

Heat Hub NJ

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Extreme Heat Resilience Action Plan

Building on the [New Jersey Climate Change Resilience Strategy](#), the Interagency Council on Climate Resilience (Interagency Council) recently released an [Extreme Heat Resilience Action Plan](#) with actions to mitigate the impacts of extreme heat, the deadliest weather-related hazard facing New Jerseyans. [State agencies have worked together](#) to identify actions to minimize the impacts of extreme heat through new and expanded policies, programs, research, and related initiatives. Read the [press release](#) and [sign up](#) to receive updates on projects related to climate resilience!

About Heat Hub NJ

Recognizing the undeniable challenges that increasingly hotter days have on the health and welfare of New Jersey residents, the State has created an

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This video featuring Commissioner Baston (New Jersey Department of Health), Commissioner LaTourette (New Jersey Department of Environmental Protection), and Commissioner Adelman (New Jersey Department of Human Services) discusses the impact that extreme heat will have on New Jersey residents, as well as how to keep cool on hot days.

Introduction

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natural disasters like hurricanes, tornados, or floods; extreme heat events are far deadlier than these other weather events. [In 2023, a total of 119,605 heat related illness emergency department visits were recorded in the US, 92% of which occurred during May-September.](#) Given this year is supposed to be hotter than last year, the risk from heat related illness is likely to also increase.

The chart above displays the 10 year average for weather fatalities (2013-2022) for 50 states, Puerto Rico, Guam, and the Virgin Islands. Please note: fatalities found under "Hurricane" events are only attributed to the wind. Other fatalities associated with hurricanes (i.e. fatalities from flooding and tornados during hurricane events) are attributed here within their respective weather category (i.e. Tornado, Flooding). Data originally published by the [National Weather Service](#).

Understanding Extreme Heat

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What is Extreme Heat?

This page provides users with importa...

[Chill Out NJ Nearby App](#)

Chill Out NJ is a one-stop interactive m...

Chill Out NJ

This page provides information on ho...

[Behavioral Consequence...](#)

This page discusses the impact that...

Extreme Heat and Vulnerable Populations

This page provides information on wh...

[Cooling Assistance...](#)

This page provides the users with...

Behavioral Consec

This page provides users with...

[Event Information a...](#)

this page lists key information on...

Personal Heat Vulnerability Assessment

Take our assessment to learn if you or your loved ones fall into one or more populations vulnerable to extreme heat.

Sources for the NJDEP Vulnerability to Extreme Heat Quiz can be found [Here](#)

[Click Here To Take the Extreme Heat Vulnerability Quiz](#)

Do You Know The Hot Takes? Test Your Extreme Heat Knowledge!

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Sources used for "Do you know the hot takes? Test your extreme heat knowledge" quiz can be found [Here](#).

Stay Informed: Live Weather Alerts for New Jersey

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[The National Weather Service's](#) Public Alert page shown above displays **live** alerts in effect for New Jersey and is usually updated every two or three minutes.

Get Involved!

The links below offer great volunteer opportunities!

[HelpNJNow.org](#)



[Community Emergency Response Team \(Cert\)](#)

[New Jersey Medical Reserve Corps](#)

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