

974.901

H76

1961-62

copy 2

EIGHTH ANNUAL REPORT
OF THE
NEW JERSEY STATE HOSPITAL AT ANCORA
FOR THE PERIOD ENDING JUNE 30, 1962

PROPERTY OF
RECEIVED

JUL 31 1962

Division of State Library,
Archives and History
Trenton, N. J.

N.J. STATE LIBRARY
P.O. BOX 520
TRENTON, NJ 08625-0520

NEW JERSEY STATE HOSPITAL AT ANCORA -

REPORT OF THE BOARD OF MANAGERS

To: The Honorable John W. Tramburg
Commissioner, Department of Institutions and Agencies

This is the Eighth Annual Report of the Board of Managers of the New Jersey State Hospital at Ancora.

Justly proud of the hospital's reciprocity of full accreditation by the Joint Commission for the Accreditation of Hospitals, the members of the Board express deepest appreciation to the entire hospital staff for having once again earned this distinctive award. Keenly aware that such an enviable distinction could be attained only through the combined efforts of a dedicated body of personnel, the Board extends heartfelt thanks to the employees for their continuing loyalty and devoted service to the patients of this hospital. The Board is also well pleased that Ancora this year was again approved for a three-year Residency Training program.

The Board members gratefully acknowledge, as well, the generous financial gift from the Ancora Volunteer Services of two thousand dollars designated for use toward the cost of eventual construction of a hospital chapel. Realizing that this donation further symbolizes the devout voluntary efforts of this organization, the Board offers its sincere thanks to the entire A.V.S. membership for its noteworthy contribution to the welfare of our hospitalized patients.

Consistent with the Board's scheduled phases of construction in its outdoor recreation project, The ARC, this year saw the opening of the swimming and wading pools, as well as the commencement of the erection of three large greenhouses and potting house. Available for use during the latter part of the past summer, the pools drew the predicted enthusiastic response of the patient population and afforded this group considerable pleasure and therapeutic benefit.

Another Board-sponsored project--lesser in size, but significantly important--was the improvement of the Children's Unit outdoor play-area. This undertaking included the concrete surfacing of one-half of the area and the sodding of the other half on which the playground equipment is installed. This development was effected to afford the children the opportunity of more frequent, year-round use of the play-area.

The members of the Board fully recognize the importance of the addition of a hospital-based Out-Patient Clinic this year. The integration of this unit into the hospital's overall diagnostic and therapeutic programs has made available to the people of this area a greatly needed psychiatric service.

Respectfully submitted,

President

Vice-President

NEW JERSEY STATE HOSPITAL AT ANCORA

ANNUAL REPORT ** 1961-62

To a sizeable segment of the South Jersey populace seven years ago the newly-opened Ancora State Hospital was but an isolated collection of modern brick buildings humanely necessary to alleviate the overcrowded conditions present in the other State mental hospitals. Except to an informed few, its programs were even more remote than the physical plant itself. For the most part, the citizenry of the area regarded the new facility as a unit with its complete operation confined to its 640-acre site in the heart of the Jersey pinelands.

Today Ancora enjoys a completely transformed image in the eyes of the great majority of the approximately one million South Jersey residents living in the assigned area served by the hospital. To these people--oriented through the hospital's continuing program of community relations, including public education--Ancora now stands as the hub of South Jerseys mental health program. Invaluably contributing to this great growth in public awareness of and confidence in Ancora's strong role in their lives has been their hospital-promoted realization of four major factors--the hospital's full accreditation, its fine approved training programs, its division into four autonomous units, and its active out-patient facilities.

Of great impact on the public has been Ancora's accreditation by the Joint Commission for the Accreditation of Hospitals. This is a symbol which guarantees them that Ancora, their hospital, voluntarily meets high standards of patient care; that it is progress-minded; that it constantly strives to improve its services; and that it always has the welfare of the people at heart. This accreditation--a yardstick by which the public can confidently measure the quality of the hospital's medical programs--was again sought late in this fiscal year. It was with pride in accomplishment and a realization of the fine medical standards realized and implemented by the loyal employees of Ancora that notification was received from the Joint Commission that Ancora had again been fully accredited.

Also significantly contributing to the hospital's outstandingly favorable public acceptance has been the people's realization that Ancora is a "teaching hospital". An awareness of the hospital's multi-faceted educational programs--both internal and external--has nurtured in them a deep respect for and confidence in their hospital. Highly important to effecting this image was the fact that Ancora again this year was approved for a three-year Residency Training program. Then, too, the hospital very successfully completed its first, full fiscal year in carrying out the psychiatric nursing affiliation for professional-nurse students. Near the end of the year the nursing Education Service was re-inspected by the New Jersey Board of Nursing and the hospital confidently awaits this agency's continued approval. These and other internal training programs--combined with educational programs for various professional groups from the community--have established a firm foundation for the public's adoption of Ancora's eminence as a "teaching hospital". It will be necessary to ever expand these training programs and to add new ones as soon as possible if Ancora is to hold its place as one of the foremost mental hospitals in the world. It is envisioned that residency programs in neuropathology, pathology and neurology will be added in the not too distant future.

Thirdly--and of similar import to the people--have been the increased out-patient services of the hospital. In another major advance toward better mental health services for residents of South Jersey communities, Ancora this year saw the establishment of a new, hospital-based, out-patient department. Immediately following awareness of this facility and its function, the public acceptance and response produced an overwhelming workload for this highly important addition to the hospital's programs. Emerging from this picture comes the well-founded request for further enlargement of the hospital's out-patient services. The establishment of similar facilities in the Atlantic City area are highly essential to the hospital's effective discharge of its obligations in the area of out-patient services.

Fourth and foremost in making Ancora an ever growing resource for the citizens of New Jersey is the well-established division of the hospital into its four autonomous units. It is with pride that it can be reported that three of these units are headed by graduates of our own training program in psychiatry. The separation of the hospital into workable divisions has now been running smoothly for several years. This has not only improved the administration of the hospital but primarily has given its patients the best possible medical care.

Awareness of these major factors discussed above has given the area citizenry something solid to which they can confidently anchor their hopes of seeing mental illness effectively and efficiently combatted in their communities. They now look to Ancora as their leader in the war against mental illness. Essential to the hospital's success in carrying out this public trust is the obligatory, liberal support of the State government.

SPECIAL SERVICES

Religious Services were provided in all hospital areas with emphasis on meeting the individual patient's religious needs.

Consistent with the expansion of the role of the Ancora Volunteer Services was the development of educational classes for patients; among these courses were Good Grooming, Home Economics and Nutrition, Sewing and Dress-making, Natural Science and Flower Arrangement.

Both the Medical Library and the Patients' Library were enlarged during the year. As part of the Medical Library, a special study room was developed for the Psychiatric Residents. Expansion of the facility for patients included physical enlargement of the Library, as well as increased concentration of books and periodicals on the hospital wards.

There was an increased program of training in fire protection and prevention. The number of hospital fire calls showed a 20% decrease compared with the previous year and a 50% reduction in fire loss, which totalled less than \$100.00.

CLINICAL SERVICES

The average resident population for the 1961-62 fiscal years was 2135, which represents an increase of 9 compared to the previous year. Reflecting the continued high rate of admissions, the total admissions numbered 1976; included in this total there were 1484 first admissions, 461 re-admissions, 28 transfers and 3 births. The number of patients released totalled 1625, excluding the 483 deaths.

The activities of the Out-Patient Department showed a considerable increase, inasmuch as a new unit was established at the hospital last August. The combined report of the Out-Patient Department showed a total of 4677 patient visits.

The Social Service Department conducted a total of 5221 casework interviews. At the close of the year only 103 patients were on Home Family Care; this reduced number was due to budgetary limitations.

The Nursing Department received from the New Jersey Board of Nursing full approval of its psychiatric nursing affiliation for professional nurse students. Expansion of this program included the additional affiliation of student nurses from Our Lady of Lourdes School of Professional Nursing.

The Recreational, Occupational and Industrial Therapy Departments continued their high level of patient participation during the year. 88,856 patients attended the various recreational activities; 3,384 participated in occupational therapy; and 1,065 patients were included in the industrial therapy program.

A decentralization of the Psychology Department was effected during the year by assigning each psychologist to a separate hospital unit. Due in part to this change, the department had an increase in the number of tests and interviews, the total of which was 1,427; this total reflects an increase of more than 300 over the previous year.

3,882 patients were seen by our consultants and 136 operative procedures were performed - 59 major, 75 minor and 2 deliveries. The administering of anesthetics to patients totalled 458.

Again this year the number of EKG's and EEG's showed a marked increase over the previous year's total. 3,442 EKG's and 251 EEG's were done this year.

The X-ray Department made 8,279 exposures in the examination of 4,038 patients and 434 employees.

The Physical Therapy Department gave a total of 8,905 treatments to 741 patients.

The Dental Department reported a total of 5,511 patient visits for various types of dental work during the year.

A total of 18,160 prescriptions were filled in the hospital Pharmacy.

The number of laboratory tests reached an all-time high this year with a total of 77,852, compared to last year's previous high of 68,961.

The autopsy rate dropped to 31.7% from last year's 44%, despite an increase in the total deaths. Probably accounting for this decrease was the hospital's being without a pathologist for several months during the year.

BUSINESS SERVICES

The cost of operating the institution for the year amounted to 4.74 million dollars which represents a per capita cost of 6.08 per patient per day. An amount of 2.34 million dollars was collected from relatives and counties for patients' maintenance and deposited with the State Treasurer. All fiscal records were maintained in the prescribed manner and the State Auditors are presently auditing the records for the two year period ending June 30, 1962. The transfer of patient revenue records to the I.B.M. section of the Central Office was partially completed. Starting with July 1, 1961 the State Salary Program provided free hospital, surgical and major medical insurance for all employees. The "Anchorage" commissary continued to provide service for patients, visitors and employees. The sales increased 14.4% over the previous year; the profits were used for welfare purposes including the construction of the swimming pool and greenhouses.

The Food Service Department provided adequate and wholesome meals for regular, as well as special diets. Meals were prepared in the Main Kitchen and approximately one half of the patient population was served in the adjoining cafeteria; the balance was delivered in heated food trucks and served in buildings where the patients reside. The cost of raw food averaged .5405 per patient per day. This amount was supplemented by a considerable amount of federal surplus items. Farm surpluses such as milk, potatoes, apples, etc., were purchased from other state institutions. An average of 2700 loaves of bread were supplied weekly by the bakery for Woodbine Institution. Meals were furnished employees on a payroll deduction plan and an average of 77 Leesburg inmates were fed in the Employees Dining Room on all working days. A total of 232 Fiberglas contour and 71 aluminum upholstered chairs were provided for patient wards. Bookcases were constructed and placed as room dividers in all large day rooms. The program of repairing and refinishing ward furniture continued. All repaired library tables were equipped with formica tops. The patient work detail continued the program of repainting beds and interior surfaces of wards; and the clothing and linen rooms were repainted with fire retardant paint. Replacement of linens and clothing was provided as needed; federal surplus items were utilized wherever possible.

Clean clothing and linens were provided daily for all departments of this institution and weekly service was also furnished for Vineland State School, Vineland Soldiers Home, and Leesburg Prison Farm. The interior of the plant was painted during the year. A conditioning tumbler was removed and a new roof type lint box was installed. An institutional repairman was assigned for daily service to all equipment; major repairs were made when

needed by the Maintenance Department. The Laundry Plant was operated by sixty-two inmates who were transported daily from Leesburg Prison Farm.

The Vehicular Transportation Department which is located in a Quonset Hut continued to furnish transportation for all institution activities. The monthly preventative maintenance program was continued and all units were serviced and repaired as needed. One new 1961 Dodge Panel truck was received as a replacement and three additional Federal Surplus units were added; one Federal Surplus unit was taken out of service and condemned. The present building provides space to repair or service only one vehicle at a time.

All lawn areas were fertilized in the Spring and Fall and trees and shrubs were pruned and sprayed as needed. A new sprayer was utilized for disease and insect control. Approximately fifteen acres of lawns were graded and seeded in the rear of Poplar Hall, the picnic area near the water tank, and the circle at the Staff Homes. Lawn, trees and shrubs were planted at the "ARC" Project in accordance with plans prepared by the landscape architect. The children's playground at Willow Hall was improved; this area was regraded and one half was sodded and the balance concreted. The excavation of the Lake continued when time permitted and the humus was used to develop lawn areas. The N. J. Forestry Division supervised the controlled burning of underbrush on sixty acres of woodland during the late Winter. The State Highway Department provided the necessary maintenance of institutional roads and driveways. Fifteen acres of pasture land were reseeded at the farm and Leesburg continued to use this farm land for pasture of animals. A section of the pasture land was leased to the National Aviation Facilities Experimental Center for a weather station.

The Power Plan equipment was maintained in good condition. The boilers were serviced at regular intervals and inspected by the Hartford Boiler Insurance Company. Two boilers were required during the heating season and one during the summer months. The exterior casings of all three boilers were replaced to correct corroded conditions and new steam heating lines were installed to the fuel oil storage tanks. All four wells continued to operate satisfactorily and produced normal quantities of good quality water. New phosphate water treatment equipment was installed for the two large wells to replace the old lime feed type of treatment. The Sewage Plant was serviced daily, and is working satisfactorily.

The new 40' x 80' Swimming Pool with adjoining pavilion was completed in July 1961, and a 34' x 97' Greenhouse with attached Potting Shed is now being constructed from Welfare Funds. The Preventive Maintenance program was continued and all buildings and equipment are in good state of repair. The annual electrical inspection was completed by the Underwriters Association and all recommendations corrected. Repairs to roofs of all buildings were completed by the original contractor in accordance with the twenty year bonded agreement. Repairs were made to the Marquee facia on five buildings by Maintenance employees. Alterations were made in the X-ray suite in Main Hall and a new x-ray unit was installed. A new paint sprayer was received and the acoustical ceilings were painted as required. The painting program

for both exterior and interior work is up to date. The housing of the maintenance shops in the basement of Holly Hall, a patient occupied building, is a potential fire hazard. The Capital budget includes a request for a separate building for this purpose.

Harry H. Brunt, Jr., M.D.

Harry H. Brunt, Jr., M.D.
Medical Director