

File

Male

October 17, 1956

Honorable Edward J. Patten
Secretary of State
State House
Trenton, New Jersey

Dear Secretary Patten:

Enclosed herewith for filing is the following regulation of the
Bureau of Assistance of the Division of Welfare of this Department:

Municipal Aid Regulation 2,300A - General Assistance Allowances

Revised pages 8, 8a, 9 and 9a

Very truly yours,

DEPARTMENT OF INSTITUTIONS AND AGENCIES

John W. Tramburg
John W. Tramburg, Commissioner

JWT:4

CC: Mr. Brendan T. Bryne, Secretary to the Governor ✓
Mr. Elmer V. Andrews, Director, Division of Welfare
Mrs. Elizabeth Feehan, Assistant to the Commissioner

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John W. Trembly
John W. Trembly, Commissioner

TWT:A

CC: Mr. Brendan T. Byrne, Secretary to the Governor
Mr. Elmer V. Andrews, Director, Division of Welfare
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State of New Jersey
Department of Institutions and Agencies
Division of Welfare

BUREAU OF ASSISTANCE

REGULATION # _____

ISSUED: _____
(Date)

REV.: _____
(Date)

TITLE: ADMINISTRATION

SUBJECT: general assistance allowances

STATUTORY REFERENCE: 44:18-111

Attached are revised pages 6, 8a, 9 and 9a to replace existing pages
6, 8a, 9 and 9a.

Peegler, Chief
Bureau of Assistance

Approved: _____
By: *John W. Tramburg*



State of New Jersey
DEPARTMENT OF INSTITUTIONS AND AGENCIES
TRENTON 8

BUREAU OF ASSISTANCE
148 WEST STATE STREET

October 15, 1956

TO: MUNICIPAL DIRECTORS OF WELFARE

RE: Revisions in Standards and Allowances for
Food [M.A. 2.300A]

Attached is one set of revised pages 8, 8a, 9, 9a for Municipal Aid Regulation 2.300A, General Assistance Allowances. Additional copies for the use of staff will be forwarded under separate cover where appropriate.

These pages provide revisions which are concurrent with revisions in the categorical assistance programs, and which are effective in all programs for assistance payments made on or after November 1, 1956, for monthly food allowances, restaurant meals and therapeutic diets.

In accordance with State policy, whereby standards should be adequate in content and costs current, the standards and allowances for food have been revised.

In place of the current standard (United States Department of Agriculture, Bureau of Human Nutrition, 1948 low cost diet plan), the United States Department of Agriculture, Human Nutrition Research Branch, 1955 revised low cost diet plan is adopted. The revised standard is primarily a change in the content of the food items and reflects changes in food purchasing and consumption patterns for the past ten years.

In addition, the monthly food allowances have been revised to include increased costs of food as shown by State-wide cost studies of the revised food standard.

Please remove pages 8, 8a, 9, 9a revised 10/17/55 and insert in their place the corresponding pages revised 11/1/56.

Very truly yours,

DEPARTMENT OF INSTITUTIONS AND AGENCIES

Irving Engelman
Irving Engelman, Chief
Bureau of Assistance

IE/MCRd

Approved
Elmer V. Andrews, Director
Division of Welfare

STANDARDS AND ALLOWANCES FOR FOOD REQUIREMENTS

The 1955 low cost diet plan of the United States Department of Agriculture, Agricultural Research Service, Human Nutrition Research Branch, which has been made specific to New Jersey in terms of consumption patterns and available foods, is the standard for determining the monthly monetary food allowance. The diet plan meets the Recommended Dietary Requirements of the Food and Nutrition Board of the National Research Council.

Differential standards and monetary allowances are established in relation to age and sex of children, activity of adults, and according to family size. The per capita monthly food allowances appear on Schedule I, below.

Monthly monetary allowances for 1, 2 and 3 meals per day for food necessarily purchased in restaurants have been established. The policy and Schedule II for allowances for restaurant meals appear on page 9.

Monthly monetary allowances for certain therapeutic diets have been established. The policy and Schedule III for allowances for therapeutic diets appear on page 9a.

SCHEDULE I

BRS Food Pricing 6/56
Low Cost Diet Plan FE84 3/1/55

MONTHLY ALLOWANCES FOR FOOD

| FAMILY MEMBERS AGE AND ACTIVITY | FAMILY SIZE | | | |
|------------------------------------|-------------|---------|---------|-----------|
| | Alone | 2 | 3 | 4 or more |
| Infant - 3 years | | \$16.30 | \$15.00 | \$13.60 |
| 4 - 9 years | | 22.00 | 20.10 | 18.30 |
| 10 - 12 years | | 28.30 | 26.00 | 23.60 |
| Girls: 13 - 18 years | | 28.90 | 26.50 | 24.10 |
| Boys: 13 - 18 years | | 35.20 | 32.20 | 29.30 |
| Adult: Minimal Activity | \$31.50 | 28.00 | 25.60 | 23.30 |
| Adult: Moderate Activity | 34.60 | 30.70 | 28.20 | 25.60 |
| Adult: Strenuous Activity | 41.30 | 36.70 | 33.70 | 30.60 |

(Fresh milk included in above allowances)

Definitions:

Family Size - Total number of people for whom marketing and food preparation is done in common. This number will, in some instances, not be identical with shelter unit.

Activity Grouping - as defined on page 8a.

8a

DEFINITION OF ACTIVITY GROUPINGS

Adult - Minimal Activity

- a. Refers to any person who is performing the household tasks for a family of not more than two persons (including the client); or
- b. Refers to any person whose employment is 8 hours or less per week; or
- c. Refers to any person who is chairfast or bedfast.

Adult - Moderate Activity

- a. Refers to any person who is performing the household tasks for a family of 3 - 5 members (including the client) or to any person who is performing the household tasks for a family of not more than two persons but who also is giving extensive personal service or patient care to the other person in the home; or
- b. Refers to any person who is employed for more than 8 hours per week and such employment requires only moderate muscular effort as in clerical work, clerking in a store, as a seamstress or tailor, as a factory worker, either sitting or standing; or

Adult - Strenuous Activity

- a. Refers to any person who is performing the household tasks for a family of six or more members (including the client); or
- b. Refers to any person who is employed for more than 8 hours per week in an occupation that involves strenuous physical activity such as a laborer, farmer, waiter, laundress, heavy-duty factory worker or any similar work that requires vigorous muscular exertion.

ALLOWANCES FOR RESTAURANT MEALS

1. An allowance for one or more restaurant meals per day shall be included in the client's budget only if:
 - a. The client is physically unable to prepare food, or
 - b. The client's shelter or living arrangement is such that there are no available facilities for food preparation or food service.

2. However, if a client requires a restaurant allowance in accordance with the conditions outlined in 1 above, and it can be demonstrated by the agency that a satisfactory living arrangement, which includes equal or better shelter and equal or better eating arrangements is actually available to the client at a more reasonable cost, then the lesser amount shall be the maximum allowance to be included in the client's budget.

3. The schedule of monthly allowances for restaurant meals gives the total food allowance for the client who purchases all his meals in a restaurant and also the total food allowances for the client whose living arrangement is such that he purchases some meals in a restaurant and prepares some meals in his home. Select the appropriate allowance according to the number of meals client purchases in the restaurant as the total food allowance to be included in the client's budget.

SCHEDULE II

(Based on 6/56 Food Pricing)

MONTHLY ALLOWANCES FOR RESTAURANT MEALS

| <u>Meals</u> | <u>Total Monthly Food Allowance</u> |
|---|-------------------------------------|
| a) Client eats all meals in a restaurant | \$60.00 |
| b) Client eats breakfast and dinner in a restaurant | 52.90 |
| c) Client eats lunch and dinner in a restaurant | 52.90 |
| d) Client eats breakfast and lunch in a restaurant | 45.75 |
| e) Client eats only dinner in a restaurant | 45.75 |
| f) Client eats only lunch in a restaurant | 38.65 |
| g) Client eats only breakfast in a restaurant | 38.65 |

ALLOWANCES FOR THERAPEUTIC DIETS

1. Therapeutic Diet - a diet necessary for a diagnosed physical condition. Diet must be prescribed and certified by a physician.
2. Current concept is that the therapeutic diet should adhere as closely as possible to a normal diet. Therapeutic diets should be subjected to periodic medical review. It is the responsibility of the physician to determine the beneficial effects of the therapeutic diet and to indicate the continuance of the therapeutic diet. When a physician prescribes a therapeutic diet for a client who must eat in a restaurant or prescribes a diet for which there is no monthly allowance listed, the local office shall consult the State agency for advice on the necessary monthly monetary allowance.
3. Food allowance for therapeutic diet is the difference in the cost of the therapeutic diet and the cost of the regular diet. Add therapeutic diet allowance to the appropriate food allowances of client.

SCHEDULE III

(Based on 6/56 food pricing)

MONTHLY ALLOWANCES FOR THERAPEUTIC DIETS

| <u>Type of Diet</u> | <u>Additional Monthly Allowances</u> |
|--|--------------------------------------|
| Bland Low Residue (All ulcer diets) | \$6.40 |
| Diabetic | 8.40 |
| High Vitamin, High Caloric, High Protein (Malnutrition, tuberculosis, anemia) | 7.10 |
| Low Salt | 3.90 |
| Nursing mother | 12.20 |
| Pregnancy | 5.75 |
| Low Fat, High Protein | 7.80 |