

PROPERTY OF
RECEIVED

JAN 26 1962

Division of State Library,
Archives and History
Trenton, N. J.

SEVENTH ANNUAL REPORT

OF THE

NEW JERSEY STATE HOSPITAL AT ANCORA

FOR THE PERIOD ENDING JUNE 30, 1961

N.J. STATE LIBRARY
P.O. BOX 520
TRENTON, NJ 08625-0520

974.901
H76

NEW JERSEY STATE HOSPITAL AT ANCORA

REPORT OF THE BOARD OF MANAGERS

To: The Honorable John W. Tramburg
Commissioner, Department of Institutions and Agencies

This is the Seventh Annual Report of the Board of Managers of the New Jersey State Hospital at Ancora.

The members of the Board are rightfully proud of the accomplishments of the entire hospital staff during the past year.

A highlight of the Board's activities this year was the dedication of The ARC, the huge outdoor recreation project undertaken by the Board to more fully meet the patients' needs for recreational therapy.

Construction of The ARC was started and this year saw the completion of the swimming pool, wading pool, bath houses, comfort stations, tool house and all the essential underground facilities for utilities at the project.

The Board eagerly anticipates completion of the remainder of the project during the ensuing fiscal year. This phase will include the erection of three large, fully-equipped greenhouses with a connecting potting shed and, in addition, will include adjoining floral gardens for the patients, as well as nearby playing fields for their participation in outdoor sports.

The Ancora Board of Managers has undertaken this costly addition to the hospital's recreation program with the profound conviction that the patients will derive from it both great therapeutic benefit and immeasurable pleasure during their period of hospitalization.

The close of the year brought the reappointments of the following two members for three years: Vincent P. Mahoney, M.D., Haddonfield, and Everett L. Jones, Esq., Camden. In addition, the Board welcomed a new member, Mrs. Sarah H. Langston, Wenonah, who was appointed to fill the vacancy brought by the resignation of Mr. Douglas N. Lapp.

The Board of Managers gratefully acknowledges the dedicated loyalty of Ancora's employees and expresses deepest appreciation for their devoted and understanding service to the patients of this hospital.

Respectfully submitted,

President

Vice-President

NEW JERSEY STATE HOSPITAL AT ANCORA

ANNUAL REPORT ** 1960-61

There has been increasing emphasis recently on the changing of mental health codes to protect the rights of patients. There have also been some voices raised in stating that our laws must admit and our courts must enforce the right of a patient who is mentally ill to receive adequate treatment for his illness. This is certainly not up to the hospital alone, and all public mental hospitals cannot do this job in spite of their earnest desire to do so.

At Ancora our treatment program is ever expanding, but our resources have not kept pace with our needs. The years of survival alone have passed. Ancora has established itself in the front ranks of the foremost mental hospitals of the country. Ancora is of the elite, but its desire always is to move towards new summits. Past the painful growth pangs of adolescence, we now strive to perfect that which we have firmly established, to push onward to new goals, having attained the old. We must continue to treat our patients in all ways known to us -- the patients have this right -- and by treating we teach and by teaching and treating our quest for knowledge leads us to seek, through research, other answers to the problems that face us now or will face us in the future.

Our accomplishments in therapy, training, and research are numerous. We have an active remotivation program; our clinic activities are now on a sound footing, key personnel have been recruited; our affiliate student nurse program is started; our adult education classes for patients is an early success, and our contact with over 1,000 high school and college students, through their visits to Ancora, has made the new generation of leaders aware of the patients' needs. We have initiated a psychiatric drug identification system, and launched a geriatric survey. An educational council was developed to oversee all phases of in-service training. Our employee turnover rate is down slightly and we have, through our Employees' Night and other functions, given new recognition to our employees.

We hope that we won't be halted in our drive for new goals.

SPECIAL SERVICES

Religious Services were provided in all areas of the hospital with attention concentrated on the individual patient's religious needs.

An increased program of in-service training in fire-safety and prevention was effected and, in addition, the training programs for disaster and heavy rescue work have been greatly expanded. The latter training was made more effective through use of the well-equipped Heavy Rescue Truck donated by the Ancora Volunteer Fire Association.

The function of the Ancora Volunteer Services was greatly enhanced by the hiring of a Volunteer Services Assistant, whose guidance and direction of the organization resulted in greater patient benefit.

CLINICAL SERVICES

The average resident population for the 1960-61 fiscal year was 2,124, which represents a decrease of 6 compared to the previous year. Reflecting the continued high rate of admissions, the total admissions numbered 1,853 which included 1,389 first admissions, 436 readmissions, 2 transfers and 6 births. The number of patients released totalled 1,542, excluding the 438 deaths.

There were continued expansion and improvement in the functions of the departments in the Medical Division. The casework interviews by the Social Service Department showed an increase of 539 over last year's total. In addition, the close of the year saw a high point of 124 patients on Family Care.

The Camden Out-Patient Department actively served 382 cases and carried out about 1,300 treatment sessions with patients and families. In this clinic there has been a gradual, but definite, change toward the policy of an adult clinic load.

The Nursing Department expanded in the area of training this year. An affiliation program was started for professional nurse students and 53 students have thus far completed their training. Also initiated this year was a Remotivation Technique Training Course which was completed by 54 psychiatric aides.

The Occupational Therapy and Recreational Therapy Departments reached more patients this year in their growing programs. 4,880 patients participated in occupational therapy and 94,281 patients attended the various recreational activities.

The Psychology Department conducted evaluations of 255 patients in a total of 1,107 tests and interviews.

3,793 patients were seen by our consultants and 116 operative procedures were performed -- 46 major, 65 minor and 6 deliveries. Anesthetics were administered to 977 patients in connection with the operating room and psychiatric treatments.

The number of EKG's and EEG's showed a marked increase with 2,965 EKG's and 214 EEG's having been performed.

The X-ray Department this year made 9,911 exposures for the examination of 3,967 patients and 764 employees. In addition, the allied Radioisotope Department performed studies of nine patients.

The Physical Therapy Department gave a total of 8,950 treatments to 884 patients, including those on the Geriatric Service where a branch physiotherapy unit was established.

There was an autopsy rate of 44% for the year. An increase in laboratory tests this year brought the total to 68,961.

BUSINESS SERVICES

The cost of operating the institution was approximately 4.42 million dollars. Revenue collected for patients' maintenance, etc., in the amount of 2.14 million dollars was deposited in the State Treasurer's Account. All fiscal records were kept in the prescribed manner and the records for the two and a half year period ending June 30, 1960, were audited in detail by the State Auditor's office. The I.P.M. section of the Central Office started a patients' maintenance record system in March 1961, and plans to eventually prepare all bills and relieve the institution of this work. The Anchorage commissary store was operated for the convenience of patients, visitors and employees. Sales were increased by 2.4% during the year. Profits were used for welfare purposes, including construction of the Recreation Project according to statutes.

The cost of regular meals, as well as essential special diets, was furnished at an average cost of .5395 per day. The amount of purchased food was supplemented by considerable quantities of Federal Surplus food items. Employees were furnished meals on a payroll deduction plan; and an average of eighty in Leesburg inmate work details were supplied with two meals a day. A weekly average of 2,800 loaves of bread were supplied to Woodbine institution. Evergreen Hall was supplied with furniture transferred from resident employees' quarters and was occupied by the first Student Nurses on September 12, 1960. Patient ward areas were provided with a limited number of easy chairs from appropriated funds. A program for systematic repairing and painting of beds and furniture was inaugurated. Equipment was purchased for washing the exterior of all windows in patient buildings. All patient wards were supplied daily with clean linens and clothing. Special clothing was purchased for patients on the Children's Ward and in Family Care Homes. Federal Surplus materials were utilized to supplement the funds available for patient clothing.

The laundry continued to provide service for the population of this institution, as well as Vineland State School, Vineland Soldiers' Home, and Leesburg Prison Farm. The installation of a second Ajax press has made it possible to press all outer clothing for our patients.

The Vehicular Transportation Department furnished transportation for official business trips for all departments in the institution. All vehicles were repaired as needed and monthly Preventive Maintenance inspection and servicing was performed for each unit. Repairs were also performed for all gasoline equipment used by other institutional departments and for other agencies upon request by the Central Office. One

truck and four passenger units were replaced, and two Federal Surplus trucks were added to the fleet during the year.

The program of developing the institution grounds continued. An additional twenty-five acres of lawn area was graded and seeded. Trees and shrubs were purchased with funds available and additional items were collected from the Wharton Tract, as well as holly trees from private property. The excavation of the lake along Spring Garden Road continued and the humus material was used for improving lawn areas. All established lawns received proper maintenance and care. The institution sanitary landfill disposal was not operated for a period of five months, due to the lack of a bulldozer. The Winslow Township facilities were used during this period. Leesburg Prison Farm continued to utilize the farm pasture and barn for their dairy heifers.

The Preventive Maintenance Program was continued and all buildings, utilities, and equipment are in good condition. The Underwriters Association completed the annual electrical inspection and corrections were made where indicated. The exteriors of all Staff and Edgewood Homes were painted and the three year program of painting exterior metal trim of doors and windows on all institution buildings was completed. The interior of all patient areas was painted with the aid of patient help, and a new paint sprayer was purchased so that the acoustical ceiling can be spray painted. A large section of the built-up roof on Ivy Hall was blown off during the hurricane in September, 1960 and was replaced by an outside contractor. The five citizen band radios installed in the trucks assigned to the Mechanical Department has increased the efficiency of the transportation. The construction of the ARC Recreation Project continued as funds became available in the Welfare Account. The need still exists for proper housing of Maintenance Shops, Garage and Fire Engines. The shops are located in the basement of a patient housing building and the fire house and repair garage in Federal Surplus quonset huts, which are too small for these activities.

Harry H. Brunt, Jr., M.D.

Harry H. Brunt, Jr., M.D.
Medical Director