fully explain what your responsibilities are for

payment. For your own protection, any agreement for payment should be in writing. Consult your county legal service agency or the Ombudsman for the Institutionalized Elderly if you have legal questions regarding a contract. (Please see Section III for legal services in your community.)

Remember that signed contracts may make you and/or your family financially liable for future payment. If you intend to go from private or Medicare payment to Medicaid payment, make sure the nursing home is aware of your plans. It is important that you discuss your Medicaid payment plans as soon as possible with the nursing home administrator. Any agreement with the nursing home for payment should be in writing and signed by you and/or your family and nursing home administration before admission.

You should be aware that the Governor has signed legislation prohibiting private pay contracts and discrimination against Medicaid eligible patients. In general, this legislation prohibits long-term care facilities from requiring private pay contracts or donations under certain conditions on behalf of Medicaid eligible patients. Long-term care facilities are prohibited from soliciting gifts, money or donations from the families of Medicaid patients as a precondition for admission or as a condition for the patient's continued stay in the facility. Voluntary contributions are not prohibited. For further information, contact your Medicaid District Office.

If the nursing home in which you are already residing will not accept Medicaid reimbursement, and you are required to pay the nursing home on a private basis, you may be eligible for other Medicaid services, such as doctor visits, drugs, medical transportation, dental, eye care, etc.

2. Medicaid Approval Process For Nursing Home Care

After completing the financial forms, the County Welfare Agency will supply you or your family with a form called a PA-4, to be completed by your doctor. Remember, you always have the final word on whether you want to enter a nursing home, and even if your doctor signs the form indicating that you need a nursing home level of care, you still may choose to remain at home.

When the PA-4 form is returned to the County Welfare Agency, it is sent to the Medicaid District Office serving your county. The eligibility process may take up to eight weeks depending on the extent of verification of resources required. Financial eligibility is decided by the County Welfare Agency and medical eligibility by the Medicaid District Office, with the approval of your physician.

If you are living at home or in a nursing or boarding home, a nurse and a social worker from the Medicaid District Office will visit you to determine your medical, nursing, and social needs. The information is taken back to the Medicaid District Office where your need for nursing home care is discussed with a Medicaid physician. The purpose of this team evaluation is to determine the level of care you need.

If you are in a hospital, the hospital social worker or discharge planner will help you make arrangements for your care.

A decision is made at the Medicaid District Office whether to approve or deny your request for Medicaid payment for nursing home care. Within a few weeks you will receive a written notice of the decision.

If you are denied nursing home care under Medicaid, you may request a fair hearing from the Division of Medical Assistance and Health Services. CN-712, Trenton, New Jersey 08625, Att: Fair Hearing Section. If you do not object to the denial and wish to obtain supportive care at home, check with your County Welfare Agency to determine if you are eligible for health-related services through Medicaid or other agencies. (Please refer to Section III for the location of community service agencies.) The Medicaid social worker who visited you at home also may be able to help you find home care services.

If you are approved by Medicaid for nursing home care, you will want to start looking at nursing homes. A list of homes can be obtained from the Medicaid District Office, the County Office on Aging, or Section III of this guide.

Due to the bed shortage for Medicaid applicants in some counties, it is suggested that you and/or your family visit a number of nursing homes, not limiting yourself to one facility or even one county. It is likely that the more information the nursing home staff has about your situation, the more likely it is that you will be accepted as a resident in the facility.

It is important to remember that it is up to you to decide whether or not you want to go into a nursing home. Your family and others interested in your care may help you make a decision but you are the final person to decide. At any point in the process you may withdraw your application. If your plans have changed, please notify the Medicaid District Office that serves your county.

Depending on the nursing home you choose, there may be a waiting period of three months to one year before you will be admitted. If you need care while you are waiting, the Medicaid social worker in your Medicaid District Office will assist you in contacting the service agencies in your county. (Please refer to Section III for the available services in your community.)

3. Preparation For Admission To A Nursing Home

It will be easier to get used to the idea of entering a nursing home if you visit several homes that interest you before selecting one. If you can't do this yourself, ask someone you know to visit for you. Try to visit at different times of the day to observe recreational activities, meals, nursing services, etc. The location should allow family and friends to visit easily; however, the bed shortage may not always make this possible. Take a tour of the home, talk to patients and staff members. Ask about rules, mealtimes, visiting hours, and activities that are available. Ask what personal possessions are permitted, such as: TV set, radio, favorite chair, footstool, pictures, etc. When you are ready to enter the nursing home, make sure you do the following:

- Notify your post office of your change of address.
- Mark your clothing with your name, whether or not your laundry will be done at the nursing home.
- Bring a clock and calendar with you.
- Continue receiving your favorite magazines and newspapers at the nursing home.
- Leave small valuables with family members or friends. Most nursing homes discourage bringing any small valuable possessions unless they are kept in the facility safe.

4. Adjusting To The Nursing Home

Going to live in a nursing home will take some adjustment for you and your family. There will be many changes in your day-to-day activities and, of course, the surroundings will be different. You will not be giving up your rights and individual preferences, but some adjustments to the nursing home routine will be necessary. Perhaps the biggest change for most people is sharing a room with someone else. Give yourself time to get used to these changes. Talk over your worries and fears, your plans and hopes for the future, with your family and friends.

Unless you require bed care due to your condition or illness, you will dress daily and have the freedom to move about. You will be encouraged to continue to take care of your own personal needs as much as you can. Talking with other residents will help you maintain an interest in life around you.

There are many services available to you in nursing homes:

- **Medical Care** — Will be provided by a physician periodically and if you become ill.
- **Nursing Services** — Will be provided directly by a professional nurse or by an aide under supervision, as needed.
- **Social Services** — Will be available to help you with any personal or family concerns.
- **Rehabilitation Services** — Will be available if the physician feels you will benefit from physical, speech, and other therapies.
- **A Dietitian** — Will talk with you concerning your food likes and dislikes and provide for a special diet if needed.
- **Other Medical Services** — Such as medicines and care for your eyes and teeth will be available.
- **Recreation Activities** — Will be offered to you. Community programs, group recreational programs, crafts and educational programs will be available; you should be able to continue with your favorite hobbies and interests.
- **Religious Programs** — There will be opportunities for you to practice your religion, attend services, and visit with the clergyman of your choice.

5. Rights As A Nursing Home Resident

The Patient Bill of Rights — A set of rules that all nursing homes must follow, New Jersey Public Law 1976, Chapter 120 assures that your personal and civil rights must be respected. A list of rights is available in all nursing homes for you to read and sign. Among the important rights you should be aware of are:

- Your right to have a complete record and quarterly accounting of personal money and property kept by the nursing home, daily access to your money, and the right to retain and use your personal property.
- Your right to visit with whomever you choose between 8 A.M. and 8 P.M. daily.
- Your right to privacy including the sending and receiving of unopened mail and access to a telephone.
- The right to wear your own clothing and to a safe and decent living environment.
- The right to retain your personal physician and to have information on your medical condition and care.

Leave of Absence — According to Medicaid policy you are permitted to leave the facility overnight to visit family and/or friends up to 24 days a year with your doctor's approval. Medicaid will pay to hold your bed for these overnight visits. Medicaid will also pay to hold your nursing home bed for up to 10 days if you are hospitalized. You also may choose to leave the nursing home during the day with your doctor's approval.

Complaints — If problems occur in the nursing home for any reason, discuss them first with the staff in the nursing home — the nurses, the social worker or the administrator. If you do not receive any satisfaction or the problem continues, talk to the Medicaid nurse or Medicaid social worker who frequently visit the facility. You may wish to forward your complaints in writing to the Medicaid District Office. (Please see Section III for the phone number of each Medicaid District Office.) In addition, there should be a telephone number posted at each pay telephone in the nursing home (1-800-792-8820) which is the Ombudsman for the Institutionalized Elderly. Anything you say will be kept confidential and you will receive assistance with problems. The Ombudsman's Office is set up specifically to deal with all complaints and problems of nursing home residents.

Transfers — If you wish to transfer to another facility, write a letter to the Medicaid District

Office stating why you wish to transfer. A transfer may take a long time because, with the limited bed vacancies, other patients coming from home or hospitals may have priority. If the nursing home requests your transfer, it must have good reason to justify this request. You must be given reasonable advance notice by the nursing home administration prior to any transfer. The Bill of Rights discusses this issue.

6. Length Of Stay In A Nursing Home

How long you will stay in a nursing home depends on many things: the state of your health, the amount of care you need, and whether suitable home care is available in your community.

From the day of admission to a nursing home, the nursing staff and Medicaid staff will begin plans to help you improve so that you may eventually be discharged. A nursing home does not have to be a permanent home. People in nursing homes often do get well. They learn to walk, to dress, to feed themselves, and they take a new interest in life.

7. Leaving The Nursing Home

Your health and ability to care for your needs may improve so much that you will feel that you no longer need nursing home care. Your doctor may agree that you are ready to move back to your community. The nursing home staff will help you make the necessary arrangements. You may choose to leave the nursing home at any time. You should talk with your doctor if you decide to move back home. If you decide to leave against your doctor's advice, you will be asked to sign a form releasing the nursing home of further responsibilities.

If you are a Medicaid client, the Medicaid staff will visit you regularly to check your progress. When you have improved so that nursing home care is no longer required, the Medicaid doctor may contact your doctor to discuss alternate plans. If the Medicaid staff at some point decides that you no longer need nursing home care, you will be notified by letter. You will have a chance to talk over this decision with family, nursing home, and Medicaid staff. The nursing home staff should help you plan for your move back into your community.

SECTION III - A GUIDE TO COMMUNITY SERVICES

A. How to Use Section III

Future Additions/Deletions to the Guide

This section of the guide can serve as a starting point in the search for community long-term care resources. Although the information is detailed, it is not possible to provide a listing of all available resources throughout the entire state. Agencies come and go, their services vary with funding changes, and there is always a lag before publication. In order to avoid repeating errors or omissions in future editions, a form is made available for suggested additions or deletions to update this guide. See page 59.

Referrals by Health and Social Service Professionals

The listing of an agency name and telephone number to a potential service consumer will not always ensure a successful referral. The professional user of this guide will often have to contact an agency or nursing home to prepare the agency for the prospective client. The consumer must also be prepared for contact with the service provider. Finally, advocacy and follow-up services are often required to assure adequate service provision and utilization.

Agency Classification System

The reader must also be cautioned not to follow rigidly any system (including the one used in this guide), which attempts to classify agencies or nursing homes based only on the type of service they provide, or the geographical areas they serve. Agencies specializing in one type of service may also have the capacity to respond to other client needs or know of agencies that will. They may also have more flexibility in their geographical service area than their name would imply. A search through the listings of adjacent counties may be helpful since service areas of many voluntary agencies cross county lines.

Multi-Service Agencies

The reader is urged to use this guide creatively, and not to be afraid of asking for help from agencies which may not seem appropriate sources. This is particularly true of multi-service agencies such as County Welfare Agencies, County Offices on Aging, municipal governments, and some voluntary agencies. The reader may freely contact these agencies for complete information about their services, or whenever information about particular services is difficult to find.

Statewide Agencies

Finally, the reader will please note that in the interest of conserving space, those agencies that provide services on a statewide basis have been listed separately. Therefore, a resource search is not complete until the county listings, statewide listings, and the list of toll-free numbers have been consulted.

B. Community Service Descriptions

These descriptions are provided in order to advise the reader about the services which are available. The reader will undoubtedly find exceptions, since the descriptions are general. Please contact the agency in question to find out about the nature and scope of that agency's services.

Adult Day Care Programs

Adult day care centers provide a range of services to promote social, emotional, and physical well-being. Some provide opportunities for counseling and health services. Day care center services are intended to support community living. Medical day care centers provide health and health-related services under medical supervision and are licensed by the State Department of Health. Medicaid pays for medical day care for eligible clients. Social day care emphasizes socialization and nutrition. Medicaid does not pay for social day care in the regular program.

Financial Services

The agencies listed provide direct assistance to those who qualify. Municipal welfare departments (not listed here but in your phonebook) can often provide help until the County Welfare Agency's or Board of Social Services' resources are available. Also, many municipal welfare agencies can pay for needed services, such as home health and transportation services. Private and voluntary agencies can at times provide short-term financial assistance to those in need.

Health Services

Many agencies in the statewide and county listings provide services to those with acute or chronic health conditions. Most counties and municipalities provide a variety of health services to their residents. Contact should be made to the appropriate county or municipal health department for specific information.

Home health agencies provide one or more of the following services: nursing, physical, occupational, and speech therapies, medical social services, homemaker/home health aide services, or medical supplies.

Hospice Services

These are services for the terminally ill, primarily focused on home care, with hospital services when home care is not feasible. Total patient care involves the family and others. Service is extended to the family during the bereavement period.

Housing Services

Senior citizen housing and housing for the disabled are usually managed by counties or municipalities. Rent subsidies are sometimes available. Some housing programs provide services, such as the Division on Aging Congregate Housing Program available to residents of certain buildings.

Boarding homes and rooming homes are now required to be licensed by the Department of Community Affairs, and their current status should always be checked. The County Welfare Agency provides services to residents of the homes and maintains files on each home. Licensure for both categories are subject to change and this should be checked with the State Department of Community Affairs. These homes are not listed in Section III.

Legal Services

These are services which enable clients to deal with such issues as wills, power of attorney, settling estates, settling disputes, etc. For those who cannot afford a lawyer, these may be available through Legal Aid or the County Office on Aging.

Licensed Residential Health Care Facilities

These facilities provide personal care services, including assistance with activities of daily living. They also must provide limited health maintenance and monitoring services by a professional nurse; however, they do not provide "hands-on" nursing care. They are licensed by the State Department of Health and their current licensure status should be checked. They are listed in Section III.

Life Care Communities

These are usually housing units which also have available services such as meals, housekeeping, health services and nursing home care. Usually residents pay an initial fee and monthly charges which include any necessary care.

Meal Programs

These nutrition services are usually of two types, home delivery of meals to frail elderly and disabled persons and congregate meals for those who are mobile enough to leave their homes.

Nursing Homes

Skilled Nursing Facilities (SNFs) provide 24-hour skilled care under the direction of a physician, and are covered by Medicaid and, under certain conditions, by Medicare or private insurance. Intermediate care facilities (ICFs) provide intermittent skilled care and are for clients whose needs are less intense. These are covered by Medicaid, provided a client is eligible, **but not by Medicare**. Nursing homes are listed in Section III. The Medicaid District Office should be contacted regarding Medicaid nursing home placement.

Respite Care

Respite care is a temporary service offered to relieve caregivers. The service can be provided by a homemaker or aide, a nurse or even through a temporary placement of the patient in a nursing facility. There are no separate listings for respite care in this resource guide.

Senior Centers

Senior centers provide a wide range of social, recreational, and educational opportunities to people 60 years of age or older and their spouses. These services are often coupled with congregate dining programs offering nutritious noon meals at low cost. The County Office on Aging should be contacted for complete information.

Social and Mental Health Services

Those agencies listed provide a variety of direct services to adults and families, such as individual, group, and family counseling.

Telephone Services

The agencies listed provide information and referral services, crisis hotline services, reassurance calling services, or all three. Reassurance calling programs provide for daily telephone contact with homebound individuals to ensure their well-being.

Transportation Services

Services range from regular senior citizen mini-bus routes to dial-a-ride services. Escort services to appointments or on shopping trips may be available.

Volunteer Programs

These programs provide opportunities for seniors to render services to others, as foster grandparents, friendly visitors, or in other ways. Also listed are programs which provide volunteers to seniors to help with domestic chores, escort needs, companionship, letter writing, etc.

TOLL-FREE

INFORMATION SERVICE

Bell Telephone System Customer Services for the Deaf	1-800-855-1155
Provides deaf customers who use special telecommunication devices (TDD/TTY) 24 hour operator services.	
Boarding Home Hotline	1-800-792-8672
Receives complaints involving abuse or neglect of boarding home residents on weekends and in the evening. During the day contact the County Welfare Agency or Board of Social Services.	
Cancer Information Service	1-800-422-6237
Provides information on cancer care free of charge to individuals and groups.	
Citizen Information Line for the Deaf	1-800-792-8339
Provides information on state services and resources for deaf people.	
Food Stamps	1-800-792-9773
Provides information on the Food Stamp Program and other public welfare programs.	
Library for The Blind and Handicapped, N.J.	1-800-792-8322
Free lending service to any N.J. resident, blind or handicapped, who is unable to read standard printing. Radio reading service for central N.J. on closed-circuit radio.	
Lifeline Program	1-800-792-9745
Provides a financial credit toward energy bills for eligible persons 65 years of age or older, and certain disabled individuals.	
National Hearing Aid Society (N.H.A.S.)	1-800-521-5247
Provides free information on hearing aids and problems of hearing loss.	
N.J. Bar Association	1-800-792-8315
Provides lawyer referral.	
N.J. Department of Health	1-800-792-9770
Hotline for residential health care facilities, long term care facilities, hospitals, etc.	
Ombudsman for the Institutionalized Elderly	1-800-792-8820
Receives and responds to complaints about care of the institutionalized elderly.	
Pharmaceutical Assistance to the Aged and Disabled (PAAD)	1-800-792-9745
Provides coverage for prescription drugs.	
Public Advocate	1-800-792-8600
Receives complaints involving state agencies.	
Self-Help Clearinghouse	1-800-367-6274
Provides information on self-help groups in N.J.	

Senior Citizen Information and Referral Service	1-800-792-8820
Provides information and referral for community services and programs for older adults throughout the State.	
Senior Dent	1-800-792-8820
Provides dental services for older people who meet age and income guidelines.	
Social Security Administration	1-800-272-1111
Provides information, location, and telephone numbers of local Social Security offices throughout the State.	
Social Security Claimants' Representatives, Nat'l. Org.	1-800-431-2804
Provides assistance to claimants needing help with Social Security problems.	
Veterans Administration, U.S. Government	1-800-242-5867
Provides information and referral on V.A. benefits and services.	

STATEWIDE SERVICES

Alcoholics Anonymous Groups of New Jersey	
Provide referrals to local AA groups	201-763-1415
	609-428-4482
Al-Anon, Al-a-teen Information Service	
Provides referral to local Al-Anon and Al-a-teen groups for family members and friends of alcoholics	201-672-7231
	609-428-0083
American Cancer Society, New Jersey Division	
Services are uniform statewide, and include counseling and resource information, sick-room supplies, transportation, hospital visitation programs and self-help groups.	
Atlantic	609-645-7272
Bergen	201-836-2090
Burlington	609-267-8444
Camden	609-854-7202
Cape May	609-886-1154
Cumberland	609-692-1364
Essex	201-678-1990
Gloucester	609-589-1642
Hudson	201-823-1223
Hunterdon	201-782-6112
Mercer	609-394-5000
Middlesex	201-548-8108
Monmouth	201-531-2232
Morris	201-538-4336
Ocean	201-370-0770
Passaic	201-278-4184
Salem	609-769-0150
Somerset	201-469-8666
Sussex	201-383-1334
Union	201-354-7373
Warren	201-453-2103
American Diabetes Association	
Services vary but may include education, diet counseling, and referrals. Chapters often serve areas larger than indicated.	
Bergen	201-487-7228
Mercer	609-392-1808
Hunterdon	201-782-3103

American Red Cross

For telephone number, see county listing. Services include sick-room lending closet (crutches, wheelchairs, canes, portable toilets) for the disabled, meals-on-wheels for elderly and disabled, and transportation (as a last resort) free with two-week notice for the disabled.

The Arthritis Foundation

Services vary but may include public and professional education, support groups, hospital visitation of joint replacement patients, exercise programs, and medical referrals

201-388-0744
609-768-1600

Cerebral Palsy (C.P.) Centers

Services vary and may include evaluation, education, physical therapy, and social services. Centers often serve areas larger than indicated.

C.P. of Essex and West Hudson 201-751-0100
C.P. of North Jersey (Essex) 201-674-1150
C.P. Treatment Center of Union County 201-354-5800
C.P. Guild Treatment Center (Union) 201-656-3779
C.P. Association of Middlesex County 201-549-5580
C.P. School and Treatment Center of Monmouth and
Ocean County 201-222-4741
Burlington C.P. Center 609-261-1667
C.P. School and Treatment Center (Camden) 609-662-7300
United C.P. of Cumberland County 609-825-5840
C.P. of Gloucester and Salem County 609-881-8678

The Epilepsy Foundation 201-548-4610

Nine divisions throughout the state provide education, self-help and support groups.

National Multiple Sclerosis Society

Services vary, but may include home care education, equipment loan, public education, education, exercise programs, information and referral. Chapters often serve areas larger than indicated.

Bergen/Passaic 201-836-5716
Essex 201-783-6441
Morris 201-267-0227
Monmouth/Ocean 201-774-1483
Central 609-394-5353
Middlesex/Somerset 201-828-1455

New Jersey Adult Day Care Association 201-731-5100

New Jersey Commission for the Blind, Department of Human Services

Services include: education, vocational rehabilitation, home services, eye health services, and distribution of talking book machines.

Essex, Hudson, Union, Somerset, Middlesex, Hunterdon 201-648-3333
Monmouth, Mercer, Northern Ocean 201-360-2005
Bergen, Passaic, Morris, Sussex, Warren 201-345-1775
Atlantic, Cape May, Cumberland, Southern Ocean 609-441-3507
Camden, Burlington, Gloucester, Salem 609-757-2506

New Jersey Division on Aging 609-292-0920

Central planning and coordination agency for services to older people.

New Jersey Division of the Deaf, Department of Labor and Industry

Concerned with the general welfare of all deaf people within the state, the Division gathers and disseminates information about deaf people, provides a range of vocational services, and works with the Division on Civil Rights to

protect deaf people from possible discrimination. The Division currently maintains three Community Service Centers for the Deaf:

Employment Skills Center, Union College	
(Union, Hudson, Essex,)	201-354-3036, 3037, 3038
Passaic, Bergen, Morris, Warren, Sussex)	(Voice or TDD)
Long Branch Area Community Learning Center	
(Hunterdon, Somerset,)	201-870-1400, 1301, 1425
Middlesex, Mercer, Monmouth, Ocean)	(Voice or TDD)
Camden County Community College	
(Burlington, Camden, Atlantic, Gloucester, Salem, Cumberland,	
Cape May)	609-757-2935
	(Voice or TDD)

New Jersey Division on Civil Rights

Implements the New Jersey law against discrimination by race, color, creed, sex, age, marital status or physical disability.

Atlantic City Office	609-441-3100
Camden Office	609-757-2850
Newark Office	201-648-2700
Paterson Office	201-345-1465
Trenton Office	609-292-4605

Statewide Computerized Referral Information Program (SCRIP) 1-800-792-8858

A referral information service for disabled people sponsored by the New Jersey Developmental Disabilities Council. This free service provides comprehensive information on services and programs for adults with severe disabilities originating in childhood.

SCRIP Terminal Agencies are:

New Jersey Association for Children with Learning Disabilities	
(Convent Station)	201-539-4644
New Jersey Association for Retarded Citizens (New Brunswick) ...	201-246-2525
Bancroft School (Haddonfield)	609-429-0010
Central Regional Office, Bureau of Field Services, New Jersey	
Division of Developmental Disabilities	609-292-3720

ATLANTIC COUNTY

Adult Day Care Programs

Atlantic Mental Health Center	609-348-1161
Family Service Assn. of Atlantic County-First Day	609-652-2377
Greenwood Skilled Nursing & Health Care	609-646-6900
The Caring Fellowship Center	609-927-8395

Financial Services

Atlantic County Board of Social Services	609-348-3001
Atlantic County Food Stamp Program	609-348-3001
Home Energy Assistance Program	609-348-3001
Lifeline (Energy Credit) Program	800-792-9745
N.J. Bureau of Veterans' Services	609-411-3060
Social Security Office	800-272-1111

Health Services

For information on homemaker and home health services, hospitals, and nursing homes, contact:

Atlantic County Division on Aging and Disabled	609-345-6700
Atlantic County Board of Social Services	609-348-3001
Atlantic County Medicaid District Office	609-441-3620
Atlantic County Medical Society	609-823-8068

Provides referral service to physicians in appropriate specialties.

Atlantic County Health Department	609-646-8702
Atlantic County Opportunity Center for the Handicapped, Inc.	609-965-6871
Provides vocationally oriented rehabilitation services.	
Atlantic County Special Child Health Services	609-645-7700 X 4337
American Red Cross	609-646-8330
Caring Medical Day Center.....	609-345-3228
Chelsea Family Practice	609-347-5235
Provides periodic, full checkups, laboratory work, and treatment at no fee.	
No age restrictions.	
Atlantic County Health Department, Division of Public	
Health Nursing	609-645-7700 X 4360
Health Services provided in the home include: nursing, physical, occu- pational, and speech therapies, medical social services, home health aide services, and medical supplies.	
Geriatric Assessment Program (GAP)	609-645-7700 X 4385
Homemaker Multiservice Program	609-345-4229
Provides homemaker services, shopping, transportation, and congregate eating situation for tenants of the Atlantic County Housing Authority Projects.	
Sencit Baltic Family Practice	609-347-5200
Provides periodic full check-ups, laboratory work, and treatment at no fee.	
No age restrictions.	

Hospice Services

Atlantic County Health Department	609-645-7700 X 4356
Provides physical, emotional, and spiritual support to the terminally ill patient in his or her home.	

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care
programs, contact:

Atlantic County Division on Aging and Disabled	609-345-6700
Atlantic County Board of Social Services	609-348-3001

Legal Services

Cape May/Atlantic Legal Services	609-348-4208
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Licensed Residential Health Care Facilities

Bayview Cottage	609-652-0578
Beachgate Rest Home, Inc.....	609-345-9834
Cozy Oaks	609-476-2449
Flanders Retirement Home	609-344-3183
Frazier's Garden Boarding Home.....	609-561-4828
Hammonton Manor.....	609-567-0461
Harbor Hall Boarding Home.....	609-641-5059
The Homestead	609-561-2292
Ivystone Sheltered Care Boarding Home.....	609-476-3801
Lake Lenape Home.....	609-625-2463
Mick's Boarding Home	609-561-4021
Novel Flanders Hotel, Inc.....	609-344-3183
Ocean View Facility I	609-345-5853
Ocean View Facility II	609-345-2041
Pleasant Manor Retirement Home.....	609-641-2041
Mrs. Madelyn Smiley	609-625-3651
Seashore Gardens.....	609-345-5941
Twin Oaks Boarding Home.....	609-567-1671

Meal Programs

Atlantic County Nutrition Project.....	609-344-1551
Nutrition sites throughout Atlantic County, providing one hot meal per day, recreation, information and referral, transportation, outreach to the homebound, nutrition education and shopping services.	
Meals on Wheels	609-348-3001

Nursing Homes

Atlantic County Home and Annex	609-641-0385
Beachview Nursing and Convalescent Home.....	609-348-0171
Golden Crest Convalescent Center	609-344-8911
Greenbriar of Hammonton	609-567-3100
Green-Wood Skilled Nursing & Health Care.....	609-646-6900
Ocean Point Health Care Center	609-927-9151
Our Lady's Residence	609-646-2450
Seashore Gardens.....	609-345-5941
South Carolina Intermediate Care Facility	609-344-2181
Westside Convalescent Center	609-348-2656

Senior Citizens' Centers

For information on Senior Centers	609-345-6700
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Social and Mental Health Services

Atlantic County Board of Social Services	609-348-3001
Adult Protective Services.....	609-348-3001
Atlantic Mental Health Center	
Atlantic City	609-348-1161
Pleasantville	609-646-5142
McKee City	609-645-3877 or 7600
Catholic Social Services	609-345-3448
Family Services Association, START Program	609-652-2377
Provides counseling services to the aged and retired.	
Jewish Family Service of Atlantic County	
Ventnor	609-822-1108
Atlantic City	609-345-3057
Relatives of Aging Parents (RAP's), Caring Fellowship Center	609-927-0198
Senior Adults Gaining Education and Stimulation	609-348-5784

Telephone Services

Catholic Social Services.....	609-345-3448
Telephone reassurance to the homebound or lonely.	
CONTACT Atlantic County	609-646-6616
Telephone listening service.	
Information Atlantic	609-645-7887
Information on all public and private social services agencies in Atlantic county	

Transportation Services

For information on transportation services, escort services, and discounts, contact:

Atlantic County Division on Aging and Disabled	609-345-6700 X 3471
PACE (Para-transit for Atlantic County's Elderly)	609-645-7700 X 4465, 4467
Catholic Social Services.....	609-345-3448
Transportation to medical appointments.	

Volunteer Programs

Caring, Inc.	609-927-8395
Provides volunteer services to nursing home residents, including friendly visiting, letter writing, reading, etc.	
Retired Senior Volunteer Program (R.S.V.P.)	609-344-3803
Refers senior volunteers to institutions, organizations, and agencies.	

BERGEN COUNTY

Adult Day Care Programs

Bergen County Adult Day Care Center	201-646-3023
East Bergen Regional Council of Mayors Day Care Center	201-941-2150
Friendship House (Mental Health)	201-488-2121
Jewish Hospital and Rehabilitation Center	201-666-3801
LIFE (Living Independence for Elders)	201-568-0817
Mid Bergen Community Mental Health Center	201-265-8200 X 28
Northern Valley Older Adult Day Care Program	201-385-4400
Respite Care Program	201-646-3052
Woodcliff Lake Manor Nursing Home/Social Day Care Center	201-391-0900

Financial Services

Bergen County Welfare Board	201-368-4200
Bergen County Food Stamp Program	201-368-4355
Home Energy Assistance Program	201-368-4347,8
Lifeline (Energy Credit) Program	201-646-2625
N.J. Bureau of Veterans' Assistance	201-342-3363
Social Security Office	201-387-1500

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Bergen County Office on Aging	201-646-2625
Bergen County Welfare Board	201-368-4200
Bergen County Medicaid District Office	201-488-5667
Bergen County Medical Society	201-489-3140
Provides referral service to Medicaid provider physicians.	
Bergen County Special Child Health Services	201-646-2911
American Red Cross	
Central Bergen	201-487-7470
Northern Valley	201-586-8787
North West Bergen	201-652-3210
Ramapo Valley	201-327-0336
Rutherford	201-939-2455
Walk-in Health Centers	201-444-0040
Individual physicians subject to change without notice or control of the County Medical Society.	
Bergen County Department of Health Services	201-646-2600
Consultation to seniors in health counseling, health maintenance, and early detection of chronic diseases.	
Health Awareness Regional Program	201-666-9620
Free health service program, including home health visits and medical transportation for older adults.	
Health and Welfare Council of Bergen County	201-343-4900
Publishes the Consumer's Guide to Health Care Facilities in Bergen County and a Community Resources Directory.	

Post Stroke and Disabled Adult Program	201-646-2548
Provides individual counseling, group discussions, referrals, recreation and social programs, and friendly visitors.	
Community Nursing Services of Hackensack Hospital	201-487-4000 X 480
Englewood Hospital Association	201-894-3333
Nursing Service, Inc.	201-444-0040
Visiting Homemaker Service of Bergen County, Inc.	201-384-3880
Visiting Nurses of Northern Bergen County	201-529-4616

Hospice Service

Englewood Hospital Hospice Program	201-894-3313
Hackensack Medical Center	201-342-7766
Northwest Bergen Hospice	201-447-8085

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Bergen County Office on Aging	201-646-2625
Bergen County Welfare Board	201-368-4200
Bergen County Home Improvement Program	201-646-2559
Provides federally-funded grants or low-interest loans for basic home improvements.	
Bergen County Housing Authority	201-646-2629
Administers senior citizen housing programs. Several municipalities also have programs.	
Chore Service Volunteer Bureau of Bergen County	201-489-7790
Provides emergency home repairs to seniors unable to pay.	
Foster Home Program, Catholic Community Services	201-845-5330
A non-sectarian foster home program for the elderly as an alternative to home living.	

Legal Services

For information on services for the elderly	201-646-2625
Bergen County Office on Aging	

Licensed Residential Health Care Facilities

Brightside Manor	201-692-1000
The Cupola	201-444-8200
The Homestead	201-327-1573
Lakeview Manor	201-391-2442
Paramus Residential	201-652-0620
Riverdale Manor	201-391-3866
Tarleton House	201-444-6682

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Bergen County Nutrition Project for the Elderly	201-646-2625
Meals on Wheels	201-646-3689
Fair Lawn Senior Center	201-796-1191
Hackensack Multi-Service Center	201-487-6515
Northwest Bergen Regional Senior Center	201-445-5690
Senior Services Center of Teaneck	201-837-0171
Williams Multi-Purpose Senior Center	201-646-2548

Nursing Homes

Bel-Air Manor of Oakland	201-337-3300
Bergen Pines County Hospital	201-967-4000
Brook Wood Convalescent	201-843-8411
Christian Health Care Center	201-427-2816
Cliff House Nursing Home	201-567-2626
Emerson Convalescent Center, Inc.	201-265-3700
Hartwyck Nursing Home	201-444-1341
Fair Lawn Manor Nursing Home	201-797-9522
Home for the Armenian Aged, Inc.	201-261-6662
Jewish Hospital & Rehabilitation Center	201-666-2370
Ridgewood Care, Inc.	201-447-1900
Saddle Brook Convalescent Center	201-843-7333
Teaneck Nursing Home	201-833-2400
Wellington Hall Nursing Home	201-487-4900
Woodcrest Center	201-967-1700

Senior Centers

For information on senior centers, Bergen County Office on Aging 201-646-2625

Social and Mental Health Services

Bergen County Welfare Board	201-368-4200
Bergen County Protective Services for Frail and Elderly	201-342-9200
Provides legal, psychiatric, nursing and protective services	
Family Counseling Services, Inc. of Hackensack	201-342-9200
Family Counseling Service of Ridgewood and Vicinity	201-445-7015
Community Center for Mental Health	201-385-4400
Community Mental Health Organization	201-568-0500
Fair Lawn M.H.C.	201-797-2660
Family Counseling Center of Closter	201-768-3999
Friendship House	201-488-2121
Institute for Counseling and Psychotherapy	201-224-0038
Institute for Mental Health Education	201-567-6062
Jewish Family Services of Bergen County	201-595-0111
Mid-Bergen C.M.H.C.	201-265-8200
Pastoral Counseling Services of Northern N.J. Inc.	201-385-4332
Pascack M.H.C.	201-391-1355
South Bergen M.H.C.	201-935-3322
Social Service Association	201-444-2980
Southeast Senior Center for Independent Living	201-569-4080
West Bergen M.H.C.	201-444-3550

Telephone Services

Information and Referral Service of Bergen County	201-343-6542
Confidential information on services and programs within the county.	
Talking Newspaper, Inc.	201-652-3210
Telephone Reassurance	201-368-0977

Transportation Services

For more information on transportation services, escort services, and discounts, contact:

Bergen County Office on Aging	201-646-2625
Bergen County Board of Transportation	201-646-2855
Offers half-fare services for seniors over 62. Free mini-bus service is available by appointment.	

Volunteer Programs

Retired Senior Volunteer Program (RSVP)	201-489-7797
Refers seniors to agencies needing volunteer help.	
Student Volunteer Linking Program	201-652-3888
Provides student volunteers for companionship, correspondence, yard work, etc.	
Volunteers in Nursing Homes	201-489-0454
Places volunteers in nursing homes to supplement existing programs.	

BURLINGTON COUNTY

Adult Day Care Programs

Burlington County Adult Medical Day Care Center	609-267-2633
Burlington County Senior Day Care Center (The Tender)	609-234-5999
Catholic Welfare Bureau Delaware House	609-386-1746
Family Service of Burlington County/Adult Day Treatment	609-894-9201

Financial Services

Burlington County Welfare Board	609-261-1000
Burlington County Food Stamp Program	609-261-5575
Burlington County Veteran's Services	609-261-5008
Home Energy Assistance Program	609-261-1000
Lifeline (Energy Credit) Program	800-792-9745
Social Security Office	800-272-1111

Health Services

For information on homemaker, home health services, hospital and nursing homes, contact:

Burlington County Office on Aging	609-261-5069
Burlington County Welfare Board	609-261-1000
Burlington County Medicaid District Office	609-261-0448
Burlington County Special Child Health Services	609-267-1950 X 227
Geriatric Dental Program	609-267-0631
Provides co-pay dental services for the elderly who meet financial eligibility.	
Respite Demonstration Program	609-267-7417
Community Nursing Services	609-267-1950
Moorestown Visiting Nurse Association	609-235-1462
Visiting Homemakers and Health Services	609-267-7417

Hospice Services

Hospice of Burlington County	609-778-8181
Provides home health services for the terminally ill person.	

Housing Services

For information on senior citizen housing, boarding homes, contact:

Burlington County Office of Aging	609-261-5069
Burlington County Welfare Board	609-261-1000
Boarding Home Complaints	609-261-1000 or 800-792-8610
Matchmaker (Shared Housing)	609-386-5800
Rental Assistance	609-261-5072

Legal Services

Camden Regional Legal Services	609-386-6660
Lawyer Referral Service of the Burlington County Bar Association	609-261-4862
Senior Citizen Lawyer Referral Program	609-261-5069
Victim/Witness Unit	609-261-5048

Licensed Residential Health Care Facilities

Antonelli Boarding Home	609-298-1933
Bible Presbyterian Home, Inc.	609-461-0020
B and B Rest Home	609-267-4025
Country Manor Rest Home	609-267-6657
Easthampton Rest	609-267-6403
Garden State Rest Home	609-386-1088
Home for Aged Women	609-386-1709
Laurelview Manor	609-235-7100
Willow Brook Rest Home	609-267-6102

Life Care Communities

Medford Leas	609-654-3000
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Meal Programs

Meals on Wheels	609-654-9557
Nutrition Program for the Elderly	609-261-5199
Centers:	
Bordentown	609-298-1566
Brown Mills	609-893-4100
Burlington	609-386-5586
Cookstown (Friday Only 10am-2pm)	609-758-7730
Mount Holly	609-267-2021
Palmyra	609-829-0129

Nursing Homes

Baptist Home	609-829-2274
Burlington Woods	609-387-3620
Buttonwood Hall	609-894-2235
Cinnaminson Manor	609-829-9000
Evergreens	609-235-2503
Lutheran Home at Moorestown	609-235-1214
Maple Hill Convalescent Center, Inc.	609-799-1500
Masonic Home and Charity Foundations of New Jersey	609-386-0300
Medford Convalescent and Nursing Center, Inc.	609-983-8500
Mount Holly Center	609-267-8800
Mount Laurel Convalescent Center, Inc.	609-235-7100
Pinewood Acres Nursing Home, Inc.	609-779-9333
Wiley Mission, Inc.	609-983-0411

Senior Centers

For information on Senior Centers, contact the Burlington County Office on Aging	609-261-5069
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Social and Mental Health Services

Burlington County Welfare Board	609-261-1000
Catholic Welfare Bureau	609-386-7331
Delaware House	609-386-1746
Emergency Services	609-786-1868
Drenk Memorial Guidance Center	
Mount Holly	609-267-1377
Burlington	609-387-1180
Browns Mills	609-893-6551
Elderly Services Program	
Mount Holly	609-267-2447
Riverside	609-461-3383
Willingboro	609-877-4177

Family and Community Services	609-386-7331
Family Service of Burlington County	609-235-0481
Moorestown	609-778-8230
Maple Shade	609-667-0580
Mount Holly	609-267-5928
Good Will Industries of Southern NJ	609-964-5800
Senior Citizen Club List	609-261-5069

Support Groups

Elderly Services Program/Support Group	609-267-2447
Support group for the over-70 population to learn to adjust to the changes they are undergoing due to the aging process.	
Living Room	609-234-3659
Self-help group for persons involved with the care of an elderly person.	
Make Today Count	609-267-8444
Support group for persons with cancer or other chronic illnesses. Supportive services to families and other interested persons.	
Ostomy Club	609-267-8444
Support group for persons who have had ostomy surgery.	
Widows Or Widowers (WOW)	609-894-8132
Meet the 3rd Saturday of each month.	

Telephone Services

Contact of Burlington County	
Moorestown	609-234-8888
Mount Holly	609-267-8500
Willingboro	609-871-4700
Provides 24 hour telephone intervention to anyone who needs help or guidance.	
Reassurance Contact	
Moorestown	609-234-8888
Mount Holly	609-267-8500
Willingboro	609-871-4700
Provides daily phone call to the housebound person in the community.	

Transportation

For information on transportation services, escort services, and discounts, contact:	
Burlington County Office on Aging	609-261-5069
For Elderly and Handicapped	609-261-5065

Volunteer Programs

Companion Program	609-261-1000
F.I.S.H. (Cinnaminson, Palmyra, Riverton, Delran, Riverside)	609-786-8404
Provides emergency assistance such as transportation, shelter, meal preparation and delivery, grocery shopping, laundry, and housekeeping for ill or elderly persons.	
Friendly Visitor Program	609-267-7417
Interfaith Caregivers (Moorestown, Maple Shade, Mount Laurel, Cinnaminson, Delran, Hainesport, Lumberton, Mt. Holly, Riverton, Riverside, Palmyra)	609-234-6698
Provides assistance to the elderly in the community. Services include transportation, shopping, light housekeeping, meals, respite care, and companion.	
R.S.V.P. (Retired Senior Volunteer Program)	609-877-6523

CAMDEN COUNTY

Adult Day Care Programs

Archway Medical Day Care Center (Berlin)	609-768-6797
Archway Medical Day Care Center (Camden)	609-766-1020
Archway Senior Activity Center (Collingswood)	609-438-5563
Camden County Senior Citizen Activity Day Care Center	609-963-3040 X 3206
Camden County Senior Citizens Medical Day Care Center	609-227-3000 X 3333
Camden Transitional Residence - Independent Service	609-346-1800
Jewish Geriatric Medical Day Care Center (Cherry Hill)	609-667-3100 X 35
North Camden Community Elders	609-346-4400

Financial Services

Camden County Welfare Board	609-757-8800
Camden County Food Stamp Program	609-757-8694
Home Energy Assistance Program	609-757-8800
Lifeline (Energy Credit) Program	800-792-9745
N.J. Bureau of Veterans' Assistance	609-845-1600 X 376
S.C.O.R.E. - Employment Service for retired people	609-757-5183
Social Security Office	800-272-1111

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

American Red Cross	609-365-7382
Camden City Health Department	609-757-7338
Camden County Health Department	609-662-6480
Camden County Office on Aging	609-933-1170
Camden County Medicaid District Office	609-757-2870
Camden County Medical Society	609-854-0900

Provides referrals to physicians in appropriate specialties.

Camden County Special Child Health Services	609-757-4458
Camden County Welfare Board	609-757-8800
Community Health and Nursing Services	609-854-0040
Food Stamps (Camden)	609-757-8694
Food Stamps (Gloucester Twp.)	609-768-0591
Food Stamps (Oaklyn)	609-757-8697
Gericare	609-541-5858

Volunteer homemaker aides, manpower workers, and drivers provide individual home health care transportation for medical appointments and shopping.

Home Health Aides (Camden City)	609-966-3500
Home Health Aides (Camden County)	609-767-2616
Senior Citizen Community Services	609-931-1722
Visiting Nurse & Health Association	609-365-5617

Hospice Services

Our Lady of Lourdes	609-757-3500
Community Health and Nursing Service of Greater Camden County, Inc.	609-854-0040

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Camden County Office on Aging	609-933-1170
Camden County Welfare Board	609-757-8800
Housing Authority	
Westfield Acres - Camden	609-966-3078

Cherry Hill	609-667-6360
Clementon	609-784-1134
Gloucester City	609-456-5075
Collingswood	609-845-1077
Ablett Village-Camden	609-963-8680
Housing Development (County)	609-541-7681
Housing & Urban Development (Camden)	609-757-5107
Senior Housing	
(Pine Hill) Chalet Apts.	609-627-1400
(Pine Hill) Mansions	609-627-3300
(Echelon Towers)	609-772-0904
First Baptist Manor (Pennsauken)	609-665-6225

Legal Services

Camden County Office of Consumer Affairs	609-757-8387
Investigates complaints from consumer and reports violations of the law to authorities.	
Judicare Program	609-466-1132
Senior Citizen Advocate Center	609-964-2010

Life Care Communities

Cadbury	609-667-4550
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Licensed Residential Health Care Facilities

B.J. Guest Home, Inc.	609-767-8653
Brookside Boarding Home	609-783-4023
Evelyn's Acres	609-767-0171
L. and S. Rest Home	609-767-1011
Rest A While	609-227-3798
Tom Lee Guest Home	609-784-4640

Meal Programs

For information on nutrition sites and home-delivered meals, contact:	
Camden County Office on Aging	609-933-1170
Camden County Nutritional Project (Administered by Salvation Army)	609-963-1255/609-963-1139
Senior Citizen Home Delivery Meal Program	
Stratford	609-346-1177
Merchantville	609-665-2997

Nursing Homes

Cadbury Health Care Center	609-667-4550
Camden County Health Services Center	609-227-3000
Care Inn of Voorhees	609-424-1222
Collingswood Manor	609-854-4331
Cooper River Convalescent Center	609-665-9111
Heritage House of Cherry Hill	609-795-3131
Jewish Geriatric Home	609-667-3100
Lakewood of Voorhees	609-346-1200
Leader N.J. Rehabilitation Center	609-428-6100
St. Mary's Catholic Home	609-424-9521
Stratford Nursing and Convalescent Center	609-784-2400

Senior Centers

For complete information on senior center locations and activities, contact:	
Camden County Office on Aging	609-933-1170

Social and Mental Health Services

Adult Activity Center (Cherry Hill)	
Mentally Retarded	609-667-8927
Adult Activity Center (Pennsauken)	
Mentally Retarded	609-662-3166
Adult Activity Center of Camden County (Berlin)	
Mentally Retarded	609-768-0587
Camden County Health Department	609-964-3300
Camcare	609-541-1700
Camden County Welfare Board	609-757-8800
Commission for the Blind (Camden)	609-757-2830
Community Elders Council of Camden	609-541-8742
Services include information and referral, supportive counseling, recreation and community involvement, accompaniment to business or agency appointments.	
Department of Human Resources	609-757-7498 or 7499
Referral, community complaints, notary public, assistance (with forms, bills, tickets), employment requests, emergency food distribution, landlord problems, consumer information, and more.	
El Centro (Center for Catholic Social Services)	609-964-2133
Provides information and referral, family counseling, emergency assistance. Special attention to the needs of the Spanish speaking population.	
Family Counseling Service (Camden)	609-964-1990
Good Samaritan Center (Camden City-emergency food and clothing)	609-963-0857
Guidance Center of Camden County	609-428-1300
Hispanic Health and Mental Health Program	609-541-6985
Crisis Intervention	609-428-4357
Jewish Family Service of Southern N.J.	609-964-0030
Mental Health Association of Camden County	609-966-6767/966-0600
Puerto Rican Unity for Progress (Camden)	609-541-1418
Social Services, employment and housing	
Senior Citizens United Community Services	
Waterford & Voorhees Areas	609-931-1722
Transitional Residency Independence Service, Inc. (TRIS)	609-346-1800
Programs for former psychiatric patients.	

Transportation Services

For information on transportation services, escort services, and discounts, contact:

Camden County Office on Aging	609-933-1170
CONTACT "609", Inc. Reassurance Contact	609-428-2900/609-667-3000
Hotline crisis intervention service, and referral to community agencies.	
AmbiVan	609-547-1117
American Medi-Wheels Inc.	609-786-1400
Camden County Welfare - Medical Transportation Unit	609-757-6928
The Lower County Medical Program	609-768-3087/609-931-1724
Transportation to a medical appointment	
Vocational Rehabilitation	609-966-2893

Volunteer Programs

Retired Senior Volunteer Program (R.S.V.P.)	609-964-7787
Refers seniors to agencies needing volunteer help.	
Volunteer Friendly Visitors	609-429-5091
Provides volunteers to visit homebound persons.	

CAPE MAY COUNTY

Adult Day Care Programs

Archway Medical Day Care	609-729-3597
Mental Health Services of Cape May County	609-465-4100

Financial Services

Cape May County Welfare Board	609-729-9200
Cape May County Food Stamp Program	609-729-9200
Cape May Human Resources	609-729-4902
Home Energy Assistance Program	609-729-9200
Lifeline (Energy Credit) Program	800-792-9745
N.J. Bureau of Veteran's Assistance	609-886-2762
Social Security Office	800-272-1111

Health Services

For information on homemaker/home health services, hospitals and nursing homes, contact:

Cape May County Department of Health	609-465-7911
Cape May County Department of Aging	609-886-2784
Cape May County Welfare Board	609-729-9200
Cape May Medicaid District Office	609-696-6560
American Red Cross	609-465-7382
Cape May Special Child Health Services	609-465-7911
Holy Redeemer Visiting Nurses and Home Health Agency	609-465-2082
Jersey Cape Visiting Homemakers, Inc.	609-886-8988 or 0188

Housing Services

For information on senior citizen housing, boarding homes and adult foster care programs, contact:

Cape May County Department of Aging	609-886-2784
Cape May County Welfare Board	609-729-9200
Housing Authorities	
Cape May	609-884-8703
Ocean City	609-399-1062
Wildwood	609-729-0220
Energy Weatherization	609-465-4531

Legal Services

For information on services for the elderly, contact:

Cape May County Department of Aging	609-886-2784
Cape May/Atlantic Legal Services	609-465-3001
Surrogate's Office	609-465-7111 X 223

Licensed Residential Health Care Facilities

East Creek Manor	609-861-2627
Lavendar Hall	609-522-5413
Tracey House	609-399-0719

Meal Program

Friendship Foods	609-399-2988
Nutrition Program and Mobile Meals	609-886-1158

Nursing Homes

Cape May Care Center	609-465-3161
Crest Haven	609-465-7911
Eastern Shore Nursing and Convalescent Center	609-465-2260

Lutheran Home at Ocean View	609-263-6881
South Cape Nursing Home, Inc.	609-465-5335
Wesley Manor	609-399-8505

Senior Centers

Cape May County Senior Citizens Activities	
Airport Center	609-886-5161
Howard Stainton Center	609-399-0055
Upper Township Center	609-390-9409
North Wildwood Center	609-522-7611
Victorian Towers	609-884-5624
For information on Senior Citizens contact Cape May	
Department of Aging	609-886-2784

Social and Mental Health Services

Cape May County Counseling Services	609-886-8070
Cape May County Welfare Board	609-729-9200
Catholic Social Services	609-465-9666 or 884-5624
Marmora Family Service Association	609-390-3340
Mental Health Services of Cape May County	609-465-4100
Senior Adults Gaining Education and Stimulation	609-465-7857

Telephone Services

First Call for Help	609-729-2255
County-wide information and referral services.	

Transportation Services

Cape May County Department of Transportation	609-886-2011
Cape May County Escort Services	609-886-2011

CUMBERLAND COUNTY

Adult Day Care Programs

Archway Day Care Center	609-691-3756
Cumberland County Senior Citizens Day Care Center	
(Social and Medical)	609-455-5621

Financial Services

Cumberland County Welfare Board	609-691-4600
Cumberland County Food Stamp Program	
Vineland Office	609-691-4600
Millville Office	609-327-0114
Bridgeton Office	609-451-7000
Home Energy Assistance Program	
Bridgeton	609-451-7000
Vineland	609-691-4600
Lifeline (Energy Credit) Program	800-792-9745
N.J. Bureau of Veteran's Assistance	609-455-2743
Rental Assistance	
Vineland	609-691-4099
Bridgeton	609-451-2899
Millville and other Areas	609-825-5238
Social Security Office	800-272-1111

Health Services

For information or homemaker and home health services, hospitals and nursing homes, contact:

Bridgeton Area Health Services Program	609-451-4700
Cumberland County Office on Aging and Disabled	609-451-8000 X 357
Cumberland County Welfare Board	609-691-4600
Cumberland County Medicaid District Office	609-696-6560
Cumberland County Dental Program	609-451-8000 X 371
Cumberland County Health Department	609-451-8000 X 271
Cumberland County Medical Society	609-696-9212
Cumberland County Special Child Health Services	609-691-2265
American Red Cross	609-455-0220
Cumberland County Homemaker-Home Health Aide Service	609-691-5755
Home Rehabilitation Programs	
Bridgeton	609-455-3230 X 257
Milleville	609-825-7000
Vineland	609-691-3000 X 253
Vineland Community Nursing Services	609-451-8000 X 378

Hospice Service

Cumberland County Hospice Program	609-691-9000 X 6369 or 825-5377
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Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Cumberland County Office on Aging and Disabled	609-451-8000 X 357
Cumberland County Welfare Board	609-691-4600
Bridgeton Housing Authority	609-451-4454
Millville Housing Authority	609-825-8860
Redeemer Lutheran Housing Authority	609-696-0896
Vineland Housing Authority	609-691-4099
Boarding Home Concerns	609-691-4600 or 800-792-8672

Legal Services

Cumberland County Senior Citizens' Advocate Center	609-451-8000
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Licensed Residential Health Care Facilities

Holly Manor	609-785-0311
Manor House	609-825-6301
Pleasant Acres Manor	609-692-1573

Meal Programs

County Nutrition Program for the Elderly	609-451-8000 X 357
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Nursing Homes

Bishop McCarthy Residence	609-692-2850
Cumberland Manor	609-455-8000
Malloy Nursing Center	609-455-2100

Senior Centers

For information on senior centers, call:

Cumberland County Office on Aging and Disabled	609-451-8000 X 357
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Social and Mental Health Services

Catholic Social Services	
Bridgeton	609-451-1319
Vineland	609-681-1841

Cumberland County Welfare Board	609-691-4600
Cumberland County Guidance Center	609-327-2222
Cumberland County Senior Citizens Advocate Center	609-451-0003
R.S.V.P.	609-451-8000 X 354

Telephone Services

Tel-Assure	609-451-8000 X 357
Newcomb Hospital Lifeline	609-691-9000 X 6432
Phone-A-Medic	609-825-7393

Transportation Services

County Senior Bus	
Office on Aging	609-455-8300
Vineland Residents Only	609-696-4414

Volunteer Programs

Cumberland County Office on Aging and Disabled	609-451-8000 X 357
Foster Grandparents Program	609-696-6104
Our Lady's Help of Christians	609-825-0897
Retired Senior Volunteer Program (R.S.V.P.)	609-451-8000 X 354
St. John's Bosco Helping Hands	609-825-1207

ESSEX COUNTY

Adult Day Care Programs

Chancellor House Beth Israel Medical Center	201-926-7026
Daughters of Israel Adult Day Care Center and Medical Day Care Center	201-731-5100
Emmanuel Senior Day Center	201-923-3333
Garden State Health Care Center Medical Day Care Program	201-677-1500
Mt. Carmel Guild Adult Day Care Program	201-624-2405 X 10
Newark Health and Extended Care Medical Care Center	201-483-6800
Newark Housing Authority Adult Day Care	
Stella Wright Homes	201-643-0304
Bishop Walsh Homes	201-643-0304
Prospect House (East Orange)	201-674-8067
Theresa Grotta Center for Restorative Services	201-736-2000
Turning Point (Verona)	201-239-9400

Dental Services

Bloomfield Health Department	201-743-4400 X 350
College of Medicine and Dentistry	201-456-4178
Dayton Community Health Center	201-242-1900
Geriatric Health Service - Newark Day Center	201-643-5710
For more information on dental programs available, contact:	
Essex County Division on Aging	201-678-9700

Financial Services

Essex County Welfare Board	201-733-3000
Essex County Food Stamp Program	201-733-2400
Home Energy Assistance Program	201-733-3000
Lifeline (Energy Credit) Program	800-792-9745
N.J. Bureau of Veterans' Assistance	201-648-2849
Social Security Office	800-272-1111

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Essex County Division on Aging	201-678-9700
Essex County Welfare Board	201-733-3000
Essex County Medicaid District Office	201-648-2470
American Red Cross	201-676-1616
Essex County Medical Society	201-672-1816

Provides referrals to physicians in appropriate specialties.

Essex County Special Child Health Services	201-751-6630
Catholic Community Services	201-624-2405

Provides diagnostic and rehabilitative services to those with communications disorders, and to the deaf and visually handicapped.

Get Well Cupboard	201-672-9700
Sponsored by Orange Council of Church Women United. Offers free loan of sickroom supplies to those unable to pay.	

Community Nursing Service of Essex and West Hudson	201-673-0158
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Community Nursing Service of Montclair	201-746-1525
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East Orange Health Department	201-266-5484
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Geriatric Health Service	201-643-5710
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Neighborhood Association of Millburn, Visiting Nurse Service	201-376-0433
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Nursing Service, Town of Nutley	201-667-2800
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Patient Care Medical Services, Inc.	201-325-3330
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Vial of Life

Contact local health department.

West Essex Community Health Services, Inc.	201-228-5540
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Hospice Services

Hospice, Inc.	201-783-7879
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West Essex Community Health Services	201-228-5540
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Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Essex County Division on Aging	201-678-9700
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Essex County Welfare Board	201-733-3000
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Catholic Community Services Housing Office	201-482-0100 X 21
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Offers comprehensive housing counseling to the socially and economically disadvantaged.

Catholic Community Services St. Martha's Residence	201-482-1566
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Provides a semi-permanent home for persons in need of sheltered care and offers supportive services to the residents.

Legal Services

Community Health Law Project	201-672-5012
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Essex County Legal Aid Association	201-622-1513
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Essex County Legal Services Corporation	201-672-3838
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Provides legal services to eligible persons of Essex County. There is a special program to educate seniors on their legal rights.

Nursing Home Advocacy Program of Essex County	201-673-0662
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Provides reliable and consistent information about long-term care to consumers and professionals in Essex County.

Licensed Residential Health Care Facilities

Belleville Rest Home	201-759-3474
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Brewster Guest House, Inc.	201-485-2415
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Carmen Rest Home	201-744-4656
Charles Bierman Home, Inc.	201-744-6333
Colonial Sheltered Care Home	201-743-4143
East Park Rest Home	201-675-9650
Fellowship House	201-748-9493
Lenox Hall	201-673-5665
Lincoln Manor	201-678-7873
Lopez Boarding Home I	201-676-0039
Lopez Boarding Home II	201-674-3433
Mitchell Boarding Home	201-674-9258
Montclair Sanitarium	201-746-9047
The Montcliff	201-746-0746
Mother Seton Residence	201-746-1270
Shiloh Homes, Inc.	201-673-1083
South Street Home	201-643-3784
Suburban Residential Home	201-746-7896
The Village Manor, Inc.	201-731-7492
Walden East, Inc.	201-678-2180
Walden House	201-485-7648
The Willows	201-744-1999

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Essex County Division on Aging 201-678-9700

Nursing Homes

Cedar Grove Manor	201-239-7600
Daughters of Israel	201-731-5100
East Orange Nursing Home	201-672-1700
Essex County Geriatrics Center	201-751-7200
Garden State Health Care Center	201-677-1500
Hartwick West Nursing Home	201-256-7220
Hazelrest Manor Nursing Home, Inc.	201-743-2366
Hospitality Care Center	201-484-4222
Job Haines Home for Aged People, Inc.	201-743-0792
The Madison Nursing Home	201-783-4502
Memorial Center for Women	201-731-2300
New Community Extended Care Facility	201-399-3400
Newark Health and Extended Care Facility, Inc.	201-483-6800
Northfield Manor Nursing Home	201-731-4500
Parklane Nursing Home, Inc.	201-748-4074
Reformed Church Home	201-371-7171
St. Vincent's Nursing Home	201-746-4000
Theresa Grotta Center for Restorative Services	201-736-2000
Waterview Nursing Home	201-239-9300
White House Nursing Home, Inc.	201-672-6500

Senior Centers

For information on locations of senior centers within the county, contact:

Essex County Division on Aging 201-678-9700

Social and Mental Health Services

Essex County Welfare Board	201-733-3000
Essex County Guidance Center	201-961-7652
Catholic Social Services C.M.H.C.	201-624-2405

Community Mental Health Services for Belleville	
Bloomfield and Nutley	201-751-1630
Family Life Planning	201-751-5566
Community Psychiatric Institute (East Orange)	201-673-3342
Family Service Bureau of Newark	201-624-0913
Belleville Office	201-759-1090
West Hudson Office	201-991-1467
Family Service and Child Guidance	
of the Oranges, Maplewood and Milburn	201-675-3817
Family Service of West Essex	201-228-5585
Livingston Office	201-992-9040
Irvington Mental Health Center	201-399-3132
Sponsors Senior Outreach Service, providing counseling, information and referral, advocacy, and supportive volunteer services.	
Low Cost Psychotherapy Plan, Inc. (East Orange)	201-677-2505
Mental Health Association of Essex County,	
Prospect House (East Orange)	201-677-1540
Montclair-West Essex Guidance Center	201-744-6522
Mt. Carmel Guild Guidance Institute (Newark)	201-482-0100
New Community Corporation	201-399-3400
Provides transportation, health services and social work service.	
N.J. Medical School C.M.H.C. (Newark)	201-456-4683
Nutley Family Service Bureau	201-667-1884
Project A.S.E.T., Educational Improvement Center	201-731-8400
Certified counseling and teaching staff offers socialization services to the adult mentally handicapped, emotionally disturbed and educable retarded, residing in East Orange and its environs.	
United Community Corporation	201-484-8820
Provides direct service and advocacy for low income residents, sponsors senior centers, emergency assistance, and escort service.	

Telephone Services

Central Essex Phone Alert	201-677-9271
Reassurance calls, information and referral, emergency assistance and counseling.	
CONTACT Union - Essex Helpline	201-527-0555
Telephone counseling for the lonely, depressed, and suicidal.	
Information Central	201-678-3666, 67
Information and Referral Service (R.S.V.P.)	
Orange	201-678-3314
Irvington	201-372-2151
Newark Emergency Services for Families Hotline	201-824-0013
Newark Housing Authority	201-243-6300
Daily reassurance calls to the elderly and handicapped of Newark.	
Senior Citizens Hotline - Newark Day Center	201-622-1977
Tel-Med Health Information Service	201-751-7000

Transportation Services

For information on transportation services, escort services and discounts, contact:

Essex County Division on Aging	201-678-9700
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Volunteer Services

Retired Senior Volunteer Program (R.S.V.P.)	201-673-0640
Refers seniors to agencies needing volunteer help.	

GLOUCESTER COUNTY

Adult Day Care Program

Guardian Adult Day Care 609-881-6495

Financial Services

Gloucester County Welfare Board 609-848-9550
Gloucester County Food Stamp Program 609-848-9550
N.J. Bureau of Veterans' Assistance 609-845-1600 X 376
Social Security Office 800-272-1111
Lifeline (Energy Credit) Program 800-792-9745
Home Energy Assistance Program 609-848-9550

Health Services

For information on homemaker/home health services, hospitals and nursing homes, contact:

Gloucester County Department on Aging 609-853-3312
Gloucester County Welfare Board 609-848-9550
Gloucester County Medicaid District Office 609-845-7185
Gloucester County Health Department 609-845-1600
Information on health clinics, medical screening centers, and public health nursing.
Gloucester County Medical Society 609-845-1310
Provides referral service in the specialty and geographical area desired.
American Red Cross 609-845-8500
Catholic Social Services 609-845-9200
Community Mental Health Services 609-845-8050
Gloucester County Special Child Health Services 609-589-7800
Gloucester County Visiting Nurses Association 609-845-0460
Visiting Homemakers, Home Health Aide 609-845-0909
Visiting Nurse Association 609-853-0010

Housing Services

For information on senior citizen housing, boarding homes and adult foster care programs, contact:

Gloucester County Department on Aging 609-845-1600 X 270
Gloucester County Welfare Board 609-848-9550

Legal Services

For information on services for the elderly, contact:

Gloucester County Department on Aging 609-853-3312
Gloucester County Legal Services 609-848-5360

Life Care Communities

Pitman Manor, Methodist Congregate Homes of New Jersey 609-589-7800

Licensed Residential Health Care Facilities

Amis Acres I 609-697-2686
Amis Acres II 609-697-2686
Cedars Boarding Home 609-468-6824
Evergreen House 609-468-1719
Family Residential Center 609-629-1702
Green Pines Rest Home 609-423-0045
Malaga Hill Residential Health Care Estate 609-728-0679
Shady Oaks Rest Home 609-848-6317
Stukes Rest Haven 609-629-9891
Virginia's Rest Home 609-478-6281
Wedgwood Americana 609-881-5195

Meal Programs

Nutrition Project of Gloucester County 609-468-1245

Nursing Homes

Greenbriar East 609-845-9400
Greenbriar Nursing and Convalescent Center 609-848-7400
Pinecrest Nursing and Convalescent Home 609-468-2500
Pitman Manor 609-589-7800
Shady Lane 609-423-0020

Other Services

For information on Meal Programs, Senior Centers, Social and Mental Health Services, Telephone and Transportation Services, and on Volunteer Programs, contact:

Gloucester County Department on Aging 609-853-3312
Gloucester County Welfare Board 609-848-9550
Information and Referral 609-845-4308

HUDSON COUNTY

Adult Day Care Programs

Academy House Project New Direction (Jersey City) 201-656-5266
Jewish Hospital and Rehabilitation Center 201-451-9000
Mt. Carmel Guild (Jersey City) 201-332-4365
(Union City) 201-864-0270
St. Ann's Home for the Aged, Medical Day Care Center 201-433-0950

Dental Services

Dental Program 201-456-4242
Dentist Service for Hudson Co. 201-432-1000 X 216
Hudson Co. Dental Prog. for the Indigent Elderly 201-656-5265

Financial Services

Hudson County Division of Welfare 201-420-3000
Hudson County Food Stamp Program 201-420-3000
Home Energy Assistance Program 201-420-3000
Lifeline (Energy Credit) Program 800-792-9745
N.J. Bureau of Veterans' Affairs 201-433-6886
Social Security Office 800-272-1111

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Hudson County Office on Aging 201-434-6900
Hudson County Division of Welfare 201-420-3000
Hudson County Medicaid District Office 201-433-8011
Hudson County Medical Society 201-798-0600
Provides referrals to physicians in appropriate specialties.
Hudson County Special Child Health Services Case
Management Unit 201-451-9000 X 288
Jersey City Health Center 201-547-5000
Preventive health care program for the elderly.
American Red Cross 201-436-8600
Catholine A. Gibbs Memorial Health Center 201-333-0094

Bayonne Visiting Nurse Association	201-339-2500
Christ Hospital Home Health	201-795-8484
Community Nursing Service of Essex and West Hudson	201-673-0158
Homemakers Upjohn	
East Orange	201-674-4626
Hackensack	201-487-4400
Jersey City Visiting Homemaker	201-434-3521
Public Health Nursing Service (Hoboken)	201-792-3000
Public Health Nursing of Jersey City	201-547-4330
Quality Care Nursing Service (Hackensack)	201-487-5666
West Orange	201-675-6622
Senior Citizens Chore Services	201-434-3521
Union City Public Health Nursing Service	201-348-5614
Visiting Homemaker Services of H.C.	201-434-3531

Hospice Services

Christ Hospital Home Health Service	201-795-8444
Hudson Hospice, Inc.	201-433-6225

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Hudson County Office on Aging	201-434-6900
Hudson County Division of Welfare	201-420-3000
Housing Authority of the City of Jersey City	201-547-6600
Directs residents of Jersey City to senior housing.	
Catholic Community Services Housing Office	201-482-0100

Legal Services

Hudson County Legal Services Corporation	201-792-6363
Hudson County Legal Protection Service for Elderly	201-432-6960

Licensed Residential Health Care Facilities

Dangren's Guest Home for Aged	201-991-9282
Jersey City Sheltered Boarding Home	201-332-1700

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Hudson County Office on Aging	201-434-6900
Meals on Wheels (Hudson County)	201-434-3531

Nursing Homes

Berthold S. Pollak Hospital	201-432-1000
Harbor View Health Care Center	201-963-1800
Home for Aged Women	201-333-4424
Hudson County Meadowview Hospital	201-863-5100
Hudson Manor Skilled Nursing Facility	201-861-4040
Jewish Hospital and Rehabilitation Center	201-451-9000
Liberty House Nursing Home	201-435-0033
Lutheran Home at Jersey City	201-659-7540
Palisade Nursing Home	201-868-3600
St. Ann's Home for the Aged	201-433-0950
St. Joseph's Home for the Blind	201-653-8300
West Hudson Hospital	201-991-3400

Senior Centers

For locations of senior centers within the county, contact:

Hudson County Office on Aging	201-434-6900
Hoboken Comprehensive Program for the Elderly	201-420-2054
Jersey City Department of Human Resources, Division of Senior Affairs	201-547-5269 or 5271

Social and Mental Health Services

Hudson County Division of Welfare	201-420-3000
Bayonne C.M.H.C.	201-339-9200
Catholic Community Services C.M.H.C. Jersey City	201-332-4365
Union City	201-864-0270
Hudson County Mental Health Association Academy House	201-656-8722
Community Mental Health Center for Elderly	201-795-8379
Hudson County Health & Social Services	201-863-5100 X 261
North Hudson Community Action Program	201-866-2255
Provides a wide range of social case work services to the North Hudson Community.	
P.A.C.O.	201-963-8282 X 32
A multi-service center focusing on the needs of the Spanish speaking community.	
St. Mary's C.M.H.C.	201-792-3300

Telephone Services

First Call for Help	201-434-2628
Information and referral to public and voluntary agencies.	
Hudson County Office on Aging	201-434-6900
Hoboken Comprehensive Program for the Elderly	201-420-2054
Provides telephone reassurance calls to residents of Hoboken who are homebound.	

Transportation Services

For information on transportation services, escort services, and discounts,
contact:

Hudson County Office on Aging	201-434-6900
Jersey City Department of Human Resources	201-547-5269

Volunteer Programs

Retired Senior Volunteer Program (R.S.V.P.)	201-434-6900
Refers seniors to agencies needing volunteer help.	
Senior Companion Program	201-451-9000 X 293-294
Provides senior citizens with a regular volunteer companion.	
Foster Grandparent Program	201-332-4265

HUNTERDON COUNTY

Adult Day Care Program

Hunterdon County Adult Day Care Center	201-782-8080
Pace	609-683-0083

Financial Services

Hunterdon County Welfare Agency	201-788-1300
Hunterdon County Food Stamp Program	201-788-1330
N.J. Bureau of Veterans' Assistance	201-859-0907

Social Security Office	800-272-1111
Lifeline (Energy Credit) Program	800-792-9745
Home Energy Assistance Program	201-788-1300

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Hunterdon County Office of Aging	201-788-1363 or 1362
Hunterdon County Division of Welfare	201-788-1300
Hunterdon County Medicaid District Office	201-782-1130
Hunterdon County Medical Society	201-735-4426
Provides referral service to physicians in appropriate specialties.	
American Red Cross	201-782-4121
Hunterdon County Special Child Health Services	
Case Management Unit	609-984-6558
Community Health Services - Hunterdon	
Medical Center	201-782-2121 X 435

Hospice Services

Hunterdon Hospice	201-788-3050
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Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Hunterdon County Office on Aging	201-788-1362
Hunterdon County Division of Welfare	201-788-1300
Norwescap	201-782-0612

Legal Services

Hunterdon County Legal Services	201-782-7979
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Licensed Residential Health Care Facilities

Frenchtown Rest Home	201-996-2965
Lea's Rest Home	201-996-2819
Little Haven Boarding Home	609-397-1551
Newton's Guest Home for Aged	201-537-4113
Newton's Guest Home - Reaville	201-782-5576

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Hunterdon County Office on Aging	201-782-3333
Meals on Wheels	201-782-1252
Nutrition Service Program	
(Hunterdon Medical Center Dietary Department)	201-782-6761
Provides diet counseling service to those referred by physicians or others.	

Nursing Homes

Glen Gardner Geriatric Center	201-537-2141
Hunterdon Hills Nursing Home	201-537-2717
Little Brook Nursing & Convalescent Home	201-832-2220
Stone Arch Health Care Center	201-735-6600

Senior Centers

Hunterdon County Office on Aging	201-782-3333
Multi-Purpose Senior Center	201-788-1359

Social and Mental Health Services

Hunterdon County Division of Welfare 201-788-1300
Community Mental Health Center 201-782-2121 X 341

Telephone Services

Adult Helpline Service 201-782-8255
An off-hour telephone service providing information or help when agency
offices are closed.
Telephone Assurance 201-782-4357
A telephone service to monitor the well-being of the homebound.

Transportation Services

For information on transportation services, escort services, and discounts,
contact:
Hunterdon County Office on Aging 201-782-3333
Pioneer on Wheels 201-782-7241
Free transportation for errands, medical visits, shopping, and social agency
appointments.

Volunteer Programs

Foster Grandparent Program 201-735-4031
Volunteer Friendly Visitor Program 201-782-6415
Provides trained volunteers to visit homebound people in the community.

MERCER COUNTY

Adult Day Care Programs

Adult Day Care of Princeton 609-683-0083
Archway Medical Day Care 609-393-3427
Mercer Medical Center - Adult Day Care 609-394-4387
Mercer St. Friends Center 609-989-0095
PACE 609-683-0083

Financial Services

Mercer County Welfare Board 609-989-4310
Mercer County Food Stamp Program 609-989-4310
N.J. Bureau of Veterans' Assistance 609-292-5881
Social Security Office 800-272-1111
Lifeline (Energy Credit) Program 800-792-9745
Home Energy Assistance Program 609-989-4310

Health Services

For information on homemaker and home health services, hospitals and nursing
homes contact:
Mercer County Office on Aging 609-989-6661
Mercer County Welfare Board 609-989-4310
Mercer County Medicaid District Office 609-292-7315
Mercer County Medical Society 609-882-1048
Provides referral to physicians in appropriate specialties.
American Red Cross 609-924-2404
Mercer County Special Child Health Services 609-882-1475 X 31
Mercer Street Friends Center Respite Care Demonstration 609-396-1507
Alan Health Care Services 609-587-4415
Department of Community Health Services,
The Medical Center at Princeton 609-734-4626

Friends Home Health Care	609-396-1507
People Care	609-924-8334
Princeton Homemakers	609-452-9150
Quality Care	609-392-2626
Upjohn Health Care Service	609-396-3000
Visiting Nurse Association of Trenton, Inc.	609-695-3461

Hospice Services

Mercer Medical Center Hospice	609-394-4147
Supportive Care Program, The Medical Center at Princeton	609-734-4626

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Mercer County Office on Aging	609-989-6661
Mercer County Welfare Board	609-989-4310

Legal Services

Legal Aid Society of Mercer County	609-695-6249
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Life Care Communities

Meadow Lakes	609-448-4100
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Licensed Residential Health Care Facilities

Featherbed Lane Rest Home	609-466-1450
Goeke's Rest Home	609-585-9333
Hamilton Boarding Home	609-394-9597
Hightstown Rest Home	609-448-9894
Holly House	609-448-9893
Norwood Manor	609-452-8301
Pamid Rest Center	609-799-0614
St. Elizabeth Home	609-585-4660
Sunrise Rest Home	609-585-5858
Windsor Rest Home	609-448-1017

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Mercer County Office on Aging	609-989-6661
Princeton Area Council of Community Services	609-924-5865

Nursing Homes

Bellevue Care Center	609-396-2646
Ewing Parkway Nursing Home, Inc.	609-882-6900
F. W. Donnelly Memorial Hospital	609-989-6932
Greenwood House, Sons & Daughters of Israel, Inc.	609-883-5391
Lawrenceville Nursing Home	609-896-1494
Meadow Lakes Nursing Facility	609-448-4100
Medical Center at Princeton (Merwick Unit)	609-921-7700
Mercer Care Center	609-586-1114
Mercerville Nursing Center	609-586-7500
Morris Hall Home for the Aged	609-896-0006
Odd Fellows Home of New Jersey	609-394-5443
Princeton Nursing Home	609-924-9000
Sunlawn Nursing Home	609-448-0528

Senior Centers

For information contact:

Mercer County Office on Aging	609-989-6661
Cadwalader Cottage Senior Citizens Center	609-989-3461
Chambersburg Community Center	609-989-3462
Columbus Park Senior Citizens Center	609-989-3463
East Trenton Center	609-695-4067
East Ward Senior Citizens Center	609-989-3467
E.C.H.O. (Elderly Communication Help Outreach)	609-695-4151
Ewing Neighborhood Service Center	609-882-0856
Hamilton Township Senior Citizens Recreation Center	609-890-3787
Hightstown - East Windsor Community Education Center	609-448-3660
James Abbott Senior Citizens Center	609-989-3760
Jewish Community Center	609-883-9550
John A. Wilson Neighborhood Services Center	609-393-6480
Louis Josephson Senior Citizens Center	609-989-3760
Monsignor Lipinski Senior Citizens Center	609-989-3465
North Trenton Senior Citizens Center	609-989-3464
Princeton Senior Citizens Center	609-924-7108
Salvation Army	609-599-9373
Senior Citizens Resourse Center	609-394-3232
Southward Community Center	609-989-3466
Urban League Senior Citizens Center	609-392-1943
West Windsor Township Senior Citizens Center	609-799-2400

Social and Mental Health Services

Mercer County Welfare Board	609-989-4310
Catholic Welfare Bureau - Family and Community Services (Hightstown) ..	609-443-1569
Catholic Welfare Bureau Guidance Clinic (Trenton)	609-394-5181
Christopher House Catholic Welfare Bureau (Trenton)	609-396-4557
Community Guidance Center of Mercer County	
Trenton Office	609-695-8542
Whitney Center/Princeton	609-924-2896
Hamilton Township	609-587-7044
Crisis Intervention Unit Helene Fuld Hospital	609-396-4357
Provides 24 hour on-site psychiatric services to prevent hospitalization.	
Family Service Agency of Princeton	609-924-2098
East Windsor/Hightstown	609-448-0056
Family Service Association (Trenton)	609-393-1626
Jewish Family Services of Greater Mercer County	
Trenton	609-882-9317
Windsor	609-393-1626
Lutheran Social Services of New Jersey	609-890-0410
Support Groups - For up-to-date list contact:	
Office on Aging	609-989-6661
Trinity Counseling Service (Princeton)	609-924-0060
Volunteers of America	609-695-6432
These agencies distribute clothing and household furnishings to the needy:	
Hightstown - East Windsor Service Center	609-443-4464
The Salvation Army - Trenton	609-599-9373

Telephone Services

CONTACT Mercer County

A 24 hour, toll-free hotline (voice or TDD/TTY) to anyone in crisis or with a problem who needs to talk. Provides reassurance calling service to the elderly.

Hightstown	609-585-2244
Trenton/Princeton/Hopewell	609-896-2120

Bordentown/Morrisville 609-888-2111

Transportation Services

For information on transportation services, escort services, and discounts,
contact:

Mercer Office on Aging 609-989-6661
Senior Citizen Program (Mercerville) 609-890-3787
Mercer County Trade 609-989-6432

Volunteer Programs

For information on volunteer programs, contact:

Mercer County Office on Aging 609-989-6661
Mercer County Trade
Transportation Resources to aid Disadvantaged and Elderly 609-989-6432

MIDDLESEX COUNTY

Adult Day Care Programs

Raritan Bay M.H.C. Project New Life 201-442-1666
Strawberry Hill Seniors Day Center 201-634-3939
Summerhill Medical Day Care Center (Old Bridge) 201-254-8200
The Club-Rutgers C.M.H.C. 201-463-4375

Dental Services

In-Home Dental Program for the Homebound 201-821-9400
J.F.K. Medical Center Dental Clinic 201-321-7608
Middlesex General Hospital Dental Service 201-937-8653

Financial Services

Middlesex County Welfare Board 201-745-3500
Middlesex County Food Stamp Program 201-745-3227
Home Energy Assistance Program 201-745-3712
Lifeline (Energy Credit) Program 800-792-9745
N.J. Bureau of Veterans' Assistance 201-846-4433
Social Security Office 800-272-1111

Health Services

For information on homemaker and home health services, hospitals and nursing
homes, contact:

Middlesex County Office on Aging 201-745-3295 or 3293
Middlesex County Welfare Board 201-745-3227
Middlesex County Medicaid District Office 201-246-0653
Middlesex County Medical Society 201-257-6800

Provides referral to physicians in appropriate specialties.

Middlesex General Hospital Home Health Program 201-937-8711
Mount Carmel Home Nursing Service 201-634-0807
Visiting Nurse Association of Middlesex County 201-821-9500
Woodbridge Division of Health, Public Health Nursing Services 201-634-4500 X 208

Hospice Services

Haven Program, JFK Medical Center 201-321-7000
Middlesex VNA 201-821-9500
St. Peter's Medical Center Hospice Program 201-745-8600

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Middlesex County Office on Aging	201-745-3295 or 3293
Middlesex County Welfare Board	201-745-3500
Community Outreach Program for Senior Adults, Shelter Clearinghouse	201-463-4767

Legal Services

Middlesex County Legal Services Corporation	201-249-7600
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Licensed Residential Health Care Facilities

Country View Care Center	201-446-7474
Gibbons Rest Home	201-521-1715
Kestler's Rest Home	201-521-1747
Lincoln Rest Center	201-521-0730
Ludwig's Boarding Home	201-521-2011
The Pamid Haven	201-521-1194
St. Joseph's Senior Residence	201-634-0004
Vestal Boarding Home	201-246-8094
Wood Haven Rest Home	201-521-3066
Zozwin Rest Home	201-521-2077

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Middlesex County Office on Aging	201-745-3295 or 3293
Meals on Wheels of Greater New Brunswick	201-249-3488
Nutrition Project for the Elderly	201-828-4707

Nursing Homes

Amboy Care Center	201-826-0500
Applegarth Care Center	609-448-7036
Birchwood Nursing and Convalescent	201-754-7100
Brunswick Park Nursing Home, Inc.	201-828-2400
Edison Estates, Inc.	201-985-1500
Emery Manor Nursing Home	201-566-6400
Oakview Nursing Home, Inc.	201-721-8200
Perth Amboy Nursing Home	201-442-9540
Roosevelt Hospital	201-321-6800
Summer Hill Nursing Home	201-254-8200
Sunnyfield Nursing Home	609-395-0641
The Elms Nursing Home	609-395-0725

Senior Centers

For information, contact:

Middlesex County Office on Aging	201-745-3295 or 3293
East Brunswick Senior Citizens Drop-In Center	201-370-6896
New Brunswick Senior Resource Center	201-745-5100
Old Bridge Senior Citizens Center	201-727-5565
Piscataway Senior Citizens Center	201-951-0800

Social and Mental Health Services

C.M.H.C. of Rutgers Medical School	201-564-4420
Family and Community Services of Catholic Charities	201-738-1323

Family Service Association of Middlesex County	
Highland Park	201-572-0300
Monroe Township	201-521-3744
New Brunswick	201-846-6465
Old Bridge	201-679-2666
Woodbridge	201-636-1699
Jewish Family Services (Highland Park)	201-257-4100
Jewish Family Service of Northern Middlesex	201-494-3923
Middlesex County Welfare Board	201-745-3500
M.H.C. Catholic Welfare Bureau	201-257-6100
Middlesex County M.H.C.	201-727-6000
Raritan Bay M.H.C.	201-442-1666

Transportation Services

For information on transportation services, escort services, and discounts,
contact:

Middlesex County Office on Aging 201-745-3295 or 3293

Volunteer Programs

Retired Senior Volunteer Program (RSVP)	201-828-8668
Supportive Parent Aide Network (SPAN)	201-548-0730

MONMOUTH COUNTY

Adult Day Care Programs

John L. Montgomery Medical Home	201-431-7420
Monmouth Medical Center Pathways	201-222-5440

Financial Services

Monmouth County Board of Social Services	201-431-6000
Monmouth County Food Stamp Program	201-431-6000
N.J. Bureau of Veterans' Assistance	201-775-7009
Social Security Office	800-272-1111
Lifeline (Energy Credit) Program	800-792-9745
Home Energy Assistance Program	201-431-6000

Health Services

For information on homemaker and home health services, hospitals and nursing
homes, contact:

Monmouth County Office on Aging	201-431-7450
Monmouth County Board of Social Services - Health Services Unit	201-432-6110
Monmouth County Medicaid District Office	201-775-5700
Monmouth County Medical Society	201-776-5740
Provides referrals to physicians in appropriate specialties.	
Monmouth County Case Management Unit Special Child Health Services	201-972-1710
American Red Cross	201-741-3443
Monmouth County Center, Geriatric Assessment Program	201-870-5118
Long Branch Public Health Nursing Association, Inc.	201-229-0816
MCOSS Nursing Services, Inc.	201-747-1204

Hospice Services

Freehold Area Hospital Hospice	201-431-2000
Jersey Shore Medical Center Hospice	201-775-5500
Long Branch PHN Association	201-229-0816

MCOSS Nursing Service	201-747-1204
Monmouth Medical Center Oncology	201-222-5200
Perth Amboy General Hospital Hospice	201-442-3700
Riverview Hospital Hospice	201-741-2700

Housing Services

For information on services for the elderly, contact:	
Monmouth County Office on Aging	201-431-7450
Monmouth County Welfare Agency Rental Assistance Program	201-431-6247

Legal Services

Legal Aid Society of Monmouth County	201-775-0538
Ocean/Monmouth Legal Services, Inc.	201-341-2727

Licensed Residential Health Care Facilities

ABJO Villa, Inc.	201-787-2800
Anchor Home for the Aged	201-229-1571
Asbury Carlton Hotel	201-774-4200
The Chelsea Rest	201-222-8125
Cliffwood Boarding Home	201-566-6230
Colonial Acres	609-259-2892
Crestwood Manor Rest Center	201-449-4746
Eaton Villa	201-542-2365
Fisher's Boarding Home	201-264-9374
Freehold Rest Home	201-780-9115
Gill Boarding Home	201-774-6788
Golden Age Rest Home, Inc.	201-462-0867
Green Lawn Rest Home	201-446-3615
Howell Haven Home for Aged	201-938-5166
The James House	201-774-8593
Kelly's Boarding Home	201-681-0461
Leisure Villa	201-462-1146
Lugene's Boarding Home	201-229-3674
M and M Rest Home	201-446-9884
Maplerest Rest Home	201-229-1200
Millhurst Rest Haven	201-462-6090
Oceanview Manor Rest Home	201-787-9655
Pineland Rest Home	201-446-3460
Pineview Manor Rest Home	201-446-6608
Renaissance Residential Health Care	201-946-8137
Riverview Lodge	201-741-9638
The Rockwell Rest	201-229-2868
Shoreview Corp.	201-775-9707
Shrewsbury Manor	201-741-2059
South Shore Haven Rest Home	201-223-1952
Spring Lake Heights Rest Home	201-449-0600
Storer's Home, Inc.	201-536-3247
Sue Ann Rest Home	201-446-7946
Todd A Rest Home	201-229-0975
Tyler's Lane Boarding Home	201-591-1410
Wayside Residence	201-493-9829
The Willows	201-222-4916

Life Care Communities

King's Row	201-957-0083
The Navesink House	201-842-3400

Meal Programs

For information on nutrition sites and home delivered meals, contact:

Monmouth County Office on Aging 201-431-7450

Nursing Homes

Arnold Walter Nursing Home	201-787-6300
Atlantic Highlands Nursing Home	201-291-0600
Beachview Rest Home	201-787-8100
Brookdale Nursing Center	201-264-5800
Cliffside Health Care Center	201-566-8422
Eatontown Convalescent Center	201-542-4700
Francis Asbury Manor	201-774-1316
Freehold Convalescent Center	201-431-5200
Garden State Manor	201-264-3548
Geraldine L. Thompson Medical Home	201-449-2900
Grove Health Care Center	201-799-2700
Heritage Hall Nursing Home	201-922-9330
Hilltop Nursing Home	201-671-0177
Holmdel Convalescent Center, Inc.	201-946-4200
John L. Montgomery Medical Home	201-431-7420
King James Nursing Home	201-291-3400
Medicenter of Neptune City	201-774-8300
Medicenter of Red Bank	201-842-3800
Monmouth Conv-A-Center	201-229-4300
Mt. Pleasant Manor Nursing Home	201-566-4633
Neptune Convalescent Center	201-774-3550
New Ivy Nursing Home	201-671-0169
Ocean Grove Nursing Home	201-775-0554
Pine Brook Nursing Home	201-446-3600
Queen of Carmel Nursing Home	201-946-4991
Red Bank Convalescent Center	201-741-8811
Springview Nursing Home	201-780-0660
The Lodge Presbyterian Home of Southern NJ	201-922-1900
Tower Lodge Nursing Home	201-681-1400
Westwood Hall Hebrew Home	201-222-5277
Witmer House	201-229-4352

Senior Centers

For information on the location of senior centers within the county, contact:

Monmouth County Office on Aging 201-431-7450

Social and Mental Health Services

Community Services Council	201-938-2250
Monmouth County Board of Social Services	201-431-6000
Children's Psychiatric Center (C.P.C.) C.M.H.C.	
Eatontown	201-842-2000
Freehold	201-842-2000 or 201-542-3816
Red Bank	201-842-7030
Family and Children's Services of Monmouth County	201-222-9100
Provides supportive services, friendly visitor program, homemaker and home health aide services.	
Family and Community Services (F.A.C.S.) of the Catholic Welfare Bureau	201-747-9660
Jewish Family and Children's Services of Greater Monmouth County	
Asbury Park	201-774-6886
Manalapan	201-536-0050

Monmouth Center for Vocational Rehabilitation (Red Bank)201-530-0355
 Protective Services for the Elderly, Family and Children's Service
 (Long Branch).....201-222-1322
 Provides a range of social and legal services to help the frail elderly remain
 in the community.

Telephone Services

Helpline201-671-5250
 A service of Children's Psychiatric Center providing crisis intervention,
 information and referral.
 Monmouth County Board of Social Services
 Volunteer Unit Reassurance Calling201-431-6185

Transportation Services

For information in transportation services, escort services and discounts,
 contact:
 Monmouth County Office on Aging201-431-7450
 Monmouth County Board of Social Services Volunteer Unit201-431-6185
 Provides transportation services when other means of transportation are
 unavailable.
 Special Citizen Area Transportation (S.C.A.T.).....201-431-6480
 Provides a comprehensive network of minibus transportation to seniors
 throughout the county.
 American Red Cross201-741-3443
 Provides transportation to medical appointments with advance notice.

Volunteer Programs

F.I.S.H. of Monmouth County, Inc.201-739-1300
 Volunteers provide emergency assistance such as transportation, shelter,
 meal preparation and delivery, grocery shopping, laundry, and house-
 keeping for ill or elderly persons.
 Monmouth County Board of Social Services Volunteer Unit201-431-6185
 Recruits and trains volunteers for a number of programs: Mobil Meals,
 Nursing and Boarding Home Programs, Home Friends Program, C.B.
 Homebounders, and Adult Literacy.
 Retired Senior Volunteers Program (R.S.V.P.).....201-229-6900
 Refers seniors to agencies needing volunteer help.

MORRIS COUNTY

Adult Day Care Programs

Ironia201-584-1397
 Morris County Adult Day Care Center201-285-6641
 Morrisview201-829-8500
 Mental Health Association of Morris County
 Morris and Dover Social Club (Madison)201-377-9280
 Pequannock Valley M.H.C. Transitional Care201-839-2520

Dental Services

Denture Referral Program201-285-6393

Financial Services

Morris County Welfare Board201-285-6301
 Morris County Food Stamp Program201-285-6351
 Morris County Department of Community Development201-285-6655

Home Energy Assistance Program	201-285-6301
Lifeline (Energy Credit) Program	800-792-9745
Morristown Employment Service	201-538-1086
New Jersey Bureau of Veterans' Assistance	201-859-0907
Pharmaceutical Assistance to Aged and Disabled	800-792-9745
Social Security Office	800-272-1111

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Morris County Department on Aging	201-829-8539
Morris County Welfare Board	201-285-6301
Morris County Medicaid District Office	201-267-1700
Morris County Medical Society	201-539-8888
Provides referrals to physicians in appropriate specialties.	
Morris County Special Child Health Services Case Management Unit	201-285-4155
American Heart Association - Morris Chapter	201-335-1900
Screening, prevention, and rehabilitation programs for the potential and actual victim of heart disease.	
American Red Cross - Morris Area Chapter	201-538-2160
Medical equipment loan and transportation to hospitals and clinics.	
Center for Independent Living: Aged Handicapped - (CILAH)	201-539-1600
Instruction in methods to enable the handicapped to remain at home.	
National Multiple Sclerosis Society Northern New Jersey Chapter	201-267-0227
Rehabilitation Center for the Handicapped	201-539-5636
The Seeing Eye, Inc.	201-539-4425
Trains blind persons to use Seeing Eye Dogs.	
Welkind Neurological Hospital	201-584-8145
Visiting Nurse Association of Morris County	201-539-1216
Visiting Homemaker Service of Morris County	201-538-0810
Serves Mendham Boro, Mendham Township and Passaic Township.	

Hospice Service

Hospice of Morris County	201-539-6121
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Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Morris County Dept. on Aging	201-829-8539
Morris County Welfare Agency	201-285-6301
Hope House (Operation Fix-IT)	201-361-5555
Housing repairs.	
Morris County Fair Housing Council	201-538-2975
Morris County Housing Authority	201-285-6133
N.J. Rental Assistance Program	201-648-4343
The Salvation Army	201-538-0519
Provides housing emergency and disaster services.	

Legal Services

Legal Aid Society of Morris County	201-829-9385
Lawyer Referral Service - Bar Association	201-267-5882
Morris County Department on Aging	201-285-6393
Legal counseling and community service advisors	

Licensed Residential Health Care Facilities

Bartley Boarding Home	201-584-9867
Beaverbrook Rest Home	201-694-7251

Carolina Rest Home	201-543-7678
Coach and Post Boarding Home	201-334-7030
Cobblestones Residential Health Care	201-691-0016
Flemmings Home for Aged	201-377-1732
Green Briar Residential Health Care Facility	201-227-1123
Hemlocks Rest Home	201-334-5070
Hillside Rest Home, Inc.	201-538-2117
Hi-Way House	201-697-5822
Lakeside Retirement Home, Inc.	201-697-4576
Mapleshade Rest Home, Inc.	201-697-9884
Mt. Arlington Rest Home	201-398-1294
Mt. Rose Home	201-234-0687
One Ten South Terrace Rest Home	201-334-7900

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Morris County Dept. on Aging	201-829-8539
Meals on Wheels	201-538-2160
Morris County Nutrition Project for the Elderly	201-285-6138

Nursing Homes

Cheshire Home, Inc.	201-966-1232
Dover Christian Nursing Home	201-361-5200
Heath Village	201-852-4801
Hilltop Care Center	201-227-1330
Holly Manor Nursing Home	201-543-2500
Lincoln Park Nursing and Convalescent Center, Inc.	201-696-3300
Merry Heart Nursing Home, Inc.	201-854-4000
Morristown Memorial Hospital, Mt. Kemble Division	201-285-4400
Morristown Nursing and Rehabilitation Center	201-539-3000
Morris View Nursing Home	201-829-8500
Pine Acres Nursing and Convalescent Center	201-377-2124
Riverside Respiratory Rehabilitation Center	201-334-5000
Troy Hills House	201-887-8080
Twin Oaks Nursing Center	201-540-9800

Senior Centers

For information on the location of senior centers within the county, contact:

Morris County Department on Aging	201-829-8539
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Social and Mental Health Services

Community Library Services for the Blind and Disabled	201-285-6119
Family Service of Morris County	
Boonton	201-263-3058
Dover	201-328-7500
Morristown	201-538-5260
Widowed Person Hotline (Parents Anonymous)	201-267-9720
Jersey Battered Women Service	201-455-1910
24 hour Hotline	201-267-4763
Mental Health Association of Morris County	201-377-9280
Morris County Welfare Board	201-285-6301
Morris County Department on Drug Abuse	201-285-6158
Morris County Guidance Center	201-285-6251
N.J. Division of Mental Retardation	201-852-1214
N.J. Rehabilitation Commission	201-539-3660
Occupational Training Center for the Handicapped	201-538-8808
Pequannock Valley Mental Health Center (Pompton Plains)	201-893-2520

Protective Services (suspicion of abuse)	201-285-6554
St. Clare's Mental Health Center	201-625-7010
Senior Citizen Program	201-625-7097
Community Satellite Mental Health Centers:	
Chester	201-879-6888
Dover	201-328-1843
Jefferson Township	201-663-0600
Morristown	201-285-6977
United Way of Morris County	201-285-8179

Telephone Services

Mental Health Association of Morris County	201-377-9280
Referral and information service	
First Call for Help - information and referral service	201-898-0550
R.S.V.P. - Retired Senior Volunteer Program (telephone reassurance)	201-538-7947

Transportation Services

For information on transportation services, escort services, and discounts, contact:	
Morris County Department on Aging	201-829-8539

Volunteer Programs

Retired Senior Volunteer Program (R.S.V.P.)	201-538-7947
Refers seniors to agencies needing volunteer help.	
Voluntary Action Center	201-538-7200

OCEAN COUNTY

Adult Day Care Programs

M.H.C. of Ocean County - Project Anchor (Toms River)	201-349-6446
Rainbow Center at Medicenter of America	201-364-8300

Financial Services

Ocean County Board of Social Services	201-349-1500
Ocean County Food Stamp Program	201-349-1500
Home Energy Credit Program	201-349-1500
Lifeline (Energy Credit) Program	800-792-9745
N.J. Bureau of Veterans' Assistance	609-345-0444
Social Security Office	800-272-1111

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:	
Ocean County Office on Aging	201-929-2091
Ocean County Board of Social Services	201-349-1500
Ocean County Medicaid District Office	201-255-6226
Ocean County Medical Society	201-367-6633
Provides referral service to physicians in appropriate specialties.	
American Red Cross	201-349-2131
Community Memorial Home Care Service	201-240-8395
Senior - Dent	800-352-4759
Visiting Homemakers of Ocean County, Inc.	
Toms River	201-244-5565
Manahawkin	201-597-7211
Ocean County Health Department, Public Health Nursing Services	201-341-9700

Hospice Services

Community Memorial Hospital	201-349-8000 X 2268
N.O.H.S. Pt. Pleasant Hospital Hospice Program	201-892-1100
Ocean County Health Dept. Hospice Program	201-341-9700

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Ocean County Office on Aging	201-929-2091
Ocean County Board of Social Services	201-349-5000
Home Weatherization Program	201-244-5333
Rental Assistance Program	201-244-2722

Legal Services

For information on services for the elderly, contact:

Monmouth County Office on Aging	201-929-2091
Ocean/Monmouth Legal Services	201-341-2727

Licensed Residential Health Care Facilities:

Berkeley Home for Aged	201-269-0886
Blumenkranz Hotel of Lakewood	201-363-5672
Ferrara Holding Corp	201-363-4656
Whispering Pine Boarding Home	201-364-5856

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Ocean County Office on Aging	201-929-2091
Community Services	201-367-4700

Nursing Homes

Bayview Nursing and Convalescent Center, Inc.	201-269-0500
Claremont Care Center	201-295-9300
Country Manor Nursing Home	201-341-1600
Hillcrest Manor Convalescent Center	201-364-7100
Lakeview Pine Aire Nursing Home	201-363-0151
Leisure Chateau Care Center	201-370-8600
Manahawkin Convalescent Center	609-597-8500
Manchester Manor	201-657-1800
Medicenter of Lakewood	201-364-8300
Newman's Lakewood Nursing Home	201-363-2659
Pineland Nursing Home, Inc.	201-363-9507
Point Pleasant Beach Nursing Home	201-889-2525
Summit Nursing Home	201-363-0400
Toms River Convalescent Center	201-244-3100

Senior Centers

For information, contact:

Ocean County Office on Aging	201-929-2091
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Social and Mental Health Services

Ocean County Board of Social Services	201-349-1500
Special Response Program	201-349-1500
After Hours	201-240-6100
M.H.C. of Ocean County	201-349-5550
Northern Ocean Counseling Service	201-367-4700
Senior Employment Program	201-244-2424
Provides jobs for Ocean County residents 55 years and over.	

Senior Guidance Center.....201-244-2424

Telephone Services

CONTACT Ocean County..... 201-240-6100 or 609-693-5834
A 24 hour crisis hotline for the lonely or depressed, or those who simply
need someone to talk to.
Information and Referral201-349-6200
Northern Ocean Resource Center Senior
Information201-367-1400
Southern Ocean Resource Center Senior
Information201-367-1400

Transportation Services

For information and transportation services, escort services, and discounts,
contact:
Ocean County Office on Aging.....201-929-2091
Ocean County Handicapped Elderly & Disabled Transportation201-929-2082
Reduced Fare Transportation, NJ Transit201-761-8327

Volunteer Programs

Volunteers for the Blind201-349-8787
Provides books on tape or in braille. Sends volunteers to nursing homes to
read, write letters, etc.
Retired Seniors Volunteer Program (R.S.V.P.)201-244-2222
Helping Hands201-244-4300

PASSAIC COUNTY

Adult Day Care Programs

Creative Caring ADC201-728-7979
Daughters of Miriam Center for the Aged Adult and
Medical Day Care Center201-772-3700 X 258
M.H.C. of Clifton/Passaic201-684-7500
Passaic County Adult Day Care Program (Wayne)201-696-9030
Paterson Housing Authority Adult Day Care Program
(Catholic Family and Community Services)201-271-7100
St. Joseph's Hospital Medical Center
Harbor House201-684-7500

Financial Services

Passaic County Board of Social Services201-881-0100
Passaic County Food Stamp Program201-881-0100
Home Energy Assistance Program201-881-0100
Lifeline (Energy Credit) Program800-792-9745
New Jersey Bureau of Veterans' Assistance201-742-2742
Social Security Office800-272-1111

Health Services

For information on homemaker and home health services, hospitals and nursing
homes, contact:
Passaic County Office on Aging201-881-4950 or 4952
Passaic County Board of Social Services201-881-0100
Passaic County Medicaid District Office201-977-4069
Passaic County Medical Society201-777-2400
Provides referral services to physicians in appropriate specialties.

Passaic County Special Child Health Services	201-256-4636
American Red Cross	201-628-1200
Chore Services	201-278-5424
Paterson Home Health Agency Division of Health.....	201-881-3992
Tri-Hospital Home Health Program	201-365-5200
Visiting Health Services of Passaic Valley	201-256-4636
Visiting Homemaker Service	201-523-1224

Hospice Services

Passaic Valley Hospice, VHS of Passaic Valley	201-256-4636
Tri-Hospital Home Care Program, Beth Israel Hospital	201-365-5200

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Passaic County Office on Aging	201-881-4950 or 4952
Passaic County Board of Social Services	201-881-0100
Passaic County Public Housing Agency	201-684-3300
Clifton	201-473-1059
Passaic	201-365-5736
Paterson	201-881-8777
Community Action Council (All of Passaic County except below)	201-782-7667
Clifton	201-471-2730
Passaic	201-473-1033
Paterson	201-278-9644

Legal Services

Legal Aid Society	201-345-7171
Community Health Law Project	201-790-6594

Licensed Residential Health Care Facilities

Holy Family Residence	201-881-1030
Mar Del Manor	201-885-1080
St. Joseph's Home	201-853-7212

Life Care Communities

Daughters of Miriam	201-772-3700
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Meal Programs

For complete information on nutrition sites and home-delivered meals, contact:

Passaic County Office on Aging	201-881-4950 or 4952
Community Action Program	201-839-6225
Provides meals on wheels to northern Passaic County	
Meals on Wheels (Paterson area)	201-881-3322
Meals on Wheels (Passaic area)	201-881-4953
South Paterson Nutrition Center	201-881-3888
Wayne Senior Nutrition Center	201-694-6910
Paterson Emergency Food Coalition	201-279-3132

Nursing Homes

Alps Manor Nursing Home	201-694-2100
Bel Air Manor	201-839-6000
Brookside Manor, Inc.	201-694-9666
Chestnut Hill Convalescent Center	201-777-7800
Daughters of Miriam	201-772-3700

Dolly Mount Nursing Home	201-278-8781
Jefferson Manor Nursing Center	201-773-7070
Lakeview Convalescent Center, Inc.	201-839-4500
Llanfair House	201-835-7443
Madison Manor Nursing Home	201-773-0450
Milford Manor Nursing Home	201-697-7800
North Jersey Nursing and Convalescent Center	201-956-8007
Oak Ridge Nursing Center	201-835-3871
Preakness Hospital	201-278-6800
St. Joseph's Home for the Elderly	201-942-0300
Valley Rest Nursing Home (Totowa)	201-942-2534
White Birch Nursing Home	201-942-8899

Senior Centers

For complete information on location and activities of Senior Centers, contact:

Passaic County Office on Aging 201-881-4950 or 4952

Social and Mental Health Services

Passaic County Board of Social Services	201-881-0100
Catholic Family and Community Services	
Passaic	201-772-1800
Paterson	201-271-7100
Family Counseling Services of Paterson and Vicinity	201-839-2234
Jewish Family Services	201-777-7638
Jewish Family Services of North Jersey	201-595-0111
St. Joseph's Community Mental Health Center	201-977-2097
St. Mary's Community Mental Health Center	201-473-1000

Telephone Services

Catholic Family and Community Services	
Passaic	201-772-1800
Paterson	201-271-7100
Telephone reassurance service to people over age 60.	
Paterson Department of Human Resources	
Senior Citizens Program	201-881-3700
Telephone reassurance program for Paterson residents over age 60.	

Transportation Services

For information on transportation services, escort services, and discounts, contact:

Passaic County Office on Aging	201-881-4950 or 4952
Catholic Family and Community Services	201-340-3010 or 201-271-7100

SALEM COUNTY

Adult Day Care Program

Salem County Guidance Center	609-935-2709
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Financial Services

Salem County Welfare Board	609-935-7510
Salem County Food Stamp Program	609-935-7510
Home Energy Assistance Program	609-935-7510
Lifeline Energy Credit Program	800-792-9745
N.J. Bureau of Veterans' Assistance	609-455-2743
Social Security Office	800-272-1111

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Salem County Office on Aging	609-769-4150
Salem County Welfare Board	609-935-7510
Salem County Medical Society	609-935-4009
Provides referral to physicians in appropriate specialties.	
Gloucester/Salem County Medicaid District Office	609-845-7185
Salem County Child Health Services	609-769-2126
Salem County Rehabilitation Center	609-935-3600
Salem County Memorial Hospital	609-935-1000
American Red Cross	609-769-0064
American Cancer Society	609-769-0150
American Heart Association	609-881-1860 or 609-589-0403
Association for Retarded Citizens (Salem Unit)	609-935-3600
Community Health Nurse	609-229-2074
Elmer Community Hospital	609-358-2341
Salem County Department of Health - Division of Nursing Services	609-769-2111
Visiting Homemaker Home Health Aide Service of Salem Co., Inc.	609-935-1848

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Salem County Office on Aging	609-769-4150
Salem County Welfare Board	609-935-7510

Legal Services

For information on services for the elderly, contact:

Salem County Office on Aging	609-769-4150
Camden Regional Legal Services	609-386-6660

Licensed Residential Health Care Facilities

Haus Rosaria Rest Home	609-358-8170
Lakeside Manor	609-358-2735
Linden Manor	609-935-7065
Lynnhaven Rest Home	609-299-0088
Midtown Rest Home	609-935-4517
Woodcrest Rest Home	609-769-0403

Meal Programs

For information on location and hours of county-wide nutrition sites and home-delivered meal programs, contact:

Salem County Office on Aging	609-769-4150
Salem County Nutrition Project for the Elderly	609-769-4150
Meals on Wheels of Salem County	609-935-3663
Senior Citizens Activity and Meal Programs (SCAMP)	609-451-0400

Nursing Homes

Friends Home at Woodstown	609-769-1500
Mater Dei Nursing Home	609-358-2061
Nicholas Nursing Home	609-299-2199
Rainbow Nursing Center	609-451-5000
Salem County Nursing and Convalescent Home	609-935-6677

Senior Centers

For information, contact:

Salem County Office on Aging 609-769-4150

Social and Mental Health Services

Catholic Social Services 609-935-6196
Contact Help, Inc. of Salem 609-935-4357
Elmer Senior Citizen Club 609-358-8370
Salem County Welfare Board 609-935-7510
Salem County Guidance Center 609-935-2709
Veterans Service Bureau 609-935-7510
Volunteer Friendly Visitor Service of Salem Co. 609-935-4474

Telephone Services

CONTACT Help, Inc. of Salem County 609-935-4357
Provides telephone assistance in an emergency, referral to appropriate
services, and daily reassurance calls.

Transportation Services

For information on transportation services, escort services, and discounts,
contact:

Salem County Office on Aging 609-769-4150

SOMERSET COUNTY

Adult Day Care Programs

Bound Brook Adult Day Care Center 201-356-1302
Somerset C.M.H.C., Mainstream 201-725-2800
King James Medical Day Care 201-246-4100

Financial Services

Somerset County Welfare Board 201-526-8800
Somerset County Food Stamp Program 201-725-4700
Home Energy Assistance Program 201-526-8800
Lifeline (Energy Credit) Program 800-792-9745
N.J. Bureau of Veterans' Assistance 201-725-2600
Social Security Office 800-272-1111

Health Services

For information on homemaker and home health services, hospitals and nursing
homes, contact:

Somerset County Office on Aging 201-231-7175
Somerset County Welfare Board 201-526-8800
Somerset County Medicaid District Office 201-782-1130
American Red Cross 201-766-0958 or 201-725-2217
Special Child Health Services 609-984-6558
Somerset County Medical Society 201-725-4000 X 364
Provides referrals to physicians in appropriate specialties
Somerset Valley Visiting Nurse Association, Inc. 201-725-9355
Visiting Nurse Association of Somerset Hills 201-766-0180

Hospice Services

Somerset Medical Center 201-725-4000

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Somerset County Office on Aging 201-231-7175
Somerset County Welfare Board 201-526-8800

Legal Services

For information services for the elderly, contact:

Somerset County Office on Aging 201-231-7175
Somerset/Sussex Legal Services 201-231-0840

Licensed Residential Health Care Facilities

Countryside Rest Home 201-369-4237
Mountain-Top Boarding Home 201-369-4915
Mrs. Helen Owsik 201-369-4871
Shadyrest 201-247-1460

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Somerset County Office on Aging 201-231-7175
Somerset County Nutrition Project 201-725-4700 X 363

Nursing Homes

Bridgeway Convalescent Center 201-722-7022
Central Jersey Jewish Home for the Aged 201-873-2000
Foothill Acres Nursing Home 201-369-8711
Franklin Convalescent Center 201-821-8000
Greenbrook Manor Nursing Home 201-968-5500
Greenfield Convalescent Center 201-526-8600
King James Nursing Home 201-246-4100
N.J. Eastern Star Home for the Aged, Inc. 201-722-4140
Raritan Health and Extended Care Center 201-526-8950

Senior Centers

For information, contact:

Somerset County Office on Aging 201-231-7175

Social and Mental Health Services

Somerset County Welfare Board 201-526-8800
Somerset County C.M.H.C. 201-725-2800

Telephone, Transportation and Volunteer Services

For information on the above services, contact:

Somerset County Office on Aging 201-231-7175

SUSSEX COUNTY

Financial Services

Sussex County Welfare Agency 201-383-3600
Sussex County Food Stamp Program 201-383-3600
Home Energy Assistance Program 201-383-3600
Lifeline (Energy Credit) Program 800-792-9745
New Jersey Bureau of Veterans' Assistance 201-383-4949

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Sussex County Office on Aging	201-383-5098
Sussex County Welfare Board	201-383-3600
Morris/Sussex County Medicaid District Office	201-267-1700
Sussex County Medical Society	201-383-5413
Provides referral to physicians in appropriate specialties.	
Sussex County Special Child Health Services	201-948-5400
American Heart Association Morris/Sussex County Chapter	201-383-8808
Provides screening, prevention and rehabilitation programs.	
American Red Cross - Sussex Area Chapter	201-383-1750
Provides short-term loans of medical equipment	
Highlands Workshop/Easter Seal Society	201-827-9066
Senior Well Being Conference	201-948-5400
Sussex County Health Department, Division of Public Health Nursing	201-948-5400
Visiting Homemaker Service of Sussex County	201-948-3121

Hospice Services

Karen Ann Quinlan Center of Hope, Newton Memorial Hospital	201-383-2121
Hospice of Sussex County	201-383-0115

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Sussex County Office on Aging	201-383-5098
Sussex County Welfare Agency	201-383-3600
Department of Community Affairs Rental Assistance	201-383-5602

Legal Services

Somerset/Sussex Legal Services	201-383-7400
Public Defender	201-383-9445
Senior Legal Resource Center	201-827-4450

Licensed Residential Health Care Facilities

Lynnwood Retirement Home	201-875-9937
Merriam House	201-383-1185
Westwind Hall, Inc.	201-827-6575

Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Sussex County Office on Aging	201-383-5098
Meals on Wheels/Outreach	201-827-2252
Sussex County Nutrition Project	201-383-2121

Nursing Homes

Andover Nursing and Convalescent Home	201-383-6200
Barn Hill Convalescent Center	201-383-5600
Methodist Manor	201-948-3545
Sussex County Homestead	201-948-3640

Senior Centers

For information on the location of senior centers within the county, contact:

Sussex County Office on Aging	201-383-5098
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Social and Mental Health Services

Sussex County Welfare Agency	201-383-3600
Sussex County M.H.C.	201-383-1533
Battered Persons Resource Center	201-875-7561
Jersey Battered Women's Service 24-hour hot-line	201-267-4763
Meals on Wheels/Outreach	201-827-2252
Visits seniors in their homes to give information and make referrals to appropriate programs and services. Follow-up provided.	
New Jersey Division of Mental Retardation	201-852-1214
New Jersey Division of Vocational Rehabilitation	201-852-4110

Telephone Services

Association for Retarded Citizens Sussex County	201-383-7442
Meals on Wheels/Outreach	201-827-2252
Provides daily reassurance phone calls	
Sussex County Family Services	201-827-2252
Sussex County Help Line	201-383-9222
Referral and information.	
United Way of Sussex County	201-353-7171

Transportation Services

For information on transportation service, escort services, and discounts, contact:	
Sussex County Office on Aging	201-383-5098
Dial-A-Ride	201-383-3590
Meals on Wheels/Outreach	201-383-3590
Services provided to seniors in the Walkill Valley area.	
STOP (senior transportation)	201-827-5522

Volunteer Programs

Meals on Wheels/Outreach	201-827-2252
Provides friendly visitors to shut-in seniors.	
Retired Senior Volunteer Program (R.S.V.P.)	201-383-6861

UNION COUNTY

Adult Day Care Programs

Elizabeth General Day Care Program	201-558-8126
Mental Health Association of Union County - Bridgeway (Elizabeth)	201-355-7200
Mt. Carmel Guild M.H.C. (Cranford)	201-272-8910
Muhlenberg Hospital Medical Day Care Center	201-668-2244
Oak Center Senior Day Care	201-351-0070
Rahway Geriatric Center (Medical Day Care)	201-499-7927
Medical Center	
SAGE	201-273-5550

Dental Services

Dental Referral Program	201-964-7555
Union County College, Dental Hygiene Program	201-889-4433

Financial Services

Union County Welfare Board	201-351-1112
Union County Food Stamp Program	201-351-1112
Home Energy Assistance Program	201-351-1112

Lifeline (Energy Credit) Program	800-792-9745
New Jersey Bureau of Veterans' Assistance	201-648-4494
Social Security Office	800-272-1111

Health Services

For information on homemaker health services, hospitals and nursing homes, contact:

Union County Office on Aging	201-527-4866
Union County Welfare Board	201-351-1112
Union County Medicaid District Office	201-648-4630
Union County Medical Society	201-272-1707
Provides referral to physicians in appropriate specialties.	
Union County Special Child Health Services -	
Case Management Unit	201-233-3720
Alcohol Information Center	201-233-8810
Provides counseling, education, information and referral.	
American Red Cross	
Provides medical equipment and sick room supplies to those	
in need	201-232-7090
Eastern Union County	201-353-2500
Plainfield	201-756-6414
Catholic Community Services	
Cranford	201-486-6060
Newark	201-596-4100
Provides diagnostic and rehabilitative services to those with communi-	
cation disorders, and to the the deaf and visually handicapped.	
Central New Jersey Lung Association	201-388-4556
Provides physical reconditioning programs, information and referral,	
community education.	
Kean College Speech and Hearing Clinic	201-527-2218
Offers speech and hearing tests, as well as therapeutic services.	
Union County Heart Association	201-376-3636
Provides medical equipment, information, referral and education services.	
Dr. Sutula Stroke Club Memorial General Hospital	201-687-1900
Home Care Program of Muhlenberg Hospital	201-668-2253
Home Care Program of Overlook Hospital	201-522-2091
Jewish Family Service Agency of Central N.J.	
Elizabeth	201-352-8375
Westfield	201-232-6987
Public Health Nursing Bureau	201-353-6000 X 250
SAGE (Summit Area Association for Gerontological Endeavor)	201-273-5550
Visiting Homemaker Service	201-233-3113
Visiting Nurse Association of Plainfield and North Plainfield	201-756-2436
Visiting Nurse and Health Service	201-352-5694

Hospice Services

Center for Hope	201-851-2732
Home Care Department of Overlook Hospital	201-522-2091
Home Care Program of Muhlenberg Hospital	201-668-2253
Rahway Hospital Hospice	201-381-4200 X 318
St. Elizabeth Hospital	201-527-5132

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Union County Office on Aging	201-527-4866
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Union County Welfare Board	201-351-1112
Catholic Community Services Nursing Home Ombudsman	201-351-0707
A resource center for persons considering placement in a long term care facility, or other alternate living possibilities.	
Rental Assistance Program (RAP), Department of Community Affairs	201-828-0103

Legal Services

Community Law Project	201-672-5012
Union County Legal Services	201-354-4340
Senior Citizens Council of Union County	201-964-7555
Serves as advocate for senior citizens in securing health and other services, and provides counseling on consumer affairs.	

Licensed Residential Health Care Facilities

Elizabeth House	201-355-3406
Plainfield Park Hotel	201-754-2211
Plainfield Rest Home	201-757-3579
Six-O-Two Central Corp, The Older Americans	201-756-6029

Meal Programs

For information on nutrition sites and home-delivered meals, contact:	
Union County Office on Aging, Nutrition Bureau	201-486-5100

Nursing Homes

Ashbrook Nursing Home, Inc.	201-889-5500
Berkeley Heights Convalescent Center	201-464-0048
Cornell Hall Convalescent Center	201-687-7800
Cranford Hall	201-276-7100
Cranford Health and Extended Care Center	201-272-6660
Delaire Nursing Home and Convalescent Center	201-862-3399
Elizabeth Nursing Home	201-354-0002
Glenside Nursing Home, Inc.	201-464-8600
Hartwyck at Plainfield	201-754-3100
John E. Runnells Hospital of Union County	201-322-7240
Plaza Nursing and Convalescent Center	201-354-1300
Rahway Geriatrics	201-678-2395
Westfield Convalescent Center	201-233-9700
Workmen's Circle Home for the Aged and Infirm	201-353-1220

Senior Centers

For information, contact:	
Union County Office on Aging	201-527-4866
Grant Avenue Community Center (Plainfield)	201-561-0123
Hillside Community Center	201-923-1285
Plainfield Senior Citizens Program	201-753-3506
Senior Citizens Center, Inc. (Elizabeth)	201-351-1288
Union Township Community Action Organization	201-686-6150
Westfield Community Association, Inc.	201-232-4759

Social and Mental Health Services

Union County Welfare Board	201-351-1112
Catholic Community Services C.M.H.C. (Cranford)	201-272-8910
Catholic Community Services Project Maintain	201-351-6060
A multi-service agency providing a wide range of supportive services to senior citizens in the community.	

Catholic Community Services Transitional Residence Services	201-864-0270
A comprehensive social service program which assists individuals to successfully return to independent living within the community after institutionalization.	
Community Mental Health Center	201-289-8600 X 500
Family and Children's Society (Elizabeth)	201-352-7474
Family Service Association of Summit	201-273-1414
Jewish Family Service Agency of Central Jersey	
Elizabeth	201-352-8375
Westfield	201-232-6987
Mental Health Association of Union County	201-287-0900
PROCEED - Information and referral for Spanish-speaking community ...	201-351-7727
Union County Psychiatric Clinic	
Elizabeth	201-273-6664
Union	201-686-0560
Plainfield	201-756-6870
United Family and Children's Society	201-755-4848

Telephone Services

CONTACT - We Care	201-232-2880
CONTACT Union-Essex	
Care-Ring Telephone Reassurance	201-241-9350
Toll Free Hotline (Crisis Intervention)	201-527-0555
SAGE in Tel-Assurance (Summit Only)	201-273-5550
Telephone Reassurance (Plainfield)	201-753-3519 or 753-3506

Transportation Services

For information on transportation services, escort services, and discounts, contact:

Union County Office on Aging	201-527-4866
FISH	
Cranford Area	201-272-2870
Plainfield Area	201-755-8888
Summit Area	201-273-4570
Westfield Area	201-288-8111
American Red Cross	
Eastern Union County	201-353-2500
Plainfield Area	201-756-6414
Summit Area	201-273-7076
Westfield-Mountainside Area	201-232-7090
NJ Transit - Transit of NJ	
(Reduced Fare Transportation Program)	201-761-8327
Paratransit System	201-233-7826
A specialized transportation service for elderly and handicapped residents of Union County run by the Union County Department of Human Resources.	
American Cancer Society, Union County Unit	201-354-7373
Cranford Welfare and Family Services	
(Cranford residents only)	201-276-1740
Jewish Counseling and Service Agency	201-467-3300

WARREN COUNTY

Financial Services

Warren County Welfare Agency	201-475-5361 X 241
Warren County Food Stamp Program	201-475-5361 X 319
N.J. Bureau of Veterans' Assistance	201-859-0907

Social Security Office	800-272-1111
Lifeline (Energy Credit) Program.....	800-792-9745
Home Energy Assistance Program	201-475-5361

Health Services

For information on homemaker and home health services, hospitals and nursing homes, contact:

Warren County Office on Aging	201-475-5361
Warren County Welfare Board	201-475-5361
Morris/Warren Medicaid District Office	201-267-1700
Warren County Medical Society	201-859-0212
Provides referrals to physicians in appropriate specialties.	
Warren County Special Child Health Services.....	201-689-6000
American Red Cross	201-475-2770

Hospice Services

Hospice of Warren County	201-689-4622
Warren County Health Department, Public Health Nursing Agency	201-689-6000

Housing Services

For information on senior citizen housing, boarding homes, and adult foster care programs, contact:

Warren County Office on Aging.....	201-475-5361
Warren County Welfare Board	201-475-5361 X 241

Legal Services

Warren County Legal Services	201-475-2010
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Licensed Residential Health Care Facilities

Hulse Boarding Home.....	201-637-4078
Radiant Star Rest Home	201-475-2545

Life Care Communities

Heath Village	201-852-4801
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Meal Programs

For information on nutrition sites and home-delivered meals, contact:

Warren County Office on Aging.....	201-475-5361
Warren County Nutrition Project	201-859-2313

Nursing Homes

Clover Rest Home	201-496-4307
Garden Nursing Home, Inc.	201-454-8574
House of the Good Shepherd	201-852-1430
Warren Haven	201-453-2131

Senior Centers

For information, contact:

Warren County Office on Aging.....	201-475-5361
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Social and Mental Health Services

Warren County Welfare Board	201-475-5361 X 241
Family Guidance Center of Warren County	
Phillipsburg	201-454-4470
Hackettstown	201-852-0333
Washington	201-689-4470

Telephone Service

Family Guidance Center of Warren County 201-689-4470
Provides 24 hour hotline for supportive counseling and referral.

Transportation Services

For information on transportation services, escort services and discounts,
contact:

Warren County Office on Aging 201-475-5361
Norwescap 201-453-2171

Volunteer Services

Retired Senior Volunteer Program (R.S.V.P.) 201-454-7000
Refers seniors to agencies needing volunteer help.

Please use this page to inform us of any omissions, inaccuracies, comments or suggestions you may have to make this Guide as useful as possible. Simply complete the form below and send it to:

A Guide to Long Term Care and Community Service in New Jersey

Department of Human Services

Division of Medical Assistance and Health Services

Social Care Consultants

7 Quakerbridge Plaza

CN - 712

Trenton, New Jersey 08625

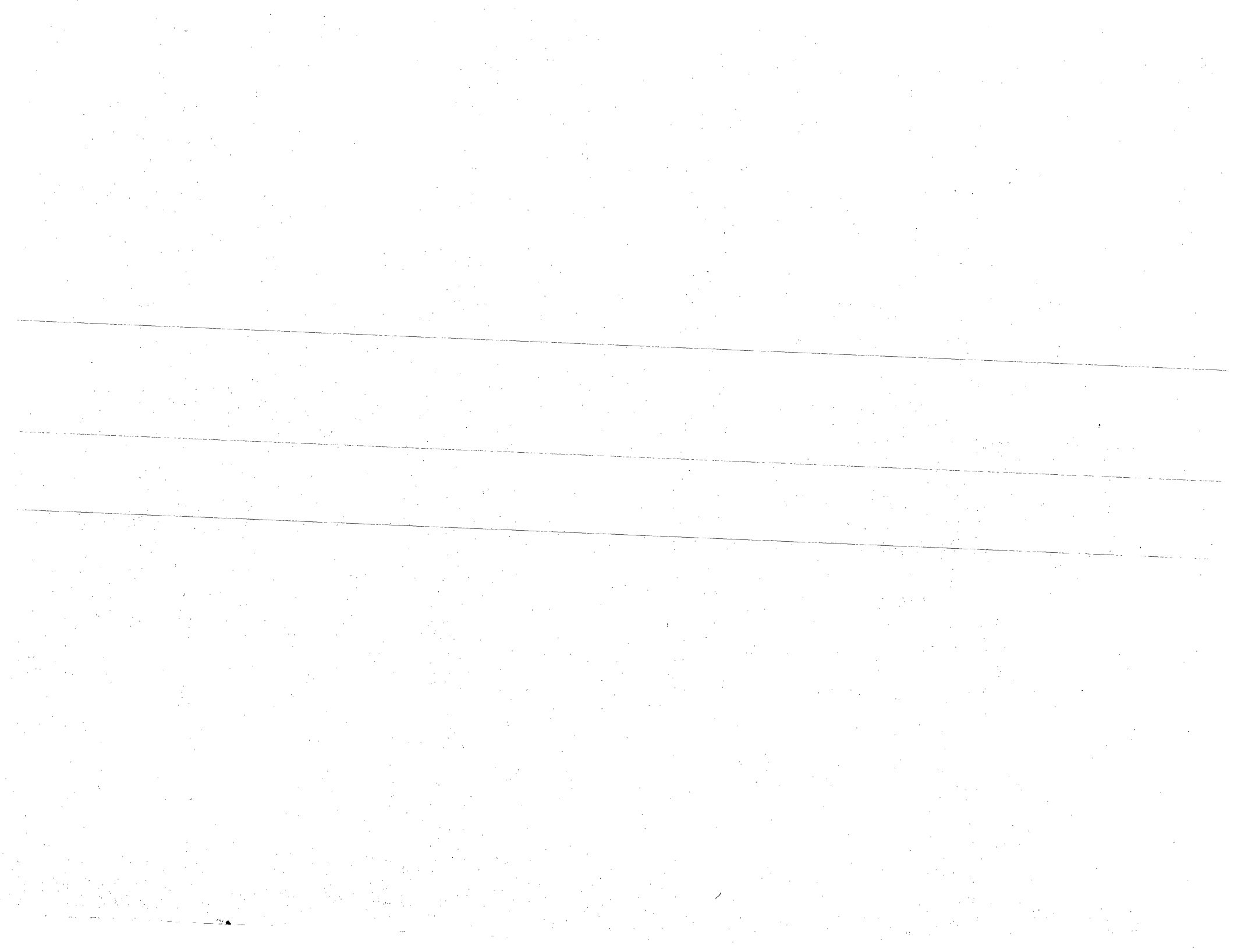
.....
Comments (Please refer to County and page):

From _____
Name Title

Agency Telephone

Address and Zip Code

Date





STATE OF NEW JERSEY
THOMAS H. KEAN, GOVERNOR

DEPARTMENT OF HUMAN SERVICES
GEOFFREY S. PERSELAY, ACTING COMMISSIONER